

MIS 2022 REBASE					
Single female pensioner					
				Food	54.38
				Alcohol	5.74
A food and non-alcoholic beverages			54.38	Tobacco	0
	A1 food		43.24	Clothing	11.12
	A2 catering		11.14	Water rates	7.44
				Council tax	16.55
B alcohol and tobacco	B1 alcohol		5.74	Household insurances	1.47
		B1A alcohol at home	4.61	Fuel	25.71
		B1B alcohol away from home	1.13	Other housing costs	1.92
	B2 tobacco and narcotics		0	Household goods	19.65
				Household services	10.02
C clothing and footwear			11.12	Childcare	0
D housing costs	D1 rent		81.02	Personal goods and services	30.24
	D2 mortgage interest		0	Motoring	0
	D3 water		7.44	Other travel costs	12.37
	D4 Council tax		16.55	Social and cultural participatio	48.74
	D5 household insurances		1.47	Total	245.34
	D6 fuel		25.71	Rent/mortgage interest	81.02
	D7 other housing costs		1.92		
E household goods and services	E1 household goods		19.65		
	E2 household services		10.02		
		E2A communication	10.02		
		E2A1 postage	2.30		
		E2A2 telephone	7.72		
		E2B childcare	0		
		E2C other household services	0		
F personal goods and services (inc health)			30.24		
G transport	G1 motoring expenditure		0		
	G2 Fares and other travel costs		12.37		
H social and cultural participation			48.74		
	H1 leisure goods		13.44		
	H2 pets		0		
	H3 entertainment and recreation		21.78		
	H4 TV licence and rental		3.05		
	H5 foreign holidays		0		
	H6 UK holidays		10.47		

MIS 2022 Rebase												
A: Food and non-alcoholic beverages												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
A1	1.1	SFP	Tea bags	Tesco	Tesco	1.10	80	1	2.3	0.48	28 tea bags + 7 for visitors	Tesco 80 Teabags 250G
A1	1.1	SFP	Coffee, instant	Tesco	Tesco	3.00	200g	1	5.7	0.53	7 tsp (35 g)	Tesco Gold Instant Coffee 200G
A1	1.1	SFP	Milk, semi skimmed	Tesco	Tesco	1.25	2.272l	1	1.1	1.11	1803 ml + 210ml for visitors = 2013ml	Tesco British Semi Skimmed Milk 2.272L 4 Pints
A1	1.1	SFP	Squash, no sugar, concentrate	Tesco	Tesco	1.75	1.5l	1	14.3	0.12	385 ml (7 x 55ml)	Tesco Quadruple Strength Lemon Squash No Added Sugar 1.5L (100 servings)
A1	1.1	SFP	Orange Juice, made from concentrate	Tesco	Tesco	0.90	1l	2	1.8	1.01	1120 ml	Tesco Pure Orange Juice Smooth 1 Litre
A1	1.1	SFP	Wholemeal bread roll	Warburtons	Tesco	1.20	6	1	6.0	0.20	1 x 55 g roll	Warburtons Wholemeal Rolls 6 Pack (56g each) freeze remainder
A1	1.1	SFP	Other high fibre breakfast cereals	Weetabix	Tesco	1.60	12	1	3.0	0.53	4 x 20 g (80 g)	Weetabix Cereal 12 Pack
A1	1.1	SFP	Bread, Best of both, wholemeal	Tesco	Tesco	0.59	18	1	2.3	0.26	8 slices (296 g)	Tesco Wholemeal Medium Bread 800g, Freeze remainder 18 slices plus crusts
A1	1.1	SFP	Porridge Oats, uncooked	Tesco	Tesco	1.00	270g	1	5.0	0.20	54 g (220 g / 4.1 cooking adjustment)	Tesco Original Scottish Oats 270G
A1	1.1	SFP	Yogurt, low fat, fruity	Creamfields	Tesco	0.79	6	1	2.0	0.40	3 x 125 g pots	Creamfields Berry Medley Low Fat Yogurt 6X125g
A1	1.1	SFP	Eggs, raw	Tesco	Tesco	2.10	12	1	2.0	1.05	6 large eggs	Tesco Large Free Range Eggs 12 Pack
A1	1.1	SFP	Sausage, pork, raw weight	Tesco	Tesco	1.50	12	1	12.0	0.13	1 thin (32 g)	Tesco 12 Pork Chipolatas Chipolatas 375G freeze remainder
A1	1.1	SFP	Baked Beans	Tesco	Tesco	0.29	220g	1	1.0	0.29	144 g	Tesco Baked Beans In Tomato Sauce 220G
A1	1.1	SFP	Bacon, back, raw weight	Tesco	Tesco	1.55	8	1	5.3	0.29	1.5 rashers (53 g)	Tesco Unsmoked Thick Cut Back Bacon Rasher 300G (avg. 8 rashers), freeze once opened
A1	1.1	SFP	Olive oil	Tesco	Tesco	3.25	1l	1	9.5	0.34	7 Tbsp (105 ml) 91 g	Tesco Olive Oil 1L
A1	1.1	SFP	Butter, light, reduced fat	Tesco	Tesco	2.30	500g	1	2.5	0.93	203 g	Tesco Reduced Fat Butterpak Spreadable 500G
A1	1.1	SFP	Marmite	Marmite	Tesco	2.00	125g	1	7.8	0.26	16 g	Marmite Yeast Extract 125G
A1	1.1	SFP	Marmalade	Tesco	Tesco	0.60	454g	1	6.0	0.10	30 g	Tesco Fine Cut Orange Marmalade 454G, lifetime adjusted to 6 weeks in line with guidance to consume within 6 weeks of opening

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A1	1.1	SFP	Plain digestives	Tesco	Tesco	0.50	28	1	2.0	0.25	4 x 14 g (56 g) + 10 for visitors	Tesco Digestive Biscuits 400G
A1	1.1	SFP	Satsumas, weight with peel	Jaffa	Tesco	2.00	600g	1	1.8	1.14	4 satsumas (340 g) 240 g/0.71 edible	Jaffa Sweet Easy Peeler 600G (avg 7 per pack)
A1	1.1	SFP	Banana, weight with peel	Tesco	Tesco	0.14	1	1	1.0	0.14	1 medium banana (158 g)	Loose Bananas 14p each
A1	1.1	SFP	Pears, weight with skin	Tesco	Tesco	0.51	1	1	1.0	0.51	1 x 160 g (pears)	Pears Conference Class 1 Loose 2.70/kg/51p each
A1	1.1	SFP	Apples, whole weight	Tesco	Tesco	0.43	1	3	1.0	1.29	3 medium apples (522 g)	Granny Smith Apples Class 1 Loose, £2.70/kg/43p each
A1	1.1	SFP	Cooking apple, whole weight	Tesco	Tesco	0.50	1	2	1.0	1.00	2 medium apples (340 g)	Tesco Bramley Cooking Apples Loose £2/kg/50p each
A1	1.1	SFP	Chicken pieces, roasted/ deli weight	Tesco	Tesco	2.80	180g	1	1.0	2.80	90 g	Tesco Roast Sliced Chicken Breast 180G
A1	1.1	SFP	Chicken Breast, no skin, raw weight	Tesco	Tesco	2.05	300g	1	1.0	2.05	280 g	Tesco 2 British Chicken Breast Fillets 300G
A1	1.1	SFP	Chicken thigh, weight with skin and bones, raw weight	Tesco	Tesco	3.50	1kg	1	5.0	0.70	150 g	Tesco Chicken Thighs 1Kg (frozen) 5 servings
A1	1.1	SFP	Lamb mince, raw weight	Tesco	Tesco	4.95	500g	1	4.0	1.24	125 g	Tesco British Lamb Mince 20% Fat 500G, freeze remainder
A1	1.1	SFP	Tuna, canned in spring water	Tesco	Tesco	2.83	4	1	1.3	2.12	2 x 180 g (2x 130g drained weight)	Tesco Tuna Chunks In Brine 145G (110g drained weight), Any 4 for £2.83 Clubcard Price, 79p each standard price
A1	1.1	SFP	Sardines, canned in spring water	Tesco Finest	Tesco	1.00	105g	1	1.0	1.00	1 x 120 g tin	Tesco Finest Sardines In Water 105G
A1	1.1	SFP	Beef mince, raw weight	Tesco	Tesco	2.99	500g	1	4.0	0.75	125 g	Tesco Beef Lean Steak Mince 500G 5% Fat, freeze remainder
A1	1.1	SFP	Pork loin chops, lean and fat, weight with bone	Tesco	Tesco	3.00	2	1	2.0	1.50	147 g	Tesco 2 Pork Loin Chops 450G, freeze other for next week
A1	1.1	SFP	Cod, frozen (pack of 2 x 130g)	Tesco	Tesco	3.45	360g	1	2.0	1.73	1 x 130 g Fillet (130 g)	Tesco Cod Fillets 360G
A1	1.1	SFP	Pizza, Pollo, chicken and pepper	Tesco	Tesco	2.00	303g	1	1.0	2.00	1 x 280 g pizza	Tesco Stone Baked Bbq Chicken Pizza 303G £2 Clubcard price, £3.50 standard price
A1	1.1	SFP	Cheese, cheddar, reduced fat, 50% less	Tesco	Tesco	1.60	220g	1	2.4	0.65	90 g	Tesco 50% Reduced Fat Mature Cheese 220G
A1	1.1	SFP	Onions, whole raw weight	Tesco	Tesco	0.31	363g	1	1.0	0.31	363g (330 g/0.91 edible)	Loose Brown Onions, 85p/kg,
A1	1.1	SFP	Red onions, whole raw weight	Tesco	Tesco	0.07	67g	1	1.0	0.07	67g (59 g /0.91 edible)	Loose Red Onions Class 2 £1/kg
A1	1.1	SFP	Carrots, frozen	Tesco	Tesco	1.10	1kg	1	2.8	0.40	360 g	Tesco Sliced Carrots Peeled & Cut 1Kg (frozen)
A1	1.1	SFP	Celery, whole raw weight	Tesco	Tesco	0.50	250g	1	2.0	0.25	104g (95 g/0.91 edible)	Tesco Celery Sticks 250G 50p Clubcard Price, 75p standard price
A1	1.1	SFP	Leeks, whole raw weight	Tesco	Tesco	1.10	700g	1	2.1	0.52	330g (188 g /0.57 g)	Tesco Sliced Leeks 700G (frozen)
A1	1.1	SFP	Mixed lettuce leaves	Florette	Tesco	1.00	150g	1	1.0	1.00	144 g	Florette Mixed Salad 150G
A1	1.1	SFP	Cucumber, with peel, whole weight	Tesco	Tesco	0.43	1	1	2.0	0.22	1/4 cucumber 274 g (266 g/ 0.97 edible)	Tesco Cucumber Whole Each
A1	1.1	SFP	Tomatoes, standard, raw	Tesco	Tesco	0.75	360g	2	1.4	1.06	6 x 85 g small (510 g)	Tesco Salad Tomatoes 6 Pack net weight 360g

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A1	1.1	SFP	Potatoes, old, whole weight	Tesco	Tesco	0.91	2.5kg	1	3.3	0.28	765 g (470 g /0.80 edible = 588 g) + (109 g /0.8 = 136 g /0.77 = 177 g)	Tesco All Rounder Potatoes 2.5Kg
A1	1.1	SFP	Baked Potato, large	Tesco	Tesco	0.25	300g	1	1.0	0.25	243g (165 g 0.68 weight change)	Potatoes Baking Loose 83p/kg 300g smallest weight sold
A1	1.1	SFP	Spring onions, whole weight	Tesco	Tesco	0.37	100g	1	1.4	0.27	72g (50 g/0.69)	Tesco Bunched Spring Onions 100G
A1	1.1	SFP	Courgettes, whole raw weight	Tesco	Tesco	0.40	200g	1	1.0	0.40	91g (80 g /0.88)	Courgettes Loose Class 1 £2/kg 200g (smallest weight sold)
A1	1.1	SFP	Aubergine, whole raw weight	Tesco	Tesco	0.29	1	1	1.0	0.29	260g (250 g/0.96 edible)	Tesco Aubergine Each 29p Clubcard price, 69p standard price
A1	1.1	SFP	Red pepper, whole raw weight	Tesco	Tesco	0.48	1	2	1.0	0.96	2 peppers (380 g) 320 g/0.84 edible	Green Pepper each Class 1
A1	1.1	SFP	Green pepper, whole raw weight	Tesco	Tesco	0.48	1	2	1.0	0.96	2 x peppers (380 g) 320 g/0.84 edible	Red Pepper each Class 2
A1	1.1	SFP	French beans, frozen	Tesco	Tesco	0.90	900g	1	15.0	0.06	60 g	Tesco Fine Whole Green Beans 900G
A1	1.1	SFP	Parsley, dried	Tesco	Tesco	0.85	11g	1	11.0	0.08	1 g	Tesco Dried Parsley 11G Jar
A1	1.1	SFP	Peas, frozen	Tesco	Tesco	0.80	1kg	1	12.5	0.06	80 g	Tesco Garden Peas 1kg
A1	1.1	SFP	Broccoli, frozen	Tesco	Tesco	0.80	900g	1	5.3	0.15	170 g	Tesco Broccoli & Cauliflower Floret Mix 900G (frozen)
A1	1.1	SFP	Mushrooms, frozen	Tesco	Tesco	1.10	500g	1	7.1	0.15	70 g	Tesco Sliced Mushrooms 500G (frozen)
A1	1.1	SFP	Cauliflower, frozen	Tesco	Tesco	1.00	900g	1	13.0	0.08	69 g	Tesco Cauliflower Florets 900G (frozen)
A1	1.1	SFP	Brussels sprouts, frozen	Tesco	Tesco	1.20	1kg	1	11.9	0.10	84 g	Tesco Frozen Button Brussels Sprouts 1Kg
A1	1.1	SFP	Sweetcorn, frozen	Tesco	Tesco	1.49	1kg	1	16.7	0.09	60 g	Tesco Supersweet Sweetcorn 1Kg
A1	1.1	SFP	Penne Pasta, uncooked weight	Tesco	Tesco	0.70	500g	1	5.7	0.12	87g 180 g / 2.03	Tesco Penne Pasta Quills 500G
A1	1.1	SFP	Spaghetti pasta, uncooked weight	Tesco	Tesco	0.70	500g	1	9.6	0.07	52g 130 g /2.48	Tesco Short Spaghetti Pasta 500G
A1	1.1	SFP	Mayonnaise, light, low fat	Tesco	Tesco	0.69	450ml	1	4.5	0.15	99 g	Tesco Light Mayonnaise 450MI
A1	1.1	SFP	Garlic, whole weight	Tesco	Tesco	0.25	1	1	3.0	0.08	4 clove (15 g) (12 g / 0.79 edible)	Tesco Garlic Each, avg 12 cloves per bulb
A1	1.1	SFP	Chicken stock cube	Tesco	Tesco	0.50	10	1	10.0	0.05	1 cube (6 g)	Tesco 10 Chicken Stock Cubes 100G
A1	1.1	SFP	Lamb stock cube	Knorr	Tesco	1.45	8	1	8.0	0.18	1 cube (6 g)	Knorr Lamb Stock Cubes 8 X 10G
A1	1.1	SFP	Chinese 5 spices	Tesco	Tesco	0.85	34g	1	68.0	0.01	0.5 g	Tesco Chinese 5 Spice 34G
A1	1.1	SFP	All spice, ground	Tesco	Tesco	0.85	33g	1	66.0	0.01	0.5 g	Tesco Ground All Spice 33G
A1	1.1	SFP	Bay leaves	Tesco	Tesco	0.70	3g	1	15.0	0.05	1.4 g (2 leaves)	Tesco Bay Leaves 3g (pack says 15 servings)
A1	1.1	SFP	Mixed herbs, dried	Tesco	Tesco	0.85	18g	1	12.0	0.07	1.5 g	Tesco Mixed Herbs 18G
A1	1.1	SFP	Black pepper	Tesco	Tesco	1.45	50g	1	52.1	0.03	0.1 g	Tesco Ground Black Pepper 50G, lifetime adjusted to 1 year
A1	1.1	SFP	Tomato puree	Tesco	Tesco	0.40	200g	1	4.3	0.09	hped tbsp 18 g	Tesco tomato Puree Tube 200g, lifetime adjusted to one month in line with guidance to use within a month of opening
A1	1.1	SFP	Worcestershire sauce	Tesco	Tesco	0.80	150ml	1	13.0	0.06	1 tsp 6 g	Tesco Worcester Sauce 150MI, lifetime adjusted to 3 months in line with guidance

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A1	1.1	SFP	Pasta tomato sauce, light, from jar	Tesco	Tesco	1.00	200g	1	1.0	1.00	150 g	Tesco Smooth Tomato Sauce 200G
A1	1.1	SFP	Tinned tomatoes	Tesco	Tesco	0.45	400g	1	1.0	0.45	299 g	Tesco Italian Chopped Tomatoes 400G
A1	1.1	SFP	Bolognese sauce, from jar	Tesco	Tesco	0.70	500g	1	2.0	0.35	125 g	Tesco Bolognese Pasta Sauce Jar 500g
A1	1.1	SFP	Curry sauce, from 440g jar	Hearty Food Co.	Tesco	0.45	440g	1	2.0	0.23	1/2 jar, (220 g)	Hearty Food Co. Curry Sauce 440G
A1	1.1	SFP	Gravy granules	Tesco	Tesco	0.70	200g	1	20.0	0.04	10 g	Tesco Gravy Granules For Chicken 200G
A1	1.1	SFP	Rice, white, long grain, uncooked weight	Tesco	Tesco	1.25	1kg	1	16.9	0.07	59 g (160 g/2.72)	Tesco Easy Cook Long Grain Rice 1Kg
A1	1.1	SFP	Custard powder	Birds	Tesco	1.60	350g	1	50.0	0.03	7 g	Birds Traditional Custard Powder 350g
A1	1.1	SFP	Shortcrust pastry	Tesco	Tesco	0.75	450g	1	9.0	0.08	50 g	Tesco Shortcrust Pastry Mix 450G
A1	1.1	SFP	Sugar, caster	Trade Aid UK	Tesco	1.80	1kg	1	19.2	0.09	52 g	Trade Aid Uk Pure Cane Caster Sugar 1Kg
A1	1.1	SFP	Wholemeal flour	Allinson	Tesco	1.75	1kg	1	20.0	0.09	50 g	Allinson Wholemeal Plain Flour 1Kg
A1	1.1	SFP	White flour, plain	Tesco	Tesco	0.70	1.5kg	1	16.7	0.04	90 g	Tesco Plain Flour 1.5Kg
A1	1.1	SFP	Brown sugar	Tesco	Tesco	1.30	500g	1	10.0	0.13	50 g	Tesco Light Soft Brown Sugar 500G
A1	1.1	SFP	Baking powder	Stockwell & Co.	Tesco	0.52	150g	1	26.1	0.02	2 g	Stockwell & Co. Baking Powder 150G
A1	1.1	SFP	Mixed fruit, dried	Tesco	Tesco	1.70	500g	1	10.0	0.17	50 g	Tesco Dried Mixed Fruit 500G
A1	1.1	SFP	Jelly, sugar free	Hartleys	Tesco	2.25	6	1	3.0	0.75	2 x 115 g pots	Hartleys Multi No Added Sugar Strawberry Jelly 6 X 115G
A1	1.1	SFP	Food delivery		Tesco	35.00		1	52.1	0.67		£35 per year for food delivery
A1	1.1	SFP	Xmas food & drink			50.00		1	52.1	0.96		£50 per household
A2	11.1	SFP	Eating out			21.34		1	4.3	4.91	£25 per person per month for 2 course meal and a drink	£25 per person per month less cost of wine drinking out (250ml) £1.13, less cost of equivalent meal eaten in: chicken £1.03, olive oil 5p, curry sauce 23p, rice 7p, red pepper 24p, green pepper 24p, aubergine 29p + jelly 38p = £2.53, £25 - £1.13 - £2.53 = £21.34
A2	11.1	SFP	Takeaway			12.46		1	2.0	6.23	£15 per person per fortnight for singles	£15 per single per fortnight less cost of equivalent meal pizza £2, lettuce 16p, tomato 18p, cucumber 4p, spring onion 4p + green pepper 12p = £2.54, 15 - 2.54 = £12.46
			A1 food			43.24						
			A2 catering			11.14						

MIS 2022 REBASE												
C: Clothing and footwear												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SFP	Underwear	Pants	M&S	8.00	7	2	52.1	0.31	12 pairs needed. From M&S. Lasting 2 years. FG3 reduced lifetime to 6 months. Lifetime adjusted to 1 year	7pk Pure Cotton High Leg Knickers - available in black or white
C	3.1	SFP	Underwear	Bras	M&S	16.00	1	4	52.1	1.23	4 bras from M&S. Lasting 2 years. FG3 reduced lifetime to 6 months. Lifetime adjusted to 1 year	Wild Blooms Wired Full Cup Bra A-E (range of styles, sizes and colours available at this price).
C	3.1	SFP	Underwear	Socks	Asda	7.00	7	1	52.1	0.13	6 pairs of socks lasting 3 years. From the supermarket. FG3 reduced lifetime to 6 months. Lifetime adjusted to 1 year	Black Contrast Toe and Heel Ankle Socks 7 Pack
C	3.1	SFP	Underwear	Tights (winter)	H&M	12.99	2	2	52.1	0.50	4 pairs of woolly tights from the supermarket. Lasting 3 years. Lifetime adjusted to 1 year.	2-pack fine-knit tights. NB: Priced in H&M as no knitted tights found in supermarkets
C	3.1	SFP	Underwear	Tights (everyday)	Asda	3.50	5	2	52.1	0.13	4 pairs of tights from the supermarket. Lasting 3 years. Adjusted to 10 pairs lasting 1 year	Gloss 15 Denier Tights 5 Pack
C	3.1	SFP	Underwear	Petticoat	Asda	8.00	1	2	1042.9	0.02	2 petticoats lasting 20 years. From supermarket	Black Lace Trim Slip. Available in black or nude
C	3.1	SFP	Main clothing	Vest tops/camisoles	Asda	6.50	3	2	260.7	0.05	6 from Primark. Lasting 5 years.	Jersey Cami Vest Top
C	3.1	SFP	Main clothing	Thermal top	Asda	7.00	1	2	260.7	0.05	2 thermal sets (tops and bottoms). Lasting 5 years. From supermarket	Black Foil Thermal Long Sleeve Top
C	3.1	SFP	Main clothing	Thermal bottoms	Asda	7.00	1	2	260.7	0.05	2 thermal sets (tops and bottoms). Lasting 5 years. From supermarket	Black Foil Thermal Leggings
C	3.1	SFP	Main clothing	T-shirts (short sleeved)	Asda	6.50	2	2	52.1	0.25	3 needed. From supermarket. Lasting 1 year.	Crew Neck T-Shirts 2 Pack. Range of colours and styles.
C	3.1	SFP	Main clothing	T-shirts (long sleeved)	Asda	8.50	2	1	52.1	0.16	2 needed. From supermarket. Lasting 1 year.	Assorted Long Sleeve Jersey Tops 2 Pack
C	3.1	SFP	Main clothing	Blouses	Next	18.00	1	2	208.6	0.17	2 blouses from Next. Lasting 4 years.	Half Sleeve Top. Range of patterns.
C	3.1	SFP	Main clothing	Trousers (smart)	Next	25.00	1	1	260.7	0.10	1 pair of smart trousers from Next. Lasting 5 years.	Navy Blue Tailored Straight Leg Trousers

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C: Clothing and footwear												
Single female pensioner												
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C	3.1	SFP	Main clothing	Trousers (casual)	Next	16.00	1	1	260.7	0.06	1 pair of casual trousers from Next. Lasting 5 years.	F&F Black Spot Wide Leg Trousers. NB: F&F range stocked in Next.
C	3.1	SFP	Main clothing	Trousers (summer)	Next	18.00	1	1	260.7	0.07	1 pair of linen trousers from Next. Lasting 5 years.	Linen Blend Taper Trousers
C	3.1	SFP	Main clothing	Leggings	Asda	7.00	1	2	52.1	0.27	2 pairs of leggings from supermarket. Lasting 1 year.	Black Ribbed Leggings
C	3.1	SFP	Main clothing	Jogging bottoms	Asda	6.00	1	1	52.1	0.12	1 pair needed. Lasting 1 year. From supermarket	Black Straight Leg Jersey Joggers
C	3.1	SFP	Main clothing	Jeans	M&S	22.50	1	2	52.1	0.86	2 pairs of jeans from M&S/Next. Lasting 1 year.	Sienna Straight Leg Jeans with Stretch. Range of colours
C	3.1	SFP	Main clothing	Dress (summer)	Asda	18.00	1	3	156.4	0.35	3 summer dresses from supermarket. Lasting 3 years.	Coral Floral Print Midi Dress. Range of styles at same price
C	3.1	SFP	Main clothing	Dress (occasion)	Next	44.00	1	1	156.4	0.28	2 occasion dresses from Next. One summer and one winter. Lasting 3 years.	Roman Black Leaf Print Panel Dress
C	3.1	SFP	Main clothing	Dress (occasion)	Next	45.00	1	1	156.4	0.29	2 occasion dresses from Next. One summer and one winter. Lasting 3 years.	Roman Black Star Foil Print Frill Dress
C	3.1	SFP	Main clothing	Skirt (summer)	Asda	14.00	1	1	260.7	0.05	1 summer skirt from supermarket. Lasting 5 years.	Green Floral Print Button Up Midi Skirt
C	3.1	SFP	Main clothing	Skirt (smart)	M&S	19.50	1	1	260.7	0.07	1 smart skirt from supermarket. Lasting 5 years.	Jersey Knee Length Pencil Skirt.
C	3.1	SFP	Main clothing	Skirt (winter)	Sainsbury's	16.00	1	1	260.7	0.06	1 winter skirt from supermarket. Lasting 5 years.	Black Plisse Midi Skirt
C	3.1	SFP	Main clothing	Jumpers (light)	Asda	12.50	1	3	260.7	0.14	3 medium-weight jumpers. From supermarket. Lasting 5 years.	Cream Ribbed High Neck Jumper. Range of colours.
C	3.1	SFP	Main clothing	Jumpers (thick)	Asda	14.00	1	2	260.7	0.11	2 thick jumpers. From supermarket. Lasting 5 years.	Tan Roll Neck Balloon Sleeve Jumper. Range of styles and colours.
C	3.1	SFP	Main clothing	Hoody	Asda	14.00	1	1	52.1	0.27	1 hoody from the supermarket. Lasting 1 year.	Black Long Sleeve Hoodie range of colours and styles at this price
C	3.1	SFP	Main clothing	Cardigans	Asda	14.00	1	2	260.7	0.11	2 cardigans from supermarket. Lasting 5 years.	Grey Longline Open Front Cardigan (range of colours and styles at this price)
C	3.1	SFP	Accessories	Gloves (woolly)	H&M	3.99	2	1	208.6	0.02	1 pair of woolly gloves from supermarket. Lasting 2 years.	2-pack touchscreen gloves. 2 Pack, so would last 4 years

MIS 2022 REBASE												
C: Clothing and footwear												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SFP	Accessories	Gloves (smart)	M&S	17.50	1	1	104.3	0.17	1 pair of leather gloves from supermarket. Lasting 2 years.	Leather Gloves
C	3.1	SFP	Accessories	Scarf (winter)	Asda	8.00	1	1	521.4	0.02	1 winter scarf. From supermarket. Lasting 10 years.	Blue Ombre Long Light Weight Scarf
C	3.1	SFP	Accessories	Scarves (summer)	Sainsbury's	8.00	1	1	521.4	0.02	1 thin scarf. From supermarket. Lasting 10 years.	Sage Green Butterfly Print Scarf
C	3.1	SFP	Outer clothing	Raincoat	Asda	12.50	1	1	260.7	0.05	Cagoule. From supermarket. Lasting 5 years.	Black Casual Pac a Mac
C	3.1	SFP	Outer clothing	Waterproof trousers	Go Outdoors	32.00	1	1	521.4	0.06	1 pair of fully waterproof trousers from Blacks or Go Outdoors. Lasting 10 years.	Peter Storm Women's Waterproof Trousers
C	3.1	SFP	Outer clothing	Coat (winter)	Primark	30.00	1	1	260.7	0.12	1 thick winter coat from supermarket. Lasting 5 years.	Faux Fur Hooded Puffer Jacket
C	3.1	SFP	Outer clothing	Coat (summer)	Primark	30.00	1	1	260.7	0.12	1 light summer coat from supermarket. Lasting 5 years.	Double-Breasted Trench Coat
C	3.1	SFP	Outer clothing	Waterproof	Go Outdoors	31.00	1	1	260.7	0.12	Waterproof jacket from Blacks. Lasting 5 years.	Women's Downpour Waterproof Jacket.
C	3.1	SFP	Outer clothing	Jacket (casual)	Asda	25.00	1	1	260.7	0.10	Short quilted mac jacket from supermarket. Lasting 5 years.	Lilac Short Padded Coat
C	3.1	SFP	Swimwear	Swimming costume	Sainsbury's	18.00	2	1	52.1	0.35	2 swimsuits from supermarket. Lasting 1 year.	Monochrome Leaf Print Medium Tummy Control Swimsuit
C	3.1	SFP	Nightwear	Pyjamas (winter)	Sainsbury's	14.00	1	2	104.3	0.27	2 sets of winter pyjamas. From supermarket. Lasting 2 years.	Blue Henley Pyjamas
C	3.1	SFP	Nightwear	Pyjamas (summer)	Asda	12.50	1	2	104.3	0.24	2 sets of summer pyjamas. From supermarket. Lasting 2 years	Floral Graphic Print Pyjamas
C	3.1	SFP	Nightwear	Dressing gown (winter)	Asda	15.00	1	1	260.7	0.06	From supermarket. Lasting 5 years	Blue Polka Dot Print Fleece Dressing Gown
C	3.1	SFP	Nightwear	Dressing gown (summer)	Sainsbury's	16.00	1	1	260.7	0.06	From supermarket. Lasting 5 years	Grey Soft Knit Robe
				C clothing and footwear	8.01							

MIS 2022 REBASE										
D: Housing costs										
Single female pensioner										
MIS CODE	COICOP	MIS ID	Category	Item	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
D1	4.1	SFP	Rent	Rent	81.02	1	1.0	81.02	Social housing 1 bed flat	Uprated based on policy (4% increase)
D3	4.3	SFP	Water rates	Water rates	387.99	1	52.1	7.44		Severn Trent price increases: 2020/21=3.1% 2021/22=5.8% 2022/23=10.2% 1.031*1.058*1.102=1.2021 2019 value=6.19 6.19*1.2021=12.15
D4	N/A	SFP	Council tax	Council tax		1	1.0	16.55		Includes £150 rebate
D5	12.5	SFP	Contents insurance	Insurance	6.39	1	4.3	1.47	Contents insurance based on 1 bed flat, social rent	£76.68 paid in 12 monthly instalments of £6.39
D6	4.5	SFP	Fuel		1340.44	1	52.1	25.71		
D7	4.3	SFP	House maintenance	Decorating and other house maintenance	100.00	1	52.1	1.92	£100 per year to maintain condition of property and repair minor damage. Important to keep rented property in original condition in order to get deposit back.	
			D1 rent		81.02					
			D2 mortgage interest		0					
			D3 water		7.44					
			D4 Council tax		16.55					
			D5 household insurances		1.47					
			D6 fuel		25.71					
			D7 other housing costs		1.92					

MIS 2022 REBASE												
E: Household goods and services												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	4.3	SFP	Security	Locking door chain	B&Q	5.12		1	1042.9	0.00	FG3 added safety chain for door B&Q, 20 years	Smith & Locke TT4000 Chrome effect Steel Door chain, (L)195mm
E1	4.3	SFP	Security	Door viewer	B&Q	5.98		1	1042.9	0.01	Spy hole, 20 years.	Smith & Locke Chrome effect Galvanised Brass 200° Door viewer, (Dia)25.9mm
E1	5.2	SFP	Hall	Door mat	Argos	5.50		1	260.7	0.02	For outside, cheapest coconut matting 'welcome' style, Argos, Wilko, Homebase, 5 years.	Argos Home Coir Flatweave Doormat - 40 x 60cm - Natural (with non-slip backing)
E1	5.2	SFP	Hall	Door mat	Argos	5.50		1	260.7	0.02	For inside, rubber backed approx. £5, Argos, Wilko, Homebase, 5 years.	Argos Home Coir Flatweave Doormat - 40 x 60cm - Natural (with non-slip backing)
E1	5.1	SFP	Hall	Lampshade for central light	Dunelm	25.00	1	1	521.4	0.05	Approx. £10-£15, Wilko, B+Q, Argos, JL, would last long time but may want to replace every 10 years when flat is redecorated. CB3 changed all lightshades to £20, lasting 10 years. CB4 said: Dunelm, £25, 10 years.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)
E1	5.5	SFP	Hall	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.5	SFP	Hall	Coat hooks	Wilko	4.40	4	1	1042.9	0.00	Row of 4 hooks. Argos, Wilko, Homebase. 20 years.	Wilko Chrome and Pine Key Hook Rail
E1	5.1	SFP	Hall	Shoe storage	Argos	26.00	1	1	1042.9	0.02	Shoe rack/cupboard to hold 12 pairs (could be in hall or bedroom), approx. £20, Ikea, B+Q, Argos, 20 years	Habitat Jorn 4 Tier Shoe Rack - White
E1	5.1	SFP	Living area	Lampshade for central light	Dunelm	25.00	1	1	521.4	0.05	Approx. £10-£15, Wilko, B+Q, Argos, JL, would last long time but may want to replace every 10 years when flat is redecorated. CB3 changed all lightshades to £20, lasting 10 years. CB4 said: Dunelm, £25, 10 years.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)
E1	5.5	SFP	Living area	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.2	SFP	Living area	Curtains	Wilko	65.00	2	1	521.4	0.12	Lined and washable, eyelet or tab top style curtains, Dunelm, 10 years. FG3 increased quality to approx. £60 for pair. Said increased price could include larger dimensions to give more choice. Washable blackout throughout	Wilko Stone Eclipse Eyelet Blackout Curtains 228 W x 228cm D (machine washable at 30 degrees)

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.5	SFP	Living area	Curtain pole	Wilko	24.00	1	1	1042.9	0.02	Metal curtain pole from Wilkos/Dunelm/B&Q. Lasting 15 years. FG3 increased lifetime to 20 years	Wilko Tivoli 170 - 300cm Extendable Satin Silver Effect Curtain Pole
E1	5.2	SFP	Living area	Net curtains	Wilko	7.00	1	2	365.0	0.04	Cheapest nets for privacy, Dunelm, Ikea, Argos, B+Q, 10 years. CB3 reduced lifetime to 7 years	Sheer Elegance White Slot Top Single Voile Panel. W 150cm x D 228cm. 2 priced to fit width of window
E1	5.5	SFP	Living area	Wire for net curtains	Wilko	1.50	1	1	365.0	0.00	Needed for the net curtains. CB3 said 7 years	Wilko 108 inch Curtain Wire
E1	5.1	SFP	Living area	Sofa (2 seater)	DFS	429.00	1	1	521.4	0.82	1 needed. From DFS/SCS. Matching sofa and sofa bed. £1000 for both. Fabric. Lasting 15 years. CB4 changed lifetime to 10 years	Ludo 2 Seater Sofa
E1	5.1	SFP	Living area	Sofabed (2 seater)	DFS	649.00	1	1	521.4	1.24	1 needed. From DFS/SCS. Matching sofa and sofa bed. £1000 for both. Fabric. Lasting 15 years. CB4 changed lifetime to 10 years	Ludo 2 Seater Sofa Bed
E1	5.1	SFP	Living area	Foot stool	DFS	199.00	1	1	782.1	0.25	Footstool with storage. Matching sofas. From DFS/SCS. Lasting 15 years.	Ludo Storage Footstool
E1	5.2	SFP	Living area	Cushions	Dunelm	10.00	1	4	104.3	0.38	4 cushions approx. £10 each. From Dunelm/supermarket/The Range. Lasting 10 years. CB4 reduced lifetime to 2 years	Textured Chenille Cushion
E1	5.1	SFP	Living area	Side tables	Argos	90.00	3	1	1042.9	0.09	Nested side tables. Not flat pack. From Dunelm/The Range/B&Q. Lasting 20 years (matching with bookcase). CB4 changed to cheaper side tables in line with Ppens.	Argos Home Gloucester Nest of 3 Solid Wood Tables - Natural
E1	5.5	SFP	Living area	Freestanding radiator	The Range	39.99	1	1	521.4	0.08	Small oil-filled radiator from Dunelm/B&Q/The Range/Amazon/Argos. Lasting 10 years.	Oil Filled Radiator - 2000W Includes thermostatic control and caster wheels
E1	5.1	SFP	Living area	Bookcase	Argos	65.00	1	1	1042.9	0.06	Half-height bookcase. Solid (not flat pack) and matching the side tables. Lasting 20 years.	Argos Home Hartland Short Bookcase - Light Wood
E1	5.1	SFP	Living area	Storage unit	Dunelm	169.00	1	1	1042.9	0.16	3ft wide. From Dunelm/The Range/B&Q/Homebase/Wilkos. Solid wood lasting 20 years.	Corona Pine Sideboard. H81cm x W100cm x D43cm

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SFP	Living area	Personalisation		50.00	1	1	52.1	0.96	Personalisation budget of £100 every 10 years. For ornaments, picture frames etc. CB changed in line with SMP: £50 per year for items to personalise home, e.g. vase, ornaments, pictures, mirror etc.	
E1	5.1	SFP	Living area	Table lamp	Dunelm	10.00	1	1	782.1	0.01	1 table lamp needed. From Dunelm/B&Q/Homebase/(Ikea)/Wilko. Lifetime not discussed. Lifetime set to 10 years for now, in line with other living room items. CB3 increased budget to approximately £10 to include features such as dimmable or directional lighting. Lifetime 15 years. CB4 increased budget to £10-£12.	Rimini Cream Touch Dimmable lamp
E1	5.1	SFP	Living area	Floor lamp	B&Q	20.00	1	1	782.1	0.03	1 directional floor lamp needed. From Dunelm/B&Q/Homebase/(Ikea)/Wilko. Lifetime not discussed. CB3 set lifetime to 15 years.	Matt Grey Mother & child floor light
E1	5.1	SFP	Dining area	Lampshade for central light	Dunelm	25	1	1	521.4	0.05	Approx. £10-£15, Wilko, B+Q, Argos, JL, would last long time but may want to replace every 10 years when flat is redecorated. CB3 changed all lightshades to £20, lasting 10 years. CB4 said: Dunelm, £25, 10 years.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)
E1	5.5	SFP	Dining area	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.2	SFP	Dining area	Curtains	Wilko	65.00	2	1	521.4	0.12	Lined and washable, eyelet or tab top style curtains, Dunelm, 10 years. FG3 increased quality to approx. £60 for pair. Said increased price could include larger dimensions to give more choice. Washable blackout throughout	Wilko Stone Eclipse Eyelet Blackout Curtains 228 W x 228cm D (machine washable at 30 degrees)
E1	5.5	SFP	Dining area	Curtain pole	Wilko	24.00	1	1	1042.9	0.02	Metal curtain pole from Wilko/Dunelm/B&Q. Lasting 15 years. FG3 increased lifetime to 20 years	Wilko Tivoli 170 - 300cm Extendable Satin Silver Effect Curtain Pole
E1	5.2	SFP	Dining area	Net curtains	Wilko	7.00	1	2	365.0	0.04	Cheapest nets for privacy, Dunelm, Ikea, Argos, B+Q, 10 years. CB3 reduced lifetime to 7 years	Sheer Elegance White Slot Top Single Voile Panel. W 150cm x D 228cm. 2 priced to fit width of window
E1	5.5	SFP	Dining area	Wire for net curtains	Wilko	1.50	1	1	365.0	0.00	Needed for the net curtains. CB3 said 7 years	Wilko 108 inch Curtain Wire

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SFP	Dining area	Dining table	Argos	120.00	1	1	1042.9	0.12	Solid (not flat pack) table from Dunelm/B&Q, Homebase/Ikea/Wilko/Argos. Lasting 20 years.	Argos Home Extending 4 - 6 Seater Table - Light Oak Effect
E1	5.1	SFP	Dining area	Dining chairs	Argos	80	2	2	1042.9	0.15	Dropleaf table and 4 chairs (2 solid, 2 folding). Argos, Supermarket. 20 years. CB3 changed in line with SFP: 4 needed. From Dunelm/B&Q, Homebase/Ikea/Wilko/Argos. Lasting 20 years. CB4 changed spec in line with Ppens: Folding table and 4 solid chairs.. From Argos, Ikea, Amazon. Lasting 20 years	Habitat Chicago Pair of Dining Chairs - Two Tone
E1	5.1	SFP	Dining area	Tablemats	The Range	4.99	4	2	260.7	0.04	Set of 6. Cork backed. 20 years. CB3 changed lifetime to 5 years.	Set of 4 Simply Grey Polka Dot Placemats (range of patterns and colours)
E1	5.1	SFP	Dining area	Coasters	The Range	1.99	4	2	260.7	0.02	set of 6 cork-backed coasters. Lasting 5 years	Set of 4 Simply Grey Polka Dot Coasters
E1	5.5	SFP	Kitchen	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.1	SFP	Kitchen	Blind	Argos	14.00	1	1	260.7	0.05	Cheap roller blind from B&Q/Argos/Dunelm. Lasting 10 years. CB3 reduced lifetime to 5 years	Argos Home Blackout Insulating Roller Blind - 4ft - White. W120cm x D160cm
E1	5.4	SFP	Kitchen, tableware	Crockery	Asda	10.00	12	2	260.7	0.08	8 place settings needed: dinner plate, side plate, bowl. From supermarket. 5 years.	George Home Basic White Dinner Set. Each set includes 4x plates, side plates and bowls.
E1	5.4	SFP	Kitchen, tableware	Mugs	Asda	5.00	4	2	260.7	0.04	8 needed. From supermarket. CB3 said 8 mugs lasting 5 years.	George Home Simply White Mug Pack (4pce)
E1	5.4	SFP	Kitchen, tableware	Cutlery	Asda	15.00	32	1	1042.9	0.01	8 place settings needed: knife, fork, spoon, teaspoon. From supermarket. Cheapest stainless steel okay. No lifetime given. Lifetime set at 10 years for now. CB3 changed lifetime to 20 years.	George Home Horizon Stainless Steel Cutlery Set 32 Piece
E1	5.4	SFP	Kitchen, tableware	Serving spoons	ASDA	2.50	2	1	1042.9	0.00	CB4 added in line with SMP: 2 large serving spoons, Argos, Supermarket. 20 years.	George Home York Stainless Steel Serving Spoons
E1	5.4	SFP	Kitchen, tableware	Tumblers - tall	Asda	0.50	1	8	104.3	0.04	4 needed. Cheapest ok. Argos, Supermarket. 5 years. CB3 said 8 tall and 8 short tumblers plus 8 wine glasses. Approx. £2 per glass. CB4 changed: 8 tall glasses and 8 wine glassed. Cheapest, 2 years	George Home Feature Hiball Glass

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SFP	Kitchen, tableware	Wine glasses	Asda	6.00	4	2	104.3	0.12	4 needed. Cheapest ok. Argos, Supermarket. 5 years. CB3 said 8 tall and 8 short tumblers plus 8 wine glasses. Approx. £2 per glass. CB4 changed: 8 tall glasses and 8 wine glassed. Cheapest, 2 years	George Home Four Lyric Wine Glasses
E1	5.4	SFP	Kitchen, tableware	Cruet	Wilko	4.50	2	1	1042.9	0.00	No other info. CB4 confirmed salt and pepper pots, 20 years	White Salt and Pepper Pots
E1	5.4	SFP	Kitchen, tableware	Gravy boat	ASDA	3.50	1	1	1042.9	0.00	Ceramic gravy boat, Argos, Supermarket, 20 years	George Home White Gravy Boat
E1	5.6	SFP	Kitchen, consumables	Napkins	Tesco	1.00	50	2	52.1	0.04	Paper napkins. CB3 said 100 lasting 1 year.	Tesco Napkins White 33Cm 2Ply 50 Pack
E1	5.3	SFP	Kitchen, appliances	Microwave	Asda	49.00	1	1	417.1	0.12	1 needed. No other details discussed. Ppens said: Cheapest 700w ok, Supermarket, 8 years. Cb3 increased budget to £100 and said the microwave would last 5 years. CB4 lowered spec in line with Ppens: Cheapest 700w ok, Supermarket, 8 years.	Manual Microwave - White (700W)
E1	5.3	SFP	Kitchen, appliances	Fridge freezer	AO	359.00	1	1.0	521.4	0.69	1 needed. No other details discussed. Ppens said: 50/50 frost free Fridge freezer, Currys, AO, 10 years. CB3 agreed with these specs.	Electra ECFF165WE 50/50 Frost Free Fridge Freezer - White - F Rated
E1	5.3	SFP	Kitchen, appliances	Cooker	AO	199.00	1	1.0	521.4	0.38	1 needed. No other details discussed. Ppens said: Electric oven and hob, lot of debate about whether hob should be halogen induction (phasing out of gas in approx. 15 years) price standard electric and halogen induction and take to check back, Currys, AO, 10 years. CB3 said induction hob was not necessary.	Indesit Cloe IS5V4KHW 50cm Electric Cooker with Ceramic Hob - White - A Rated
E1	5.3	SFP	Kitchen, appliances	Washing machine	Currys	229.00	1	1.0	417.1	0.55	1 needed. No other details discussed. Ppens said: 7kg, 1200 rpm, good energy rating washing machine, Currys, AO, 8 years. 5 loads a fortnight for couple. CB3 agreed with these specs	Beko WTL82051W 8Kg Washing Machine with 1200 rpm - White - C Rated
E1	5.3	SFP	Kitchen, appliances	Toaster	Asda	19.00	1	1.0	312.9	0.06	1 needed. No other details discussed. Ppens said: Mid-range Supermarket quality, Supermarket, 6 years. CB3 agreed with these specs.	George Home Grey textured 2 Slice Toaster
E1	5.3	SFP	Kitchen, appliances	Kettle	Asda	19.00	1	1.0	312.9	0.06	1 needed. No other details discussed. Ppens said: Mid-range Supermarket quality, Supermarket, 6 years. CB3 agreed with these specs.	George Home Grey Textured Fast Boil Kettle

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.3	SFP	Kitchen, appliances	Slow cooker	Asda	13.00	1	1	782.1	0.02	1 needed. No other details discussed. Ppens said: Small slow cooker, cheapest ok, Supermarket, 15 years. CB3 agreed with these specs	George Home Grey Compact Slow Cooker
E1	5.3	SFP	Kitchen, accessories	Hand blender	B&M	25.00	1	1.0	521.4	0.05	Hand blender added. CB3 agreed specs in line with Ppens: Multi-purpose hand blender with whisk attachment, Supermarket, Argos, The Range, B+M, 10 years	Tower 3-in-1 Hand Blender. Includes stainless steel blade, 600ml beaker, chopping attachment and whisk
E1	5.4	SFP	Kitchen, cookware	Saucepans	Asda	60.00	5	1.0	417.1	0.14	Saucepans needed. No other details discussed. Ppens said: Set of 3 or 4 non-stick saucepans, cheapest recognisable brand e.g. Tefal, 8 years or 15 years no decision. CB3 said 8 years.	Tefal Delight Non-stick Pan Set. Set Consists of 14cm Milkpan, 16/18cm Saucepans with Lids, 20/24cm Frying Pans
E1	5.4	SFP	Kitchen, cookware	Frying pan	Asda	0.00	2	1.0	417.1	0.00	included in set above. CB4 said 8 years	Included in set above
E1	5.4	SFP	Kitchen, cookware	Knives	Argos	45	5	1	782.1	0.06	Set of knives needed. No other details discussed. Ppens said: Knife set approx. £50-60, Argos, The Range, 35 years. CB3 changed lifetime to 15 years.	Joseph Joseph Duo 5 Piece Knife Block Set - Multicoloured
E1	5.4	SFP	Kitchen, cookware	Knife sharpener	Wilko	6.00	1	1	782.1	0.01	FG3 confirmed 15 years in line with knife set.	Knife Sharpener
E1	5.4	SFP	Kitchen, cookware	Baking sheet	Asda	1.50	1	2	260.7	0.01	CB3 added 2 baking trays from Asda, lasting 5 years	George Home Non-Stick Grey 40cm Oven Tray
E1	5.4	SFP	Kitchen, cookware	Roasting tin	Asda	1.50	1	1	260.7	0.01	CB3 added 1 roasting tin from Asda, lasting 5 years	George Home Non-Stick Roaster Grey 38cm
E1	5.4	SFP	Kitchen, cookware	Bun tin	Asda	2.00	1	1	260.7	0.01	CB3 added 1 bun tin from Asda, lasting 5 years	George Home Non-Stick 6 Cup Muffin Tray
E1	5.4	SFP	Kitchen, cookware	Cake tin	Asda	1.75	1	2	260.7	0.01	No other details discussed. Ppens said Two shallow cake tins, non-stick, Supermarket, Argos, The Range, B+M, 5 years. CB4 said 2 needed	George Home Non-Stick Springform Cake Tin
E1	5.4	SFP	Kitchen, cookware	Loaf tin	Asda	1.00	1	1	260.7	0.00	CB3 added 1 loaf tin from Asda, lasting 5 years	George Home Non-Stick Loaf Pan 24cm
E1	5.4	SFP	Kitchen, cookware	Cheese grater	Dunelm	3.50	1	1	1042.9	0.00	1 needed. No other details discussed. Ppens said: Grater with tub and lid attachment, 1 up from bottom quality, Supermarket, Argos, The Range, B+M, 20 years. CB3 changed to standard box grater, lasting 10 years. Cb4 increased lifetime to 20 years in line with Ppens. FG3 increased quality - silicone base and handle	Dunelm Silicone Grater

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SFP	Kitchen, cookware	Colander	Asda	4.75		1	1825.0	0.00	1 needed. No other details discussed. Ppens said: Metal colander, Supermarket, Argos, The Range, B+M, 35 years CB3 changed lifetime to 15 years. CB4 increased to 35 years in line with Ppens	George Home Stainless Steel Colander
E1	5.4	SFP	Kitchen, cookware	Sieve	Asda	2.50		1	782.1	0.00	1 needed. No other details discussed. CB3 changed lifetime to 15 years.	George Home Stainless Steel Sieve
E1	5.4	SFP	Kitchen, cookware	Casserole dish	Argos	16.00	3	1	1825.0	0.01	Pyrex casserole dish. No other details discussed. Ppens said: Set of 3 pyrex casserole dishes, different sizes, Supermarket, Argos, The Range, B+M, 35 years. Cb3 changed lifetime to 15 years. CB4 increased to 35 years in line with Ppens	Pyrex 3 Piece Clear Casserole Set
E1	5.4	SFP	Kitchen, cookware	Lasagne dish	Asda	3.50	1	1	782.1	0.00	1 needed. No other details discussed. Lifetime set to 35 years for now in line with casserole dishes. CB3 changed lifetime to 15 years.	Pyrex Glass Dish With Lid 1.5L
E1	5.4	SFP	Kitchen, accessories	Utensils	Argos	18	8	1	521.4	0.03	Utensils needed. No other details discussed. Ppens said: Silicone utensil set, cheapest ok, Supermarket, Argos, 10 years	Argos Home Silicone 8 Piece Utensil Set - Black. Includes Utensil caddy. Serving spoon. Slotted turner. Spatula. Slotted masher. Whisk. Pastry brush, Icing spreader.
E1	5.4	SFP	Kitchen, accessories	Wooden spoons	Asda	0.50	1	3	104.3	0.01	Wooden spoons needed. No other details discussed. Lifetime set at 5 years for now. CB3 said 3 spoons, lasting 2 years.	George Home Wooden Spoon
E1	5.4	SFP	Kitchen, accessories	Bottle opener	Asda	3.00	1	1	208.6	0.01	1 needed. No other details discussed. Lifetime set at 5 years for now. CB3 said 4 years.	George Home Corkscrew - with built-in bottle opener
E1	5.4	SFP	Kitchen, accessories	TIn opener	Asda	10.00	1	1	312.9	0.03	CB4 added electric tin opener in line with Ppens: Approx. £10 lasting 6 years.	George Home Black Electric Can Opener
E1	5.4	SFP	Kitchen, accessories	Peeler	Asda	0.60	1	1	104.3	0.01	1 needed. No other details discussed. Ppens said: Cheap peeler, Supermarket, Argos, The Range, B+M, 2 years	George Home Plastic Peeler

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E1	5.4	SFP	Kitchen, accessories	Measuring jug	Asda	4.00	1	1	1825.0	0.00	Cb4 added in line with couples: Pyrex jug, Supermarket, Argos, The Range, B+M, 35 years	Pyrex Measuring Jug
E1	5.4	SFP	Kitchen, accessories	Scales	Asda	5.00	1	1	1042.9	0.00	1 needed. No other details discussed. Ppens said: Digital scales, cheapest ok, Supermarket, Argos, The Range, B+M, 20 years, plus battery	George Home White Digital Scale
E1	5.4	SFP	Kitchen, accessories	Batteries		15.00	1	1	52.1	0.29	Batteries for scales and bedroom clocks. Replaced how often? Lifetime set to 2 years for now. CB4 changed: £15 budget per year to cover all batteries	
E1	5.4	SFP	Kitchen, accessories	Mixing bowls	Argos	16.00	3	1	1825.0	0.01	Cb4 added in line with couples: Set of pyrex or equivalent glass bowls, Supermarket, Argos, The Range, B+M, 35 years	Pyrex 3 Piece Glass Bowl Set
E1	5.4	SFP	Kitchen, accessories	Chopping board	Asda	3.00	3	1	260.7	0.01	No other details discussed. Ppens said: 3 wooden chopping boards (one for meat, veg + bread), Supermarket, Argos, The Range, B+M, 20 years. CB3 changed to a set of solid plastic chopping boards, lasting 5 years.	Plastic Chopping Boards
E1	5.4	SFP	Kitchen, accessories	Oven gloves	Dunelm	12.00	1	1	260.7	0.05	CB3 added cheapest silicone oven gloves. Lasting 5 years.	Grey Silicone Double Oven Glove
E1	5.4	SFP	Kitchen, accessories	Bin	Argos	6.00	1	1	782.1	0.01	CB3 added 1 small pedal bin for kitchen. Cb4 changed to 25L, 15 years	Tontarelli 25 Litre Swing Top Bin - Black
E1	5.4	SFP	Kitchen, accessories	Bin liners	Tesco	2.20	30	1	8.6	0.26	CB3 added 1 bin liner per day. Cb4 said change every 2 days	Tesco 30 pedal bin liners 22L
E1	5.4	SFP	Kitchen, accessories	Washing up bowl	Asda	1.70	1	1	104.3	0.02	1 needed. No other details discussed. Ppens said: Plastic washing up bowl, Supermarket, 2 years. CB3 agreed with specs	George Home Recycled Plastic Washing Up Bowl Grey
E1	5.4	SFP	Kitchen, accessories	Drainer	Asda	1.70	1	1	104.3	0.02	1 needed. No other details discussed. Ppens said: Plastic drainer, Supermarket, 2 years. CB3 agreed with specs	George Home Recycled Plastic Dish Drainer Grey
E1	5.4	SFP	Kitchen, accessories	Storage containers	Amazon	7.99	17	1	260.7	0.03	Set of plastic tubs with sealed lids for food storage. No other details discussed. Ppens said: Set of plastic tubs with press on lids, Supermarket, Argos, Home Bargains, 10 years. CB4 changed to IKEA 17-piece set, 5 years	IKEA PRUTA Plastic Container / Food Storage Containers 17 Piece Set (Ikea set sold on Amazon)
E1	5.4	SFP	Kitchen, accessories	Tray	Asda	2.50	1	2	1042.9	0.00	Tray table approx £10, Argos, 20 years. CB4 changed to two plastic trays.	George Home Plastic Tray

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E1	5.4	SFP	Kitchen, accessories	Storage canisters	The Range	10.49	3	1	521.4	0.02	For tea, coffee, sugar. No other details discussed. Lifetime set to 5 years for now. CB3 changed lifetime to 10 years	Set Of 3 Tea, Coffee & Sugar Canister - Cream. Range of colours.
E1	5.4	SFP	Kitchen, accessories	Kitchen towel holder	The Range	4.99	1	1	521.4	0.01	Freestanding holder for kitchen roll. CB3 said it would last 10 years.	Tuscan Bamboo Kitchen Roll Holder - Grey
E1	5.6	SFP	Kitchen, laundry	Washing liquid	Tesco	1.70	1	1	16.0	0.11	Liquid or powder. No other details discussed. 5 washes per fortnight	ASDA Sensitive Non-Bio Liquid 40 Washes
E1	5.6	SFP	Kitchen, laundry	Fabric conditioner	Tesco	1.50	1	1	29.6	0.05	No other details discussed. 5 washes per fortnight	ASDA Sensitive Pure Cotton Fabric Softener 74 washes
E1	5.6	SFP	Kitchen, laundry	Soda crystals	Asda	1.00	1	1	50.0	0.02	For laundry and washing machine maintenance. No other details discussed. Lifetime set to 3 months for now. CB3 said used for one wash per week.	Dri Pak Soda Crystals (1 kg). Product recommends 1 Tablespoon (20g) in wash to soften water. 1000g/20g=50 weeks
E1	5.4	SFP	Kitchen, laundry	Airer	Wilko	21	1	1	782.1	0.03	Free standing airer, sturdy. Mid-range from Dunelm/Wilko/Supermarket/The Range. Lasting 10 years. CB3 changed lifetime to 15 years	Wileda 3 tier airer 15M
E1	5.4	SFP	Kitchen, laundry	Over radiator airer	The Range	6.99	2	2	782.1	0.02	Pack of 3. Lasting 30 years. CB4 changed lifetime to 15 years.	Addis Radiator Airer. NB: 4 provided as sold in packs of 2. Checked elsewhere and couldn't find 3 pack.
E1	5.3	SFP	Kitchen, laundry	Iron	Argos	28.00	1	1	260.7	0.11	No other details discussed. Ppens said: Steam iron, approx. £25, Supermarket, Argos, The Range, B+M, 5 years	Russell Hobbs Wrap and Clip Easy Store Steam Iron
E1	5.4	SFP	Kitchen, laundry	Ironing board	Argos	20.00	1	1	782.1	0.03	No other details discussed. Ppens said: Sturdy ironing board, 1 or 2 up the range, Argos, Supermarket, 35 years. CB3 changed lifetime to 15 years.	Habitat Medium 110x34cm Ironing Board
E1	5.4	SFP	Kitchen, laundry	Ironing board cover	Argos	6.00	1	1	104.3	0.06	CB3 added cover. Cheapest okay. Replaced yearly. Cb4 changed to 2 years in line with Ppens	Argos Home Medium 110x34cm Ironing Board Cover
E1	5.4	SFP	Kitchen, laundry	Washing basket	Argos	8.00		1	521.4	0.02	Washing basket to carry the laundry to machine, 10 years. Wilko/Argos	Strata 60 Litre Flexible Laundry Basket
E1	5.4	SFP	Kitchen, laundry	Laundry pegs	Wilko	1.60	36	1	156.4	0.01	Pegs to hang clothes to dry. 24 pegs lasting 3 years.	Wilko Multicoloured Snapper Pegs 36 pack
E1	5.6	SFP	Kitchen, cleaning	Spray mop	Dunelm	15.00	1	1	260.7	0.06	No other details discussed. Lifetime set to 3 years for now. CB3 changed lifetime to 10 years. CB4 specified spray mop, 5 years	Addis Spray Mop with machine washable microfibre mop head
E1	5.6	SFP	Kitchen, cleaning	Mop head	Dunelm	2.00	1	1	104.3	0.02	CB3 added mop head. Changed every six months. CB4 added washable spray mop refill replaced every 2 years	Spray Mop Refill

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E1	5.3	SFP	Kitchen, cleaning	Vacuum cleaner	Argos	89.99	1	1	417.1	0.22	No other details discussed. Ppens said: Basic upright vacuum cleaner, e.g. Hoover, Electrolux brand, Argos, 8 years. Cb3 reduced lifetime to 5 years. Cb4 changed lifetime to 8 years in line with Ppens	VAX Mach Air Revive UCA2GEV1 Upright Bagless Vacuum Cleaner - Grey & Red
E1	5.6	SFP	Kitchen, cleaning	Dustpan & brush	Wilko	8.00	1	1	260.7	0.03	No other details discussed. Ppens said: Cheap dust pan and brush, B&Q, 5 years. CB3 reduced lifetime to 2 years. Cb4 changed to long-handled dustpan and brush, 5 years	Wilko Long Handled Dustpan and Brush Set
E1	5.6	SFP	Kitchen, cleaning	Kitchen towel	Tesco	3.50	4	1	6.0	0.58	Kitchen towel needed. No other details discussed. Ppens said: 2 pack replaced every 3 weeks. CB3 agreed with specs.	Tesco Kitchen Towel 4 Roll
E1	5.6	SFP	Kitchen, cleaning	Dish cloths	Savers	1.00	7	1	52.1	0.02	CB3 added one pack of woven dish cloths. 1 cloth per month. Cb4 suggested 7-pack of cloths on a roll (such as Elbow Grease). Washable. Lasting 1 year	Elbow Grease Power Cloths 7 pack
E1	5.6	SFP	Kitchen, cleaning	Tea towels	Asda	4.00	5	1	52.1	0.08	No other details discussed. Lifetime set to 3 years for now. CB3 said 1 year and 5-pack okay	George Home Tea Towels 5pk
E1	5.6	SFP	Kitchen, consumables	Washing up liquid	Tesco	2.00	1	1	6.0	0.33	No other details discussed. Ppens said: 1 bottle of Fairy Liquid replaced every 6 weeks. CB3 agreed with specs	Fairy Original Washing Up Liquid Green with LiftAction 780ml
E1	5.6	SFP	Kitchen, consumables	Multi-surface spray	Tesco	0.90	1	1	4.3	0.21	CB3 added anti-bacterial spray. Replaced monthly.	Tesco Antibacterial Multi Purpose Spray 750ml
E1	5.6	SFP	Kitchen, consumables	Disinfectant	Tesco	4.00	1	1	26.1	0.15	No other details discussed. Ppens said: Kitchen floor cleaner e.g. Flash. CB3 chaged lifetime to 6 months. CB4 changed to disinfectant e.g. Zoflora. 6 months	Zoflora Linen Fresh Concentrated Disinfectant 500ml
E1	5.6	SFP	Kitchen, consumables	Bleach	Tesco	0.95	1	1	4.4	0.22	No other details discussed. Ppens said: 1 litre bottle of bleach per week for kitchen and bathroom. CB3 said 2L would last 1 week, CB4 said 1 month for kitchen	Tesco Thick Bleach Citrus 2 Litre Bigger Pack Better Value
E1	5.6	SFP	Kitchen, consumables	Descaler	Tesco	1.65	1	1	78.2	0.02	CB4 added descaler solution in line with Ppens, 6 months (18 months for 30pack)	Oust All Purpose Descaler 3-pk
E1	5.6	SFP	Kitchen, cleaning	Scouring/sponge pads	Tesco	0.40	8	1	8.0	0.05	No other details discussed. Ppens said: Sponge scourers, replace pack every 6 weeks. CB3 said 1 per week	Springforce Sponge Scourers 8 Pack

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E1	5.6	SFP	Kitchen, cleaning	Scourers	Tesco	1.00	5	1	5.0	0.20	CB4 added in line with Ppens: 1 per week	Tesco Pan Scourers 5 pack
E1	5.6	SFP	Kitchen, consumables	Clingfilm	Tesco	1.30	1	1	34.8	0.04	CB4 added clingfilm. 30m lasting 6 months.	Cling Film 350mm x 40m
E1	5.6	SFP	Kitchen, consumables	Foil	Tesco	1.35	1	1	13.0	0.10	Cb4 added in line with Ppens: Foil 10m roll, replace every 3 months	Tesco Kitchen Foil 10M X 290Mm
E1	5.6	SFP	Kitchen, consumables	Rubber gloves	Tesco	1.00	1	1	13.0	0.08	CB4 added in line with Ppens. Rubber gloves, replace 4 times per year	Tesco Dishwashing Rubber Gloves (rang of sizes)
E1	5.5	SFP	Household maintenance	Tool kit	Argos	17.00	40	1	1042.9	0.02	FG3 added 1 tool kit. Lifetime of 20 years in line with 2018 groups.	Guild 40 Piece Stubby Hand Tool Kit
E1	5.6	SFP	Household maintenance	Sewing kit	Wilko	3.60	1	1	260.7	0.01	Cheapest sewing kit from Argos, B+M, Wilko. 5 years	Korbond Sewing Kit in Case. Includes: 1 pair of scissors 1 analogue tape measure 1 thimble 1 needle threader 2 needles 2 dressmaker pins 2 safety pins 3 pearl buttons 1m hemming web, a selection of sewing threads
E1	5.6	SFP	Household maintenance	Shoe polish	Wilko	2.25	1	1	260.7	0.01	FG3 added supermarket shoe polish lasting 5 years	Kiwi Black Shoe Polish 100ml
E1	5.5	SFP	Bathroom	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmabl e Daylight GLS Light Bulb
E1	5.1	SFP	Bathroom	Blind	Argos	14.00		1	260.7	0.05	Cheap roller blind from B&Q/Argos/Dunelm. Lasting 10 years. CB3 reduced lifetime to 5 years	Argos Home Blackout Insulating Roller Blind - 4ft - White. W120cm x D160cm
E1	5.1	SFP	Bathroom	Medicine cabinet	B&Q	20.00	1	1	1042.9	0.02	Bathroom cabinet with mirror from Argos/Ikea/B&Q/Homebase. Lasting 20 years.	Aida White Mirrored Cabinet (W)370mm (H)465mm
E1	5.6	SFP	Bathroom	Toilet brush	Tesco	0.75	1	1	52.1	0.01	From Wilko/supermarket. Lasting 1 year.	Tesco Toilet Brush
E1	5.2	SFP	Bathroom	Bath sheets	Dunelm	17.00	1	2	260.7	0.13	CB3 changed in line with SMP: 2 bath sheets needed, 'Fluffy' style, Dunelm, 3 years. CB3 changed lifetime to 5.	Egyptian Cotton Bath Sheet (range of colours)
E1	5.2	SFP	Bathroom	Hand towels	Dunelm	5.00	1	2	260.7	0.04	CB3 changed in line with SMP: 2 bath towels needed, 'Fluffy' style, Dunelm, 3 years. changed lifetime to 5.	Egyptian Cotton Hand Towel (range of colours)
E1	5.2	SFP	Bathroom	Flannels	Dunelm	1.20	1	2	260.7	0.01	CB3 changed in line with SMP: 2 face cloths needed, 'Fluffy' style, Dunelm, 3 years. CB3 changed lifetime to 5.	Face Cloth (range of colours)
E1	5.2	SFP	Bathroom	Bath mat (for floor)	Asda	5.00	1	1	260.7	0.02	From Asda/Primark/Dunelm. Lasting 5 years.	George Home Rubber Backed Bath Mat Charcoal
E1	5.2	SFP	Bathroom	Non-slip bathmat	Asda	4.00	1	1	104.3	0.04	Non slip bathmat for inside the bath/shower, 2 years	George Home Rubber Bath Mat

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E1	5.4	SFP	Bathroom	Laundry basket	Argos	6.00	1	1	521.4	0.01	For collecting dirty washing. From Wilko or Argos. Lasting 15 years. CB4 reduced lifetime to 10 years	Argos Home Pop Up Laundry Bin - Dove Grey. 53 litre capacity
E1	5.2	SFP	Bathroom	Shower curtain	Argos	6.00	1	2	208.6	0.06	2 washable Shower curtains, one to have up while one in the wash, lifetime? CB3 changed lifetime to 4 years.	Argos Home Shower Curtain - White (hand-washable)
E1	5.1	SFP	Bathroom	Magnifying mirror	Argos	10.00	1	1	260.7	0.04	Magnifying mirror for applying make up etc. cheapest ok, Wilko/Argos/supermarket/JL/B+Q, 20 years. CB4 reduced lifetime to 5 years	Danielle Creations Chrome Beauty Mirror
E1	12.1	SFP	Bathroom	Scales	Asda	12.00	1	1	1042.9	0.01	From supermarket/Boots. No other info discussed. Lifetime set to 10 years for now. CB3 changed lifetime to 20 years.	Salter Electronic Glass Platform Scales
E1	5.6	SFP	Bathroom	Squeegee	Wilko	1.20	1	1	52.1	0.02	From Wilkos. Lasting 1 year.	Wilko Window and Shower Squeegee
E1	5.6	SFP	Bathroom	Toilet cleaner	Tesco	0.45	1	1	8.7	0.05	From Wilko/supermarket. Replaced every 2 months.	Tesco Active Toilet Gel Citrus 750ML
E1	5.6	SFP	Bathroom	Bleach	Tesco	0.95	1	1	2.0	0.48	No other details discussed. Ppens said: 1 litre bottle of bleach per week for kitchen and bathroom. CB3 said 2L would last 1 week, CB4 said 2 weeks for bathroom	Tesco Thick Bleach Citrus 2 Litre Bigger Pack Better Value
E1	5.6	SFP	Bathroom	Shower spray	Tesco	0.90	1	1	8.7	0.10	From Wilko/supermarket. Replaced every 2 months.	Tesco Daily Shower Cleaning Spray 750ml
E1	5.4	SFP	Bathroom	Bin	Wilko	5.50	1	1	260.7	0.02	Small pedal bin from Wilko. Lasting 20 years. CB4 specified plastic pedal bin, not metal. FG3 changed to metal pedal bin but reduced lifetime to 5 years	Wilko Small White Pedal Bin
E1	5.6	SFP	Bathroom	Bin liners	Wilko	1.00	50	1	50.0	0.02	Pedal bin liners. 1 bin liner used every week.	Wilko Pedal Bin Liners 50 pack
E1	5.1	SFP	Bedroom	Lampshade for central light	Dunelm	25	1	1	521.4	0.05	Approx. £10-£15, Wilko, B+Q, Argos, JL, would last long time but may want to replace every 10 years when flat is redecorated. CB3 changed all lightshades to £20, lasting 10 years. CB4 said: Dunelm, £25, 10 years.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)
E1	5.5	SFP	Bedroom	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb

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E1	5.2	SFP	Bedroom	Curtains	Wilko	65	2	1	521.4	0.12	Lined and washable, eyelet or tab top style curtains, Dunelm, 10 years. FG3 increased quality to approx. £60 for pair. Said increased price could include larger dimensions to give more choice. Washable blackout throughout	Wilko Stone Eclipse Eyelet Blackout Curtains 228 W x 228cm D (machine washable at 30 degrees)
E1	5.5	SFP	Bedroom	Curtain pole	Wilko	24.00	1	1	1042.9	0.02	Metal curtain pole from Wilkos/Dunelm/B&Q. Lasting 15 years. FG3 increased lifetime to 20 years	Wilko Tivoli 170 - 300cm Extendable Satin Silver Effect Curtain Pole
E1	5.2	SFP	Bedroom	Net curtains	Wilko	7.00	1	2	365.0	0.04	Cheapest nets for privacy, Dunelm, Ikea, Argos, B+Q, 10 years. CB3 reduced lifetime to 7 years	Sheer Elegance White Slot Top Single Voile Panel. W 150cm x D 228cm. 2 priced to fit width of window
E1	5.5	SFP	Bedroom	Wire for net curtains	Wilko	1.50	1	1	365.0	0.00	Needed for the net curtains. CB3 said 7 years	Wilko 108 inch Curtain Wire
E1	5.1	SFP	Bedroom	Bed, double	Dreams	300		1	1042.9	0.29	Double bed divan style with drawers for additional storage, good quality, JL 'everyday' range, Dreams, Bensons for Beds, DFS, Ikea 20 years. CB3 changed in line with SMP: Double bed with 4 drawers, Ikea, Bensons for bed, Dreams, independent bed shop, Dunelm, 16 years. CB4 increased lifetime to 20 years in line with Ppens.	Classic Divan Base - Double with 4 drawers
E1	5.1	SFP	Bedroom	Headboard	Dreams	149	1	1	1042.9	0.14	Double bed divan style with drawers for additional storage, good quality, JL 'everyday' range, Dreams, Bensons for Beds, DFS, Ikea 20 years. Cb3 changed lifetime to 16 years. CB4 increased lifetime to 20 years in line with Ppens.	Classic Fairfield Headboard
E1	5.1	SFP	Bedroom	Mattress, double	Dreams	599	1	1	417.1	1.44	very good quality double mattress, pocket sprung - would want to test out in store, JL, Dreams, Bensons for Beds, 8 years	Silentnight Heaton Pocket Sprung Mattress
E1	5.1	SFP	Bedroom	Wardrobe	Argos	325	1	1	1042.9	0.31	Double wardrobe, in matching set with drawers + bedside tables, fully assembled (or include cost for handy man to build flat pack version) Argos, Dunelm, Ikea, B+Q, 20 years	Ashdown 2 Door 2 Drawer Mirror Wardrobe - White (fully assembled)

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E1	5.1	SFP	Bedroom	Drawers	Argos	240	1	1	1042.9	0.23	Chest of drawers, in matching set with wardrobe + bedside tables, fully assembled (or include cost for handy man to build flat pack version) Argos, Dunelm, Ikea, B+Q, 20 years	Ashdown 5 Drawer Chest - White (fully assembled)
E1	5.1	SFP	Bedroom	Bedside table	Argos	130	1	2	1042.9	0.25	Bedside tables 2 needed, in matching set with drawers + wardrobe, fully assembled (or include cost for handy man to build flat pack version) Argos, Dunelm, Ikea, B+Q, 20 years	Ashdown 3 Drawer Bedside Table - White (fully assembled)
E1	5.1	SFP	Bedroom	Mirror	Dunelm	10.00	1	1	1042.9	0.01	Full length mirror, cheapest ok, Wilko, Argos, Dunelm, B+Q, 20 years.	Essentials Full Length Mirror 122x32cm Black
E1	5.1	SFP	Bedroom	Lamp	Wilko	10.00	1	2	521.4	0.04	Bedside lamps 2 needed, approx. £10, Dunelm, Asda, Wilko, B+Q 20 years. CB3 changed lifetime to 10 years	Wilko Cream Milan Table Lamp
E1	5.1	SFP	Bedroom	Chair	Dunelm	69.00	1	1	1042.9	0.07	CB3 added wooden chair from Dunelm/Dreams. Mid-mid quality, lasting 20 years	Astrid Chair
E1	5.2	SFP	Bedroom	Duvet	Asda	25.00	1	1	417.1	0.06	Summer and winter duvet (clips together e.g. Fogarty brand), Dunelm, 8 years. CB3 said cheaper combi duvet from supermarket okay.	All Seasons Combi Duvet. Comes with 4.5 and 10.5 tog duvets which clip together to make 15 tog.
E1	5.2	SFP	Bedroom	Duvet	Wilko	13.00	1	1	834.3	0.02	CB3 added a spare duvet for visitors. 12 tog. Mid-mid range from Dunelm or Wilko and does not need to be a recognisable brand. Lasting 10 years. CB4 changed in line with Ppens: 10.5 Tog. 16 years as only for occasional use.	Wilko Washable Supersoft 10.5 Tog Double Duvet
E1	5.2	SFP	Bedroom	Pillows	Dunelm	35.00	2	2	208.6	0.34	Good quality, 4 needed, one up the memory foam type range, approx. £10 per pillow or 1 up from the bottom, Dunelm, Soak +Sleep online, Supermarket, 8 years. CB3 changed lifetime to 4 years.	Fogarty Duck Feather and Down Medium-Support Pillow Pair
E1	5.2	SFP	Bedroom	Sheets, fitted	Asda	8.00	1	3	417.1	0.06	3 needed. Mid-range quality from the supermarket, 10 years. CB3 changed lifetime to 8 years.	White Brushed Cotton Fitted Sheet

MIS 2022 REBASE												
E: Household services												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E2A1	8.1	SFP	Postage	Stamps		10.00		1	4.4	2.30	3 books x 12 1st class stamps = £30.60 plus £40 for deliveries per year. CB4 changed to postage budget: £10 per month per household as budget to cover all postage needs.	
E2A2	8.2	SFP	Telephone	Landline telephone	Argos	7.00	1	1	521.4	0.01	Cheapest plug in phone for use in emergencies, would last 10 years. Supermarket/Argos/Currys	Simple Value Corded Desk Telephone - Single
E2A2	8.2	SFP	Telephone	Mobile telephone (handset)	Tescomobile	0.00	1	1	4.3	0.00	Cheapest contract smartphone.	Motorola Moto E20. 32GB device memory. Warranty 24 months. 24-month contract. Handset included in cost of contract below
E2A2	8.2	SFP	Telephone	Mobile telephone (bills)	Tescomobile	10.00	1	1	4.3	2.30	Cheapest contract smartphone, would include free handset that would be upgraded every 2 years. Contract would include some free minutes, texts and data, would need to upgrade to 2GB data and 500 minutes per month if not included in contract.	3GB internet data and unlimited minutes. For use with handset above.
E2A2	8.3	SFP	Telephone	Telephone line rental	TalkTalk via Moneysupermarket	23.50	1	1	4.3	5.41	broadband internet but no call package needed as would only use handset in emergencies as use mobile phone for regular calls	Via Moneysupermarket. TalkTalk up to 67Mb avg speed, unlimited downloads, 18 month contract, no setup cost. £282 total cost per year (also offers £75 cashback voucher Tesco/Amazon/M&S after 90 days).
				E2A1 postage		2.30						
				E2A2 telephone		7.72						
				E2B childcare		0						
				E2C other household services		0						

MIS 2022 REBASE												
F: Personal goods and services												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	12.1	SFP	Personal care, female	Hairdressing, female		40.00	1	1	6.0	6.67	£30 for a cut and blow dry. Every 6 weeks. CB4 said £40 every 6 weeks	
F	12.1	SFP	Personal care	Hairdryer	Boots	14.99	1	1	521.4	0.03	Hairdryer, Boots brand e.g Charles Worthington, 12 years. CB3 changed lifetime to 10 years.	Remington Power Dry Hairdryer D3010
F	12.1	SFP	Personal care	Liquid soap	Tesco	1.00	1	2	4.3	0.46	Hand soap dispenser. Replaced monthly. CB3 said 1 for kitchen and 1 for bathroom.	Palmolive Liquid Handwash Aquarium 300MI
F	12.1	SFP	Personal care	Toilet roll	Tesco	2.85	4	1	2.0	1.43	1 toilet roll per week. CB3 changed to 2 rolls per week.	Andrex Classic Clean Toilet Tissue 4 Rolls
F	12.1	SFP	Personal care	Tena Lady	Tesco	2.50	20	1	1.4	1.75	Tena Lady two per day	Tena Lady Discreet Mini 20S
F	12.1	SFP	Personal care	Shower gel	Tesco	1.49	1	1	4.3	0.34	1 large (approx. 450ml) bottle every month. From supermarket/Superdrug/Boots	Simple Kind To Skin Refreshing Shower Gel 500MI
F	12.1	SFP	Personal care, female	Razor	Tesco	1.75	4	1	26.1	0.07	CB4 added pack of disposable razors. 4-pk lasting 6 months.	Gillette Simply Venus 2 Blade Disposable Razors 4 Pack.
F	12.1	SFP	Personal care	Shaving foam	Tesco	0.70	1	1	26.1	0.03	CB4 added shaving foam for women in line with men. Lifetime not discussed. 2 months for now in line with SMP. FG3 said 6 months	Tesco Essentials Shaving Foam 250MI
F	12.1	SFP	Personal care, male	Mouthwash	Tesco	0.99	1	1	4.3	0.23	Mouthwash, replace monthly	Listerine Spearmint Mouthwash 250MI
F	12.1	SFP	Personal care, male	Interdental brushes	Superdrug	2.99	30	1	4.3	0.70	Interdental care brushes, one per day	Pro Care Soft Interdental Brush 30pk
F	12.1	SFP	Personal care	Toothpaste	Tesco	0.80	1	1	4.3	0.18	1 tube of toothpaste every month. From supermarket/Superdrug/Boots.	Aquafresh Fresh and Minty Toothpaste 75ml
F	12.1	SFP	Personal care	Toothbrush	Tesco	0.99	3	1	39.1	0.03	Replaced every 3 months. From supermarket/Superdrug/Boots	Colgate Extra Clean Medium Toothbrush X3 (weeks based on 3-pk)
F	12.1	SFP	Personal care, male	Denture tablets	Tesco	0.80	30	1	4.3	0.19	Denture tablet cleaner (presume would use one per day?). CB3 confirmed 1 used per day.	Pro-Formula Denture Tablets 30 Pack
F	12.1	SFP	Personal care, male	Tooth mug	Asda	1.25	1	1	104.3	0.01	Tumbler to hold dentures, lifetime? CB3 said tumbler would last 2 years.	George Home Charcoal Bathroom Tumbler
F	12.1	SFP	Personal care	Deodorant	Tesco	1.00	1	1	4.3	0.23	Replaced monthly. From supermarket/Superdrug/Boots	Sure Women Invisible Aqua Anti-perspirant Deodorant Aerosol 150ml
F	12.1	SFP	Personal care	Talcum powder	Tesco	1.00	1	1	13.0	0.08	Replace every 3 months	Johnsons baby Powder 200g
F	12.1	SFP	Personal care	Sponge	Tesco	0.75	2	1	8.7	0.09	One sponge would last 1 month	Tesco Essentials Soft Sponges 2 Pack
F	12.1	SFP	Personal care	Shampoo	Tesco	1.79	1	1	4.3	0.41	1 large (approx. 450ml) bottle every month. From supermarket/Superdrug/Boots	Dove Intensive Repair Shampoo 400MI
F	12.1	SFP	Personal care	Conditioner	Tesco	1.79	1	1	4.3	0.41	1 large (approx. 450ml) bottle every month. From supermarket/Superdrug/Boots	Dove Intensive Repair Conditioner 350MI
F	12.1	SFP	Personal care	Hair products		10.00	1	1	8.7	1.15	CB4 added £10 every 2 months as a budget to cover hair products such as hair spray, hair oils etc.	
F	12.1	SFP	Personal care	Hand lotion	Asda	1.00	1	1	4.3	0.23	Replaced monthly. From supermarket/Superdrug/Boots	Nivea Hand Cream Protective Care Beeswax 75MI
F	12.1	SFP	Personal care	Body lotion	Tesco	1.10	1	1	4.3	0.25	1 large (approx. 450ml) bottle. Replaced monthly. From supermarket/Superdrug/Boots	Tesco Extracts Cocoa Butter Body Lotion 400MI
F	12.1	SFP	Personal care	Face cream	Tesco	6.00	1	1	4.3	1.38	Such as Olay. Replaced monthly. From supermarket/Superdrug/Boots	Olay Complete Care Day Cream Moisturiser Sensitive Spf 15 50MI

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	12.1	SFP	Personal care, female	Sun cream	Wilko	6.00	1	1	52.1	0.12	Lasting 1 year. From supermarket/Superdrug/Boots	Nivea Sun Protect and Moisture Sun Cream Spray SPF 50 200ml
F	12.1	SFP	Personal care	Comb	Tesco	0.50	1	1	260.7	0.00	From supermarket/Superdrug/Boots. Lasting 10 years. CB3 changed lifetime to 5 years for SFP.	Leo Bancroft Pocket Comb
F	12.1	SFP	Personal care	Brush	Tesco	5.00	1	1	260.7	0.02	Mid-range hair brush. From supermarket/Superdrug/Boots. Lasting 5 years.	Leo Bancroft Vented Brush Gold Label
F	12.1	SFP	Personal care	Tweezers		0.00	0	0	521.4	0.00	Cb4 added pair of tweezers, 10 years	Included in manicure set
F	12.1	SFP	Personal care	Back brush	Superdrug	3.99	1	1	156.4	0.03	From Wilko. Lasting 5 years. CB3 changed lifetime to 3 years.	Superdrug White Plastic Brush
F	12.1	SFP	Personal care	Manicure set	Wilko	2.25	1	1	521.4	0.00	Nail clipper set, including scissors, 20 years. CB3 changed lifetime to 10 years.	Manicure set. Includes a slant tweezer, nail file, nail clipper, scissors and cuticle pusher for nice neat nails.
F	12.1	SFP	Personal care	Cosmetics		10.00	1	1	8.7	1.15	£20 every 6 months for cosmetics. CB3 changed to £10 every 2 months.	
F	12.1	SFP	Personal care	Perfume		50.00	1	1	52.1	0.96	1 bottle of approx. £20. From Superdrug/Boots. Lasting 1 year. Cb3 changed to £50 budget per year.	
F	12.3	SFP	Accessories	Watch	Argos	19.99	1	1	521.4	0.04	1 watch from a jewellers/Watch Shop/Argos. Approx. £20. Lasting 10 years.	Casio Ladies Chrome Coloured Stainless Steel Bracelet Watch
F	12.3	SFP	Accessories	Suitcases	Argos	45.00	2	1	1042.9	0.04	1 large suitcase and 1 small suitcase on wheels. From supermarket or Argos. Cheapest okay. Lifetime not discussed. Set to 10 years for now. CB4 said 20 years	Go Explore 2 Piece Soft 2 Wheeled Luggage Set - Blue. Two sizes: H67, W20, D43.5cm (55L) and H45.5, W16, D34cm (23L)
F	12.3	SFP	Accessories	Backpack	Sports Direct	4.99	1	1	208.6	0.02	CB4 added one backpack. Sports Direct/Argos. Cheapest okay, 4 years.	Rockport backpack (range of colours)
C	12.3	SFP	Accessories	Belts	Marks & Spencer	15.00	2	1	521.4	0.03	CB4 added 2 leather belts.E.g. Primark. 10 years	2 Pack Leather Hip Belt. 1 black, 1 brown
C	12.3	SFP	Accessories	Purse	TKMaxx	16.99	1	1	104.3	0.16	CB4 added a leather purse, e.g. TK Maxx. Lasting 2 years	DENTS tan leather purse
F	12.3	SFP	Accessories	Handbag (smart)	Marks & Spencer	28.00	1	1	260.7	0.11	1 evening bag. Approx. £30 from supermarket/M&S. Lasting 5 years.	Leather Cross-Body Handbag (range of colours)
F	12.3	SFP	Accessories	Handbag (casual)	Marks & Spencer	19.50	1	1	104.3	0.19	1 daily casual bag. Approx. £30 from supermarket/M&S. Lasting 2 years.	Faux Leather Cross Body Bag (range of colours)
F	12.3	SFP	Accessories	Umbrella	Wilko	7.50	1	1	104.3	0.07	Foldaway umbrella. Lasting 2 years.	Wilko Crook Umbrella Assorted
F	12.3	SFP	Accessories	Jewellery		10.00	1	1	52.1	0.19	£10 a year for jewellery	
F	9.1	SFP	Personal effects	Clock radio	Currys	28.99	1	1	1042.9	0.03	CB4 added in line with Ppens: Digital radio. From Currys/Supermarket. Lifetime? CB4 said 20 years	MAJORITY Histon II Portable DAB+/FM Radio - Black
				F personal goods and services (inc health)	19.49							

MIS 2022 REBASE												
F: Health												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	6.2	SFP	Health care	Opticians- check up		0.00	1	1	104.3	0.00	Eye test every 2 years.	Free NHS eye tests for people aged 60 and over.
F	6.1	SFP	Health care	Opticians - glasses		200.00	1	1	104.3	1.92	Entry-level varifocal glasses every 2 years. CB4 changed in line with Ppens: £200 for varifocal glasses every 2 years	Specsavers - varifocals start from £39 (if selecting frames £69-£169 plus varifocal lenses from £49 then get second pair for free so total £118). A budget of £200 would give the Ppens more choice.
F	6.2	SFP	Health care	Dentists - check up		23.80	1	2	52.1	0.91	Two check ups per year with NHS dentist	Band 1 (£23.80) includes examination, diagnosis, and scale and polish if needed.
F	6.2	SFP	Health care	Dentists - treatment		282.80	1	1	260.7	1.08	Treatment to cover cost of dentures. Every 5 years.	Band 3 (£282.80). includes bridges, crowns, dentures, inlays/onlays, non-cosmetic veneers.
F	6.2	SFP	Health care	Podiatry		30.00	1	1	8.7	3.45	Budget of £25 every 2 months. CB4 changed to £30 every 2 months	
F	6.1	SFP	Health care	Paracetamol	Tesco	0.29	16	1	8.7	0.03	From Boots/Wilko/supermarket/Superdrug. 1 pack of 16 per month. Fg3 changed to 1 pack, 8 weeks	Tesco Paracetamol Tablets 500Mg 16 Pack
F	6.1	SFP	Health care	Cough mixture	Tesco	2.25	1	1	52.1	0.04	1 bottle replaced yearly.	Tesco Health+ Chesty Cough Relief 300MI
F	6.1	SFP	Health care	Cold remedy	Tesco	4.00	10	1	52.1	0.08	1 box a year.	Lemsip Cold And Flu Lemon Sachets X 10
F	6.1	SFP	Health care	Eye wash	Tesco	4.50	1	1	26.1	0.17	Optrex eye wash to bathe eyes, 6 months	Optrex Multi Action Eye Wash 100MI
F	6.1	SFP	Health care	Eye drops	Tesco	4.50	1	1	4.3	1.04	Optrex eye drops for dry eyes. Replaced monthly.	Optrex Refreshing Eye Drops 10ml
F	6.1	SFP	Health care	Savlon antiseptic cream	Tesco	3.25	1	1	52.1	0.06	Savlon, replace yearly.	Savlon Antiseptic Cream 100g
F	6.1	SFP	Health care	Plasters	Tesco	1.15	40	1	260.7	0.00	Replaced every 2 years. From Boots/Wilko. CB3 changed lifetime to 5 years.	Tesco Clear Washproof Plasters 40S
F	6.1	SFP	Health care	First aid kit	Wilko	9.00	1	1	104.3	0.09	Replaced every 2 years. From Boots/Wilko	Tesco Health Family First Aid Kit. Kit contains: 10 x Washproof Plasters (7.2cm x 1.9cm) 2 x Fabric Dressing Strips (6cm x 10cm) 2 x Sterile Wound Pad (5cm x 5cm) 2 x Sterile Wound Pad (10cm x 10cm) 1 x Stretch Bandage (6cm x 4m) 1 x Crepe Bandage (7.5cm x 2m) 1 x Microporous Tape (1.25cm x 5m) 4 x Antiseptic Wipes 2 x Sterile Adhesive Dressings (5.3cm x 7cm) 2 x Sterile Adhesive Dressings (10cm x 7cm) 6 x Safety Pins Scissors 1 x Pair of Vinyl Gloves First Aid Guidance Leaflet
F	6.1	SFP	Health care	Thermometer	Superdrug	3.99	1	1	521.4	0.01	Digital thermometer. From Boots/Wilko/supermarket/Superdrug. Lasting 10 years.	Superdrug Flexi Tip Digital Thermometer
F	6.1	SFP	Health care	Covid tests	Lloyds Pharmacy	9.29	5	1	5.0	1.86	1 per person per week	Lateral flow test kit (non-travel)
				F personal goods and services (inc health)	10.75							

MIS 2022 REBASE												
H: Social and cultural participation												
Single female pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H1	9.1	SFP	Leisure goods	TV	Currys	269.00	1	1	521.4	0.52	32" TV for living room from John Lewis/Currys/Tesco. Lasting 10 years. CB4 increased in line with PPens: 43" smart TV due to the potential of worsening eye sight.	JVC LT-43CA790 Android TV 43" Smart Full HD LED TV with Google Assistant
H1	9.1	SFP	Leisure goods	Smart speaker	Argos	39.99	1	1	521.4	0.08	CB4 added radio, £25. No lifetime discussed. Also mentioned smart speaker as alternative. FG3 confirmed smart speaker for additional functionality and a source of company. 10 years	Amazon Echo Dot Smart Speaker with Alexa - Black
H1	9.1	SFP	Leisure goods	Laptop	Currys	249.00	1	1	260.7	0.96	14" laptop. Approx. £300. Lasting 10 years. CB3 changed in line with SMP: Approx. 14" (A4 size) laptop. Currys, 5 years	ACER 314 Touch 14" Chromebook - MediaTek MT8183C, 128 GB eMMC, Silver
H1	9.3	SFP	Gifts - Other	Gifts for others		50.00	1	1	52.1	0.96	£30 per year for flowers/card/gifts for other occasions. For: sympathy card, wedding, get well soon card, new baby. CB4 changed budget to £50 per person	
H1	9.3	SFP	Gifts - Xmas	Gifts for others		260.00	12	1	52.1	4.99	Based on 12 presents at £15 each plus £10 on cards and £3 on gift wrap. CB4 changed in line with PPens: 12 gifts of £20, plus £20 for all gift wrap and cards. Total = £260	
H1	9.3	SFP	Gifts - Birthdays	Gifts for others		240.00	12	1	52.1	4.60	Based on 12 presents at £10 each plus £2.50 for a roll of wrapping paper and 12X cards worth £2 each. CB4 changed in line with PPens: Based on 12 presents at £20, including cards and gift wrap.	
H1	9.3	SFP	Charities	Donations		50.00	1	1	52.1	0.96	£50 a year for charitable donations	
H1	9.3	SFP	Other recreational items	Christmas decorations		50.00	1	1	521.4	0.10	CB4 added in line with SMP: £50 for an artificial 4ft Xmas tree and decorations (baubles, lights etc.), replaced every 20 years. CB4 reduced lifetime to 10 years	
H1	9.5	SFP	Newspapers, books and stationery	Stationery		15.00	1	1	52.1	0.29	budget for stationery: £15 per year per household	
			H1 leisure goods			13.44						

