

Lone worker risk assessment

ACTIVITY			LOCATION				
DATE OF RA	REV DATE	REV NO.	REF NO.	ASSESSORS NAME			
STEP 1; Hazards that require control? (tick to indicate)					Y	N	N/A
01	Does the workplace present a particular/significant risk to the lone worker?						
02	Is there safe access and egress for the lone worker?						
03	Will the work involve / require any access equipment or work at height?						
04	Will the work involve the use of plant/equipment or mechanical handling equipment?						
05	Will the work involve the use of hazardous substances?						
06	Will the work involve any manual handling operations?						
07	Is there a risk of violence or aggression?						
08	Are women especially at risk if they are working alone?						
09	Are young workers/ students especially at risk if they work alone?						
10	Does the work involve access/ contact with animals?						
11	Will the work require access to restricted areas, containment areas, zones or confined spaces?						
12	Will the work involve radiation sources or lasers?						
13	Will the work involve naked flames, heat, smoke or fire?						
14	Will the work involve gas, electricity or water?						
15	Will the work involve hand tools, sharps, needles or glass?						
16	Will the work involve compressed gases and / or air?						
17	Will the work involve access to dangerous machinery or moving parts?						
18	Are any particular individuals at risk e.g. those at increased risk due to a medical condition?						
19	<i>(additional risks – please specify)</i>						
20							
EXPLANATORY REMARKS							

STEP 2; Decide who might be harmed and how							
PERSONS AFFECTED		DESCRIPTION OF INJURY ETC		CLASSIFICATION		NUMBERS EXPOSED	
Employees	<input type="checkbox"/>			Young person	<input type="checkbox"/>	1-10 _____	
Other workers	<input type="checkbox"/>			Inexperienced	<input type="checkbox"/>	11-20 _____	
Public	<input type="checkbox"/>			Experienced	<input type="checkbox"/>	21-50 _____	
Other (Specify)	<input type="checkbox"/>			Disabled (Specify)	<input type="checkbox"/>	50 plus _____	
STEP 3: Evaluating the risk (initial risk rating) Minimal or no current controls in place.							
RATE SEVERITY			RATE PROBABILITY				
HIGH	(3)	Death and/or major injury (see Riddor)	HIGH	(3)	Where certain or near certain harm will occur and re-occur		
MEDIUM	(2)	Injuries causing absence of more than 7 days (see Riddor)	MEDIUM	(2)	Where harm will frequently occur		
LOW	(1)	All other injuries	LOW	(1)	Where harm will seldom occur		
Express the overall hazard and risk in accordance with the guidelines given above, expressing it in terms (whichever is applicable) as High (H), Medium (M), Low (L); (Risk = Severity x Probability)							
SEVERITY RATING	PROBABILITY RATING	INITIAL RISK RATING			L	M	H
		Risk = Severity x Probability					

Risk rating evaluation

(1) = Low risk (L); Maintain and review existing control measures

(2-4) = Medium risk (M); Improve control measures

(6-9) = High risk (H); Improve control measures and consider stopping work activity

STEP 4: Evaluate the risk and decide if existing control measures (CM) are adequate					
CM ref		Tick	CM ref		Tick
01	Present controls satisfactory		15	Eliminate / substitute hazardous substances / materials	
02	Training & competency		16	Personal protective equipment (PPE)	
03	Written procedures / local rules		17	Plant / tools / machinery	
04	Additional specific information		18	Housekeeping improvements / arrangements	
05	Permit to work / safe system of work		19	Communication arrangements	
06	Fire safety precautions / arrangements		20	First Aid arrangements	
07	Health surveillance		21	Access / egress improvements / arrangements	
08	Zoned / restricted area / access		22	Security arrangements	
09	Emergency lighting		23	Supervision and monitoring arrangements	
10	Means of escape / travel distance		24		
11	Ventilation arrangements		25		
12	Temperature		26		
13	Electrical safety		27		
14	Smoke detectors		28		
CM ref (e.g 12; Temperature)	CONTROL MEASURES TO BE ADOPTED			ACTION DATE	

ASSESSORS COMMENTS; (ADDITIONAL MEASURES REQUIRED?) IF, SO, SPECIFY					
STEP 5: Evaluate the risk (final risk rating) control measures now in place					
SEVERITY RATING	PROBABILITY RATING	FINAL RISK RATING	L	M	H
		Risk = Severity x Probability			
SIGNED		POSITION			
PRINT NAME		DATE			
STEP 6; Communicate the risk assessment to those who might be exposed or at risk					
Assessment agreed by		Signed			
Additional controls agreed		Print name			
Time and date		Position			
Action to be taken / comments;					

Risk rating evaluation

- (1) = Low risk (L); Maintain and review control measures
- (2-4) = Medium risk (M); Further improve control measures
- (6-9) = High risk (H); Improve control measures and consider stopping work activity