

LOUGHBOROUGH INTERNATIONAL 2023							
DRAFT TIMETABLE V4							
T 1	10:50	Men	100m Guest A				
T 2	10:55	Men	100m Guest B				
				F 1	11:00	Men	Hammer
T 3	11:00	Men	100m Guest C				
T 4	11:05	Men	100m Guest D				
T 5	11:10	Men	100m Para Guest				
T 6	11:15	Women	100m Guest A				
				F 2	11:20	Women	Triple Jump
T 7	11:20	Women	100m Guest B				
T 8	11:25	Women	100m Guest C				
T 9	11:33	Women	U18 Women's 100mH				
T 10	11:43	Women	100mH Guest A				
T 11	11:48	Women	100mH Guest B				
				F 3	11:50	Women	High Jump
T 12	11:58	Men	U18 Men's 110mH				
				F 4	12:00	Women	Hammer
T 13	12:08	Men	110mH Guest A inc U20				
T 14	12:15	Men	400m Guest A				
T 15	12:20	Men	400m Guest B				
				F 5	12:15	Men	Pole Vault
T 16	12:25	Men	400m Guest C				
T 17	12:30	Men	400m Guest D				
T 18	12:35	Men	Para 400m				
T 19	12:40	Women	400m Guest A				
T 20	12:45	Women	400m Guest B				
T 21	12:53	Men	4 x 100m MATCH				
T 22	13:00	Women	4 x 100m MATCH				
T23	13:07	Men	800m Guest A				
				F 6	13:10	Men	Triple Jump
T 24	13:15	Women	800m Guest A				
				F 7	13:20	Women	Discus
T 25	13:22	Men	1500m Guest A				
T 26	13:30	Men	Para 1500m				
T 27	13:40	Women	1500m Guest A				
T 28	13:50	Men	200m Guest A				
T 29	13:55	Men	200m Guest B				
T 30	14:00	Men	200m Guest C				
T 31	14:05	Women	200m Guest A				
T 32	14:10	Women	200m Guest B				
T 33	14:15	Women	200m Guest C				
T34	14:24	Women	400mH Guest A				
T 35	14:29	Women	400mH Guest B				
				F 9	14:30	Women	Shot
T 36	14:34	Women	400mH Guest C				
				F 8	14:35	Men	High Jump

T 37	14:39	Women	400mH MATCH				
				F 10	14:45	Men	Discus
T 38	14:48	Men	400mH Guest A inc. U18				
T 39	14:55	Men	400mH Guest B				
T 40	15:00	Men	400mH Guest C				
T 41	15:05	Men	400mH MATCH				
				F 11	15:05	Women	Long Jump
T 42	15:12	Women	400m MATCH				
T 43	15:18	Men	400m MATCH				
T 44	15:25	Women	800m MATCH				
				F 12	15:30	Women	Pole Vault
T 45	15:33	Men	800m MATCH				
T 46	15:42	Women	Para 100m MATCH				
T 47	15:48	Men	Para 100m MATCH				
T 48	15:54	Women	100m MATCH				
T 49	16:00	Men	100m MATCH				
				F 13	16:10	Men	Javelin
T 50	16:12	Women	3k s/chase MATCH				
T 51	16:28	Men	3k s/chase MATCH				
T 52	16:45	Women	MILE MATCH				
	16:52	Minute Silence - Shaun Pickering					
				F 14	16:55	Men	Long Jump
				F 15	16:55	Men	Shot
T 53	16:56	Men	THE GANDY MILE				
T 54	17:05	Women	200m MATCH				
T 55	17:11	Men	200m MATCH				
T 56	17:18	Women	3000m MATCH				
				F 16	17:15	Women	Javelin
T 57	17:33	Men	3000m MATCH				
T 58	17:48	Women	100mH MATCH				
T 59	17:57	Men	110mH MATCH				
T 60	18:10	Women	4 x 400m MATCH				
T 61	18:20	Men	4 x 400m MATCH				