

MIS 2018 REBASE							
Single female pensioner							
						Summary	
A food and non-alcoholic beverages				43.49		Food	43.49
A1 food				37.50		Alcohol	7.75
A2 catering				5.99		Tobacco	0.00
B alcohol and tobacco				7.75		Clothing	8.97
B1 alcohol				7.75		Water rates	6.00
B1A alcohol at home				6.10		Council tax	16.51
B1B alcohol away from				1.65		Household insurances	1.53
B2 tobacco and narcotics				0.00		Fuel	10.45
C clothing and footwear				8.97		Other housing costs	2.88
D housing costs				113.92		Household goods	14.73
D1 rent				76.55		Household services	7.88
D2 mortgage interest				0.00		Childcare	0.00
D3 water				6.00		Personal goods and services	18.57
D4 Council tax				16.51		Motoring	0.00
D5 household insurances				1.53		Other travel costs	13.20
D6 fuel				10.45		Social and cultural participation	44.81
D7 other housing costs				2.88		Total	196.77
E household goods and services				22.61		Rent/mortgage interest	76.55
E1 household goods				14.73			
E2 household services				7.88			
E2A communication				7.88			
E2A1 postage				0.58			
E2A2 telephone				7.30			
E2B childcare				0.00			
E2C other household services				0.00			
F personal goods and services (inc health)				18.57			
G transport				13.20			
G1 motoring expenditure				0.00			
G2 Fares and other travel costs				13.20			
H social and cultural participation				44.81			
H1 leisure goods				8.03			
H2 pets				0.00			
H3 entertainment and recreation				20.56			
H4 TV licence and rental				2.89			
H5 foreign holidays				0.00			
H6 UK holidays				13.33			
TOTAL				273.31			

MIS 2018 REBASE													
A: Food and non-alcoholic beverages													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	Pack no.	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments	
		1.1	SFP	Crème fraich half fat	Tesco	Tesco	1.10	1	1	1	1.10	300g	Tesco British Half Fat Crème Fraiche 300g £1.10 use 3 days of opening
		1.1	SFP	Yoghurt	Muller	Tesco	0.68	1	1	1	0.68	1 x 125g	Muller Light 68p each sold in singles.
		1.1	SFP	Semi and other skimmed milk	Tesco	Tesco	0.80	1	2	1	1.60	2.272ml 4 pints	Tesco British semi skimmed 2pt x 2 (4pt) £0.80 includes extra visitors
		1.1	SFP	Cheese, natural, hard, Cheddar and Cheddar type	Tesco	Tesco	1.55	1	1	2	0.78	40g	Tesco British mature cheddar cheese smallest pk 200g £1.55 save in fridge. Recommended 7 days of opening/open by date on pack. 2 week life
		1.1	SFP	Eggs	British tesco	Tesco	0.89	1	1	3	0.30	2 x 30g	British eggs Tesco 89p for box of 6
		1.1	SFP	Chicken breast	Tesco frozen	Tesco	3.75	1	1	3	1.25	200g	Frozen chicken breasts 640g mixed sizes work on 3 portions per packet. 3.75
		1.1	SFP	Mince	Tesco	Tesco	3.75	1	1	3.5	1.07	140g	Tesco Beef mince frozen 5% fat 500g £3.75
		1.1	SFP	Braising steak	Boswell farm	Tesco	2.89	1	1	4	0.72	100g	Boswell Farms beef diced casserole steak 400g can freeze remainder. £2.89
		1.1	SFP	Bacon and ham, uncooked, rashers, pre-packed	Tesco deli	Tesco	0.25	1	2	1	0.50	1 x rasher 60g	Deli counter Tesco. rasher of bacon 37g each 25p x 2
		1.1	SFP	Bacon and ham cooked including canned	Tesco deli	Tesco	0.40	1	1	1	0.40	2 x 17g slices bought chilled 34g	Deli counter Tesco. 1 slices ham 40p 1 slice is about 55g
		1.1	SFP	Sausages, uncooked, pork	Richmond	Tesco	2.00	1	1	8	0.25	1 x sausage 55g	Richmond 8 thick pork sausages 454g £2 Freeze remainder
		1.1	SFP	Other canned or bottled fish	John West	Tesco	2.49	1	1	3	0.83	Tuna 54g one snack tin	John West tuna in spring water 3 tins 60g each. £2.49
		1.1	SFP	Frozen convenience fish products	Tesco	Tesco	2.35	1	1	1	2.35	130g raw salmon fillet	Tesco Fresh salmon boneless fillet 130g £2.35
		1.1	SFP	Poly-unsaturated Reduced fat spreads	Flora	Tesco	1.00	1	1	2.6	0.38	193g	Flora light 500g 1.80 reduced to £1.00
		1.1	SFP	Butter	Tesco	Tesco	1.60	1	1	5	0.32	12g	Tesco unsalted butter 250g 1.60 (reduced lifespan to 5 weeks refrigerated)
		1.1	SFP	Sugar	Trade Aid	Tesco	0.69	1	1	16	0.04	30g	Trade Aid UK granulated sugar 500g 69p
		1.1	SFP	Previous year's crop potatoes purchased Jan to Aug	redmere farm	Tesco	1.35	1	1	1.8	0.75	1350g	Redmere Farms white potato 1.35 2/5kg
		1.1	SFP	New potatoes	Tesco	Tesco	0.49	1	1	3	0.16	180g washed no waste	Tesco seasonal new potatoes 750g 49p reduced from £1.25 life reduced to 3 weeks keep fridgerated.
		1.1	SFP	Other fresh green veg (broccoli)	Tesco	Tesco	1.10	1	1	11	0.10	80g	Tesco broccoli florets frozen 900g £1.10
		1.1	SFP	Other fresh green veg (cabbage)	Tesco	Tesco	0.79	1	1	2	0.40	180g	Tesco white cabbage 79p Weight of smallest cabbage 850g. Therefore life adjusted to 2 weeks in cool environment.
		1.1	SFP	Carrots, fresh	Tesco	Tesco	0.29	1	1	1	0.29	480g	Tesco loose carrots 60p/kg 60/1000x480=28.8p
		1.1	SFP	Onions, shallots, leeks, fresh	Tesco	Tesco	0.18	1	1	1	0.18	200g	Tesco loose brown onions 75p/kg 75/1000x240=18p Used ave size onion 120g x2.
		1.1	SFP	Garlic	Tesco	Tesco	0.30	1	1	4	0.08	12g	Tesco garlic 30p each. Keep dry and cool life adjusted to 4 weeks 6g is one clove
		1.1	SFP	Coleslaw	Tesco	Tesco	0.50	1	1	1	0.50	100g	Tesco Coleslaw 180G
		1.1	SFP	Butternut Squash	Tesco	Tesco	1.00	1	1	2	0.50	270g	Butternut squash small £1 all weights ave 780g
		1.1	SFP	Mushrooms	Tesco	Tesco	0.66	1	1	1	0.66	200g (242g includes waste)	Tesco closed button loose £2.75/kg 2.75/1000x242=66p
		1.1	SFP	Tomatoes, fresh	Tesco	Tesco	0.69	1	1	1	0.69	6 tomatoes 510g	Tesco salad 6 pack 0.69p
		1.1	SFP	Peas, frozen	Birds eye	Tesco	1.30	1	1	5	0.26	200g	Tesco garden peas 1kg frozen £1.30
		1.1	SFP	Sweetcorn frozen	Tesco	Tesco	1.30	1	1	14	0.09	70g	Tesco Sweetcorn 1kg £1.30
		1.1	SFP	Baked beans	Heinz	Tesco	1.70	3	1	3	0.57	200g one small can	Heinz baked beans in tomato sauce 3 x 200g tin £1.70
		1.1	SFP	Soup tomato canned	Heinz	Tesco	0.85	1	1	1	0.85	300g small tin	Heinz cream of tomato 300g tin £0.85
		1.1	SFP	Leafy green salad	Florette	Tesco	1.00	1	1	1	1.00	120g	Florette mixed salad leaves 150g £1
		1.1	SFP	Pepper fresh	Tesco	Tesco	0.55	1	1	1	0.55	100g one pepper	Tesco pepper 55p each (ave 200g)
		1.1	SFP	Cucumber raw	Tesco	Tesco	0.30	1	1	1	0.30	60g	Tesco cucumber half 0.30p
		1.1	SFP	Banana	Tesco	Tesco	0.23	1	1	1	0.23	2 x bananas 150g	Tesco bananas loose 76p/kg 76/1000x 300=23p (ave weight 140g)
		1.1	SFP	Apples, fresh	Tesco	Tesco	1.06	1	1	1	1.06	3 apples 480g	Tesco gala apples 2.20/kg £1.06
		1.1	SFP	Bramley apples	Tesco	Tesco	0.46	1	1	1	0.46	175g one large bramley	Tesco bramley apples 1.85/kg 46p (smallest 248g)
		1.1	SFP	Satsumas	Tesco	Tesco	1.00	1	1	1.5	0.67	2 satsumas 285g	Tesco satsumas 600g bag about 4/5 uses small fruits £1 Life given 1.5 weeks
		1.1	SFP	Pear	Tesco	Tesco	0.95	1	1	1	0.95	3 pears 430g	Conference pears loose £2.20/kg 95p
		1.1	SFP	Strawberries	Perfect	Tesco	2.00	1	1	1	2.00	400g bought	Strawberries 400g pk 2.00
		1.1	SFP	Grapes	Tesco	Tesco	0.50	1	2	1	1.00	110g	Tesco grape snack pack 80g 50p
		1.1	SFP	Dried fruit sultanas	Whitworth	Tesco	2.00	1	1	8	0.25	40g	Tesco Sultanas 325g £2
		1.1	SFP	Fresh Fruit juices	Tesco	Tesco	1.50	1	1	1.6	0.94	1200ml	Tesco fresh orange 2L 1.50
		1.1	SFP	Jam	Tesco	Tesco	0.75	1	1	6	0.13	50g	Tesco strawberry jam 454g 75p Life recommended 6 weeks
		1.1	SFP	Bread, wholemeal, sliced	Tesco	Tesco	1.10	16	1	1	1.10	17 slices 612g	Tesco wholemeal medium 800g loaf 20 slices incl crusts £1.10
		1.1	SFP	Brown roll	Tesco	Tesco	1.00	4	1	4	0.25	1 roll 55g	Tesco Large Wholemeal Bap 4 Pack
		1.1	SFP	Cakes and pastries	Tesco	Tesco	1.15	8	1	1	1.15	2 x chocolate cake slices (60g)	Mr Kipling chocolate slices 8 pk 32g slice (use 2 slices per portion) £2.30 reduced £1.15 Remainder for visitors
		1.1	SFP	Ice cream	Tesco	Tesco	1.00	1	1	20	0.05	50g	Tesco soft scoop vanilla 1L £1 frozen
		1.1	SFP	Porridge	Tesco	Tesco	0.70	1	1	20	0.04	25g	Tesco scottish Oats 500g £0.70
		1.1	SFP	Other high fibre breakfast cereals	Weetabix	Tesco	1.50	12	1	6	0.25	2 x 20g Weetabix	Weetabix 12 pk 20g biscuit £1.50
		1.1	SFP	Other high fibre breakfast cereals	Tesco	Tesco	1.65	1	1	20	0.08	35g sultana bran flakes	Tesco sultana bran cereal 750g £1.65

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MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	Pack no.	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
		1.1	SFP	Rice	Tesco	0.45	1	1	14	0.03	65g dry	Tesco everyday long grain 1kg 45p
		1.1	SFP	Custard	Ambrosia	1.80	1	1	4	0.45	125g Ambrosia pot	Ambrosia custard pot 4 x 125g £1.80
		1.1	SFP	Biscuits sweet	Tesco	0.30	1	1	1.5	0.20	14 rich tea biscuits 116.2g	Tesco rich tea 300g pkt approx 30 biscuits 30p extra for visitors
		1.1	SFP	Chocolate biscuits	Nestle	1.99	9	1	4.5	0.44	2 x2 finger Kit-Kat 2 x 20.8 g	KitKat 2 finger chocolate 9 pk 1.99
		1.1	SFP	Flour	Tesco	0.45	1	1	20	0.02	25g	Tesco SR Flour 500g 0.45p
		1.1	SFP	Tea	Tetley	1.10	80	1	2	0.55	31 teabags increase for visitors	Tesco 80 Teabags 250G £1.10 remainder visitors
		1.1	SFP	Coffee, instant	Kenco	2.99	1	1	2.5	1.20	13 teaspoons 78g	Tesco Gold Instant 200g 2.99 extra for visitors
		1.1	SFP	Tesco Chicken curry	Tesco	1.50	1	1	1	1.50	400g bought	Tesco Chicken Curry in tin 400g £1.50
		1.1	SFP	Oil	Tesco	0.80	1	1	10	0.08	50mls	Tesco Sunflower oil 500mls 80p
		1.1	SFP	Mayonnaise	Tesco	0.55	1	1	4	0.14	10ml	Tesco mayonnaise 250mls 55p consume in 28days
		1.1	SFP	French dressing	Tesco	0.85	1	1	6	0.14	35ml	Tesco Healthy Living French Dressing 250mls 85p Life reduced to 6 weeks
		1.1	SFP	Pizza	Tesco	0.55	1	1	1	0.55	Tesco chilled everyday value cheese and tomato 114g	Tesco Everyday val cheese and tom pizza 114g 55p
		1.1	SFP	Gravy granules	Bisto	1.35	1	1	12	0.11	12g	Bisto gravy granules 170g £1.35 (reduced life)
		1.1	SFP	Salt	Saxa	0.40	1	1	12	0.03	5g	Saxa table salt mini pot 70g 40p (reduced life)
A1		1.1	SFP	Xmas food		50		1	52.14	0.96	£50 for extra Christmas food and drink	
			SFP									
		11.1	SFP	Eating out		8.6		1	2.00	4.30	£10 a fortnight for eating out, e.g. 2 for the price of one offer at a carvery. Would include cost of a drink, FG1 changed to £15 in line with couples budget.	£15 less cost of alcohol 3.30 = 11.70. Less Chicken roast dinner plus pudding equivalent meal eaten out once a fortnight. Chicken breast 200g incl waste, boiled/roast potatoes incl waste 383g, peas 70g, carrots incl waste 79g, broccoli 80g, gravy 6g, oil 10g, apple incl waste 175g, flour 25g, butter 12g, sugar 25g, custard 125g, £1.25 + 21p + 9p + 8p + 10p + 6p + 2p + 46p + 3p + 32p + 3p + 45p = 3.10. 11.70 - 3.10 = 8.60
A2		11.1	SFP	Take away		7.36		1	4.35	1.69	£5 a month for takeaway, e.g. fish and chips CB changed to £10 in line with SMP to give more choice	£10 allocated less cost of fish and chip meal at home. Salmon 130g incl waste 2.35, new potatoes 180g 16p, peas 70g 9p, sweetcorn 30g 4p = £2.64 Total 7.36
		TOTALS										
		A1	Food	37.50								
		A2	Catering	5.99				1.1	37.50			
		A	Food and non-alcoholic beverages	43.49				11.1	5.99			

MIS 2018 REBASE												
B: Alcohol												
Single female pensioner												
MIS CODE		MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
B1A	2.1	SFP	Beer	Carling	Tesco	3.60	4	1	1.3	2.77	3 x beers. CB added in line with SMP.	Carling Lager x4 440ml 4%
B1A	2.1	SFP	Wine, Red		Tesco	3.33	1	1	1	3.33	£4 for 750ml red wine minus 87.5ml a week = £4-67p=£3.53	Tesco French Merlot 12% £4
B1B	11.1	SFP	Wine		Pub	3.3	1	1	2.00	1.65	250ml glass of wine priced in pub with meal out once a fortnight	250ml glass of wine £3.30 priced at Scream pub in Loughborough
TOTALS												
							COICOP					
B1A			Alcohol at home (off-sales)	6.10			2.1	6.10				
B1B			Alcohol away from home (on-sales)	1.65			11.1	1.65				
B2			Tobacco and narcotics									
B			Alcohol and tobacco	7.75								

MIS 2018 REBASE													
C. Clothing and footwear													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
												Most clothing from Primark/ Matalan/ Bon Marche/ Supermarket (e.g. Sainsbury) and would last 2 years. Occasionwear from M&S. Footwear from Clarks.	
C	3.2	SFP	Footwear	Slippers		Tesco	5.00		2	52.14	0.19	2 needed in total, 1 winter, 1 summer. Primark/Supermarket. 1 year.	F&F Textured Leopard Mule Slippers
C	3.2	SFP	Footwear	Shoes (smart)		Clarks	45.00		1	208.5714286	0.22	1 pair smart shoes with medium heel. Clarks/Deichmann. Would last 4 years.	Isidora Faye (mid-heel court shoe, other styles available for same price)
	3.2	SFP	Footwear	Shoes (casual)		Clarks	45.00		1	208.5714286	0.22	1 pair casual shoes. Clarks/Deichmann. Would last 4 years.	Andora Crush (loafer style shoe, available in range of colours)
C	3.2	SFP	Footwear	Shoes (canvas)		Primark	4.00		1	52.14285714	0.08	1 pair lightweight, e.g. canvas shoes from Primark/Supermarket. 1 year.	Navy Lace Up Pumps (other colours available)
C	3.2	SFP	Footwear	Trainers		Clarks	49.00		1	208.57	0.23	1 pair trainers. Clarks/Deichmann. Would last 4 years.	Floura Mix
	3.2	SFP	Footwear	Sandals (smart)		Clarks	50.00		1	208.57	0.24	1 pair needed. Clarks/Deichmann. Would last 4 years.	Parram Stella
C	3.2	SFP	Footwear	Sandals (casual)		Primark	6.00		1	208.57	0.03	1 pair casual summer sandals, e.g. flip flops. Would last 4 years.	Studded Toe Post Sandal
C	3.2	SFP	Footwear	Wellington boots		Tesco	17.00		1	521.43	0.03	1 pair needed. Primark/Supermarket. 10 years	F&F Striped Floral Print Wellies
	3.2	SFP	Footwear	Boots (winter)		Go Outdoors	90.00		1	208.57	0.43	1 pair needed. Winter boots e.g. with furry lining that are weatherproof and stop you falling over when it's icy. Clarks/Deichmann. 4 years.	Columbia Women's Loveland™ Mid Omni-Heat™ Boots. No snow boots stocked in Clarks now so sourced from Go Outdoors.
C	3.2	SFP	Footwear	Boots (leather)		Clarks	109.00		1	208.57	0.52	1 pair needed. Smart boots, knee high with small heel. Clarks/Deichmann. 4 years.	Carvela - Black 'Tock' low heel knee boots. Clarks not currently stocking lower priced boots range (previously started at £1110) equivalent price/quality sourced at Debenhams
				C clothing and footwear			COICOP						
							3.20	2.19					
				Total			£2.19						

MIS 2018 REBASE											
D: Housing costs											
Single female pensioner											
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
D1		4.1	SFP	Rent	Rent	76.5468	1	1	76.5468		
D3		4.4	SFP	Water supply (ND)	Water rates	312.857143	1	52.1428571	6		Severn Trent forecast price increase April 2018 is 4%. 2017 price is £5.77 per week. £5.77x 1.04=£6.00 per week
D4	NA	SFP	Council tax (GB) Rates (NI)	Council tax			1	1	16.51		Inflated from 2017 value using index below. NB - SINGLE WKG AGE FIGURE USED, BECAUSE A DIFFERENT AND SLIGHTLY WRONG ONE WAS BEING USED FOR SINGLE PENSIONERS CARRIED OVER FROM WRONG INFLATION FORMULA ENTERED IN 2014 REBASE SHEETS
D5		12.5	SFP	Contents insurance	Contents insurance	RIAS	79.77	1	52.1428571	1.52983562	Based on £50 excess, £15,000 cover occupied day and night. Priced online via comparethemarket.com April 2018. RIAS £79.77 (£5.96 deposit and 11 monthly payments of £6.71)
D6		4.5	SFP	Electricity, gas and other fuels	Fuel		545.00	1	52.1428571	10.4520548	Based on lowest online tariff April 2018. Brilliant Energy Fair Deal 3.5b fixed for one year with a £58 cancellation fee (switched via site Energylinx).
D7		4.3	SFP	House maintenance	Decorating and other house maintenance		150.00	1	52.1428571	2.87671233	£100 a year to be able to maintain/refresh decor, e.g. decorating one room a year, plus £50 a year to cover approx 3 hours to pay someone to do small DIY tasks, e.g. assembling flatpack furniture.
				Rent		76.5468					
				Water		6	4.1	76.5468			Inflation data 2017
				Council tax		16.51	4.3	2.87671233			Council tax cp 107
				Insurance		1.53	4.4	6			
				Fuel		10.45	4.5	10.4520548			
				Other housing costs		2.88	12.5	1.52983562			
				Total		113.92					

MIS 2018 REBASE													
E: Household goods and services													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	4.3	SFP	Security	Lock box		Argos	17.99	1.00	1	1042.86	0.02	Secure box for spare key so someone could access property in an emergency, e.g. ambulance crew/friend/relative, 20 years.	Master Lock Select Access Key Lock Box
E1	4.3	SFP	Security	Locking door chain		White Hinge Ltd. via Amazon	7.66	1.00	1	1042.86	0.01	PP CB added door chain for security, 20 years. FG2 changed to locking door chain - allows key holder to gain access when chain is on.	Door Safety Security Chain Guard Peep Bolt Locking EB with Screws. Comes with 2 keys.
E1	4.3	SFP	Security	Door viewer		B&Q	5.00		1	1042.86	0.00	PP CB added spy hole in front door for security, 20 years.	Smith & Locke Galvanized 180° Door Viewer
E1	5.2	SFP	Hall	Door mat		Dunelm	6.00		1	260.71	0.02	For doorstep outside flat. Hard wearing coir matting with non-slip back. Dunelm/Wilkos, 5 years.	Wilko Rubber Coir Doormat 70x40cm
E1	5.2	SFP	Hall	Door mat		Wilkos	2.50	1	1	104.29	0.02	Washable with a non-slip backing for inside front door, 2 years. CB added in line with SMP.	Wilko Washable Mat Assorted 40x60cm. Polypropylene with latex backing. Machine washable.
E1	5.1	SFP	Hall	Lampshade for central light		Wilkos	10.00		1	521.43	0.02	Not the cheapest in order to be able to have some choice. Somewhere between £5 & £10. Wilkos. Would last 10 years and then change when flat was redecorated. £5 end of range for hall and bedroom, but more towards £10 end of range for living room as that's the one visitors will see. CB changed to £5 throughout. PPCB changed to £10 hall, living and dining areas, £5 bedroom.	Wilko Vintage Pendant Grey (other colours available)
E1	5.5	SFP	Hall	Light bulb		Wilkos	4.00	1	1	521.43	0.01	No spec discussed.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (£4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.5	SFP	Hall	Coat hooks		Argos	16.99	6	1	1042.86	0.02	Row of 6 coat hooks, 1 up from bottom. Argos/Wilkos 20 years.	HOME 6 Double Chrome Coat Hooks - Pine or White
E1	5.1	SFP	Living area	Lampshade for central light		Wilkos	10.00		1	521.43	0.02	Not the cheapest in order to be able to have some choice. Somewhere between £5 & £10. Wilkos. Would last 10 years and then change when flat was redecorated. £5 end of range for hall and bedroom, but more towards £10 end of range for living room as that's the one visitors will see. CB changed to £5 throughout. PPCB changed to £10 hall, living and dining areas, £5 bedroom.	Wilko Vintage Pendant Grey (other colours available)
E1	5.5	SFP	Living area	Light bulb		Wilkos	4.00	1	2	521.43	0.02	LED bulbs last longer. 1 for main light and 1 for lamp.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (£4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years. 1 needed for central light and 2 for the floor lamp.
E1	5.2	SFP	Living area	Curtains		Argos	39.99	1	1	521.43	0.08	Cheapest lined curtains - lining keeps heat in or out and prevents fading. B&M Bargains/Argos, 10 years.	ColourMatch Blackout Curtains - 168x183cm - Dove Grey (other colours available) [no lined and washable curtains available so sourced blackouts that are washable as an alternative]
E1	5.5	SFP	Living area	Curtain pole		Argos	6.99		1	521.43	0.01	Wooden so it doesn't rust. 20 years. Cheapest ok. PPCB changed to cheapest metal as stronger than wooden. FG1 changed to 10 years.	Simple Value Extendable Metal Curtain Pole Set - White
E1	5.5	SFP	Living area	Curtain hooks		Dunelm	1.00	25	1	1042.86	0.00	Wilkos, metal 20 years	Pack of 25 Metal Curtain Hooks
E1	5.2	SFP	Living area	Net curtains		Dunelm	3.00		3	521.43	0.02	Dunelm. Cheapest nets would last 10 years. CB added in line with SMP.	Plain Leaded Net Curtain Fabric (3 metre width with 183cm drop)
E1	5.5	SFP	Living area	Wire for net curtains		Dunelm	1.50	1	1	1042.86	0.00	Wilkos. Cheapest. 20 years. CB added in line with SMP.	Net curtain wire 200cm
E1	5.1	SFP	Living area	Sofabed (2 seater)		Argos	399.99	1	1	521.43	0.77	2 seater fabric sofa. Argos, 2 up from bottom. 7 years. CB changed to 2 seater sofabed so visitors can stay, 10 years.	HOME Tessa 2 Seater Fabric Sofa Bed
E1	5.1	SFP	Living area	Armchair		Argos	229.00	1	1	521.43	0.44	Group divided about whether 1 or 2 armchairs needed. Fabric, 2 up from bottom. Argos, 7 years. CB changed to 1 supportive armchair for her and one to match sofa for guests, both 10 years.	HOME Tessa Fabric Chair
E1	5.1	SFP	Living area	Armchair		HSL	400.00	1	1	1042.86	0.38	Group divided about whether 1 or 2 armchairs needed. Fabric, 2 up from bottom. Argos, 7 years. CB changed to 1 supportive armchair for her and one to match sofa for guests, both 10 years. FG1 changed lifetime to 20 years.	Oakdale Fireside Chair (based on ordering a house fabric, a premium fabric would incur an additional £25 charge) free delivery included
E1	5.1	SFP	Living area	Delivery		Argos	6.95		3	52.14	0.40	Delivery cost. CB said 3 Argos deliveries per year.	
E1	5.2	SFP	Living area	Cushions		Dunelm	5.00	1	4	260.71	0.08	3 cushions, 1 for each seat, 7 years, in line with sofa. CB changed to 4 cushions, 5 years.	Essentials Barkweave Cushion (various colours available). Cover machine washable.
E1	5.2	SFP	Living area	Throw		Wilkos	8.00	1	1	260.71	0.03	One up from bottom, 7 years. CB changed to 2 in line with SMP, 5 years. PPCB said only 1 needed.	Wilko Herringbone Throw Nat 127x152cm (machine washable and available in other colours)
E1	5.1	SFP	Living area	Side tables		Argos	69.99	3	1	1042.86	0.07	Solid wood from B&M Bargains. 20 years. PP CB changed to nest of tables as coffee table more likely to be a trip hazard.	HOME Gloucester Nest Of 3 Solid Wood Tables - Natural
E1	5.1	SFP	Living area	Storage unit		Argos	219.99		1	1042.86	0.21	Full height storage unit including shelves and cupboards. Group very dubious about Lily having flatpack furniture so wanted solid furniture, but said it would potentially last 'a lifetime' (estimated as 20 years). CB changed to waist height unit in line with SMP.	Collection Ohio 2 Door 6 Drawer Sideboard - Oak Effect
E1	5.1	SFP	Living area	Ornaments			50.00		1	260.71	0.19	Group agreed on £50 over 5 years for items to personalise home, e.g. vase, ornaments, pictures, mirror etc.	
E1	5.1	SFP	Living area	Lamp		Argos	19.99		1	1303.57	0.02	Standard lamp with flexible neck so it can be posed to give extra light when reading, doing crafts etc. One up from bottom because cheapest might break. Should have dimmer switch. Argos, 15 years. FG1 said dimmable lamp was 'nice to have' and cheaper item would meet the need. 25 years.	HOME Reading Light Floor Lamp - Silver
E1	5.1	SFP	Living area	Clock		Argos	9.99		1	521.43	0.02	Argos, one up from bottom, 10 years.	HOME Chrome Wall Clock
E1	5.1	SFP	Dining area	Lampshade for central light		Wilkos	10		1	521.43	0.02	Not the cheapest in order to be able to have some choice. Somewhere between £5 & £10. Wilkos. Would last 10 years and then change when flat was redecorated. £5 end of range for hall and bedroom, but more towards £10 end of range for living room as that's the one visitors will see. CB changed to £5 throughout. PPCB changed to £10 hall, living and dining areas, £5 bedroom.	Wilko Vintage Pendant Grey (other colours available)
E1	5.5	SFP	Dining area	Light bulb		Wilkos	4.00	1	1	521.43	0.01	LED bulbs last longer.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (£4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.2	SFP	Dining area	Curtains		Argos	39.99		1	521.43	0.08	Cheapest lined curtains - lining keeps heat in or out and prevents fading. B&M Bargains/Argos, 10 years.	ColourMatch Blackout Curtains - 168x183cm - Dove Grey (other colours available)
E1	5.5	SFP	Dining area	Curtain pole		Argos	6.99		1	521.43	0.01	Cheapest ok. PPCB changed to cheapest metal as stronger than wooden. FG1 changed lifetime to 10 years.	Simple Value Extendable Metal Curtain Pole Set - White
E1	5.5	SFP	Dining area	Curtain hooks		Dunelm	1.00	25	1	1042.86	0.00	Wilkos, metal 20 years	Pack of 25 Metal Curtain Hooks
E1	5.2	SFP	Dining area	Net curtains		Dunelm	3		3	521.43	0.02	Dunelm. Cheapest nets would last 10 years. CB added in line with SMP.	Plain Leaded Net Curtain Fabric (2 metre width with 183cm drop)
E1	5.5	SFP	Dining area	Wire for net curtains		Dunelm	1.5	1	1	1042.86	0.00	Wilkos. Cheapest. 20 years. CB added in line with SMP.	Net curtain wire 200cm

Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SFP	Dining area	Table		Argos	99.99		1	521.43	0.19	Drop leaf table because of space issues. Argos (3 up from bottom) or DFS. 10 years.	HOME Gateleg Ext Wood Effect 4-6 Seater Table - Light Oak
E1	5.1	SFP	Dining area	Chairs		Argos	19.99		2	521.43	0.08	Four solid (i.e. not folding) chairs. Argos (3 up from bottom) or DFS. 10 years. FG1 changed to 2 solid chairs for everyday use and 2 folding for occasional use.	Simple Value Bentwood Dining Chair - Natural
E1	5.1	SFP	Dining area	Chairs (folding)		Argos	14.99		2	521.43	0.06	Four solid (i.e. not folding) chairs. Argos (3 up from bottom) or DFS. 10 years. FG1 changed to 2 solid chairs for everyday use and 2 folding for occasional use.	Simple Value Wooden Folding Chair - Natural
E1	5.2	SFP	Dining area	Chair cushions		Dunelm	5.50		4	260.71	0.08	FG1 added seat cushions for dining chairs, 5 years in line with sofa cushions	Solar Grey Set Pad (other colours available)
E1	5.1	SFP	Dining area	Tablemats		Argos	5.00	4	2	260.71	0.04	Set of 6 needed - 4 place settings plus 2 spare to put hot dishes on on table. Cheapest Wilkos 2 years. CB changed to 10 years. PP CB changed to 5 years.	Wilko Cork Placemat and Coasters Cream 8 Piece
E1	5.1	SFP	Dining area	Coasters		Argos	0.00	6	1	260.71	0.00	Set of 6 needed - 4 place settings plus 2 spare. Cheapest Wilkos 2 years. CB changed to 10 years. PPCB changed to 5 years.	Included in tablemat set.
E1	5.5	SFP	Kitchen	Light bulb		Wilkos	4.00	1	1	521.43	0.01	No spec discussed.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (£4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.1	SFP	Kitchen	Blind		Dunelm	15.00		1	521.43	0.03	Moisture resistant blind. Argos, 10 years.	Moisture Resistant Roller Blind (various colours) Largest size Drop 162xWidth 122 £16 (smaller sizes available at £12 and £8) moisture resistant not available in Wilkos so sourced in Dunelm
E1	5.4	SFP	Kitchen, tableware	Crockery		Argos	7.99	12	2	156.43	0.10	4 place settings: dinner plate, side plate, bowl. Cheapest ok, Wilkos, 3 years.	Simple Value 12 Piece Porcelain Dinner Set - White. Only sets of 4 available so 2 sets.
E1	5.4	SFP	Kitchen, tableware	Mugs		Wilkos	1.25	1	6	260.71	0.03	6 needed. Cheapest ok. Wilkos, 3 years. PPCB changed to 5 years.	Wilko Colour Play Mug Cream
E1	5.4	SFP	Kitchen, tableware	Egg cups		Wilkos	1.25	4	1	1042.86	0.00	4 needed. Cheapest ok. Wilkos, 10 years. PPCB changed to 20 years.	Wilko Plastic Egg Cups 4pk
E1	5.4	SFP	Kitchen, tableware	Cutlery		Wilkos	17.00	24	1	1042.86	0.02	6 place settings: knife, fork, spoon, teaspoon. Cheapest 'thick' stainless steel. 20 years.	Wilko Hammered Cutlery Set 24 Piece
E1	5.4	SFP	Kitchen, tableware	Serving spoons		Wilkos	2.00	2	1	1042.86	0.00	Stainless steel. Same quality as cutlery. Supermarket. 10 years. CB changed cutlery lifetime to 20 years.	Wilko Serving Spoons 2 Piece
E1	5.4	SFP	Kitchen, tableware	Serving bowl		Wilkos	3.00	1	1	1042.86	0.00	PPCB added glass bowl for serving trifle/fruit salad. 20 years. Wilkos.	Wilko Stackable Mixing Bowl 26cm
E1	5.4	SFP	Kitchen, tableware	Tumblers - short		Wilkos	5.00	4	2	156.43	0.06	Cheapest 'thick', sturdy glasses. 6 needed. Wilkos. 3 years. CB changed to 8.	Wilko Teardrop Tumbler 4 pack
E1	5.4	SFP	Kitchen, tableware	Tumblers - tall		Wilkos	5.00	4	2	156.43	0.06	Cheapest 'thick', sturdy glasses. 6 needed. Wilkos. 3 years. CB changed to 8.	Wilko Teardrop Hi-Ball Tumbler 4 pack
E1	5.4	SFP	Kitchen, tableware	Wine glasses		Wilkos	6.00	4	2	156.43	0.08	Cheapest 'thick', sturdy glasses. 6 needed. Wilkos. 3 years. CB changed to 8.	Wilko Wine Glass 45cl 4pk
E1	5.4	SFP	Kitchen, tableware	Cruet		Wilkos	4.00	2	1	1042.86	0.00	Cheap salt and pepper shakers, Wilkos, 20 years. PPCB added in line with couples.	Wilko Salt and Pepper Pots White
E1	5.4	SFP	Kitchen, tableware	Teapot		The Range	12.99	1	1	1042.86	0.01	Metal teapot. Would last 20 years. CB added in line with SMP.	The Original Coffee Co. Stainless Steel Tea Pot - Chrome 550ml
E1	5.4	SFP	Kitchen, tableware	Sugar bowl		Wilkos	2.50	1	1	1042.86	0.00	CB added.	Wilko Sugar Pot White
E1	5.4	SFP	Kitchen, tableware	Milk jug		Wilkos	2.50	1	1	1042.86	0.00	CB added.	Wilko Creamer Jug White
E1	5.3	SFP	Kitchen, appliances	Microwave		Tesco	39.00	1	1	365.00	0.11	Cheap supermarket 3 years. CB changed lifetime to 10 years. FG1 changed to 7 years.	Tesco Solo Microwave MM08 Value, 17L - Black & White
E1	5.3	SFP	Kitchen, appliances	Fridge freezer		Appliances Online	219.00		1.0	521.43	0.42	Currys 'essential' range/Supermarket 50/50 fridge freezer. 7 years. CB changed to Beko (trusted brand) in line with SMP and agreed that 10 year lifetime was right in line with SMP.	Beko CRFG1552W 50/50 Frost Free Fridge Freezer - White - A+ Rated (free delivery)
E1	5.3	SFP	Kitchen, appliances	Cooker		Appliances Online	236.00		1.0	521.43	0.45	Currys 'essential' range/Supermarket with eye level grill. 10 years. CB discussed but no consensus was reached with regard to gas/electric for oven or hob, take to final group. PPCB said cheapest dual fuel, 10 years.	Indesit 15GSH1S Dual Fuel Cooker - Stainless Steel (free delivery)
E1	5.3	SFP	Kitchen, appliances	Washing machine		Appliances Online	179.00		1.0	521.43	0.34	Currys 'essential' range/Supermarket. 3 years. Not Hotpoint or Beko. CB changed lifetime to 10 years in line with SMP higher spec option. PPCB said higher spin speed better for more efficient drying of clothes and less condensation in flat.	Beko WM5122S 5Kg Washing Machine with 1200 rpm - Silver - A+ Rated (free delivery)
E1	5.3	SFP	Kitchen, appliances	Toaster		Wilkos	10.00		1.0	208.57	0.05	Cheapest, Wilkos, 3 years. CB changed lifetime to 4 years as even expensive branded ones don't last.	Wilko Toaster 2 Slice Black/Red/Purple
E1	5.3	SFP	Kitchen, appliances	Kettle		Wilkos	12.00		1.0	208.57	0.06	Cheapest, Wilkos, 3 years. CB changed lifetime to 4 years as even expensive branded ones don't last.	Wilko Colourplay Kettle Black
E1	5.3	SFP	Kitchen, appliances	Slow cooker		Argos	11.99	1	1	260.71	0.05	Small, cheap one. Would last 20 years. Can batch cook and freeze leftovers. CB added in line with SMP. FG2 changed lifetime to 5 years.	Cookworks 1.5L Compact Slow Cooker - Black (has oven safe ceramic bowl and glass lid that can be used in the oven - group said if it did then casserole dish not needed)
E1	5.3	SFP	Kitchen, appliances	Handheld blender		Argos	5.49		1	365.00	0.02	Electric mixer. Lifetime not discussed so used 5 years as default for small electrical appliances. CB agreed multi-purpose item in line with SMP. PPCB changed to blender only, 7 years.	Simple Value Hand Blender - White
E1	5.4	SFP	Kitchen, cookware	Saucepans		Argos	34.99		1.0	1042.86	0.03	Set of non-stick saucepans with lids. 2 up from bottom, Wilkos, 10 years. CB changed to stainless steel mid-mid option in line with SMP.	Morphy Richards Equip 3 Piece Stainless Steel Pan Set
E1	5.4	SFP	Kitchen, cookware	Frying pan		Wilkos	14.00		1.0	104.29	0.13	Non-stick frying pan with lid. 2 up from bottom, Wilkos, 10 years. CB changed lifetime to 2 years in line with SMP.	Wilko Frying Pan With Lid Aluminium 28cm Black
E1	5.4	SFP	Kitchen, cookware	Steamer		Wilkos	11.00		1	1042.86	0.01	FG2 added stainless steel tiered steamer - cheap and durable. Economical to use as can cook separate vegetables on one hob.	Wilko 3 Tier Steamer Stainless Steel 18cm
E1	5.4	SFP	Kitchen, cookware	Knives		Argos	32.99		1	782.14	0.04	Set of knives, 3 up from bottom, Wilkos, 10 years. CB changed to set with 15 year manufacturer's guarantee in line with SMP and amended lifetime to reflect manufacturer's guarantee.	Richardson Laser Cuisine 12 Piece Knife Block Set - Black 15 year manufacturers guarantee. Comprises 6 steak knives, chef's knife, carving knife, bread knife, paring knife, all purpose knife, scissors.
E1	5.4	PPens	Kitchen, cookware	Knife sharpener		Wilkos	4		1	782.14	0.01	15 years in line with knife set	Wilko Knife Sharpener Stainless Steel 20.5cm
E1	5.4	SFP	Kitchen, cookware	Baking sheet		The Range	4.99	1	1	521.43	0.01	Two flat baking trays. Replace yearly. Pound shop. CB amended to better quality Non-stick mid mid. 10 years. from The Range as more economical over time rather than replacing all trays each year, in line with SMP. PPCB changed to 1 in line with couples.	Heavy Gauge Oven Tray - Grey
E1	5.4	SFP	Kitchen, cookware	Roasting tin		The Range	4.99	1	1	521.43	0.01	Replace yearly. Pound shop. CB amended to better quality Non-stick mid mid. 10 years. from The Range as more economical over time rather than replacing all trays each year, in line with SMP.	Deep Roasting Tray - Silver
E1	5.4	SFP	Kitchen, cookware	Bun tin		Wilkos		1	1	521.43	0.00	Replace yearly. Pound shop. CB amended to better quality Non-stick mid mid. 10 years. from The Range as more economical over time rather than replacing all trays each year, in line with SMP.	Wilko 12 Cup Non-Stick Bun Sheet 32 x 24cm

Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SFP	Kitchen, cookware	Cake tin		The Range	3.59		1	521.43	0.01	Replace yearly. Pound shop. CB amended to better quality Non-stick mid mid. 10 years. from The Range as more economical over time rather than replacing all trays each year, in line with SMP.	Non-Stick Deep Round Loose Bottomed Cake Tin
E1	5.4	SFP	Kitchen, cookware	Sponge tin		Wilkos	1.25	1	2	521.43	0.00	2 shallow sponge tins e.g. for Victoria sponge, 10 years. PPCB added in line with couples.	Wilko Kitchen Non-Stick Sandwich Tin Deep Round 19.5 x 3.5cm
E1	5.4	SFP	Kitchen, cookware	Cheese grater		Wilkos	2.00		1	1042.86	0.00	Stainless steel, Wilkos, 20 years	Wilko Box Grater
E1	5.4	SFP	Kitchen, cookware	Colander		The Range	2.99	1	1	521.43	0.01	Plastic. 10 years. CB added in line with SMP.	Summit Pop Colander
E1	5.4	SFP	Kitchen, cookware	Sieve		Wilkos	2.00	1	1	521.43	0.00	Stainless steel. 10 years. CB added in line with SMP.	Wilko Strainer Metal 19.5cm
E1	5.4	SFP	Kitchen, cookware	Casserole dish			0	1	1	521.43	0.00	Pyrex casserole dish with lid. SMP said if slow cooker container can be used on hob and in oven it will do as a casserole dish as well. CB agreed	Slow cooker has ceramic lidded bowl that is oven safe so could be used as casserole dish.
E1	5.4	SFP	Kitchen, accessories	Utensils		Argos	8.49	9	1	260.71	0.03	Set. Not metal, so won't scratch non-stick pans. Wilkos, 2 years. CB changed lifetime to 5 years in line with SMP.	Simple Value 9 Piece Suregrip Kitchen Utensil Set Ladle. Serving spoon. Slotted spoon. Slotted turner. Slotted masher. Can opener. Pizza cutter. Peeler. Scissors. (sourced at Argos as no plastic sets in Wilkos)
E1	5.4	SFP	Kitchen, accessories	Whisk		Wilkos	2.25		1	260.71	0.01	Manual whisk could be included in utensil set (heatproof plastic, 5 years), electric beater included in handheld blender - check with checkback. PP CB added as no whisk in utensil set and no whisk with hand blender.	Wilko Kitchen Whisk Black
E1	5.4	SMP	Kitchen, accessories	Peeler		Argos		1	1	782.14	0.00	Cheap. 15 years.	Included in utensil set above.
E1	5.4	SFP	Kitchen, accessories	Measuring jug		Tesco	4.00		1	1042.86	0.00	Pyrex. Wilkos, 20 years.	Pyrex 0.5L Measuring Jug
E1	5.4	SFP	Kitchen, accessories	Scales		Argos	8.49	1	1	1042.86	0.01	CB added in line with SMP (changed from mechanical to digital and amended lifetime from 15 to 20 years.)	HOME Digital Kitchen Scale
E1	5.4	SFP	Kitchen, accessories	Batteries		Argos	3.99	2	1	208.57	0.02	Batteries for scales	Duracell Specialty 2032 Lithium Coin Batteries - Pack of 2
E1	5.4	SFP	Kitchen, accessories	Mixing bowls		Argos	10.49	3	1	1042.86	0.01	Pyrex. Wilkos, 20 years. Set of 3	Pyrex 3 Piece Glass Bowl Set
E1	5.4	SFP	Kitchen, accessories	Rolling pin		Wilkos	1.25	1	1	1042.86	0.00	Wooden, 15 years. CB added in line with SMP. PP CB changed lifetime to 20 years in line with couples.	Wilko Kitchen Rolling Pin Beech 35cm
E1	5.4	SFP	Kitchen, accessories	Chopping board		The Range	2.99	4	1	104.29	0.03	Set of 3 plastic colour coded chopping boards (for meat, fish and other). Wilkos, 2 years.	Flexible Chopping Mats - set of 4 colour coded chopping boards for meat, fish, poultry and veg/bread.
E1	5.4	SFP	Kitchen, accessories	Tray		The Range	4.99		1	1042.86	0.00	With cushion attached, for eating in front of TV. Wilkos, 5 years. CB changed to plain melamine tray, 1 up from bottom, 20 years.	Impress Lighthouse Harbour Tea Tray - Green
E1	5.4	SFP	Kitchen, accessories	Bin		Wilkos	25		1	521.43	0.05	Small bin, approx 15 litres (changes bag every day), 10 years. CB said medium bin change bag 3 times a week.	Wilko Pedal Bin 30L (various colours)
E1	5.6	SFP	Kitchen, consumables	Bin bags		Wilkos	2.00	20	1	6.60	0.30	Small ones, change each day. Roll from Pound shop. CB changed to 3 times a week.	Wilko Tall Kitchen Bin Liners 30L 20pk
E1	5.4	SFP	Kitchen, accessories	Washing up bowl		Wilkos	1.00		1	104.29	0.01	2 years. £ shop.	Wilko Square Bowl White Small
E1	5.4	SFP	Kitchen, accessories	Drainer		Wilkos	1.50		1	104.29	0.01	2 years. Wilkos	Wilko Dish Drainer White Small
E1	5.4	SFP	Kitchen, accessories	Storage containers		Argos	8.49	7	1	521.43	0.02	Set of plastic tubs for food storage. £ shop. 10 years.	HOME Plastic Food Storage Set - 7 Piece (sourced at Argos as no suitable sets in pound shop)
E1	5.4	SFP	Kitchen, accessories	Storage canisters		Dunelm	13.50	3	1	1042.86	0.01	For tea, coffee, sugar. From pound shop. Ceramic, 20 years.	Purity Coffee, Purity Tea and Purity Sugar storage jars
E1	5.6	SFP	Kitchen, laundry	Washing liquid		Tesco	2.00		1	8.50	0.24	3 loads a week. One light, one dark, one bedding and towels. CB changed to 3 loads one week, 2 the next.	Tesco Super Concentrated Non Bio Liquid 630ml 21 washes
E1	5.6	SFP	Kitchen, laundry	Fabric conditioner		Tesco	0.75		1	8.50	0.09	3 loads a week. One light, one dark, one bedding and towels. CB changed to 3 loads one week, 2 the next.	Tesco Super Concentrated Non Bio Liquid 630ml 21 washes
E1	5.6	SFP	Kitchen, laundry	Water softener		Wilkos	2.20	40	1	16.00	0.14	PP CB added to make washing machine last longer, generic ok.	Wilko Laundry Water Softening Powder 40 Washes
E1	5.4	SFP	Kitchen, laundry	Airer		Wilkos	16.00		1	782.14	0.02	Free standing airer, sturdy, 2 up from bottom. Wilkos, 15 years.	Wilko Extendable Clothes Airer 3 Tier 7.5m
E1	5.4	SFP	Kitchen, laundry	Over radiator airer		Wilkos	3.50	3	1	782.14	0.00	PP CB added for more drying space.	Wilko Radiator Airer 3pk
E1	5.3	SFP	Kitchen, laundry	Iron		Wilkos	18.00		1	260.71	0.07	Steam iron. Wilkos, 5 years. PP CB changed to steam iron in line with SMP.	Wilko Ceramic Coated Soleplate 2400W
E1	5.4	SFP	Kitchen, laundry	Ironing board		Wilkos	20.00		1	1042.86	0.02	Wilkos, 20 years.	Wilko Ironing Board Assorted Medium 116 x 35.5cm
E1	5.4	SFP	Kitchen, laundry	Ironing board cover		Wilkos	7.00		1	208.57	0.03	Replace every 4 years. Wilkos.	Vileda Perfect Fit Ironing Board cover
E1	5.4	SFP	Kitchen, laundry	Washing basket		Wilkos	4.00		1	260.71	0.02	Plastic basket to put wet washing in. 5 years. PP CB added in line with couples.	Wilko Laundry Basket Round
E1	5.4	SFP	Kitchen, laundry	Laundry basket		Wilkos	8.00		1	260.71	0.03	For collecting dirty washing in - could be in bedroom/bathroom instead. 20 years. PP CB added in line with couples. FG2 changed to 5 years.	Wilko Stripe Laundry Bag Beige
E1	5.6	SFP	Kitchen, cleaning	Bucket		Wilkos	1.00		1	521.43	0.00	Wilkos, 10 years.	Wilko Bucket General Purpose Black Large 14.5L
E1	5.6	SFP	Kitchen, cleaning	Mop		Wilkos	8.00		1	521.43	0.02	Vileda, Wilkos, 10 years.	Vileda Magic Mop Flat
E1	5.6	SFP	Kitchen, cleaning	Mop head		Wilkos	3.50		1	26.07	0.13	Change every 6 months	Vileda Magic Mop Refill
E1	5.3	SFP	Kitchen, cleaning	Vacuum cleaner		Argos	36.99		1	260.71	0.14	Small cylinder bagless vacuum cleaner. Supermarket £70-90. Lifetime not discussed. 5 years in line with other small electricals. PP CB changed lifetime to 10 years in line with couples.	Bush Multi Cyclonic Bagless Cylinder Vacuum Cleaner (sourced from Argos as supermarket more pricey)
E1	5.6	SFP	Kitchen, cleaning	Dustpan & brush		Wilkos	7		1	260.71	0.03	Long handled (saves bending), 5 years. Supermarket/Wilkos.	Wilko Premium Long Handled Dustpan And Brush Set 75cm
E1	5.6	SFP	Kitchen, cleaning	Dusters		Poundland	1	12	1	52.14	0.02	1 pack a year from Pound Shop	Yellow Dusters 12 Pack
E1	5.6	SFP	Kitchen, cleaning	Kitchen towel		Tesco	1.35	2	1	4.00	0.34	1 a week. FG1 changed to 2 rolls per week per household.	Tesco Kitchen Towel White 2 Roll
E1	5.6	SFP	Kitchen, cleaning	Dish cloths		Wilkos	1.00	8	1	52.14	0.02	One pack a year. CB added in line with SMP	Wilko Dish Cloth Roll 8 pack
E1	5.6	SFP	Kitchen, cleaning	J cloths		Wilkos	1.50	10	1	4.35	0.35	One pack a month. Generic ok. CB added in line with SMP	Wilko Antibacterial All Purpose Cloths 10pk
E1	5.6	SFP	Kitchen, cleaning	Tea towels		Wilkos	5.00	5	1	52.14	0.10	Pack of cheapest each year.	Wilko Tea Towels Natural and White 5pk
E1	5.6	SFP	Kitchen, cleaning	Hand towels		Dunelm	2.5	1	2	260.71	0.02	2 needed. Mid mid quality 5 years. PP CB added in line with SMP and couples, and changed lifetime to 2 years.	Cookshop Blue Single Kitchen Hand Towel
E1	5.6	SFP	Kitchen, consumables	Washing up liquid		Wilkos	1.00		1	6.00	0.17	Fairy Liquid 'lasts longer'. Replace every 2 months. FG1 changed to 6 weeks.	Fairy Original 433ml
E1	5.6	SFP	Kitchen, consumables	Polish		Wilkos	1.00		1	52.14	0.02	Lifetime not discussed. Use SWAF	Pledge Polish Original 250ml
E1	5.6	SFP	Kitchen, consumables	Multi-surface spray		Tesco	0.70		1	13.04	0.05	Spray, replace every 3 months.	Tesco Antibacterial Cleaner Spray 500ml

Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.6	SFP	Kitchen, consumables	Floor cleaner		Tesco	1.00	1	1	52.14	0.02	For use in kitchen and bathroom. E.g. flash liquid. Large bottle would last 1 year. CB added in line with SMP.	Tesco All Purpose Citrus 1Ltr
E1	5.6	SFP	Kitchen, consumables	Bleach		Tesco	0.50	1	1	4.35	0.12	For use in kitchen and bathroom. Cheapest. 1 month. CB added in line with SMP.	Tesco Aqua Bleach 750ml
E1	5.6	SFP	Kitchen, cleaning	Scouring/sponge pads		Wilkos	0.40	6	1	12.00	0.03	Would buy a pack from Pound Shop and use 1 a week. PP CB changed lifetime to one every 2 weeks.	Wilko Sponge Scourers Assorted 6 pack
E1	5.6	SFP	Kitchen, consumables	Clingfilm		Wilkos	1.20		1	8.69	0.14	CB added, 50m would last 3 months. PP CB changed lifetime to 2 months.	Wilko Multipurpose Cling Film 50m x 350mm
E1	5.6	SFP	Kitchen, consumables	Foil		Tesco	1.00		1	8.69	0.12	CB added, 30m would last 3 months. PP CB changed lifetime to 2 months.	Easywrap Aluminium Foil 300Mm X 20M (30M could not be sourced so adjusted lifetime to 2 months)
E1	5.6	SFP	Kitchen, consumables	Rubber gloves		Wilkos	0.80		1	4.35	0.18	CB added, replace monthly	Wilko Wash Up Rubber Gloves Large
E1	5.6	SFP	Kitchen, consumables	Window Cleaner		Tesco	0.70		1	13.04	0.05	CB added, 3 months	Tesco Window Cleaner Spray 500ml
E1	5.5	SFP	Tools& equipment	Step stool		Dunelm	5.00		1	1042.86	0.00	CB added	Small white step stool
E1	5.2	SFP	Kitchen, textiles	Shopping bag		Pound shop	1.00		2	208.57	0.01	Two needed. 5 years in line with handbags etc. PP CB changed lifetime to 4 years.	Fold-Away Shopping Bag - Blue
E1	5.5	SFP	Household maintenance	Tool kit		Argos	14.99	26	1	1042.86	0.01	Tool kit for general maintenance and DIY around home. 20 years.	Guild 25 Piece Handtool Kit.Wrench, 10 screwdriver bits and bit holder, 8 hex keys, pliers, claw hammer, spirit level, measuring tape, scissors, carry case.
E1	5.6	SFP	Household maintenance	Sewing kit		The Range	4.99		1	1042.86	0.00	Sewing kit. FG1 said kit would last 20 years and added 1 replacement reel of thread a year.	Sewing kit - includes 7 1/2in sewing scissors, pin wheel, pincushion, 150cm tape measure, metal thimble, dressmaker pencil, seam ripper, 10 assorted threads, 30 hand needles, safety pins, snap fasteners, hook and eyes, wool needle and buttons.
E1	5.6	SFP	Household maintenance	Sewing thread		The Range	0.99		1	52.14	0.02	One replacement reel of cotton a year to top up sewing kit.	Poly Thread - Black, 160m, other colours available
E1	5.6	SFP	Household maintenance	Shoe cleaning kit		Tesco	2.20		2	1042.86	0.00	Shoe cleaning kit - two brushes. Would last 20 years.	Kiwi polishing brush - Kits not available, brushes sold individually in Tesco.
E1	5.6	SFP	Household maintenance	Shoe polish		Wilkos	1.00		1	104.29	0.01	1 tin of neutral shoe polish every 2 years	Kiwi Shoe Polish Neutral 50ml
E1	5.5	SFP	Bathroom	Light bulb		Wilkos	4.00	1	1	521.43	0.01	LED lasts longer.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 lasts for up to 25 years' NB Halogen cheaper (£4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.1	SFP	Bathroom	Blind		Dunelm	15.00		1	521.43	0.03	Moisture resistant blind. Argos, 10 years.	Moisture Resistant Roller Blind (various colours) Largest size Drop 162xWidth 122 £16 (smaller sizes available at £12 and £8)
E1	5.1	SFP	Bathroom	Medicine cabinet		Argos	29.99		1	1042.86	0.03	Argos mid-mid quality with mirror on door. Would last 20 years.	HOME Mirror 2 Door Core Cabinet - White
E1	5.4	SFP	Bathroom	Towel rail		Argos	12.99	1	1	521.43	0.02	Argos. Would last 10 years. CB added in line with SMP.	HOME Traditional 5 Tier Freestanding Towel Rail - Chrome
E1	5.4	SFP	Bathroom	Toilet roll holder		Argos	10.99	1	1	521.43	0.02	Argos. Would last 10 years. CB added in line with SMP.	HOME Wire Toilet Roll Storage and Holder - Silver
E1	5.6	SFP	Bathroom	Toilet brush		Wilkos	2.00	1	1	52.14	0.04	Cheap. Replace yearly. Wilkos/ Supermarket.	Wilko Toilet Brush and Holder Opaque Plastic
E1	5.2	SFP	Bathroom	Bath sheets		Wilkos	7.00	1	2	260.71	0.05	2 needed. One up from bottom. Supermarket/Home Bargains. Would last 10 years. PPCB changed to 5 years.	Wilko Bath Sheet various colours
E1	5.2	SFP	Bathroom	Hand towels		Wilkos	4.00	1	2	260.71	0.03	2 needed. One up from bottom. Supermarket/Home Bargains. Would last 10 years. PPCB changed to 5 years.	Wilko Hand Towel various colours
E1	5.2	SFP	Bathroom	Flannels		Wilkos	1.00	1	2	260.71	0.01	4 needed. One up from bottom. Would last 10 years. PPCB changed to 5 years	Wilko Face Cloths 2 pack various colours
E1	5.2	SFP	Bathroom	Bath mat (for floor)		Wilkos	6.00	1	1	260.71	0.02	1 needed. Would last 5 years. Supermarket. CB added in line with SMP.	Wilko Bath Micro Mat Cream 50x80cm
E1	5.2	SFP	Bathroom	Non-slip bathmat		Wilkos	5.00	1	1	260.71	0.02	1 needed. Would last 5 years. Supermarket. CB added in line with SMP.	Wilko Bath Mat Non Slip Rubber Cream
E1	5.2	SFP	Bathroom	Shower curtain		Wilkos	6.00		1	104.29	0.06	Washable fabric shower curtain replace yearly. PPCB changed to 2 years.	Wilko Grey Stripes Shower Curtain
E1	5.5	SFP	Bathroom	Rail for shower curtain		Wilkos	8.00		1	1042.86	0.01	Pole for shower curtain. Not one with suckers. Would last 20 years. Wilkos.	Wilko Telescopic Shower Curtain Pole White 122-218cm
E1	5.4	SFP	Bathroom	Tumbler		Poundland	1.00		1	52.14	0.02	Plastic cup to use when rinsing after tooth brushing. Replace yearly.	Acrylic Tumbler
E1	5.1	SFP	Bathroom	Magnifying mirror		Wilkos	4.50		1	521.43	0.01	Magnifying mirror for applying make up etc. would last 10 years. Wilkos	Wilko Freestanding Mirror Small (standard mirror and magnified mirror on opposite side)
E1	5.6	SFP	Bathroom	Toilet cleaner		Tesco	0.75		1	3.00	0.25	Replace every 3 weeks. Wilkos/Supermarket.	Tesco Active Gel Citrus 750ml
E1	5.6	SFP	Bathroom	Bleach		Tesco	0.5		1	13.04	0.04	Replace every 3 months.	Tesco Aqua Bleach 750ml
E1	5.4	SFP	Bathroom	Bin		The Range	4.99	1	1	521.43	0.01	Small pedal bin. Would last 10 years. Argos/Wilkos. CB added in line with SMP.	Pedal Bin - Silver 21.5cm (also available in a range of other colours)
E1	5.1	SFP	Bedroom	Lampshade for central light		Wilkos	5		1	521.43	0.01	Not the cheapest in order to be able to have some choice. Somewhere between £5 & £10. Wilkos. Would last 10 years and then change when flat was redecorated. £5 end of range for hall and bedroom, but more towards £10 end of range for living room as that's the one visitors will see. CB changed to £5 throughout. PPCB changed to £10 hall, living and dining areas, £5 bedroom.	Wilko Tapered Shade Parchment (other colours available).
E1	5.5	SFP	Bedroom	Light bulb		Wilkos	4.00	1	3	521.43	0.02	No spec discussed 1 for the central light and 2 for the bedside lamps.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 lasts for up to 25 years' NB Halogen cheaper (£4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.2	SFP	Bedroom	Curtains		Argos	39.99		1	521.43	0.08	Cheapest lined curtains - lining keeps heat in or out and prevents fading. B&M Bargains/Argos. 10 years.	ColourMatch Blackout Curtains - 168x183cm - Dove Grey (other colours available)
E1	5.5	SFP	Bedroom	Curtain pole		Argos	6.99		1	521.43	0.01	Cheapest ok. PPCB changed to cheapest metal as stronger than wooden, FG1 changed lifetime to 10 years.	Simple Value Extendable Metal Curtain Pole Set - White
E1	5.5	SFP	Bedroom	Curtain hooks		Dunelm	1.00	25	1	1042.86	0.00	Wilko, metal 20 years	Pack of 25 Metal Curtain Hooks
E1	5.2	SFP	Bedroom	Net curtains		Dunelm	3		3	521.43	0.02	Dunelm. Cheapest nets would last 10 years. CB added in line with SMP.	Plain Leaded Net Curtain Fabric (3 metre width with 183cm drop)
E1	5.5	SFP	Bedroom	Wire for net curtains		Dunelm	1.5	1	1	1042.86	0.00	Wilkos. Cheapest. 20 years. CB added in line with SMP.	Net curtain wire 200cm
E1	5.1	SFP	Bedroom	Bed, double		Argos	249.99		1	521.43	0.48	Double bed frame, Argos, 10 years. In a matching set with other bedroom furniture., 2 up from bottom.	Collection Evangeline Double Bed Frame - Charcoal [no longer available, unable to source fully assembled bed frame from Argos, but they have access to handy man to support assembly of furniture]
E1	5.1	SFP	Bedroom	Mattress, double		Argos	339.99		1	417.14	0.82	Argos, 8 years.	Silentnight Bingley 800 Pocket Mattress - Double
E1	5.1	SFP	Bedroom	Wardrobe		Argos	874.97		1	1042.86	0.84	Double wardrobe, Argos, 10 years. In a matching set with other bedroom furniture., 2 up from bottom. FG1 changed to 20 year lifetime as furniture mostly fully assembled and should be more sturdy.	Heart of House Kent 3 Piece Bedroom Package - Oak & Oak Veneer, includes double wardrobe with drawer, 4 drawer chest of drawers and 1 bedside cabinet. With additional bedside cabinet = £384.96 (Separately, wardrobe £499.99, drawers £314.99, bedside cabinet £109.99 = £924.97) NB all other items delivered fully assembled but wardrobe needs assembling.
E1	5.1	SFP	Bedroom	Drawers		Argos			1	1042.86	0.00	Argos, 10 years. In a matching set with other bedroom furniture., 2 up from bottom. FG1 changed to 20 year lifetime as furniture mostly fully assembled and should be more sturdy.	Included in 3 piece bedroom package listed above.

Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SFP	Bedroom	Bedside table		Argos	109.99		1	1042.86	0.11	Argos, 10 years. 2 required. In a matching set with other bedroom furniture., 2 up from bottom. CB changed to only one bedside cabinet. FG1 changed to 20 year lifetime as furniture mostly fully assembled and should be more sturdy. FG2 changed back to 2 as might give up bedroom to let guests stay.	Heart Of House Kent 3Drawer Bedside Chest - Oak & Oak Veneer. (One included in bedroom package listed above.)
E1	5.1	SFP	Bedroom	Mirror		Argos	19.99	1	1	782.14	0.03	If not possible to get wardrobe with integral mirror, need separate full length cheap one, would last 15 years. CB added in line with SMP.	HOME Wooden Full Length Mirror - Oak Effect. Wardrobe does not include mirror so sourced separately.
E1	5.1	SFP	Bedroom	Lamp		Wilkos	8	1	2	260.71	0.06	Cheap lamps, 5 years. CB changed to 1 lamp.	Wilko Milan Table Lamp White (other colours available)
E1	5.1	SFP	Bedroom	Chair		Argos	19.99		1	521.43	0.04	Wooden chair to sit on to put socks on/dry hair, also to put clothes on. 10 years.	Simple Value Bentwood Dining Chair - Natural
E1	5.2	SFP	Bedroom	Duvet - summer		Dunelm	35	1	1	521.43	0.07	Supermarket, 10 years	Fogarty All Seasons 15 Tog Duvet (includes 4.5 tog and 10.5 tog duvets)
E1	5.2	SFP	Bedroom	Duvet - winter		Dunelm	0	1	1	521.43	0.00	Supermarket, 10 years	Included in item above
E1	5.2	SFP	Bedroom	Pillows		Tesco	9	2	2	104.29	0.17	4 needed. Replace every 2 years.	Slumberdown Big Hugs Pillow Pair
E1	5.2	SFP	Bedroom	Sheets, fitted		Tesco	11		2	260.71	0.08	2 needed. Polycotton, supermarket, 1 or 2 up from bottom, 5 years.	Tesco White Cotton rich Double Fitted Sheet & 2 Housewife Pillowcases
E1	5.2	SFP	Bedroom	Duvet covers		Tesco	18		2	260.71	0.14	2 needed. Polycotton, supermarket, 1 or 2 up from bottom, 5 years.	Tesco Pattern Duvet Double (set includes 2 standard pillowcases)
E1	5.2	SFP	Bedroom	Pillow cases		Tesco	0	2	0	260.71	0.00	8 needed in total	2 included with each fitted sheet and with each duvet set so household will have 8 already
E1	5.2	SFP	Bedroom	Mattress protector		Wilkos	8		2	260.71	0.06	5 years	Wilko Anti-Allergy Double Mattress Protector (no spec so used same as bedding, one up)
E1	5.2	SFP	Bedroom	Throw		Wilkos	8		1	365.00	0.02	Primark, 1 up from bottom, 7 years.	Wilko Herringbone Throw Nat 127x152cm (machine washable and available in other colours)
E1	5.6	SFP	Bedroom	Coathangers		Tesco	12.99	20	2	521.43	0.05	Two packs of 20 non-slip hangers. Supermarket/Wilkos, 10 years.	20 Non Slip Flocked Velvet Hangers
E1	5.1	SFP	Bedroom	Underbed storage boxes		Argos	8.99	2	1	521.43	0.02	Plastic boxes. 10 years. Argos/Wilkos	HOME Supa Nova 30 Litre Underbed Storage Boxes - Set of 2
E1	5.1	SFP	Hall	Carpet		Carpetright	300.55		1	521.43	0.58	Carpet plus underlay. Two up from bottom for hall and living area because they are heavier wear areas, one up from bottom ok for bedroom. Carpetright. Would last 10 years. FG1 changed to £9.99 quality in line with couples for living areas and one up from bottom (£5.99m2) for bedroom.	Nordic Berber (10yr stain warranty) £9.99m2, Delight Carpet Underlay 7mm £4.99 m2. 4x2.5m = 10.4m2 (adds 10cm width) = £103.90, plus £29.99 delivery, £45.60 fitting, total = £179.49, plus underlay £51.90, plus 7m gripper @ £1.89 = £13.23, plus 7 door bars @ £7.99 = £55.93 Total = £300.55
E1	5.1	SFP	Living area+dining area	Carpet		Carpetright	407.68		1	521.43	0.78	Carpet plus underlay. Two up from bottom for hall and living area because they are heavier wear areas, one up from bottom ok for bedroom. Carpetright. Would last 10 years. FG1 changed to £9.99 quality in line with couples for living areas and one up from bottom (£5.99m2) for bedroom.	Nordic Berber (10yr stain warranty) £9.99m2, Delight Carpet Underlay 7mm £4.99 m2. 4x4.5m = 18.4m2 = £183.82, plus £29.99 delivery, £69.92 fitting, total = £283.73, plus underlay £91.82, plus 17m gripper @ £1.89 = £32.13 Total = £407.68
E1	5.1	SFP	Bedroom	Carpet		Carpetright	271.18		1	521.43	0.52	Carpet plus underlay. One up from bottom. Carpetrights. Would last 10 years. CB changed to same quality throughout flat. FG1 changed to £9.99 quality in line with couples for living areas and one up from bottom (£5.99m2) for bedroom.	Nordic Berber £5.99sqm (4m roll), Delight Underlay £4.99sqm, £29 Delivery, £3sqm fitting (min £30) 4x3.5m=14.4m2 (Adding 10cm extra) = £86.26, £54.72 fitting, £29.99 delivery = £170.97 + Underlay 14.4 x£4.99=£71.86 +15m gripper @£1.89m=£28.35 = £271.18
E1	5.1	SFP	Garden	Table		Argos	34.99		1.0	260.71	0.13	Small round metal table	Kara 2 Seater Garden Bistro Set - Black
E1	5.1	SFP	Garden	Chairs		Argos	0.00		2.0	260.71	0.00	2 folding chairs	Included in garden bistro set above.
E1	5.5	SFP	Garden	Trowel		The Range	1.49		1	521.43	0.00	Trowel, 10 years.	Draper Carbon Steel Hand Trowel - Grey
E1	5.5	SFP	Garden	Fork		The Range	1.49		1	521.43	0.00	Fork, 10 years	Draper Carbon Steel Hand Fork - Grey
						COICOP							
						Other housing costs 4.3	0.03						
						HHGoods 5.1	7.41						
						HHGoods 5.2	1.27						
Totals						HHGoods5.3	1.70						
E1		House hold goods		14.73			1.07						
						HHGoods5.4	0.17						
						HHGoods5.5	3.09						
						HHGoods5.6							

MIS 2018 REBASE													
E: Household goods and services													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E2A1	8.1	SFP	Postage	Stamps			30.00		1	52.14285714	0.58	30 second class stamps per year CB changed to £30 a year	
E2A2	8.2	SFP	Telephone	Landline telephone (handset)		Argos	29.99	1	1	521.4285714	0.06	Cordless one handset unit with caller display. Cheap from supermarket.3 years. FG2 changed to 2 handsets, branded phone (e.g. Panasonic/Sony) would last 10 years.	Panasonic KX-TGB212EB Cordless Telephone - Twin
E2A2	8.2	SFP	Telephone	Mobile telephone (handset)		TescoMobile	0.00		1.0	104.29	0.00	Cheapest contract smartphone.	Alcatel pixi 4.4 - cost included in contract below
E2A2	8.2	SFP	Telephone	Mobile telephone (bills)		TescoMobile	7.50		1.0	4.35	1.73	Cheapest contract smartphone, would include free handset that would be upgraded every 2 years. Includes free minutes, texts and data.	Alcatel pixi 4 - 500MB, 250 minutes, 5000 texts, £7.50/month 24 month contract
E2A2	8.3	SFP	Telephone	Telephone line rental		First Utility via Moneysupermarket	21.99		1.0	4.35	5.06	Package should include broadband internet plus free evening and weekend calls (anytime is the 'nice to have' because she could use free calls on mobile for those).	via Moneysupermarket. First Utility up to 17Mb/sec, unlimited downloads, 18 month contract, no setup cost, free evening and weekend calls added for £3 so total cost £21.99, £263.88 total cost per year and no set increases after year 1.
E2A2	8.3	SFP	Telephone	Telephone call charges		First Utility via Moneysupermarket	2		1	4.345238095	0.46	FG1 added £2 per month to cover calls to numbers not included in plan or outside of evening and weekend free calls package.	
						COICOP							
			Postage	0.58			8.1	0.58					
			Telephone	7.30			8.2	1.78					
			Total	7.88			8.3	5.52					

MIS 2018 REBASE													
F: Personal goods and services, including health													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
	12.1	SFP	Personal care, female	Hairdressing, female			15.00		1	6	2.5	£15 for a dry cut every 6 weeks	
	12.1	SFP	Personal care	Hairdryer		Tesco	12.00		1	260.7142857	0.05	Supermarket, 1 up from bottom, 5 years.	Tresemme 9142TU Fast Dry 2000W hair Dryer
	12.1	SFP	Personal care	Soap		Wilko	1.00	2	1	17.38095238	0.06	Hand soap dispenser. Replace monthly. Tesco. FG2 changed to bar of soap, each bar would last 2 months.	Simple Pure Soap for Sensitive Skin 2x125g. 2 pack so would last 4 months.
	12.1	SFP	Personal care	Toilet roll		Tesco	1.85	4	1	2	0.93	2 per week. Pound shop. PPCB changed to 3 per person per week. FG1 changed to 2 per week but quilted.	Tesco Luxury Soft Toilet Tissue 4 Roll Quilted (26p/100 sheets)
	12.1	SFP	Personal care	Shower gel		Tesco	0.85		1	4.345238095	0.20	Replace monthly.	Palmolive Naturals Almond Shower Gel 250ml
	12.1	SFP	Personal care, female	Razor		Tesco	2.00	4	1	34.76190476	0.06	Pack of 3 disposable razors would last 6 months. Pound shop. Priced at Tesco. Group said pack of 3 would last 6 months, so pack of 4 would last 8 months.	Gillette Simply Venus 2 Blade Disposable Razors 4 Pack.
	12.1	SFP	Personal care	Bath oil		Tesco	0.85		1	26.07142857	0.03	1 bottle would last 6 months. Pound shop. Priced at Tesco.	Tesco Pampering Cream Bath 1 litre
	12.1	SFP	Personal care	Mouthwash		Tesco	0.50		1	4.345238095	0.12	One bottle a month. Pound shop. Cheaper in Tesco.	Tesco Coolmint Mouthwash 500ml
	12.1	SFP	Personal care	Toothpaste		Tesco	0.80		1	4.345238095	0.18	1 tube of toothpaste every month.	Aquafresh Freshmint Toothpaste 75ml
	12.1	SFP	Personal care	Toothbrush		Tesco	1.00	5	1	43.45238095	0.02	Replace monthly, FG2 changed to 2 months	Wisdom Essential Medium 5 Pack Toothbrushes. 1 lasts 2 months so pack of 5 would last 10 months.
	12.1	SFP	Personal care	Denture tablets		Tesco	1.00	30	1	4.345238095	0.23	Would use 1 tablet a day. Superdrug/Pound shop.	Steradent Active Plus 30
	12.1	SFP	Personal care	Denture container		Superdrug	1.49		1	52.14285714	0.03	Plastic container. Replace yearly.	Superdrug Denture Bath
	12.1	SFP	Personal care	Tooth mug		The Range	3.99		1	52.14285714	0.08	To hold toothbrush. Cheapest plastic or ceramic. Replace yearly. Superdrug/Pound shop.	Lille Bathroom Tumbler - White
	12.1	SFP	Personal care	Dental floss		Tesco	1.00		1	17.38095238	0.06	Would last 4 months. CB added in line with SMP.	Proformula Floss single x 50m
	12.1	SFP	Personal care	Deodorant		Tesco	0.80		1	4.345238095	0.18	Replace monthly. Supermarket. Generic. Added in line with SMP.	Tesco Cotton Antiperspirant Deodorant 200ml
	12.1	SFP	Personal care	Talcum powder		Wilkos	1.00		1	104.2857143	0.01	Replace every 2 years. Pound shop.	Wilkos family talc 500g
	12.1	SFP	Personal care	Tissues		Tesco	1.00	75	1	4.345238095	0.23	One pack a month. Pound shop. Same item and cost at Tesco.	Softy Mansize Facial Tissue
	12.1	SFP	Personal care	Sponge		Superdrug	1.99		1	26.07142857	0.08	One sponge would last 6 months. Superdrug.	Superdrug Round Massage Sponge
	12.1	SFP	Personal care	Shampoo		Tesco	1.00		1	13.03571429	0.08	1 bottle would last 6 months. Pound shop. PPCB changed to 3 months	Alberto Balsam Coconut And Lychee Shampoo 350ml
	12.1	SFP	Personal care	Conditioner		Tesco	1.00		1	13.03571429	0.08	1 bottle would last 6 months. Pound shop. Priced same item at Tesco. PPCB changed to 3 months.	Alberto Balsam Coconut and Lychee Conditioner 350ml
	12.1	SFP	Personal care	Hand and body lotion		Tesco	1.00		1	4.345238095	0.23	Replace monthly. Pound shop/Superdrug. Cheaper at Tesco than Superdrug	Tesco Aloe Vera Body Lotion 400ml
	12.1	SFP	Personal care, female	Sun cream		Tesco	3.50		1	52.14285714	0.07	FG1 added 3 bottles per year per person to protect skin - at least SPF 30, could be needed all year round. FG2 changed to 1 bottle a year.	Tesco Soleil Sun Protect Lotion Spf 50 200ml
	12.1	SFP	Personal care	Comb		Wilkos	0.50		1	104.2857143	0.00	Replace every 2 years. Superdrug/Pound shop.	Wilko Styling Comb Trend
	12.1	SFP	Personal care	Brush		Wilko	1.00		1	104.2857143	0.01	Replace every 2 years. Pound shop. Priced same item at Wilko	Wilko Hair Brush
	12.1	SFP	Personal care	Tweezers		Superdrug	1.79		1	521.4285714	0.00	Would last 10 years. Superdrug.	Superdrug Flat Tweezers
	12.1	SFP	Personal care	Nail file		Superdrug	0.99	10	1	26.07142857	0.04	Pack of emery boards. Replace every 4 months. Superdrug/Pound shop. PPCB changed to 6 months.	Superdrug Emery Boards x 10
	12.1	SFP	Personal care	Foot file		Superdrug	1.99		1	13.03571429	0.15	Wooden foot file with emery paper on either side. Replace every 3 months. Superdrug.	Superdrug Big Wooden Foot File
	12.1	SFP	Personal care	Nail brush		Tesco	0.50		1	26.07142857	0.02	Superdrug. Lifetime?	Tesco Platinum Nail Brush
	12.1	SFP	Personal care	Nail clippers		Superdrug	1.19		1	521.4285714	0.00	Would last 10 years. Superdrug.	Superdrug Nail Clipper With File
	12.1	SFP	Personal care	Nail scissors		Superdrug	2.79		1	521.4285714	0.01	Would last 10 years. Superdrug.	Superdrug Straight Nail Scissors
	12.1	SFP	Personal care	Shower cap		Wilkos	1.00		1	26.07142857	0.04	Replace every 6 months. Superdrug.	Wilko Shower Cap Trend
	12.1	SFP	Personal care	Cosmetics			10.00		1	4.345238095	2.30	£15 a month for cosmetics and skin care (e.g. face cream) PPCB changed to £50 a year. FG1 changed to £10 a month	
	12.1	SFP	Personal effects	Clock radio		Argos	14.99		1	521.4285714	0.0	Cheap, would last 10 years.	Bush Big LED Alarm Clock Radio

Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
	12.1	SFP	Personal care	Perfume care		Tesco	25.00		1	52.14285714	0.5	Perfume - 1 bottle every 6 months, approx £25 each time. Added by CB group. PPCB changed to £25 a year.	Paul Smith Rose Eau De Parfum 100ml
	12.3	SFP	Accessories	Watch		Market	15.00	2	1	260.7142857	0.1	Two watches - one everyday, one dress watch. Would cost about £15 for both from market. Lifetime?	
	12.3	SFP	Accessories	Holdall		Primark	17.00		1	260.7142857	0.1	1 needed. Would last 5 years. Primark.	Brown Weekender Bag
	12.3	SFP	Accessories	Suitcase		Sports Direct	14.99		1	521.4285714	0.0	1 medium sized suitcase needed. Would last 10 years. Primark.	Dunlop Trolley Suitcase
	12.3	SFP	Accessories	Handbag (smart)		Primark	10.00		1	260.7142857	0.0	2 needed. 1 smart, 1 casual. Would last 5 years. Primark/Matalan/Sainsburys	Black Handbag
	12.3	SFP	Accessories	Handbag (casual)		Primark	8.00		1	260.7142857	0.0	2 needed. 1 smart, 1 casual. Would last 5 years. Primark/Matalan/Sainsburys	Tote bag
	12.3	SFP	Accessories	Purse		Primark	6.00		1	260.7142857	0.02		Black Quilted Purse
	12.3	SFP	Accessories	Jewellery			50.00		1	52.14285714	0.96	£50 a year for jewellery	
			Total	9.77									
						COICOP							
						Personal goods and servs 12.1	8.56330685						
						Personal goods and servs 12.3	1.20244658						

MIS 2018 REBASE													
G: Transport													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
G	7.3.2	SFP	Passenger transport by road	Taxi fares			10		1	1	10.00	E10 every other month for taxi fares - public transport not sufficiently flexible. E.g. doctors, hospital, socialising. Additional £20 x 2 to get Lily to and from station to B&B at each end of her city break and to and from home to coach station for coach holiday (i.e. £10 journey each way). CB changed to £260 per year (£5 per week). FG1 changed to £10 a week.	
G	7.3.1	SFP	Passenger transport by railway	Rail fares			100		1	52.1428571	1.92	E100 to cover rail trips twice a year to visit friends and relatives	
G	7.3.1	SFP	Passenger transport by railway	Rail fares			37.05		1	52.1428571	0.71	Weekend citybreak e.g. York by train with B&B accommodation. Off peak, springtime. Would use senior railcard, fare approx £30 return.	Weekend away to York off peak in Spring £35.80 off peak open return train Leicester to York departing 5th April (returning 8th April) using senior rail card discount
G	7.3.1	SFP	Passenger transport by railway	Rail card			30		1	52.1428571	0.58	Senior railcard	
			Total	13.20									
												Bus and coach travel (7.3)	
												Other transport 7.1 (buy bike)	
												Other transport 7.2 (maintenance/parts)	
												Other transport 7.3 (taxi + train)	13.20

MIS 2018 REBASE													
H: Social and cultural participation													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H1	9.1	SFP	Leisure goods	TV		Argos	179		1	521.4285714	0.34	Cheapest 32" TV with integral DVD player. Approx £200. Currys/Argos. 5 years. CB changed to Tesco branded TV without DVD player as this was seen as 'nice to have', and increased lifetime to 10 years in line with SMP.	Sharp 32inch LC-32CHG4041K HD Ready LED TV with Freeview HD
H1	9.1	SFP	Leisure goods	DVD player		Argos	19.99		1	260.7142857	0.08	Cheap from Currys/Argos/Tesco, 5 years. PP CB added in line with couples.	Bush DVD Player with Display and USB
H1	9.1	SFP	Leisure goods	Radio		Argos	12.99		1	260.7142857	0.05	Cheap analogue portable radio. Supermarket, 5 years. Could access digital radio stations through TV.	Bush PR-206 FM/AM Portable Radio (sourced at Argos as limited analogue options from supermarket)
H1	9.1	SFP	Leisure goods	Laptop		Argos	249.99		1	260.7142857	0.96	15" entry level laptop, needed for banking, staying in touch with family etc. Currys/Argos/John Lewis. Would last 4 years. FG1 agreed medium size (13.5-15") changed to 5 years.	HP Stream 14 Inch Intel Celeron 4GB 32GB Laptop - Blue
	9.1	SFP	Leisure goods	Printer		Tesco	39		1	208.5714286	0.19	Printer needed for internet use so you can read documents etc.	HP DJ2630 Printer: All-in-One Wireless, Inkjet Colour Printer, A4-White
	9.5	SFP	Leisure goods	Ink cartridges		HP via PC World	1.99		1	4.345238095	0.46	Replacement ink cartridges. £1.99 monthly subscription gives 50 pages per month free and sends new cartridges automatically.	HP Instant Ink Replacement Service.
	9.3		Leisure goods	Plants etc.			20		1	52.14285714	0.38	£20 a year for buying plants, compost etc.	
H1	9.3	SFP	Gifts - Xmas	Gifts for others			144		1	52.14285714	2.76	Based on approx one £10 present per month, plus £2 each time for card and wrapping. £12x12=£144	
H1	9.3	SFP	Gifts - Birthdays	Gifts for others			130		1	52.14285714	2.49	Based on 12 presents at £10 each plus £10 for cards and wrapping £10x12+£10=£130	
	9.3	SFP	Other recreational items	Christmas decorations			50		1	521.4285714	0.10	Artificial Xmas tree and decorations, replaced every 10 years.	
	9.5	SFP	Newspapers, books and stationery	Paper		Wilkos	2.75		1	52.14285714	0.05	1 pack of paper a year to use with printer	Wilko Copier Paper A4 500 sheets
	9.5	SFP	Newspapers, books and stationery	Calendar		WHSmith	1.99		1	52.14285714	0.04	For kitchen/living area	WHSmith Beautiful Gardens Slim Wall Calendar 2018 Month To View (range of designs available)
	9.5	SFP	Newspapers, books and stationery	Diary		WHSmith	2.99		1	52.14285714	0.06	CB added	WHSmith 2018 A6 Black Diary Week to View
	9.5	SFP	Newspapers, books and stationery	Glue		Wilkos	1.00		1	52.14285714	0.02	1 a year.	Wilko Superglue 3g
	9.5	SFP	Newspapers, books and stationery	Note paper		Wilkos	1.00		1	52.14285714	0.02	1 pad a year.	Wilko Writing pad plain White 100 Sheets 80GSM
	9.5	SFP	Newspapers, books and stationery	Envelopes		Wilkos	0.85		1	52.14285714	0.02	1 pack a year.	Wilko Peel & Seal Envelopes DL White 50pk 110x220mm
	9.5	SFP	Newspapers, books and stationery	Biros		Wilkos	0.50		1	52.14285714	0.01	1 pack a year.	Wilko Ball Point Pen 10pack Assorted Colours
	9.5	SFP	Newspapers, books and stationery	Sellotape		Wilkos	0.75		1	52.14285714	0.01	1 roll a year.	Wilko Invisible Tape 19mmx20m
			Total	8.03		Soc and cul 8.3	0						
						Soc and cul 9.1	1.61563836						
						Soc and cul 9.3	5.73424658						
						Soc and cul 9.4	0						
						Soc and cul 9.5	0.68484932						
						Soc and cul 11.2	0						

MIS 2018 REBASE													
H: Social and cultural participation													
Single female pensioner													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
	8.3	SFP	Broadband	Internet		First Utility via Moneysupermarket				4.345238095			via Moneysupermarket. First Utility up to 17Mb/sec, unlimited downloads, 18 month contract, no setup cost, free evening and weekend calls added for £3 so total cost £21.99, £263.88 total cost per year and no set increases after year 1. Included in line rental cost in HH services.
H4	9.4	SFP	TV licence	TV licence		BBC	150.50	1	1.0	52.14285714	2.89		costs £150.50/year if paying monthly or weekly you have to pay first year within six months and then can move to either weekly or monthly payments
H3	9.4	SFP	Entertainment and recreation	Activities			20.00		1	1	20.00	£20 for doing something 'at least 3 times a week' socialising/exercise/hobbies/outings, e.g. volunteering, U3A membership and outings, bus trips, swimming, rambling/walking, crafts, yoga, coffee mornings, sewing mornings, theatre, cinema.	
	9.6	SFP	Holiday	Coach holiday			264		1	52.14285714	5.06	7 day 6 nights off peak UK coach package holiday e.g. in early autumn to seaside (Skills Tours/Sheerings). Would include half board accommodation, some outings and entertainment. Would use weekly shopping budget and leisure money. No additional spending money discussed. Would include single supplement if charged. Also included money in taxi budget to get her to coach departure point and home again.	Alfa Travel 7 day trip to St.Ives departing 7/10/18. Includes 3 star hotel half board accommodation, 3 excursions, some evening entertainment. No single supplement outside May-Sept.£264
H6	11.2	SFP	UK Holidays	City break			205.86		1	52.14285714	3.95	Weekend trip, 3 nights, B&B accommodation off peak, e.g. in spring/autumn travelling by train to York. (Travel budget separate in Other Transport)	B&B near York city centre The Bar Convent, single room with ensuite, £205.86 5-8th April 2019. Priced at Agoda via Trivago
H6	9.4	SFP	UK Holidays	Holiday-spending money			225	1		52.14285714	4.32	CB added £200 for 1 week holiday and £100 for city break to be able to go out and about, souvenirs, entry fees etc. FG1 changed to £150 for 1 week away and £75 for city break.	
	12.7	SFP	Leisure services	Passport			85	1	1	52.14285714	0.16		Passport needed for identification purposes. £72.50
	12.7	SFP	Leisure services	Photographs		Tesco Max Photo	6	6	1	52.14285714	0.01	For passport.	photo booth £6 (costed at Photo-Me)
	9.3		Leisure services	Charitable donations			20		1	52.14285714	0.38	£20 a year for charitable donations, e.g. a poppy for Remembrance Sunday, sponsoring a grandchild for a fundraising activity (No COICOP code available)	
			Entertainment +recreation	20.56		COICOP							
			TV licence	2.89			8.3	0					
			UK holidays	13.33			9.3	0.38356164					
							9.4	27.2013699					
			Total	36.77			9.6	5.0630137					
							11.2	3.948					
							12.7	0.17452055					