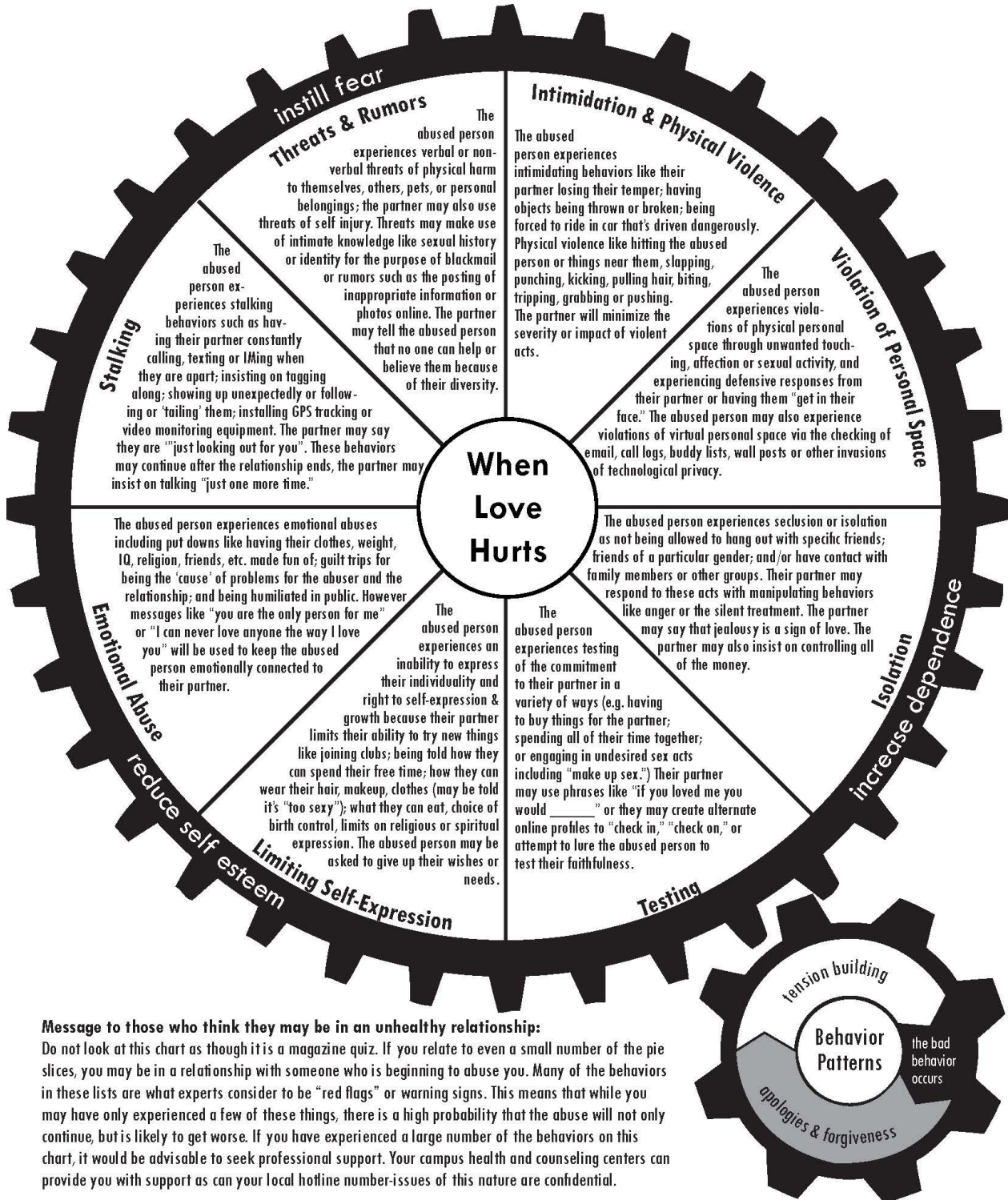


Student Services



Patterns of Relationship Violence



Message to those who think they may be in an unhealthy relationship:

Do not look at this chart as though it is a magazine quiz. If you relate to even a small number of the pie slices, you may be in a relationship with someone who is beginning to abuse you. Many of the behaviors in these lists are what experts consider to be "red flags" or warning signs. This means that while you may have only experienced a few of these things, there is a high probability that the abuse will not only continue, but is likely to get worse. If you have experienced a large number of the behaviors on this chart, it would be advisable to seek professional support. Your campus health and counseling centers can provide you with support as can your local hotline number-issues of this nature are confidential.

This chart was developed by Rebecca Harrington, Health Educator, SUNY Oneonta. Please send comments & suggestions to Rebecca.Harrington@oneonta.edu



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