



Resources to help you prepare for an Assessment Centre

Assessment centres are often the final stage in the graduate recruitment process – and are increasingly used in placement selection too. During 2020 the majority of employers moved their assessment centres online and some organisations may continue with this approach. This pdf covers preparation for both in-person and online assessment centres.

Find out if you need to prepare anything to take with you to the assessment centre. Some employers ask you to prepare a short presentation. Identify which skills and qualities the organisation is looking for and work out how you can best demonstrate these. When you 'get there', whether in person or online, be friendly, positive and professional and be yourself. Make a contribution to all activities so that the assessors have something to mark you on.

The resources below will help to break down each potential element of the assessment centre and give you tips on how to effectively prepare.

Videos:

- Assessment Centre HQ: [5 Killer Tips for Assessment Centre Group Exercises](#)
- Bright Network: [Five top tips for an assessment centre](#)
- Sky: [Top Tips for the Starting Out Assessment Centre with Sky](#)

Websites:

- Assessment Day: [Assessment Centre guide](#)
- Prospects:
 - [Assessment Centres](#)
 - [Interview tests and exercises](#)
- TargetJobs:
 - [Assessment Centres](#)
 - [Virtual Assessment Centres](#)
- Brightnetwork: [How to Stand Out at a Virtual Assessment Centre](#)
- RatemyPlacement: [How to Prepare for Virtual Assessment Centres](#)

Publications:

- [Case study exercises](#)