

MIS 2022 REBASE						
Single working age female						
A food and non-alcoholic beverages			61.31	Food		61.31
	A1 food		49.37	Alcohol		8.58
	A2 catering		11.94	Tobacco		0.00
				Clothing		12.66
B alcohol and tobacco	B1 alcohol		8.58	Water rates		7.44
		B1A alcohol at home	6.37	Council tax		16.55
		B1B alcohol away from home	2.21	Household insurances		1.48
	B2 tobacco and narcotics		0.00	Fuel		30.97
				Other housing costs		1.92
C clothing and footwear			12.66	Household goods		14.61
D housing costs	D1 rent		98.70	Household services		8.28
	D2 mortgage interest		0.00	Childcare		0.00
	D3 water		7.44	Personal goods and services		29.42
	D4 Council tax		16.55	Motoring		0.00
	D5 household insurances		1.48	Other travel costs		33.26
	D6 fuel		30.97	Social and cultural participation		64.86
	D7 other housing costs		1.92	Total		291.34
				Rent/mortgage interest		98.70
E household goods and services	E1 household goods		14.61			
	E2 household services		8.28			
		E2A communication	8.28			
				E2A1 postage		0.58
				E2A2 telephone		7.71
		E2B childcare	0.00			
		E2C other household services	0.00			
F personal goods and services (inc health)			29.42			
G transport	G1 motoring expenditure		0			
	G2 Fares and other travel costs		33.26			
H social and cultural participation			64.86			
	H1 leisure goods		14.34			
	H2 pets		0			
	H3 entertainment and recreation		31.78			
	H4 TV licence and rental		3.05			
	H5 foreign holidays		0.00			
	H6 UK holidays		15.69			

MIS REBASE 2022												
A: Food and non-alcoholic beverages												
Single working age female, no children												
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
A1	1.1	SWAF	Tea bags	Tesco	Tesco	1.10	80	1	3.3	0.33	17 tea bags (plus 7 for visitors)	Tesco 80 Teabags 250G
A1	1.1	SWAF	Coffee, instant granules	Tesco	Tesco	3.00	200g	1	2.2	1.35	90 g	Tesco Gold Instant Coffee 200G
A1	1.1	SWAF	Orange Juice, made from concentrate	Tesco	Tesco	0.90	1l	1	1.0	0.90	1 litre	Tesco Pure Orange Juice Smooth 1 Litre
A1	1.1	SWAF	Squash	Tesco	Tesco	1.75	1.5l	1	14.3	0.12	385 ml 7 x 55ml (7 servings per week)	Tesco Quad Strength Orange Squash No Added Sugar 1.5L (100 servings)
A1	1.1	SWAF	Milk, semi skimmed	Tesco	Tesco	0.95	2 pt	2	1.3	1.48	1555 ml + 210ml for visitors (so including 2x 2pt 1.13ml)	Tesco Semi Skimmed Milk 2pt (1.13l) £0.95
A1	1.1	SWAF	Herbal tea	Tesco	Tesco	1.20	40	1	5.7	0.21	7 herbal tea bags	Tesco Peppermint 40S 60G
A1	1.1	SWAF	Other high fibre breakfast cereals	Tesco	Tesco	1.30	24	1	6.0	0.22	4 x 20 g biscuits (40 g)	Tesco Wheat Biscuits Cereal 24 Pack
A1	1.1	SWAF	Bread, wholemeal Best of Both or 50/50,	Tesco	Tesco	0.59	18	1	1.8	0.33	10 slices (370 g)	Tesco Wholemeal Medium Bread 800g, Freeze remainder 18 slices plus crusts
A1	1.1	SWAF	Low fat margarine	Flora	Tesco	1.50	500g	1	4.3	0.35	70 g	Flora Lighter Spread 500G £1.50 Clubcard Price, £2.20 standard price, lifetime adjusted to one month in line with pack guidance to consume within one month of opening
A1	1.1	SWAF	Jam, fruit with seeds	Tesco	Tesco	0.90	454g	1	6.0	0.15	30 g	Tesco Strawberry Jam 454G, lifetime adjusted in line with guidance to consume within 6 weeks
A1	1.1	SWAF	Porridge oats, uncooked weight	Tesco	Tesco	1.00	270g	1	5.0	0.20	54 g	Tesco Original Scottish Oats 270G
A1	1.1	SWAF	Yogurt, low fat, fruit	Creamfields	Tesco	0.79	6	1	1.5	0.53	4 x 125 g pots	Creamfields Berry Medley Low Fat Yogurt 6X125g
A1	1.1	SWAF	Sausages, pork thick	Tesco	Tesco	2.75	20	1	20.0	0.14	1 thick 57 g	Tesco 20 Pork Sausages 900g (frozen)
A1	1.1	SWAF	Eggs	Tesco	Tesco	1.30	6	1	3.0	0.43	2 large	Tesco Large Free Range Eggs 6 Pack
A1	1.1	SWAF	Baked beans	Tesco	Tesco	0.29	220g	1	1.0	0.29	144 g	Tesco Baked Beans In Tomato Sauce 220G

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A1	1.1	SWAF	Tomatoes, large	Tesco	Tesco	0.65	1	1	1.0	0.65	130 g	Beef Tomato (loose)
A1	1.1	SWAF	Mushrooms, frozen	Tesco	Tesco	1.10	500g	1	5.4	0.20	93 g	Tesco Sliced Mushrooms 500G (frozen)
A1	1.1	SWAF	Bacon, back rashers, raw weight	Tesco	Tesco	1.55	8	1	2.3	0.68	3.5x 35 g rashers (123 g)	Tesco Unsmoked Thick Cut Back Bacon Rasher 300G, freeze once opened
A1	1.1	SWAF	Hash browns	Tesco	Tesco	1.30	18	1	18.0	0.07	1 hash brown (40 g)	Tesco Hash Browns 750G
A1	1.1	SWAF	Grapefruit, whole weight with pips and peel	Tesco	Tesco	0.50		1	1.0	0.50	1/2 Grapefruit (170 g)	Red Grapefruit (loose)
A1	1.1	SWAF	Bananas, weight with peel	Tesco	Tesco	0.71	6	1	1.0	0.71	6 small bananas (762 g)	Tesco Small Bananas 6 Pack
A1	1.1	SWAF	Blueberries, frozen	Tesco	Tesco	2.20	400g	1	8.3	0.26	48 g	Tesco Frozen Blueberries 400G
A1	1.1	SWAF	Strawberries	Tesco	Tesco	2.25	400g	1	1.0	2.25	325 g	Tesco Strawberries 400G
A1	1.1	SWAF	Grapes	Tesco	Tesco	2.00	500g	1	1.0	2.00	450g	Tesco Green Seedless Grapes Punnet 500G
A1	1.1	SWAF	Melon, weighed with skin	Tesco	Tesco	1.15	150g	1	1.0	1.15	150 g	Tesco Melon & Grape 150G
A1	1.1	SWAF	Satsumas, whole weight	Jaffa	Tesco	1.50		1	1.2	1.29	6 x 60 g (507 g)	Jaffa Sweet Easy Peeler 600G (avg. 7 per pack) £1.50 Clubcard price £2 standard price
A1	1.1	SWAF	Apples, whole weight	Tesco	Tesco	0.69	5	1	1.3	0.55	3.5 medium apples (609 g)	Tesco Gala Apple Minimum 5 Pack 69p clubcard price £1.60 standard price
A1	1.1	SWAF	Pears, weight with peel and core	Tesco	Tesco	0.51	1	1	1.0	0.51	1 medium pear (160 g)	Pears Conference Class 1 Loose 2.70/kg/51p each
A1	1.1	SWAF	Dried apricots	Whitworths	Tesco	1.50	140g	1	2.9	0.51	48 g	Whitworths Dried Golden Malatya Apricots 140G, £1.50 Clubcard Price, £2 standard price
A1	1.1	SWAF	Walnuts kernel	Tesco	Tesco	1.50	100g	1	2.1	0.72	48 g	Tesco Walnut Halves 100G
A1	1.1	SWAF	Oat cakes	Tesco	Tesco	0.80	24	1	6.0	0.13	4 x 11 g (44g)	Tesco Scottish Rough Oatcakes 250G
A1	1.1	SWAF	Rice cakes	Tesco	Tesco	0.99	18	1	9.0	0.11	2 x 9 g Rice cakes (18 g)	Tesco Lightly Salted Rice Cakes 130G
A1	1.1	SWAF	Chocolate Milk bar	Cadburys	Tesco	1.20	3	1	3.0	0.40	1 x 45 g bar	Cadbury Dairy Milk 45G, £1.20 for 3 Clubcard Price, 60p each standard price
A1	1.1	SWAF	Crisps	Tesco	Tesco	0.85	6	1	1.5	0.57	4x 25g packets	Tesco Ready Salted Crisps 6X25g
A1	1.1	SWAF	Soft cheese, low fat	Philadelphia	Tesco	1.95	4	1	2.0	0.98	48 g	Philadelphia Light Mini Tub 140G (4X35g)

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A1	1.1	SWAF	Sausage roll, medium	Tesco	Tesco	0.90	1	1	1.0	0.90	75 g	Tesco Sausage Roll 90G
A1	1.1	SWAF	Ham, dry cure	Tesco	Tesco	1.00	4	1	1.0	1.00	1 thick slice 30 g	Tesco Cooked Ham 4 Slices 100G
A1	1.1	SWAF	Salmon, tinned, pink, in brine	Tesco	Tesco	1.40	105g	1	1.0	1.40	1 x 105 g tin	Tesco Wild Pacific Pink Salmon 105G
A1	1.1	SWAF	Soup, tinned, vegetable	Tesco	Tesco	0.50	1	1	1.0	0.50	300 g	Tesco Vegetable Soup 400G
A1	1.1	SWAF	Wholemeal roll	Tesco	Tesco	0.80	4	1	4.0	0.20	1 x 80 g roll	Tesco Large Wholemeal Baps 4 Pack, freeze remainder
A1	1.1	SWAF	Tuna and Sweetcorn Pasta Bowl	Tesco	Tesco	2.50	300g	1	1.0	2.50	300 g	Tesco Tuna & Sweetcorn Pasta 300G
A1	1.1	SWAF	Mixed salad leaves	Florette	Tesco	1.00	150g	1	1.0	1.00	144 g	Florette Mixed Salad 150G
A1	1.1	SWAF	Iceberg lettuce	Tesco	Tesco	0.43	1	1	2.0	0.22	68 g	Iceberg Lettuce Each
A1	1.1	SWAF	Cucumber	Tesco	Tesco	0.43	1	1	2.0	0.22	1/2 cucumber (337 g)	Tesco Cucumber Whole Each
A1	1.1	SWAF	Peppers, mixed	Nightingale	Tesco	0.96	5	1	1.0	0.96	3 medium peppers (603 g)	Nightingale Peppers 600G
A1	1.1	SWAF	Tomatoes, medium	Tesco	Tesco	0.95	6	2	1.7	1.11	7 medium tomatoes (595 g)	Tesco Salad Tomatoes 6 Pack
A1	1.1	SWAF	Spring onions	Tesco	Tesco	0.37	100g	1	1.5	0.25	58 g	Tesco Bunched Spring Onions 100G, lifetime adjusted to 1.5 weeks
A1	1.1	SWAF	Garlic Bread, herb, retail	Tesco	Tesco	0.95	205	1	4.0	0.24	1/4 baguette (52 g)	Tesco Garlic Baguette 210G, freeze remainder
A1	1.1	SWAF	Mayonnaise, light, low fat	Tesco	Tesco	0.69	450ml	1	4.5	0.15	100 g	Tesco Light Mayonnaise 450MI
A1	1.1	SWAF	Cod, frozen, in bread crumbs, medium fillet,	Tesco	Tesco	2.75	2	1	2.0	1.38	150 g	Tesco 2 Breaded Cod Fillets 300G, freeze remaining fillet for next week
A1	1.1	SWAF	Chicken, breast	Tesco	Tesco	3.30	3	1	1.0	3.30	3 x 130 g (390g) medium breasts, no skin	Tesco British Chicken Breast Mini Fillets 400G
A1	1.1	SWAF	Tortilla wraps	Tesco	Tesco	0.90	8	1	4.0	0.23	2 mini wraps	Tesco 8 Mini Plain Tortilla Wraps
A1	1.1	SWAF	Fajita seasoning	Tesco	Tesco	0.60	30g	1	4.0	0.15	7.5g	Tesco Hot Fajita Seasoning 30G
A1	1.1	SWAF	Salsa	Tesco	Tesco	0.80	300g	1	1.0	0.80		Tesco Mild Salsa Dip 300G
A1	1.1	SWAF	Beef mince, lean, raw weight	Tesco	Tesco	1.79	250g	1	1.0	1.79	250 g	Tesco Lean Beef Steak Mince 5% Fat 250G
A1	1.1	SWAF	Cheese, low fat, 50%	Tesco	Tesco	1.60	220g	1	3.4	0.47	65 g	Tesco 50% Reduced Fat Mature Cheese 220G
A1	1.1	SWAF	Stuffing mix, dried weight	Tesco	Tesco	0.40	170g	1	4.5	0.09	38g	Tesco Sage & Onion Stuffing Mix 170G
A1	1.1	SWAF	Yorkshire puddings	Tesco	Tesco	1.60	6	1	6.0	0.27	1 x 30 g pudding	Tesco Yorkshire Puddings 6 Pack 180G
A1	1.1	SWAF	Gravy Granules	Tesco	Tesco	0.70	200g	1	20.0	0.04	2 tsp 10 g	Tesco Gravy Granules For Chicken 200G

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A1	1.1	SWAF	Apple sauce	Tesco	Tesco	0.42	155g	1	6.0	0.07	1 Tbsp 20 g	Tesco Bramley Apple Sauce 270G, lifetime adjusted to 6 weeks in line with guidance
A1	1.1	SWAF	Peas, frozen	Tesco	Tesco	0.80	1kg	1	12.5	0.06	80 g	Tesco Garden Peas 1Kg
A1	1.1	SWAF	Sweetcorn kernels, frozen	Tesco	Tesco	1.49	1kg	1	9.0	0.17	111 g	Tesco Supersweet Sweetcorn 1Kg
A1	1.1	SWAF	Chips, oven bake, frozen	Tesco	Tesco	1.40	950g	1	11.9	0.12	80 g	Tesco Homestyle Straight Cut Oven Chips 950G
A1	1.1	SWAF	Onion, small	Tesco	Tesco	0.20	240g	1	1.0	0.20	1 small onion (66 g) + 1 medium onion (165 g)	Loose Brown Onions, 85p/kg, 240g
A1	1.1	SWAF	Potatoes	Tesco	Tesco	0.25	300g	1	1.0	0.25	200 g	Loose Baking Potatoes, 83p/kg, 300g 25p (smallest weight sold)
A1	1.1	SWAF	Broccoli, frozen	Tesco	Tesco	0.80	900g	1	5.3	0.15	170 g	Tesco Broccoli & Cauliflower Floret Mix 900G (frozen - no broccoli available)
A1	1.1	SWAF	Carrots	Tesco	Tesco	0.30	500g	1	1.3	0.23	375 g	Tesco Carrots 500g
A1	1.1	SWAF	Avocado, whole weight	Tesco	Tesco	1.10	2	1	1.0	1.10	1.5 avocado (360 g)	Ripe & Ready Twin Pack Avocados £1.10 Clubcard Price, £1.50 standard price
A1	1.1	SWAF	Spinach	Tesco	Tesco	1.50	900g	1	5.6	0.27	160 g	Tesco Leaf Spinach 900G (frozen)
A1	1.1	SWAF	Celery, whole raw weight	Tesco	Tesco	0.50	250g	1	3.0	0.17	42 g	Tesco Celery Sticks 250G 50p Clubcard Price, 75p standard price
A1	1.1	SWAF	Garlic, whole weight	Tesco	Tesco	0.25	1	1	4.0	0.06	2 cloves, (8 g)	Tesco Garlic Each, avg. 12 cloves Keep dry and cool life adjusted to 4 weeks in line with 2018
A1	1.1	SWAF	Tuna, canned in brine	Tesco	Tesco	3.00	3	1	3.0	1.00	1 x std 180 g can, 130g drained weight	Tesco Drained Tuna Steak In Spring Water 110G 3 for £3 Clubcard price, £1.20 per tin standard price
A1	1.1	SWAF	Lasagne sheets, dried weight	Tesco	Tesco	0.70	500g	1	10.0	0.07	50 g	Tesco Lasagne Pasta 500G
A1	1.1	SWAF	Tomatoes, tinned	Growers Harvest	Tesco	0.28	400g	1	1.0	0.28	255 g	Grower's Harvest Chopped Tomatoes 400G
A1	1.1	SWAF	Tomato puree	Growers Harvest	Tesco	0.31	200g	1	4.3	0.07	1 tsp (8 g)	Growers Harvest Tomato Puree 200G, lifetime adjusted to one month in line with guidance to consume within one month once opened
A1	1.1	SWAF	Kidney Beans, tinned	Growers Harvest	Tesco	0.30	400g	1	1.0	0.30	1/2 tin (200g) or 1 small tin	Growers Harvest Red Kidney Beans In Water 400G
A1	1.1	SWAF	White Long grain rice	Tesco	Tesco	1.25	1kg	1	33.3	0.04	30 g	Tesco Easy Cook Long Grain Rice 1Kg
A1	1.1	SWAF	Olive oil	Tesco	Tesco	3.25	1l	1	18.2	0.18	55 ml	Tesco Olive Oil 1L
A1	1.1	SWAF	Chilli powder	Tesco	Tesco	0.85	50g	1	18.5	0.05	2.7 g	Tesco Mild Chilli Powder 50G

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A1	1.1	SWAF	Marjoram	Tesco	Tesco	0.70	13g	1	52.1	0.01	0.1 g	Tesco Marjoram 13G. Lifetime adjusted to 1 year
A1	1.1	SWAF	Bay leaf, dried	Tesco	Tesco	0.70	3g	1	15.0	0.05	0.2 g	Tesco Bay Leaves 3G
A1	1.1	SWAF	Black pepper	Tesco	Tesco	1.45	50g	1	260.7	0.01	0.15 g	Tesco Ground Black Pepper 50G, lifetime adjusted to 5 years
A1	1.1	SWAF	Curry sauce, in jar, medium curry	Tesco	Tesco	0.85	500g	1	4.0	0.21	125 g	Tesco Tikka Masala Cooking Sauce 500G
A1	1.1	SWAF	Naan bread	Tesco	Tesco	0.55	2	1	2.0	0.28	1 Nann bread (110 g)	Tesco Plain Naans 2 Pack 260G, freeze second naan for next week
A1	1.1	SWAF	Flour, wheat, plain white	Stockwell & Co.	Tesco	0.45	1500g	1	34.8	0.01	7.5 g	Stockwell & Co. Plain Flour 1.5Kg, lifetime adjusted to 8 months in line with guidance
A1	1.1	SWAF	Tiramisu Dessert (1 out of 2 in pack)	Tesco	Tesco	1.60	2	1	2.0	0.80	1 x 100 g	Tesco Tiramisu 2X85g, lifetime of 2 weeks as guidance says should last 7 days
A1	1.1	SWAF	Cheesecake, individual, fruit (1 in pack of 3)	Tesco	Tesco	1.70	3	1	1.5	1.13	2 x 80 g	Tesco Lemon Cheesecake 3 X 100G
A1	1.1	SWAF	Pasta, white, dried weight	Tesco	Tesco	0.70	500g	1	5.3	0.13	95 g	Tesco Fusilli Pasta 500G
A1	1.1	SWAF	Tuna Pasta bake sauce	Tesco	Tesco	0.70	500g	1	2.0	0.35	1/4 jar 120 g	Tesco Tomato Mascarpone Pasta Sauce 500G
A1	1.1	SWAF	Food delivery		Tesco	35.00		1	52.1	0.67		£35 per year for food delivery
A1	1.1	SWAF	Xmas food & drink			25.00		1	52.1	0.48		£25 per household
A2	11.1	SWAF	Eating out			38.61		1	4.3	8.89	£45 per person once a month for a 3 course meal out with 2x drinks	£45 per person per month less cost of wine drinking out 2x175mls £2.21 = £42.79. Less cost of equivalent meal eaten in. chicken 130g £1.10, tortilla wraps 23p, fajita seasoning 15p, salsa 80p, peppers 24p , olive oil 3p , onion 15p, garlic 3p, lettuce 16p, tomato 16p, cucumber 6p, avocado 37p, + Tiramisu 80p every month. £45 - 2.21 - 1.10 - 3 - 0.24 - 0.23 - 0.15 - 0.80 - 0.24 - 0.03 - 0.15 - 0.03 - 0.16 - 0.16 - 0.06 - 0.37 (£3.38) - 0.80 = £38.61
A2	11.1	SWAF	Takeaway			13.28		1	4.3	3.06	£15 per person per month for takeaway	£15 per person per month less cost of equivalent meal cod £1.38, chips 12p, peas 6p, carrots 5p, sweetcorn 11p = 15 - 1.38 - 0.12 - 0.06 - 0.05 - 0.11 = £11.72 =£13.28
			A1 food			49.37						
			A2 catering			11.94						

MIS 2022 REBASE												
B: Alcohol												
Single working age female, no children												
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
B1A	2.1	SWAF	Wine	Tesco	Tesco	4.45	75cl	1	1	4.45	1x750ml spread over several days. Minus 2x 175ml per month consumed with meal out, 750 minus 81ml per week (175X2/4.3) 81 equivalent to 11%, 11% of £5 = 55p = £5-55p = £4.45	Isla Negra Merlot 75Cl (12%) £5
A1	2.1	SWAF	Celebrations			£100		1	52.14	1.92	£100 per person per year for celebration drinks	
A1	11.1	SWAF	Wine		Pizza Express	4.80	1	2	4.345238	2.21	2x Glass of wine (175ml) with meal out once per month	2x £4.80 for 175ml glass of Marche Rosso (11.5% ABV) priced at Pizza Express
			B1A alcohol at home			6.37						
			B1B alcohol away from home			2.21						

MIS 2022 REBASE												
C: Clothing and footwear												
Single working age female, no children												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SWAF	Female, underwear	Pants	ASDA	5.50	5	2	52.1	0.21	10 pairs needed. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 1 year.	Printed High Leg Knickers 5 Pack (other styles available at same price point)
C	3.1	SWAF	Female, underwear	Shapewear	ASDA	8.00	1	1	260.7	0.03	1 pair shapewear for wearing under occasionwear, 5 years. Added by TG3	Bodysculpt Black High Waisted Shorts
C	3.1	SWAF	Female, underwear	Bras	ASDA	14.00	2	2	104.3	0.27	4 needed in black, white, nude, colour. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 2 years.	Lace T-Shirt Bras 2 Pack (black and white, other colours/styles available at same price point)
C	3.1	SWAF	Female, underwear	Sports bras	Sports Direct	8.00	1	2	104.3	0.15	2 needed. From Sports Direct/JD Sports. Lasting 2 years.	USA Pro Racer Back Sports Bra
C	3.1	SWAF	Female, underwear	Thermal tops	Matalan	7.00	1	2	260.7	0.05	2 sets needed, would last 5 years. Added by TG3 in line with mens budget	Black Foil Thermal Long Sleeve Top
C	3.1	SWAF	Female, underwear	Thermal leggings	Matalan	7.00	1	2	260.7	0.05	2 sets needed, would last 5 years. Added by TG3 in line with mens budget	Black Foil Thermal Leggings
C	3.1	SWAF	Female, underwear	Socks	Primark	2.50	5	2	52.1	0.10	10 pairs needed. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 1 year.	Black Contrast Crew Socks 5 Pack (available in other colours/patterns)
C	3.1	SWAF	Female, underwear	Socks (thick)	Sports Direct	5.99	3	1	260.7	0.02	3 pairs thick socks to wear with wellies etc. 5 years, added by TG3	Karrimor Heavyweight Boot Socks 3 Pack
C	3.1	SWAF	Female, underwear	Tights	Matalan	5.00	3	1	52.1	0.10	3 pairs opaque tights needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 1 year.	Black 80 Denier Opaque Tights 3 pack
C	3.1	SWAF	Female, underwear	Tights	ASDA	2.50	5	1	52.1	0.05	3 pairs sheer tights needed. Primark/New Look/ ASDA/H&M /Matalan /TKMaxx. Lasting 1 year. FG1 increased to 5 sheer	Black 15 Denier Sheer Tights 5 pack
C	3.1	SWAF	Female, main clothing	Leggings (casual)	ASDA	5.00	1	3	156.4	0.10	3 pairs needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years.	Black Full Length Leggings
C	3.1	SWAF	Female, sportswear	Leggings (exercise)	Sports Direct	7.00	1	2	52.1	0.27	2 pairs needed. From Sports Direct/JD Sports. Lasting 1 year.	USA Pro Mid Rise Leggings
C	3.1	SWAF	Female, sportswear	Exercise tops	Sports Direct	3.50	1	2	52.1	0.13	2 needed. From Sports Direct. Lasting 1 year.	LA GEAR V Neck T Shirt Ladies (£4.50 each or 2 for £7)
C	3.1	SWAF	Female, main clothing	T-shirts (long sleeved)	ASDA	8.50	2	3	52.1	0.49	5 needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 1 year.	Long Sleeve Jersey Tops 2 Pack assorted colours. 5 needed so 3x2 packs
C	3.1	SWAF	Female, main clothing	T-shirts (long sleeved)	Matalan	5.50	1	5	52.1	0.53	5 needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 1 year.	Long Sleeve T-Shirt (various colours available)
C	3.1	SWAF	Female, main clothing	T-shirts (short sleeved)	Matalan	4.00	1	5	52.1	0.38	5 needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 1 year.	Essential T-Shirt (range of colours/patterns available)

MIS 2022 REBASE												
C: Clothing and footwear												
Single working age female, no children												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SWAF	Female, main clothing	Vest tops	Matalan	3.50	1	4	156.4	0.09	4 needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years.	Basic Cami Top (range of colours available and vests with wide straps at same price point)
C	3.1	SWAF	Female, main clothing	Blouses	Matalan	14.50	1	5	104.3	0.70	5 needed. Matalan. 2 years	White Stripe Longline Blouse (range of styles available at same price)
C	3.1	SWAF	Female, main clothing	Smart tops	New Look	22.99	1	3	156.4	0.44	3 needed. Going out tops. Could mix and match with trousers/skirts. From Primark/New Look/ ASDA /H&M /Matalan /TKMaxx. Lasting 3 years.	Pale Pink Spot Mesh Tie Back Top
C	3.1	SWAF	Female, main clothing	Trousers (smart)	Matalan	16.00	1	3	104.3	0.46	3 pairs needed. Matalan. Lasting 2 years.	Papaya Curve Black Formal Trousers (range of styles at this price point)
C	3.1	SWAF	Female, main clothing	Jeans (casual)	ASDA	15.00	1	2	156.4	0.19	2 pairs needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years.	Skye Blue Mid Wash High Rise Straight Jeans
C	3.1	SWAF	Female, main clothing	Jeans (smart)	ASDA	14.00	1	1	156.4	0.09	1 pair needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years.	Black Skinny Jeans
C	3.1	SWAF	Female, main clothing	Shorts (casual)	ASDA	10.00	1	2	156.4	0.13	3 pairs needed. 1 smart, 2 casual, 3 years. Added by TG2.	Linen Blend Shorts (various colours)
C	3.1	SWAF	Female, main clothing	Shorts (smart)	ASDA	14.00	1	1	156.4	0.09	3 pairs needed. 1 smart, 2 casual, 3 years. Added by TG2.	Black Pleated Shorts
C	3.1	SWAF	Female, main clothing	Dress (summer)	ASDA	18.00	1	1	156.4	0.12	1 needed. For example, a maxi dress. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years.	Pink Floral Print Shirred Waist Midi Dress
C	3.1	SWAF	Female, main clothing	Dress (winter)	New Look	28.00	1	1	156.4	0.18	1 needed. Knitted dress from Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years	Urban Bliss Roll Neck Jumper Dress
C	3.1	SWAF	Female, main clothing	Dress (occasion)	Next	30.00	1	1	156.4	0.19	2 needed. 1 for weddings and 1 little black dress for nights out. From Next. Lasting 3 years.	Navy Blue Wrap Midi Dress
C	3.1	SWAF	Female, main clothing	Dress (occasion)	Next	28.00	1	1	156.4	0.18	2 needed. 1 for weddings and 1 little black dress for nights out. From Next. Lasting 3 years.	Black Cap Sleeve Lace Skater Dress
C	3.1	SWAF	Female, main clothing	Dress (smart)	Next	32.00	1	1	156.4	0.20	1 needed. Could be used for work. From Next. Lasting 3 years.	Lipsy Black Regular Puff Sleeve Tie Waist Dress
C	3.1	SWAF	Female, main clothing	Skirt (smart)	ASDA	10.00	1	1	104.3	0.10	1 smart skirt needed for work. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 2 years	Black Ponte Pencil Skirt

MIS 2022 REBASE												
C: Clothing and footwear												
Single working age female, no children												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SWAF	Female, main clothing	Skirt (casual)	Matalan	12.50	1	1	104.3	0.12	1 casual skirt needed. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 2 years	Navy Linen Mini Skirt
C	3.1	SWAF	Female, main clothing	Jacket (smart)	Matalan	25.00	1	1	104.3	0.24	1 needed. From Matalan. 1 year. Lasting 2 years.	Stone Blazer
C	3.1	SWAF	Female, main clothing	Jacket (casual)	Primark	20.00	1	1	104.3	0.19	2 needed. Bomber jacket and denim jacket. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. 1 year. FG1 changed to 2 years.	Cropped bomber jacket
C	3.1	SWAF	Female, main clothing	Jacket (casual)	Matalan	22.00	1	1	104.3	0.21	2 needed. Bomber jacket and denim jacket. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. 1 year. FG1 changed to 2 years.	Midwash Denim Jacket
C	3.1	SWAF	Female, sportswear	Jogging bottoms	ASDA	8.00	1	2	52.1	0.31	2 pairs needed. Primark/Supermarket. 1 year. Added by TG3	Black Cuffed Jersey Co-Ord Joggers
C	3.1	SWAF	Female, main clothing	Cardigans	ASDA	14.00	1	2	156.4	0.18	2 needed. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years.	Light Grey Ribbed Cardigan
C	3.1	SWAF	Female, main clothing	Jumpers	ASDA	12.50	1	3	156.4	0.24	3 needed. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years.	Beige Ribbed Knitted Jumper
C	3.1	SWAF	Female, main clothing	Hoodies	Matalan	12.50	1	3	208.6	0.18	3 needed. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 4 years.	Navy longline hoodie (several colours/styles at this price point)
C	3.1	SWAF	Female, accessories	Hat (summer)	Primark	5.00	1	1	260.7	0.02	1 sun hat. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. 5 years.	Wide Brim Textured Bucket Hat
C	3.1	SWAF	Female, accessories	Hat (winter)	New Look	7.99	1	1	156.4	0.05	1 set: hat, gloves, scarf. Would last 3 years. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx.	Cream Ribbed Tab Front Beanie
C	3.1	SWAF	Female, accessories	Gloves	New Look	7.99	1	1	156.4	0.05	1 set: hat, gloves, scarf. Would last 3 years. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx.	Camel Cable Knit Flip Top Gloves
C	3.1	SWAF	Female, accessories	Scarf (winter)	New Look	9.99	1	1	156.4	0.06	1 set: hat, gloves, scarf. Would last 3 years. From Primark/New Look/ASDA/H&M/Matalan/TKMaxx.	Camel Plain Tassel Trim Scarf
C	3.1	SWAF	Female, main clothing	Coat (light)	Primark	10.00	1	1	156.4	0.06	Such as a thin parka. 1 needed From Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 3 years	Hooded Parka Jacket

MIS 2022 REBASE											
C: Clothing and footwear											
Single working age female, no children											
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.2	SWAF	Female, footwear	Slippers	New Look	10.99	1	52.1	0.21	1 pair needed. New Look or H&M. Lasting 1 year.	Off White Glitter Knit Fluffy Mule Slippers
C	3.2	SWAF	Female, footwear	Shoes (casual)	New Look	19.99	1	52.1	0.38	1 pair of closed, flat shoes needed, e.g. dolly shoes or loafers. From New Look or H&M. Lasting 1 year.	Black Suedette Bar Loafers
C	3.2	SWAF	Female, footwear	Shoes (casual)	New Look	19.99	1	52.1	0.38	1 pair of converse-style shoes. New Look/H&M. Lasting 1 year.	Black Canvas High top Trainers
C	3.2	SWAF	Female, footwear	Shoes (occasion)	New Look	27.99	1	104.3	0.27	2 pairs of high heels. 1 black pair and 1 nude. From New Look or H&M. lasting 2 years.	Black Patent Pointed Stiletto Heel Court Shoes
C	3.2	SWAF	Female, footwear	Shoes (occasion)	New Look	19.99	1	104.3	0.19	2 pairs of high heels. 1 black pair and 1 nude. From New Look or H&M. lasting 2 years.	Cream Suedette Stiletto Heel Court Shoes
C	3.2	SWAF	Female, footwear	Trainers	Sports Direct	25.00	1	52.1	0.48	2 pairs needed. From Sports Direct. Lasting 1 year	ADIDAS Runfalcon Womens Running Shoes
C	3.2	SWAF	Female, footwear	Trainers	Sports Direct	26.00	1	52.1	0.50	2 pairs needed. From Sports Direct. Lasting 1 year	KARRIMOR Rapid Running Shoes Womens
C	3.2	SWAF	Female, footwear	Sandals	H&M	19.99	1	104.3	0.19	2 pairs needed. One flat, one heels. New Look or H&M. Lasting 2 years.	Mules (strappy with block heel) available in black or nude
C	3.2	SWAF	Female, footwear	Sandals	New look	9.99	1	104.3	0.10	2 pairs needed. One flat, one heels. New Look or H&M. Lasting 2 years.	Gold Metallic Cross Strap Sliders
C	3.2	SWAF	Female, footwear	Wellington boots	Sports Direct	13.99	1	260.7	0.05	1 pair needed. Sports Direct. Lasting 5 years.	DUNLOP Ladies Wellingtons
C	3.2	SWAF	Female, footwear	Boots (casual)	New look	23.99	1	156.4	0.15	1 pair of casual ankle boots needed. New Look or H&M. Lasting 3 years	Black Round Toe Chelsea Boots
C	3.2	SWAF	Female, footwear	Boots (smart)	New look	46.99	1	156.4	0.30	1 pair of knee high smart boots needed. New Look or H&M. Lasting 3 years	Black Studded Double Buckle Knee High Boots
C	3.2	SWAF	Female, footwear	Flipflops	New look	7.99	1	104.3	0.08	1 pair of flip flops or sliders needed. New Look or H&M. Lasting 2 years	Black Leather Look Plaited Flip Flops
C	3.2	SWAF	Female, footwear	Walking boots	Sports Direct	31.99	1	260.7	0.12	1 pair of walking boots from Sports Direct. Lasting 5 years.	Gelert Horizon Waterproof Mid Ladies Walking Boots
			C clothing and footwear	3.41							

MIS 2022 REBASE										
D: Housing costs										
Single working age female										
MIS CODE	COICOP	MIS ID	Category	Item	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
D1	4.1	SWAF	Rent	Rent		1	1	98.70	Private rent 1 bed	
D3	4.3	SWAF	Water rates	Water rates	387.99	1	52.1	7.44		Severn Trent price increases: 2020/21=3.1% 2021/22=5.8% 2022/23=10.2% 1.031*1.058*1.102=1.2021 2019 value=6.19 6.19*1.2021=12.15
D4	N/A	SWAF	Council tax	Council tax		1	1.0	16.55		Includes £150 rebate
D5	12.5	SWAF	Contents insurance	Insurance	6.43	1	4.3	1.48	Contents insurance based on 1 bed flat, private rent	£77.16 paid in 12 monthly instalments of £6.43
D6	4.5	SWAF	Fuel	Domestic fuel	1614.73	1	52.1	30.97		
D7	4.3	SWAF	House maintenance	Decorating and other house maintenance	100.00	1	52.1	1.92	£100 per year to maintain condition of property and repair minor damage. Important to keep rented property in original condition in order to get deposit back.	
			D1 rent		98.70					
			D3 water		7.44					
			D4 Council tax		16.55					
			D5 household insurances		1.48					
			D6 fuel		30.97					
			D7 other housing costs		1.92					

MIS 2022 REBASE													
E: Household goods and services													
Single working age female, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SWAF	Hall	Lampshade for central light		Wilko	10.00	1	1	521.4	0.02	approx. £15 from IKEA, B&M, The Range, Wilkos or Amazon. Should come in range of colours to allow for choice. Lasting 10 years. FG1 changed in line with CWA: Approx £10, lasting 10 years. B&M/Wilko/Home Bargains/The Range. Same throughout house.	Wilko Vintage Cream Pendant Light Shade (range of colours available)
E1	5.5	SWAF	Hall	Light bulb		Wilko	4.25	1	1	521.4	0.01	LED light bulb. CB2 said 10 years.	Wilko 1 pack Bayonet B22/BC LED 6W 470 Lumens Dimmable GLS Light Bulb
E1	5.2	SWAF	Hall	Door mat		Argos	5.50	1	1	260.7	0.02	For inside front door. CB1 added in line with CWA. Should be rubber-backed, 5 years.	Argos Home Coir Flatweave Doormat - 40 x 60cm - Natural (with non-slip backing)
E1	5.5	SWAF	Hall	Hooks		The Range	10.99	1	1	521.4	0.02	CB1 added in line with CWA. 6 hooks needed for hanging coats. From B&M/The Range/Wilkos. 10 years.	Chrome Hooks on Standard Pine Rail - 6
E1	5.1	SWAF	Hall	Shoe rack		The Range	49.99	1	1	260.7	0.19	CB2 added in line with couples, approx. £25 shoe cabinet, Ikea, 5 years.	Welham 2 Drawer Mirrored Shoe Cabinet
E1	5.1	SWAF	Living area	Lampshade for central light		Wilko	10	1	1	521.4	0.02	approx. £15 from IKEA, B&M, The Range, Wilkos or Amazon. Should come in range of colours to allow for choice. Lasting 10 years. FG1 changed in line with CWA: Approx £10, lasting 10 years. B&M/Wilko/Home Bargains/The Range. Same throughout house.	Wilko Vintage Cream Pendant Light Shade (range of colours available)
E1	5.5	SWAF	Living area	Light bulb	Wilko	Wilko	4.25	1	2	521.4	0.02	LED bulbs most cost efficient. 1 for main light and 1 for floor lamp. CB2 said 10 years.	Wilko 1 pack Bayonet B22/BC LED 6W 470 Lumens Dimmable GLS Light Bulb
E1	5.2	SWAF	Living area	Curtains		Argos	30.00	2	1	521.4	0.06	Blackout curtains (in case family or friends stay overnight in living room). Approx. £35 from Next/Argos/online Lasting 10 years.	Habitat Plain Blackout Eyelet Curtains Dove Grey - 168x183cm. Machine washable.
E1	5.5	SWAF	Living area	Curtain pole			0.00	0	0	0.0	0.00	TG said curtain pole would be included with property	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.2	SWAF	Living area	Voile		Dunelm	6.00	1	2	521.4	0.02	From Primark/Wilko/The Range/Dunelm. Cheapest okay. Lasting 10 years.	Sheer Elegance White Slot Top Single Voile Panel 145cm W x 182cm D. Price reflects two voiles, to fit width of window.
E1	5.5	SWAF	Living area	Wire for net curtains		Wilko	1.50		1	521.4	0.00	Cheapest okay. From Argos or online.	Wilko 108 inch Curtain Wire
E1	5.1	SWAF	Living area	Sofa (2 seater)		SCS	489.00	1	2	521.4	1.88	Seating for at least four people. 2 x 2-seater sofas from (IKEA)/DFS/Argos. Mid-mid range, whichever is higher price for fabric or leather. Lasting 15 years. CB1 changed to fabric from SCS approx £500 lasting 10 years in line with SWAM	Aurora 2 Seater Sofa Standard Back.
E1	5.2	SWAF	Living area	Cushions		Wilko	7.00	1	4	156.4	0.18	4 needed. Approx. £10 each. Lasting 5 years from Wilkos/The Range/B&M/TKMaxx CB1 changed to approx £15 per pair from Wilko in line with SWAM, lifetime 4 years. FG1 reduced lifetime to 3 years	Wilko Grey Pinsonic Cushion
E1	5.1	SWAF	Living area	Coffee table		Argos	150.00	1	1	782.1	0.19	Approx. £50 from IKEA/Argos. Lasting 10 years. CB2 changed to same as couples, £100 quality. Solid wood coffee table with built-in storage.10 years. FG1 increased lifetime to 15 years	Argos Home Ohio Coffee Table - Oak Effect
E1	5.1	SWAF	Living area	Storage unit		Argos	100.00		1	782.1	0.13	Waist-height for TV to go on. Same quality as coffee table.Lifetime not discussed. IKEA/Argos. CB1 gave lifetime 10 years. FG1 increased lifetime to 15 years	Argos Home Hartland 2 Door TV Unit - Light Wood
E1	5.4	SWAF	Living area	Bin		Poundland	1.00		1	104.3	0.01	Small plastic bin for waste paper. 1 needed. No bin liners necessary. Cheapest okay. CB1 said would last 2 years because can only be washed out so many times.	Waste Bin
E1	5.1	SWAF	Living area	Standard floor lamp		Argos	22.00	1	1	260.7	0.08	Approx. £50, lasting 10 years. Softer light for relaxing. Retailer not discussed. CB1 changed to cheaper spec and 5 year lifetime in line with SWAM	Argos Home Father and Child Floor Lamp - Silver
E1	5.5	SWAF	Living area	Timer plug		Wilko	4.00	1	1	521.4	0.01	Used with living room lamp for security. Lasting 10 years.	Wilko 24 Hour Timer Switch

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.5	SWAF	Living area	Extension lead		Argos	9.99	1	1	521.4	0.02	1 needed for living area. Extension lead with spaces for four plugs and several USB ports. Group couldn't decided on lifetime of 5 or 10 years. CB1 changed to 6 sockets, 2 USBs, 10 years. CB2 changed to 4 sockets and 2 USBs for singles, 10 years. FG1 changed to 6 sockets and no USB ports.	Masterplug 6 Socket Extension Lead - 2m
E1	5.3	SWAF	Living area	Floor fan		B&Q	20.00	1	1	521.4	0.04	CB2 added in line with couples, floor fan from B&Q/Dunelm. Approx. £15-20. Lasting 10 years.	White 16" Pedestal fan
E1	5.1	SWAF	Living area	Personalisation			20.00	1	1	52.1	0.38	£30 per year for rugs, pictures etc. to make flat more homely. CB2 changed to £20 per year per household	
E1	5.2	SWAF	Living area	Blanket		Wilko	10.50	1	1	156.4	0.07	1 soft (e.g. Teddy material) blanket for living area. Approx. £15 from Wilko/B&M. Lasting 10 years. CB1 changed to 3 years because of wear and tear.	Wilko Teddy throw Silver Grey 130 x 170cm (range of colours)
E1	5.1	SWAF	Dining area	Lampshade for central light		Wilko	10	1	1	521.4	0.02	approx. £15 from IKEA, B&M, The Range, Wilkos or Amazon. Should come in range of colours to allow for choice. Lasting 10 years. FG1 changed in line with CWA: Approx £10, lasting 10 years. B&M/Wilko/Home Bargains/The Range. Same throughout house.	Wilko Vintage Cream Pendant Light Shade (range of colours available)
E1	5.5	SWAF	Dining area	Light bulb		Wilko	4.25	1	1	521.4	0.01	LED light bulb. CB2 said 10 years.	Wilko 1 pack Bayonet B22/BC LED 6W 470 Lumens Dimmable GLS Light Bulb
E1	5.2	SWAF	Dining area	Curtains		Argos	30.00	2	1	521.4	0.06	Approx. £35 from Next/Argos/online Lasting 10 years.	Habitat Plain Blackout Eyelet Curtains Dove Grey - 168x183cm. Machine washable.
E1	5.5	SWAF	Dining area	Curtain pole			0.00	0	0	0.0	0.00	TG said curtain pole would be included with property	
E1	5.2	SWAF	Dining area	Voile		Dunelm	6.00	1	2	521.4	0.02	From Primark/Wilko/The Range/Dunelm. Cheapest okay. Lasting 10 years.	Sheer Elegance White Slot Top Single Voile Panel 145 W x 182cm D. Price reflects two voiles, to fit width of window.
E1	5.5	SWAF	Dining area	Wire for net curtains		Wilko	1.50	1	1	521.4	0.00	Cheapest okay. From Argos or online.	Wilko 108 inch Curtain Wire

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SWAF	Dining area	Table and chairs		Argos	290	1	1	521.4	0.56	Folding set from Argos - folding drop leaf table that includes 4 folding chairs. From Argos/IKEA/The Range/ Wilko. Would last 10 years.	Argos Home Butterfly Dining Table & 4 Chairs
E1	5.2	SWAF	Dining area	Seat cushions		Wilko	6	1	4	156.4	0.15	4 seat cushions for dining chairs. From Wilkos or The range. Lasting 3 years.	Wilko Grey Seat Pad 43 x 43cm (range of colours)
E1	5.1	SWAF	Dining area	Tablemats		The Range	4.99	4	2	260.7	0.04	6 wipe-clean table mats and matching coasters from Wilkos/The Range to protect table. Surplus mats used for hot serving dishes. Mid-mid range lasting 3 or 4 years. No 6 packs, CB1 agreed 2x4 packs, lifetime 4 years. FG1 increased lifetime to 5 years in line with couples	Set of 4 Simply Grey Polka Dot Placemats (range of patterns and colours)
E1	5.1	SWAF	Dining area	Coasters		The Range	1.99	4	2	260.7	0.02	6 needed. CB1 changed to 2 packs of 4, lifetime 4 years. FG1 increased lifetime to 5 years in line with couples	Set of 4 Simply Grey Polka Dot Coasters
E1	5.5	SWAF	Kitchen	Light bulb	Wilko	Wilko	4.25	1	1	521.4	0.01	LED bulbs most cost efficient. CB2 said 10 years.	Wilko 1 pack Bayonet B22/BC LED 6W 470 Lumens Dimmable GLS Light Bulb
E1	5.1	SWAF	Kitchen	Blind		Argos	14	1	1	156.4	0.09	Moisture resistant roller blind. Lifetime not discussed. 3 years in line with couples.	Argos Home Blackout Insulating Roller Blind - 4ft - White. W120cm x D160cm
E1	5.4	SWAF	Kitchen, tableware	Crockery		Wilko	27.00	12	1	260.7	0.10	Set of 4 bowls, plates, side plates. Mid-mid range from supermarket/Wilkos/Argos/TKMaxx/B&M. Lasting 5 years.	Wilko White Dinner Set 12pc
E1	5.4	SWAF	Kitchen, tableware	Mugs		Wilko	10.00	4	1	260.7	0.04	4 mugs needed. Mid-mid range from supermarket/Wilkos/Argos/TKMaxx/B&M. Lasting 5 years.	Wilko Stacking Mugs 4pk
E1	5.4	SWAF	Kitchen, tableware	Cutlery		Wilko	22.00	24	1	260.7	0.08	Mid-mid range stainless steel. Lasting 10 years. From supermarket/Wilko/B&M. CB1 said set of 6 of each would last 5 years because of replacing missing items.	Wilko 24 piece Como Cutlery Set
E1	5.4	SWAF	Kitchen, tableware	Serving spoons		Wilko	2.90	2	1	521.4	0.01	Quantity not discussed. From Wilkos/B&M/Supermarket. Stainless steel. CB1 agreed 2, lifetime 10 years.	Wilko 2 piece Serving Spoons
E1	5.4	SWAF	Kitchen, tableware	Gravy jug		Wilko	4.75	1	1	521.4	0.01	FG1 added in line with couples: 1 up from the bottom from Home Bargains/B&M/Wilko/The Range. Lasting 10 years.	Wilko White Gravy Boat

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SWAF	Kitchen, tableware	Fruit bowl		B&M	3.99	1	1	521.4	0.01	FG1 added in line with couples: 1 ceramic fruit bowl from Home Bargains/B&M/Wilko/The Range. Lasting 10 years.	Elite Fruit Bowl - Black Nickel. Also available in copper.
E1	5.4	SWAF	Kitchen, tableware	Short tumblers		Wilko	7.00	4	1	260.7	0.03	4 short tumblers from Wilkos/B&M/Supermarket. Mid-mid range. Lasting 5 years. CB1 changed to 3 years. FG1 increased lifetime to 5 years.	Wilko Teardrop Tumbler 4 pack
E1	5.4	SWAF	Kitchen, tableware	Wine glasses		Wilko	8.00	4	1	260.7	0.03	4 wine glasses from Wilkos/B&M/Supermarket. Mid-mid range. Lasting 5 years. CB changed to 3 years. FG1 increased lifetime to 5 years.	Wilko Wine Glass 45cl 4pk
E1	5.4	SWAF	Kitchen, tableware	Pint glasses		The Range	1.00	1	4	260.7	0.02	Set of 4 pint glasses. Cheapest okay. 5 years. Wilkos/ASDA/The Range/(IKEA)/B&M. CB changed to mid-mid in line with SWAF, lifetime 3 years. FG1 increased lifetime to 5 years.	Tulip Pint Glass
E1	5.4	SWAF	Kitchen, tableware	Salt and pepper cruet		Wilko	4.50	2	1	521.4	0.01	From Home Bargains/B&M/Wilko/The Range. Lasting 10 years	White Salt and Pepper Pots
E1	5.4	SWAF	Kitchen, tableware	Egg cups		The Range	3.49	6	1	521.4	0.01	FG1 added in line with couples: 2 metal egg cups. From B&M/Wilko/The Range/Argos/Amazon. Lasting 10 years.	Apollo Chrome Egg Cups - Silver
E1	5.4	SWAF	Kitchen, tableware	Water bottle		Wilko	3.25	1	1	104.3	0.03	FG2 added water bottle in line with couples - BPA free plastic, 2 years.	Wilko 800ml Clear Water Bottle
E1	5.3	SWAF	Kitchen, appliances	Microwave		Argos	65.00	1	1	521.4	0.12	Approx £30 from Wilkos/B&M/Supermarket. lasting 5 years. FG2 changed in line with SWAM and couples. 2 up from the bottom, lasting 10 years.	Cookworks 700W Standard Microwave EM7 - Black
E1	5.3	SWAF	Kitchen, appliances	Fridge freezer								Included in private rental property.	
E1	5.3	SWAF	Kitchen, appliances	Cooker								Included in private rental property.	
E1	5.3	SWAF	Kitchen, appliances	Washing machine								Included in private rental property.	
E1	5.3	SWAF	Kitchen, appliances	Toaster		Argos	25.50		1.0	260.7	0.10	Approx £20 from Wilkos/B&M/Supermarket.. Lasting 4 years. FG2 changed lifetime to 5 years in line with SWAM and couples.	Cookworks Long Slot 4 Slice Toaster - White

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E1	5.3	SWAF	Kitchen, appliances	Kettle		Argos	19.99		1.0	208.6	0.10	Approx £20 from Wilkos/B&M/Supermarket. Lasting 4 years.	Cookworks Plastic Illuminated Kettle - White
E1	5.3	SWAF	Kitchen, appliances	Hand blender		B&M	25.00	1	1.0	156.4	0.16	Hand blender for soups etc. also with whisk attachment. Lasting 3 years. Retailer not discussed.	Tower 3-in-1 Hand Blender. Includes stainless steel blade, 600ml beaker, chopping attachment and whisk
E1	5.4	SWAF	Kitchen, cookware	Saucepans		Wilko	40.00	3	1.0	521.4	0.08	Mid-mid range from Wilkos/B&M/Supermarket., lasting 5 years FG1 increased lifetime to 10 years	Wilko Aluminium Shot Blast 3 Piece Pan Set (set includes a 16cm, 18cm and 20cm saucepan + includes 10 year guarantee)
E1	5.4	SWAF	Kitchen, cookware	Frying pan		Wilko	17.00	1	1	521.4	0.03	Non-stick from Wilkos/B&M/Supermarket. Lasting 5 years. FG1 increased quality of frying pan in line with couples. 10 years.	Wilko 28cm Aluminium Frying Pan with Lid
E1	5.4	SWAF	Kitchen, cookware	Wok		Argos	16.50	1	1	521.4	0.03	FG1 added in line with couples: Non-stick and 3 up from bottom. From B&M/Wilko/The Range/Argos/Amazon. 10 years	Argos Home Double Handed Teflon Aluminium Wok
E1	5.4	SWAF	Kitchen, cookware	Knives		Argos	23	8	1	521.4	0.04	Knife block set. Mid-mid range from Wilkos/B&M/Supermarket. Lasting 10 years.	Argos Home 8 Piece Wooden Knife Block Set. Includes Chef's knife, carving knife, bread knife, paring knife, vegetable knife, all purpose knife, sharpener, pair of scissors.
E1	5.4	SWAF	Kitchen, accessories	Rolling pin		Wilko	2.25	1	1	521.4	0.00	From Wilkos/B&M/Supermarket. Lasting 10 years. Cheapest okay.	Wilko 35cm Beech Rolling Pin
E1	5.4	SWAF	Kitchen, accessories	Wire cooling rack		Wilko	1.90	1	1	208.6	0.01	For cooling cakes. Cheapest okay from Wilkos/B&M/Supermarket. Lasting 4 years.	Wilko 43cm Cooling Rack
E1	5.4	SWAF	Kitchen, cookware	Roasting tin		Wilko	7.50	1	1	260.7	0.03	1 needed. Could come in set with baking tray. Mid-mid range from Wilkos/B&M/Supermarket. Lasting 4 years. FG1 increased lifetime to 5 years.	Wilko Shotblast Large Roaster 38cm
E1	5.4	SWAF	Kitchen, cookware	Baking tray		Wilko	3.00	1	1	260.7	0.01	1 needed. Could come in set with roasting tin. Mid-mid range from Wilkos/B&M/Supermarket. Lasting 4 years. FG1 increased lifetime to 5 years.	Whatmore Grey Oven Tray 39cm x 0.4mm
E1	5.4	SWAF	Kitchen, cookware	Bun tin		Wilko	4.50	1	1	260.7	0.02	For Yorkshire puddings/fairy cakes. 1 needed. Mid-mid range from Wilkos/B&M/Supermarket. Lasting 4 years. FG1 increased lifetime to 5 years.	Wilko 37cm 12 Cup Muffin Tray 0.4mm Gauge

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E1	5.4	SWAF	Kitchen, cookware	Cake tin		Wilko	4.50	1	1	260.7	0.02	1 needed. Mid-mid range from Wilkos/B&M/Supermarket. Lasting 4 years. FG1 increased lifetime to 5 years.	Wilko 20cm Loose Base Cake Tin 0.4mm Gauge
E1	5.4	SWAF	Kitchen, cookware	Pizza tray		Wilko	3.00	1	1	260.7	0.01	FG1 added in line with couples. 5 years	Wilko 31cm Pizza Tray 0.4mm Gauge
E1	5.4	SWAF	Kitchen, cookware	Ceramic dish		Wilko	7.00	1	1	521.4	0.01	1 needed. From Wilkos/B&M/Supermarket. Lasting 10 years	Wilko 26cm Small Ceramic Roaster
E1	5.4	SWAF	Kitchen, cookware	Colander		Asda	1.50	1	1	521.4	0.00	1 needed. From Wilkos/B&M/Supermarket. FG1 said plating colander, 10 years.	George Home Plastic Colander
E1	5.4	SWAF	Kitchen, cookware	Sieve		Wilko	2.50	1	1	521.4	0.00	1 needed. From Wilkos/B&M/Supermarket. FG1 specified metal sieve, lasting 10 years	Wilko 19.5cm Metal Strainer
E1	5.4	SWAF	Kitchen, accessories	Cheese grater		Dunelm	3.50	1	1	260.7	0.01	1 needed. From Wilkos/B&M/Supermarket. Lifetime not discussed. Fg1 increased quality and set lifetime to 5 years.	Dunelm Silicone Grater
E1	5.4	SWAF	Kitchen, accessories	Pizza cutter		The Range	1.00	1	1	260.7	0.00	FG2 added in line with couples: Mentioned with utensils above. Would last 5 years. From B&M/Wilko/The Range/Argos/Amazon.	Value Pizza Cutter
E1	5.4	SWAF	Kitchen, cookware	Casserole		Wilko	9.00	1	1	521.4	0.02	1 glass oven-proof dish with lid (e.g. Pyrex). From Wilkos/B&M/Supermarket. Lasting 10 years.	Pyrex 1.6L Classic Casserole Dish
E1	5.4	SWAF	Kitchen, accessories	Utensils		Argos	18	8	1	260.7	0.07	Silicone set of utensils from Wilkos/B&M/Supermarket. Lasting 5 years.	Argos Home Silicone 8 Piece Utensil Set - Black (set includes: Utensil caddy, Serving spoon, Slotted turner, Spatula, Slotted masher, Whisk + Pastry brush/Icing spreader)
E1	5.4	SWAF	Kitchen, accessories	Can opener		Wilko	4.50	1	1	260.7	0.02	1 needed. FG2 said 5 years	Wilko Stainless Steel Can Opener
E1	5.4	SWAF	Kitchen, accessories	Measuring jug		Wilko	4.50	1	1	521.4	0.01	1 Pyrex measuring jug. From Wilkos/B&M/Supermarket. Lasting 10 years.	Pyrex Classic Jug - 0.5L
E1	5.4	SWAF	Kitchen, accessories	Cafetiere		Wilko	7.50	1	1	260.7	0.03	Approx £10 for a large cafetiere from Wilkos/B&M/Supermarket. Lasting 5 years.	Wilko Glass Cafetiere 800ml

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E1	5.4	SWAF	Kitchen, accessories	Ice cube tray		Wilko	1.50	2	1	52.1	0.03	FG1 added in line with couples: From B&M/Wilko/The Range/Argos/Amazon. CB2 changed lifetime to 1 year	Wilko 2 pack Ice Cube Trays
E1	5.4	SWAF	Kitchen, accessories	Mixing bowl		Asda	3.00	3	1	156.4	0.02	Set of 3 plastic mixing bowls. From Wilkos/B&M/Supermarket. Lasting 3 years.	George Home Coloured Mixing Bowls (4-pack)
E1	5.4	SWAF	Kitchen, accessories	Scales		Asda	9.00	1	1	260.7	0.03	1 up from bottom digital scales. From Wilkos/B&M/Supermarket. Lasting 5 years	Salter Flat Kitchen Scale
E1	5.4	SWAF	Kitchen, accessories	Chopping boards		Asda	5.50	3	1	260.7	0.02	Set of plastic chopping boards. Lasting 3 years. FG1 changed to two wooden chopping boards, 5 years	George Home Multi Wooden Chopping Board Set 3-Pack
E1	5.4	SWAF	Kitchen, accessories	Bottle opener		Wilko	3.75	1	1	521.4	0.01	Ballerina type corkscrew from Wilkos/B&M/Supermarket. Lasting 5 years. CB2 changed lifetime to 10 years	Wilko Chrome Effect Corkscrew
E1	5.4	SWAF	Kitchen, accessories	Bag clips		Wilko	1.40	8	1	52.1	0.03	FG1 added in line with couples: from B&M/Wilko/The Range/Argos/Amazon. 1 year	Wilko 8 pack Food Bag Clips
E1	5.4	SWAF	Kitchen, accessories	Food storage tubs		Amazon	7.99	17	1	260.7	0.03	Plastic tubs for storing food leftovers. From Wilkos/B&M/Supermarket. A set needed, but exact quantity not discussed. Lasting 3 years. FG1 changed spec in line with SWAM: approx 20 tubs lasting 5 years	Plastic Food Storage Transparent Containers with Green Lid Set of 17 By IKEA Pruta
E1	5.4	SWAF	Kitchen, accessories	Storage canisters		Dunelm	7.99	3	1	521.4	0.02	Storage canisters for coffee/tea/sugar. Cheapest ceramic. Wilkos/ASDA/The Range/(IKEA)/B&M. 5 years. CB2 changed to the 5 piece version (tea/coffee/sugar/biscuits/bread bin) in line with couples and lifetime amended to 3 years to match couples but this wasn't checked back. FG1 changed to cheapest ceramic. 3 canisters. 10 years	Embossed Knit Effect Kitchen Canisters 3pc
E1	5.4	SWAF	Kitchen, accessories	Bin		B&M	12.00	1	1	156.4	0.08	50 litre bin. [no lifetime provided, priced at 1 year for now]. FG1 said 3 years	Addis Pedal Bin 50L - Black
E1	5.6	SWAF	Kitchen, consumables	Bin liners		Tesco	1.50	30	1	30.0	0.05	1 liner per week	Tesco Tie Handle Swing Bin Liners 30PK (50L)

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E1	5.4	SWAF	Kitchen, accessories	Tray		Asda	2.50	1	2	521.4	0.01	FG1 added two trays in line with couples. 1 spare for visitors. Plastic tray, 10 years	George Home Plastic Tray
E1	5.4	SWAF	Kitchen, accessories	Washing up bowl		Asda	1.70	1	1	260.7	0.01	1 up from the bottom from Wilkos/B&M/Supermarket. Lasting 3 years. FG1 changed lifetime to 5 years	George Home Recycled Plastic Washing Up Bowl Grey
E1	5.4	SWAF	Kitchen, accessories	Drainer		Asda	1.70	1	1	260.7	0.01	1 up from the bottom from Wilkos/B&M/Supermarket. Lasting 3 years. FG1 changed lifetime to 5 years	George Home Recycled Plastic Dish Drainer Grey
E1	5.6	SWAF	Kitchen, laundry	Washing Powder		Tesco	3.50	1	1	13.3	0.26	3 loads per week. Powder or liquid okay.	Tesco Non Bio. Detergent Powder 2.6kg (40 washes)
E1	5.6	SWAF	Kitchen, laundry	Fabric conditioner		Tesco	1.50	1	1	14.0	0.11	3 loads per week.	Tesco Fabric Conditioner Pure 42 Washes 1.26L
E1	5.4	SWAF	Kitchen, laundry	Iron		Argos	33	1	1	260.7	0.13	Steam iron approx. Approx. £50 From Wilkos/B&M/Supermarket. Lasting 5 years. FG1 changed to SWAM spec: approx. £30, 5 years	Tefal FV2869 Express Steam Iron. Includes manufacturer's 2 year guarantee.
E1	5.4	SWAF	Kitchen, laundry	Ironing board		Wilko	23.00	1	1	521.4	0.04	2 up from the bottom from Wilkos/B&M/Supermarket. Lasting 10 years.	Wilko Ironing Board 115x36cm
E1	5.4	SWAF	Kitchen, laundry	Ironing board cover		Wilko	3.75	1	1	104.3	0.04	From Wilkos/B&M/Supermarket. Lasting 2 years	Wilko Ironing Board Cover 110x34cm
E1	5.6	SWAF	Kitchen, laundry	Airer (free standing)		Wilko	14		1	156.4	0.09	Concertina style and sturdy. Wilkos/B&M/Supermarket. Lasting 5 years. FG2 changed lifetime to 3 years	Wilko Deluxe Clothes Airer 14m
E1	5.6	SWAF	Kitchen, laundry	Airer (over radiator)		B+M	3.99	2	1	260.7	0.02	Set of 3 okay. Wilkos/B&M/Supermarket. 5 years. FG1 said set of 2 okay	Addis Radiator Airer 2pk
E1	5.6	SWAF	Kitchen, cleaning	Mop		Tesco	4.5	1	1	52.1	0.09	1 up from the bottom from Wilkos/B&M/Supermarket. Lasting 1 year. FG1 said no replacement mop head necessary as entire mop changed every year.	Tesco Microfibre Mop Blue Grey
E1	5.6	SWAF	Kitchen, cleaning	Bucket		B&M	6.00	1	1	104.3	0.06	1 up from the bottom from Wilkos/B&M/Supermarket. Lasting 2 years.	Vileda Mop Bucket (with wringer)
E1	5.3	SWAF	Kitchen, cleaning	Vacuum cleaner		Argos	89.99	1	1	260.7	0.35	Approx. £75 lasting 5 or 6 years. FG1 confirmed 5 years.	VAX Mach Air Revive UCA2GEV1 Upright Bagless Vacuum Cleaner - Grey & Red

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E1	5.6	SWAF	Kitchen, cleaning	Dustpan & brush		ASDA	3.50	1	1	260.7	0.01	2 up from the bottom from Wilkos/B&M/Supermarket. Lasting 2 years. FG1 changed lifetime to 5 years	Vileda 2 In 1 Dustpan & Brush Set
E1	5.6	SWAF	Kitchen, cleaning	Scouring/sponge pads		Tesco	0.4	8	1	8.0	0.05	From Wilkos/B&M/Supermarket. 1 sponge per week	Springforce Sponge Scourers 8 Pack
E1	5.6	SWAF	Kitchen, cleaning	J cloths		Wilko	1.90	30	1	15.0	0.13	1 pack lasting 4 months. FG1 changed lifetime to 6 months. FG2 said 2 used per week	Wilko All Purpose Cloths 30 pack
E1	5.6	SWAF	Kitchen, cleaning	Kitchen towel		Tesco	3.50	4	1	8.0	0.44	1 roll replaced weekly. FG1 said 2 weeks per roll.	Tesco Kitchen Towel 4 Roll
E1	5.6	SWAF	Kitchen, textiles	Oven gloves		Wilko	6.00	1	1	104.3	0.06	Double oven glove joined at the centre. Two up from the bottom from Wilkos/B&M/Supermarket. Lasting 4 years. FG1 changed lifetime to 2 years	Wilko Grey and White Double Oven Glove
E1	5.6	SWAF	Kitchen, textiles	Tea towels		Wilko	4.50	4	1	104.3	0.04	4 needed. 2 up from the bottom from Wilkos/B&M/Supermarket. Lasting 5 years. FG1 changed to 2 years.	Wilko Brights Terry Towels 4 Pack
E1	5.6	SWAF	Kitchen, textiles	Hand towels		Wilko	3.99	1	2	156.4	0.05	2 hand towels for kitchen. No other info provided. FG1 said 3 years.	Signature Zero Twist Hand Towel - Biscuit (range of colours)
E1	5.6	SWAF	Kitchen, consumables	Washing up liquid		Tesco	2.00	1	1	8.7	0.23	Fairy washing up liquid from Wilkos/B&M/Supermarket. Large bottle lasting 2 months.	Fairy Lemon Washing Up Liquid Lemon 780ML
E1	5.6	SWAF	Kitchen, consumables	Foil		Tesco	1.35	1	1	52.1	0.03	10m per month. From Wilkos/B&M/Supermarket. FG1 changed lifetime to 1 year.	Tesco Kitchen Foil 10M X 290Mm
E1	5.6	SWAF	Kitchen, consumerables	Sandwich bags		Tesco	1.00	80	1	260.7	0.00	Ziplock bags from Wilkos/B&M/Supermarket. Medium and large size needed. Replaced every 2 months. FG1 changed in line with SWAM and CWA: cheapest okay, lifetime to 5 years	Springforce 80 Food Bags With Wire Ties

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E1	5.6	SWAF	Kitchen, consumables	Freezer bags		Tesco	2.00	75	1	260.7	0.01	Ziplock freezer bags from Wilkos/B&M/Supermarket. Medium and large size needed. Replaced every 2 months. FG1 changed in line with SWAM and CWA: cheapest okay, lifetime to 5 years.	Silvex Freezer Multibag 30X40cm 75Bags
E1	5.6	SWAF	Kitchen, consumables	Clingfilm		Tesco	2.50	1	1	195.5	0.01	10m lasting 2 or 3 months. From Wilkos/B&M/Supermarket. FG1 said 50m roll would last 2.5 years	Tesco Pvc- Free Cling Film 75M X 350Mm
E1	5.6	SWAF	Kitchen, consumables	Greaseproof paper		Tesco	1.75	1	1	312.9	0.01	FG1 added in line with couples: Cheapest from B&M/Wilko/The Range/Argos/Amazon/Poundland. Lifetime set to 10m lasting 3 months in line with clingfilm for now. CB2 said 5 m would last 2 years.	Tesco Non Stick Baking Paper 370Mm X 15M
E1	5.6	SWAF	Kitchen, consumables	Air freshener		Tesco	1.25	1	1	6.0	0.21	CB2 added in line with couples. FG2 said 6 weeks	Glade Soft Cotton Aerosol 300ML
E1	5.6	SWAF	Kitchen, consumables	Anti bacterial spray		Tesco	0.90	1	1	3.0	0.30	CB2 added in line with couples, lifetime still needs checking. FG1 said 3 weeks	Tesco Antibacterial Multi Purpose Spray 750MI
E1	5.6	SWAF	Kitchen, consumables	Floor cleaner		Tesco	1.50	1	1	8.7	0.17	CB2 added in line with couples, For cleaning floors. Cheapest from B&M/Wilko/The Range/Argos/Amazon/Poundland. Lifetime set to 3 months but still needs checking. FG1 said 2 months	Cif Floor Ocean 950MI
E1	5.6	SWAF	Kitchen, consumables	Rubber gloves		Tesco	1.00	1	1	26.1	0.04	CB2 added in line with couples. Cheapest from B&M/Wilko/The Range/Argos/Amazon/Poundland. FG1 said 6 months	Tesco Dishwashing Rubber Gloves (rang of sizes)
E1	5.6	SWAF	Kitchen, consumables	Bleach		Tesco	0.49	1	1	3.0	0.16	CB2 added, 2 week lifetime. FG1 changed to 3 weeks	Tesco Thick Bleach Citrus 750MI
E1	5.5	SWAF	Maintenance	Tool Kit			50.00	1		156.4	0.32	FG2 added budget for tool kit. £50 every 3 years.	
E1	5.6	SWAF	Kitchen	Sewing kit		Tesco	3.20	1	1	52.1	0.06	FG2 added sewing kit for household, 1 year	Sewing Kit. 15 piece set.
E1	5.1	SWAF	Bathroom	Blind		Argos	14.00		1	260.7	0.05	Moisture resistant roller blind. Lifetime not discussed. 5 years in line with couples	Argos Home Blackout Insulating Roller Blind - 4ft - White. W120cm x D160cm

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E1	5.5	SWAF	Bathroom	Light bulb	Wilko	Wilko	4.25	1	1	521.4	0.01	Energy saving needed. CB2 said 10 years.	Wilko 1 pack Bayonet B22/BC LED 6W 470 Lumens Dimmable GLS Light Bulb
E1	5.1	SWAF	Bathroom	Medicine cabinet		B&M	18.00	1	1	521.4	0.03	1 bathroom cabinet with mirror from Argos/Wilkos/B&M/The Range. Lasting 10 years.	Maine Bathroom Single Door Mirror Cabinet
E1	5.2	SWAF	Bathroom	Bath sheets		Asda	8.00	1	2	156.4	0.10	CB2 added in line with couples, 2 needed per person, lasting 3 years	White Super Soft Cotton Bath Sheet (range of colours)
E1	5.2	SWAF	Bathroom	Bath towels		Asda	6.00	1	2	156.4	0.08	2 needed. Mid quality from supermarket. Lasting 3 years.	White Super Soft Cotton Bath Towel (range of colours)
E1	5.2	SWAF	Bathroom	Hand towels		Asda	4.00	1	2	156.4	0.05	2 needed. Mid quality from supermarket. Lasting 3 years	White Super Soft Cotton Hand Towel (range of colours)
E1	5.2	SWAF	Bathroom	Flannels		Asda	3.00	7	1	156.4	0.02	2 needed. Mid quality from supermarket. Lasting 3 years.	White Face Cloths - set of 7
E1	5.2	SWAF	Bathroom	Bath mat (for floor)		Asda	9.00	1	1	156.4	0.06	Mid-range from supermarket/Wilkos. Lasting 5 years. CB1 changed to 3 years.	Grey Thick Stripe Textured Bath Mat (range of colours/styles available at this price)
E1	5.2	SWAF	Bathroom	Shower curtain		Argos	6.00	1	1	156.4	0.04	CB2 added in line with couples. FG2 changed to washable shower curtain, lasting 3 years.	Argos Home Shower Curtain - White (hand-washable)
E1	5.6	SWAF	Bathroom	Bleach		Tesco	0.49	1	1	2.0	0.25	1 bottle per month CB1 changed to 2 weeks	Tesco Thick Bleach Citrus 750MI
E1	5.6	SWAF	Bathroom	Bathroom spray		Tesco	0.95	1	1	4.3	0.22	Replaced every month	Tesco Antibacterial Bathroom Surface Cleaner Spray 750MI
E1	5.6	SWAF	Bathroom	Toilet cleaner		Tesco	1.00	1	1	2.0	0.50	Suggested 'Duck' toilet cleaner. CB1 changed lifetime to 2 weeks.	Duck Deep Action Gel Pine 750MI
E1	5.5	SWAF	Bathroom	Toilet brush		Tesco	0.75	1	1	52.1	0.01	Replaced every year.	Tesco Toilet Brush
E1	5.6	SWAF	Bathroom	Squeegee		Asda	1.00	1	1	26.1	0.04	CB2 added in line with couples, but no other info provided. FG2 said replaced every 6 months	Tesco Squeegee Blue Grey
E1	5.4	SWAF	Bathroom	Bin		Wilko	4.25	1	1	260.7	0.02	CB2 added in line with couples, small pedal bin from B&M/Argos/Wilko. No other info provided. Lifetime set to 5 years for now. FG2 specified small plastic swing bin, lasting 5 years	Wilko 12L White Swing Bin
E1	5.4	SWAF	Bathroom	Linen basket		Wilko	10.50	1	1	260.7	0.04	CB2 added in line with couples. To hold dirty laundry.FG2 specified collapsible hamper, lasting 5 years.	Wilko Natural Folding Laundry Bag
E1	5.5	SWAF	Bathroom	Bathroom scales		ASDA	12.00	1	1	260.7	0.05	Cheapest digital from supermarket. Lasting 5 years.	Salter Electronic Glass Platform Scales

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SWAF	Bedroom	Lampshade for central light		Wilko	10.00	1	1	521.4	0.02	approx. £15 from IKEA, B&M, The Range, Wilkos or Amazon. Should come in range of colours to allow for choice. Lasting 10 years. FG1 changed in line with CWA: Approx £10, lasting 10 years. B&M/Wilko/Home Bargains/The Range. Same throughout house.	Wilko Vintage Cream Pendant Light Shade (range of colours available)
E1	5.5	SWAF	Bedroom	Light bulb	Wilkos	Wilkos	4.25	1	1	521.4	0.01	LED light bulb. CB2 said 10 years.	Wilko 1 pack Bayonet B22/BC LED 6W 470 Lumens Dimmable GLS Light Bulb
E1	5.2	SWAF	Bedroom	Curtains		Argos	30.00	2	1	521.4	0.06	Approx. £35 from Next/Argos/online Lasting 10 years.	Habitat Plain Blackout Eyelet Curtains Dove Grey - 168x183cm. Machine washable.
E1	5.5	SWAF	Bedroom	Curtain pole			0.00	0	0	0.0	0.00	said curtain pole would be included with property	
E1	5.2	SWAF	Bedroom	Voile		Dunelm	6.00	1	2	521.4	0.02	From Primark/Wilko/The Range/Dunelm. Cheapest okay. Lasting 10 years.	Sheer Elegance White Slot Top Single Voile Panel 145 W x 182cm D. Price reflects two voiles, to fit width of window.
E1	5.5	SWAF	Bedroom	Wire for net curtains		Wilko	1.50		1	521.4	0.00	Cheapest okay. From Argos or online.	Wilko 108 inch Curtain Wire
E1	5.1	SWAF	Bedroom	Bed, double		Argos	180.00	1	1	417.1	0.43	Double bedframe including headboard approx. £250 would last 20 years. From Wilkos/B&M/(IKEA)/The Range/Amazon/(Dreams)/an online bedding shop/Argos CB1 changed to lower spec in line with SWAM: Bedframe and headboard 1 or 2 up from the bottom, 8 years	Habitat Aspley Double Bed Frame
E1	5.1	SWAF	Bedroom	Mattress, double		Dreams	439.00	1	1	417.1	1.05	Good quality needed. Mid-mid range, approx £200. Bought online (e.g. Beds Direct). Would last 8 years. CB2 changed to higher quality mattress, mid-range and recognisable brand from Dreams/Slumberland. Lasting 8 years, in line with couples	Silentnight Portrush 800 Pocket Memory Pillowtop Mattress
E1	5.2	SWAF	Bedroom	Mattress protector		Wilko	9.50	1	2	156.4	0.12	CB1 added mattress topper to prolong lifetime of mattress. FG1 changed to 2 mattress protectors in line with couples: Mid-range from Asda/B&M/Wilko. Lasting 3 years.	Wilko Double Super Soft Quilted Mattress Protector

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SWAF	Bedroom	Wardrobe		Argos	225.00	1	1	521.4	0.43	Mid-mid quality, lasting 10 years from Wilkos/B&M/(IKEA)/The Range/Amazon/(Dreams)/an online bedding shop/Argos. TG discussed that wardrobe could be bought as matching set with bedframe but would not last as long and would therefore not necessarily need to be purchased as set next time if the set was discontinued. CB1 changed lifetime to 7 years. CB2 changed to higher quality in line with couples: wardrobe (ideally with mirror). From Ikea/Argos/Amazon/Wayfair. 10 years.	Argos Home Puerto Rico 2 Door Wardrobe
E1	5.1	SWAF	Bedroom	Drawers		Argos	200.00		1	521.4	0.38	Mid-mid quality, lasting 10 years from Wilkos/B&M/(IKEA)/The Range/Amazon/(Dreams)/an online bedding shop/Argos. TG discussed that drawers could be bought as matching set with bedframe but would not last as long and would therefore not necessarily need to be purchased as set next time if the set was discontinued. CB1 changed lifetime to 7 years. CB2 changed to higher quality in line with couples, 10 years.	Argos Home Puerto Rico 4 Drawer Chest
E1	5.1	SWAF	Bedroom	Bedside table		Argos	55.00	1	2	521.4	0.21	Mid-mid quality, lasting 10 years from Wilkos/B&M/(IKEA)/The Range/Amazon/(Dreams)/an online bedding shop/Argos. Could be bought to match bedframe, although not lasting as long (see above). CB1 said two needed, and changed lifetime to 7 years. CB2 changed to higher quality in line with couples, 10 years.	Argos Home Puerto Rico Bedside Table
E1	5.5	SWAF	Bedroom	Extension lead		Argos	14.99	1	1	521.4	0.03	1 needed for bedroom. Extension lead with spaces for four plugs and several USB ports. CB1 changed spec to 6 sockets plus USB ports, 10 years. CB2 changed to 4 socket version	Masterplug 4 Socket 2 USB Outlet 2 Metre Surge Lead
E1	5.1	SWAF	Bedroom	Under-bed storage boxes		Argos	11.00	2	1	260.7	0.04	2 needed to store christmas tree and decorations. 5 years	Strata 30 Litre Curve Underbed Storage Boxes - Set of 2
E1	5.1	SWAF	Bedroom	Full-length mirror		Argos	26.00	1	1	521.4	0.05	Cheapest real glass. Wilkos/B&M/(IKEA)/The Range. 10 years	Argos Home Wooden Full Length Mirror - Oak Effect

MIS 2022 REBASE												
F: Personal goods and services												
Single working age female, no children												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	12.1	SWAF	Personal care	Hairdressing, women		40.00		1	13.0	3.07	£40 for cut and blow dry. 4 times per year.	
F	12.1	SWAF	Personal care	Hair styling product		10.00		1	4.3	2.30	£10 per month to cover hair products such as hair cream, wax or heat defence. A cheap but recognisable brand from the supermarket.	
F	12.1	SWAF	Personal care	Hair colour	Tesco	6.50		1	6.0	1.08	CB2 added home hair colour in line with CWA: Home hair colour every month. CB2 changed to once every 6 weeks	Nice'n Easy Permanent Hair Dye (range of colours)
F	12.1	SWAF	Personal care	Hairdryer	Argos	30.00	1	1	365.0	0.08	Mid-mid range. Lasting 3 years. Retailer not discussed. TG3 said Argos. FG2 said 7 years	BaByliss 5168u Titanium Pearlescent Hair Dryer
F	12.1	SWAF	Personal care	Hair styling (straighteners or curling wand)	Argos	25.00	1	1	260.7	0.10	1 pair of either hair straighteners or curling wand. Mid-mid range Lasting 3 years. Retailer not discussed. TG3 said Argos. FG2 changed lifetime to 5 years	BaByliss 2540U Titanium Pearlescent Hair Straightener
F	12.1	SWAF	Personal care	Toilet roll	Tesco	2.85	4	1	2.0	1.43	Approx. £3 for 4 rolls. Lasting 1 week. A cheap but recognisable brand from the supermarket. FG2 changed to 2 rolls per week	Andrex Classic Clean Toilet Tissue 4 Rolls
F	12.1	SWAF	Personal care	Shower gel	Tesco	1.49	1	1	4.3	0.34	Large bottle (approx. 450ml) lasting 1 month. A cheap but recognisable brand from the supermarket.	Simple Kind To Skin Refreshing Shower Gel 500ml

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	12.1	SWAF	Personal care	Shampoo	Tesco	0.95	1	1	4.3	0.22	Lasting 1 month. A cheap but recognisable brand from the supermarket.	Alberto Balsam Juicy Green Apple Shampoo 350MI
F	12.1	SWAF	Personal care	Conditioner	Tesco	0.95	1	1	4.3	0.22	Lasting 1 month. A cheap but recognisable brand from the supermarket.	Alberto Balsam Juicy Green Apple Conditioner 350MI
F	12.1	SWAF	Personal care	Deodorant	Tesco	1.00	1	1	4.3	0.23	Approx. £3 lasting 1 month. A cheap but recognisable brand from the supermarket.	Rightguard Extreme Dry Woman Ultra Cool 72Hour Antiperspirant Deodorant 150MI
F	12.1	SWAF	Personal care	Toothpaste	Tesco	0.80	1	1	4.3	0.18	Replace monthly. A cheap but recognisable brand from the supermarket.	Aquafresh Fresh and Minty Toothpaste 75ml
F	12.1	SWAF	Personal care	Toothbrush	Tesco	0.99	3	1	39.1	0.03	Lasting 6 months or a year. CB changed lifetime to 3 months in line with SWAM.	Colgate Extra Clean Medium Toothbrush X3 (weeks based on 3-pk)
F	12.1	SWAF	Personal care	Mouthwash	Tesco	0.99	1	1	4.3	0.23	Lasting 1 month. A cheap but recognisable brand from the supermarket.	Listerine Spearmint Mouthwash 250MI
F	12.1	SWAF	Personal care	Hairbrush	Tesco	3.50	1	1	104.3	0.03	Lasting 2 years.	Leo Bancroft Essential Collection Vented Brush
F	12.1	SWAF	Personal care	Comb	Tesco	0.50	1	1	104.3	0.00	Lasting 2 years	Leo Bancroft Pocket Comb
F	12.1	SWAF	Personal care	Cotton pads	Tesco	0.80	1	1	4.3	0.18	25 per week	Tesco Cotton Wool Double Faced Pads 100
F	12.1	SWAF	Personal care	Cotton buds	Tesco	0.95	200	1	52.1	0.02	1 a day. FG2 changed to pack of 200 lasting 1 year	Johnson's Baby Cotton Buds 200 Pieces
F	12.1	SWAF	Personal care	Small hand sanitiser	Tesco	0.75	1	1	4.3	0.17	To take out. Replaced every month	Tesco Health Plus Antibacterial Hand Gel 50MI

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	12.1	SWAF	Personal care	Pump hand sanitiser	Tesco	2.50	1	1	26.1	0.10	To keep at home. Replaced every 3 or 6 months. TG3 said 6 months.	Lifebuoy Hand Sanitiser Gel 250ml
F	12.1	SWAF	Personal care	Liquid soap	Tesco	1.00	1	1	4.3	0.23	Lasting 1 month. A cheap but recognisable brand from the supermarket.	Palmolive Liquid Handwash Aquarium 300ml
F	12.1	SWAF	Personal care	Bar of soap	Tesco	1.00	2	1	8.7	0.12	Lasting 1 month. A cheap but recognisable brand from the supermarket.	Dove Original Bar Soap 2X100g
F	12.1	SWAF	Personal care	Bubble bath	Tesco	1.00	1	1	4.3	0.23	lasting 1 month. A cheap but recognisable brand from the supermarket. 1 month	Imperial Leather Marshmallow Bath 500ml
F	12.1	SWAF	Personal care	Sanitary protection - tampons & towels		10.00	1	1	4.3	2.30	£10 per month to cover towels and tampons.	
F	12.1	SWAF	Personal care	Hot water bottle	Wilko	6.50	1	1	260.7	0.02	CB2 added in line with couples. From B&M/Wilko/The Range/Argos/Amazon. No other info provided. 5 year lifetime	Wilko Hot Water Bottle with Cover
F	12.1	SWAF	Personal care	Sun cream	Wilko	6.00	1	1	52.1	0.12	One bottle a year. A cheap but recognisable brand from the supermarket.	Nivea Sun Protect and Moisture Sun Cream Spray SPF 50 200ml
F	12.1	SWAF	Personal care	After sun	Wilko	5.00	1	1	52.1	0.10	One bottle a year. A cheap but recognisable brand from the supermarket.	Nivea Sun Moisturising After Sun Spray 200ml
F	12.1	SWAF	Personal care	Razor (woman)	Tesco	6.00	1	1	104.3	0.06	One pack per month. A cheap but recognisable brand from the supermarket. FG2 changed to razor with changeable heads. 2 years per razor and 1 blade per month	Gillette Venus Smooth Razor
F	12.1	SWAF	Personal care	Razor blades (woman)	Tesco	8.50	4	1	17.4	0.49	FG2 added 1 blade per month	Gillette Venus Smooth Razor Blades Refill 4 Pack
F	12.1	SWAF	Personal care	Tweezers	Superdrug	1.99	1	1	156.4	0.01	Lasting 3 years. FG2 increased quality in line with nail clippers.	Superdrug Slanted Tweezers
F	12.1	SWAF	Personal care	Nail clippers	Wilko	1.00	1	1	260.7	0.00	Lasting 3 years. CB1 changed to 1 year. Quality increased in line with couples, 5 years.	Wilko Nail Clipper Silver (higher spec no longer available)

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	12.1	SWAF	Personal care	Perfume	Superdrug	48.00	1	1	52.1	0.92	£50 for one bottle. Lasting one year.	Ghost Deep Night Eau De Toilette 75ml
F	12.1	SWAF	Personal care	Face moisturiser	Tesco	6.00	1	1	8.7	0.69	replaced every 2 months. A cheap but recognisable brand from the supermarket. CB1 increased spec to cater for different skin types, e.g. more mature skin. Approx. £8 for a pot	Olay Complete Care Day Cream Moisturiser Sensitive Spf 15 50MI
F	12.1	SWAF	Personal care	Body moisturiser	Tesco	1.50	1	1	4.3	0.35	1 per month. A cheap but recognisable brand from the supermarket.	Nivea Body Lotion Rich Nourishing Deep Moisture Serum 75MI
F	12.1	SWAF	Personal care	Cosmetics		15.00	1	1	4.3	3.45	£15 per month for make up products only.	
F	12.1	SWAF	Personal care	Face masks	Tesco	5.80	5	1	104.3	0.06	Needed for covid protection. 5 face masks in a pack. Lasting 2 years.	Step Ahead Reusable Face Covering 5 Pack
F	12.3	SWAF	Personal care	Purse (woman)	TKMaxx	16.99	1	1	260.7	0.07	FG2 added purse, similar quality to men's leather wallet, TKMaxx, 5 years	DENTS tan leather purse
F	12.3	SWAF	Personal effects	Handbag (summer)	New Look	17.99	1	1	52.1	0.35	1 needed. TK Maxx/New Look. Would last 1 year.	Stone Straw Effect Shoulder Bag
F	12.3	SWAF	Personal effects	Handbag (casual)	New Look	15.99	1	1	156.4	0.10	said 3 needed. In addition to occasion bag. 1 Black, 1 brown, 1 summer. Not sure which for work etc. Primark/New Look/ASDA/H&M/Matalan/TKMaxx.Lasting 5 years. FG2 changed lifetime to 3 years	Black Suedette Panel Cross Body Messenger Bag
F	12.3	SWAF	Personal effects	Handbag (casual)	New Look	19.99	1	1	156.4	0.13	said 3 needed. In addition to occasion bag. 1 Black, 1 brown, 1 summer. Not sure which for work etc. Primark/New Look/ASDA/H&M/Matalan/TKMaxx.Lasting 5 years. FG2 changed lifetime to 3 years	LOUENHIDE Nutmeg Brown Shoulder Bag

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	12.3	SWAF	Personal effects	Handbag (occasion)	New Look	15.99	1	1	156.4	0.10	1 needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 5 years. FG2 changed lifetime to 3 years	Black Suedette Metal Trim Logo Clutch Bag
F	12.3	SWAF	Personal effects	Umbrella	Matalan	5.00	1	1	52.1	0.10	1 needed. Primark/New Look/ASDA/H&M/Matalan/TKMaxx. Lasting 1 year.	Black Plain Umbrella (range of styles)
F	12.3	SWAF	Personal effects	Watch (woman)	Next	30.00	1	1	156.4	0.19	Approx. £50 from Next or TKMaxx. Lasting 3 years. FG2 reduced budget to approx. £30.	Sekonda Silver Watch
F	12.3	SWAF	Personal effects	Jewellery		100.00		1	156.4	0.64	£100 every 3 years.	
F	12.3	SWAF	Personal effects	Sunglasses	Primark	3.00	1	1	52.1	0.06	1 pair from Primark. Lasting 1 year.	Flat Top Sunglasses (range of styles and colours available)
F	12.3	SWAF	Personal effects	Hair accessories		30.00	1	1	52.1	0.58	E.g. hair bands, scrunchies. £30 per year	
F	12.3	SWAF	Accessories	Holdall	Sports Direct	17.00	1	1	260.7	0.07	1 needed. From Matalan or Sports Direct. Lasting 5 years. For weekends or as hand luggage.	Slazenger Large Holdall
F	12.3	SWAF	Accessories	Suitcase	Sports Direct	35.00	1	1	260.7	0.13	1 needed. From Matalan or Sports Direct. Lasting 5 years.	IT Luggage Black Navigator Hard Shell Suitcase. Medium: 69cm x 49cm x 28cm
				F personal goods and services (inc health)		21.65						

MIS 2022 REBASE												
F: Health												
Single working age female, no children												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	6.1	SWAF	Health care	Prescriptions	NHS	9.35	1	4	52.1	0.72	4 per year	The current prescription charge is £9.35 per item.
F	6.2	SWAF	Health care	Opticians - eyetest	Specsavers	25.00	1	1	104.3	0.24	Test every 2 years	Specsavers £20-25 for eye test.
F	6.1	SWAF	Health care	Opticians - glasses	Specsavers	150.00	1	1	104.3	1.44	£150 for pair of glasses every 2 years.	Specsavers offer: buy one pair of glasses for £69 or more and get a second pair free, A budget of £150 would also cover designer frames, allowing more choice.
F	6.2	SWAF	Health care	Dentists - check up	NHS	23.80	1	2	52.1	0.91	Two check ups per year with NHS dentist.	Band 1 (£23.80) includes examination, diagnosis, and scale and polish if needed.
F	6.2	SWAF	Health care	Dentists - treatment	NHS	65.20	1	1	104.3	0.63	One band 2 treatment, e.g.filling every 2 years	Band 2 (£65.20) includes everything in Band 1 plus fillings, root canal work and extractions.
F	6.1	SWAF	Personal care	Contraception	Tesco	10.00	12	1	8.7	1.15	1 pack of 12 condoms per month. CB1 changed to 1 pack every 2 months.	Durex Condoms Extra Safe 12'S
F	6.1	SWAF	Health care	Paracetamol	Tesco	0.29	16	1	4.3	0.07	One pack per month.	Tesco Paracetamol Tablets 500Mg 16 Pack
F	6.1	SWAF	Health care	Ibuprofen	Tesco	0.39	16	1	26.1	0.01	One pack of 16 every six months cheapest ok. CB1 added in line with SWAM.	Tesco Ibuprofen 200Mg 16 tablets
F	6.1	SWAF	Health care	Antihistamine	Tesco	2.75	30	4	52.1	0.21	1 per day for four months of the year	Tesco Hayfever & Allergy 30 tablets
F	6.1	SWAF	Health care	Cold remedy	Tesco	4.00	10	1	52.1	0.08	One box of Lemsip every year	Lemsip Cold And Flu Lemon Sachets X 10
F	6.1	SWAF	Health care	Multivitamins	Tesco	1.50	90	1	13.0	0.12	1 per per day	Tesco Multivitamins X 90
F	6.1	SWAF	Health care	Plasters	Tesco	1.15	40	1	52.1	0.02	1 box every 6 months. CB1 added in line with SWAM. FG2 changed lifetime to 1 year	Tesco Clear Washproof Plasters 40S
F	6.1	SWAF	Health care	TCP antiseptic	Tesco	4.50	1	1	52.1	0.09	replaced every year	TCP antiseptic 200ml
F	6.1	SWAF	Health care	Savlon antiseptic cream	Tesco	3.25	1	1	52.1	0.06	replaced every year	Savlon Antiseptic Cream 100g
F	6.1	SWAF	Health care	First aid kit	Wilko	9.00	1	1	52.1	0.17	First aid kit, replace every year. TG3 changed to 2 or 3 years. CB changed to 1 year.	Tesco Health Family First Aid Kit. Kit contains: 10 x Washproof Plasters (7.2cm x 1.9cm) 2 x Fabric Dressing Strips (6cm x 10cm) 2 x Sterile Wound Pad (5cm x 5cm) 2 x Sterile Wound Pad (10cm x 10cm) 1 x Stretch Bandage (6cm x 4m) 1 x Crepe Bandage (7.5cm x 2m) 1 x Microporous Tape (1.25cm x 5m) 4 x Antiseptic Wipes 2 x Sterile Adhesive Dressings (5.3cm x 7cm) 2 x Sterile Adhesive Dressings (10cm x 7cm) 6 x Safety Pins Scissors 1 x Pair of Vinyl Gloves First Aid Guidance Leaflet
F	6.1	SWAF	Health care	Covid tests	Lloyds Pharmacy	9.29	5	1	5.0	1.86	1 per person per week	Lateral flow test kit (non-travel)
				F personal goods and services (inc health)		7.77						

