

**MIS 2024 REBASE**

**Single Male Pensioner**

<b>A: Food and Non-Alcoholic Beverages</b>				<b>£ 60.64</b>
	A1: Food			£ 52.34
	A2: Catering			£ 8.30
<b>B: Alcohol and Tobacco</b>				<b>£ 7.04</b>
	B1: Alcohol			£ 7.04
		B1A: Alcohol at Home		£ 5.68
		B1B: Alcohol Away From Home		£ 1.36
	B2: Tobacco and Narcotics			£ -
<b>C: Clothing and Footwear</b>				<b>£ 7.94</b>
<b>D: Housing Costs</b>				<b>£ 151.16</b>
	D1: Rent			£ 91.68
	D2: Mortgage Interest			£ -
	D3: Water			£ 9.24
	D4: Council Tax			£ 21.38
	D5: Household Insurance			£ 1.07
	D6: Fuel			£ 23.95
	D7: Other Housing Costs			£ 3.84
<b>E: Household Goods and Services</b>				<b>£ 25.41</b>
	E1: Household Goods			£ 20.00
	E2: Household Services			£ 5.40
		E2A: Communication		£ 5.40
			E2A1: Postage	£ 0.38
			E2A2: Telephone	£ 5.02
		E2B: Child Care		£ -
		E2C: Other Household Services		£ -
<b>F: Personal Goods and Services (inc Health)</b>				<b>£ 25.55</b>
<b>G: Transport</b>				<b>£ 10.36</b>
	G1: Motoring Expenditure			£ -
	G2: Fares and Other Travel Costs			£ 10.36
<b>H: Social and Cultural Participation</b>				<b>£ 54.91</b>
	H1: Leisure Goods			£ 13.62
	H2: Pets			£ -
	H3: Entertainment and Recreation			£ 27.32
	H4: TV Licence and Rental			£ 3.25
	H5: Foreign Holidays			£ -
	H6: UK Holidays			£ 10.72

Food	£ 60.64
Alcohol	£ 7.04
Tobacco	£ -
Clothing and Footwear	£ 7.94
Water Rates	£ 9.24
Council Tax	£ 21.38
Household Insurances	£ 1.07
Fuel	£ 23.95
Other Household Costs	£ 3.84
Household Goods	£ 20.00
Household Services	£ 5.40
Childcare	£ -
Personal Goods and Services	£ 25.55
Motoring	£ -
Other Travel Costs	£ 10.36
Social and Cultural Participation	£ 54.91
<b>Total</b>	<b>£ 251.32</b>
Rent/Mortgage Interest	£ 91.68

MIS 2022 REBASE

A: Food and non-alcoholic beverages

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
A1	1.1	SMP		Apples, raw, weighed with core and skin		Tesco	0.52	1	3	1.0	1.56	3 medium apples (522g)	Large Braeburn Apples Loose Class 1
A1	1.1	SMP		Baked beans, canned in tomato sauce, reduced sugar and salt		Tesco	0.45	1	2	1.3	0.68	1 1/2 tins or 3 small tins (620g)	Tesco Reduced Sugar and Salt Baked Beans in Tomato Sauce 420G
A1	1.1	SMP		Soft Brown Bread Rolls		Tesco	0.90	6	1	2.0	0.45	3 soft rolls (165g)	Tesco Soft Wholemeal Roll 6 Pack
A1	1.1	SMP		Bananas, raw, weighed with skin		Tesco	0.78	5	1	1.0	0.78	5 Bananas (790g)	Tesco Ripe Banana 5 Pack
A1	1.1	SMP		Beans, French, frozen or fresh		Tesco	1.30	1	1	11.3	0.12	95 g fresh (80g frozen)	Tesco Very Fine Whole Green Beans 900G (frozen)
A1	1.1	SMP		Red kidney Beans, red kidney, canned in water		Tesco	0.49	1	1	2.0	0.25	1/2 tin or 1 small tin (200 g)	Tesco Red Kidney Beans In Water 400G
A1	1.1	SMP		Beef slices, sandwich meat		Tesco	2.00	1	1	2.0	1.00	40g	Tesco Prime Cuts Roast Beef 90G
A1	1.1	SMP		Beef, mince, lean		Tesco	3.49	1	1	2.0	1.75	250g	Tesco Beef Lean Steak Mince 500G 5% Fat
A1	1.1	SMP		Beetroot, pickled		Tesco	0.95	1	1	5.2	0.18	65g	Tesco Pickled Sliced Beetroot 340G
A1	1.1	SMP		Bens Original Medium Chilli Con Carne Sauce 450g Jar		Tesco	2.30	1	1	2.0	1.15	1/4 jar (112g)	Ben's Original Chilli Con Carne Sauce Medium 450G
A1	1.1	SMP		Digestive biscuits, plain		Tesco	0.85	1	1	2.7	0.32	8 digestive biscuits (112g)	Tesco Milk Chocolate Digestive Biscuits 300G
A1	1.1	SMP		Black pudding		Tesco	1.20	4	1	4.0	0.30	60g	Bury Black Pudding 4 Slices 230G
A1	1.1	SMP		Bolognese Sauce, Dolmio, Original variety		Tesco	0.65	1	1	2.0	0.33	1/4 jar (125g)	Tesco Bolognese Pasta Sauce Jar 500G
A1	1.1	SMP		Naan Bread		Tesco	1.00	2	1	2.0	0.50	1 medium naan (135g)	Tesco 2 Plain Naan Breads
A1	1.1	SMP		50/50 or best of both, white with fibre added		Tesco	1.30	1	1	3.7	0.35	12 slices (216g)	Kingsmill 50/50 Medium Bread 800G
A1	1.1	SMP		Weetabix, fortified		Tesco	2.75	48	1	12.0	0.23	4 weetabix (80g)	Tesco Wheat Biscuits Cereal 48 Pack
A1	1.1	SMP		Broccoli, fresh or frozen		Tesco	1.30	1	1	10.6	0.12	120 g fresh (85g frozen; wastage 39%)	Tesco Broccoli Florets 900G
A1	1.1	SMP		Carrots, frozen or fresh		Tesco	0.42	1	1	1.1	0.38	585 g fresh (450g frozen; wastage 30%)	Tesco Carrots Loose (640g)
A1	1.1	SMP		Celery, raw		Tesco	0.60	1	1	2.0	0.30	1/2 stick (30g)	Tesco Celery
A1	1.1	SMP		Cheese, Cheddar type, 30% less fat		Tesco	2.75	1	1	9.7	0.28	36g	Pilgrims Choice Lighter Mature Cheddar Cheese 350G
A1	1.1	SMP		Chicken breasts, without skin, meat only		Tesco	2.35	1	1	1.0	2.35	2 medium breasts (320 g)	Tesco 2 British Chicken Breast Fillets 300G
A1	1.1	SMP		Chicken, slices, precooked from supermarket		Tesco	1.20	1	1	1.0	1.20	125 g	Tesco Wafer Thin Roast Chicken 125G
A1	1.1	SMP		Chilli powder		Tesco	1.00	1	1	18.5	0.05	2.7g	Tesco Mild Chilli Powder 50G
A1	1.1	SMP		Satsumas, soft/easy peelers, weight with skin		Tesco	1.35	1	1	2.7	0.50	2 satsumas (220 g)	Tesco Clementine Or Sweet Easy Peeler Pack 600G
A1	1.1	SMP		Coffee, instant, ground		Tesco	1.99	1	1	1.9	1.04	105 g (105 g)	Tesco Classic Instant Coffee 200G
A1	1.1	SMP		Crumpets		Tesco	0.90	6	1	3.0	0.30	2 crumpets (78g)	Warburtons Crumpets 6 Pack
A1	1.1	SMP		Cucumber, raw, weight with skin		Tesco	0.89	1	1	1.4	0.64	252g	Tesco Whole Cucumber Each
A1	1.1	SMP		Demi Baguette		Tesco	1.10	2	1	1.0	1.10	2 baguettes @125 g each (250g)	Tesco Homebake Baguettes 2 Pack
A1	1.1	SMP		Eggs, large		Tesco	1.85	6	1	3.0	0.62	2 eggs (122 g)	Tesco Large Free Range Eggs 6 Pack

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
A1	1.1	SMP		Butter Spread, 26 - 39% fat eg flora light		Tesco	1.50	1	1	3.4	0.44	132 g	I Can't Believe It's Not Butter Light Spread 450G
A1	1.1	SMP		Fruit drink/squash, concentrated, no added sugar		Tesco	1.00	1	3	1.6	1.93	1925 ml	Robinsons Orange No Added Sugar Squash 1L
A1	1.1	SMP		Garlic, raw		Tesco	0.55	1	1	4.3	0.13	3g	Tesco Garlic Large
A1	1.1	SMP		Grapefruit, raw, weighed with peel and pips		Tesco	0.55	1	1	1.0	0.55	1 grapefruit (340g)	Tesco Red Grapefruit Each
A1	1.1	SMP		Grapes, red or green		Tesco	1.50	1	1	2.0	0.75	100 g small brunch (100g)	Tesco Red Seedless Grapes 500G
A1	1.1	SMP		Haddock, coated in crumbs, frozen, raw weight		Tesco	4.00	4	1	4.0	1.00	1 crumbed haddock (140g)	Tesco 4 Battered Haddock Fillets 500G
A1	1.1	SMP		Ham, sliced / lunchon		Tesco	1.20	1	1	1.8	0.66	69g	Tesco Wafer Thin Smoked Ham 125G
A1	1.1	SMP		Light Mayonnaise		Tesco	1.20	1	1	5.7	0.21	4 Tbsp (88g)	Tesco Light Mayonnaise 500ML
A1	1.1	SMP		Just Juice 100% Pure Apple Juice from Concentrate 1L		Tesco	2.00	1	1	2.0	1.00	150g	Tesco 100% Pressed Apple Juice 1 Litre
A1	1.1	SMP		Stock cube, beef, reduced sodium		Tesco	1.00	10	1	40.0	0.03	1/4 stock cube (2.5g)	Tesco 10 Beef Stock Cubes 100G
A1	1.1	SMP		Marmalade		Tesco	1.80	1	1	15.1	0.12	30g	Robertsons Golden Shredless Marmalade 454G
A1	1.1	SMP		Milk, semi-skimmed, pasteurised		Tesco	1.45	1	1	1.1	1.33	2090 mls	Tesco British Semi Skimmed Milk 2.272L, 4 Pints
A1	1.1	SMP		Mixed Salad Leaves		Tesco	1.00	1	1	1.0	1.00	120g	Tesco Mixed Leaf Salad 120G
A1	1.1	SMP		Mixed berries, frozen or fresh		Tesco	2.99	1	1	8.3	0.36	120g	Tesco Perfectly Imperfect Frozen Mixed Berry 1Kg
A1	1.1	SMP		Mixed herbs, dried		Tesco	1.00	1	1	52.9	0.02	0.34g	Tesco Mixed Herbs 18G
A1	1.1	SMP		Mustard and cress		Tesco	0.40	1	1	2.0	0.20	fresh but can substitute with dried parsley or similar (5g)	Tesco Growing Salad Cress Each
A1	1.1	SMP		Nuts and raisins, mixed		Tesco	2.00	1	1	1.6	1.28	160g	Tesco Unsalted Mixed Nuts & Raisins 250G
A1	1.1	SMP		Oat flakes, rolled		Tesco	1.25	1	1	16.7	0.08	60g	Tesco Scottish Oats Porridge 1Kg
A1	1.1	SMP		Oatcakes, plain		Tesco	1.00	1	1	10.4	0.10	2 oat cakes (24g)	Tesco Scottish Rough Oatcakes 250G
A1	1.1	SMP		Olive oil		Tesco	3.3	1	1	1.9	1.78	66g	Tesco Olive Oil 250ml
A1	1.1	SMP		Onions, white		Tesco	0.12	1	1	1.0	0.12	2 small (120g)	Tesco Brown Onions Loose (0.12kg)
A1	1.1	SMP		Onions, red,		Tesco	0.21	1	1	1.8	0.12	2 small (120g)	Tesco Red Onions Loose (0.21kg)
A1	1.1	SMP		Orange juice, from concentrate		Tesco	1.40	1	1	1.1	1.26	900g	Tesco Orange Juice Smooth 1L
A1	1.1	SMP		Pasta, white, spaghetti, dried,		Tesco	0.75	1	1	7.7	0.10	65 g	Tesco Quick Cook Spaghetti Pasta 500G
A1	1.1	SMP		Pears, average, flesh and skin, raw, weighed with core and stalk		Tesco	0.49	1	2	1.0	0.98	2 pears (320g; can be substituted for tinned)	Large Conference Pears Loose Class 1
A1	1.1	SMP		Peas, frozen,		Tesco	1.45	1	1	5.6	0.26	180g	Tesco Garden peas 1kg
A1	1.1	SMP		Peas, mange-tout		Tesco	1.20	1	1	1.1	1.07	160g	Tesco Mangetout 180g
A1	1.1	SMP		Peppers, capsicum, green, raw		Tesco	0.59	1	2	1.6	0.74	1 1/4 peppers (200g )	Tesco Green Peppers Each
A1	1.1	SMP		Peppers, capsicum, red, raw		Tesco	0.59	1	1	1.3	0.44	3/4 pepper (120 g)	Tesco Red Peppers Each
A1	1.1	SMP		Potato chips, oven ready,		Tesco	1.99	1	1	11.1	0.18	135g	Tesco Steak Oven Cut Chips 1.5Kg
A1	1.1	SMP		Potatoes, new and salad, weight with flesh and skin		Tesco	0.99	1	1	3.1	0.32	320g	Tesco Baby Potatos 1Kg
A1	1.1	SMP		Raisins		Tesco	1.85	1	1	6.9	0.27	72g	Tesco Seedless Raisins 500G
A1	1.1	SMP		Regal Bakery Sliced Fruit Cake		Tesco	1.50	7	1	3.5	0.43	60g (2 slices)	Regal Classic Fruit Cake Slices 7s
A1	1.1	SMP		Rice, white, long grain, easy cook,		Tesco	1.25	1	1	8.1	0.15	123 g (320 with water gain (320/2.54 = 126 g ))	Tesco Easy Cook Log Grain Rice 1Kg

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments	
A1	1.1	SMP		8 Unsmoked Reduced Salt Back Bacon Rashers 250g		Tesco	3.00	8	1	5.3	0.56	1 1/2 slices (35 g)	Tesco Reduced Fat & Salt 8 Bacon Unsmoked Medallions	
A1	1.1	SMP		Chicken Hotpot Dinner 400g		Tesco	1.85	1	1	1.0	1.85	could be any brand (400g)	Tesco Chicken Hotpot 400G	
A1	1.1	SMP		Raspberry Trifle 135g		Tesco	1.35	1	1	1.0	1.35	could be any brand (135g)	Tesco Chocolate Brownie Sundae 136G	
A1	1.1	SMP		Salmon, raw weight		Tesco	4.00	4	1	2.0	2.00	150 g	Tesco 4 Wild Salmon Fillets 330G	
A1	1.1	SMP		Salt		Tesco	2.7	1	1	100.0	0.03	1g	Tesco Rock Salt Rinder 100G	
A1	1.1	SMP		Sauce, curry, jarred Uncle Bens medium curry		Tesco	1.70	1	1	2.0	0.85	1/2 jar (220g)	Ben's Original Medium Curry Sauce 440G	
A1	1.1	SMP		Sausages, pork, chilled		Tesco	2.00	8	1	6.0	0.33	1 sausage, fresh or frozen (57g)	Tesco British Pork Sausages 8 Pack 454G	
A1	1.1	SMP		Soup, tomato, cream of, canned, lower salt brand. Eg Campbells		Tesco	1.00	1	5	5.0	1.00	1 can (405g)	Heinz Cream of Tomato Soup	
A1	1.1	SMP		Spinach, frozen or fresh		Tesco	1.85	1	1	15.0	0.12	70 g fresh (60g frozen)	Tesco Leaf Spinach 900G (frozen)	
A1	1.1	SMP		Sweetcorn, kernels, frozen		Tesco	1.75	1	1	6.3	0.28	160g	Tesco Supersweet Sweetcorn 1Kg	
A1	1.1	SMP		Tea, black, bags		Tesco	1.25	80	1	5.7	0.22	14 bags	Tesco 80 Teabags 250G	
A1	1.1	SMP		Tomato puree		Tesco	1.2	1	1	11.3	0.11	12g	Tesco Tomato Puree With Herbs 135G	
A1	1.1	SMP		Tomatoes, canned, whole contents		Tesco	0.49	1	1	2.0	0.25	1/2 can or 1 small can (200g)	Tesco Italian Chopped Tomatoes 400G	
A1	1.1	SMP		Tomatoes, standard, raw weight with skin and core		Tesco	1.5	1	1	1.1	1.38	4 small tomatoes and 2 medium tomatoes (600 g)	Tesco Salad Tomatoes 650G	
A1	1.1	SMP		Tuna, canned in spring water		Tesco	1.2	1	1	1.0	1.20	1 small can (110 g )	Tesco Drained Tuna Steak in Spring Water 110g	
A1	1.1	SMP		Yogurt, low fat, fruit		Tesco	0.89	6	1	1.0	0.89	6 pots (750g)	Creamfields Berry Medley Low Fat Yogurt 6x125g	
A1	7.4	SMP		Delivery		Tesco	29.94	6	2	52.1	1.15	Off-peak Tesco delivery.	£29.94 for 6 months or 4.99 monthly, £50 minimum basket value	
A1	1.1	SMP		Xmas food			30.00	1	1	52.1	0.58	£30 per household for additional items such as mince pies and additional alcohol. In addition to weekly food shop.		
A2	11.1	SMP		Eating out			25.75	1	1	4.3	5.93	£30. Toby Carvery pensioner discount, Frankie & Benny's, Harvester, McDonald's, Hungry Horse. Once per month.	£30 minus cost of a full meal (including drink & dessert) Grilled chicken- chicken breast (160g)=£1.25, new potatoes (160g)=£0.16, peas (60g)=£0.09, sweetcorn (80g)=£0.14, carrot (90g)=£0.06=£1.70 Wine (150ml)=£1.20 Trifle(135g)=£1.35 <b>£30.00-£1.70-£1.20=£25.75</b>	
A2	11.1	SMP		Takeaway			10.30	1	1	4.3	2.37	£12. Once a week.	£12 minus the cost of 1 meal Grilled chicken- chicken breast (160g)=£1.25, new potatoes (160g)=£0.16, peas (60g)=£0.09, sweetcorn (80g)=£0.14, carrot (90g)=£0.06=£1.70 <b>£12.00-1.70=£10.30</b>	
												<b>A: Food and Non-Alcoholic Beverages</b>	<b>£</b>	<b>60.64</b>
												A1: Food	£	52.34
												A2: Catering	£	8.30

MIS 2024 REBASE

B: Alcohol

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
B1A	2.1	SMP		Wine		Tesco	6.00	1	1	1	5.68	1 bottle (750 ml), white, medium. Minus 175ml once per month 175/4.3=40ml per week 750-40=710 £6.00/750=0.008 0.008*710ml=£5.68	Marques De Los Zancos Rioja 75Cl
B1A	2.1	SMP		Wine		Frankie and Benny's	5.90	1	1	1	1.36	175ml glass of wine with meal out once a month £5.90/4.34=£1.36	175ml glass of wine £5.90 (Chardonnary) priced at Frankie and Benny's
												<b>B: Alcohol and Tobacco</b>	<b>£ 7.04</b>
												B1: Alcohol	£ 7.04
												B1A: Alcohol at Home	£ 5.68
												B1B: Alcohol Away From Home	£ 1.36

MIS 2024 Rebase

C: Clothing and footwear

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SMP	Male, underwear	Pants		Primark	5.00	3	5	52.1	0.48	14 pairs of pants needed. From Primark/supermarket. 1 year	3pk Essential Boxer Briefs
C	3.1	SMP	Male, underwear	Socks (trainer)		George, ASDA	3.50	5	2	52.1	0.13	7 pairs needed. From Primark/supermarket. 1 year.	5 pack cotton rich trainer liner socks (in black or white)
C	3.1	SMP	Male, underwear	Socks (ankle)		George, ASDA	4.00	7	1	52.1	0.08	7 pairs needed from Primark/supermarket. 1 year.	Black Ankle Socks 7pk
C	3.1	SMP	Male, underwear	Socks (thermal)		Primark	7.00	3	1	156.4	0.04	2 pairs of thermal socks. From primark/supermarket. 3 years.	3pk Thermal Crew Socks
C	3.1	SMP	Male, main clothing	Vests		Asda	10.00	3	5	52.1	0.96	14 needed. Primark/supermarket. 1 year	3pk Sleeveless Vests (in white or black)
C	3.1	SMP	Male, main clothing	Thermal tops		George, ASDA	10.00	1	2	156.4	0.13	2 thermal sets (long sleeve tops and bottoms). From Primark/supermarket. 3 years	Grey Long Sleeve Ribbed Thermal Top
C	3.1	SMP	Male, main clothing	Thermal bottoms		George, ASDA	10.00	1	2	156.4	0.13	2 thermal sets (long sleeve tops and bottoms). From Primark/supermarket. 3 years	Grey Ribbed Thermal Long Johns
C	3.1	SMP	Male, main clothing	Shirts (smart)		Asda	10.00	1	2	156.4	0.13	2 needed. From Primark/supermarket. 3 years.	Light blue Long Sleeve Formal Shirt (regular/slim fit, other cols available)
C	3.1	SMP	Male, main clothing	Shirts (casual)		Asda	14.00	1	3	156.4	0.27	3 needed. From Primark/supermarket. 3 years	Stone long sleeve oxford shirt (price point includes long and short sleeved and different designs)
C	3.1	SMP	Male, main clothing	T shirts (short sleeved)		Primark	2.50	1	3	52.1	0.14	3 needed. From Primark/supermarket. 1 year	Crew neck regular fit T shirt (8 colours)
C	3.1	SMP	Male, main clothing	T shirts (long sleeved)		Asda	7.00	1	3	52.1	0.40	3 needed. From Primark/supermarket. 1 year	Crew neck Long Sleeve Top (6 colours available)
C	3.1	SMP	Male, main clothing	Jumpers	Tu	Sainsbury's	12.00	1	2	260.7	0.09	2 v-neck jumpers needed. From Primark/supermarket. 5 years.	Pale Grey Marl V-Neck Jumper
C	3.1	SMP	Male, main clothing	Cardigan		Sports Direct	18.00	1	2	260.7	0.14	2 cardigans needed, Primark/supermarket. 5 years.	Studio Cable Knit Shawl Cardigan Navy
C	3.1	SMP	Male, main clothing	Sweaters		Asda	15.00	1	2	260.7	0.12	2 crew-neck sweaters needed. From Primark/supermarket. 5 years.	Charcoal textured knitted crew neck jumper (8 colours)
C	3.1	SMP	Male, main clothing	Jeans		Asda	17.00	1	4	208.6	0.33	4 pairs needed. From Primark/supermarket. 4 years.	Loose fit Jeans with stretch (choice of 4 colours)
C	3.1	SMP	Male, main clothing	Trousers		George, ASDA	16.00	1	4	260.7	0.25	4 pairs of everyday, casual trousers. From Next. 5 years.	Navy Straight Fit Stretch Chino Trousers (7 colours and 2 types of fit at same price point)
C	3.1	SMP	Male, main clothing	Jogging bottoms		Primark	6.00	1	2	156.4	0.08	2 pairs needed. From Primark/supermarket. 3 years	Drawstring jogging bottoms (3 colours + different styles at same price)
C	3.1	SMP	Male, main clothing	Track suit		Sports Direct	19.99	1	1	52.1	0.38	1 needed. From Primark/supermarket. 1 year	Slazenger men's performance tracksuit Black/Charcoal/White
C	3.1	SMP	Male, main clothing	Shorts		George, ASDA	12.00	1	3	208.6	0.17	3 pairs of shorts. From Primark/supermarket. 4 years.	Chino Shorts (9 colours)
C	3.1	SMP	Male, main clothing	Suit		Next	95.00	1	2	156.4	1.21	2 suits. 1 black, 1 blue or grey. From Next. 3 years.	2 piece suit Regular/ slim fit (9 colours)
C	3.1	SMP	Male, main clothing	Jacket (light)		George, ASDA	24.00	1	1	156.4	0.15	1 summer lightweight jacket. From supermarket/Primark. 3 years	Khaki Lightweight Zip Through Hooded Jacket (in 4 colours)

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.1	SMP	Male, main clothing	Coat (winter)		Next	75.00	1	1	521.4	0.14	1 heavy winter coat needed. E.g. Parka. From Next. 10 years.	Threadbare fur trim hooded Longline Padded Coat
C	3.1	SMP	Male, main clothing	Coat (smart)		Next	95.00	1	1	1303.6	0.07	1 smart coat, longer length. From Next. 25 years.	Black Epsom overcoat
C	3.1	SMP	Male, main clothing	Waterproof		Sports Direct	32.99	1	1	156.4	0.21	1 waterproof jacket. From supermarket/Primark. 3 years	Gelert Horizon Ultimate Waterproof Jacket
C	3.1	SMP	Male, sportswear	Swimming trunks		George, ASDA	6.00	1	2	156.4	0.08	2 pairs needed. 3 years	Cobalt Blue Swim Shorts
C	3.1	SMP	Male, main clothing	Dressing gown (summer)		George, ASDA	18.00	1	1	260.7	0.07	2 dressing gowns (summer/winter. From Primark/supermarket. 5 years.	Navy Waffle Texture Lightweight Dressing Gown
C	3.1	SMP	Male, main clothing	Dressing gown (winter)		George, ASDA	18.00	1	1	260.7	0.07	2 dressing gowns (summer/winter. From Primark/supermarket. 5 years.	Grey Fleece Dressing Gown
C	3.1	SMP	Male, main clothing	Pyjamas		George, ASDA	12.00	1	2	260.7	0.09	2 pairs needed. From Primark/supermarket. 5 years	Striped Jersey Short Sleeve Pyjamas
C	3.1	SMP	Male, accessories	Hat, winter		Go Outdoors	5.00	1	2	104.3	0.10	2 woolly hats. From Primark/supermarket. 2 years.	Peter Storm thinsulate knit beanie hat
C	3.1	SMP	Male, accessories	Gloves		Go Outdoors	5.00	1	1	104.3	0.05	Winter gloves. From primark/supermarket. 2 years	Peter Storm thinsulate fleece gloves
C	3.1	SMP	Male, accessories	Scarf (winter)		Sports Direct	8.00	1	1	260.7	0.03	Winter scarf from Primark/supermarket. 5 years	Regatta multi scarf
C	3.1	SMP	Male, clothing accessories	Ties		Matalan	5.00	1	3	1042.9	0.01	3 ties needed, Primark/supermarket. 20 years.	Taylor & Wright navy floral tie(other patterns available) and black
C	3.1	SMP	Male, clothing accessories	Belt (fabric)		Primark	4.00	1	1	156.4	0.03	2 belts (brown/black). 1 fabric, 1 leather. From supermarket/Primark. Leather 25 years and fabric 3 years	Webbing Metal Clasp Belt (black)
C	3.1	SMP	Male, clothing accessories	Belt (leather)		Primark	8.00	1	1	1303.6	0.01	2 belts (brown/black). 1 fabric, 1 leather. From supermarket/Primark. Leather 25 years and fabric 3 years	Grained leather belt (available in black and brown)
C	3.1	SMP	Male, clothing accessories	Braces		Matalan	7.00	1	1	521.4	0.01	1 set of braces (dark). From supermarket/Primark. 10 years	Black Braces
C	3.1	SMP	Male clothing, accessories	Hat, summer		George, ASDA	3.00		1	104.3	0.03	1 cap needed. From Primark/supermarket. 2 years	Essentials Baseball Cap (8 colours)
<b>C: Clothing and footwear</b>												<b>£ 6.81</b>	

MIS 2024 REBASE

C: Clothing and footwear

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.2	SMP	Male, footwear	Slippers		ASDA	8.00	1	1	104.3	0.08	1 pair needed. Supermarket/Primark. 2 years.	Navy Suede Effect Full Back Slippers
C	3.2	SMP	Male, footwear	Shoes (smart)		Next	35.00	1	3	208.6	0.50	3 pairs needed. From Next. 4 years.	Derby Shoes (choice of 3 colours, also available in brogue style)
C	3.2	SMP	Male, footwear	Trainers		Sports Direct	22.99	1	2	104.3	0.44	2 pairs needed. Sports Direct/JD. 2 years	Slazenger Force mesh Mens Trainers
C	3.2	SMP	Male, footwear	Wellington boots		George, ASDA	16.00	1	1	1042.9	0.02	1 pair. From supermarket/Primark/Matalan/New Look. 20 years	Green Wellington Boots
C	3.2	SMP	Male, footwear	Walking boots		Sports Direct	39.00	1	1	417.1	0.09	1 pair of walking boots. Sports Direct/JD. 8 years	Hi Tec Caha II Wp Walking Boot mens, waterproof
												<b>C: Clothing and Footwear</b>	<b>£ 1.13</b>



MIS 2024 REBASE

D: Housing costs

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
D1	4.1	SMP	Rent	Rent			91.68		1	1.0	91.68	One bedroom social housing.	
D3	4.4	SMP	Water supply	Water rates			482.05		1	52.1	9.24		
D4	NA	SMP	Council tax	Council tax			1114.84		1	52.1	21.38		
D5	12.1	SMP	Contents insurance	Contents insurance		Saga (via MoneySuperMarket.com)	55.62		1	52.1	1.07	Contents insurance including accidental damage cover, with £50 excess.	Contents insurance for single pensioner in 1-bedroom flat. £50,000 cover level. Paid with £4.80 deposit and then 11 months x £4.62 = £55.62 total annual cost.
D6	4.5	SMP	Electricity, gas and other fuels	Fuel			1248.93		1	52.1	23.95		
D7	4.3	SMP	Home maintenance	Decorating and other home maintenance			200.00		1	52.1	3.84	£200 every year, inclusive of all decorating, maintenance and hire.	
<b>D: Housing Costs</b>												<b>£ 151.16</b>	
D1: Rent												91.68	
D3: Water												9.24	
D4: Council Tax												21.38	
D5: Household insurance												1.07	
D6: Fuel												23.95	
D7: Other housing costs												3.84	

MIS 2024 REBASE

E: Household goods and services

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	4.3	SMP	Security	Locking door chain		B&Q	10.24	1	1	1303.6	0.01	Cheapest recognisable brand and strong. Argos/Wilko/Homebase/B+Q/supermarket/Primark/B+M. 25 years.	Carlisle Brass Polished Chrome Heavy Door Chain (AA75CP)
E1	5.2	SMP	Hall	Door viewer		B&Q	4.61	1	1	1303.6	0.00	Cheapest okay. Argos/Wilko/Homebase/B+Q/supermarket/Primark/B+M. 25 years.	Smith & Locke Chrome-plated Galvanised Zinc alloy 180° Door viewer, (Dia)25.9mm
E1	5.2	SMP	Hall	Door mat		Argos	5.50	1	1	260.7	0.02	Outside, cheapest coir mat and non-slip. Argos/Wilko/Homebase/B+Q/supermarket/Primark. 5 years.	Argos Home Coir Flatweave Doormat - 40 x 60cm - Natural
E1	5.1	SMP	Hall	Lampshade for central light		Dunelm	25.00	1	1	782.1	0.03	£25 per lampshade, 'simple' lampshades throughout. From B+Q/Dunelm/Supermarket/Argos. 15 years.	Sara Tapered Lamp Shade, 40cm, natural
E1	5.5	SMP	Hall	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED, 1 needed for main light	Tesco Led Classic Warm White 60W Bayonet Cap Bulb
E1	5.5	SMP	Hall	Coat hooks		The Range	9.99	4	1	1042.9	0.01	Row of 6 metal hooks. Cheapest okay. Argos/Wilko/Homebase/B+Q/supermarket/B+M. 20 years.	Four Chrome Half-Ribbed Hooks On Grey Hook Rail
E1	5.1	SMP	Hall	Mirror		Dunelm	10.00	1	1	1303.6	0.01	For checking face and hair before going out. Cheapest ok from same retailers as other items. 25 years.	Essentials Square Wall Mirror
E1	5.1	SMP	Living area	Lampshade for central light		Dunelm	25.00	1	1	782.1	0.03	£25 per lampshade, 'simple' lampshades throughout. From B+Q/Dunelm/Supermarket/Argos. 15 years.	Sara Tapered Lamp Shade, 40cm, natural
E1	5.5	SMP	Living area	Light bulb		Tesco	3.50	2	2	521.4	0.01	4 needed for main light, table lamp, and parent-child lamp	Tesco LED Classic 60W Bayonet Cap 2 pack
E1	5.2	SMP	Living area	Curtains		Argos	45.00	2	1	782.1	0.06	Mid-mid range, blackout, machine washable, eyelet curtains. B&M, IKEA, Wilko, Home Bargains, B&Q, Matalan, Dunelm. 15 years.	Habitat Plain Blackout Eyelet Curtains - Cream. 168cmx183cm. Machine washable. Choice of colours available.
E1	5.5	SMP	Living area	Curtain pole		Argos	20.00	1	1	1303.6	0.02	Metal curtain pole from same shop as the curtains. Easy to clean. 25 years.	Argos Home Extendable Metal Ball Curtain Pole - S Steel. 110-300cm
E1	5.2	SMP	Living area	Voile (net curtain)		Dunelm	24.00	1	2	260.7	0.18	For privacy, two up from the cheapest. Retailers: B&M, IKEA, Wilko, Home Bargains, B&Q, Matalan, Dunelm. 5 years	Aspen White Sheer Slot Top Single Voile Panel, W 290cm (114") x D 228cm (90")
E1	5.5	SMP	Living area	Wire for net curtains		Dunelm	2.50	1	1	1042.9	0.00	20 years.	Net Curtain Wire

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SMP	Living area	Sofa bed (2-seater)		DFS	1199.00	1	1	782.1	1.53	1x 2-seater sofa-bed needed. Allows grandchildren to stay. Approx. £500 with metal mechanism for durability, fabric. From Dreams/Furniture Village/DFS/SCS. 15 years.	Sofia Medium Deluxe Sofa Bed (choice of 8 colours). 15-year frame and springs guarantee.
E1	5.1	SMP	Living area	Armchair		DFS	599.00	1	1	782.1	0.77	1 armchair to match sofa. Solid armchair (not reclining). Mid-range. 15 years.	Sofia Armchair (choice of 8 colours). 15-year frame and springs guarantee.
E1	5.1	SMP	Living area	Recliner chair		Easy Living	399.99	1	1	782.1	0.51	Riser recline armchair from specialist retailer, such as Easy Living. 15 years.	SureSnug Riser Recliner Single Motor Chair
E1	5.1	SMP	Living area	Extension lead		Argos	11.99	1	2	1564.3	0.02	2 x 4-plug extension lead needed for the electric recliner chair, as well as other items such as lamps. A longer cable (3-4 metres) would provide more choice and flexibility with room lay-outs. 30 years.	Masterplug 4 Socket 5 Metre Extension Lead
E1	5.2	SMP	Living area	Cushions		Dunelm	8.00	1	4	260.7	0.12	4 cushions approx. £10 each (including covers), with a choice of sizes and colours. From Wilko / B&M / Home Bargains / Dunelm /supermarket / market. 5 years.	Global Slub Cushion (choice of 4 colours)
E1	5.1	SMP	Living area	Side tables		Oak Furnitureland	219.00	3	1	1303.6	0.17	Nested side tables. Flat pack okay. MDF. From Furniture Village/IKEA/B+Q/B+M/Argos/Wilko/supermarket/Primark. 25 years.	Orrick Rustic Solid Oak Nest of Tables
E1	5.1	SMP	Living area	Storage unit		Dunelm	249.00	1	1	1303.6	0.19	TV stand with shelving, 2 ft high. Cheapest solid (not flat pack), including shelves and a couple of drawers. Furniture Village /IKEA/B+Q/B+M/Argos/Wilko/supermarket/Primark. 25 years.	Bromley Extra Wide TV Unit, Oak
E1	5.1	SMP	Living area	Personalisation			40.00	1	1	52.1	0.77	£40 per year. For photos of family, clock, other pictures, vases, mirrors, etc.	
E1	5.1	SMP	Living area	Table lamp		George, ASDA	20.00	1	1	782.1	0.03	Approx. £25 per lamp. Same retailers as sofa or light shade. 15 years.	Cream Fluted Linen Large Table Lamp
E1	5.1	SMP	Living area	Floor lamp		B&Q	25.00	1	1	782.1	0.03	2 up from bottom parent-child lamp. Directional lamp needed for reading. 15 years.	175cm Bronze Metal E27&E14 Base Mother&child Floor Light Floor Lamp with Individual Switch
E1	5.1	SMP	Dining area	Lampshade for central light		Dunelm	25.00	1	1	782.1	0.03	£25 per lampshade, 'simple' lampshades throughout. From B+Q/Dunelm/Supermarket/Argos. 15 years.	Sara Tapered Lamp Shade, 40cm, natural
E1	5.5	SMP	Dining area	Light bulb		Tesco	2.00	1	1	521.4	0.00	1 needed for main light.	Tesco Led Classic Warm White 60W Bayonet Cap Bulb
E1	5.2	SMP	Dining area	Curtains		Argos	45.00	2	1	782.1	0.06	Mid-mid range, blackout, machine washable, eyelet curtains. B&M, IKEA, Wilko, Home Bargains, B&Q, Matalan, Dunelm. 15 years.	Habitat Plain Blackout Eyelet Curtains - Cream. 168cmx183cm. Machine washable. Choice of colours available.

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.5	SMP	Dining area	Curtain pole		Argos	20.00	1	1	1303.6	0.02	Metal curtain pole from same shop as the curtains. Easy to clean. 25 years.	Argos Home Extendable Metal Ball Curtain Pole - S Steel. 110-300cm
E1	5.2	SMP	Dining area	Voile (net curtain)		Dunelm	24.00	1	2	260.7	0.18	For privacy, two up from the cheapest. Retailers: B&M, IKEA, Wilko, Home Bargains, B&Q, Matalan, Dunelm. 5 years	Aspen White Sheer Slot Top Single Voile Panel, W 290cm (114") x D 228cm (90")
E1	5.5	SMP	Dining area	Wire for net curtains		Dunelm	2.50	1	1	1042.9	0.00	20 years.	Net Curtain Wire
E1	5.1	SMP	Dining area	Dining table & chairs		Argos	279.00	5	1	1042.9	0.27	Drop leaf table that can be pushed to the wall to make space. Cheapest fully assembled. Agros/Dunelm/B&M/supermarket. 20 years. PLUS Solid, fully assembled chairs.	Habitat Chicago Solid Wood Table & 4 Two Tone Chairs
E1	5.1	SMP	Dining area	Tablemats + coasters		B&M	6.00	4	2	521.4	0.02	6 place settings. Placemat and coaster set. Cheapest wipe-clean and solid from supermarket/argos/dunelm/B+M. 10 years.	Modern Cork Placemat & Coaster Set 8pc
E1	5.5	SMP	Kitchen	Light bulb		Tesco	2.00	1	1	521.4	0.00	1 needed for main light.	Tesco Led Classic Warm White 60W Bayonet Cap Bulb
E1	5.1	SMP	Kitchen	Blind		Dunelm	32.00	1	1	521.4	0.06	Moisture-resistant blinds, mid-mid range. False economy if cheapest. 10 years	Natural Blackout Moisture Resistant Roller Blind, 4ft W 183x162cm. Choice of colours available.
E1	5.4	SMP	Kitchen, tableware	Crockery		Argos	16.00	12	2	521.4	0.06	Full set with plates, side plates, bowls. 6 place settings needed: From supermarket/argos/dunelm/B+M. 10 years.	Argos Home 12 Piece Porcelain Dinner Set - White (8 place settings provided)
E1	5.4	SMP	Kitchen, tableware	Mugs		Argos	10.50	6	1	521.4	0.02	6 needed. Matching plates. Mid-mid. From supermarket/argos/dunelm/B+M/Wilko. 10 years.	Argos Home Set of 6 Porcelain Mugs – White
E1	5.4	SMP	Kitchen, tableware	Cutlery		Argos	15.00	16	2	1303.6	0.02	6 place settings needed. knife, fork, spoons. Mid-mid/cheapest stainless steel. From supermarket/argos/dunelm/B+M. 25 years.	Argos Home 16 Piece Stainless Steel Square Cutlery Set (8 place settings provided)
E1	5.4	SMP	Kitchen, tableware	Cutlery - teaspoons		B&M	2.00	8	1	1303.6	0.00	6 additional teaspoons. Mid-mid/cheapest stainless steel. From supermarket/argos/dunelm/B+M. 25 years.	Stainless Steel Teaspoons 8pk
E1	5.4	SMP	Kitchen, tableware	Teapot		Amazon	11.25	1	1	1564.3	0.01	Stainless steel. From supermarket/argos/dunelm/B+M. 20 years. 30 years.	1 Ltr Stainless Steel Tea Pot
E1	5.4	SMP	Kitchen, tableware	Sugar bowl		Amazon	3.80	1	1	1564.3	0.00	Stainless steel, matching teapot. From supermarket/argos/dunelm/B+M. 30 years.	Olympia J728 Concorde Sugar Bowl, 5 oz. Capacity, Silver
E1	5.4	SMP	Kitchen, tableware	Milk jug		Amazon	2.02	1	1	1564.3	0.00	Stainless steel, matching teapot. From supermarket/argos/dunelm/B+M. 30 years.	Olympia 10421 Milk Jug, 3 oz./85 mL
E1	5.4	SMP	Kitchen, tableware	Serving spoons		Dunelm	5.00	2	1	1303.6	0.00	From supermarket/B+M/Home Bargains. 25 years.	Alderley Pair of Serving Spoons

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SMP	Kitchen, tableware	Serving bowls		Dunelm	8.00	1	2	1303.6	0.01	2 pyrex dishes with lids (could be in set or separate). From Home Bargains/supermarket. 25 years.	Pyrex Essentials Casserole 1L
E1	5.4	SMP	Kitchen, tableware	Tumblers - tall		Dunelm	1.00	1	6	260.7	0.02	6 needed. Cheapest from Supermarket/Wilko/Dunelm/B+M/Argos. 5 years.	Essentials Highball Glass
E1	5.4	SMP	Kitchen, tableware	Tumblers - short		Dunelm	1.25	1	6	260.7	0.03	6 needed. Cheapest from Supermarket/Wilko/Dunelm/B+M/Argos. 5 years.	Artemis Tumbler Glass
E1	5.4	SMP	Kitchen, tableware	Wine glasses		Dunelm	1.00	1	6	260.7	0.02	6 needed. Cheapest from Supermarket/Wilko/Dunelm/B+M/Argos. 5 years.	Essentials Wine Glass
E1	5.4	SMP	Kitchen, tableware	Cruet		Amazon	4.99	2	1	1303.6	0.00	Stainless steel to match teapot. From supermarket/argos/dunelm/B+M. 25 years.	2Pcs Salt and Pepper Shaker, Salt and Pepper Pots, Stainless Steel Salt
E1	5.3	SMP	Kitchen, appliances	Microwave		George, ASDA	49.00	1	1	521.4	0.09	From supermarket/B+M/Home Bargains. Manual microwave. Supermarket own brand okay. 10 years.	Silver Manual Microwave
E1	5.3	SMP	Kitchen, appliances	Fridge freezer		Currys	819.00	1	1	782.1	1.05	Cheapest B rating 60/40. From Appliances online/Argos/Currys/AO. 15 years	BEKO CNG7603VPX 60/40 Fridge Freezer - Brushed Steel (B rating)
E1	5.3	SMP	Kitchen, appliances	Fridge freezer disposal		Currys	25.00		1	782.1	0.03	From AO/Currys. Recycling of old fridge freezer.	£25 for recycling old fridge freezer.
E1	5.3	SMP	Kitchen, appliances	Cooker		Currys	299.00	1	1	1042.9	0.29	Dual fuel cooker with high energy efficiency rating. From Appliances online/Argos/Currys.20 years.	INDESIT IS5G4PHSS 50 cm Dual Fuel Cooker - Silver - A rating
E1	5.3	SMP	Kitchen, appliances	Cooker installation and disposal		Currys	125.00		1	1042.9	0.12	From AO/Currys. Installation of new cooker and disposal of the old one.	£100 installation + £25 recycling old one.
E1	5.3	SMP	Kitchen, appliances	Washing machine		Currys	269.00	1	1	521.4	0.52	8KG drum, high energy efficiency. From Appliances online/Argos/Currys/AO. 10 years.	CANDY Smart CS 148TW4/1-80 NFC 8 kg 1400 Spin Washing Machine - White
E1	5.3	SMP	Kitchen, appliances	Washing machine installation and disposal		Currys	55.00		1	521.4	0.11	Paid installation and disposal for the washing machine if unable to move around and install these heavy items by themselves.	£30 for installation + £25 for recycling the old washing machine.
E1	5.3	SMP	Kitchen, appliances	Toaster		George, ASDA	13.00	1	1	260.7	0.05	Supermarket brand okay 5 years.	White EPT201W4-20 4 Slice Toaster
E1	5.3	SMP	Kitchen, appliances	Kettle		Argos	11.00	1	1	104.3	0.11	Supermarket brand okay. From supermarket/B+M/Home Bargains. 2 years.	Cookworks WK8321 New Basic Kettle - White
E1	5.3	SMP	Kitchen, appliances	Air fryer		George, Asda	28.00	1	1	156.4	0.18	Supermarket brand okay. From supermarket/B+M/Home Bargains. 3 years.	Black Compact Air Fryer 1.5 Litre
E1	5.4	SMP	Kitchen, cookware	Saucepans		George, Asda	18.00	3	1	521.4	0.03	3 needed, non-stick. From supermarket/B+M/Home Bargains. 10 years.	Non-stick Aluminium Saucepan Set -3-piece

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SMP	Kitchen, cookware	Frying pan		George, Asda	8.50	2	1	521.4	0.02	2 needed. From supermarket/B+M/Home Bargains. 10 years.	2 Piece Frying Pan Set (non-stick)
E1	5.4	SMP	Kitchen, cookware	Steamer pans		Asda	12.00	3	1	1303.6	0.01	Cheapest set of stainless steel steamers. 25 years.	George Home Stainless Steel 3 Tier Steamer
E1	5.4	SMP	Kitchen, cookware	Knives		Argos	25.00	5	1	1303.6	0.02	Stainless steel set (blade and handle) needed. Does not need to come with knife block. From supermarket/B+M/Home Bargains. 25 years	Argos Home 5 Piece Knife Block Set (stainless steel set)
E1	5.4	SMP	Kitchen, cookware	Knife sharpener		Argos	15.00	1	1	521.4	0.03	1 up from bottom. 10 years.	Richardson Essentials 3 Stage Knife Sharpener
E1	5.4	SMP	Kitchen, cookware	Baking sheet		Asda	1.25	1	2	156.4	0.02	2 needed. From supermarket/B+M/Home Bargains. 3 years.	George Home Non-stick Oven Tray 32cm
E1	5.4	SMP	Kitchen, cookware	Roasting tin		Asda	2.50	1	2	156.4	0.03	2 needed. From supermarket/B+M/Home Bargains. 3 years.	George Home Non-Stick Roaster Grey 38cm
E1	5.4	SMP	Kitchen, cookware	Bread tin		The Range	1.99	1	1	156.4	0.01	1 bread tin in line. 3 years.	Loaf tin
E1	5.4	SMP	Kitchen, cookware	Bun tin		George, Asda	2.00	1	1	156.4	0.01	1 bun tin. 3 years.	George Home Non-Stick 6 Cup Muffin Tray
E1	5.4	SMP	Kitchen, cookware	Cake tin		Asda	1.00	1	2	156.4	0.01	2 cake tins. Cheapest non-stick from Home Bargains/supermarket. 3 years.	George Home Non-stick Sandwich Tin 18cm
E1	5.4	SMP	Kitchen, cookware	Cheese grater		Asda	1.50	1	1	1303.6	0.00	From supermarket/B+M/Home Bargains. 25 years.	George Home 4-Sided Grater
E1	5.4	SMP	Kitchen, cookware	Colander		Asda	3.00	1	1	1303.6	0.00	Stainless steel. From supermarket/B+M/Home Bargains. 25 years.	George Home Stainless Steel Colander
E1	5.4	SMP	Kitchen, cookware	Sieve		Asda	2.50	1	1	1303.6	0.00	Stainless steel sieve. 25 years.	George Home Stainless Steel Sieve
E1	5.4	SMP	Kitchen, cookware	Casserole dish		Asda	4.00	1	1	156.4	0.03	From supermarket/B+M/Home Bargains. 3 years.	George Home Ceramic Roasting Dish 26cm
E1	5.4	SMP	Kitchen, accessories	Utensils		George, Asda	14.00	5	1	782.1	0.02	From supermarket/B+M/Home Bargains. 15 years	Excellence Utensils Set - Set of 5. Nylon and stainless steel. 1 x solid spoon, 1 x slotted spoon, 1 x turner, 1 x masher & 1 x ladle
E1	5.4	SMP	Kitchen, accessories	Whisk		George, Asda	2.00	1	1	782.1	0.00	Cheapest okay. 15 years.	Silver Large Stainless Steel Whisk
E1	5.4	SMP	Kitchen, accessories	Scissors		Tesco	1.75	3	1	260.7	0.01	Assortment of 3 sizes. From supermarket/B+M/Home Bargains. 5 years.	Tesco Scissors 3 Pack
E1	5.4	SMP	Kitchen, accessories	Wooden spoons		The Range	1.99	3	1	260.7	0.01	3 wooden spoons. 5 years.	Pack of 3 Wooden Spoons
E1	5.4	SMP	Kitchen, accessories	Bottle opener		Asda	4.00	1	1	1303.6	0.00	Supermarket/B+M/Home Bargains. 25 years	George Home Excellence Corkscrew

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SMP	Kitchen, accessories	Tin opener		Asda	0.60	1	1	521.4	0.00	From supermarket/B+M/Home Bargains. CB1 added in line with SFP and said 25 years. FG1 said 10 years	George Home Metal Butterfly Can Opener
E1	5.4	SMP	Kitchen, accessories	Jar opener		Argos	10.00	1	1	1303.6	0.01	From supermarket/B+M/Home Bargains. 25 years.	Aidapt Living Aids Opening Bundle
E1	5.4	SMP	Kitchen, accessories	Peeler		Asda	0.70	1	1	1303.6	0.00	From supermarket/B+M/Home Bargains. 25 years.	George Home Plastic Peeler
E1	5.4	SMP	Kitchen, accessories	Measuring jug		Asda	0.50	1	1	208.6	0.00	Plastic jug lasting 4 years.	George Home Plastic Measuring Jug
E1	5.4	SFP	Kitchen, accessories	Microwave plate covers		Asda	1.00	1	2	156.4	0.01	2 microwavable plate covers. Cheapest. 3 years.	George Home Microwaveable Plate Cover
E1	5.4	SMP	Kitchen, accessories	Mixing bowls		Asda	3.75	1	2	1303.6	0.01	2 Pyrex. From supermarket/B+M/Home Bargains. 25 years.	Pyrex Glass Mixing Bowl
E1	5.4	SMP	Kitchen, accessories	Chopping boards		Asda	2.00	1	4	260.7	0.03	From supermarket/B+M/Home Bargains. 4 white plastic chopping boards, cheapest okay. 5 years.	George Home Basic White Chopping Board
E1	5.4	SMP	Kitchen, accessories	Bread bin		The Range	12.99	1	1	521.4	0.02	From supermarket/B+M/Home Bargains. 10 years.	Ribbed Oval Bread Bin
E1	5.4	SMP	Kitchen, accessories	Biscuit tin (storage)		The Range	5.99	1	1	521.4	0.01	Bread tin and biscuit tin (can be in set). Cheapest from Home Bargains/supermarket. 10 years.	Round Rib Biscuit Canister
E1	5.4	SMP	Kitchen, accessories	Cake tin (storage)		Dunelm	10.00	3	1	521.4	0.02	10 years.	Dunelm Set of 3 Life Is Cake Tins
E1	5.4	SMP	Kitchen, accessories	Cutlery tray		B&M	3.50	1	1	521.4	0.01	In-drawer cutlery organiser. From supermarket/B+M/Home Bargains. 10 years	Addis Non-Slip Cutlery Tray - White
E1	5.4	SMP	Kitchen, accessories	Oven gloves		Asda	3.50	1	1	104.3	0.03	From supermarket/B+M/Home Bargains. 2 years.	George Home Grey Double Oven Glove
E1	5.4	SMP	Kitchen, accessories	Bin		George, ASDA	10.00	1	1	260.7	0.04	Plastic okay. From supermarket/B+M/Home Bargains. 5 years.	Black Swing Bin 50L
E1	5.4	SMP	Kitchen, accessories	Bin liners		Tesco	5.35	50	1	50.0	0.11	1 bin liner per week.	Tesco 50 Refuse Sacks 50L
E1	5.4	SMP	Kitchen, accessories	Compost bin		Dunelm	3.50	1	1	260.7	0.01	Cheapest countertop compost bin. 5 years.	Addis Recycled Plastic Food Waste Caddy

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E1	5.4	SMP	Kitchen, accessories	Washing up bowl		Asda	2.00	1	1	104.3	0.02	Plastic okay. From supermarket/B+M/Home Bargains. 2 years.	George Home Recycled Plastic Washing Up Bowl Grey
E1	5.4	SMP	Kitchen, accessories	Drainer		Asda	2.00	1	1	104.3	0.02	Plastic okay. From supermarket/B+M/Home Bargains. 2 years.	Wham Grey Everyday Dish Drainer
E1	5.4	SFP	Kitchen, accessories	Storage containers		Asda	6.00	4	1	156.4	0.04	Food containers. 3 years.	George Home Premium Rectangular Food Storers
E1	5.4	SMP	Kitchen, accessories	Canisters		Dunelm	16.00	3	1	521.4	0.03	For tea, coffee, sugar. Ceramic with wooden lid. From supermarket/B+M/Home Bargains. 10 years.	Set of 3 Cream Hang Tag Stacking Canisters
E1	5.4	SMP	Kitchen, accessories	Step		Dunelm	6.00	1	1	521.4	0.01	Folding step. From Dunelm. 10 years.	Small Grey Step Stool
E1	5.6	SMP	Kitchen, laundry	Washing liquid		Tesco	2.19	1	1	10.0	0.22	From supermarket/B+M/Home Bargains. 3 loads of laundry per week.	Tesco Non Biological Liquid Detergent Super Concentrated 900MI (30 washes)
E1	5.6	SMP	Kitchen, laundry	Fabric conditioner		Tesco	2.15	1	1	14.0	0.15	From supermarket/B+M/Home Bargains. 3 loads of laundry per week.	Tesco Fabric Conditioner Pure 42 Washes 1.26L
E1	5.4	SMP	Kitchen, laundry	Airer		Argos	15.00	1	1	1042.9	0.01	Free standing airer. From supermarket/B+M/Home Bargains. 20 years.	Argos Home 12m 3 Tier Indoor Clothes Airer
E1	5.4	SMP	Kitchen, laundry	Over radiator airer		Tesco	5.00	3	1	1042.9	0.00	Over-radiator airers. From supermarket/B+M/Home Bargains. 20 years	Tesco Radiator Clothes Airer Pack Of 3
E1	5.3	SMP	Kitchen, laundry	Iron		Tesco	21.00	1	1	260.7	0.08	From supermarket/B+M/Home Bargains. 5 years.	Russell Hobbs 23062 Supreme Steam Iron
E1	5.4	SMP	Kitchen, laundry	Ironing board		Argos	18.00	1	1	521.4	0.03	From supermarket/B+M/Home Bargains. 10 years.	Habitat Medium 110 x 34cm Ironing Board - Skandi Spot
E1	5.4	SMP	Kitchen, laundry	Ironing board cover		Argos	7.00	1	1	52.1	0.13	Ironing board cover. 1 year.	Argos Home 120 x 45cm Ironing Board Cover - Skandi Spot
E1	5.6	SMP	Kitchen, cleaning	Mop and bucket		Argos	37.00	1	1	260.7	0.14	From supermarket/B+M/Home Bargains. Mop with replaceble head. Mop handle and bucket. 5 years.	Vileda Easy Wring and Clean Turbo Spin Mop and Bucket Set
E1	5.6	SMP	Kitchen, cleaning	Mop head		Argos	15.00	2	1	26.1	0.58	1 mop head every 3 months. 6 months	Vileda 2 in 1 Microfibre Turbo Mop Head Pack of 2
E1	5.3	SMP	Kitchen, cleaning	Vacuum cleaner		Argos	80.00	1	1	521.4	0.15	From Appliances online/Argos/Currys/AO. IG1 specified upright, corded and bagless okay. 10 years.	Vax Mach Air Revive Corded Bagless Upright Vacuum Cleaner
E1	5.6	SMP	Kitchen, cleaning	Dustpan & brush		The Range	1.99	1	1	260.7	0.01	From supermarket/B+M/Home Bargains. 10 years. 5 years	Value Grey Dustpan And Brush
E1	5.6	SMP	Kitchen, cleaning	Kitchen roll		Tesco	4.00	4	1	4.0	1.00	From supermarket/B+M/Home Bargains. 1 roll per week.	Tesco Kitchen Towel 4 Roll
E1	5.4	SMP	Kitchen, cleaning	Kitchen roll holder		Dunelm	2.50	1	1	1303.6	0.00	From supermarket/B+M/Home Bargains. 25 years.	White Wire Kitchen Roll Holder



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E1	5.6	SMP	Kitchen, cleaning	Dish cloths		Tesco	1.70	4	1	13.0	0.13	4pk. From supermarket/B+M/Home Bargains. 3 months.	Tesco Dish Cloth 4 Pack
E1	5.6	SMP	Kitchen, cleaning	Tea towels		Asda	4.00	5	1	104.3	0.04	From supermarket/B+M/Home Bargains. 2 years.	George Home Green Terry Tea Towels
E1	5.6	SMP	Kitchen, cleaning	Hand towels		George, Asda	1.75	1	3	104.3	0.05	3x cheapest hand towels from Home Bargains/supermarket. 2 years. FG1 added in line with couples.	White 100% Cotton Towel Range
E1	5.6	SFP	Kitchen, consumables	Washing up liquid		Tesco	2.00	1	1	4.3	0.46	From supermarket/B+M/Home Bargains. 1 month.	Fairy Original Washing Up Liquid 654MI
E1	5.6	SMP	Kitchen, consumables	Multi-surface spray		Tesco	0.85	1	1	4.3	0.20	From supermarket/B+M/Home Bargains. 1 month.	Tesco Antibacterial Multi Purpose Spray 750MI
E1	5.6	SMP	Kitchen, consumables	Air freshener		Tesco	1.85	1	1	4.3	0.43	From supermarket/B+M/Home Bargains. 1 month.	Tesco Air Freshener Orange & Pomegranate
E1	5.6	SMP	Kitchen, consumables	Bleach		Tesco	0.70	1	1	2.0	0.35	Recognisable brand.1 bathroom, 1 kitchen, each bottle replaced every 2 weeks.	Tesco Thick Bleach Fresh 750MI
E1	5.6	SMP	Kitchen, cleaning	Scouring/sponge pads		Tesco	0.43	8	1	8.0	0.05	From supermarket/B+M/Home Bargains. 1 sponge per week.	Springforce Sponge Scourers 8 Pack
E1	5.6	SMP	Kitchen, cleaning	Scourers		Tesco	1.55	5	1	5.0	0.31	From Home Bargains/Supermarket. 1 per week.	Tesco Pan Scourers 5 Pack
E1	5.6	SMP	Kitchen, consumables	Foil		Tesco	1.40	1	1	6.0	0.23	From supermarket/B+M/Home Bargains. 6 weeks	Tesco Kitchen Foil 10M X 290Mm
E1	5.6	SMP	Kitchen, consumables	Clingfilm		Tesco	2.15	1	1	6.0	0.36	From supermarket/B+M/Home Bargains. 6 weeks	Tesco PVC-Free Cling Film 40m x 350mm
E1	5.6	SMP	Kitchen, consumables	Greaseproof paper		Tesco	2.00	1	1	6.0	0.33	From supermarket/B+M/Home Bargains. 6 weeks	Tesco Non Stick Baking Paper 370Mm X 15M
E1	5.5	SMP	Tools	Tool kit		B&Q	25.99	53	1	1303.6	0.02	Basic tool kit from B+Q, containing screwdrivers, pliers, hammers, saws, screws, plugs. 25 years.	VonHaus Household Tool Kit - 53pc Tool Kit for Beginners - Includes Precision Screwdrivers, Hammer, Pliers, Hex Keys, Bits & More
E1	5.5	SMP	Household maintenance	Fuses		Tesco	1.50	9	1	156.4	0.01	Fuses. 3 years.	Keep It Handy Fuses 9Pk

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E1	5.6	SMP	Household maintenance	Sewing kit		Asda	2.50	1	1	1303.6	0.00	1 sewing kit. Cheapest basic from supermarket. 25 years.	Haber Compact Sewing Kit 30 Pieces. Includes: - Compact case - Scissors - Mini Needles Compact with 3 needles - Thimble - Threader - Tape Measure - 2 Buttons - 8 Polyester Threads - 2 Poppets - 2 Hook and Eyes - 2 Safety Pins - 5 Berry Pins
E1	5.5	SMP	Bathroom	Light bulb		Tesco	2.00	1	1	521.4	0.00	1 needed for main light.	Tesco Led Classic Warm White 60W Bayonet Cap Bulb
E1	5.1	SMP	Bathroom	Blind		Dunelm	32.00	1	1	521.4	0.06	Moisture-resistant blinds, mid-mid range. 10 years.	Natural Blackout Moisture Resistant Roller Blind, 4ft W 183x162cm. Choice of colours available.
E1	5.1	SMP	Bathroom	Medicine cabinet		Argos	30.00	1	1	521.4	0.06	Cheapest B&M medicine cabinet, 10 years.	Argos Home Tongue & Groove Mirrored Cabinet - White
E1	5.1	SMP	Bathroom	Toilet seat		B&Q	8.49	1	1	260.7	0.03	From Dunelm/B&M/B&Q. 5 years.	Plastic Toilet Seat - White Bathroom
E1	5.1	SMP	Bathroom	Storage cabinet		Dunlem	49.00	1	1	521.4	0.09	From Dunelm. 10 years.	Grey Storage Unit
E1	5.5	SMP	Bathroom	Over-door hooks		B&M	6.00	1	1	1042.9	0.01	From B&M/B&Q. 20 years.	10 Ball Overdoor Hooks - black
E1	5.4	SMP	Bathroom	Shower rail		B&Q	9.99	1	1	521.4	0.02	Shower curtain rail, metal expandable rail. From B&M/B&Q. 10 years	Heavy Duty Extendable Telescopic Shower Curtain Pole Rail Rod Bath Door Window 55-85cm
E1	5.4	SMP	Bathroom	Towel rail		B&Q	22.00	1	1	521.4	0.04	Cheapest fixed. From Home Bargains/B+M/supermarket. 10 years.	GoodHome Alessano Silver effect Iron & steel Wall-mounted Towel rail (W)63.5cm
E1	5.4	SMP	Bathroom	Toilet roll holder		B&M	6.00	1	1	521.4	0.01	Cheapest freestanding toilet roll holder. From B+M. 10 years.	Chrome Toilet Roll Holder
E1	5.6	SMP	Bathroom	Toilet brush		Asda	1.30	1	1	52.1	0.02	Cheapest okay. From Home Bargains/B+M/supermarket. 12 months.	George Home Toilet Brush
E1	5.2	SMP	Bathroom	Bath sheets		Primark	7.00	1	2	156.4	0.09	Cheapest okay. From Primark. 3 years.	Dark Grey Ultrasoft Large Bath Towe
E1	5.2	SMP	Bathroom	Hand towels		Primark	4.00	1	2	156.4	0.05	Cheapest okay. From Primark. 3 years.	Dark Grey Ultrasoft Hand Towel
E1	5.2	SMP	Bathroom	Flannels		Primark	2.50	3	1	156.4	0.02	Cheapest okay. From Primark. 3 years.	3pk Grey Ultrasoft Face Cloths
E1	5.2	SMP	Bathroom	Bath mat		B&M	3.50	1	2	260.7	0.03	2 needed. From B&M/B&Q. Lasting 5 years.	Charcoal - Tufted Bath Mat
E1	5.2	SMP	Bathroom	Non-slip bathmat		George, Asda	2.25	1	1	26.1	0.09	Non slip bathmat for inside the bath/shower. Cheapest. From Home Bargains/B+M/supermarket. 6 months.	White Rubber Bath Mat
E1	5.2	SMP	Bathroom	Shower curtain		Argos	6.00	1	1	104.3	0.06	From Home Bargains/B+M/supermarket. 2 years.	Argos Home Shower Curtain - White

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E1	5.2	SMP	Bathroom	Laundry basket		George, Asda	6.00	1	1	260.7	0.02	Foldable/fabric laundry bag or basket. From Home Bargains/B+M/supermarket. Replaced every 5 years.	Grey Laundry Bag
E1	5.1	SMP	Bathroom	Magnifying mirror		Asda	3.00	1	1	521.4	0.01	Cheapest okay. From Home Bargains/B+M/supermarket. 10 years.	Charcoal Round Mirror
E1	5.1	SMP	Bathroom	Bleach		Tesco	0.70	1	1	2.0	0.35	Recognisable brand. 1 bathroom, 1 kitchen, each bottle replaced every 2 weeks.	Tesco Thick Bleach Fresh 750ml
E1	5.6	SMP	Bathroom	Toilet cleaner		Tesco	0.49	1	1	4.3	0.11	From supermarket/Home Bargains. 1 month.	Tesco Active Gel Fresh 750ml
E1	5.1	SFP	Bathroom	Cleaning wipes		Tesco	1.00	40	1	4.3	0.23	For cleaning toilet and bathroom. 1 month.	Tesco Original Multi Surface Wipes 40'S
E1	5.4	SMP	Bathroom	Bin		George, Asda	6.00	1	1	521.4	0.01	From supermarket/B+M/Home Bargains. 10 years.	Black Pedal Bin 3L
E1	5.6	SMP	Bathroom	Bin liners		Tesco	2.15	22	1	22.0	0.10	Pedal bin liners. 1 bin liner used every week.	Tesco 30 Pedal Bin Liners
E1	5.1	SMP	Bedroom	Lampshade for central light		Dunelm	25.00	1	1	782.1	0.03	£25 per lampshade, 'simple' lampshades throughout. From B+Q/Dunelm/Supermarket/Argos. 15 years.	Sara Tapered Lamp Shade, 40cm, natural
E1	5.5	SFP	Bedroom	Light bulb		Tesco	2.00	1	1	521.4	0.00	1 needed for main light.	Tesco Led Classic Warm White 60W Bayonet Cap Bulb
E1	5.5	SFP	Bedroom	Light bulb (dimmable)		Tesco	6.00	2	1	521.4	0.01	2 dimmable lightbulbs needed for touch dimmable lamps.	Tesco Led Candle 40W Dimmable Bayonet Cap 2 Pack
E1	5.2	SMP	Bedroom	Curtains		Argos	45.00	2	1	782.1	0.06	Mid-mid range, blackout, machine washable, eyelet curtains. B&M, IKEA, Wilko, Home Bargains, B&Q, Matalan, Dunelm. 15 years	Habitat Plain Blackout Eyelet Curtains - Natural. 168cmx183cm. Machine washable. Choice of colours available.
E1	5.5	SMP	Bedroom	Curtain pole		Argos	20.00	1	1	1303.6	0.02	Metal curtain pole from same shop as the curtains. Easy to clean. 25 years.	Argos Home Extendable Metal Ball Curtain Pole - S Steel. 110-300cm
E1	5.2	SMP	Bedroom	Voile (net curtain)		Dunelm	24.00	1	2	260.7	0.18	For privacy, two up from the cheapest. B&M, IKEA, Wilko, Home Bargains, B&Q, Matalan, Dunelm. 5 years	Aspen White Sheer Slot Top Single Voile Panel, W 290cm (114") x D 228cm (90")
E1	5.5	SMP	Bedroom	Wire for net curtains		Dunelm	2.50	1	1	1042.9	0.00	20 years.	Net Curtain Wire
E1	5.1	SMP	Bedroom	Bed, double		Dreams	300.00	1	1	1074.3	0.28	Double bed, four drawers, approx. £600 for bed and mattress, plus headboard. From Atkinsons/Benson for Beds/Dreams. 20 years.	Dreams Workshop Divan Bed Base (4 drawers)
E1	5.1	SFP	Bedroom	Headboard		Dreams	129.00	1	1	1074.3	0.12	Approx. £600 for bed + mattress, plus headboard. From Atkinsons/Benson for Beds/Dreams. 20 years.	Dreams Workshop Fairfield Headboard
E1	5.1	SMP	Bedroom	Mattress, double		Dreams	329.00	1	1	429.7	0.77	Approx. £600 for bed + mattress. Thick, sprung + memory foam layer, recognisable brand (E.g. Silent Night), Atkinsons/Benson for Beds/Dreams. 8 years.	Dreams Workshop Braybrook Combination Mattress (springs and memory foam)

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E1	5.1	SMP	Bedroom	Wardrobe		Argos	270.00	1	1	1342.9	0.20	Solid wardrobe, fully assembled but MDF okay. Dreams/Dunelm/supermarket/Oak Furniture Land/Argos/B+M. 25 years.	Ashdown 2 Door Wardrobe - White (fully assembled)
E1	5.1	SMP	Bedroom	Drawers		Argos	240.00	1	1	1342.9	0.18	Solid chest of drawers, fully assembled but MDF okay. Dreams/Dunelm/supermarket/Oak Furniture Land/Argos/B+M. 25 years.	Ashdown 5 Drawer Chest - White (fully assembled)
E1	5.1	SMP	Bedroom	Bedside table		Argos	130.00	1	2	1342.9	0.19	2 bedside tables, solid, fully assembled but MDF okay. Dreams/Dunelm/supermarket/Oak Furniture Land/Argos/B+M. 25 years.	Ashdown 3 Drawer Bedside Table - White (fully assembled)
E1	5.1	SMP	Bedroom	Mirror		Dunelm	12.00	1	1	1342.9	0.01	Full length mirror (or on wardrobe okay), from Dunelm/supermarket/Oak Furniture Land/Argos/B+M. 25 years.	Essentials Full Length Mirror 120x30cm Black
E1	5.1	SMP	Bedroom	Lamp		Dunelm	10.00	1	2	782.1	0.03	Bedside lamps 2 needed, matching each other but can be cheap. Touch lamps for ease of turning on in the night. Supermarket/Dunelm/B+M. 15 years.	Rimini Touch Dimmable Table Lamp
E1	5.2	SMP	Bedroom	Duvet		George, Asda	25.00	1	1	537.1	0.05	1 winter and 1 summer or clip together. From supermarket/B+M/Dunelm. 10 years.	All Seasons Combi Duvet
E1	5.2	SMP	Bedroom	Pillows		George, Asda	30.00	4	1	104.3	0.29	4 pillows, recognisable brand, mid-range. From Dunelm/supermarket/B+M. 2 years.	Silentnight Anti-Allergy Pillows - 4 Pack
E1	5.2	SMP	Bedroom	Sheets, fitted		Dunelm	5.00	1	2	521.4	0.02	3 lots of fitted sheets. cheapest cotton. From Dunelm/supermarket/B+M. 10 years.	Simply 100% Brushed Cotton Fitted Sheet
E1	5.2	SMP	Bedroom	Duvet covers		The Range	16.99	1	2	521.4	0.07	2 sets duvet covers, cheapest cotton. From Dunelm/supermarket/B+M. 10 years.	Seersucker Duvet Cover with Pillowcase Bedding Set - White / Double
E1	5.2	SMP	Bedroom	Pillow cases		The Range	2.49	2	2	521.4	0.01	4 extra in addition to pillowcases that come with the duvet covers. Cheapest cotton. From Dunelm/supermarket/B+M. 10 years.	My Home Polycotton Housewife Pillowcases
E1	5.2	SMP	Bedroom	Mattress protector		Dunelm	18.00	1	2	208.6	0.17	2 needed. From Dunelm/supermarket/B+M. 4 years	Fogarty Soft Touch Mattress Protector
E1	5.2	SMP	Bedroom	Pillow protectors		Asda	6.00	2	2	208.6	0.06	4 needed. From Dunelm/supermarket. 4 years.	Anti-Allergy Pillow Protector - 2 pack
E1	5.2	SMP	Bedroom	Blanket		George, Asda	4.50	1	1	1042.9	0.00	1 fleecy blanket, cheapest, extra comfort or lighter layer in summer. From Dunelm/supermarket/B+M. 20 years.	Natural Super Soft Throw
E1	5.1	SMP	Garden	Table & chair set		Argos	65.00	3	1	782.1	0.08	Table and chairs for garden. Cheapest plastic bistro set, lasting 15 years.	Argos Home Baltimore 2 Seater Plastic Garden Bistro Set
E1	9.3	SMP	Garden	Garden pots and plants			30.00	1	1	52.1	0.58	£30 per year for topping up basic garden tools, pots, plants and compost.	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	4.3	SMP	Hall	Carpet		United Carpets & Beds	243.27	1	1	1042.9	0.23	Mid-range synthetic wool mix. From Carpetright. Plus fitting and mid-range underlay, 20 years.	Domestic carpets in Carpetright are 100% polypropylene, so priced in United Carpets instead. Hall: Ashton Twist (9.6m2 x £8.99/sqm = £86.30), Airstep Supa Value 10mm Underlay (9.6m2 x £10.99/sqm = £105.50), Double Edged Door Bar (3x £7.99 = £23.97), Elite Dual Purpose Gripper (3x £2.50 = £7.50) -> £223.28 plus delivery (£19.99) = TOTAL £243.27. Carpet fitting is free when carpet is purchased with underlay.
E1	4.3	SMP	Living area & dining area	Carpet		United Carpets & Beds	473.06	1	1	1042.9	0.45	Mid-range synthetic wool mix. From Carpetright. Plus fitting and mid-range underlay, 20 years.	Domestic carpets in Carpetright are 100% polypropylene, so priced in United Carpets instead. Living and dining room: Ashton Twist (20.5m2 x £8.99/sqm = £184.30), Airstep Supa Value 10mm Underlay (20.5m2 x £10.99/sqm = £225.30), Double Edged Door Bar (2x £7.99 = £15.98), Elite Dual Purpose Gripper (11x £2.50 = £27.50) -> £453.07 plus delivery (£19.99) = TOTAL £473.06. Carpet fitting is free when carpet is purchased with underlay.
E1	4.3	SMP	Bedroom	Carpet		United Carpets & Beds	306.22	1	1	1042.9	0.29	Mid-range synthetic wool mix. From Carpetright. Plus fitting and mid-range underlay, 20 years.	Bedroom 1: Ashton Twist (12.8m2 x £8.99/sqm = £115.07), Airstep Supa Value 10mm Underlay (12.8m2 x £10.99/sqm = £140.67), Double Edged Door Bar (1x £7.99 = £7.99), Elite Dual Purpose Gripper (9x £2.50 = £22.50) -> £286.23 plus delivery (£19.99) = TOTAL £306.22. Carpet fitting is free when carpet is purchased with underlay.
												<b>E: Household Goods and Services</b>	<b>£ 20.00</b>
												E1: Household Goods	£ 20.00

MIS 2024 REBASE

E: Household goods and services

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E2A1	7.4	SMP	Postage	Postage			20.00		1	52.1	0.38	£30 per year. For sending some cards and presents (although mostly in-person) and some return postage costs.	
E2A2	8.1	SMP	Telephone	Landline telephone		Argos	30.00	2	1	1042.9	0.03	Landline still needed, in case mobile phone is lost, broken or they haven't remembered to charge its batteries. 2x cordless handsets, one for living room and one for bedroom. Cheapest is ok. Argos. 20 years.	VTech CS2001 Cordless Telephone - Twin
E2A2	8.3	SMP	Telephone	Landline phone calls		Plusnet	12.69	1	1	4.3	2.92	Landline with line rental and anytime phone calls.	Plusnet Unlimited UK and Mobile Calls package, £12.69 per month. N.B. "The technology that powers landline telephones in the UK will be phased out by Openreach from 2023 and completely switched off in 2025. With the increased use of mobile phone devices and internet video calling, traditional phone line usage is in decline." (But landline calls will still be delivered, over VoIP / 'digital voice' broadband-based systems which may require new phone handsets.)
E2A2	8.1	SMP	Telephone	Mobile telephone (handset)		Tescomobile	0.00	1	1	104.3	0.00	Contract would include the cost of the phone handset.	Motorola Moto E13, £0 upfront cost with 24-month contract.
E2A2	8.3	SMP	Telephone	Mobile telephone (bills)		Tescomobile	9.00	1	1	4.3	2.07	500MB of data with a package that would also include the phone in the contract.	Tesco Mobile: Motorola Moto E13 phone, 24-month contract, 500MB data per month, unlimited calls and texts, £8/month, no upfront cost.
												<b>E: Household Goods and Services</b>	<b>£ 5.40</b>
												E1: Household Goods	£ -
												E2: Household Services	£ 5.40
												E2A: Communication	£ 5.40
												E2A1: Postage	£ 0.38
												E2A2: Telephone	£ 5.02

MIS 2024 REBASE

F: Personal goods and services, including health

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	13.1	SMP	Personal care	Hairdressing			10.00	1	1	6.0	1.67	£10 every 6 weeks (inclusive of pensioner rates)	
F	13.1	SMP	Personal care	Soap	Palmolive	Tesco	1.15	1	1	4.3	0.26	Liquid soap, recognisable brand. 1 month	Palmolive Sensitive Handwash 300MI
F	13.1	SMP	Personal care	Toilet roll	Tesco	Tesco	1.49	4	1	2.0	0.75	Not the cheapest.3 ply. From supermarket/Savers/Superdrug/Poundland. 2 per week.	Tesco Luxury Soft Quilted Toilet Tissue 4 Rolls
F	13.1	SMP	Personal care	Tissues (box)	Kleenex	Tesco	2.00	112	1	4.3	0.46	Recognisable brand. 1 month.	Kleenex Original Tissues MEGA Box 75% more tissues 112 Sheets
F	13.1	SMP	Personal care	Tena pads	Tena	Tesco	4.40	14	1	2.0	2.20	1 per day	TENA Men Protective Shield Incontinence Liners 14 pack
F	13.1	SMP	Personal care	Shower gel	Lynx	Tesco	1.25	1	1	4.3	0.29	Recognisable brand (e.g. Lynx). 1 month.	Lynx Excite Bodywash Shower Gel 225ml
F	13.1	SMP	Personal care	Razor	Wilkinson Sword	Tesco	4.35	4	1	4.0	1.09	Recognisable brand. Disposable 1 week	Wilkinson Sword Xtreme 3 Sensitive Comfort Men Disposable Razor X4
F	13.1	SMP	Personal care	Shaving foam	Nivea	Tesco	2.70	1	1	4.3	0.62	Recognisable brand. 1 month	Nivea Men Sensitive Cooling Shaving Gel 200MI
F	13.1	SMP	Personal care	Back brush		Superdrug	6.00	1	1	104.3	0.06	From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 2 years.	Superdrug Bath Brush
F	13.1	SMP	Personal care	Toothpaste	Colgate	Tesco	0.99	1	1	4.3	0.23	Recognisable brand (e.g. Colgate). 1 month	Colgate Triple Action Toothpaste 75MI
F	13.1	SMP	Personal care	Toothbrush	Colgate	Tesco	1.50	3	1	26.1	0.17	Recognisable brand . 2 months.	Colgate Extra Clean Medium Toothbrush 3 Pack (lifespan adjusted for 3-pack)
F	13.1	SMP	Personal care	Mouthwash	Colgate	Tesco	2.00	1	1	4.3	0.46	Recognisable brand. 1 month	Colgate Triple Action Mouthwash 500MI
F	13.1	SMP	Personal care	Denture tablets	Steradent	Tesco	1.00	30	1	4.3	0.23	Recognisable brand.1 per day	Steradent Active Plus 30
F	13.1	SMP	Personal care	Tooth mug	Tesco	Tesco	2.00	1	1	521.4	0.00	1 needed. 10 years	Tesco White Plastic Tumbler
F	13.1	SMP	Personal care	Deodorant	Sure	Tesco	1.50	1	1	6.0	0.25	Recognisable brand, non-marking. 6 weeks.	Sure Invisible Pure Antiperspirant Deodorant Roll-On 50MI
F	13.1	SMP	Personal care	Hair gel	Brylcreem	Tesco	3.20	1	1	4.3	0.74	Recognisable brand. 1 month	Brylcreem Strong 24 Hour Hold Gel 150MI
F	13.1	SMP	Personal care	Shampoo	Alberto Balsam	Tesco	3.38	1	1	4.3	0.78	Recognisable brand. 1 month.	Head & Shoulders Classic Clean Anti Dandruff Shampoo 400MI
F	13.1	SMP	Personal care	Moisturiser (body)	Dove	Tesco	3.30	1	1	8.7	0.38	Recognisable brand. 2 months.	Dove Essential Nourishing Body Lotion 400MI
F	13.1	SMP	Personal care	Lip salve	Nivea	Tesco	1.75	1	1	8.7	0.20	From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 2 months.	NIVEA Original Care Lip Balm 4.8g
F	13.1	SMP	Personal care	Baby wipes	Huggies	Tesco	0.95	1	1	4.3	0.22	Recognisable brand. 1 month.	Huggies Pure 0% Plastic Baby Wipes 48 Wipes

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments	
F	13.1	SMP	Personal care	Sun cream	Nivea	Tesco	7.00	1	2	52.1	0.27	2 needed. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 1 year	Nivea Sun Moisturising Sun Lotion F50+ 200ml	
F	13.1	SMP	Personal care	Aftersun	Nivea	Tesco	5.00	1	2	52.1	0.19	2 needed. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 1 year.	Nivea After Sun Lotion 200ml	
F	13.1	SMP	Personal care	Comb	Leo Bancroft	Tesco	2.10	1	1	156.4	0.01	3 years.	Leo Bancroft Everyday Comb Purple	
F	13.1	SMP	Personal care	Hairbrush	Cantu	Tesco	7.50	1	1	156.4	0.05	3 years.	Cantu Smooth Thick Hair Paddle Brush	
F	13.1	SMP	Personal care	Nail clippers	Tesco	Tesco	2.15	1	1	1042.9	0.00	20 years.	Tesco Nail Clippers	
F	13.1	SMP	Personal care	Nail brush	Superdrug	Superdrug	2.50	1	1	156.4	0.02	From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 3 years.	Superdrug Nail Brush	
F	13.1	SMP	Personal care	Aftershave			75.00	1	1	52.1	1.44	Aftershave or balm. £75 per year		
F	13.2	SMP	Accessories	Backpack	Primark	Primark	18.00	1	1	156.4	0.12	3 years.	Hiking Rucksack	
F	13.2	SMP	Accessories	Suitcase (small)	Primark	Primark	28.00	1	1	782.1	0.04	1 small suitcase with wheels, hard shell. Approx. £20-30. From Primark/supermarket. 15 years.	Hard Shell 4-Wheel Suitcase	
F	13.2	SMP	Accessories	Umbrella	Primark	Primark	7.00	1	1	260.7	0.03	1 large umbrella. From supermarket/Primark. 5 years	Large Golf Umbrella	
F	13.2	SMP	Personal effects	Watch	Next	Next	32.00	1	1	156.4	0.20	1 watch from Next. 3 years.	Black Classic Watch	
												<b>F: Personal Goods and Services</b>	<b>£</b>	<b>13.41</b>



MIS 2024 Rebase

F: Personal goods and services, including health

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
F	6.2	SMP	Health care	Opticians - check-up		NHS	1.00		1	104.3	0.00	Free eye test every 2 years.	Free NHS eye tests for people aged 60 and over.
F	6.2	SMP	Health care	Opticians - retinal scan		Specsavers	10.00	1	1	104.3	0.10	£10 for retinal scan every 2 years..	Specsavers additional Optical Coherence Tomography (OCT) test: "In most stores, the cost of our hospital-grade OCT appointments is just £10 but in some Scottish stores this may vary."
F	6.1	SMP	Health care	Opticians - glasses		Specsavers	200.00	1	1	104.3	1.92	£200 to put toward glasses. Could include varifocal lenses. From Boots/Specsavers. 2 years.	Specsavers: varifocal lenses start at £40. Frames start at £15, with a 2-for-1 offer for £70-£150 frames and some options to pay extra for different lens types, thicknesses and coatings (but the second free pair is "with single-vision lenses to the same prescription"). A budget of £200 would provide lots of choice.
F	6.2	SMP	Health care	Dentists - check-up		NHS	26.80	1	1	26.1	1.03	Check-up every 6 months with NHS dentist.	Band 1 charge (£26.80) includes examination, diagnosis, advice, and scale and polish "if clinically needed".
F	6.2	SMP	Health care	Dentists - Band 2 treatment		NHS	73.50	1	1	52.1	1.41	Band 2 treatment (e.g. fillings) once per year	Band 2 (£73.50): "Covers all treatment included in Band 1, plus additional treatment, such as fillings, root canal treatment and removing teeth (extractions)", but not the "more complex procedures" in Band 3.
F	6.2	SMP	Health care	Dentists -Band 3 treatment		NHS	319.10	1	1	260.7	1.22	Band 3 treatment, such as dentures, every 5 years.	Band 3 (£319.10) includes bridges, crowns, dentures, inlays/onlays, and non-cosmetic veneers.
F	6.2	SMP	Health care	Podiatry			30.00	1	1	6.0	5.00	£30 every 6 weeks.	
F	6.1	SMP	Health care	Paracetamol	Asda	Asda	0.65	16	1	13.0	0.05	1 pack of 16. Supermarket own brand okay. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 3 months.	ASDA Paracetamol 500mg 16 Capsules
F	6.1	SMP	Health care	Ibuprofen	Tesco	Tesco	1.80	16	1	13.0	0.14	1 pack of 16. Supermarket own brand okay. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 3 months.	Tesco Ibuprofen 200Mg Liquid Caps 16S
F	6.1	SMP	Health care	Cold remedy	Lemsip	Tesco	5.25	16	1	52.1	0.10	e.g. Lemsip. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 1 year.	Lemsip Max Cold & Flu Lemon Sachets Paracetamol 10 Pack
F	6.1	SMP	Health care	Cough mixture for chesty coughs	Tesco	Tesco	2.90	1	1	52.1	0.06	1 dry, 1 chesty. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 1 year.	Tesco Health+ Chesty Cough Relief 300ML
F	6.1	SMP	Health care	Cough mixture for dry coughs	Tesco	Tesco	2.90	1	1	52.1	0.06	1 dry, 1 chesty. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 1 year.	Tesco Health+ Dry Tickly Cough 300ML
F	6.1	SMP	Health care	Indigestion remedy (liquid)	Tesco	Tesco	6.20	1	1	26.1	0.24	Supermarket own brand okay. From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 6 months.	Tesco Heartburn And Indigestion Liquid Aniseed 500ML

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
F	6.1	SMP	Health care	Indigestion tablets	Rennie	Asda	4.00	36	1	26.1	0.15	Indigestion tablets as well as liquid indigestion medicine. 6 months.	Rennie Spearmint Heartburn & Indigestion Relief Tablets (36pk) (cheaper than Asda or Tesco own-brand equivalents)
F	6.1	SMP	Health care	Antiseptic	Sudocrem	Tesco	3.25	1	1	52.1	0.06	From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 12 months.	Sudocrem Antiseptic Healing Cream 60G
F	6.1	SMP	Health care	Heat rub	Deep Heat	Tesco	5.00	1	1	26.1	0.19	From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 6 months.	Deep Heat Max Strength 35G
F	6.1	SMP	Health care	First aid kit	Ring	Tesco	12.00	1	1	1303.6	0.01	1 needed. 25 years.	Ring First Aid Kit (contains 14 x plasters, 4 x sterile first aid dressings, 2 x sterile compress (burn dressings), 5 x elastic bandages, 6 x sterile wound compress, 1 x First Aid blanket, 2 x wet wipes, 2 x triangular bandages, 1 x pair of scissors, 1 x compact storage case)
F	6.1	SMP	Health care	Plasters	Asda	Asda	1.50	50	1	52.1	0.03	From supermarket/B+M/Superdrug/Wilko/Home Bargains/Boots. 1 year.	ASDA 50 Waterproof Clear Plasters
F	6.1	SMP	Health care	Multivitamins	Tesco	Tesco	4.90	90	1	12.9	0.38	Multivitamin or cod liver oil tablets. Recognisable brand. Supermarket brand okay.	Tesco A-Z Multivitamins & Minerals 90S

**F: Personal Goods and Services**

**£**

**12.14**

MIS 2024 REBASE

G: Transport

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
G2	7.3	SMP	Passenger transport by road	Bus pass			0.00	1	1	52.1	0.00	Free bus pass.	
G2	7.3	SMP	Passenger transport by road	Taxi fares			30.00	1	1	4.3	6.90	£30 per household for 2 trips per month.	
G2	7.3	SMP	Passenger transport by railway	Rail/coach fares			60.00	1	3	52.1	3.45	3 rail/coach trips per year, £60 per time.	
												<b>G: Transport</b>	<b>£ 10.36</b>
												G2: Fares and Other Travel Costs	£ 10.36

MIS 2024 Rebase

H: Social and cultural participation

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
H1	8.1	SMP	Leisure goods	TV		Currys	199.00	1	1	521.4	0.38	42" screen. Cheapest recognisable brand from Currys/PC World. 10 years.	TOSHIBA 43LV2E63DB 43" Smart Full HD LED TV
H1	8.1	SMP	Leisure goods	Tablet		Currys	129.00	1	1	260.7	0.49	For extra functionality (e.g. filling out forms). 10" screen. PC World/Currys. 5 years.	LENOVO Tab M10 3rd Gen 10.1" Tablet - 32 GB, Grey
H1	8.1	SMP	Leisure goods	Tablet case		Currys	19.99	1	1	156.4	0.13	Protective case for tablet. Cheapest robust and durable. From Currys/PC World/B+M/Argos/Wilko/supermarket/Primark. 3 years.	GOJI G10UFGN24C 10-11" Tablet Folio Case - Dark Green
H1	9.2	SMP	Gifts - birthdays	Gifts for others			290.00	12	1	52.1	5.56	Based on 12 presents, £20 each, inclusive of all cards and wrapping. Plus £50 to cover all xmas, birthday and other wrapping/cards for the year. Gifts plus wrapping = £290.	
H1	9.2	SMP	Gifts - Xmas	Gifts for others			240.00	12	1	52.1	4.60	Based on 12 presents, £20 each, inclusive of all cards and wrapping. Wrapping and cards all bought together for xmas, birthdays and other (priced with birthday gifts).	
H1	9.2	SMP	Gifts - other	Gifts for others			120.00	6	1	52.1	2.30	Other gifts for christenings/weddings. 6 times per year, £20 per gift.	
H1	9.2	SMP	Other recreational items	Christmas decorations			20.00	1	1	156.4	0.13	Christmas decorations. £20 for decorations every 3 years plus £20 tree lasting 25 years.	
H1	9.2	SMP	Other recreational items	Christmas tree			25.00	1	1	1303.6	0.02	Christmas decorations. £20 for decorations every 3 years plus £20 tree lasting 25 years.	
												<b>H: Social and Cultural Participation</b>	<b>£ 13.62</b>
												H1: Leisure Goods	£ 13.62

MIS 2024 Rebase

H: Social and cultural participation

Single male pensioner

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
H4	8.3	SMP	TV licence	TV licence		UK government	169.50	1	1	52.1	3.25	TV licence needed.	TV licence costs £169.50 per year from 1 April 2024. If paying by monthly direct debits, the first year has to be paid over 6 months before being spread across 12 months for subsequent years.
H3	8.3	SMP	Entertainment and recreation	Internet		Plusnet	25.99		1	4.3	5.98	Broadband needed. Access to internet important (e.g. for booking appointments).	£25.99 average monthly cost initially. 66 Mb minimum average speed, unlimited downloads. No set-up cost, but price rises each year on 31 March by CPI rate of inflation + 3.9%.
H3	8.3	SMP	TV subscription	TV subscription		Netflix	4.99	1	1	4.3	1.15	Netflix for more content, standard version with adverts is adequate to meet needs for streaming.	Netflix 'Standard with ads' package includes movies, TV shows and unlimited mobile games. Can watch on 2 supported devices at a time. Can download onto 2 supported devices. Includes 1080p Full HD.
H3	9.4	SMP	Entertainment and recreation	Activities			20.00	2	1	1.0	20.00	£20 weekly, to cover two paid activities per week. For fitness, staying active, wellbeing. Golf/walking/gym membership/visiting friends/shopping/swimming/pub/sight-seeing/DIY/gardening/sport/dancing.	
H6	9.6	SFP	Holiday	Holiday		Alfa Travel	489.00	1	1	52.1	9.38	1 X 1-week (7 days) holiday in the UK. To get away, meet new people. Off-peak (September/October or May/June). Coach holiday to Whitby/Cornwall (seaside).	Alfa Travel 7 day trip - Devon (The Metropole Hotel), half-board £399 plus £90 single person supplement (=£489), departing from Sheffield on 21st April 2024.
H6	9.4	SMP	UK Holidays	Holiday spending money			70.00	1	1	52.1	1.34	£10 per day spending money each holiday = £70.	
H3	13.9	SMP	Leisure services	Passport		UK government	88.50	1	1	521.4	0.17	Passport ordered online. Needed for identification purposes.	Standard adult passport application/renewal fee for online applications is £88.50. 10-year adult validity.
H3	9.6	SMP	Leisure services	Passport photos		Max Spielmann (Tesco)	12.99	1	1	521.4	0.02	Photos needed for passport.	Max Spielmann photo booths in selected Tesco supermarkets: standard passport photos start at £12.99.
												<b>H: Social and Cultural Participation</b>	<b>£ 41.30</b>
												H3: Entertainment and Recreation	£ 27.32
												H4: TV Licence and Rental	£ 3.25
												H6: UK Holiday	£ 10.72