

MIS 2016 REBASE									
Lone parent + toddler									
					Summary				
A food and non-alcoholic beverages				56.85	Food				56.85
A1 food				55.44	Alcohol				4.31
A2 catering				1.41	Tobacco				0
B alcohol and tobacco				4.31	Clothing				22.54
B1 alcohol				4.31	Water rates				9.39
B1A alcohol at home				3.75	Council tax				17.72
B1B alcohol away from home				0.56	Household insurances				1.66
B2 tobacco and narcotics				0	Fuel				14.73
C clothing and footwear				22.54	Other housing costs				1.92
D housing costs				131.25	Household goods				20.35
D1 rent				85.83	Household services				17.27
D2 mortgage interest				0.00	Childcare				211.03
D3 water				9.39	Personal goods and services				26.41
D4 Council tax				17.72	Motoring				51.51
D5 household insurances				1.66	Other travel costs				3.78
D6 fuel				14.73	Social and cultural participation				49.15
D7 other housing costs				1.92	Total				508.62
E household goods and services				248.65	Rent/mortgage interest				85.83
E1 household goods				20.35					
E2 household services				228.30	Key				
E2A communication				10.15	A	Toddler (0-1)			
E2A1 postage				0.29	B	Preschool (2-4)			
E2A2 telephone				6.98	C	Primary school (5-10)			
E2B childcare				211.03	D	Secondary school (11-16)			
E2C other household services				10.00	PP	Partnered parents			
F personal goods and services (inc health)				26.41	LP	Lone parents			
G transport				55.29					
G1 motoring expenditure				51.51	EA/B/C/D	Each child of this age in household needs this item			
G2 Fares and other travel costs				3.78	HH*1/2/3/4	Households with 1, 2, 3 or 4 children need this item			
H social and cultural participation				49.15	HH*ccare	Childcare costs			
H1 leisure goods				10.51	HHABC	Households with any child in these age groups need this item			
H2 pets				0					
H3 entertainment and recreation				27.35	HH*laptop	Households with more than one secondary school aged child need an additional computer in the home.			
H4 TV licence and rental				2.79					
H5 foreign holidays				0	HH*push	Needed if 2 or more children under 5, in addition to their own separate pushchairs.			
H6 UK holidays				8.50					
					HH*laundry	Needed in households with fewer than 3 children, of which at least one is a toddler			
TOTAL				594.44					
					HH*motoring	Motoring costs based on household composition.			

MIS 2016 REBASE											
A: Food and non-alcoholic beverages											
Lone parent + toddler											
MIS CODE	MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
		Yoghurt full fat fruit	Tesco	Tesco	2.00	6	1	1.0	2.00	6 x 60g	Munch Bunch Squashums straw. 6x60g £2.00
		Low fat fruit	Tesco	Tesco	1.00	6	1	1.2	0.83	5 x 125g	Berry medley 6 for £1.00 low fat
		Whole milk	Tesco	Tesco	1.75	6 pts	1	1.0	1.75	3125ml	(5.5pts - priced 6pts.) (4pt £1.00 + 2pt 75p)
		Semi and other skimmed milk	Tesco	Tesco	1.00	4 pts	1	1.0	1.00	2166ml plus 105 ml for visitors = 2271ml	(4 pints priced 2273mls) £1.00
		Cheese, natural, hard, Cheddar and Cheddar type	Tesco	Tesco	1.40	1	1	1.0	1.40	200g	Mature white cheddar 200g £1.40
		Dairy Lee cheese spread	DairyLee	Tesco	1.25	8	1	8.0	0.16	1 x 15.6g	Diarylea 8 pk triangle 16g. 125g £1.25 refrigerate
		Eggs	Tesco	Tesco	0.89	6	1	1.2	0.74	5 x 30g medium	Free range box 6 medium £0.89
		Beef Mince	Tesco	Tesco	4.00	1	1	1.4	2.82	528g	Tesco Beef Lean Steak Mince 500G 5% Fat £4
		Bacon and ham, uncooked, rashers, pre-packed	Tesco	Tesco	0.25	1	1	1.0	0.25	1 rasher 60g raw	Counter bacon unsmoked back 25p slice
		Bacon and ham cooked including canned	Tesco	Tesco	1.80	7	1	1.0	1.80	7 x 17g = 102g bought chilled	Tesco British wafer slices 7 @ 17g. 120g. £1.80
		Sausages, uncooked, pork	Tesco	Tesco	1.50	8	1	1.3	1.15	330g 6 x sausages	Butchers Choice British 8x 57g 454g £1.50 remainder frozen.
		Chicken thighs	Tesco	Tesco	3.00	1	1	4.0	0.75	250g	Frozen chicken thighs 1kg £3.00
		Chicken breast meat	Tesco	Tesco	2.50	1	1	1.0	2.50	245g	Tesco chicken breast 2 pk 300g £2.50
		Other canned or bottled fish	Tesco	Tesco	2.49	4	1	4.0	0.62	Tuna 1 x 160g tin	Tesco Tuna pole and line spring water 4x160g £2.49
		Other canned or bottled fish	Tesco	Tesco	2.25	3	1	3.0	0.75	Tuna 1 x 80g snack tin	John west spring water 3 X80g. £2.25
		Frozen convenience fish products	Tesco	Tesco	3.00	4	1	4.0	0.75	Breaded cod fillet 120g	Frozen breaded Chunky cod fillets 500g. 4 pk. £3.00
		Frozen convenience fish products	Tesco	Tesco	1.00	10	1	5.0	0.20	2 x Fish fingers 28g	Tesco 10 Omega 3 fish fingers 300g £1.00
		Poly-unsaturated Reduced fat spreads	Tesco	Tesco	1.50	1	1	3.7	0.41	135g	Flora light spread 500g £1.50
		Butter	Tesco	Tesco	1.00	1	1	2.7	0.37	90g	Country life Butter 250g £1.00
		Sugar	Tesco	Tesco	0.69	1	1	26.0	0.03	14g	Trade Aid UK granulated sugar 500g. 0.69 life adjusted
		Previous year's crop potatoes purchased Jan to Aug	Tesco	Tesco	1.19	1	1	3.0	0.40	600g	Redmere Farm potatoes 2.5kg bag £1.19p reduced life store cool
		New potatoes	Tesco	Tesco	0.50	1	1	1.0	0.50	250g	New seasons loose potatoes 1.99p/kg 0.00199p/g
		Other fresh green veg (broccoli)	Tesco	Tesco	0.14	1	1	1.0	0.14	120g	Broccoli loose £1.13/kg. 0.00113p per g
		Carrots, fresh	Tesco	Tesco	0.24	1	1	1.0	0.24	515g + 25g for sticks instead of celery	Carrots loose 45p/kg or 1kg bag 45p
		Onions, shallots, leeks, fresh	Tesco	Tesco	0.17	1	1	1.0	0.17	280g	Onions loose 59p/kg
		Garlic	Tesco	Tesco	0.30	1	1	3.0	0.10	8g	Garlic small loose 30p large 50p
		Mushrooms	Tesco	Tesco	1.29	1	1	1.0	1.29	480g	Mushroom closed cup loose 2.68/kg
		Tomatoes, fresh	Tesco	Tesco	0.69	1	1	1.0	0.69	4 x85g = 340g	Tomatoes salad pack 360g 0.69p
		Tomatoes fresh cherry	Tesco	Tesco	0.79	1	1	1.0	0.79	220g	Cherry tomatoes pk 330g 0.79p
		Peas, frozen	Tesco	Tesco	1.35	1	1	3.3	0.41	270g	Tesco garden peas frozen 1kg @ £1.35
		Baked Beans, canned	Tesco	Tesco	0.25	1	1	2.0	0.13	110g half a small can	Tesco baked beans 220g tin 0.25p
		Tomatoes canned	Tesco	Tesco	0.30	1	1	1.0	0.30	220g a small can	Tesco Italian chopped tomato canned 227g 0.30p
		Cucumber	Tesco	Tesco	0.24	1	1	1.0	0.24	161g half a cucumber	Half cucumber approx 180g 0.24p
		Tomatoes pasta sauce in jar	Tesco	Tesco	0.82	1	1	1.0	0.82	200g	Goodness Pasta Sauce 200g 0.82p
		Tomato puree	Tesco	Tesco	0.36	1	1	2.0	0.18	30g	Tomato puree in pkt 142g 0.36 2 wk life
		Butternut squash	Tesco	Tesco	0.90	1	1	1.0	0.90	160g smallest 300g	Tesco Butternut Squash whole 0.853g 0.90p large 1.359 £1.50
		All frozen vegetables and frozen vegetables products not specified elsewhere	Tesco	Tesco	1.25	1	1	12.0	0.10	80g sweetcorn	Frozen sweetcorn 1kg £1.25
		Frozen oven chips	Tesco	Tesco	1.00	1	1	3.8	0.27	240g	Tesco Thin And Crispy Oven Chips 900G
		Frozen hash browns	Tesco	Tesco	1.00	1	1	15.0	0.07	40g	Tesco Hash Browns 750g frozen. £1 Approx 15 in pack @50g
		Leafy green salad	Tesco	Tesco	1.00	1	2	1.0	2.00	200g	Mixed leaf salad bags 90g. £1.00
		Pepper fresh	Tesco	Tesco	0.50	1	1	1.0	0.50	75g half a pepper	Loose peppers 50p each
		Celery	Tesco	Tesco	0.00	1	1	1.0	0.00	25g	Celery 450g 0.69 uneconomical buy so used carrot sticks
		Banana	Tesco	Tesco	0.93	1	1	1.0	0.93	9 bananas 1365g	Bananas loose, approx 150g small. 68p/kg = 0.00068p/g
		Apples, fresh	Tesco	Tesco	0.75	1	1	1.0	0.75	6 apples 960g	Tesco Gala Apple minimum 5 pk 670g 0.75p
		Satsumas	Tesco	Tesco	0.30	1	5	1.0	1.50	5 satsumas 714g	Clementines large size 143g needed. 0.30p each
		Grapes	Tesco	Tesco	2.00	1	1	1.0	2.00	43g	Green seedless grapes £2 / 500g pk Not sold loose.
		Pear	Tesco	Tesco	0.99	1	1	1.0	0.99	3 pears 430g	Rocha pears pk 610g (6 ave) £0.99
		Frozen raspberries	Tesco	Tesco	2.00	1	1	5.0	0.40	70g	Frozen raspberries 350g £2
		Dried fruit sultanas	Whitworth	Tesco	1.99	1	1	8.1	0.25	40g	Whitworth extra juicy 325g pk £1.99

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		Raisins	Tesco	Tesco	1.89	6	1	1.5	1.26	4 x 42.5g packets	Whitworth sunny raisings 6x42.5g £1.89
		Fruit pot toddler jar	Tesco	Tesco	0.65	1	2	1.0	1.30	2 x 125g	Fruit salad jar toddler Summer fruit Cow & Gate 125g 0.65p
		Fruit pot mother	Dole	Tesco	0.49	1	1	1.0	0.49	113g	Dole tropical fruit in juice pot 113g 0.49p
		Fresh Fruit juices orange	Tesco	Tesco	1.50	1	1	1.4	1.05	1400ml	Tesco Pure Orange Juice Smooth 1 Litre, 2 x £1.50
		Fresh Fruit juices	Tesco	Tesco	1.00	1	1	1.0	1.00	apple 350ml	Tesco Pure Apple Juice 1 Litre
		Jam	Tesco	Tesco	0.75	1	1	6.0	0.13	60g	Tesco Strawberry Jam 454G
		Honey	Tesco	Tesco	1.99	1	1	10.0	0.20	5g	Rowse Squeezy Honey 250g £1.99 (reduced life)
		Bread 50/50	Kingsmill	Tesco	0.75	1	1	1.3	0.58	13 slices 468g	Kingsmill 50/50 medium 800g 18slices/2 crusts 0.75 freezable
		Bread brown	Tesco	Tesco	0.89	1	1	1.3	0.70	14 slices 504g	Hovis wholemeal 800g medium 18 slices+2crusts 0.89
		Brown roll	Tesco	Tesco	0.65	4	1	4.0	0.16	55g	Large wholemeal bap 4 pk Bakery 0.65 freezable
		Wraps	Tesco	Tesco	0.90	6	1	2.0	0.45	3 x 42g small wraps	Mission Deli wheat/white mini wraps 6 pk 0.90 will freeze
		Mini bread sticks	Tesco	Tesco	1.19	6	1	6.0	0.20	17g	Tesco mini bread sticks 120g 6 pks 20g each 1.99
		Cakes and pastries	Tesco	Tesco	0.75	6	1	2.0	0.38	2 x 47g Tesco everyday value single apple	Tesco Bramley Apple Pies 6 Pack
		Biscuits	Tesco	Tesco	0.40	43	1	7.0	0.06	4 x 14g rich tea	Tesco 400g 43 servings. 10g bisc 0.40p
		Biscuits	Tesco	Tesco	0.40	24	1	3.0	0.13	6 x 11g malted milk	Tesco malted milk 200g pk 24 (8.3g per bisc) 40p
		Biscuits	Tesco	Tesco	0.40	10	1	2.5	0.16	4 x 18.5g fig rolls	Tesco fig bisc 200g, 10 servings, 0.40p
		Oat cakes	Tesco	Tesco	0.54	8	1	4.0	0.14	2 x 10g	Oatcakes Stocktains Orkney Thins 100g 8 pk each 12g 54p
		Ice cream	Tesco	Tesco	1.50	1	1	52.0	0.03	25g	Tesco Soft Scoop Vanilla 2 Litres
		Stuffing to rehydrate	Tesco	Tesco	0.60	1	1	1.7	0.35	50g	Paxo stuffing mix 85g 0.60p
		Porridge	Tesco	Tesco	0.65	1	1	8.3	0.08	60g	Tesco scottish porridge oats 500g. 0.65p
		Other high fibre breakfast cereals	Tesco	Tesco	1.49	24	1	4.0	0.37	6 x 20g biscuits of Weetabix	Tescos own Weetabix 24 biscuit pack £1.49
		Jelly pot	Hartleys	Tesco	0.49	1	1	1.0	0.49	Jelly pot 125g	Hartleys ready to eat jelly pot 1x125g 0.49each
		Custard	Ambrosia	Tesco	0.48	1	2	1.0	0.96	2 x 120ml pots (some waste)	Ambrosia custard 120mls 0.48p
		Cereal bars	Kelloggs		1.99	6	1	1.5	1.33	4 x 37g Nutrigrain	Kelloggs nutrigrain 6pk 0.99p 37g each
		Pasta	Tesco	Tesco	0.59	1	1	13.0	0.05	38g dry penne	Tesco Penne Pasta Quills 500G
		Pasta	Tesco	Tesco	0.59	1	1	5.6	0.11	44g dry pasta sheets	Tesco Lasagne Pasta 500G
		Pasta	Tesco	Tesco	0.59	1	1	6.5	0.09	76g dry spaghetti	Tesco Short Spaghetti 500G
		Rice	Tesco	Tesco	1.29	1	1	11.5	0.11	87g dry	Tesco rice long grain 1 kg
		Rice cakes	Tesco	Tesco	0.85	1	2	1.0	1.70	Tesco Goodness Apple rice cake 2 x 40g	Tesco goodness apple rice cake 40g 7+mths. 85p
		Tea	Tesco	Tesco	1	1	1	2.9	0.35	25 tea bags + 3 extra for visitors (28)	Tesco 80 Teabags 250G
		Coffee, instant	Tesco	Tesco	2.8	1	1	2.4	1.18	14 x 6g =84g	Tescos rich coffee 200g £2.80
		Packet cheese sauce (dry powder)	Colmans	Tesco	0.70	1	1	2.0	0.35	half a packet	Colmans 4 cheese. 35g 0.70p
		Salad dressings	Tesco	Tesco	0.70	1	1	8.3	0.08	30ml French Dressing	Tesco own french dressing 250mls 0.70p
		Mayonnaise	Tesco	Tesco	0.50	1	1	3.0	0.17	80ml	Mayonnaise 250ml 0.50p
		Curry sauce	Tesco	Tesco	0.85	1	1	2.0	0.43	200ml half a jar	Tesco Korma Cooking Sauce 500G
		Gravy granules	Tesco	Tesco	0.75	1	1	16.0	0.05	12g	Tesco gravy granuals 200g 0.75p
		Stock cube	Tesco	Tesco	1.25	1	1	12.0	0.10	6g one cube	Oxo 12 pk. 71g £1.25
		Oil	Tesco	Tesco	1.00	1	1	7.6	0.13	65ml	Tesco Sunflower Oil 500ml £1.00
		Soft drinks, concentrated sugar free	Robinsons	Tesco	1.25	1	1	7.1	0.18	210ml	Tesco Double Strength Summerfruits Squash No Added Sugar 1.5L
		Fruit pouch Cow and Gate	Cow & Gate	Tesco	2.40	4	1	4.0	0.60	90g	Fruit Pouch Cow and Gate 90g 4 pk £2.40
A1	PP	Christmas food			25.00		1	52.1	0.48	£25 allocated for each household to cover extra costs of food at Christmas	
A2	PP	Eating out			18.36		1	13.0	1.41	Eating out 4 times a year. Adults and secondary school child £25 each. Primary school child £15. Preschool child £7. Toddler shares parents meal but £3 extra for own pudding. Drinks included allow for 2 each and one for toddler at restaurant prices.	Lone mother £25 + toddler £3 = £28 less 2 glasses wine transfer to Alcohol sheet - £7.30 = Food total £20.70. Less cost of eating in one meal. Fish and chip meal (2 Fish fingers (28g)20p + Fish in breadcrumb 120g 75p + Oven chips 240g 39p + Peas 90g 12p + low fat yoghurt 125g 17p+ Fruit pouch 90g 60p + coffee 8p + semi milk 35mls 2p. Whole milk 100mls 6p. Total eaten in £2.34p Therefore £20.70 less £2.34 = £18.36
		TOTALS									
	A1	Food			55.44						
	A2	Catering			1.41						
	A	Food and non-alcoholic beverages			56.85						

MIS 2016 REBASE												
C: Clothing												
Lone parent + toddler												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
LONE PARENTS												
C	LP	Mother, underwear	Knickers		Tesco	4.50	4	3	52	0.26	Tesco/Primark/Sainsbury/Asda, replace yearly. 12 pairs required	F&F 4 pack of high leg briefs - plain or assorted designs
C	LP	Mother, underwear	Bras		Tesco	8.00	1	3	52	0.46	Tesco/Primark/Sainsbury/Asda, replace yearly. 3 required.	F&F Perfect Multiway Bra - choice of colours
C	LP	Mother, underwear	Sports bra		Tesco	16.00	1	1	52	0.31	Sports bra, replace yearly	F&F Active Ultimate Run Bra
C	LP	Mother, underwear	Socks		Tesco	4.00	3	2	52	0.15	Tesco/Primark/Sainsbury/Asda, replace yearly. 6 pairs required.	F&F 3 Pair Pack of Bow Trim Socks
C	LP	Mother, underwear	Tights, opaque		Tesco	4.00	2	2	52	0.15	Tesco/Primark/Sainsbury/Asda, replace yearly. 4 pairs required.	F&F 2 Pack of Opaque 80 Denier Tights
C	LP	Mother, underwear	Tights, sheer		Tesco	3.50	5	1	52	0.07	Tesco/Primark/Sainsbury/Asda, replace yearly. Check quantity?	F&F 5 Pack of Run Resist 15 Denier Tights.
C	LP	Mother, main clothing	T shirts, short sleeved		Tesco	4.00	1	3	52	0.23	Tesco/Primark/Sainsbury/Asda, replace yearly. 3 required.	F&F Scoop Neck T-Shirt
C	LP	Mother, main clothing	Vest tops		Tesco	4.00	1	5	52	0.38	Tesco/Primark/Sainsbury/Asda, replace yearly. 5 required. Can be worn in summer or as an extra layer in winter.	F&F Scoop Neck Ribbed Vest
C	LP	Mother, main clothing	Jumpers		Tesco	12.00		4	52	0.92	Tesco/Primark/Sainsbury/Asda, replace yearly. 4 required.	F&F Pointelle Tpe Knit Jumper
C	LP	Mother, main clothing	Jeans		Tesco	14.00		4	52	1.07	Tesco/Primark/Sainsbury/Asda, replace yearly. 4 required.	F&F Jeans (various styles available at same price)
C	LP	Mother, main clothing	Leggings		Tesco	6.00		4	52	0.46	Tesco/Primark/Sainsbury/Asda, replace yearly. 4 required.	F&F Leggings with As New Technology
C	LP	Mother, main clothing	Jogging bottoms		Tesco	12.00		1	52	0.23	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Slub Joggers
C	LP	Mother, main clothing	Skirts, summer		Tesco	16.00		2	52	0.61	Tesco/Primark/Sainsbury/Asda, replace yearly. 2 required. 1 knee length, 1 long.	F&F Floral Print Maxi Skirt
C	LP	Mother, main clothing	Skirts, winter		Ada	15.00		2	52	0.58	Tesco/Primark/Sainsbury/Asda, replace yearly. 2 required. 1 knee length, 1 long.	Fashion Box Denim A-Line skirt

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C	LP	Mother, main clothing	Suit		Debenhams	79.50		1	209	0.38	1 smart suit ('one really nice one') from Debenhams, would last 4 years.	Principles by Ben de Lisi Designer black origami blazer £50 + black slim and trim skirt £29.50
C	LP	Mother, main clothing	Tops, smart		Tesco	18.00		5	52	1.73	Tesco/Primark/Sainsbury/Asda, replace yearly. 5 smart tops required in total.	Amalie & Amber Pussybow Blouse (others available for this or lower price)
C	LP	Mother, main clothing	Dress - formal		Debenhams	55.00		1	209	0.26	1 evening dress from Debenhams. Would last 4 years.	Lipsy - Black floral print dress
C	LP	Mother, main clothing	Dress - summer		Tesco	28.00		2	52	1.07	2 dresses replace yearly	Mela London Aztec Print Maxi Dress/Mela London Lace Maxi Dress
C	LP	Mother, outerwear	Hat		Tesco	7.00		1	52	0.13	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Active Reversible Beanie
C	LP	Mother, outerwear	Scarf		Tesco	7.00		1	52	0.13	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Tectured Frayed Edge Scarf
C	LP	Mother, outerwear	Gloves		Tesco	1.50		1	52	0.03	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Fleece Gloves
C	LP	Mother, outerwear	Coat, winter		Tesco	45.00		1	156	0.29	Tesco/Primark/Sainsbury/Asda. Winter coat would last 3 years	F&F Faux Fur Trim Hooded Parka
C	LP	Mother, outerwear	Coat, waterproof		Millet	45.00		1	261	0.17	Millets, would last 5 years.	Peter Storm Women's Bowland Jacket
C	LP	Mother, outerwear	Jacket, summer		Tesco	20.00		1	104	0.19	Tesco/Primark/Sainsbury/Asda. Would last 2 years.	F&F Mid Wash Denim Jacket
C	LP	Mother, outerwear	Fleece		Tesco	5.00		1	521	0.01	Tesco/Primark/Sainsbury/Asda. Would last 10 years.	F&F Zip-Through Fleece
C	LP	Mother, sportswear	Swimming costume		Tesco	12.00		1	52	0.23	Tesco/Primark/Sainsbury/Asda, replace yearly. 1 required.	F&F Active Contrast Piped Swimsuit (range of colours)
C	LP	Mother, nightwear	Nightdress		Tesco	12.00		1	52	0.23	Tesco/Primark/Sainsbury/Asda, replace yearly. 1 required.	F&F Signature Jersey Chemise/Checked Nightshirt (same price)
C	LP	Mother, nightwear	Pyjamas		Tesco	12.00		2	52	0.46	Tesco/Primark/Sainsbury/Asda, replace yearly. 2 required.	F&F Checked Bottom Pyjamas
C	LP	Mother, nightwear	Dressing gown		Tesco	12.00		1	52	0.23	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Dressing Gown
C	LP	Mother, footwear	Slippers		Tesco	5.00		1	26	0.19	Tesco, replace 6 monthly	F&F Spot Print Mule Slippers
C	LP	Mother, footwear	Flipflops		Tesco	8.00		1	52	0.15	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Flower Embellished Flip Flops
C	LP	Mother, footwear	Boots, flat		Tesco	25.00		1	52	0.48	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Suede-Look Crepe Sole Boots
C	LP	Mother, footwear	Boots, heeled		Asda	20.00		1	52	0.38	Tesco/Primark/Sainsbury/Asda, replace yearly.	Faux-suede Ankle boot
C	LP	Mother, footwear	Walking boots		Sports Direct	18.00		1	104	0.17	Sports direct. 2 years in line with fathers. Added by FG	Gelert Horizon Ladies Walking Boots
C	LP	Mother, footwear	Trainers		Tesco	18.00		1	52	0.35	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Active Woven Panel Trainers

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	LP	Mother, footwear	Shoes, court		Tesco	20.00		1	52	0.38	Tesco/Primark/Sainsbury/Asda, replace yearly.	F&F Sensitive Sole Patent Court Shoes
TODDLER												
C1	EA	Toddler, underwear	Vests		Mothercare	11.00	7.00	1	17	0.63	One pack of 7 every 4 months. Replaced more frequently than other clothes because more likely to get stained and might need more than one a day if they get wet etc. so would be washed more frequently than other clothing.	White Long Sleeve Bodysuits - 7pk
C1	EA	Toddler, underwear	Socks		Tesco	3.00	5	2	26	0.23	7 pairs every 6 months.	F&F 5 Pair Pack of Coloured Socks (7 required but multipacks mostly 5, no 7s, so 10 provided)
C1	EA	Toddler, underwear	Pants		Tesco	3.00	7	1	26	0.12	1 multi-pack in case child is starting potty training	F&F 7 Pack of Briefs
C1	EA	Toddler, main clothing	T-shirts, long sleeved		Asda	6.00	3	3	26	0.69	7 long-sleeved tops - replace every 6 months CB changed to 10 - 'they get messy all the time at one'.	3 Pack Long Sleeved tops. Only available in 3's so 9 provided.
C1	EA	Toddler, main clothing	T-shirts, short sleeved		Primark	1.30	1	10	26	0.50	7 t-shirts - replace every 6 months. Would be worn year round - could be an extra layer over long-sleeved t shirts in winter. CB changed to 10 - 'they get messy all the time at one'.	Range of designs
C1	EA	Toddler, main clothing	Jeans		Tesco	5.00		3	26	0.58	3 pairs, replace every 6 months	F&F ribbed waist jeans
C1	EA	Toddler, main clothing	Smart outfit		Tesco	19.00		1	26	0.73	1 smart outfit for weddings etc. replace every 6 months	F&F Formal Waistcoat (£9), Shirt and Tie Set (£4) and F&F Chinos (£6)
C1	EA	Toddler, main clothing	Jogging bottoms		Tesco	4.00		3	26	0.46	3 pairs, replace every 6 months	F&F Contrast Waistband joggers
C1	EA	Toddler, main clothing	Jumper		Asda	3.00		3	26	0.35	3 jumpers replace every 6 months	Striped Jumper
C1	EA	Toddler, main clothing	Hoody		Tesco	5.00		2	26	0.38	2 needed, replace every 6 months	F&F Zip-Through Hoodie
C1	EA	Toddler, main clothing	Shorts		Tesco	5.00		3	52	0.29	3 pairs, replace once a year as only worn for a few months	F&F Chino Shorts (range of shorts at this price)
C1	EA	Toddler, outerwear	Raincoat		Asda	8.00		1	52	0.15	Replace yearly	Striped Weatherprof Jacket
C1	EA	Toddler, outerwear	Coat		Asda	8.00		1	52	0.15	Replace yearly	Hooded Fleece-Lined coat
C1	EA	Toddler, outerwear	Gloves		Tesco	2.00	2	1	52	0.04	Replace yearly	2 Pack of Knitted Gloves - only 1 required

MIS CODE	MIS ID	Category	Item	Supplier	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments		
Lone parent + toddler												
D1	LP*1	Rent	Rent		85.83	1	1	85.83	Social housing 2 bed house			
D3	LP*1	Water rates	Water rates		9.39	1	1	9.39	2014 £9.15, (x1.008) 2015 £9.22, (x1.08) 2016 £9.39	ST price increase for unmetered households 0.8% 2015/16 and 1.8% 16/17		
D7	LP*1	Council tax	Council tax		17.72	1	1	17.72			17.85028	17.23 in 2015
D5	LP*1	Contents insurance	Insurance		7.23	1	4.3	1.66	Contents insurance based on 2 bed house single adult, excess £50, £100,000 cover includes accidental damage.			
D6	LP*1	Electricity, gas and other fuels	Fuel		768	1	52	14.73	Based on cheapest online tariff with no fee for changing provider within a fixed term. AVRO Energy Simple and Save			
D7	LP	House maintenance	Decorating and other house maintenance		100.00	1	52	1.92	£100 per year for decorating	Worked out on basis of £60 per room for 8 rooms (3 bed house) = £480 every 5 years. Group rounded up to £500 every 5 years = £100 per year for basic refreshing of decor.		
	D1	Rent			85.83							
	D3	Water supply (ND)			9.39							
	D4	Council tax (GB) Rates (NI)			17.72							
	D5	Contents insurance			1.66							
	D6	Electricity, gas and other fuels			14.73							
	D7	House maintenance			1.92							
		Total			131.25							

MIS 2016 REBASE												
E: Household goods and services												
Lone parent + toddler												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
LONE PARENT												
E1	LP	Hall	Lampshade for central light		Wilko	10.00	1	1	417	0.02	£10 for 8 years (each room gets redecorated every 8 years - 1 room per year, so new lampshade when you redecorate). Not cheapest because should be able to choose from wider range.	Wilko 3 Tier Shade Parchment - choice of colour
E1	LP	Hall	Light bulb		Wilko	3.00	2	1	521	0.01	5 year lifetime. 2 in pack so pack would last 10 years.	Wilko Halogen Bulb Standard Warm White B22 BC 70W/1200lu x 2. Pack of 2x standard shaped halogen bulb. Energy rating D. Each bulb lasts up to 2000 hours. Equivalent to 92W standard bulb. Starting time < 1 second . Dimmer compatible.
E1	LP	Hall	Shoe rack		Wilko	10.00		1	261	0.04	Wilkos - would last 2 years . PP said same item 5 years. FG1 agreed 5 years.	Wilko Shoe Rack Metal 2 Tier
E1	LP	Hall	Hooks		Argos	13.99		1	1043	0.01	Row of pegs for coats would last 10 years - from Wilkos. 4 needed as minimum - max hh size is 4 people. PP have potentially up to 6 so ok for them to have 6 hooks. FG1 changed to 6 hooks in each household.	6 Double Chrome Coat Hooks - Pine
E1	LP	Hall	Doormat		Wilko	2.25		1	156	0.01	Cheapest 3 years. Argos/Wilkos/ikea. Added by CB in line with PP.	http://www.wilko.com/doormats/wilko-plain-washable-mat-grey-40cmx60cm/inv/0334032
E1	LP	Living area	Lampshade for central light		Wilko	10.00	1	1	417	0.02	CB and FG1 £10 for 8 years (each room gets redecorated every 8 years - 1 room per year, so new lampshade when you redecorate). Not cheapest because should be able to choose from wider range.	Wilko 3 Tier Shade Parchment - choice of colour - http://www.wilko.com/pendants+shades/wilko-3-tier-shade-parchment/inv/0326179
E1	LP	Living area	Light bulb		Wilko	3.00		1	521	0.01	Lifetime 5 years. Pack of 2 so pack lasts 10 years.	Wilko Halogen Bulb Standard Warm White E27 ES 42W/630lu x 2. Pack of 2x standard shaped halogen bulb. Energy rating D. Each bulb lasts up to 2000 hours. Equivalent to 40W standard bulb. Starting time instant full brightness. Dimmer compatible.
E1	LP	Living area	Curtains		Dunelm	59.99	2	1	521	0.12	Lined, washable from Dunelm, would last 10 years	Teal Vancouver Thermal Eyelet Curtains- lined and washable - W168cm x Drop 228cm
E1	LP	Living area	Curtain pole		Dunelm	24.99		1	521	0.05	10 years	Palermo Dia. 28mm Extendable Curtain Pole 300cm
E1	LP	Living area	Net curtains		Dunelm	16.45	1	1	521	0.03	Cheap net curtains from Dunelm - would last 10 years	5 metres x 90" drop = 5x£3.29=£16.45
E1	LP	Living area	Wire for net curtains		Wilko	1.00		1	521	0.00	10 years	Wilko Curtain Wire 108in, fixings included

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	LP	Living area	Sofa - 2 seater		Ikea	295.00		1	521	0.57	Approx £700 for both sofas together (not each). Would last 5 years. Price at The Range, B&M, Wilko, Ikea. Leather harder wearing and easier to clean because of the children. CB changed to same as PP - fabric, 10 years with throws, approx £600 for pair.	EKTORP - 2-seater sofa
E1	LP	Living area	Sofa - 3 seater		Ikea	350.00		1	521	0.67	Approx £700 for both sofas together (not each). Would last 5 years. Price at The Range, B&M, Wilko, Ikea. Leather harder wearing and easier to clean because of the children. CB changed to same as PP - fabric, 10 years with throws, approx £600 for pair.	EKTORP 3-seater sofa -
E1	LP	Living area	Throw		Wilko	10.00		2	156	0.13	To cover the sofas. Would last 3 years.	Wilko Supersoft Throw (various colours) 200x200
E1	LP	Living area	Cushion		Wilko	4.00		4	156	0.10	2 cushions for each sofa. Same lifetime as throws - 3 years. Primark or Wilkos.	Wilko Chenille Cushion Natural 43x43cm
E1	LP	Living area	Storage unit	LAPPLAND	Ikea	125.00		1	521	0.24	Shelving (for books/DVDs etc.) plus some storage, could also be used to display photos. Mid-range (not cheapest) from IKEA, would last 10 years. CB Changed to same spec as PP - lower unit so could put TV on it so no need for TV stand.	TV Storage unit, White wood 183,39,147 includes wall fastener brackets
E1	LP	Living area	Coffee table	LACK	Ikea	16.00		1	521	0.03	Cheapest Ikea/Argos/Wilkos/Tesco. Lasts 10 years.	Coffe table, black-brown
E1	LP	Living area	Pictures/photo frames			20		1	104	0.19	£20 every 2 years to refresh	
E1	LP	Living area	Lamp		Tesco	5.00		1	260.7	0.02	Supermarket. Cheapest option that still gives a choice of colour. Would last 5 years.	Tesco Lighting Chloe Ceramic Table Lamp (various colours)
E1	LP	Dining area	Lampshade for central light		Wilko	10.00	1	1	417	0.02	CB and FG1 £10 for 8 years (each room gets redecorated every 8 years - 1 room per year, so new lampshade when you redecorate). Not cheapest because should be able to choose from wider range.	Wilko 3 Tier Shade Parchment - choice of colour -
E1	LP	Dining area	Light bulb		Wilko	3.00		1	521	0.01	Lifetime 5 years. Pack of 2 so pack lasts 10 years.	Wilko Halogen Bulb Standard Warm White E27 ES 42W/630lu x 2. Pack of 2x standard shaped halogen bulb. Energy rating D. Each bulb lasts up to 2000 hours. Equivalent to 40W standard bulb. Starting time instant full brightness. Dimmer compatible.
E1	LP	Dining area	Curtains		Dunelm	59.99	2	1	521	0.12	Lined, washable from Dunelm, would last 10 years	Teal Vancouver Thermal Eyelet Curtains- lined and washable - W168cm x Drop 228cm
E1	LP	Dining area	Curtain pole		Dunelm	24.99		1	521	0.05	10 years	Palermo Dia. 28mm Extendable Curtain Pole 300cm
E1	LP	Dining area	Net curtains		Dunelm	16.45	1	1	521	0.03	Cheap net curtains from Dunelm - would last 10 years	5 metres x 90" drop = 5x£3.29=£16.45
E1	LP	Dining area	Wire for net curtains		Wilko	1.00		1	521	0.00	10 years	Wilko Curtain Wire 108in, fixings included

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	LP	Dining area	Dining table		Argos	199.99		1	521	0.38	Table plus 6 chairs so children can have friends round for tea/family can have visitors. Ikea/Argos/Wilkos/Supermarket. Would last 10 years.	Pemberton Oak Effect Dining Table and 6 Black Chairs
E1	LP	Dining area	Dining chairs			0.00		1	521	0.00	Included in set	
E1	LP	Dining area	Table mats	AVSKILD	Ikea	3.50	4	2	104	0.07	2 sets of 4, replace every 2 years. To protect table. Ikea. CB added in line with PP.	Place mat, cork 4 pack
E1	LP	Dining area	Coasters	AVSKILD	Ikea	1.00	4	2	104	0.02	2 sets of 4, replace every 2 years. To protect table. Ikea. CB added in line with PP.	Coaster, cork 4 pack
	LP	Kitchen	Light bulb		Wilko	3.00	2	1	521	0.01	5 year lifetime. 2 in pack so pack would last 10 years.	Wilko Halogen Bulb Standard Warm White B22 BC 70W/1200lu x 2. Pack of 2x standard shaped halogen bulb. Energy rating D. Each bulb lasts up to 2000 hours. Equivalent to 92W standard bulb. Starting time < 1 second . Dimmer compatible.
E1	LP	Kitchen	Blind		Wilko	15.00		1	261	0.06	Roller blind in kitchen and bathroom. Cheapest ok. Dunelm/Argos/Wilkos/Supermarket. Five years.	Wilko Roller Blind Textured White 160x180cm
E1	LP	Kitchen, tableware	Crockery set	STROSA	Ikea	7.50	12	2	156	0.10	2x4 cheapest sets Argos/Wilko would last 3 years (chip and break more easily if cheaper) PP said cheapest Ikea. (£7.50) FG1 said Ikea better quality.	12 piece service (4x dinner plate, side plate, bowl)
E1	LP	Kitchen, tableware	Cutlery set	DRAGON	Ikea	18.00	24	2	417	0.09	1 set of 6, 2 up from bottom (cheapest bend) from IKEA. CB said 2 sets of 6, cheapest would be ok and would last 8 years, but would need additional teaspoons because they get lost/thrown away easily, especially by children. FG agreed teaspoons but changed to better quality set.	DRAGON 24 piece cutlery set, stainless steel, 6 x knife, fork, dessert spoon, teaspoon
E1	LP	Kitchen, tableware	Teaspoons		Wilko	0.45	6	1	52	0.01	Added by CB. Cheapest from Wilko. Set of 6 replace each year. Alternatively could buy big pack of disposable plastic spoons, e.g. for when children take yoghurt to school in packed lunch.	Wilko Everyday Value 6 Teaspoons Stainless Steel
E1	LP	Kitchen, tableware	Serving spoons		Wilko	3.00		2	417	0.01	2 needed. Would last 8 years, same as main cutlery.	Wilko Best Serving Spoon
E1	LP	Kitchen, tableware	Mugs	FARGRIK	Ikea	0.35	1	8	156	0.02	8 needed. Replace every 3 years. Ikea/Argos/Wilkos/Supermarket. Cheapest ok	Mug, stoneware, various colours
E1	LP	Kitchen, tableware	Glasses - tumblers(tall)		Wilko	1.00	4	2	104	0.02	2 sets of 4, replace every 2 years.Ikea/Argos/Wilkos/Supermarket. Cheapest ok CB added in line with PP.	Wilko Everyday Value Hi-ball Glasses x4
E1	LP	Kitchen, tableware	Glasses - wine glasses		Wilko	0.95	4	1	261	0.00	2 sets of 4, replace every 5 years. Ikea/Argos/Wilkos/Supermarket. Cheapest ok CB added but in line with PP but reduced to 1 set.	Wilko Everyday Value Wine Glasses x 4

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	LP	Kitchen, tableware	Fruit bowl	BLANDA	Ikea	2.00		1	261	0.01	Children more likely to eat fruit if it's on display. Would last 5 years.	BLANDA Serving bowl, glass
E1	LP	Kitchen, tableware	Serving bowls		Wilko	5.00	1	2	521	0.02	2 needed, would last 10 years. TK Maxx/ Home Bargains/ Ikea/ Argos/ Wilkos/ Supermarket. Cheapest ok	Serving Bowl White 23cm
E1	LP	Kitchen, tableware	Gravy boat		Wilko	5.00	1	1	521	0.01	Would last 10 years. TK Maxx/ Home Bargains/ Ikea/ Argos/ Wilkos/ Supermarket. Cheapest ok	Wilko Gravy Boat and Stand White
E1	LP	Kitchen, tableware	Serving platter		Wilko	6.00	1	1	521	0.01	Would last 10 years. TK Maxx/ Home Bargains/ Ikea/ Argos/ Wilkos/ Supermarket. Cheapest ok	Rectangle Serving Plate Large
E1	LP	Kitchen, tableware	Cruet		Wilko	1.50	2	1	521	0.00	Would last 10 years. TK Maxx/ Home Bargains/ Ikea/ Argos/ Wilkos/ Supermarket. Cheapest ok	Wilko Salt and Pepper Set
E1	LP	Kitchen appliances	Cooker	Indesit	AppliancesDirect.com	249.98		1	521	0.48	Electric oven gas hob - mid mid range, would last 7 years. CB said cheapest combined cooker would last 10 years.	iQ 60cm Double Oven Dual Fuel Cooker - White
E1	LP	Kitchen appliances	Washing machine		AppliancesDirect.com	190.97		1	261	0.73	5kg load. Cheapest B rating would last 4 years. CB changed lifetime to 5 years. FG2 said would need to be 7kg machine for households with children. 1200 spin ok but should be A+ efficiency rating.	Hotpoint WMXTF742P Xtra 7kg 1400 Spin Washing Machine - White A++ Energy Efficiency, 1400rpm Spin Speed
E1	LP	Kitchen appliances	Fridge freezer		AppliancesDirect.com	180.97		1	521	0.35	50/50 cheapest A rating would last 7 years. FG1 changed in line with PP. Brand name would last longer - more reliable 10 years.	Indesit NCAA55 157x55cm Freestanding Fridge Freezer White A+ Energy Efficiency
E1	LP	Kitchen appliances	Kettle		Wilko	12.00		1	104	0.12	One up from bottom would last 2 years. Argos/Currys/Supermarket/Wilkos	Colour Play Kettle (various colours)
E1	LP	Kitchen appliances	Toaster		Wilko	10.00		1	104	0.10	One up from bottom would last 2 years. Argos/Currys/Supermarket/Wilkos	Wilko Toaster 2 Slice (various colours)
E1	LP	Kitchen appliances	Microwave		Tesco	35.00		1	261	0.13	Cheap, Supermarket, would last 4 years. CB changed to 5 years in line with PP.	Tesco Solo Microwave MM08 Value 17L Black and White
E1	LP	Kitchen appliances	Hand held blender	VonShef	Tesco	24.99		1	104	0.24	Tesco cheap (about £15) 2 years - for soup, smoothies etc. - cheaper than having separate blender and whisk - need one with whisk attachment	VonShef 3-in-1 Hand Blender Red (cheapest with whisk attachment)
E1	LP	Kitchen cookware	Saucepans	Tefal	Currys	39.99	5	1	1043	0.04	One up from bottom - non-stick would last 5 years. Changed to same spec as PP - Non-stick with lids. Cheapest set with a guarantee. Lifetime would be length of guarantee.	TEFAL A1799444 Delight 5-piece Non-stick Pan Set - Black. Two saucepans with glass lids, milk pan and two frying pans (one large, one small). Lifetime manufacturer's guarantee.
E1	LP	Kitchen cookware	Frying pan					1	1043	0.00	Included in set above.	

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	LP	Kitchen cookware	Knives (set)		Argos	39.99		1	782	0.05	2 up from bottom. Approx £25 would last 5 years. If no knife sharpener in set would need one. CB changed to same spec as PP - cheapest set with guarantee - lifetime would be same as guarantee.	Richardson Laser Cuisine 12 Piece Knife Block Set - Black comprises 6 steak knives, Chef's knife, Carving knife, Bread knife, Paring knife, All purpose knife, Pair of scissors. Manufacturer's 15 year guarantee.
E1	LP	Kitchen cookware	Baking trays		Wilko	0.85		2	104	0.02	Cheapest would last 2 years.	Wilko Everyday Value Baking Tray Non-Stick 28cm
E1	LP	Kitchen cookware	Roasting pans		Wilko	0.95		2	104	0.02	Cheapest would last 2 years.	Wilko Everyday Value Non-Stick Roasting Tray 25cm
E1	LP	Kitchen cookware	Cake tin		Wilko	2.00		1	261	0.01	For fairy cakes/yorkshire puddings. Cheapest non stick would last 5 years.	Wilko 12 Cup Non-Stick Bun Sheet 32x24cm
E1	LP	Kitchen cookware	Sponge tins		Wilko	0.85		2	261	0.01	2 sponge tins. Cheapest non stick would last 10 years. CB added in line with PP but changed lifetime to 5 years.	Wilko Everyday Value Sandwich Tin Non-Stick 20cm Diameter
E1	LP	Kitchen cookware	Sieve		Wilko	2.00		1	261	0.01	Wilkos would last 5 years	Wilko Strainer Metal - 19.5cm
E1	LP	Kitchen cookware	Mixing bowls		Wilko	0.50		3	209	0.01	Plastic, set of 3. Would last 4 years.	Wilko Mixing Bowl - Medium/Large (same price)
E1	LP	Kitchen cookware	Casserole dish		Wilko	7.50		1	1042.9	0.01	Large pyrex casserole dish. Would last 20 years. CB added in line with PP.	Pyrex Classic Casserole Dish 1.6L
E1	LP	Kitchen cookware	Measuring jug		Wilko	3.30		1	1043	0.00	Pyrex would last 20 years in line with PP.	Pyrex Jug 0.5L
E1	LP	Kitchen cookware	Colander		Wilko	2.00		1	104	0.02	Wilkos would last 2 years	Wilko Colander Stainless Steel
E1	LP	Kitchen cookware	Utensil set		Argos	7.99	9	1	261	0.03	Argos/Wilkos - approx £7-8 plastic set would last 5 years	Simple Value 9 Piece Suregrip Kitchen Utensil Set. - Ladle, Serving spoon, Slotted spoon, Slotted turner, Slotted masher, Can opener, Pizza cutter, Peeler, Scissors.
E1	LP	Kitchen cookware	Tin opener			0.00		1	261	0.00	Included in utensils set above.	
E1	LP	Kitchen cookware	Peeler					1	104	0.00	One up from bottom would last 5 years. Included in utensils set above.	
E1	LP	Kitchen cookware	Cheese grater		Wilko	2.00		1	261	0.01	Would last 5 years. CB added in line with PP.	Wilko Box Grater
E1	LP	Kitchen cookware	Bottle opener/corkscrew		Wilko	2.00		1	261	0.01	Wilkos would last 5 years	Wilko Corkscrew Chrome effect
E1	LP	Kitchen accessories	Scales		Wilko	5.00		1	521	0.01	Cheap would last 10 years	Swan Kitchen Scale White Finish 5kg
E1	LP	Kitchen accessories	Bin		Wilko	5.00		1	104	0.05	Plastic bin, hip height - cheapest would last 2 years	Wilko Everyday Value Lift Top Waste Bin 50L
E1	LP	Kitchen accessories	Washing up bowl		Wilko	2.00		1	104	0.02	Wilkos would last 10 years. CB changed to 2 years in line with PP.	Colour Play Bowl (various colours)
E1	LP	Kitchen accessories	Drainer		Wilko	2.00		1	104	0.02	Wilkos would last 10 years. CB changed to 2 years in line with PP.	Colour Play Dish Drainer (various colours)
E1	LP	Kitchen accessories	Storage containers		Wilko	15.00	3	1	521	0.03	Tea, coffee, sugar canisters	Wilko Window Storage Canister Set 3 Piece

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	LP	Kitchen, accessories	Plastic storage tubs		Argos	19.99	20	1.00	104.3	0.19	Useful for storing leftovers from family meals that can be used for child's meal/ taking snacks e.g. crackers/ carrot sticks out and about etc. Would last 2 years - plastic discolours, lids get lost or broken. Originally included for toddler only, but FG1 agreed needed in all households.	20-in-1 Clip Fresh Storage Set
E1	LP	Kitchen accessories	Chopping boards		Wilko	2.00		2	104	0.04	Set of plastic, 2 needed would last 2 years.	Wilko Chopping Board Medium
E1	LP	Kitchen accessories	Oven gloves		Wilko	4.00		1	104	0.04	Replace every 2 years.	Colour Play Oven Glove Red/Black
E1	LP	Kitchen accessories	Tea towels		Wilko	4.00	5	1	52	0.08	1 pack of 5 would last 1 year.	Wilko Tea Towels Red/Green/Black x5
E1	LP	Kitchen accessories	Hand towels		Wilko	3.00		2	261	0.02	Two needed - one in and one out of wash. Would last 5 years. Argos/Supermarket/Wilkos, FG2 added in line with PP.	Wilko Hand Towel (various colours)
E1	LP	Kitchen, laundry	Airer		Argos	14.99		1	521	0.03	Sturdy one from Argos/Wilkos would last 10 years. 2 required if you have more than 2 children.	14m 3 Tier Indoor Clothes Airer
E1	LP	Kitchen, laundry	Over-radiator airers		Argos	4.99	4	1	261	0.02	Last 5 years.	Set of 4 Indoor Radiator Clothes and Towel Airer
E1	LP	Kitchen, laundry	Iron	Russell Hobbs	Wilko	15.00		1	261	0.06	Cheapest recognisable brand, would last 5 years.	Russell Hobbs Steamglide Iron 2400W
E1	LP	Kitchen, laundry	Ironing board		Wilko	20.00		1	521	0.04	One up from bottom would last 10 years.	Wilko Laundry Ironing Board Assorted Medium 11.6cmx35.5cm
E1	LP	Kitchen, laundry	Washing powder		Tesco	3.00		1	8	0.36	3 loads per week. 25 washes in a box so would last 8.3 weeks	Tesco Non Biological Laundry Powder 25 Wash 1.625 Kilograms
E1	LP	Kitchen, laundry	Fabric conditioner		Tesco	1.50		1	14	0.11	3 loads per week. 42 washes in a bottle so would last 14 weeks	Tesco Fabric Conditioner Spring Fresh 1.5L 42 washes
E1	LP	Kitchen, laundry	Washing line		Wilko	1.40		1	261	0.01	Straight line, not twirly. 5 years.	Wilko Clothes Line Steel 20m
E1	LP	Kitchen, laundry	Pegs		Wilko	1.00	36	1	52	0.02	One pack a year	Wilko Pegs Multicoloured Heavy Duty x 36
E1	LP	Kitchen, laundry	Pegs - circular frame with pegs		Wilko	1.50		1	52	0.03	For drying socks etc. One a year	Wilko Airer 20 Pegs
E1	LP	Kitchen, laundry	Laundry basket		Wilko	4.00		1	261	0.02	Rubber laundry trug lasts 5 years - said plastic breaks and young children love to sit in the baskets	Wilko Laundry Trug Purple/Red 40L
E1	LP	Kitchen, cleaning	Mop		Wilko	3.00		1	104	0.03	1 up from bottom. Replace yearly	Wilko Colourplay Strip Mop (various colours)
E1	LP	Kitchen, cleaning	Bucket		Wilko	1.99		1	104	0.02	Wilkos would last 2 years	Wilko Functional Mop Bucket
E1	LP	Kitchen, cleaning	Dustpan and brush		Wilko	1.00		1	52	0.02	Cheapest would last 1 year.	Wilko functional Dustpan/Brush Set
E1	LP	Kitchen, cleaning	Broom		Wilko	3.00		1	104	0.03	Wilkos would last 2 years	Wilko Colourplay Indoor Broom (various colours)
E1	LP	Kitchen, cleaning	Vacuum cleaner	Hoover	Tesco	47.50		1	261	0.18	£50 would be ok. PP said cheapest brand name bagless vacuum cleaner would last 5 years.	Hoover Rapid SEA1RA02 Bagless Cylinder
E1	LP	Kitchen, cleaning	Bin bags		Tesco	2.00	20	1	9	0.23	10 a month (based on 2 one week, 3 the next) - Tesco basic ok	Tesco Drawstring Tall Pedal Bin Liners 20 pack (30L)

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	LP	Kitchen, cleaning	Scourers		Wilko	0.80	20	1	10	0.08	Scouring sponges -CB said replace 2 a week.	Wilko Sponge Scourers Assorted x 20
E1	LP	Kitchen, cleaning	Dishcloths		Wilko	1.00	4	1	8	0.13	1 pack, 1 up from bottom, each dish cloth lasts 2 weeks so pack of 4 lasts 8 weeks	Wilko Ribbed Dish Cloths 35cmx26cm x 4
E1	LP	Kitchen, cleaning	Dusters		Wilko	1.00	4	1	26	0.04	1 pack, 1 up from bottom (cheapest fall apart too quickly). 1 a month. CB added in line with PP but said a pack would last 6 months.	Wilko Yellow Dusters 4 pack
E1	LP	Kitchen, cleaning	Kitchen roll		Wilko	0.90	4	1	4	0.23	1 roll a week	Wilko Kitchen Towel 4 pack
E1	LP	Kitchen, cleaning	Rubber gloves		Wilko	0.60		1	4	0.14	Not cheapest.. 2 pairs every 2 months - 1 kitchen, 1 bathroom, so replacement rate is 1 a month.	Wilko Gloves Washing Up Rubber Medium
E1	LP	Kitchen, cleaning	Bleach		Tesco	0.50		1	4	0.12	Replace monthly	Tesco Thick Bleach 24 Hour
E1	LP	Kitchen, cleaning	Washing up liquid		Wilko	0.60		1	4	0.14	Small bottle each month	Morning Fresh Wash Up Liquid
E1	LP	Kitchen, cleaning	Surface cleaner		Wilko	0.75		1	4	0.17	Replace monthly	Wilko Anti-bacterial cleaner spray
E1	LP	Kitchen, cleaning	Oven cleaner	Mr Muscle	Wilko	2.50		1	52	0.05	Once a year	Mr Muscle Oven 300ml
E1	LP	Kitchen, cleaning	Furniture polish		Wilko	1.00		1	13	0.08	Added in line with PP. Lasts 3 months.	Mr Sheen Polish, Original
E1	LP	Kitchen, misc	Tin foil		Tesco	1.50		1	9	0.17	Generic, not cheapest. 1 roll every 2 months.	Tesco Strong Kitchen Foil 30cmx10m
E1	LP	Kitchen, misc	Clingfilm		Tesco	2.00		1	13	0.15	Generic, not cheapest. 1 roll every 3 months.	Tesco Cling Film 35cmx50m
E1	LP	Kitchen, misc	Fire blanket		B&Q	12.00		1	261	0.05	Added by primary CB group but thought to be a necessity for every household. Internet says they only need replacing once they've been used.	First Alert Fire Blanket 1mx1m
E1	LP	Kitchen, misc	Fire extinguisher		B&Q	12.00		1	261	0.05	Added by primary CB group but thought to be a necessity for every household. Internet says they only need replacing once they've been used. 5 years	First Alert Fire Extinguisher 414ml, suitable for fighting wood, plastic, paper, grease and oil fires.
E1	LP	Kitchen, misc	Shoe cleaning kit		Amazon	4.99		1	521	0.01	Shoe cleaning kit would last 10 years. Replace 1 polish a year - alternate years 1 black 1 brown.	Shoe Polish Kit by Panorama Stores. 2x shoe brushes, 1x black polish, 1x neutral polish, 1 x cleaning cloth, 1x shoe horn. (Free UK delivery).
E1	LP	Kitchen, misc	Shoe polish		Tesco	1.00		1	52	0.02	Replace 1 polish a year - alternate years 1 black 1 brown.	Kiwi Black/Dark Tan Leather Shoe Polish 50ml
E1	LP	Bathroom	Light bulb		Wilko	3.00	2	1	521	0.01	5 year lifetime. 2 in pack so pack would last 10 years.	Wilko Halogen Bulb Standard Warm White B22 BC 70W/1200lu x 2. Pack of 2x standard shaped halogen bulb. Energy rating D. Each bulb lasts up to 2000 hours. Equivalent to 92W standard bulb. Starting time < 1 second . Dimmer compatible.
E1	LP	Bathroom	Blind		Wilko	22.99		1	261	0.09	Roller blind in kitchen and bathroom. Cheapest ok. Dunelm/Argos/Wilkos/Supermarket. Five years.	Pebbles Moisture Resistant Roller Blind 122cmx163cm
E1	LP	Bathroom	Medicine cabinet		Argos	12.99		1	521	0.02	Includes mirror - Ikea/Argos. Cheapest ok, would last 10 years.	Simple Value 1 Door Mirror Core Cabinet - White

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E1	LP	Bathroom	Plastic beaker		Wilko	1.50	3.00	1	156	0.01	For rinsing after brushing teeth. CB group said pack of 3 would last 3 years. Agreed by FG2.	Wilko Toddler Beakers 3pk
E1	LP	Bathroom	Toilet brush		Wilko	0.60		1	26	0.02	Cheapest would last 6 months.	Wilko Everyday Value Bathroom Toilet Brush and Holder
E1	LP	Bathroom	Bathsheets - mother		Tesco	12.00		2	156	0.15	Mid range Tesco lasting 3 years.	Tesco Egyptian Cotton Bath Sheet
E1	LP	Bathroom	Bath towels - mother		Tesco	9.00		2	156	0.12	Mid range Tesco lasting 3 years.	Tesco Egyptian Cotton Bath Towel
E1	LP	Bathroom	Hand towels - mother		Tesco	6.00		2	156	0.08	Mid range Tesco lasting 3 years.	Tesco Egyptian Cotton Hand Towel
E1	LP	Bathroom	Flannels - mother		Tesco	2.00		2	156	0.03	Mid range Tesco lasting 3 years.	Tesco Egyptian Cotton Face Cloth
E1	LP	Bathroom	Shower curtain		Dunelm	4.99		1	52	0.10	Fabric one would last 1 year.	White Ceramic Shower Curtain
E1	LP	Bathroom	Toothbrush holder		Dunelm	2.99		1	521	0.01	Cheap ceramic would last 10 years.	White Country Heart Tumbler
E1	LP	Bathroom	Bleach		Tesco	0.50		1	3	0.17	Cheapest no frills bleach would last 3 weeks.	Tesco Thick Bleach 24 Hour
E1	LP	Bathroom	Bin		Wilko	5.00		1	521	0.01	Little pedal bin would last 10 years.	Wilko Pedal Bin Dome Small
E1	LP	Bathroom	Bath mat (for floor)		Dunelm	6.99		1	521	0.01	Mid-range, Dunelm. Would last 10 years.	White/Blue Comfort Bath Mat
E1	LP	Bathroom	Non-slip mat		Wilkinson	3.00		1	156	0.02	Needed for children.	Wilko Pebble Bath Mat Transparent.
E1	LP	Bathroom	Linen hamper		Wilko	6.5		1	261	0.02	Cheap lasts 10 years. CB changed to 5 years - plastic may split over time.	Wilko Laundry Basket Silver 45ltr
E1	LP	Bedroom 1	Lampshade for central light		Wilko	10.00	1	1	417	0.02	CB and FG1 £10 for 8 years (each room gets redecorated every 8 years - 1 room per year, so new lampshade when you redecorate). Not cheapest because should be able to choose from wider range.	Wilko 3 Tier Shade Parchment - choice of colour - http://www.wilko.com/pendants+shades/wilko-3-tier-shade-parchment/inv/0326179
E1	LP	Bedroom 1	Light bulb		Wilko	3.00	2	1	261	0.01	Lifetime 5 years. Pack of 2 - one for main light, one for lamp.	Wilko Halogen Bulb Standard Warm White E27 ES 42W/630lu x 2. Pack of 2x standard shaped halogen bulb. Energy rating D. Each bulb lasts up to 2000 hours. Equivalent to 40W standard bulb. Starting time instant full brightness. Dimmer compatible.
E1	LP	Bedroom 1	Curtains		Dunelm	59.99	2	1	521	0.12	Lined, washable from Dunelm, would last 10 years	Teal Vancouver Thermal Eyelet Curtains- lined and washable - W168cm x Drop 228cm
E1	LP	Bedroom 1	Net curtains		Dunelm	16.45	1	1	521	0.03	Cheap net curtains from Dunelm - would last 10 years	5 metres x 90" drop = 5x£3.29=£16.45
E1	LP	Bedroom 1	Wire for net curtains		Wilko	1.00		1	521	0.00	10 years	Wilko Curtain Wire 108in, fixings included
E1	LP	Bedroom 1	Bed, double	NORDLI	Ikea	205.00		1	1043	0.20	Double bed with a headboard. Would last 20 years. Ikea	NORDLI Bed frame, white, (Luoy bed base)
E1	LP	Bedroom 1	Mattress	HÖVÅG	Ikea	200.00		1	417	0.48	Sprung mattress would last 8 years	HÖVÅG Pocket sprung mattress, firm, dark grey
E1	LP	Bedroom 1	Bedside table/cabinet	KULLEN	Ikea	19.00		1	521	0.04	Would last 10 years.	KULLEN Chest of 2 drawers, oak effect/white
E1	LP	Bedroom 1	Chest of drawers	KULLEN	Ikea	25.00		1	521	0.05	One each. Would last 10 years. 3 or 4 drawers	KULLEN Chest of 3 drawers, oak effect/white
E1	LP	Bedroom 1	Wardrobe	BRIMNES	Ikea	80.00		1	521	0.15	One each or double one with 4 doors, including a mirror.	BRIMNES Wardrobe with 2 doors, oak effect

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E1	LP	Bedroom 1	Lamp		Tesco	5.00		1	521	0.01	Supermarket. Cheapest option that still gives a choice of colour. Would last 5 years.	Tesco Lighting Chloe Ceramic Table Lamp (various colours)
E1	LP	Bedroom 1	Mirror		Argos	12.99		1	521	0.02	Full length that can be stuck on the wardrobe door.	Full length frameless wall mirror
E1	LP	Bedroom 1	Duvet cover (double)		Tesco	12.00		2	52	0.46	2 sets - Cheapest from supermarket. Would last 1 year.	Tesco Basic Tonal Stripe Double Duvet Set - Black. Each set includes duvet cover and 2 pillow cases.
E1	LP	Bedroom 1	Duvet, 1 winter, 1 summer		Argos	22.49	2	1	261	0.09	One up from bottom. Summer duvet approx 2 TOG, winter duvet approx 12 TOG. Would last 5 years.	Slumberdown All Seasons 4.5+10.5 Tog 3-in-1 Duvet - Double
E1	LP	Bedroom 1	Pillows		Tesco	10.00	2	2	261	0.08	4 needed. Supermarket - one up from bottom. Would last 5 years.	Tesco Soft Touch Anti Allergy Pillow Twinpack - Firm
E1	LP	Bedroom 1	Pillow cases		Tesco	1.65	2	2	52	0.06	4 pillows (2 per pillow) - 2 sets required so 8 in total. 2 included with each double duvet cover set, so additional 4 needed.	Tesco Basics Pillowcase Twinpack - White
E1	LP	Bedroom 1	Sheets (fitted, double)		Wilko	6.00		2	52	0.23	2 - Cheapest from supermarket. Would last 1 year.	Double Fitted Sheet - White
E1	LP	Bedroom 2	Lampshade for central light		Wilko	10.00	1	1	417	0.02	CB and FG1 £10 for 8 years (each room gets redecorated every 8 years - 1 room per year, so new lampshade when you redecorate). Not cheapest because should be able to choose from wider range.	Wilko 3 Tier Shade Parchment - choice of colour
E1	LP	Bedroom 2	Light bulb		Wilko	3.00	2	1	521	0.01	Lifetime 5 years. Pack of 2 - so pack would last 10 years.	Wilko Halogen Bulb Standard Warm White E27 ES 42W/630lu x 2. Pack of 2x standard shaped halogen bulb. Energy rating D. Each bulb lasts up to 2000 hours. Equivalent to 40W standard bulb. Starting time instant full brightness. Dimmer compatible.
E1	LP	Bedroom 2	Curtains		Dunelm	59.99	2	1	521	0.12	Lined, washable from Dunelm, would last 10 years	Teal Vancouver Thermal Eyelet Curtains- lined and washable - W168cm x Drop 228cm
E1	LP	Bedroom 2	Curtain pole		Dunelm	24.99		1	521	0.05	10 years	Palermo Dia. 28mm Extendable Curtain Pole 300cm
E1	LP	Bedroom 2	Net curtains		Dunelm	16.45	1	1	521	0.03	Cheap net curtains from Dunelm - would last 10 years	5 metres x 90" drop = 5x£3.29=£16.45
E1	LP	Bedroom 2	Wire for net curtains		Wilko	1.00		1	521	0.00	10 years	Wilko Curtain Wire 108in, fixings included
E2A1	LP	Postage	Postage & delivery costs			15		1	52	0.29	Agreed by FG1 per household.	
E2A2	LP	Telephone	Landline telephone		Argos	10.99	1	1	521	0.02	Cheap cordless phone. Would last 10 years.	Binatone Icarus 2100 Cordless Telephone - Single
E2A2	LP	Telephone	Mobile telephone (handset) for parent		TescoMobile	0.00		1	104	0.00	Cheap contract better for peace of mind. Handset included in price of contract.	Microsoft Lumia 535
E2A2	LP	Telephone	Mobile telephone (bills) for parent		TescoMobile	12.50		1	4	2.88	Could be cheap contract/ or SIM only package and buy handset - cheapest smart phone ok. Example given min spec of 1GB data, 500 mins 3000 texts.	Cheapest contract is £7.50 - adding additional bundle for extra minutes/data = £5.00 so £12.50 a month
E2A2	LP	Telephone	Telephone line rental		Directsave Telecom	17.75		1	4	4.08	Needed primarily for broadband but also for emergency purposes.	Directsave Telecom £17.75 line rental (plus £1.95 a month for broadband in Soc & Cult Participation budget). Includes unlimited broadband and evening and weekend calls.

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E2A2	LP	Telephone	Telephone call charges		Directsave Telecom	0.00		1	4	0.00	Included in internet package as above.	
E2C	LP	Household services	Babysitting			10		1	1	10.00	£10 a week for babysitting	
TODDLER												
E	EA	Living area	Toy storage (toddler)			4		1	261	0.02	Largeflexitub/ trug as more durable and less likely to break and leave sharp edges than plastic box.	Wilko Laundry Trug Purple 40L
E1	EA	Dining area	Highchair	ANTILOP	Ikea	13.00		1	521	0.02	Cheapest from Ikea/Tesco would be ok. Would last 10 years.	ANTILOP Highchair with tray, silver-colour
E1	EA	Kitchen, tableware	Beaker (toddler)	Tommee Tippee	Wilko	3.50		2.00	13	0.54	Sipper cup. From supermarket. 2 needed, replaced every 3 months because of wear and tea (e.g. chewing)/loss or changing developmental needs, e.g. from beaker with valve to sipper cup to straw etc.	Tommee Tippee Insulated Active Sippee Cup 12M Plus
E1	EA	Kitchen, laundry	Washing powder (toddler)	Persil	Tesco	15.00		1	23	0.64	Brand non-bio. 3 loads per week (one light, one dark, one for towels and bedding). Group thought it was important to build in possibility of buying a brand powder in case child had sensitive skin - said that Fairy/Persil would be less likely to cause irritation than a generic powder.	Persil Non Biological Washing Powder 70 Wash 4.9Kg
E1	EA	Kitchen, laundry	Fabric conditioner (toddler)	Comfort	Tesco	8.00		1	38	0.21	3 loads per week. Group said it should be Comfort Pure to minimise risk of skin irritation.	Comfort Pure Fabric Conditioner 114 Wash 4 Litre
E1	EA	Kitchen, cleaning	Antibacterial		Wilko	0.50	40	2	4	0.23	Needed to clean floor around high chair after meals, in between weekly floor cleaning with mop. Would also use on highchair etc. One pack a month. CB group increased to 2 a month.	Wilko Anti-Bacterial wipes Lavender x40
E1	EA	Bathroom	Towels, bath (toddler)		Tesco	9.00		2	156	0.12	2 mid-range bath towels would last 3 years.	Tesco Egyptian Cotton Bath Towel
E1	EA	Bathroom	Flannels, toddler		Tesco	1.00		4	52	0.08	4 flannels, replaced yearly.	Tesco Hygro Cotton Face Cloth
E1	EA	Bedroom	Cot bed (toddler)		Kiddicare	149.00		1	417	0.36	From Kiddicare. Mid-range. Would last 8 years.	Kiddicare Chloe Cot Bed White
E1	EA	Bedroom	Mattress, cot bed (toddler)		Kiddicare	59.99		1	209	0.29	Good quality - sprung mattress. From Kiddicare. Would last 4 years.	Kiddicare Bedtime Moon Spring Interior Cot Bed Mattress 140 x 70cm -
E1	EA	Bedroom	Pillow (preschool)		Argos	5.62	2	1	104	0.05	One pillow. CB said replace each year. 2 in pack so would last 2 years.	Living Anti-Allergy Pair of Pillows, Argos
E1	EA	Bedroom	Duvet (toddler)		Wilko	12.00		1	104	0.12	1 needed. Would last 2 years	Silentnight Cot Bed Quilt 4 tog Anti-allergy cotbed duvet.
E1	EA	Bedroom	Duvet covers (toddler)		Wilko	10.00		2	104	0.19	2 needed. Replace every 2 years. Set includes pillow cases.	Wilko Hello Little One Cot Bed Duvet Set
E1	EA	Bedroom	Pillowcase (toddler)		Dunelm	0.00		2	104	0.00	2 pillowcases. Included in duvet set.	

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	EA	Bedroom	Mattress protector (toddler)		Tesco	9.00		2	104	0.17	2 required	Silentnight Quilted Cot Bed Protector
E1	EA	Bedroom	Sheets, flat, cot bed (toddler)		Tesco	11.99	2.00	1	104	0.11	2 needed	2 x Easycare Flat Cream Cotbed Cot Sheets Polyester Cotton
E1	EA	Bedroom	Blanket, thin (toddler)		Tesco	8.00		1	104	0.08	1 thinner blanket, e.g. cotton cellular. Can be used as extra layer on bed if needed.	Tesco Cot bed cellular blanket
E1	EA	Bedroom	Blanket,thick (toddler)		Tesco	14.95		1	104	0.14	1 thicker blanket, e.g. fleecy. Can be used as extra layer on bed if needed.	Bed-e-Byes Sunshine Safari Cot Bed Fleece Blanket
E1	EA	Bedroom	Chest of drawers	MALM	Ikea	49.00		1	521	0.09	4 large drawers, or could have wardrobe instead. Ikea. Group suggested Malm. Would also need wall brackets for safety. Would last 10 years.	Malm Chest of 4 drawers, white
E1	EA	Bedroom	Shelf			9.00		1	521	0.02	Floating shelf for books. Argos/Ikea/B&Q. Would last 10 years.	EKBY JÄRPEN / EKBY STÖDIS Wall shelf, white 79x19cm
E1	EA	Bedroom	Lamp		Tesco	5.00		1	521	0.01	Lamp or nightlight. Would last 10 years.	Tesco Lighting Chloe Ceramic Table Lamp, Ecru
E1	EA	Bedroom	Toy storage (toddler)			4		1	261	0.02	Large flexitub/ trug as more durable and less likely to break and leave sharp edges than plastic box.	Wilko Laundry Trug Purple 40L
E2B	EA	Household services	Childcare			211.03		1	1	211.03	If parents working full-time would need childminder/nursery 10 hours a day 5 days a week. Meals and snacks would be included but would still have one snack and bedtime milk at home. Would need to pay for place 50 weeks per year.	
HOUSEHOLD												
E1	HHAB	Hall	Stair gates	PATRULL FAST	Ikea	40		2	521	0.15	2 stair gates from Ikea. Screw in fastenings more durable. Would last 5 years. Would use them for top and bottom of stairs for younger children, maybe top of stairs and kitchen/bedroom door for preschool. Would last 10 years.	Safety gate, white

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E1	HHAB	Hall	Safety kit		Wilko	5.00	30	1	156	0.03	Safety kit including cupboard locks, corner cushions etc. from Ikea/Supermarket/Ebay. Would last as long as needed (3 years). Toddler group said recommendations now are not to use socket covers, so those wouldn't be needed. CB groups said would need them, because most housing has older sockets and guidance relates to new build - 6 socket covers for living area and 3 cupboard locks, 3 drawer locks for storage unit in living area. Plus additional socket covers for bedroom. CB group (preschool) said new kit would be needed every year because some components break or get lost.	Babyway Home Safety Starter Set 30 Piece Comprises 2x door finger trap protectors, 6x drawer locks, 2x multi purpose locks, 8x corner cushions and 12x socket protectors.
	HHA	Living area	Playmat		Mothercare	16.00		1	156	0.10	Foam jigsaw playmat - to give a soft, safe, easy to clean surface to play on, especially if laminate flooring. Group chose instead of rug, but can also be used on carpet.	ELC Foam Number Playmats
E1	HHA	Kitchen, tableware	Plates, plastic	KALAS	Ikea	0.9	6	1	78	0.01	Pack of 6 from Tesco/Ikea/Boots. CB group said would need to be replaced every 18 months for hygiene - surface of plates becomes scratched and can harbour germs. Hh don't have dishwasher so safer to replace regularly.	KALAS Plate assorted colours 6 pack
E1	HHA	Kitchen, tableware	Cups, plastic	KALAS	Ikea	0.9	6	1	261	0.00	Pack of 6 from Tesco/Ikea/Boots	KALAS Mug assorted colours 6 pack
E1	HHA	Kitchen, tableware	Bowls, plastic	KALAS	Ikea	0.9	6	1	261	0.00	Pack of 6 from Tesco/Ikea/Boots	KALAS Bowl assorted colours 6 pack
E1	HHA	Kitchen, tableware	Cutlery, plastic	KALAS	Ikea	0.9	18	1	52	0.02	Pack of 6 from Tesco/Ikea/Boots Lifetime of 5 years given in 2012. CB group said plastic cutlery would last 12 months - gets chewed and may bend.	KALAS 18 piece cutlery set assorted colours
E1	HHABC	Bathroom/ Kitchen	Step		Ikea	2.90		1	261	0.01	In bathroom for toddler and preschool To help to reach to wash hands etc. In kitchen for primary school child so he can join in with cooking etc. Would last 5 years.	FÖRSIKTIG Children's stool, white, green
E1	HHA	Bedroom	Baby monitor		Argos	20.99		1	261	0.08	Cheap from Argos (approx £20) - per hh not per child. Would last 5 years.	Hush Whisper Audio Baby Monitor
E1	HHAB	Bedroom	Furniture brackets		Amazon	6.99	8.00	1	521	0.01	Furniture brackets to stop drawers tipping over. Lifetime 10 years, same as drawers. Included by preschool but assume needed by toddlers too.	Mommy's Helper Furniture Brackets (pack of 8)

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E1	HHABC	Bedroom	Blind		Wilkinson	19.75		1	261	0.08	Black out blind/curtains, or could be black out lining to use with existing curtains. To make sure they get a good night's sleep, especially in the summer when it's lighter at bedtime and early in the morning. Cheapest ok. Would last 5 years. Wilkos, B&M, Ikea. Needs child's safety feature so can't choke on cords/chain.	Daisy Designer Black Out Roller Blind 90cm. Has child safety feature.
E1	LP*1	Hall	Laminate		Carpetright	399.13		1	521	0.77	Medium quality - non-slip plus underlay. Would last 10 years.	size 10 square metres: Honey oak laminate £9.99 sqm. 10 year guarantee. Sold in boxes - each box covers 2.47sqm £24.68 per box. 5 boxes = £123.40, underlay and accessories £49.99 5m beading £5.99 per m = 5x£5.99 = £29.95 Fitting £135.85 Collection free. Doorstrip x6 9.99 ea = £59.94. Total: £399.13
E1	LP*1	Living area+dining area	Laminate		Carpetright	632.45		1	521	1.21	Medium quality - non-slip plus underlay. Would last 10 years.	6x3.5m=21m2 Honey oak laminate £9.99 sqm. 10 year guarantee. Sold in boxes - each box covers 2.47sqm £24.68 per box. Need 9 boxes = £222.12 + Underlay and accessories = £49.99, £7.99 door strip + 18m beading at £5.99 per m = 18x£5.99 = £107.82 + fitting £244.53 collection free = £632.45
E1	LP*1	Kitchen	Tiles		Wickes	129.87		1	521	0.25	Cheap, non-slip tiles - harder wearing than vinyl, would last 20 years	2396mmx3139mm = 8 tiles by 10 tiles = 80 (each tile = 330mmx330mm) come in packs of 9 so 9 packs needed. Wickes Havana Beige Matt Ceramic Floor Tile. £7.99x9 = £71.91 Wickes Rapid Setting Tile Adhesive 25kg £19.99 covers 6sqm x2 = £39.98. Wickes Wall & Floor Tile Grout 5kg covers 6 metres £8.99x 2 = 17.98 Total = £129.87
E1	LP*1	Bathroom	Tiles		Wickes	68.93		1	521	0.13	Cheap, non-slip tiles - harder wearing than vinyl, would last 20 years	1834mmx2310mm = 6 tiles by 7 tiles = 42. Packs of 9 so 5 needed. Wickes Havana Beige Matt Ceramic Floor Tile. 5x + £7.99 = £39.95. Wickes Rapid Setting Tile Adhesive 25kg £19.99 covers 6sqm Wickes Wall & Floor Tile Grout 5kg covers 6 metres £8.99 Total = £68.93
E1	LP*1	Stairs and landing	Carpet		Carpetright	271.58		1	521	0.52	Approx £9.99sqm polypropelene with stain guard would last 10 years. Need to include decent underlay (£3-4sqm) and fitting costs.	Viceroy Twist Plain Carpet £10 sqm 15 year stain warranty. Stairs (9m2) + Landing (3m2) = 12m2. 12x£10 = £120 plus First Step Carpet Underlay 6mm @ 2.99m2 = 12x£2.99 = £35.88 + £42 fitting + £29 delivery + £44.70 grippers = £271.58
E1	LP*1	Bedroom 1	Carpet		Carpetright	352.02		1	521	0.68	Approx £9.99sqm polypropelene with stain guard would last 10 years. Need to include decent underlay (£3-4sqm) and fitting costs.	Room = 4x4.86m = 19.44sqm, = £194.30 + underlay and accessories = £30.34 + £7.99 door strip + 15xgripper @ £1.49 per metre = £22.35 + £29 delivery + £68.04 fitting = £352.02
E1	LP*1	Bedroom 2	Carpet		Carpetright	352.02		1	521	0.68	Approx £9.99sqm polypropelene with stain guard would last 10 years. Need to include decent underlay (£3-4sqm) and fitting costs.	Room = 4x4.86m = 19.44sqm, = £194.30 + underlay and accessories = £30.34 + £7.99 door strip + 15xgripper @ £1.49 per metre = £22.35 + £29 delivery + £68.04 fitting = £352.02

MIS 2016 REBASE												
F: Personal goods and services												
Lone parent + toddler												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
LONE PARENTS												
F	LP	Health care	Prescriptions		NHS	8.40		3	52	0.48	3 a year	
F	LP	Health care	Opticians - eye test		Specsavers	20.00		1	104	0.19	Eyetest every 2 years	Specsavers (Loughborough)
F	LP	Health care	Opticians - glasses/lenses		Specsavers	100.00		1	104	0.96	£100 for glasses from Specsavers every 2 years	
F	LP	Health care	Dentists - check up		NHS Dentist	19.70		1	26	0.76	One every 6 months - NHS Dentist	Band 1: £19.70 includes an examination, diagnosis and advice. If necessary, it also includes X-rays, a scale and polish and planning for further treatment and preventative care such as the application of fluoride varnish or fissure sealant if appropriate.
F	LP	Health care	Dentists - treatment		NHS Dentist	34.20		1	52	0.66	One treatment per year e.g. filling - NHS Dentist	Band 2: £53.90 includes all treatment covered by Band 1, plus additional treatment, such as fillings, root canal treatment and removing teeth (extractions). So £53.90-19.70 included for checkup above = £34.20
F	LP	Health care	Vaseline		Tesco	1.50		1	52	0.03	Supermarket - 1 a year small size	£1.50 for 50ml.
F	LP	Health care	Bonjela		Tesco	4.00		1	52	0.08	Supermarket - 1 a year.	15g
F	LP	Health care	Paracetamol		Tesco	0.25	16	1	9	0.03	1 pack of 16 every other month. Would alternate with ibuprofen.	Tesco Paracetamol 500mg 16 tablets/capsules
F	LP	Health care	Ibuprofen		Tesco	0.30	16	1	9	0.03	1 pack of 16 every other month. Would alternate with paracetamol.	Tesco Ibuprofen 200mg 16 Caplets/Tablets
F	LP	Health care	Plasters		Tesco	1.00	40	1	52	0.02	1 box assorted plasters each year - Supermarket	Tesco assorted plasters 40 pack. Fabric, washproof or clear.
F	LP	Personal care	Nail clippers		Superdrug	1.39		1	261	0.01	5 years	Elegant Touch nail Clipper
F	LP	Personal care	Hairdressing, mother			25.00		1	8	3.13	£25 every 8 weeks for a cut and blow dry. CB added in home hair colour every 6 weeks.	
F	LP	Personal care	Hair colour		Tesco	7.00		1	6	1.17	Home hair colour every 6 weeks approx £7 or could save up and use money at hairdressers for professional colour once or twice a year.	Excellence Hair Colourant assorted colours
F	LP	Personal care	Hairdryer, mother		Argos	11.99		1	104	0.11	Argos/Supermarket. Cheapest brand name ok. Would last 2 years.	Remington power dry 1200.
F	LP	Personal care	Hair straighteners, mother		Argos	18.99		1	104	0.18	Argos/Supermarket. Cheapest brand name ok. Would last 2 years.	Babyliss pro ceramic 230.
F	LP	Personal care	Hair styling product, mother		Tesco	1.00		1	4	0.23	Mousse or gel. From supermarket. Cheap brand ok. Replace monthly	Tesco styling mousse 200ml
F	LP	Personal care	Mouthwash		Tesco	0.65		1	2	0.33	2 weeks Supermarket	Tesco Freshmint Mouthwash 500ml
F	LP	Personal care	Dental floss		Tesco	0.75		1	9	0.09	2 months Supermarket	Proformula Floss Single x 50m
F	LP	Personal care	Toilet roll, mother		Tesco	1.00	4	1	2	0.50	2 rolls each week	Nicky Soft touch 4 pack 25p per roll
F	LP	Personal care	Shower gel, mother		Tesco	0.85		1	4	0.20	Supermarket - cheap brand ok. Replace monthly.	Tesco Revitalising/standard/caring/fruity (various) 500ml

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	LP	Personal care	Shampoo, mother		Tesco	1.00		1	4	0.23	Supermarket - cheap brand, e.g. Head & Shoulders/Pantene ok. Replace monthly.	Alberto Balsam Fruity/tea tree/ 400ml
F	LP	Personal care	Conditioner, mother		Tesco	1.00		1	4	0.23	Supermarket - cheap brand, e.g. Head & Shoulders/Pantene ok. Replace monthly.	Alberto Balsam Fruity/tea tree/ 400ml
F	LP	Personal care	Deodorant, mother		Tesco	1.45		1	4	0.33	Supermarket	Sure Women Shower Fresh Antiperspirant Deodorant 250ml
F	LP	Personal care	Razor, mother		Tesco	2.00	5	1	5	0.40	Disposable razors from supermarket. One a week.	Wilkinson sword extra beauty disposable 5 pack
F	LP	Personal care	Shaving gel, mother		Tesco	2.50		1	4	0.58	Supermarket - own brand ok. Replace monthly.	Tesco Proformula satin wild berry 200ml
F	LP	Personal care	Toothpaste, mother		Tesco	1.00		1	4	0.23	Supermarket - cheap brand ok. Replace monthly.	Macleans Freshmint Toothpaste 100ml
F	LP	Personal care	Toothbrush, mother		Tesco	1.00	3	1	18	0.06	Supermarket - replace every 6 weeks. 3 in pack so lasts 18 weeks.	Colgate extra clean x3pk
F	LP	Personal care	Sanitary protection, mother		Tesco	1.75	20	1	4	0.40	Supermarket - 1 pack tampons per month.	Tampax Applicator Super 20 Tampons
F	LP	Personal care	Cotton wool, mother		Wilko	0.55		1	4	0.13	Small bag of cotton wool balls per month	Wilko Skin Therapy Cotton Wool Balls 70g
F	LP	Personal care	Cotton buds		Wilko	0.35	300	1	22	0.02	Based on using 1-2 a day. Added by CB group.	Wilko Baby Cotton Budsx300
F	LP	Personal care	Perfume, mother			25.00		1	52	0.48	approx £25 for 80ml per year - any additional would be a present.	eg Sam Faiers La Bella Eau De Parfum Spray 100ml £24 Tesco
F	LP	Personal care	Hand wash		Tesco	0.90		2	4	0.41	Supermarket - cheap, antibacterial, 1 for kitchen, 1 for bathroom. Replace monthly.	Carex Handwash Bacteria Protect 250ml
F	LP	Cosmetics	Cosmetics, mother			£10		1	4	2.30	£10 a month, including skincare	
F	LP	Accessories	Jewellery			30.00		1	52	0.58	£30 a year for jewellery and accessories, eg scarves, belts, etc. Added by CB group.	
F	LP	Accessories	Handbag		Primark	10.00		1	52	0.19	Replace yearly. Added by CB group.	Black Plait Handle Bag - others available for same price or less
F	LP	Accessories	Purse		TK Maxx	8.00		1	52	0.15	Replace yearly. Added by CB group.	JOBIS Olive Leather Medium Pouch Purse.
Toddler												
F	EA	Health care	Sudocrem	Sudocrem	Wilko	9.70		1	52	0.19	1 smallest tub for changing bag and 2 small ones per year for home (large tub might 'go funny' over time).	Sudocream Antiseptic Healing Cream 60g £1.70 plus 250g £4x2 = £9.70
F	EA	Health care	Paracetamol		Wilko	2.45		2	13	0.38	Generic liquid paracetamol ok, 2 bottles every 3 months - one for home and one for changing bag. Small bottles from supermarket (i.e. not large ones from pharmacy).	Calpol Infant Suspension Strawberry Flavour 2+months 100ml
F	EA	Health care	Ibuprofen		Tesco	3.50		1	13	0.27	Generic liquid ibuprofen ok, replace every 3 months. Small bottles from supermarket (i.e. not large ones from pharmacy).	Nurofen 100ml
F	EA	Health care	Teething gel	Dentinox	Tesco	1.50		1	4	0.35	One tube a month.	15g Dentinox teething gel
F	EA	Health care	Teething rings		Tesco	2.00	3	1	26	0.08	1 pack of 3 every 6 months.	Tesco Loves Baby Mini Teethers 3 Pack

MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	EA	Health care	Dummies		Wilko	1.50	2	1	26	0.06	2 every 6 months	Tesco Loves Baby Butterfly Soother 6-18months x2
F	EA	Personal care	Hairdressing			10.00		1	26	0.38	£10 for children's cut twice a year. Not all parents happy to cut own children's hair.	
F	EA	Personal care	Sun screen		Tesco	3.50		2	52	0.13	Generic ok but must be SPF50 and 4 or 5 star UVA & UVB protection. 2 bottles a year - one for nursery, one for home.	Tesco Soleil Kids Light Lotion SPF 50 5*UVA & UVB protection 200ml
F	EA	Personal care	Toothbrush (toddler)		Tesco	1.00		1	26	0.04	Would last 3 months. 2 in a pack, so pack lasts 6 months.	Tesco Kids Soft Twin Brush
F	EA	Personal care	Toothpaste (toddler)		Tesco	1.00		1	13	0.08	Would last 3 months.	Tesco Steps Toothpaste 75ml
F	EA	Personal care	Baby wash		Tesco	1.00		1	3	0.33	Top to toe type wash. 1 bottle every 3 weeks based on bath and hairwash every day.	Tesco loves baby top to toe wash 500ml.
F	EA	Personal care	Sponge		Tesco	0.60	2	1	17	0.03	Replace every 2 months.	Tesco loves baby 2 pack sponge. Each lasts 2 months.
F	EA	Personal care	Hairbrush		Tesco	2.00		1	52	0.04	Hairbrush, comb, nail clippers set from supermarket. Would last 3 years. CB group changed to brush and comb set once a year, clippers would last 5 years.	Tommee Tippee Essentials Brush And Comb Set
F	EA	Personal care	Comb			0.00		1	52	0.00	Included in above	
F	EA	Personal care	Swim nappies		Tesco	5.25		2	52	0.20	2 packs a year	Huggies little swimmers 12 pack
F	EA	Personal care	Nappies		Tesco	3.75	42	1	1	3.75	1 large pack a week, based on approximately 6 a day - 1 at night, 1 in the morning, 1 mid-morning, 1 after lunch, 1 after bath plus 1 optional additional change or spare.	Tesco loves baby size 4 (8-15kg)
F	EA	Personal care	Baby wipes		Tesco	0.65		3	1	1.95	3 packs per week from supermarket - own brand ok: 1 pack in kitchen/dining area plus 2 packs for changing etc. at home and out and about	Tesco loves baby wipes 64 in pack.
F	EA	Personal care	Aqueous cream		Tesco	2.50		1	52	0.05	One tub a year.	Tesco Aqueous Cream 500G
F	EA	Accessories	Bottles		Tesco	2.75	3	1	52	0.05	Might still be having bottles at night time. 3 required. Supermarket. New teats every 3 months.	Tesco standard feeding bottles 250ml (pack of 3)
F	EA	Accessories	Teats		Tesco	1.25	2	2	26	0.10	Might still be having bottles at night time. 3 required. Supermarket. New teats every 3 months.	Tesco loves baby standard teat 2 pack. New teats every 3 months, so 3 packs would last 6 months.
F	EA	Accessories	Bib	Tommee Tippee	Tesco	3.50	1	3	52	0.20	3 rubber/plastic pelican bibs. 1 year. Supermarket.	Tommee Tippee Explora Roll & Go Bib
F	EA	Accessories	Pushchair		Kiddicare	49.99		1	104	0.48	Cheapest umbrella-fold pushchair ok from Kiddicare, but needs to be able to recline so child could lie down in it. Would also need rain cover, parasol and foot muff.	Kiddicare Deko stroller. Includes hood and raincover
	EA	Accessories	Rain cover		Kiddicare	0.00		1	104	0.00	Rain cover for pushchair. Cheapest from Kiddicare ok but needs to be compatible with pushchair.	included in above

MIS 2016 REBASE												
G: Transport												
Lone Parent + toddler												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
G1	LP	Motoring	Roof box			99.00		1	521	0.19	Roof box	Halfords 250L Roof Box Grey
G2	LP	Taxis	Taxi fares			15		1	4	3.45	£15 a month for taxi use - could be for coming home from socialising or for emergency use	
G2	LP	Cycling	Bicycle		ebay	50		1	521	0.10	Second hand bike per adult would last 10 years.	Wide range available. Giant Rincon Mountain Bike
G2	PP	Cycling	Cycle repair kit		Halfords	3.00		1	52	0.06	One kit per year per household.	Halfords Essentials Bike Tyre Puncture Repair Kit
G2	PP	Cycling	Cyling helmet		Halfords	9.99		1	521	0.02	Cycling helmet would last same as bike - 10 years - provided no accidents.	Trax Furnace Bike Helmet
G2	PP	Cycling	Lights	Raleigh	Halfords	17.00		1	156	0.11	Would last 3 years.	Raleigh Rsp City Bright Led Bicycle Lightset
G2	PP	Cycling	Lock		Halfords	3.99		1	156	0.03	Would last 3 years.	Master Lock Key Self Coiling Cable Lock - Black -
G2	PP	Cycling	Pump		Halfords	3.00		1	156	0.02	Would last 3 years.	Beto Fm001 One-way Alloy Frame Fit Pump - Small/Medium/Large
HOUSEHOLD												
G1	HH* Motoring	Motoring 2+1	Car	Ford Focus		51.15		1	1	51.15	Cost based on 5 year old second hand Ford Focus 1.6l with annual mileage of 8804. Includes fuel, insurance, breakdown cover and depreciation.	Second hand Ford Focus, 5 years old
G1	HH* Bars	Motoring	Roof bars			90.00		1	521	0.17	Roof bars for Ford Focus	Halfords Roof Bar System A £65 plus Halfords Roof Bar Fitting Kit M70 (Pack of 4) £25 suitable for 2011 Ford Focus hatchback.
Totals												
G1	Motoring					51.51						
G2	Public transport and					3.78						
Total						55.29						

