

Psychology





Why choose Psychology at Loughborough?

Loughborough University offers five integrated undergraduate degree courses in psychology, allowing you to study the areas and applications of the subject that interest you most.

If you want to understand what makes people tick – to understand human emotions and motivations, to understand mental health and wellbeing, work performance, eating disorders, child development, or criminal behaviour – the study of psychology offers a rich and fascinating exploration of the science of the mind.

Each of our psychology courses is taught by world-renowned academics who are leaders in their fields of research and all our courses share the core modules required for Graduate Membership and Chartered Membership of the British Psychological Society, allowing you to

benefit from studying alongside students from a range of psychological perspectives. The core programme includes cognitive, social, biological, developmental and experimental psychology, and gives you the opportunity to develop advanced skills in carrying out psychological research. Each course also includes the opportunity to take either a supported year-long work placement, or to study abroad. This helps to develop essential real-life skills and foster valuable occupational contacts.

Our psychology courses provide a solid foundation for careers in clinical practice and in educational, policing, health, management, public communications, sport and exercise, and other occupational and business-related contexts. They also provide the perfect foundation for our specialised MSc programmes: MSc Work Psychology and MSc Sport and Exercise Psychology.



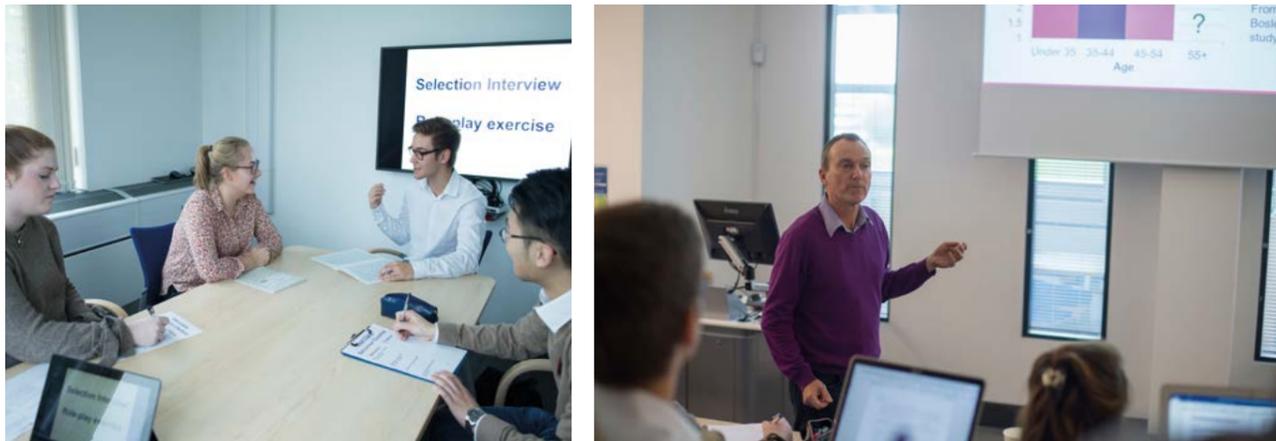
CAREER-ENHANCING
PLACEMENT OPPORTUNITIES
PLACEMENT OPTION FOR GAINING
PROFESSIONAL EXPERIENCE



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“The variety and combination of modules on Business Psychology is what initially attracted me to the degree. The skills and knowledge I have gained are why I am delighted I selected it.”
 —

Mimi
 BSc Business Psychology

BSc Business Psychology

BSc (Hons) DPS/DIntS* 4 years full-time sandwich

UCAS code: C8N1

BSc (Hons) 3 years full-time

UCAS code: C8NO

Typical offers

A level: AAB

IB: 35 (6,6,5 HL) with 4 at SL Mathematics and 5 at SL English).

BTEC: BTEC Level 3 National Extended Certificate: Distinction plus two A Levels at grades AB. BTEC National Diploma: D D* plus one A Level at grade B. National Extended Diploma: DDD plus one A Level at grade B.

GCSE: GCSE Maths Grade C/4 (Grade B/6 preferred) and English Language Grade B/6.



Psychology is, in many ways, integral to business success. From understanding what consumers want and the nuances of product design to obtaining the talismanic perfect alignment of the needs of people, workplaces and organisations, it is the awareness of what motivates and influences people that drives business. To put it simply, business is psychology, and graduates with advanced knowledge and practical skills in the field of psychology are therefore highly sought after within a wide range of organisations across sectors.

Drawing on over 25 years of psychology and business expertise, Loughborough's Business Psychology course offers you the opportunity to study the core areas of psychology as required for BPS accreditation alongside modules that apply psychological principles to the world of business and management.

Some of your modules will be taught by a team of expert business psychologists from within the university's highly ranked School of Business and Economics, who currently include the authors of Work Psychology, Europe's leading textbook in the area – Dr Ray Randall and Professor John Arnold.

A degree in Business Psychology will give you a fantastic grounding for a career in psychology, management, or related roles in HR, marketing or consultancy within major multinational companies, SMEs, non-profit or government departments.

The course also carries the option for an employability-boosting year in industry on professional placement.

Years 1 and 2

Indicative areas studied include: Social Psychology, Biological Psychology, Developmental Psychology, Cognitive Psychology, Historical and Conceptual Issues in Psychology, Personality and Individual Differences, Research Methods and Data Analysis in Psychology, The Psychology of Work, Human Resource Management, Professional Skills, and Leadership and Employee Development. Optional business modules include Marketing, Sales, Accountancy, General Management, and Organisation Studies.

Optional placement/study year

Professional placement and/or overseas study.

Final year

Indicative areas studied include human behaviour at work, such as workplace health, consumer psychology, and management decision making.

Options include a range of business and management and/or psychology modules. The exact choice of optional modules varies a little subject to availability and your previous choices but is likely to include: international marketing, international human resource management, the social psychology of everyday life, entrepreneurship, and knowledge management.

Research project

You also undertake a major research project where you collect and analyse data about an aspect of psychology in a business and management context as agreed with your supervisor.

Please note: optional modules are subject to availability and timetable permitting.

The information here reflects the currently intended course structure and module details. Updates may be made on an annual basis and revised details will be published through Programme Specifications ahead of each academic year.



A GREAT PLACE TO STUDY
CAREER-ENHANCING
PLACEMENT
OPPORTUNITIES



TAUGHT WITHIN THE
HIGH-RANKING
SCHOOL OF SPORT, EXERCISE
AND HEALTH SCIENCES

“Being taught by professionals who are very enthusiastic about what they teach has definitely enriched my experience of studying Psychology here. Hearing how passionate they are about their area of expertise means I couldn’t be more sure of wanting to pursue a career in the field now. There’s just something about the Loughborough experience that makes studying Psychology so much more than just studying for a degree.”

—
Aneela
BSc Psychology

BSc Psychology

BSc (Hons) DPS/DIntS* 4 years full-time sandwich

UCAS code: C801

BSc (Hons) 3 years full-time

UCAS code: C800

Typical offers

A level: AAB

IB: 35 (6,6,5 HL) with 4 at SL Mathematics and 5 at SL English.

BTEC Level 3 Diploma: BTEC Level 3 National Extended Certificate: Distinction plus two A levels at grades AB; BTEC National Diploma: D D* plus one A level at grade B. National Extended Diploma: DDD plus one A level at grade B.

GCSE: GCSE Maths Grade C/4 (Grade B/6 preferred) and English Language Grade B/6.



Psychology is a subject with incredible scope and impact. Understanding human behaviour at both individual and group level is not only fascinating, but also an expertise that is highly valued in a range of different contexts – from the diagnosis and treatment of mental health problems to the improvement of human performance at work or in sport through motivational techniques.

As such, a degree in psychology will give you knowledge, skills and competencies that are prized by employers, such as critical thinking and research abilities.

Taught by staff including internationally respected academics within the highly ranked School of Sport, Exercise and Health Sciences, the psychology course at Loughborough offers a thorough grounding in the fundamentals of psychological science, allowing graduates to build their careers on a British Psychological Society (BPS) accredited qualification.

A full range of modules offer core psychological knowledge and skills, allowing you to tailor your degree to your interests and aspirations. The course offers two different options of full-time study: a three-year course offering the award of BSc (Psychology); and a four-year course (with a placement year between years 2 and 3) offering the awards of BSc (Psychology) and a Diploma in Professional Studies or the Diploma in International Studies.

Transfer between the three and four year courses is normally possible.

Years 1 and 2

Indicative areas studied include: Foundations in Cognitive Psychology, Biological Psychology, Social Psychology, Developmental Psychology, Sport and Exercise Psychology, Introductory Neuroscience, Memory and Cognition, Brain and Behaviour, Child Development, Personality and Individual Differences, Academic and Professional Skills for Psychology, and Research Methods. Indicative additional modules include: Principles of Exercise Psychology, and Leading and Developing Others.

Optional placement/study year

Professional placement and/or overseas study.

Final year

Indicative areas studied include: Advanced Experimental and Qualitative Design and Analysis; the Psychology of Workplace Health; Clinical Psychology; Parenting and Socialisation; The Psychology of Eating Behaviour; Psychology and Health; Applied Psychology and Human Resource Management. Students can also select from other psychology pathways.

Research project

In the final year you will undertake a substantial research project with expert supervision and guidance. Areas of research from past projects reflect the wide-ranging research activity within the School and include experimental psychology, child development, eating disorders, mental health and wellbeing, sleep research and cognitive functioning and impairment.

Please note: optional modules are subject to availability and timetable permitting.

The information here reflects the currently intended course structure and module details. Updates may be made on an annual basis and revised details will be published through Programme Specifications ahead of each academic year.

Placement opportunity Study abroad Additional award Accredited course



BSc Psychology with Communication

BSc (Hons) DPS/DIntS* 4 years full-time sandwich
UCAS code: CP83

BSc (Hons) 3 years full-time
UCAS code: C8P3

Typical offers
A level: AAB

IB: 35 (6,6,5 HL) with 4 at SL Mathematics and 5 at SL English.

BTEC: BTEC Level 3 National Extended Certificate: D plus two A Levels at grades AB. BTEC Level 3 National Diploma: D*D plus one A Level at grade B. BTEC Level 3 National Extended Diploma: DDD plus one A Level at grade B.

GCSE: GCSE Maths Grade C/4 (Grade B/6 preferred) and English Language Grade B/6.



This exciting new course offers a thorough grounding in the fundamentals of psychological science through the study of human behaviour and the mind, combined with study of the workings of language and communication and the power of the media.

This course was recently launched and we are currently working towards achieving its accreditation.

The course provides specialised training in scientific approaches to the study of social interaction and offers a wide range of specialist analytical and practical skills relevant to many jobs that involve working with the media and communication industries.

Loughborough University has been ranked in the World Top 50 for Communication and Media Studies for the last six years (QS World University Rankings 2013-19) and this course is taught by passionate and inspiring staff who are at the cutting-edge of Psychology, and Communication and Media Studies.

Years 1 and 2

Indicative areas studied include: Introduction to Communication and Media Studies, Historical and Conceptual Issues in Psychology, Social Psychology, Developmental Psychology, Biological Psychology, Cognitive Psychology, Constructing Meaning: Texts and Audiences, Media Inequality and Identity, Personality and Individual Differences, Brain and Behaviour, Promotional Culture.

Optional placement/study year

Professional placement and/or overseas study.

Final year

Indicative areas studied include: Advanced Social Psychology, Presenting Media Debates, Language, Culture and Mind, plus choices from a range of optional modules.

Research project

In the final year you will undertake a substantial research project with expert supervision and guidance.

Please note: optional modules are subject to availability and timetable permitting.

The information here reflects the currently intended course structure and module details. Updates may be made on an annual basis and revised details will be published through Programme Specifications ahead of each academic year.



NEW COURSE
FOR 2019



QS WORLD UNIVERSITY
RANKINGS 2013-2019
LOUGHBOROUGH UNIVERSITY
WORLD TOP 50 FOR
COMMUNICATION AND
MEDIA STUDIES

"I'm really excited about this new programme. Communication research is one of Loughborough's great strengths, and there is a real buzz among the staff at the prospect of sharing our research interests with the students. Psychology, social interaction, the news, social media: it's all there."

Charles Antaki
Professor of Language and Social Psychology



A GREAT PLACE TO STUDY
CAREER-ENHANCING
PLACEMENT
OPPORTUNITIES



QUALITY TEACHING
TAUGHT BY AN INTERDISCIPLINARY
TEAM OF WORLD-LEADING
PSYCHOLOGISTS AND
CRIMINOLOGISTS

"The modules within my subject are very diverse, delving into different topics such as pregnancy, narco-terror and youth offenders. This diversity has allowed me to explore options which I may want to study further after university or explore as a possible job route."

Georgia
BSc Psychology with Criminology

BSc Psychology with Criminology

BSc (Hons) DPS/DIntS* 4 years full-time sandwich

UCAS code: C8M0

BSc (Hons) 3 years full-time

UCAS code: C8M9

Typical offers

A level: AAB

IB: 35 (6,6,5 HL) with 4 at SL Mathematics and 5 at SL English.

BTEC: BTEC Level 3 National Extended Certificate: D plus two A Levels at grades AB. BTEC Level 3 National Diploma: D*D plus one A Level at grade B. BTEC Level 3 National Extended Diploma: DDD plus one A Level at grade B.

GCSE: GCSE Maths Grade C/4 (Grade B/6 preferred) and English Language Grade B/6.

This exciting BPS-accredited joint degree course takes a multidisciplinary approach to the study of psychology and criminology, giving you the opportunity to combine these two complementary subjects and gain deep insights into the human mind and behaviour, and the study of crime, its causes and prevention.

Offering a thorough grounding in the fundamentals of psychological science and methods, the course also enables you to gain a critical understanding of crime and criminal behaviour. Alongside the study of human development, cognition, and personality, you will explore why anti-social, deviant and criminal behaviour happens, how the criminal justice system operates, and how crime can be tackled.

You will be taught by leading experts in the areas of psychology and criminology.

The course will be of special appeal to students with an interest in both psychology and criminal justice, providing an excellent grounding for those looking to pursue careers within the criminal justice system, forensic psychology or social policy. An optional placement year offers additional professional development opportunities and will allow you to explore career options.

You will also develop an independent research project in your final year under the supervision of our internally-renowned academic staff.

Years 1 and 2

Indicative areas studied include: Criminology and Social Policy, Crime and Social Welfare, Social Psychology, Developmental Psychology, Cognitive Psychology, Criminological Theory, Operational Policing, Human Cognition, and Brain and Behaviour.

Optional placement/study year

Professional placement and/or overseas study.

Final year

Indicative areas studied include: Crime Prevention, Criminal Justice System in England and Wales. Indicative optional topic areas include: Social Psychology of Everyday Life, Criminology of Violence, Clinical Psychology, Parenting and Socialisation.

Additional modules can be taken from the other Psychology pathways, and from Criminology and Social Policy, Communication and Media Studies, and Sociology.

Research project

In the final year you will undertake a substantial research project with expert supervision and guidance.

Please note: optional modules are subject to availability and timetable permitting.

The information here reflects the currently intended course structure and module details. Updates may be made on an annual basis and revised details will be published through Programme Specifications ahead of each academic year.

 Placement opportunity  Study abroad  Additional award  Accredited course



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PLACEMENT
OPPORTUNITIES



TAUGHT WITHIN THE
HIGH-RANKING
SCHOOL OF SPORT, EXERCISE
AND HEALTH SCIENCES

"My studies cover everything within a psychological and sporting field that I could ever need to become a Sport Psychologist. I believe my studies are providing me with the key life, and academic, skills that I require as well as giving me a taste of what is to come."

Leah
BSc Sport and Exercise Psychology

BSc Sport and Exercise Psychology

BSc (Hons) DPS/DIntS* 4 years full-time sandwich
UCAS code: C86C

BSc (Hons) 3 years full-time
UCAS code: C8C6

Typical offers

A level: AAB

IB: 35 (6,6,5 HL) with 4 at SL Mathematics and 5 at SL English.

BTEC: BTEC Level 3 National Extended Certificate: D plus two A Levels at grades AB. BTEC Level 3 National Diploma: D*D plus one A Level at grade B. BTEC Level 3 National Extended Diploma: DDD plus one A Level at grade B.

GCSE: GCSE Maths Grade C/4 (Grade B/6 preferred) and English Language Grade B/6.



The role of a sport and exercise psychologist is vital to the world of sport and integral to population health.

Sport psychologists apply psychological knowledge to improve coaching, athlete learning and elite performance. They help athletes in many ways including staying motivated, managing competition pressure, and coping with injury and mental health issues. Exercise psychologists work to encourage the general population to engage in regular sport and exercise. Exercise psychologists also promote the mental health benefits of exercise and its capacity to reduce depression and anxiety and improve mood and wellbeing.

Loughborough University is famed for its contributions to sport science, coaching and elite sport, and our degree in Sport and Exercise Psychology offers a unique opportunity to develop advanced knowledge and practical skills in relation to the psychological principles applied to sport and exercise – at the UK's leading university for sport.

Covering all the core areas of psychology for BPS accreditation, you will also gain an in-depth understanding of how psychological factors are used to understand and support the performance and well-being of athletes, coaches, teams and exercisers across the life span. You will be taught by world leading sport and exercise psychologists who are international scholars and practitioners in elite sport, youth sport, motivation, interpersonal relationships and exercise participation.

The course offers you exactly the same varied career opportunities as any psychology degree. However, you will emerge as a graduate with a stronger knowledge and skill base for working in the sport and exercise industry, and be better prepared for progressions on to an MSc in the discipline.

Years 1 and 2

Indicative areas studied include: Foundations in Sport and Exercise Psychology, Teaching and Coaching in Sport, Social Psychology, Developmental Psychology, Cognitive Psychology, Biological Psychology, Psychological Issues and Strategies in Sport, Group Processes in Sport, Exercise Psychology, Child Development, Personality and Individual Differences, and Memory and Cognition.

Optional placement/study year

Professional placement and/or overseas study.

Final year

Indicative areas studied include: Performance Psychology for Sporting Excellence, Exercise Psychology, Psychology in Physical Education and Youth Sport, Applied Sport Psychology, and Science of Elite Performance.

Research project

In the final year you will undertake a substantial research project with expert supervision and guidance.

Please note: optional modules are subject to availability and timetable permitting.

The information here reflects the currently intended course structure and module details. Updates may be made on an annual basis and revised details will be published through Programme Specifications ahead of each academic year.

Placement opportunity Study abroad Additional award Accredited course

Careers and employability

A degree in psychology can prepare you for a career in a wide range of settings, whether in commerce, healthcare, management and human resources, education, community and social work, financial services, and psychological research.

It provides a foundation for postgraduate study or further professional training for careers in counselling or clinical, educational, occupational, forensic or health psychology.

Graduates from our range of Loughborough Psychology courses have gone on to pursue rewarding careers in diverse organisations. Recent graduate destinations have included:

- Assistant Psychology, Brain Injury Trust
- Associate Tax Adviser, Deloitte
- Shopper Research Analyst, Evolution Insights
- Assistant Director, Explore Learning
- Child Protection Student Social Worker, Frontline
- Market Research Graduate, GlaxoSmithKline
- Management Consulting Analyst, KPMG
- Advertising Account Executive, Maher Bird Associates LLP
- Child Care Officer, West Sussex County Council
- Assistant Clinical Psychologist, NHS
- Cognitive Neuropsychology Centre Assistant, University of Oxford
- Graduate HR Advisor, Williams Grand Prix Engineering

Placement opportunities

Students taking the four-year version of our psychology degrees spend their third year on placement in an approved occupation relevant to their degree. Satisfactory completion of the placement leads to the award of the Diploma in Professional Studies.

Students have had placements in the UK and abroad, with schools, NHS Trusts, prisons, the Home Office, the Health and Safety Executive, and various consultancies and companies, including GlaxoSmithKline, Morgan Stanley, Unilever, and Warner Bros.

Psychology student Thomas Zaqueu spent his placement year with the L'Oréal human resources team and was based at The Body Shop. For the first half of the year he was working within the recruitment team and joined the learning and development team for the second. He told us:

"I'm interested in going into consultancy within occupational consultancy. I worked with some occupational psychologists while in the L&D team and managed to learn, first hand, a bit more about their job and build connections.

"In the recruitment team I was heavily involved with the recruitment of the next cohort of interns. My responsibilities ranged from screening CVs, conducting telephone interviews, facilitating assessment centres, attending career fairs, and social media among other ad-hoc projects.

"With regards to getting a job once I graduate I feel this placement has put me in a very favourable position due to the experience of working in an enormous multi-national company. It also gave me the opportunity to build my professional network as I now have more connections in the business environment. It's not what you know but who you know!

"I'd recommend a placement year to any student. It's an incredible opportunity to put theory into practice and actually find out if it's something you want to do."

The Loughborough Experience

Loughborough University is renowned for offering a life-changing student experience. In the Times Higher Education (THE) Student Experience Survey 2018, Loughborough came first in the country. Since the inception of the survey in 2006 Loughborough has topped the table eight times, and come top five no less than 11 times. Over the period of the survey Loughborough has enjoyed the best results in the country for student satisfaction.

We asked Psychology student Annabel Stenning to sum up her own "Loughborough Experience":

"I actually didn't choose Loughborough as I missed the grades for my firm and insurance universities – but I'm so glad I did! When I rang up on A Level results day I was offered a place through Clearing, so I arranged to come for a visit day immediately. I loved it the minute I got here – so Loughborough chose me, really!

What struck me most about Loughborough was the family atmosphere it had – everyone genuinely wants the best for each other here.

The social atmosphere is one of the best things about being at Loughborough – it's such an inclusive university and everyone is friendly and genuinely so happy to be here. The Union has to be the social hub of campus and is brilliant both for nights out and other social events. There's something for everyone here!

Even though I'm not particularly sporty I love being surrounded by it and the spirit that it brings – it gives Loughborough a very unique atmosphere!

100% Loughborough has brought out the best in me. Everyone I have met during my time here has inspired me in some way."

An outstanding campus

The University is based on a superb 440 acre campus – the largest single-site green campus in the UK. Boasting pleasant open spaces, gardens and sports areas, our campus is equipped for every aspect of student life, with high quality accommodation, shops, health services, student support centres and our award-winning Students' Union. You will join a vibrant campus community of over 20,000 students and staff from over 100 countries.

A unique sporting experience

As a Loughborough student you can take advantage of the two state-of-the-art gyms on campus, represent your Hall of Residence in over 30 sports, join any of our sporting societies or simply enjoy recreational sport and leisure activities.

Our dazzling array of sports facilities include a 50m swimming pool, five recreational parks, seven fitness studios and five full-sized floodlit synthetic pitches for ball sports.

Find out more: loughboroughsport.com

More than sport

In your spare time, there is something for everyone. You can join in with our Rag charity fundraising, community Action volunteering, the Media Centre, music and arts activities, and over 100 different clubs and societies.

For more information go to: www.lboro.ac.uk/about/students-union/

Loughborough life

A busy market town in the East Midlands, Loughborough boasts great travel links and is situated between the three nearby cities of Leicester, Nottingham and Derby. The town has a variety of entertainment on offer, including theatre, comedy, cinema and restaurants serving up global cuisine, alongside pubs, delis, bars and coffee shops.

For more information go to: loveloughborough.co.uk



THE TIMES AND SUNDAY
TIMES GOOD UNIVERSITY
GUIDE 2019
UNIVERSITY RANKED 5TH



THE COMPLETE
UNIVERSITY GUIDE 2020
UNIVERSITY RANKED
8TH IN THE UK



THE GUARDIAN
UNIVERSITY GUIDE 2020
UNIVERSITY RANKED
4TH IN THE UK



THE TIMES AND
SUNDAY TIMES GOOD
UNIVERSITY GUIDE 2019

UNIVERSITY
OF THE YEAR



General enquiries

For more information on all
our Psychology courses:

www.lboro.ac.uk/psychology

T: +44 (0)1509 226446

E: ug-psych@lboro.ac.uk

This brochure was written several months in advance of the academic year to which it applies (2020). Every effort has been made to ensure that the information contained within is accurate at the time of publishing, but updates (for example to course content) are likely to occur due to the time between publication and the course start date. It is therefore important to visit our online prospectus at www.lboro.ac.uk/study before applying to check for any updates, as this will be the most up-to-date repository of information.



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