

MIS 2022 REBASE						
Partnered pensioners						
A food and non-alcoholic beverages			96.35	Food		96.35
	A1 food		80.34	Alcohol		12.07
	A2 catering		16.01	Tobacco		0.00
				Clothing		17.36
B alcohol and tobacco	B1 alcohol		12.07	Water rates		8.78
		B1A alcohol at home	9.22	Council tax		23.05
		B1B alcohol away from home	2.85	Household insurances		1.69
	B2 tobacco and narcotics		0.00	Fuel		34.18
				Other housing costs		1.92
C clothing and footwear			17.36	Household goods		22.61
D housing costs	D1 rent		89.03	Household services		12.32
	D2 mortgage interest		0.00	Childcare		0.00
	D3 water		8.78	Personal goods and services		53.60
	D4 Council tax		23.05	Motoring		0.00
	D5 household insurances		1.69	Other travel costs		19.73
	D6 fuel		34.18	Social and cultural participatio		78.24
	D7 other housing costs		1.92	Total		381.90
				Rent/mortgage interest		89.03
E household goods and services	E1 household goods		22.61			
	E2 household services		12.32			
		E2A communication	12.32			
		E2A1 postage	2.30			
		E2A2 telephone	10.02			
		E2B childcare	0.00			
		E2C other household services	0.00			
F personal goods and services (inc health)			53.60			
G transport	G1 motoring expenditure		0			
	G2 Fares and other travel costs		19.73			
H social and cultural participation			78.24			
	H1 leisure goods		15.36			
	H2 pets		0			
	H3 entertainment and recreation		41.96			
	H4 TV licence and rental		3.05			
	H5 foreign holidays		0.00			
	H6 UK holidays		17.87			

MIS 2022 Rebase												
A: Food and non-alcoholic beverages												
Partnered pensioners												
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
A1	1.1	PPens	Other high fibre breakfast cereals	Weetabix	Tesco	3.00	24	1	2.4	1.25	10 x 20 g Weetabix (200 g)	Weetabix Cereal 24 Pack
A1	1.1	PPens	Semi Skimmed Milk	Tesco	Tesco	1.25	2272ml	2	1.0	2.44	4130 ml plus 300ml for visitors 4430ml	Tesco British Semi Skimmed Milk 2.272L 4 Pints
A1	1.1	PPens	Bread, Best of both, wholemeal	Tesco	Tesco	0.59	18	2	1.2	0.95	29 slices (1102 g)	Tesco Wholemeal Medium Bread 800g, 18 slices plus crusts
A1	1.1	PPens	Flora spread, light, reduced fat	Flora	Tesco	1.50	500g	1	1.2	1.27	424 g	Flora Lighter Spread 500g. Clubcard Price £1.50 (full price £2.20)
A1	1.1	PPens	Jam, Fruit with edible seeds	Tesco	Tesco	0.90	454g	1	6.0	0.15	60 g	Tesco Strawberry Jam 454g
A1	1.1	PPens	Coffee, instant	Tesco	Tesco	3.00	200g	1	1.4	2.10	28 tsp (140 g)	Tesco Gold Instant Coffee 200G
A1	1.1	PPens	Orange Juice, carton, made from concentrate	Tesco	Tesco	0.90	1l	3	1.3	2.02	2240 ml	Tesco Pure Orange Juice Smooth 1 Litre
A1	1.1	PPens	Bacon, middle rashers, raw	Woodside Farms	Tesco	2.00	500g	1	1.8	1.12	8 rashers (280 g)	Woodside Farms Middle Bacon 500g
A1	1.1	PPens	Croissant, plain	Tesco	Tesco	1.30	2	1	1.0	1.30	2 x 75 g croissants (150 g)	Tesco All Butter Croissant 2 Pack
A1	1.1	PPens	Yoghurt, low fat fruit	Creamfields	Tesco	0.79	6	1	1.0	0.79	6 x 125 g pots	Creamfields Berry Medley Low Fat Yogurt 6x125g
A1	1.1	PPens	Banana, weight with skin	Tesco	Tesco	1.40	10	1	1.0	1.40	10 medium (1580 g)	Bananas Loose 14p each (£0.78/kg)
A1	1.1	PPens	Muesli, no sugar	Tesco	Tesco	2.30	1kg	1	15.4	0.15	65 g	Tesco No Added Sugar Swiss Style Muesli 1kg
A1	1.1	PPens	Eggs large	Free Range Ethical Eggs Company	Tesco	1.80	10	1	1.0	1.80	10 large eggs (610 g)	Big & Free Large White Free Range Eggs 10 Pack (£1.80 Clubcard Price, full price £2)
A1	1.1	PPens	Pork Sausages, thick, raw	Tesco	Tesco	2.75	20	1	10.0	0.28	2 thick sausages (114 g)	Tesco 20 Pork Sausages 900g (frozen)
A1	1.1	PPens	Olive oil	Tesco	Tesco	3.25	1l	1	5.6	0.59	12 Tbsp (180 ml)	Tesco Olive Oil 1L
A1	1.1	PPens	Mushrooms, frozen, raw	Tesco	Tesco	1.10	500g	1	1.6	0.70	320 g	Tesco Sliced Mushrooms 500g
A1	1.1	PPens	Marmalade	Tesco	Tesco	0.60	454g	1	6.0	0.10	30 g	Tesco Thick Cut Orange Marmalade 454g
A1	1.1	PPens	Kit Kat	Nestle	Tesco	2.89	21	1	5.3	0.55	4 biscuits (2 fingers each) (82 g)	Kit Kat 2 Finger Milk Chocolate 21 Pack 434.7g
A1	1.1	PPens	Mixed Nuts and Raisins	Tesco	Tesco	2.50	200g	1	1.3	2.00	4 x 40 g packets (160 g)	Tesco Fruit And Nut 200g
A1	1.1	PPens	Plain digestives	Tesco	Tesco	0.50	28	2	1.9	0.54	20 x 14 g biscuits (280 g) plus 10 for visitors	Tesco Digestive Biscuits 400g (contains 28 biscuits so 14.3g each)
A1	1.1	PPens	Tea bags	Tesco	Tesco	1.10	80	1	1.2	0.91	56 tea bags plus 10 for visitors	Tesco 80 Teabags 250g
A1	1.1	PPens	Apples, whole weight	Tesco	Tesco	0.43	1	6	1.0	2.58	6 medium apples (1044 g)	Granny Smith/Gala Apples Class 1 Loose, £2.70/kg/43p each
A1	1.1	PPens	Cooking apples	Tesco	Tesco	1.00	2	1	1.0	1.00	2 x 170 g apples (340 g)	Tesco Bramley Cooking Apples Loose

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A1	1.1	PPens	Oatcakes	Tesco	Tesco	0.80	24	1	2.2	0.37	11 x 11 g oatcakes (121 g)	Tesco Scottish Rough Oatcakes 250g
A1	1.1	PPens	Cream cheese	Tesco	Tesco	0.90	200g	1	1.0	0.90	190 g	Tesco Soft Cheese Plain Full Fat 200g
A1	1.1	PPens	Jam tart	Mr Kipling	Tesco	1.00	6	1	1.0	1.00	4 x 34 g tarts (136 g) 2 for visitors	Mr Kipling Jam Tarts 6 Pack £1 Clubcard price (full price £1.90)
A1	1.1	PPens	Satsumas, weight with peel	Tesco	Tesco	2.40	10	1	1.0	2.40	10 satsumas (845 g)	Tesco Sweet Easy Peeler
A1	1.1	PPens	Pear, whole weight	Tesco	Tesco	0.51	1	2	1.0	1.02	2 medium pears (320 g)	Pears Conference Class 1 Loose 51p each
A1	1.1	PPens	Blueberries	Tesco	Tesco	2.25	250g	1	1.0	2.25	210g	Tesco Blueberries 250G
A1	1.1	PPens	Onions	Tesco	Tesco	0.67	792g	1	1.0	0.67	12 small onions (792 g)	Loose Brown Onions, 85p/kg, 792g
A1	1.1	PPens	Celery	Tesco	Tesco	0.50	250g	1	1.8	0.27	2 sticks (136 g)	Tesco Celery Sticks 250g 50p Clubcard Price 75p standard price
A1	1.1	PPens	Spaghetti, dry weight	Tesco	Tesco	0.70	500g	1	3.2	0.22	156 g	Tesco Quick Cook Spaghetti Pasta 500g
A1	1.1	PPens	Carrots, frozen	Tesco	Tesco	1.10	1kg	1	1.3	0.84	764 g	Tesco Sliced Carrots Peeled & Cut 1kg (frozen)
A1	1.1	PPens	Leeks, fresh	Tesco	Tesco	1.10	700g	1	2.5	0.44	1 leek (280 g)	Tesco Sliced Leeks 700g (frozen)
A1	1.1	PPens	Garlic cloves	Tesco	Tesco	0.25		1	3.0	0.08	4 cloves (16 g)	Tesco Garlic Each avg 12 cloves
A1	1.1	PPens	Stock cube	Tesco	Tesco	0.50	10	1	5.0	0.10	2 stock cubes (12 g)	Tesco 10 Chicken Stock Cubes 100g
A1	1.1	PPens	Bread rolls, standard, wholemeal	Warburtons	Tesco	1.20	6	1	3.0	0.40	1 small x 40 g and 1 stand 55 g	Warburtons Wholemeal Rolls 6 Pack (assume freeze remainder)
A1	1.1	PPens	Squash, no sugar conc	Tesco	Tesco	1.75	1.5l	1	3.6	0.49	1540 ml (=28x55ml)	Tesco Quadruple Strength Lemon Squash No Added Sugar 1.5L (100 servings)
A1	1.1	PPens	Tuna 1 x 180 g std tin in spring water	Tesco	Tesco	1.00	110g	3	1.0	3.00	2 medium 180 g tins (320 g)	Tesco Drained Tuna Steak in Spring Water 110g (best option - 3 tins gives 330g) Any 3 for £3 Clubcard price (full price £1.20)
A1	1.1	PPens	Tuna 1 x 100 g small tin in spring water	Tesco	Tesco	2.83	4x145g	1	2.0	1.42	2 small 100 g tins (100 g)	Tesco Tuna Chunks in Spring Water 145g (best option gives 102g drained) Any 4 for £2.83 Clubcard Price (full price .79 each)
A1	1.1	PPens	Mayonnaise, light, reduced fat	Tesco	Tesco	0.69	450ml	1	1.5	0.45	292 g	Tesco Light Mayonnaise 450ml
A1	1.1	PPens	Lettuce, mixed leaf	Tesco	Tesco	0.46	1	1	1.0	0.46	192 g	Iceberg Lettuce Each 46p.
A1	1.1	PPens	Tomatoes	Tesco	Tesco	0.75	6	2	1.0	1.50	8 small tomatoes (680 g)	Tesco Salad Tomatoes 6 Pack net weight 360g
A1	1.1	PPens	Cucumber	Tesco	Tesco	0.45	1	2	1.3	0.68	1.5 cucumbers (382 g)	Tesco Cucumber Whole Each
A1	1.1	PPens	Beetroot, cooked	Tesco	Tesco	0.95	462g	1	3.2	0.30	2 cooked beetroot (144 g)	Tesco Whole Baby Beetroot Vinegar 710g (drained weight 462g) keeps 6 weeks in fridge
A1	1.1	PPens	Lamb Mince, raw weight	Tesco	Tesco	4.95	500g	1	2.0	2.48	250 g	Tesco British Lamb Mince 20% Fat 500g
A1	1.1	PPens	Plain flour, white	Tesco	Tesco	0.70	1.5kg	1	18.5	0.04	81 g	Tesco Plain Flour 1.5kg
A1	1.1	PPens	Bay leaves, dried	Tesco	Tesco	0.70	3g	1	7.5	0.09	2 leaves	Tesco Bay Leaves 3g (pack says 15 servings)

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A1	1.1	PPens	Mixed dried herbs	Tesco	Tesco	0.85	18g	1	22.5	0.04	1 tsp (0.8 g)	Tesco Mixed Herbs 18g
A1	1.1	PPens	Potatoes, old	Tesco	Tesco	0.91	2.5kg	1	3.0	0.31	838 g	Tesco All Rounder Potatoes 2.5kg
A1	1.1	PPens	Large potatoes, baking	Tesco	Tesco	0.75	900g	1	1.0	0.75	1 x 404 g and 1 x 243 g	Potatoes Baking Loose (can only price 0.6 or 0.9kg so went for 0.9kg)
A1	1.1	PPens	Tomato puree	Tesco	Tesco	0.40	200g	1	5.6	0.07	2 tsp (36 g)	Tesco tomato Puree Tube 200g
A1	1.1	PPens	Worcestershire sauce	Tesco	Tesco	0.80	150ml	1	12.5	0.06	2 tsp (12 g)	Tesco Worcester Sauce 150ml
A1	1.1	PPens	Broccoli, frozen	Tesco	Tesco	0.80	900g	1	1.8	0.45	510 g	Tesco Broccoli & Cauliflower Floret Mix 900G
A1	1.1	PPens	Peas, frozen	Tesco	Tesco	0.80	1kg	1	2.6	0.30	380 g	Tesco Garden Peas 1kg
A1	1.1	PPens	Sweetcorn, frozen	Tesco	Tesco	1.49	1kg	1	5.6	0.27	180 g	Tesco Supersweet Sweetcorn 1kg
A1	1.1	PPens	Salmon, frozen	Tesco	Tesco	4.00	5	1	2.5	1.60	2 fillets, 1 packet (240 g)	Tesco Wild Salmon Fillets 500g (typical fillet 100g)
A1	1.1	PPens	Rice, white long grain raw weight (600 g conversion factor 2.48)	Tesco	Tesco	1.25	1kg	1	3.0	0.42	338 g	Tesco Easy Cook Long Grain Rice 1kg
A1	1.1	PPens	Beans, frozen	Tesco	Tesco	0.90	900g	1	3.2	0.28	280 g	Tesco Fine Whole Green Beans 900g
A1	1.1	PPens	Caster sugar	Silver Spoon	Tesco	1.60	1kg	1	9.6	0.17	104 g	Silver Spoon Caster Sugar 1kg
A1	1.1	PPens	Cream, single	Tesco	Tesco	0.70	150ml	1	1.0	0.70	2 Tbsp (66 g)	Tesco Fresh Single Cream 150ml
A1	1.1	PPens	Custard powder	Birds	Tesco	1.60	350g	1	9.5	0.17	37 g	Bird's Traditional Custard Powder 350g
A1	1.1	PPens	Ham	Tesco	Tesco	1.29	130g	1	1.0	1.29	7 slices (130 g)	Tesco German Smoked Ham 130g
A1	1.1	PPens	Spring onions	Tesco	Tesco	0.37	100g	1	1.0	0.37	6 spring onions (107 g)	Tesco Bunched Spring Onions 100g
A1	1.1	PPens	Pickled onions	Tesco	Tesco	0.75	220g	1	4.4	0.17	2 small (50 g)	Tesco Pickled Silverskin Onions 440g (drained weight 220g)
A1	1.1	PPens	Coleslaw, ready made	Tesco	Tesco	0.70	180g	1	1.0	0.70	135 g	Tesco Coleslaw 180g
A1	1.1	PPens	Beef mince, raw weight	Tesco	Tesco	1.79	250g	1	1.0	1.79	250 g	Tesco Lean Beef Steak Mince 5% Fat 250g
A1	1.1	PPens	Tinned tomatoes	Tesco	Tesco	0.30	227g	1	1.0	0.30	1 small tin (200 g)	Tesco Italian Chopped Tomatoes 227g
A1	1.1	PPens	Bolognese sauce, jar	Tesco	Tesco	0.70	500g	1	2.0	0.35	1/2 jar (250 g)	Tesco Bolognese Pasta Sauce Jar 500g
A1	1.1	PPens	Black pepper	Tesco	Tesco	0.75	25g	1	125.0	0.01	0.2 g	Tesco Ground Black Pepper 25g
A1	1.1	PPens	Green Pepper	Tesco	Tesco	0.48	1	2	1.0	0.96	2 small peppers (286 g)	Green Peppers Each Class 1
A1	1.1	PPens	Baked Beans	Tesco	Tesco	1.20	4	1	4.0	0.30	1 large tin (420 g)	Tesco Baked Beans In Tomato Sauce 420g (Any 4 for £1.20 Clubcard Price - full price 35p per tin)
A1	1.1	PPens	Cod, frozen	Tesco	Tesco	3.45	4	1	2.0	1.73	2 x 130 g fillets (1 packet)	Tesco Cod Fillets 360g (pack says 4 servings)
A1	1.1	PPens	Cheese, reduced fat	Tesco	Tesco	1.60	220g	1	1.4	1.18	162 g	Tesco 50% Reduced Fat Mature Cheese 220G
A1	1.1	PPens	Chips, frozen	Tesco	Tesco	1.40	950g	1	3.6	0.39	265 g	Tesco Homestyle Straight Cut Oven Chips 950G
A1	1.1	PPens	Peaches, tin in juice	Tesco	Tesco	0.90	410g	1	1.0	0.90	1 large tin (420 g)	Tesco Peach Slices In Juice 410g
A1	1.1	PPens	Chicken, raw without skin	Tesco	Tesco	2.05	2	1	1.0	2.05	2 medium fillets (260 g)	Tesco 2 British Chicken Breast Fillets 300g
A1	1.1	PPens	Chicken, raw with skin and bone (270 g roasted = conversion factors: 0.58 weight change factor and waste)	Tesco	Tesco	4.15	1	1	1.0	4.15	1 whole chicken (1588 g)	Tesco British Large Whole Chicken 1.5kg-1.9kg
A1	1.1	PPens	Curry sauce	Hearty Food Co.	Tesco	0.45	440g	1	1.0	0.45	1 jar 440 g	Hearty Food Co. Curry Sauce 440G
A1	1.1	PPens	Red pepper	Tesco	Tesco	0.48	1	1	1.0	0.48	1 medium pepper (192 g)	Red Peppers Each Class 1

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B: Alcohol												
Partnered pensioner												
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
B1A	2.1	PPens	Wine,white	Isla Negra	Tesco	4.61	75cl	2	1.0	9.22	2 x 750 ml bottles, £5 for 750ml red wine minus 58ml a week (250ml once per month 250/4.3 = 58ml, equivalent to 7.7% of bottle so 39p) = £5-39p=£4.61	Isla Negra Sauvignon Blanc 75Cl (11.5%) £5
B1B	11.1	PPens	Wine		Greene King (Heathley Park - Pub & Grill)	6.20	1	2	4.3	2.85	250ml glass of wine priced in pub/restaurant with meal out once a fortnight	250ml glass of wine £4.89 (EL PICO SAUVIGNON BLANC, CHILE 12%) priced at Greene King pub
			B1A Alcohol at home			9.22						
			B1B Alcohol away from home			2.85						

MIS 2022 REBASE												
C: Clothing and footwear												
Partnered pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SFP	Underwear	Pants	M&S	8.00	7	2	52.1	0.31	12 pairs needed. From M&S. Lasting 2 years. FG3 reduced lifetime to 6 months. Lifetime adjusted to 1 year	7pk Pure Cotton High Leg Knickers - available in black or white
C	3.1	SFP	Underwear	Bras	M&S	16.00	1	4	52.1	1.23	4 bras from M&S. Lasting 2 years. FG3 reduced lifetime to 6 months. Lifetime adjusted to 1 year	Wild Blooms Wired Full Cup Bra A-E (range of styles, sizes and colours available at this price).
C	3.1	SFP	Underwear	Socks	Asda	7.00	7	1	52.1	0.13	6 pairs of socks lasting 3 years. From the supermarket. FG3 reduced lifetime to 6 months. Lifetime adjusted to 1 year	Black Contrast Toe and Heel Ankle Socks 7 Pack
C	3.1	SFP	Underwear	Tights (winter)	H&M	12.99	2	2	52.1	0.50	4 pairs of woolly tights from the supermarket. Lasting 3 years. Lifetime adjusted to 1 year.	2-pack fine-knit tights. NB: Priced in H&M as no knitted tights found in supermarkets
C	3.1	SFP	Underwear	Tights (everyday)	Asda	3.50	5	2	52.1	0.13	4 pairs of tights from the supermarket. Lasting 3 years. Adjusted to 10 pairs lasting 1 year	Gloss 15 Denier Tights 5 Pack
C	3.1	SFP	Underwear	Petticoat	Asda	8.00	1	2	1042.9	0.02	2 petticoats lasting 20 years. From supermarket	Black Lace Trim Slip. Available in black or nude
C	3.1	SFP	Main clothing	Vest tops/camisoles	Asda	6.50	3	2	260.7	0.05	6 from Primark. Lasting 5 years.	Jersey Cami Vest Top
C	3.1	SFP	Main clothing	Thermal top	Asda	7.00	1	2	260.7	0.05	2 thermal sets (tops and bottoms). Lasting 5 years. From supermarket	Black Foil Thermal Long Sleeve Top
C	3.1	SFP	Main clothing	Thermal bottoms	Asda	7.00	1	2	260.7	0.05	2 thermal sets (tops and bottoms). Lasting 5 years. From supermarket	Black Foil Thermal Leggings
C	3.1	SFP	Main clothing	T-shirts (short sleeved)	Asda	6.50	2	2	52.1	0.25	3 needed. From supermarket. Lasting 1 year.	Crew Neck T-Shirts 2 Pack. Range of colours and styles.
C	3.1	SFP	Main clothing	T-shirts (long sleeved)	Asda	8.50	2	1	52.1	0.16	2 needed. From supermarket. Lasting 1 year.	Assorted Long Sleeve Jersey Tops 2 Pack
C	3.1	SFP	Main clothing	Blouses	Next	18.00	1	2	208.6	0.17	2 blouses from Next. Lasting 4 years.	Half Sleeve Top. Range of patterns.
C	3.1	SFP	Main clothing	Trousers (smart)	Next	25.00	1	1	260.7	0.10	1 pair of smart trousers from Next. Lasting 5 years.	Navy Blue Tailored Straight Leg Trousers
C	3.1	SFP	Main clothing	Trousers (casual)	Next	16.00	1	1	260.7	0.06	1 pair of casual trousers from Next. Lasting 5 years.	F&F Black Spot Wide Leg Trousers. NB: F&F range stocked in Next.
C	3.1	SFP	Main clothing	Trousers (summer)	Next	18.00	1	1	260.7	0.07	1 pair of linen trousers from Next. Lasting 5 years.	Linen Blend Taper Trousers
C	3.1	SFP	Main clothing	Leggings	Asda	7.00	1	2	52.1	0.27	2 pairs of leggings from supermarket. Lasting 1 year.	Black Ribbed Leggings
C	3.1	SFP	Main clothing	Jogging bottoms	Asda	6.00	1	1	52.1	0.12	1 pair needed. Lasting 1 year. From supermarket	Black Straight Leg Jersey Joggers
C	3.1	SFP	Main clothing	Jeans	M&S	22.50	1	2	52.1	0.86	2 pairs of jeans from M&S/Next. Lasting 1 year.	Sienna Straight Leg Jeans with Stretch. Range of colours
C	3.1	SFP	Main clothing	Dress (summer)	Asda	18.00	1	3	156.4	0.35	3 summer dresses from supermarket. Lasting 3 years.	Coral Floral Print Midi Dress. Range of styles at same price
C	3.1	SFP	Main clothing	Dress (occasion)	Next	44.00	1	1	156.4	0.28	2 occasion dresses from Next. One summer and one winter. Lasting 3 years.	Roman Black Leaf Print Panel Dress

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C	3.1	SFP	Main clothing	Dress (occasion)	Next	45.00	1	1	156.4	0.29	2 occasion dresses from Next. One summer and one winter. Lasting 3 years.	Roman Black Star Foil Print Frill Dress
C	3.1	SFP	Main clothing	Skirt (summer)	Asda	14.00	1	1	260.7	0.05	1 summer skirt from supermarket. Lasting 5 years.	Green Floral Print Button Up Midi Skirt
C	3.1	SFP	Main clothing	Skirt (smart)	M&S	19.50	1	1	260.7	0.07	1 smart skirt from supermarket. Lasting 5 years.	Jersey Knee Length Pencil Skirt.
C	3.1	SFP	Main clothing	Skirt (winter)	Sainsbury's	16.00	1	1	260.7	0.06	1 winter skirt from supermarket. Lasting 5 years.	Black Plisse Midi Skirt
C	3.1	SFP	Main clothing	Jumpers (light)	Asda	12.50	1	3	260.7	0.14	3 medium-weight jumpers. From supermarket. Lasting 5 years.	Cream Ribbed High Neck Jumper. Range of colours.
C	3.1	SFP	Main clothing	Jumpers (thick)	Asda	14.00	1	2	260.7	0.11	2 thick jumpers. From supermarket. Lasting 5 years.	Tan Roll Neck Balloon Sleeve Jumper. Range of styles and colours.
C	3.1	SFP	Main clothing	Hoody	Asda	14.00	1	1	52.1	0.27	1 hoody from the supermarket. Lasting 1 year.	Black Long Sleeve Hoodie range of colours and styles at this price
C	3.1	SFP	Main clothing	Cardigans	Asda	14.00	1	2	260.7	0.11	2 cardigans from supermarket. Lasting 5 years.	Grey Longline Open Front Cardigan (range of colours and styles at this price)
C	3.1	SFP	Accessories	Gloves (woolly)	H&M	3.99	2	1	208.6	0.02	1 pair of woolly gloves from supermarket. Lasting 2 years.	2-pack touchscreen gloves. 2 Pack, so would last 4 years
C	3.1	SFP	Accessories	Gloves (smart)	M&S	17.50	1	1	104.3	0.17	1 pair of leather gloves from supermarket. Lasting 2 years.	Leather Gloves
C	3.1	SFP	Accessories	Scarf (winter)	Asda	8.00	1	1	521.4	0.02	1 winter scarf. From supermarket. Lasting 10 years.	Blue Ombre Long Light Weight Scarf
C	3.1	SFP	Accessories	Scarves (summer)	Sainsbury's	8.00	1	1	521.4	0.02	1 thin scarf. From supermarket. Lasting 10 years.	Sage Green Butterfly Print Scarf
C	3.1	SFP	Outer clothing	Raincoat	Asda	12.50	1	1	260.7	0.05	Cagoule. From supermarket. Lasting 5 years.	Black Casual Pac a Mac
C	3.1	SFP	Outer clothing	Waterproof trousers	Go Outdoors	32.00	1	1	521.4	0.06	1 pair of fully waterproof trousers from Blacks or Go Outdoors. Lasting 10 years.	Peter Storm Women's Waterproof Trousers
C	3.1	SFP	Outer clothing	Coat (winter)	Primark	30.00	1	1	260.7	0.12	1 thick winter coat from supermarket. Lasting 5 years.	Faux Fur Hooded Puffer Jacket
C	3.1	SFP	Outer clothing	Coat (summer)	Primark	30.00	1	1	260.7	0.12	1 light summer coat from supermarket. Lasting 5 years.	Double-Breasted Trench Coat
C	3.1	SFP	Outer clothing	Waterproof	Go Outdoors	31.00	1	1	260.7	0.12	Waterproof jacket from Blacks. Lasting 5 years.	Women's Downpour Waterproof Jacket.
C	3.1	SFP	Outer clothing	Jacket (casual)	Asda	25.00	1	1	260.7	0.10	Short quilted mac jacket from supermarket. Lasting 5 years.	Lilac Short Padded Coat
C	3.1	SFP	Swimwear	Swimming costume	Sainsbury's	18.00	2	1	52.1	0.35	2 swimsuits from supermarket. Lasting 1 year.	Monochrome Leaf Print Medium Tummy Control Swimsuit

MIS 2022 REBASE												
C: Clothing and footwear												
Partnered pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SFP	Nightwear	Pyjamas (winter)	Sainsbury's	14.00	1	2	104.3	0.27	2 sets of winter pyjamas. From supermarket. Lasting 2 years.	Blue Henley Pyjamas
C	3.1	SFP	Nightwear	Pyjamas (summer)	Asda	12.50	1	2	104.3	0.24	2 sets of summer pyjamas. From supermarket. Lasting 2 years	Floral Graphic Print Pyjamas
C	3.1	SFP	Nightwear	Dressing gown (winter)	Asda	15.00	1	1	260.7	0.06	From supermarket. Lasting 5 years	Blue Polka Dot Print Fleece Dressing Gown
C	3.1	SFP	Nightwear	Dressing gown (summer)	Sainsbury's	16.00	1	1	260.7	0.06	From supermarket. Lasting 5 years	Grey Soft Knit Robe
C	3.1	SMP	Male, underwear	Pants	ASDA	20.00	10	1	52.1	0.38	10 pants needed, Primark, Supermarket, Matalan, Amazon, 1 year	Contrast Trim Loose Fit Boxers 10 Pack
C	3.1	SMP	Male, underwear	Socks	ASDA	3.50	7	1	52.1	0.07	16 pairs needed, of which 7 everyday socks, Primark, Supermarket, Matalan, Amazon. 1 year	Black Ankle Socks 7 Pack
C	3.1	SMP	Male, underwear	Socks (trainer)	ASDA	4.50	7	1	52.1	0.09	16 pairs needed, 7 trainer socks. Primark, Supermarket, Matalan, Amazon. 1 year	White Trainer Liner Socks 7 Pack
C	3.1	SMP	Male, underwear	Socks (walking)	Primark	4.00	2	1	104.3	0.04	2 pairs of walking socks. Primark, Supermarket, Matalan, Amazon. 2 years	Hiking Ankle Socks Set
C	3.1	SMP	Male, main clothing	Vests	ASDA	8.50	3	3	52.1	0.49	10 vests needed. Primark, Supermarket, Matalan, Amazon, 1 year	White Vest Tops 3 Pack
C	3.1	SMP	Male, main clothing	Vests (thermal)	Amazon	10.00	1	2	104.3	0.19	2 thermal vests needed. Primark, Supermarket, Matalan, Amazon, 2 years	White 'Maximum Warmth' Thermal Short Sleeve T-Shirt
C	3.1	SMP	Male, main clothing	Shirts, casual (long sleeved)	Primark	10.00	1	2	156.4	0.13	3 long sleeve shirts needed - 2 casual + 1 smart shirt needed. Primark, Supermarket, Matalan, Amazon. 3 years.	Textured cotton shirt
C	3.1	SMP	Male, main clothing	Shirts, smart (long sleeved)	Primark	12.00		1	156.4	0.08	3 long sleeve shirts needed - 2 casual + 1 smart shirt needed. Primark, Supermarket, Matalan, Amazon. 3 years.	Regular Fit Cotton Check Shirt
C	3.1	SMP	Male, main clothing	Shirts, casual (short sleeved)	Primark	9.00		2	156.4	0.12	3 short sleeve shirts needed - 1 casual + 2 smart. Primark, Supermarket, Matalan, Amazon. 3 years.	Navy Stripe Shirt
C	3.1	SMP	Male, main clothing	Shirts, smart (short sleeved)	Primark	8.00	1	1	156.4	0.05	3 short sleeve shirts needed - 1 casual + 2 smart. Primark, Supermarket, Matalan, Amazon. 3 years.	Cotton Poplin Short Sleeve Shirt
C	3.1	SMP	Male, main clothing	T shirts (short sleeved)	Asda	5.00	2	2	104.3	0.10	Primark, Supermarket, Matalan, Amazon. 2 years. FG3 said 4 t-shirts	Crew neck t shirt £3.50 each or £5 for 2
C	3.1	SMP	Male, main clothing	Jumpers	Matalan	9.00	1	2	208.6	0.09	2 needed, 1 light v neck jumper and 1 thick jumper. Primark, Supermarket, Matalan, Amazon. 4 years. CB4 increased to 4 total - 2 light and 2 thick	Soft Touch V Neck Jumper (range of colours available). Price reflects offer of 2 for £18 or £10 each.
C	3.1	SMP	Male, main clothing	Jumpers	Matalan	16.00	1	2	208.6	0.15	2 needed, 1 light v neck jumper and 1 thick jumper. Primark, Supermarket, Matalan, Amazon. 4 years. CB4 increased to 4 total - 2 light and 2 thick	Lincoln Navy 7 Gauge Knitted Jumper

MIS 2022 REBASE										
D: Housing costs										
Partnered pensioner										
MIS CODE	COICOP	MIS ID	Category	Item	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
D1	4.1	PPens	Rent	Rent	89.03	1	1.0	89.03	Social housing 2 bed	Uprated based on policy (4% increase)
D3	4.3	PPens	Water rates	Water rates	457.57	1	52.1	8.78		Severn Trent price increases: 2020/21=3.1% 2021/22=5.8% 2022/23=10.2% $1.031*1.058*1.102=1.2021$ 2019 value=7.30 $7.30*1.2021=8.78$
D4	N/A	PPens	Council tax	Council tax		1	1.0	23.05		Includes £150 rebate
D5	12.5	PPens	Contents insurance	Insurance	7.33	1	4.3	1.69	Contents insurance based on 2 bed flat, social rent	£87.91 paid in 12 monthly instalments of £7.33
D6	4.5	PPens	Fuel		1782.10	1	52.1	34.18		
D7	4.3	PPens	House maintenance	Decorating and other house maintenance	100.00	1	52.1	1.92	£100 per year to maintain condition of property and repair minor damage. Important to keep rented property in original condition in order to get deposit back.	
				D1 rent	89.03					
				D2 mortgage interest	0					
				D3 water	8.78					
				D4 Council tax	23.05					
				D5 household insurances	1.69					
				D6 fuel	34.18					
				D7 other housing costs	1.92					

MIS 2022 REBASE												
E: Household goods and services												
Partnered pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	4.3	PPens	Security	Locking door chain	B&Q	5.12		1	1042.9	0.00	FG3 added safety chain for door B&Q, 20 years	Smith & Locke TT4000 Chrome effect Steel Door chain, (L)195mm
E1	4.3	PPens	Security	Door viewer	B&Q	5.98		1	1042.9	0.01	CB4 added in line with singles: Spy hole, 20 years.	Smith & Locke Chrome effect Galvanised Brass 200° Door viewer, (Dia)25.9mm
E1	5.2	PPens	Hall	Door mat	Argos	5.50		1	260.7	0.02	For outside, cheapest coconut matting 'welcome' style, Argos, Wilko, Homebase, 5 years.	Argos Home Coir Flatweave Doormat - 40 x 60cm - Natural (with non-slip backing)
E1	5.2	PPens	Hall	Door mat	Argos	5.50		1	260.7	0.02	For inside, rubber backed approx. £5, Argos, Wilko, Homebase, 5 years.	Argos Home Coir Flatweave Doormat - 40 x 60cm - Natural (with non-slip backing)
E1	5.1	PPens	Hall	Lampshade for central light	Dunelm	25.00	1	1	521.4	0.05	£25 per lamp shade. Wilko, B&Q, Dunelm, 5 years. Cheaper lampshades in bedroom (approx. £15). CB4 said:same lampshades throughout, Dunelm, £25, 10 years, in line with SMP and SFP.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)
E1	5.5	PPens	Hall	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.1	PPens	Hall	Shoe storage	Argos	26.00	1	1	1042.9	0.02	Shoe rack/cupboard to hold 12 pairs (could be in hall or bedroom), approx. £20, Ikea, B+Q, Argos, 20 years	Habitat Jorn 4 Tier Shoe Rack - White
E1	5.5	PPens	Hall	Coat hooks	Homebase	15.00	6	1	1042.9	0.01	CB4 added in line with singles: Row of 4 hooks. Argos, Wilko, Homebase. 20 years. FG3 changed to 6 hooks for couples.	Standard Hat & Coat Hook - 6 Hooks
E1	5.1	PPens	Living area	Lampshade for central light	Dunelm	25.00	1	1	521.4	0.05	£25 per lamp shade. Wilko, B&Q, Dunelm, 5 years. Cheaper lampshades in bedroom (approx. £15). CB4 said:same lampshades throughout, Dunelm, £25, 10 years, in line with SMP and SFP.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)
E1	5.5	PPens	Living area	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.2	PPens	Living area	Curtains	Wilko	65.00	2	1	521.4	0.12	Washable/dry cleaning. 5 years. Dunelm, Ikea, The Range, on the internet. FG3 changed lifetime to 10 years. Increased quality to approx. £60 for pair. Said increased price could include larger dimensions to give more choice. Washable blackout throughout	Wilko Stone Eclipse Eyelet Blackout Curtains 228 W x 228cm D (machine washable at 30 degrees)

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.5	PPens	Living area	Curtain pole	Wilko	24.00	1	1	1042.9	0.02	Metal curtain pole from Wilkos/Dunelm/B&Q. Lasting 15 years. FG3 increased lifetime to 20 years	Wilko Tivoli 170 - 300cm Extendable Satin Silver Effect Curtain Pole
E1	5.2	PPens	Living area	Net curtains	Wilko	7.00	1	2	365.0	0.04	FG3 added in line with singles: Cheapest nets for privacy, Dunelm, Ikea, Argos, B+Q, 10 years. CB3 reduced lifetime to 7 years	Sheer Elegance White Slot Top Single Voile Panel. W 150cm x D 228cm. 2 priced to fit width of window.
E1	5.5	PPens	Living area	Wire for net curtains	Wilko	1.50	1	1	365.0	0.00	FG3 added in line with singles: Needed for the net curtains. CB3 said 7 years	Wilko 108 inch Curtain Wire
E1	5.1	PPens	Living area	Sofabed (2 seater)	DFS	649.00	1	1	521.4	1.24	3+2 seaters from DFS, fabric. Total cost up to £1,500. 20 years. CB4 changed lifetime to 10 years.	Ludo 2 Seater Sofa Bed
E1	5.1	PPens	Living area	Sofa (3 seater)	DFS	449.00	1	1	521.4	0.86	3+2 seaters from DFS, fabric. Total cost up to £1,500. 20 years. CB4 changed lifetime to 10 years	Ludo 3 Seater Sofa
E1	5.1	PPens	Living area	Foot stool	DFS	199.00	1	1	782.1	0.25	CB4 added in line with singles: Footstool with storage. Matching sofas. From DFS/SCS. Lasting 15 years.	Ludo Storage Footstool
E1	5.2	PPens	Living area	Cushions	Dunelm	10.00	1	5	104.3	0.48	5 cushions, approx. £12 each, feather Dunelm, The Range, Ikea, Supermarket, TkMaxx. 20 years. CB4 reduced lifetime to 2 years. FG3 said approx. £10 Dunelm/supermarket/The Range.	Cotton Velvet Linen Mix Cushion Stack
E1	5.1	PPens	Living area	Side tables	Argos	90.00	3	1	1042.9	0.09	Nested side tables. Not flat pack. From Dunelm/The Range/B&Q. Lasting 20 years (matching with bookcase). CB4 changed to cheaper side tables in line with Ppens.	Argos Home Gloucester Nest of 3 Solid Wood Tables - Natural
E1	5.5	PPens	Living area	Freestanding radiator	The Range	39.99	1	1	521.4	0.08	CB4 added in line with singles: Small oil-filled radiator from Dunelm/B&Q/The Range/Amazon/Argos. Lasting 10 years.	Oil Filled Radiator - 2000W Includes thermostatic control and caster wheels
E1	5.1	PPens	Living area	Bookcase	Argos	65.00	1	1	1042.9	0.06	CB4 added in line with Ppens: Half-height bookcase. Solid (not flat pack) and matching the side tables. Lasting 20 years.	Argos Home Hartland Short Bookcase - Light Wood
E1	5.1	PPens	Living area	Storage unit	Dunelm	169.00	1	1	1042.9	0.16	Storage unit that TV can go on. DFS mid range to hold weight of TV - solid. 30 years. CB4 changed lifetime to 20 years	Corona Pine Sideboard. H81cm x W100cm x D43cm
E1	5.1	PPens	Living area	Personalisation		50.00		1	52.1	0.96	£150 every five years. 1 room per year to change some cushions, picture frames etc. CB4 changed to £50 per year in line with singles	

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	PPens	Living area	Table lamp	Dunelm	10.00	1	1	782.1	0.01	CB4 added table lamp in line with singles: From Dunelm/B&Q/Homebase/(Ikea)/Wilkos. Lifetime 15 years. CB4 increased budget to £10-£12.	Rimini Cream Touch Dimmable lamp
E1	5.1	PPens	Living area	Floor lamp	B&Q	20.00	1	1	782.1	0.03	standard lamp included - unsure whether this is a floor or table lamp as some parts of transcript missing. Have included floor lamp for now and info in line with SFP: 10 years. CB4 confirmed table lamp and floor lamp needed. Set lifetime to 15 years in line with singles.	Matt Grey Mother & child floor light
E1	5.1	PPens	Dining area	Lampshade for central light	Dunelm	25.00	1	1	521.4	0.05	£25 per lamp shade. Wilko, B&Q, Dunelm, 5 years. Cheaper lampshades in bedroom (approx. £15). CB4 said:same lampshades throughout, Dunelm, £25, 10 years, in line with SMP and SFP.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)
E1	5.5	PPens	Dining area	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.2	PPens	Dining area	Curtains	Wilko	65.00	2	1	521.4	0.12	Washable/dry cleaning. 5 years. Dunelm, Ikea, The Range, on the internet. FG3 changed lifetime to 10 years. Increased quality to approx. £60 for pair. Said increased price could include larger dimensions to give more choice. Washable blackout throughout	Wilko Stone Eclipse Eyelet Blackout Curtains 228 W x 228cm D (machine washable at 30 degrees)
E1	5.5	PPens	Dining area	Curtain pole	Wilko	24.00	1	1	1042.9	0.02	Metal curtain pole from Wilkos/Dunelm/B&Q. Lasting 15 years. FG3 increased lifetime to 20 years	Wilko Tivoli 170 - 300cm Extendable Satin Silver Effect Curtain Pole
E1	5.2	PPens	Dining area	Net curtains	Wilko	7.00	1	2	365.0	0.04	FG3 added in line with singles: Cheapest nets for privacy, Dunelm, Ikea, Argos, B+Q, 10 years. CB3 reduced lifetime to 7 years	Sheer Elegance White Slot Top Single Voile Panel. W 150cm x D 228cm. 2 priced to fit width of window.
E1	5.5	PPens	Dining area	Wire for net curtains	Wilko	1.50	1	1	365.0	0.00	FG3 added in line with singles: Needed for the net curtains. CB3 said 7 years	Wilko 108 inch Curtain Wire
E1	5.1	PPens	Dining area	Dining table	Argos	120.00	1	1	1042.9	0.12	Folding table and 4 solid chairs.. From Argos, ikea, Amazon. Lasting 20 years	Argos Home Extending 4 - 6 Seater Table - Light Oak Effect
E1	5.1	PPens	Dining area	Dining chairs	Argos	80.00	2	2	1042.9	0.15	Folding table and 4 solid chairs.. From Argos, ikea, Amazon. Lasting 20 years	Habitat Chicago Pair of Dining Chairs - Two Tone
E1	5.1	PPens	Dining area	Tablemats	The Range	4.99	4	2	260.7	0.04	6 tablemats, cork-backed, Argos/Amazon/Ikea/supermarket/Dunelm. 20 years. CB4 reduced lifetime to 5 years in line with singles	Set of 4 Simply Grey Polka Dot Placemats (range of patterns and colours)

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	PPens	Dining area	Coasters	The Range	1.99	4	2	260.7	0.02	6 coasters. Argos/Amazon/Ikea/supermarket/Dunelm. 20 years. CB4 reduced lifetime to 5 years in line with singles	Set of 4 Simply Grey Polka Dot Coasters
E1	5.5	PPens	Kitchen	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.1	PPens	Kitchen	Blind	Argos	14.00	1	1	260.7	0.05	Cheap roller blind from B&Q/Argos/Dunelm. Lasting 10 years. CB3 reduced lifetime to 5 years	Argos Home Blackout Insulating Roller Blind - 4ft - White. W120cm x D160cm
E1	5.4	PPens	Kitchen, tableware	Crockery	Asda	10.00	12	2	260.7	0.08	8x dinner plates, side plates, bowls. lasting 10 years. Argos/Amazon/Ikea/supermarket/Dunelm. Cheapest okay. Cb4 reduced ot 5 years in line with singles	George Home Basic White Dinner Set. Each set includes 4x plates, side plates and bowls.
E1	5.4	PPens	Kitchen, tableware	Mugs	Asda	5.00	4	2	260.7	0.04	8 mugs, lasting 5 years. Argos/Amazon/Ikea/supermarket/Dunelm. Cheapest okay	George Home Simply White Mug Pack (4pce)
E1	5.4	PPens	Kitchen, tableware	Cutlery	Asda	15.00	32	1	1042.9	0.01	8x x knife, fork, spoon, teaspoon. Cheapest stainless steel, Argos/Amazon/Ikea/supermarket/Dunelm. 20 years	George Home Horizon Stainless Steel Cutlery Set 32 Piece
E1	5.4	PPens	Kitchen, tableware	Serving spoons	ASDA	2.50	2	1	1042.9	0.00	CB4 added in line with SMP: 2 large serving spoons, Argos, Supermarket. 20 years.	George Home York Stainless Steel Serving Spoons
E1	5.4	PPens	Kitchen, tableware	Tumblers - tall	Asda	0.50	1	8	104.3	0.04	Set of 6, cheapest tall tumblers. From (John Lewis) or supermarket. 5 years. CB4 changed: 8 tall glasses and 8 wine glassed. Cheapest, 2 years	George Home Feature Hiball Glass
E1	5.4	PPens	Kitchen, tableware	Wine glasses	Asda	6.00	4	2	104.3	0.12	6x wine glasses. Cheapest okay from (John Lewis) or supermarket. 5 years. CB4 changed: 8 tall glasses and 8 wine glassed. Cheapest, 2 years	George Home Four Lyric Wine Glasses
E1	5.4	PPens	Kitchen, tableware	Cruet	Wilko	4.50	2	1	1042.9	0.00	Salt and pepper cruet. 20 years. Argos/Amazon/Ikea/supermarket/Dunelm.	White Salt and Pepper Pots
E1	5.4	PPens	Dining area	Gravy boat	ASDA	3.50	1	1	1042.9	0.00	CB4 added in line with singles: Ceramic gravy boat, Argos, Supermarket, 20 years	George Home White Gravy Boat

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.6	PPens	Dining area	Napkins	Tesco	1.00	50	2	52.1	0.04	Paper napkins. Cheap pack of 100. Lasting 1 year	Tesco Napkins White 33Cm 2Ply 50 Pack
E1	5.3	PPens	Kitchen, appliances	Microwave	Asda	49.00	1	1	417.1	0.12	Cheapest 700w ok, Supermarket, 8 years.	Manual Microwave - White (700W)
E1	5.3	PPens	Kitchen, appliances	Fridge freezer	AO	359.00	1	1.0	521.4	0.69	50/50 frost free Fridge freezer, Currys, AO, 10 years	Electra ECF165WE 50/50 Frost Free Fridge Freezer - White - F Rated
E1	5.3	PPens	Kitchen, appliances	Cooker	AO	199.00	1	1.0	521.4	0.38	1 needed. No other details discussed. Ppens said: Electric oven and hob, lot of debate about whether hob should be halogen induction (phasing out of gas in approx. 15 years) price standard electric and halogen induction and take to check back, Currys, AO, 10 years. CB4 said induction not needed, 10 years.	Indesit Cloe IS5V4KHW 50cm Electric Cooker with Ceramic Hob - White - A Rated
E1	5.3	PPens	Kitchen, appliances	Washing machine	Currys	229.00	1	1.0	417.1	0.55	7kg, 1200 rpm, good energy rating washing machine, Currys, AO, 8 years. 5 loads a fortnight for couple	Beko WTL82051W 8Kg Washing Machine with 1200 rpm - White - C Rated
E1	5.3	PPens	Kitchen, appliances	Toaster	Asda	19.00	1	1.0	312.9	0.06	Mid-range Supermarket quality, Supermarket, 6 years	George Home Grey textured 2 Slice Toaster
E1	5.3	PPens	Kitchen, appliances	Kettle	Asda	19.00	1	1.0	312.9	0.06	Mid-range Supermarket quality, Supermarket, 6 years	George Home Grey Textured Fast Boil Kettle
E1	5.3	PPens	Kitchen, appliances	Slow cooker	Asda	13.00	1	1	782.1	0.02	Small slow cooker, cheapest ok, Supermarket, 15 years	George Home Grey Compact Slow Cooker
E1	5.3	PPens	Kitchen, accessories	Hand blender	B&M	25.00	1	1.0	521.4	0.05	Multi-purpose hand blender with whisk attachment, Supermarket, Argos, The Range, B+M, 10 years	Tower 3-in-1 Hand Blender. Includes stainless steel blade, 600ml beaker, chopping attachment and whisk
E1	5.4	PPens	Kitchen, cookware	Saucepans	Asda	60.00	5	1.0	417.1	0.14	Set of 3 or 4 non-stick saucepans, cheapest recognisable brand e.g. Tefal, 8 years or 15 years no decision. CB4 confirmed 8 years	Tefal Delight Non-stick Pan Set. Set Consists of 14cm Milkpan, 16/18cm Saucepans with Lids, 20/24cm Frying Pans
E1	5.4	PPens	Kitchen, cookware	Frying pan	Asda	0.00	2	1	417.1	0.00	2 non-stick frying pans, Supermarket, Argos, 3 years. CB4 said 8 years	Included in set above
E1	5.4	PPens	Kitchen, cookware	Knives	Argos	45.00	5	1	782.1	0.06	Knife set approx. £50-60, Argos, The Range, 35 years. CB4 reduced lifetime to 15 years	Joseph Joseph Duo 5 Piece Knife Block Set - Multicoloured
E1	5.4	PPens	Kitchen, cookware	Knife sharpener	Wilko	6.00	1	1	782.1	0.01	FG3 confirmed 15 years in line with knife set.	Knife Sharpener

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	PPens	Kitchen, cookware	Baking sheet	Asda	1.50	1	2	260.7	0.01	non-stick, Supermarket, Argos, The Range, B+M, 5 years. CB4 said 2 needed	George Home Non-Stick Grey 40cm Oven Tray
E1	5.4	PPens	Kitchen, cookware	Roasting tin	Asda	1.50	1	1	260.7	0.01	One needed, non-stick, Supermarket, Argos, The Range, B+M, 5 years	George Home Non-Stick Roaster Grey 38cm
E1	5.4	PPens	Kitchen, cookware	Bun tin	Asda	2.00	1	1	260.7	0.01	One needed, non-stick, Supermarket, Argos, The Range, B+M, 5 years	George Home Non-Stick 6 Cup Muffin Tray
E1	5.4	PPens	Kitchen, cookware	Cake tin	Asda	1.75	1	2	260.7	0.01	Two shallow cake tins, spring form, non-stick, Supermarket, Argos, The Range, B+M, 5 years	George Home Non-Stick Springform Cake Tin
E1	5.4	PPens	Kitchen, cookware	Loaf tin	Asda	1.00	1	1	260.7	0.00	CB4 added loaf tin in line with singles, lasting 5 years	George Home Non-Stick Loaf Pan 24cm
E1	5.4	PPens	Kitchen, cookware	Cheese grater	Dunelm	3.50	1	1	1042.9	0.00	Grater with tub and lid attachment, 1 up from bottom quality, Supermarket, Argos, The Range, B+M, 20 years. FG3 increased quality - silicone base and handle	Dunelm Silicone Grater
E1	5.4	PPens	Kitchen, accessories	Colander	Asda	4.75		1	1825.0	0.00	Metal colander, Supermarket, Argos, The Range, B+M, 35 years	George Home Stainless Steel Colander
E1	5.4	PPens	Kitchen, cookware	Sieve	Asda	2.50		1	782.1	0.00	CB4 added in line with singles: 15 years.	George Home Stainless Steel Sieve
E1	5.4	PPens	Kitchen, cookware	Casserole dish	Argos	16.00	3	1	1825.0	0.01	Set of 3 pyrex casserole dishes, different sizes, Supermarket, Argos, The Range, B+M, 35 years	Pyrex 3 Piece Clear Casserole Set
E1	5.4	PPens	Kitchen, cookware	Lasagne dish	Asda	3.50	1	1	782.1	0.00	Cb4 added in line with singles: 1 needed. 15 years.	Pyrex Glass Dish With Lid 1.5L
E1	5.4	PPens	Kitchen, accessories	Utensils	Argos	18.00	8	1	521.4	0.03	Silicone utensil set, cheapest ok, Supermarket, Argos, 10 years	Argos Home Silicone 8 Piece Utensil Set - Black. Includes Utensil caddy. Serving spoon. Slotted turner. Spatula. Slotted masher. Whisk. Pastry brush, Icing spreader.
E1	5.4	PPens	Kitchen, accessories	Wooden spoons	Asda	0.50	1	3	104.3	0.01	CB4 added in line with singles: 3 spoons, lasting 2 years.	George Home Wooden Spoon

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E1	5.4	PPens	Kitchen, accessories	Trays	Asda	2.50	1	2	1042.9	0.00	Tray table approx £10, Argos, 20 years. CB4 changed to two plastic trays.	George Home Plastic Tray
E1	5.4	PPens	Kitchen, accessories	Bottle opener	Asda	3.00	1	1	208.6	0.01	CB4 added in line with singles: 1 needed. 4 years.	George Home Corkscrew - with built-in bottle opener
E1	5.4	PPens	Kitchen, accessories	TIn opener	Asda	10.00	1	1	312.9	0.03	Battery operated tin opener, Supermarket, Argos, The Range, B+M, 20 years. CB4 reduced lifetime to 6 years	George Home Black Electric Can Opener
E1	5.4	PPens	Kitchen, accessories	Peeler	Asda	0.60	1	1	104.3	0.01	Cheap peeler, Supermarket, Argos, The Range, B+M, 2 years	George Home Plastic Peeler
E1	5.4	PPens	Kitchen, accessories	Measuring jug	Asda	4.00	1	1	1825.0	0.00	Pyrex jug, Supermarket, Argos, The Range, B+M, 35 years	Pyrex Measuring Jug
E1	5.4	PPens	Kitchen, accessories	Scales	Asda	5.00	1	1	1042.9	0.00	Digital scales, cheapest ok, Supermarket, Argos, The Range, B+M, 20 years, plus battery	George Home White Digital Scale
E1	5.4	PPens	Kitchen, accessories	Batteries		15.00	1	1	52.1	0.29	Batteries for scales and bedroom clocks. Replaced how often? Lifetime set to 2 years for now. CB4 changed: £15 budget per year to cover all batteries	
E1	5.4	PPens	Kitchen, accessories	Mixing bowls	Argos	16.00	3	1	1825.0	0.01	Set of pyrex or equivalent glass bowls, Supermarket, Argos, The Range, B+M, 35 years	Pyrex 3 Piece Glass Bowl Set
E1	5.4	PPens	Kitchen, accessories	Chopping board	Asda	3.00	3	1	260.7	0.01	3 wooden chopping boards (one for meat, veg + bread), Supermarket, Argos, The Range, B+M, 20 years. CB4 changed spec in line with singles: set of solid plastic chopping boards, lasting 5 years.	Plastic Chopping Boards
E1	5.4	PPens	Kitchen, accessories	Oven gloves	Dunelm	12.00	1	1	260.7	0.05	CB4 added in line with singles: silicone oven gloves. Lasting 5 years.	Grey Silicone Double Oven Glove
E1	5.4	PPens	Kitchen, accessories	Bin	Argos	6.00	1	1	782.1	0.01	50l flip top plastic bin, Supermarket, Argos, The Range, B+M, 15 years. CB4 changed to 25L, 15 years	Tontarelli 25 Litre Swing Top Bin - Black
E1	5.6	PPens	Kitchen, consumables	Bin liners	Tesco	2.20	30	1	8.6	0.26	1 per week. CB4 said change every 2 days	Tesco 30 pedal bin liners 22L
E1	5.4	PPens	Kitchen, accessories	Washing up bowl	Asda	1.70	1	1	104.3	0.02	Plastic drainer, Supermarket, 2 years	George Home Recycled Plastic Washing Up Bowl Grey
E1	5.4	PPens	Kitchen, accessories	Drainer	Asda	1.70	1	1	104.3	0.02	Plastic washing up bowl, Supermarket, 2 years	George Home Recycled Plastic Dish Drainer Grey
E1	5.4	PPens	Kitchen, accessories	Storage containers	Amazon	7.99	17	1	260.7	0.03	Set of plastic tubs with press on lids, Supermarket, Argos, Home Bargains, 10 years. CB4 changed to IKEA 17-piece set, 5 years	IKEA PRUTA Plastic Container / Food Storage Containers 17 Piece Set (Ikea set sold on Amazon)

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E1	5.4	PPens	Kitchen, accessories	Storage canisters	The Range	10.49	3	1	521.4	0.02	CB4 added in line with singles: For tea, coffee, sugar. No other details discussed. Lifetime set to 5 years for now. CB3 changed lifetime to 10 years	Set Of 3 Tea, Coffee & Sugar Canister - Cream. Range of colours.
E1	5.4	PPens	Kitchen, cleaning	Kitchen towel holder	The Range	4.99	1	1	521.4	0.01	FG3 added for couples in line with singles: Freestanding holder for kitchen roll. CB3 said it would last 10 years.	Tuscan Bamboo Kitchen Roll Holder - Grey
E1	5.6	PPens	Kitchen, laundry	Washing liquid	Tesco	1.70	1	1	16.0	0.11	5 loads per fortnight	ASDA Sensitive Non-Bio Liquid 40 Washes
E1	5.6	PPens	Kitchen, laundry	Fabric conditioner	Tesco	1.50	1	1	29.6	0.05	5 loads per fortnight	ASDA Sensitive Pure Cotton Fabric Softener 74 washes
E1	5.6	PPens	Kitchen, laundry	Soda crystals	Asda	1.00	1	1	50.0	0.02	CB4 added in line with singles: For laundry and washing machine maintenance. Used for one wash per week.	Dri Pak Soda Crystals (1 kg). Product recommends 1 Tablespoon (20g) in wash to soften water. 1000g/20g=50 weeks
E1	5.4	PPens	Kitchen, laundry	Airer	Wilko	21.00	1	1	782.1	0.03	Cheap concertina airer, Argos, The Range, B+M, 5 years. CB4 increased lifetime to 15 years in line with singles	Wileda 3 tier airer 15M
E1	5.4	PPens	Kitchen, laundry	Over radiator airer	The Range	6.99	2	2	1564.3	0.01	Over radiator airers, Argos, The Range, B+M, 5 years. CB4 said 4 needed and changed lifetime to 15 years	Addis Radiator Airer. NB: 4 provided as sold in packs of 2. Checked elsewhere and couldn't find 3 pack.
E1	5.3	PPens	Kitchen, laundry	Iron	Argos	28.00	1	1	260.7	0.11	Steam iron, approx. £25, Supermarket, Argos, The Range, B+M, 5 years	Russell Hobbs Wrap and Clip Easy Store Steam Iron
E1	5.4	PPens	Kitchen, laundry	Ironing board	Argos	20.00	1	1	782.1	0.03	Sturdy ironing board, 1 or 2 up the range, Argos, Supermarket, 35 years. Cb4 changed to 15 years in line with singles	Habitat Medium 110x34cm Ironing Board
E1	5.4	PPens	Kitchen, laundry	Ironing board cover	Argos	6.00	1	1	104.3	0.06	Thermal ironing board cover, Argos, Supermarket, replaced every 2 years	Argos Home Medium 110x34cm Ironing Board Cover
E1	5.6	PPens	Kitchen, laundry	Washing basket	Argos	8.00		1	521.4	0.02	Washing basket to carry the laundry to machine, 10 years. Wilko/Argos	Strata 60 Litre Flexible Laundry Basket
E1	5.6	PPens	Kitchen, laundry	Laundry pegs	Wilko	1.60	36	1	156.4	0.01	CB4 added in line with singles: Pegs to hang clothes to dry. 24 pegs lasting 3 years.	Wilko Multicoloured Snapper Pegs 36 pack
E1	5.6	PPens	Kitchen, cleaning	Spray mop	Dunelm	15.00	1	1	260.7	0.06	Mop handle to use with disposable wipes/cloths. Lifetime not discussed. Lifetime set to 1 year for now. CB4 changed to cheaper spray mop, 5 years	Addis Spray Mop with machine washable microfibre mop head
E1	5.6	PPens	Kitchen, cleaning	Mop head	Dunelm	2.00	1	1	104.3	0.02	CB4 added washable spray mop refill replaced every 2 years	Spray Mop Refill

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E1	5.3	PPens	Kitchen, cleaning	Vacuum cleaner	Argos	89.99	1	1	417.1	0.22	Basic upright vacuum cleaner, e.g. Hoover, Electrolux brand, Argos, 8 years	VAX Mach Air Revive UCA2GEV1 Upright Bagless Vacuum Cleaner - Grey & Red
E1	5.6	PPens	Kitchen, cleaning	Dustpan & brush	Wilko	8.00	1	1	260.7	0.03	Cheap dust pan and brush, B&Q, 5 years. Cb4 changed to long-handled dustpan and brush, 5 years	Wilko Long Handled Dustpan and Brush Set
E1	5.6	PPens	Kitchen, cleaning	Kitchen towel	Tesco	3.50	4	1	6.0	0.58	2 pack replaced every 3 weeks	Tesco Kitchen Towel 4 Roll
E1	5.6	PPens	Kitchen, cleaning	Dish cloths	Savers	1.00	7	1	52.1	0.02	One pack of microfibre dish clothes every 3 months. Cb4 suggested 7-pack of cloths on a roll (such as Elbow Grease). Washable. Lasting 1 year	Elbow Grease Power Cloths 7 pack
E1	5.6	PPens	Kitchen, cleaning	Tea towels	Asda	4.00	5	1	52.1	0.08	CB4 added in line with singles: 1 year and 5-pack okay	George Home Tea Towels 5pk
E1	5.6	PPens	Kitchen, consumables	Washing up liquid	Tesco	2.00	1	1	6.0	0.33	1 bottle of Fairy Liquid replaced every 6 weeks.	Fairy Original Washing Up Liquid Green with LiftAction 780ml
E1	5.6	PPens	Kitchen, consumables	Multi-surface spray	Tesco	0.90	1	1	4.3	0.21	Anti bacterial spray replaced every 6 weeks. CB4 reduced lifetime to monthly in line with singles	Tesco Antibacterial Multi Purpose Spray 750ml
E1	5.6	PPens	Kitchen, consumables	Disinfectant	Tesco	4.00	1	1	26.1	0.15	Kitchen floor cleaner e.g. Flash. CB4 changed to disinfectant e.g. Zoflora. 6 months	Zoflora Linen Fresh Concentrated Disinfectant 500ml
E1	5.6	PPens	Kitchen, consumables	Bleach	Tesco	0.95	1	1	4.4	0.22	1 litre bottle of bleach per week for kitchen and bathroom. CB4 said 1 month for kitchen	Tesco Thick Bleach Citrus 2 Litre Bigger Pack Better Value
E1	5.6	PPens	Kitchen, consumables	Descaler	Tesco	1.65	1	1	78.2	0.02	CB4 added descaler solution in line with PPens, 6 months (18 months for 30pack)	Oust All Purpose Descaler 3-pk
E1	5.6	PPens	Kitchen, consumables	Scouring/sponge pads	Tesco	0.40	8	1	8.0	0.05	Sponge scourers, replace pack every 6 weeks. CB4 said 1 sponge per week	Springforce Sponge Scourers 8 Pack
E1	5.6	PPens	Kitchen, consumables	Scourers	Tesco	1.00	5	1	5.0	0.20	Scourers, replace pack every 6 months. CB4 said 1 per week	Tesco Pan Scourers 5 pack
E1	5.6	PPens	Kitchen, consumables	Clingfilm	Tesco	1.30	1	1	34.8	0.04	CB4 added clingfilm. 30m lasting 6 months.	Cling Film 350mm x 40m
E1	5.6	PPens	Kitchen, consumables	Foil	Tesco	1.35	1	1	13.0	0.10	Foil 10m roll, replace every 3 months	Tesco Kitchen Foil 10M X 290Mm
E1	5.6	PPens	Kitchen, consumables	Rubber gloves	Tesco	1.00	1	1	13.0	0.08	Rubber gloves, replace 4 times per year	Tesco Dishwashing Rubber Gloves (rang of sizes)
E1	5.5	PPens	Household maintenance	Tool kit	Argos	17.00	40	1	1042.9	0.02	FG3 added 1 tool kit. Lifetime of 20 years in line with 2018 groups.	Guild 40 Piece Stubby Hand Tool Kit

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E1	5.6	PPens	Household maintenance	Sewing kit	Wilko	3.60	1	1	260.7	0.01	Cheapest sewing kit from Argos, B+M, Wilko. 5 years	Korbond Sewing Kit in Case. Includes: 1 pair of scissors 1 analogue tape measure 1 thimble 1 needle threader 2 needles 2 dressmaker pins 2 safety pins 3 pearl buttons 1m hemming web, a selection of sewing threads
E1	5.6	PPens	Household maintenance	Shoe polish	Wilko	2.25	1	1	260.7	0.01	FG3 added supermarket shoe polish lasting 5 years	Kiwi Black Shoe Polish 100ml
E1	5.5	PPens	Bathroom	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.2	PPens	Bathroom	Blind	Argos	14.00		1	260.7	0.05	Cheap roller blind from B&Q/Argos/Dunelm. Lasting 10 years. CB3 reduced lifetime to 5 years	Argos Home Blackout Insulating Roller Blind - 4ft - White. W120cm x D160cm
E1	5.1	PPens	Bathroom	Medicine cabinet	B&Q	20.00	1	1	1042.9	0.02	CB4 added in line with singles: Medicine cabinet with mirror, B&Q, 20 years	Aida White Mirrored Cabinet (W)370mm (H)465mm
E1	5.6	PPens	Bathroom	Toilet brush	Tesco	0.75	1	1	52.1	0.01	CB4 added in line with singles: From Wilko/supermarket. Lasting 1 year.	Tesco Toilet Brush
E1	5.2	PPens	Bathroom	Bath sheets	Dunelm	17.00	1	4	260.7	0.26	CB4 added in line with singles: 4 needed, 'Fluffy' style, Dunelm, 5 years	Egyptian Cotton Bath Sheet (range of colours)
E1	5.2	PPens	Bathroom	Hand towels	Dunelm	5.00	1	4	260.7	0.08	CB4 added in line with singles: 4 needed, 'Fluffy' style, Dunelm, 5 years	Egyptian Cotton Hand Towel (range of colours)
E1	5.2	PPens	Bathroom	Flannels	Dunelm	1.20	1	4	260.7	0.02	CB4 added in line with singles: 4 needed, 'Fluffy' style, Dunelm, 5 years	Face Cloth (range of colours)
E1	5.2	PPens	Bathroom	Bath mat (for floor)	Asda	5.00	1	1	260.7	0.02	CB4 added in line with singles: From Asda/Primark/Dunelm. Lasting 5 years.	George Home Rubber Backed Bath Mat Charcoal
E1	5.2	PPens	Bathroom	Non-slip bathmat	Asda	4.00	1	1	104.3	0.04	CB4 added in line with singles: Non slip bathmat for inside the bath/shower. 2 years	George Home Rubber Bath Mat
E1	5.4	PPens	Bathroom	Laundry basket	Argos	6.00	1	1	521.4	0.01	For collecting dirty washing. From Wilko or Argos. Lasting 15 years. CB4 reduced lifetime to 10 years	Argos Home Pop Up Laundry Bin - Dove Grey. 53 litre capacity
E1	5.2	PPens	Bathroom	Shower curtain	Argos	6.00	1	2	208.6	0.06	CB4 added in line with singles: 2 washable Shower curtains, one to have up while one in the wash, 4 years.	Argos Home Shower Curtain - White (hand-washable)
E1	5.1	PPens	Bathroom	Magnifying mirror	Argos	10.00	1	1	260.7	0.04	CB4 added in line with singles: Magnifying mirror for applying make up etc. cheapest ok, Wilko/Argos/supermarket/JL/B+Q, 20 years. CB4 reduced lifetime to 5 years	Danielle Creations Chrome Beauty Mirror

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E1	12.1	PPens	Bathroom	Scales	Asda	12.00	1	1	1042.9	0.01	CB4 added in line with singles. From supermarket/Boots. No other info discussed. Lifetime set to 10 years for now. CB3 changed lifetime to 20 years. CB4 confirmed 20 years.	Salter Electronic Glass Platform Scales
E1	5.6	PPens	Bathroom	Squeegee	Wilko	1.20	1	1	52.1	0.02	CB4 added in line with singles: From Wilkos. Lasting 1 year.	Wilko Window and Shower Squeegee
E1	5.6	PPens	Bathroom	Toilet cleaner	Tesco	0.45	1	1	4.3	0.10	From Wilko/supermarket. Replaced every month.	Tesco Active Toilet Gel Citrus 750ML
E1	5.6	PPens	Bathroom	Bleach	Tesco	0.95	1	1	2.0	0.48	CB4 said 2 weeks for bathroom	Tesco Thick Bleach Citrus 2 Litre Bigger Pack Better Value
E1	5.6	PPens	Bathroom	Shower spray	Tesco	0.90	1	1	8.7	0.10	CB4 added in line with singles:From Wilko/supermarket. Replaced every 2 months.	Tesco Daily Shower Cleaning Spray 750ml
E1	5.4	PPens	Bathroom	Bin	Wilko	5.50	1	1	260.7	0.02	Small pedal bin from Wilko. Lasting 20 years. CB4 specified plastic pedal bin, not metal. FG3 changed to metal pedal bin but reduced lifetime to 5 years	Wilko Small White Pedal Bin
E1	5.6	PPens	Bathroom	Bin liners	Wilko	1.00	50	1	50.0	0.02	Pedal bin liners. 1 bin liner used every week.	Wilko Pedal Bin Liners 50 pack
E1	5.2	PPens	Bedroom 1	Curtains	Wilko	65.00	2	1	521.4	0.12	Washable/dry cleaning. 5 years. Dunelm, Ikea, The Range, on the internet. FG3 changed lifetime to 10 years. Increased quality to approx. £60 for pair. Said increased price could include larger dimensions to give more choice. Washable blackout throughout	Wilko Stone Eclipse Eyelet Blackout Curtains 228 W x 228cm D (machine washable at 30 degrees)
E1	5.5	PPens	Bedroom 1	Curtain pole	Wilko	24.00	1	1	1042.9	0.02	Metal curtain pole from Wilkos/Dunelm/B&Q. Lasting 15 years. FG3 increased lifetime to 20 years	Wilko Tivoli 170 - 300cm Extendable Satin Silver Effect Curtain Pole
E1	5.2	PPens	Bedroom 1	Net curtains	Wilko	7.00	1	2	365.0	0.04	FG3 added in line with singles: Cheapest nets for privacy, Dunelm, Ikea, Argos, B+Q, 10 years. CB3 reduced lifetime to 7 years	Sheer Elegance White Slot Top Single Voile Panel. W 150cm x D 228cm. 2 priced to fit width of window.
E1	5.5	PPens	Bedroom 1	Wire for net curtains	Wilko	1.50	1	1	365.0	0.00	FG3 added in line with singles: Needed for the net curtains. CB3 said 7 years	Wilko 108 inch Curtain Wire
E1	5.1	PPens	Bedroom 1	Lampshade for central light	Dunelm	25.00	1	1	521.4	0.05	£15 per lamp shade. Wilko, B&Q, Dunelm, 5 years. CB4 said: same lampshades throughout, Dunelm, £25, 10 years, in line with SMP and SFP.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)

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E1	5.5	PPens	Bedroom 1	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.1	PPens	Bedroom 1	Bed, double	Dreams	300.00		1	1042.9	0.29	Double bed with headboard and storage, 20 years. 2 drawers minimum. Cheapest okay. DFS, IKEA, Dreams, Furniture Village, Bension for Beds	Classic Divan Base - Double with 4 drawers
E1	5.1	PPens	Bedroom 1	Headboard	Dreams	149.00	1	1	1042.9	0.14	Double bed with headboard and storage, 20 years. 2 drawers minimum. Cheapest okay. DFS, IKEA, Dreams, Furniture Village, Bension for Beds	Classic Fairfield Headboard
E1	5.1	PPens	Bedroom 1	Mattress, double	Dreams	599.00	1	1	417.1	1.44	Recognisable brand such as silentnight or Slumberland. Approx £300-400, lasting 15 years. CB4 increased spec in line with singles: very good quality double mattress, pocket sprung - would want to test out in store, JL, Dreams, Bensons for Beds, 8 years	Silentnight Heaton Pocket Sprung Mattress
E1	5.1	PPens	Bedroom 1	Wardrobe	Argos	325.00	1	1	1042.9	0.31	1 Double wardrobe. From Ikea/Argos/B&Q/Wayfair/online. Cheapest 'sturdy'. 20 years	Ashdown 2 Door 2 Drawer Mirror Wardrobe - White (fully assembled)
E1	5.1	PPens	Bedroom 1	Drawers	Argos	240.00	1	1	1042.9	0.23	Chest-height. From Ikea/Argos/B&Q/Wayfair/online. Lasting 20 years	Ashdown 5 Drawer Chest - White (fully assembled)
E1	5.1	PPens	Bedroom 1	Bedside table	Argos	130.00	1	2	1042.9	0.25	Two bedside tables from Ikea/Argos/B&Q/Wayfair/online. Lasting 20 years.	Ashdown 3 Drawer Bedside Table - White (fully assembled)
E1	5.1	PPens	Bedroom 1	Mirror	Dunelm	10.00	1	1	1042.9	0.01	CB4 added in line with singles: Full length mirror, cheap, Dunelm, 30 years. CB3 changed lifetime to 20 years in line with SFP.	Essentials Full Length Mirror 122x32cm Black
E1	5.1	PPens	Bedroom 1	Lamp	Wilko	10.00	1	2	521.4	0.04	Two bedside lamps. £10 each from Next, Dunelm, Wilko, The Range, B&Q, supermarket. No lifetime provided Cb4 confirmed 10 years	Wilko Cream Milan Table Lamp
E1	5.1	PPens	Bedroom 1	Chair	Dunelm	69.00	1	1	1042.9	0.07	CB4 added in line with singles: wooden chair from Dunelm/Dreams. Mid-mid quality, lasting 20 years	Astrid Chair

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E1	5.2	PPens	Bedroom 1	Duvet	Asda	25.00	1	1	417.1	0.06	Combined, clip-together winter and summer duvets. Mid-range. Approx. 4 and 10.5 tog. Lasting 20 years. CB4 reduced lifetime to 8 years in line with singles	All Seasons Combi Duvet. Comes with 4.5 and 10.5 tog duvets which clip together to make 15 tog.
E1	5.2	PPens	Bedroom 1	Pillows	Dunelm	35.00	2	2	208.6	0.34	Four needed. Mid-range synthetic filling from Tesco, The Range, Asda, Dunelm. Lasting 10 years. CB4 reduced lifetime to 4 years in line with singles.	Fogarty Duck Feather and Down Medium-Support Pillow Pair
E1	5.2	PPens	Bedroom 1	Sheets, fitted	Asda	8.00	1	3	417.1	0.06	3 needed (used for bedroom 1 and bedroom 2). From Tesco, The Range, Asda, Dunelm. Middle range with a decent threadcount of approx. 200. Lasting 15 years. CB4 changed quality and lifetime in line with singles: mid-range quality from the supermarket, 8 years	White Brushed Cotton Fitted Sheet
E1	5.2	PPens	Bedroom 1	Sheets, flat	Asda	11.50	1	3	417.1	0.08	3 needed (used for bedroom 1 and bedroom 2). From Tesco, The Range, Asda, Dunelm. Middle range with a decent threadcount of approx. 200 Lasting 8 years	White Luxury 100% Cotton Flat Sheet
E1	5.2	PPens	Bedroom 1	Duvet covers	Asda	20.00	1	3	417.1	0.14	3 needed (used for bedroom 1 and bedroom 2). From Tesco, The Range, Asda, Dunelm. Middle range with a decent threadcount of approx. 200 Lasting 15 years. CB4 changed to 8 years in line with singles.	George Home Just Wellness White Tencel Duvet Set
E1	5.2	PPens	Bedroom 1	Pillow cases	Asda	3.00	2	3	417.1	0.02	6 extra pillow cases needed in addition to the 6 that come with the duvet sets (used for bedroom 1 and bedroom 2). From Tesco, The Range, Asda, Dunelm. Lasting 15 years. CB4 changed to 8 years in line with singles	George Home White Brushed Cotton Pillowcase Pair
E1	5.2	PPens	Bedroom 1	Mattress protector	Asda	7.00	1	2	208.6	0.07	2 needed. From Tesco, The Range, Asda, Dunelm. Lasting 5 years. CB4 changed to 4 years in line with singles	George Home Mattress Protector Double
E1	5.2	PPens	Bedroom 1	Pillow protectors	Asda	5.00	2	4	208.6	0.10	CB4 added in line with singles: 8 pillow protectors needed, cheap ok, Dunelm, Supermarket. CB3 changed lifetime to 4 years.	Pillow Protector Pair
E1	5.3	PPens	Bedroom 1	Electric blanket	Argos	35.00	1	1	521.4	0.07	Added but no other info provided. CB4 said 10 years.	Silentnight Comfort Control Electric Blanket
E1	5.1	PPens	Bedroom 2	Lampshade for central light	Dunelm	25.00	1	1	521.4	0.05	£15 per lamp shade. Wilko, B&Q, Dunelm, 5 years. CB4 said: same lampshades throughout, Dunelm, £25, 10 years, in line with SMP and SFP.	Henna 3 Tier 28cm Grey Faux Linen Shade (range of colours/styles available at same price)

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.5	PPens	Bedroom 2	Light bulb	Wilko	4.25	1	1	104.3	0.04	Energy efficient bulb. FG3 said 2 years	Wilko 1 pack Bayonet B22/BC LED 810 Lumens Dimmable Daylight GLS Light Bulb
E1	5.2	PPens	Bedroom 2	Curtains	Wilko	65.00	2	1	521.4	0.12	Washable/dry cleaning. 5 years. Dunelm, Ikea, The Range, on the internet. FG3 changed lifetime to 10 years. Increased quality to approx. £60 for pair. Said increased price could include larger dimensions to give more choice. Washable blackout throughout	Wilko Stone Eclipse Eyelet Blackout Curtains 228 W x 228cm D (machine washable at 30 degrees)
E1	5.5	PPens	Bedroom 2	Curtain pole	Wilko	24.00	1	1	1042.9	0.02	Metal curtain pole from Wilkos/Dunelm/B&Q. Lasting 15 years. FG3 increased lifetime to 20 years	Wilko Tivoli 170 - 300cm Extendable Satin Silver Effect Curtain Pole
E1	5.2	PPens	Bedroom 2	Net curtains	Wilko	7.00	1	2	365.0	0.04	FG3 added in line with singles: Cheapest nets for privacy, Dunelm, Ikea, Argos, B+Q, 10 years. CB3 reduced lifetime to 7 years	Sheer Elegance White Slot Top Single Voile Panel. W 150cm x D 228cm. 2 priced to fit width of window.
E1	5.5	PPens	Bedroom 2	Wire for net curtains	Wilko	1.50	1	1	365.0	0.00	FG3 added in line with singles: Needed for the net curtains. CB3 said 7 years	Wilko 108 inch Curtain Wire
E1	5.1	PPens	Bedroom 2	Double bed	Argos	250.00	1	1	2085.7	0.12	No other info. Other furniture same as bedroom 1, so assume bed is the same? Bedroom 1 included following: Double bed with headboard and storage, 20 years. 2 drawers minimum. Cheapest okay. DFS, IKEA, Dreams, Furniture Village, Bension for Beds. CB4 changed lifetime to 40 years due to less regular use.	Classic Divan Base - Double with 2 drawers
E1	5.1	PPens	Bedroom 2	Mattress	Dreams	599.00	1	1	834.3	0.72	Same quality as bedroom 1: Recognisable brand such as silentnight or Slumberland. Approx £300-400, lasting 15 years. Cb4 increased lifetime to 16 years and increased spec in line with singles: very good quality double mattress, pocket sprung - would want to test out in store, JL, Dreams, Bensons for Beds	Silentnight Heaton Pocket Sprung Mattress
E1	5.1	PPens	Bedroom 2	Single wardrobe	Argos	180.00	1	1	2085.7	0.09	Same quality as bedroom 1: From Ikea/Argos/B&Q/Wayfair/online. Cheapest 'sturdy'. 20 years CB4 increased lifetime to 40 years	Habitat Atlas 1 Door Wardrobe - White Gloss.
E1	5.1	PPens	Bedroom 2	Drawers	Argos	240.00	1	1	2085.7	0.12	Chest height and same quality as bedroom 1: From Ikea/Argos/B&Q/Wayfair/online. Lasting 20 years. CB4 increased lifetime to 40 years	Ashdown 5 Drawer Chest - White. Fully assembled

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	PPens	Bedroom 2	Bedside table	Argos	130.00	1	2	2085.7	0.12	2 needed. Same quality as bedroom 1: from Ikea/Argos/B&Q/Wayfair/online. Lasting 20 years. CB4 increased lifetime to 40 years	Ashdown 3 Drawer Bedside Table - White. Fully assembled
E1	5.1	PPens	Bedroom 2	Lamp	Wilko	10.00	1	2	1042.9	0.02	2 lamps same as bedroom 1: £10 each from Next, Dunelm, Wilko, The Range, B&Q, supermarket. No lifetime provided CB4 increased lifetime to 20 years	Wilko Cream Milan Table Lamp
E1	5.2	PPens	Bedroom 2	Duvet	Wilko	13.00	1	1	417.1	0.03	10.5 Tog. 16 years as only for occasional use. CB4 changed lifetime to 8 years	Wilko Washable Supersoft 10.5 Tog Double Duvet
E1	5.2	PPens	Bedroom 2	Pillows	Dunelm	35.00	2	2	417.1	0.17	4 needed. Same quality as bedroom 1: Mid-range synthetic filling from Tesco, The Range, Asda, Dunelm. Lasting 10 years. Lasting 10 years. CB4 reduced lifetime to 8 years	Fogarty Duck Feather and Down Medium-Support Pillow Pair
E1	5.2	PPens	Bedroom 2	Mattress protector	Asda	7.00	1	1	417.1	0.02	1 mattress protector, same quality as bedroom 1: From Tesco, The Range, Asda, Dunelm. Lasting 20 years. CB4 reduced lifetime to 8 years.	George Home Mattress Protector Double
E1	5.1	PPens	Hall	Carpet	Carpetright	361.58	1	1	521.4	0.69	All carpeting: £12 per metre plus underlay plus fitting and delivery. From Carpetland or Carpetright. 20 years. Cb4 reduced lifetime to 10 years	Trojan Carpet (4 or 5 metres, 7 colours) £11.99m2, 4x2.5m = 10.4m2 (adds 10cm width) = £119.90. Plus Underlay: Patron Carpet Underlay 6.5mm 10m2= £129.90. Plus gripper: 10m2 = £19.90. Plus fitting: £49.90. Plus door bar = £11.99 Plus delivery = 29.99. TOTAL = £361.58
E1	5.1	PPens	Living area+dining area	Carpet	Carpetright	617.26	1	1	521.4	1.18	All carpeting: £12 per metre plus underlay plus fitting and delivery. From Carpetland or Carpetright. 20 years. Cb4 reduced lifetime to 10 years	Trojan Carpet (4 or 5 metres, 7 colours) £11.99m2, 4x4.5m=£215.82. Plus Underlay: Patron Carpet Underlay 6.5mm 18m2= £233.82. Plus gripper: 18m2 = £35.82. Plus fitting: £89.82. Plus door bar = £11.99. Plus delivery = 29.99. TOTAL: £617.26
E1	5.1	PPens	Bedroom 1	Carpet	Carpetright	489.42	1	1	521.4	0.94	All carpeting: £12 per metre plus underlay plus fitting and delivery. From Carpetland or Carpetright. 20 years. Cb4 reduced lifetime to 10 years	Trojan Carpet (4 or 5 metres, 7 colours) £11.99m2, 4x3.5m = £167.86. Plus Underlay: Patron Carpet Underlay 6.5mm 14m2 = £181.86. Plus gripper: 14m2 = £27.86. Plus fitting: £69.86. Plus door bar = £11.99 Plus delivery = 29.99. TOTAL = £489.42
E1	5.1	PPens	Bedroom 2	Carpet	Carpetright	489.42	1	1	521.4	0.94	All carpeting: £12 per metre plus underlay plus fitting and delivery. From Carpetland or Carpetright. 20 years. Cb4 reduced lifetime to 10 years	Trojan Carpet (4 or 5 metres, 7 colours) £11.99m2, 4x3.5m = £167.86. Plus Underlay: Patron Carpet Underlay 6.5mm 14m2 = £181.86. Plus gripper: 14m2 = £27.86. Plus fitting: £69.86. Plus door bar = £11.99 Plus delivery = 29.99. TOTAL = £
E1	5.1	PPens	Garden	Table & chairs	Very	49.99	1	1.0	260.7	0.19	Dunelm, online, B&Q. Approx. £60. Plastic set okay. 5 years in line with 2018 groups.	Hawaii 3 Piece Bistro Set
				E1 household goods		22.61						

MIS 2022 REBASE												
E: Household services												
Partnered pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E2A1	8.1	PPens	Postage	Stamps		10.00	1	1	4.4	2.30	CB4 added £10 per month per household as budget to cover all postage needs.	
E2A2	8.2	PPens	Telephone	Landline telephone	Argos	7.00	1	1	521.4	0.01	Cheapest plug in phone for use in emergencies, would last 10 years. Supermarket/Argos/Currys	Simple Value Corded Desk Telephone - Single
E2A2	8.2	PPens	Telephone	Mobile telephone (handset)	Tescomobile	0.00	1	2	4.3	0.00	2 mobile phones. Tesco contract approx £10 per month.	Motorola Moto E20. 32GB device memory. Warranty 24 months. 24-month contract. Handset included in cost of contract below
E2A2	8.2	PPens	Telephone	Mobile telephone (bills)	Tescomobile	10.00	1	2	4.3	4.60		3GB internet data and unlimited minutes. For use with handset above.
E2A2	8.3	PPens	Telephone	Telephone line rental	TalkTalk via Moneysupermarket	23.50	1	1.0	4.3	5.41	Included but not discussed.	Via Moneysupermarket. TalkTalk up to 67Mb avg speed, unlimited downloads, 18 month contract, no setup cost. £282 total cost per year (also offers £75 cashback voucher Tesco/Amazon/M&S after 90 days).
					E2A1 postage	2.30						
					E2A2 telephone	10.02						

MIS 2022 REBASE												
F: Personal goods and services												
Partnered pensioners												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	12.1	PPens	Personal care, household	Liquid soap	Tesco	1.00	1	2	4.3	0.46	Hand soap dispenser. Replaced monthly. CB3 said 1 for kitchen and 1 for bathroom.	Palmolive Liquid Handwash Aquarium 300MI
F	12.1	PPens	Personal care, household	Sun cream	Wilko	6.00	1	1	52.1	0.12	Lasting 1 year. From supermarket/Superdrug/Boots	Nivea Sun Protect and Moisture Sun Cream Spray SPF 50 200ml
F	12.1	PPens	Personal care, household	Toilet roll	Tesco	2.85	4	1	1.0	2.85	1 toilet roll per week. CB3 changed to 2 rolls per week. CB4 changed to 4 rolls replaced weekly for couples	Andrex Classic Clean Toilet Tissue 4 Rolls
F	12.1	PPens	Personal care, female	Hairdryer	Boots	14.99	1	1	521.4	0.03	CB4 added in line with singles: Hairdryer, Boots brand e.g Charles Worthington, 12 years. CB3 changed lifetime to 10 years.	Remington Power Dry Hairdryer D3010
F	12.1	PPens	Personal care, female	Hairdressing, female		40.00	1	1	6.0	6.67	£25 once per month. CB4 said £40 every 6 weeks	
F	12.1	PPens	Personal care, female	Tena Lady	Tesco	2.50	20	1	1.4	1.75	Tena Lady two per day	Tena Lady Discreet Mini 20S
F	12.1	PPens	Personal care, female	Shower gel	Tesco	1.49	1	1	4.3	0.34	1 large (approx. 450ml) bottle every month. From supermarket/Superdrug/Boots	Simple Kind To Skin Refreshing Shower Gel 500MI
F	12.1	PPens	Personal care, female	Razor	Tesco	1.75	4	1	26.1	0.07	CB4 added pack of disposable razors. 4-pk lasting 6 months.	Gillette Simply Venus 2 Blade Disposable Razors 4 Pack.
F	12.1	PPens	Personal care, female	Shaving foam	Tesco	0.70	1	1	26.1	0.03	CB4 added shaving foam for women in line with men. Lifetime not discussed. 2 months for now in line with SMP. FG3 said 6 months	Tesco Essentials Shaving Foam 250MI
F	12.1	PPens	Personal care, female	Mouthwash	Tesco	0.99	1	1	4.3	0.23	Mouthwash, replace monthly	Listerine Spearmint Mouthwash 250MI
F	12.1	PPens	Personal care, female	Interdental brushes	Superdrug	2.99	30	1	4.3	0.70	Interdental care brushes, one per day	Pro Care Soft Interdental Brush 30pk
F	12.1	PPens	Personal care, female	Toothpaste	Tesco	0.80	1	1	4.3	0.18	1 tube of toothpaste every month. From supermarket/Superdrug/Boots.	Aquafresh Fresh and Minty Toothpaste 75ml
F	12.1	PPens	Personal care, female	Toothbrush	Tesco	0.99	3	1	39.1	0.03	Replaced every 3 months. From supermarket/Superdrug/Boots	Colgate Extra Clean Medium Toothbrush X3 (weeks based on 3-pk)
F	12.1	PPens	Personal care, female	Denture tablets	Tesco	0.80	30	1	4.3	0.19	Denture tablet cleaner (presume would use one per day?). CB3 confirmed 1 used per day.	Pro-Formula Denture Tablets 30 Pack

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	12.1	PPens	Personal care, female	Tooth mug	ASDA	1.25	1	1	104.3	0.01	Tumbler to hold dentures, lifetime? CB3 said tumbler would last 2 years.	George Home Charcoal Bathroom Tumbler
F	12.1	PPens	Personal care, female	Deodorant	Tesco	1.00	1	1	4.3	0.23	Replaced monthly. From supermarket/Superdrug/Boots	Sure Women Invisible Aqua Anti-perspirant Deodorant Aerosol 150ml
F	12.1	PPens	Personal care, female	Talcum powder	Tesco	1.00	1	1	13.0	0.08	Replace every 3 months	Johnsons baby Powder 200g
F	12.1	PPens	Personal care, female	Sponge	Tesco	0.75	2	1	8.7	0.09	One sponge would last 1 month	Tesco Essentials Soft Sponges 2 Pack
F	12.1	PPens	Personal care, female	Shampoo	Tesco	1.79	1	1	4.3	0.41	1 large (approx. 450ml) bottle every month. From supermarket/Superdrug/Boots	Dove Intensive Repair Shampoo 400MI
F	12.1	PPens	Personal care, female	Conditioner	Tesco	1.79	1	1	4.3	0.41	1 large (approx. 450ml) bottle every month. From supermarket/Superdrug/Boots	Dove Intensive Repair Conditioner 350MI
F	12.1	PPens	Personal care, female	Hair products		10.00	1	1	8.7	1.15	CB4 added £10 every 2 months as a budget to cover hair products such as hair spray, hair oils etc.	
F	12.1	PPens	Personal care, female	Hand lotion	Asda	1.00	1	1	4.3	0.23	Replaced monthly. From supermarket/Superdrug/Boots	Nivea Hand Cream Protective Care Beeswax 75MI
F	12.1	PPens	Personal care, female	Body lotion	Tesco	1.10	1	1	4.3	0.25	1 large (approx. 450ml) bottle. Replaced monthly. From supermarket/Superdrug/Boots	Tesco Extracts Cocoa Butter Body Lotion 400MI
F	12.1	PPens	Personal care, female	Face cream	Tesco	6.00	1	1	4.3	1.38	Such as Olay. Replaced monthly. From supermarket/Superdrug/Boots	Olay Complete Care Day Cream Moisturiser Sensitive Spf 15 50MI
F	12.1	PPens	Personal care, female	Comb	Tesco	0.50	1	1	260.7	0.00	From supermarket/Superdrug/Boots. Lasting 10 years. CB3 changed lifetime to 5 years for female	Leo Bancroft Pocket Comb
F	12.1	PPens	Personal care, female	Brush	Tesco	5.00	1	1	260.7	0.02	Mid-range hair brush. From supermarket/Superdrug/Boots. Lasting 5 years.	Leo Bancroft Vented Brush Gold Label
F	12.1	PPens	Personal care	Tweezers		0.00	0	0	521.4	0.00	Cb4 added pair of tweezers, 10 years	Included in manicure set
F	12.1	PPens	Personal care	Back brush	Superdrug	3.99	1	1	156.4	0.03	From Wilko. Lasting 5 years. CB3 changed lifetime to 3 years.	Superdrug White Plastic Brush
F	12.1	PPens	Personal care, female	Manicure set	Wilko	2.25	1	1	521.4	0.00	Nail clipper set, including scissors, 20 years. CB3 changed lifetime to 10 years.	Manicure set. Includes a slant tweezer, nail file, nail clipper, scissors and cuticle pusher for nice neat nails.
F	12.1	PPens	Personal care, female	Cosmetics		10.00		1	8.7	1.15	£20 every 6 months for cosmetics. CB3 changed to £10 every 2 months.	
F	12.1	PPens	Personal care, female	Perfume		50.00	1	1	52.1	0.96	1 bottle of approx. £20. From Superdrug/Boots. Lasting 1 year. Cb3 changed to £50 budget per year.	

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	12.1	PPens	Personal care, male	Hairdressing, male		8.00		1	4.4	1.84	£10 every 7 weeks. CB4 said £8 per month.	
F	12.1	PPens	Personal care, male	Hairdryer	Boots	14.99	1	1	521.4	0.03	CB3 added: Hairdryer, Boots brand e.g Charles Worthington, 12 years. CB3 changed lifetime to 10 years.	Remington Power Dry Hairdryer D3010
F	12.1	PPens	Personal care, male	Tena pads	Tesco	4.00	10	2	1.4	5.60	CB4 added incontinence pads in line with SFP. Lifetime not discussed. 2 per day in line with SFP for now. FG3 confirmed 2 per day.	Tena Men Pads 10 Pack
F	12.1	PPens	Personal care, male	Shower gel	Tesco	0.54	1	1	4.3	0.12	Shower gel, replace monthly	Xprt. For Men Stimulating Shower Gel 300MI
F	12.1	PPens	Personal care, male	Razor	Tesco	8.00	1	1	260.7	0.03	Razor with changeable blades. Handle lasts 5 years.	Gillette Mach3 Razor For Men. With 2 blades
F	12.1	PPens	Personal care, male	Razor blades	Tesco	8.00	4	1	4.0	2.00	1 blade per week	Gillette Mach 3 Blades 4S. 4 pk
F	12.1	PPens	Personal care, male	Shaving foam	Tesco	0.70	1	1	8.7	0.08	Shaving foam, replace every 2 months	Tesco Essentials Shaving Foam 250MI
F	12.1	PPens	Personal care, male	Interdental brushes	Superdrug	2.99	30	1	4.3	0.70	Interdental care brushes, one per day	Pro Care Soft Interdental Brush 30pk
F	12.1	PPens	Personal care, male	Toothpaste	Tesco	0.80	1	1	4.3	0.18	1 tube of toothpaste every month	Aquafresh Fresh and Minty Toothpaste 75ml
F	12.1	PPens	Personal care, male	Toothbrush	Tesco	0.99	3	1	39.1	0.03	Would replace toothbrush every 3-6 months	Colgate Extra Clean Medium Toothbrush X3 (weeks based on 3-pk)
F	12.1	PPens	Personal care, male	Mouthwash	Tesco	0.99	1	1	4.3	0.23	Mouthwash, replace monthly	Listerine Spearmint Mouthwash 250MI
F	12.1	PPens	Personal care, male	Denture tablets	Tesco	0.80	30	1	4.3	0.19	Denture tablet cleaner (presume would use one per day?). CB3 confirmed 1 used per day.	Pro-Formula Denture Tablets 30 Pack
F	12.1	PPens	Personal care, male	Deodorant	Tesco	1.00	1	1	4.3	0.23	Replace monthly.	Right Guard Xtreme Silver Fresh Blast Antiperspirant Deodorant 150MI
F	12.1	PPens	Personal care, male	Hair gel	Tesco	2.75	1	1	4.3	0.63	Replace monthly.	Shockwaves Ultra Strong Power Hold Gel 200MI
F	12.1	PPens	Personal care, male	Sponge	Tesco	0.75	2	1	8.7	0.09	One sponge would last 1 month	Tesco Essentials Soft Sponges 2 Pack
F	12.1	PPens	Personal care, male	Shampoo	Tesco	0.95	1	1	4.3	0.22	Replace monthly.	Alberto Balsam Tea Tree Tingle Shampoo 350MI
F	12.1	PPens	Personal care, male	Hand and body lotion	Tesco	3.00	1	1	26.1	0.12	Moisturiser for hands and body, Dove brand, 6 months	Dove Intensive Nourishment Body Lotion 400MI
F	12.1	PPens	Personal care, male	Talcum powder	Tesco	1.00	1	1	13.0	0.08	Replace every 3 months	Johnsons baby Powder 200g

MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	12.1	PPens	Personal care, male	Comb	Tesco	0.50	1	1	521.4	0.00	Comb, 20 years. CB3 changed lifetime to 10 years.	Leo Bancroft Pocket Comb
F	12.1	PPens	Personal care, male	Brush	Tesco	5.00	1	1	260.7	0.02	Mid-range hair brush. From supermarket/Superdrug/Boots. Lasting 5 years.	Leo Bancroft Vented Brush Gold Label
F	12.1	PPens	Personal care, male	Manicure set	Wilko	2.25	1	1	521.4	0.00	Nail clipper set, including scissors, 20 years. CB3 changed lifetime to 10 years.	Manicure set. Includes a slant tweezer, nail file, nail clipper, scissors and cuticle pusher for nice neat nails.
F	12.1	PPens	Personal care, male	Tweezers		0.00	0	0	521.4	0.00	Cb4 added pair of rweezers, 10 years	Included in manicure set
F	12.1	PPens	Personal care, male	Aftershave	Boots	50.00	1	1	52.1	0.96	1 bottle of approx. £20. From Superdrug/Boots. Lasting 1 year. Cb3 changed to £50 budget per year.	
F	12.3	PPens	Accessories	Suitcases	Argos	45.00	2	2	1042.9	0.09	CB4 added in line with SFP: 1 large suitcase on wheels. From supermarket or Argos. Cheapest okay. Lifetime not discussed. Set to 10 years for now. CB4 said 20 years. Added for men and women	Go Explore 2 Piece Soft 2 Wheeled Luggage Set - Blue. Two sizes: H67, W20, D43.5cm (55L) and H45.5, W16, D34cm (23L)
F	12.3	PPens	Accessories, female	Backpack	Sports Direct	4.99	1	1	208.6	0.02	CB4 added one backpack. Sports Direct/Argos. Cheapest okay, 4 years.	Rockport backpack (range of colours)
F	12.3	PPens	Accessories, female	Handbag (smart)	Marks & Spencer	28.00	1	1	260.7	0.11	1 evening bag. Approx. £30 from supermarket/M&S. Lasting 5 years.	Leather Cross-Body Handbag (range of colours)
F	12.3	PPens	Accessories, female	Handbag (casual)	Marks & Spencer	19.50	1	1	104.3	0.19	1 daily casual bag. Approx. £30 from supermarket/M&S. Lasting 2 years.	Faux Leather Cross Body Bag (range of colours)
F	12.3	PPens	Accessories	Umbrella	Wilko	7.50	1	1	104.3	0.07	Foldaway umbrella. Lasting 2 years.	Wilko Crook Umbrella Assorted
F	12.3	PPens	Accessories	Jewellery		10.00		1	52.1	0.19	£10 a year for jewellery	
F	3.1	PPens	Personal effects, female	Belts	Marks & Spencer	15.00	2	1	521.4	0.03	CB4 added 2 leather belts.E.g. Primark. 10 years	2 Pack Leather Hip Belt. 1 black, 1 brown
F	3.1	PPens	Personal effects, female	Watch	Argos	19.99	1	1	521.4	0.04	1 watch from a jewellers/Watch Shop/Argos. Approx. £20. Lasting 10 years.	Casio Ladies Chrome Coloured Stainless Steel Bracelet Watch
F	3.1	PPens	Accessories, female	Purse	TKMaxx	16.99	1	1	104.3	0.16	CB4 added a leather purse, e.g. TK Maxx. Lasting 2 years	DENTS tan leather purse
F	12.3	PPens	Accessories, male	Belts	Marks & Spencer	27.50	2	1	521.4	0.05	2 leather belts. 1 black, 1 brown. 10 years	2 Pack Leather Belts (black and brown)
F	12.3	PPens	Accessories male	Backpack	Sports Direct	4.99	1	1	208.6	0.02	CB4 added rucksack. Chespest okay, 4 years	Rockport bacpack (range of colours)
F	12.3	PPens	Accessories, male	Wallet	TKMaxx	14.99	1	1	104.3	0.14	CB4 added 1 leather wallet. 2 years e.g. TK Maxx	Ben Sherman Brown Leather Bifold Wallet
F	12.3	PPens	Accessories, male	Watch	Argos	19.99	1	1	521.4	0.04	CB4 added watch in line with SFP: £20, lasting 10 years.	Sekonda Men's Black Leather Strap Watch
F	9.1	PPens	Personal effects	Clock radio	Currys	28.99	1	2	1042.9	0.06	Digital radio. From Currys/Supermarket. 20 years. 1 for each bedroom	MAJORITY Histon II Portable DAB+/FM Radio - Black
				F Personal goods		34.61						

MIS 2022 REBASE												
F: Health												
Partnered pensioner												
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	6.2	PPens	Health care	Opticians- check up		0.00	1	4	52.1	0.00	Two check ups per year with NHS dentist	Free NHS eye tests for people aged 60 and over.
F	6.1	PPens	Health care	Opticians - glasses		200.00	1	2	260.7	1.53	1 treatment per year each. Low band, e.g. filling/extraction. CB4 changed to band 3 treatment per person every 5 years	Specsavers - varifocals start from £39 (if selecting frames £69-£169 plus varifocal lenses from £49 then get second pair for free so total £118). A budget of £200 would give the Ppens more choice.
F	6.2	PPens	Health care	Dentists - check up		23.80	1	4	52.1	1.83	2 check-ups per year per person.	Band 1 (£23.80) includes examination, diagnosis, and scale and polish if needed.
F	6.2	PPens	Health care	Dentists - treatment		282.80	1	2	260.7	2.17	1 band 3 treatment per person every 5 years.	Band 3 (£282.80). includes bridges, crowns, dentures, inlays/onlays, non-cosmetic veneers.
F	6.2	PPens	Health care	Podiatry		30.00	1	2	8.7	6.90	£30 for visit to chiropodist every 3 months. £30 every 2 months	
F	6.1	PPens	Health care	First aid kit	Wilko	9.00	1	1	104.3	0.09	First aid kit - replace every year. CB3 changed lifetime to 2 years.	Tesco Health Family First Aid Kit. Kit contains: 10 x Washproof Plasters (7.2cm x 1.9cm) 2 x Fabric Dressing Strips (6cm x 10cm) 2 x Sterile Wound Pad (5cm x 5cm) 2 x Sterile Wound Pad (10cm x 10cm) 1 x Stretch Bandage (6cm x 4m) 1 x Crepe Bandage (7.5cm x 2m) 1 x Microporous Tape (1.25cm x 5m) 4 x Antiseptic Wipes 2 x Sterile Adhesive Dressings (5.3cm x 7cm) 2 x Sterile Adhesive Dressings (10cm x 7cm) 6 x Safety Pins Scissors 1 x Pair of Vinyl Gloves First Aid Guidance Leaflet
F	6.1	PPens	Health care	Plasters	Tesco	1.15	40	1	260.7	0.00	Replaced every 2 years. From Boots/Wilko. CB3 changed lifetime to 5 years. Fg3 confirmed 1 pack of plasters per household	Tesco Clear Washproof Plasters 40S
F	6.1	PPens	Health care	Paracetamol	Tesco	0.29	16	1	4.3	0.07	Cb4 added in line with singles: One pack every 3 months. FG3 said 1 pack per household, lasting 4 weeks	Tesco Paracetamol Tablets 500Mg 16 Pack
F	6.1	PPens	Health care	Cough mixture	Tesco	2.25	1	1	52.1	0.04	Cb4 added in line with singles:1 bottle replaced yearly. FG3 confirmed 1 bottle per household.	Tesco Health+ Chesty Cough Relief 300MI
F	6.1	PPens	Health care	Cold remedy	ASDA	4.00	10	2	52.1	0.15	Cb4 added in line with singles: 1 box a year. FG3 confirmed 1 box of 12 per person	Lemsip Cold And Flu Lemon Sachets X 10
F	6.1	PPens	Health care	Eye wash	Tesco	4.50	1	2	26.1	0.35	Cb4 added in line with singles: Optrex eye wash to bathe eyes, 6 months. Fg3 confirmed 1 per person	Optrex Multi Action Eye Wash 100MI
F	6.1	PPens	Health care	Eye drops	Tesco	4.50	1	2	4.3	2.07	Cb4 added in line with singles: Optrex eye drops for dry eyes. Replaced monthly. Fg3 confirmed 1 per person	Optrex Refreshing Eye Drops 10ml
F	6.1	PPens	Health care	Savlon antiseptic cream	Tesco	3.25	1	1	52.1	0.06	Savlon, replace yearly. FG3 said 1 per household	Savlon Antiseptic Cream 100g
F	6.1	PPens	Health care	Thermometer	Superdrug	3.99	1	1	521.4	0.01	Digital thermometer. From Boots/Wilko/supermarket/Superdrug. Lasting 10 years. FG3 confirmed 1 per household	Superdrug Flexi Tip Digital Thermometer
F	6.1	PPens	Health care	Covid tests	Lloyds Pharmacy	9.29	5	2	5.0	3.72	1 per person per week	Lateral flow test kit (non-travel)
				F Health		18.99						

