MIS 2024 REBASE

LONE PARENT + TODDLER

A: Food and Non-Alcoholic Beverages				**£**	**96.50**
	A1: Food			£	86.80
	A2: Catering			£	9.70
B: Alcohol and Tobacco				**£**	**6.67**
	B1: Alcohol			£	6.67
		B1A: Alcohol at Home		£	5.78
		B1B: Alcohol Away From Home		£	0.89
	B2: Tobacco and Narcotics			£	-
C: Clothing and Footwear				**£**	**25.31**
D: Housing Costs				**£**	**195.83**
	D1: Rent			£	110.81
	D2: Mortgage Interest			£	-
	D3: Water			£	13.67
	D4: Council Tax			£	24.94
	D5: Household Insurance			£	7.76
	D6: Fuel			£	34.81
	D7: Other Housing Costs			£	3.84
E: Household Goods and Services				**£**	**338.70**
	E1: Household Goods			£	34.17
	E2: Household Services			£	304.53
		E2A: Communication		£	5.25
			E2A1: Postage	£	1.92
			E2A2: Telephone	£	3.34
		E2B: Child Care		£	284.28
		E2C: Other Household Services		£	15.00
F: Personal Goods and Services (inc Health)				**£**	**64.19**
G: Transport				**£**	**85.78**
	G1: Motoring Expenditure			£	79.61
	G2: Fares and Other Travel Costs			£	6.18
H: Social and Cultural Participation				**£**	**82.72**
	H1: Leisure Goods			£	25.36
	H2: Pets			£	-
	H3: Entertainment and Recreation			£	35.60
	H4: TV Licence and Rental			£	3.25
	H5: Foreign Holidays			£	-
	H6: UK Holidays			£	18.51

Food	£	96.50
Alcohol	£	6.67
Tobacco	£	-
Clothing and Footwear	£	25.31
Water Rates	£	13.67
Council Tax	£	24.94
Household Insurances	£	7.76
Fuel	£	34.81
Other Household Costs	£	3.84
Household Goods	£	34.17
Household Services	£	20.25
Childcare	£	284.28
Personal Goods and Services	£	64.19
Motoring	£	79.61
Other Travel Costs	£	6.18
Social and Cultural Participation	£	82.72
Total	**£**	**784.90**
Rent/Mortgage Interest	£	110.81

MIS 2024 REBASE
A: Food and non-alcoholic beverages
Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
HOUSEHOLD													
A1		LP+1		Ambrosia Rice Pudding 150g		Tesco	0.95	1	1	1.0	0.95	1 mini pot (55 g)	Ambrosia Rice Pudding 150G
A1		LP+1		Tesco Almonds, toasted, 25 g packets		Tesco	1.80	1	1	1.3	1.35	3 packets (75 g)	Tesco Toasted Flaked Almonds 100G
A1		LP+1		Apples, eating, raw, flesh and skin, medium weighed with core		Tesco	0.52	1	2	1.0	1.04	2apple (175 g)	Large Braeburn Apples Loose Class 1
A1		LP+1		Apricots, dried		Tesco	2.00	1	1	1.3	1.60	25 apricots (200 g)	Tesco Soft Apricots 250G
A1		LP+1		Avocado, Fuerte, weighed with skin and stone		Tesco	0.65	1	2	1.3	0.98	1 1/2 avocado (170 g)	Tesco Ripe and Ready Avocado
A1		LP+1		Baked beans, canned in tomato sauce, reduced sugar, reduced salt		Tesco	0.23	1	2	1.7	0.28	1 can (265 g)	Tesco Reduced Sugar & Salt Baked Beans 220G
A1		LP+1		Bananas, raw, flesh only, weighed with peel		Tesco	0.78	5	1	1.0	0.78	5 medium banana (790 g)	Tesco Ripe Bananas 5 Pack
A1		LP+1		Bananas, raw, flesh only, weighed with skin		Tesco	0.16	1	1	1.0	0.16	1 small banana (130 g)	Tesco Bananas Loose
A1		LP+1		Bay leaf, dried		Tesco	1.00	1	1	3.0	0.33	1.0 g	Tesco Bay Leaves 3G
A1		LP+1		Beans, green/French, frozen or fresh		Tesco	1.30	1	1	1.6	0.82	570g	Tesco Very Fine Whole Green Beans 900G
A1		LP+1		Beef, lean, average, raw, eg cubes		Tesco	4.6	1	1	2.3	2.02	220 g	Tesco Casserole Beef 500g
A1		LP+1		Beef, mince, raw, extra lean		Tesco	3.49	1	1	2.7	1.29	185 g	Tesco Beef Lean Steak Mince 500G 5% Fat
A1		LP+1		Biscuits, digestive, plain		Tesco	0.85	1	1	5.4	0.16	4 digestives (56 g)	Tesco Milk Chocolate Digestive Biscuits 300G
A1		LP+1		Blueberries, frozen or fresh		Tesco	1.80	1	1	1.9	0.96	80 g	Tesco Blueberries 150G
A1		LP+1		Bread, white, with added fibre		Tesco	1.30	1	1	2.2	0.59	10 slices (360 g)	Kingsmill 50/50 Medium Bread 800G
A1		LP+1		Breadsticks, plain		Tesco	1.40	6	1	6.0	0.23	1 small bag (out of pack of 6) (20 g)	Tesco 6 Pack Mini Breadsticks 120G
A1		LP+1		Breakfast cereal, wheat biscuits, Weetabix type, fortified		Tesco	2.75	48	1	8.0	0.34	6 biscuits (120 g)	Tesco Wheat Biscuits Cereal 48 Pack
A1		LP+1		Broccoli, green, fresh or frozen		Tesco	0.82	1	1	1.1	0.76	347.5 g raw (250 g x 1.39 = 347.5 g) (250 g frozen)	Tesco Brocolli 375G
A1		LP+1		Cake, fruit, retail		Tesco	2.15	1	1	5.7	0.38	1 slice (60 g)	Genoa Cake
A1		LP+1		Carrots, old, raw		Tesco	0.73	1	1	1.2	0.60	936 g fresh (720 g x 1.3 = 936 g) (720 g frozen)	Tesco Carrots 800G + Tesco Carrots Loose (0.32kg)
A1		LP+1		Cauliflower, raw		Tesco	1.80	1	1	2.0	0.90	260 g fresh (200 g x 1.3 = 260 g) (200 g frozen)	Tesco Cauliflower Extra Large Eac
A1		LP+1		Celery, raw		Tesco	0.90	1	1	2.1	0.43	3 1/2 sticks (120 g)	Tesco Celery Sticks 250G
A1		LP+1		Cheese, Cheddar, English		Tesco	2.75	1	1	4.7	0.59	75 g	Pilgrims Choice Extra Mature Cheddar Cheese 350G
A1		LP+1		Cheese, Babybel light		Tesco	2.15	6	1	3.0	0.72	40 g	Mini Babybel Light Cheese 6 Pack, 120G
A1		LP+1		Chicken, for roasting		Tesco	4.10	1	1	1.0	4.10	1297g (310g roasted chicken=310x1.49=462g cooked with bone in. 462g x 1.26=582g raw weight equivalent 480g fillets x 1.49=715g raw weight bone in =582g + 715g=1297g whole chicken equivalent)	Tesco British Whole Medium Chicken 1.2-1.5kg
A1		LP+1		Chocolate chip digestives Tesco		Tesco	0.85	1	1	8.7	0.10	22 g	Tesco Chocolate Chip Digestive Bisuits 400G
A1		LP+1		Chocolate, dark, 70-84% Cocoa		Tesco	1.30	1	1	7.1	0.18	30 g	Tesco Dark Chocolate Bar 200G
A1		LP+1		Citrus fruit, soft/easy peelers, weighed with peel and pips		Tesco	0.30	1	1	1.0	0.30	90 g	Tesco Oranges Each
A1		LP+1		Coffee, instant,powder or granules		Tesco	1.99	1	1	1.9	1.04	105 g	Tesco Classic Instant Coffee 200G
A1		LP+1		Crawford's Garibaldi 100g		Tesco	1.25	1	1	8.7	0.14	1 biscuit (10.2 g)	Tesco Garibaldi Biscuits 200G
A1		LP+1		Custard powder		Tesco	0.70	1	1	8.4	0.08	9 g	Tesco Instant Custard Mix 76G
A1		LP+1		Tartare Sauce		Tesco	0.90	1	1	7.0	0.13	12 g	Tesco Tartare Sauce 175G

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A1		LP+1		Cucumber, raw, flesh and skin		Tesco	0.89	1	1	1.1	0.81	318g	Tesco Whole Cucumber Each
A1		LP+1		Eggs, chicken, whole, raw		Tesco	2.30	6	1	1.2	1.92	5 eggs	Happy Egg Free Range Eggs Large 6 Pack
A1		LP+1		Tesco Lentil curls or crisps		Tesco	1.00	1	2	1.0	2.00	2 x 20 g bags (40 g)	Properchips Barbecue Lentil Chips 20G
A1		LP+1		Fat spread, low fat (26-39%), polyunsaturated		Tesco	1.50	1	1	2.6	0.57	172 g	I Can't Believe It's Not Butter Light Spread 450G
A1		LP+1		Flour, wheat, white, plain, soft		Tesco	0.79	1	1	103.4	0.01	14.5 g	Tesco Plain Flour 1.5Kg
A1		LP+1		Fruit drink/squash, concentrated, no added sugar Robinsons		Tesco	1.00	1	2	1.0	1.93	1925 ml	Robinsons Orange No Added Sugar Squash 1L
A1		LP+1		Fruit loaf		Tesco	1.35	11	1	2.7	0.49	145 g	Tesco Sliced Fruit Loaf
A1		LP+1		Garlic, raw		Tesco	0.55	1	1	1.8	0.30	6.5 cloves (14.5 g)	Tesco Large Garlic
A1		LP+1		Ginger, ground		Tesco	1.00	1	1	26.2	0.04	1.45 g	Tesco Ground Ginger 38G
A1		LP+1		Grapes, red		Tesco	1.80	1	1	2.2	0.83	230 g	Tesco Seedless Grapes 500G
A1		LP+1		Gravy instant granules		Tesco	0.73	1	1	33.3	0.02	6 g	Tesco Beef Gravy Granules 200G
A1		LP+1		Ham, sliced / lunchon		Tesco	1.20	1	1	3.1	0.38	2 slices (40 g)	Tesco Wafer Thin Smoked Ham 125G
A1		LP+1		Light Mayonnaise		Tesco	0.89	1	1	10.2	0.09	44 g	Tesco Light Mayonnaise 450Ml
A1		LP+1		Hummus, retail		Tesco	1.35	1	1	1.0	1.42	3 stacks of 60 g each (210 g)	Tesco Houmous 200G
A1		LP+1		Jam, no added sugar		Tesco	1.7	1	1	8.5	0.20	40 g	Streamline Reduced Sugar Strawberry Jam 340G
A1		LP+1		Kiddylicious Veggie Straws, Baby Snack, 9 Months+, Mutlipack, 10 x 12g		Tesco	0.85	1	1	1.0	0.85	12 g	Kiddylicious Veggie Straws 12G
A1		LP+1		Kiwi fruit, weighed with skin		Tesco	0.30	1	2	1.0	0.60	150 g	Tesco Large Kiwi Fruit Each
A1		LP+1		Lamb, mince, raw		Tesco	3.80	1	1	1.4	2.81	185 g	Tesco British Lamb Mince 10% Fat 250G
A1		LP+1		Leeks, raw		Tesco	0.65	1	1	2.8	0.23	90 g	Tesco Leeks Loose (0.25Kg)
A1		LP+1		Mango, frozen		Tesco	2.25	1	1	16.7	0.14	30 g	Tesco Frozen Mango Chunks 500G
A1		LP+1		Milk, semi-skimmed, pasteurised, average		Tesco	1.45	1	2	1.9	1.55	2435 ml	Tesco British Semi Skimmed Milk 2.272L, 4 Pints
A1		LP+1		Milk, whole, pasteurised, average		Tesco	1.45	1	2	1.4	2.02	3160 ml	Tesco British Whole Milk 2.272L, 4 Pints
A1		LP+1		Mixed Salad Leaves		Tesco	0.9	1	2	1.5	1.19	119 g	Fresh & Naked Mixed Little Leaves 90G
A1		LP+1		Mixed berries frozen or fresh		Tesco	2.25	1	1	4.2	0.54	210 g	Tesco Black Forest Fruits Mix 500G
A1		LP+1		Mixed herbs, dried		Tesco	1.00	1	1	6.0	0.17	3.0 g	Tesco Mixed Herbs 18G
A1		LP+1		Mushrooms, white, raw, frozen or fresh		Tesco	1.15	1	1	2.0	0.58	60 g	Tesco Baby Button Mushrooms 200G
A1		LP+1		Nectarines, raw, weighed with stones or tinned		Tesco	1.19	4	1	4.0	0.30	85 g	Suntrail Farms Nectarines Minimum 4
A1		LP+1		Oat flakes, rolled		Tesco	1.25	1	1	33.3	0.04	30 g	Tesco Scottish Oats Porridge 1Kg
A1		LP+1		Oil, olive		Tesco	3.30	1	1	2.2	1.48	112ml	Tesco Olive Oil 250ml
A1		LP+1		Onions, raw		Tesco	1.1	1	2	1.7	1.30	455g	Tesco Brown Onions Minimum 3 Pack 385G
A1		LP+1		Onions, red, raw		Tesco	0.21	1	1	1.0	0.21	1 medium (160 g)	Tesco Red Onions Loose
A1		LP+1		Orange juice, Carton, made from concentrate		Tesco	1.40	1	1	1.9	0.74	960 ml	Tesco Orange Juice Smooth 1L
A1		LP+1		Oranges, weight with peel		Tesco	0.30	1	1	1.0	0.30	1 orange (200g)	Tesco Oranges Each
A1		LP+1		Organix Apple Rice Cake Clouds 7+ Months		Tesco	1.45	1	1	1.0	1.45	54 g	Organix Apple Rice Cake Clouds 40G
A1		LP+1		Paprika		Tesco	1.00	1	1	69.3	0.01	0.75 g	Tesco Paprika 52G
A1		LP+1		Stock cube, beef		Tesco	1.90	1	1	22.9	0.08	3.5 g	Knorr Beef Stock Cubes 8x10g
A1		LP+1		Parsnips, frozen or fresh		Tesco	1.85	1	1	7.1	0.61	85 g	Tesco Seasoned British Parsnips 600G
A1		LP+1		Passata, plain		Tesco	1.50	1	1	2.4	0.61	245 g	Cirio Smooth Passata 3x200g
A1		LP+1		Pasta, spaghetti white, dried weight		Tesco	0.75	1	1	6.7	0.31	75 g (180 x 2.48 = 75 g)	Tesco Quick Cook Spaghetti 500G
A1		LP+1		Pasta, penne white, dried weight		Tesco	0.69	1	1	2.2	0.31	223g	Tesco Penne Pasta Quills 500G
A1		LP+1		Pears, average, raw, medium weighed with core and stalk		Tesco	0.49	1	3	1.0	1.47	3 pears	Large Conference Pears Loose Class 1
A1		LP+1		Peas, frozen		Tesco	1.45	1	1	2.0	0.71	490 g	Tesco Garden Peas 1Kg
A1		LP+1		Peas, sugar-snap, raw		Tesco	1.10	1	1	1.9	0.59	80 g	Tesco Sugar Snap Peas 150G
A1		LP+1		Peaches, raw, weighed with stone, or tinned		Tesco	1.10	1	1	1.5	0.75	170g	Tesco Peach Slices In Light Syrup 410G (drained weight 250G)
A1		LP+1		Peanut butter, smooth		Tesco	2.20	1	1	12.0	0.18	25 g	Sun-Pat Smooth Peanut Butter 300g

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A1		LP+1		Pepper, black		Tesco	1.15	1	1	50.0	0.02	0.5 g	Tesco Ground Black Pepper 25G
A1		LP+1		Peppers, capsicum, green, raw		Tesco	0.59	1	2	1.3	0.89	1 1/2 green pepper (230 g)	Tesco Green Peppers Each
A1		LP+1		Peppers, capsicum, red, raw		Tesco	0.59	1	2	1.0	1.18	2 red peppers (270 g)	Tesco Red Peppers Each
A1		LP+1		Philadelphia Light Soft White Cheese 180g		Tesco	1.30	1	1	4.0	0.33	50 g	Tesco 50% Less Fat Soft Cheese 200G
A1		LP+1		Porridge oats, unfortified		Tesco	1.25	20	1	20.0	0.06	50 g	Tesco Scottish Oats Porridge 1Kg
A1		LP+1		Potato crisps, fried in sunflower oil		Tesco	1.65	6	1	6.0	0.28	25 g	Walkers Ready Salted Multipack Crisps 6x25g
A1		LP+1		Potatoes, new and salad, flesh and skin		Tesco	0.99	1	1	3.6	0.28	280 g	Tesco Baby Potatoes 1Kg
A1		LP+1		Baking Potatoes, weight with skin		Tesco	0.23	1	3	1.3	0.52	680g	Tesco Large Baking Potatoes Loose (0.3Kg)
A1		LP+1		Potatoes, old, raw, flesh only		Tesco	2.00	1	1	2.4	0.84	840 g (460 g x 1.2 = 552 g)	Golden King Buttery Golden Potatoes 2Kg
A1		LP+1		Raisins		Tesco	1.85	1	1	3.8	0.48	130 g	Tesco Seedless Grapes 500G
A1		LP+1		Rice cakes, plain, low salt		Tesco	0.95	1	1	7.2	0.13	2 rice cakes (18 g)	Tesco Lightly Salted Rice Cakes 130G
A1		LP+1		Chopped Mixed Nuts 200g		Tesco	1.75	1	1	6.7	0.26	30 g	Tesco Chopped Mixed Nuts 200G
A1		LP+1		Salmon, farmed, flesh only, raw		Tesco	5.35	5	1	2.4	2.25	210 g	Tesco Wild Salmon Fillets 500G
A1		LP+1		Sardines, canned in spring water		Tesco	1.10	1	1	2.0	0.55	60 g	John West Sardines Olive Oil 120Gm
A1		LP+1		Salt		Tesco	2.70	1	1	100.0	0.03	1.0 g	Tesco Rock Salt Rinder 100G
A1		LP+1		Sauce, dry, casserole mix		Tesco	0.65	1	1	3.8	0.17	10 g	Schwartz Beef Casserole Recipe Mix 38g
A1		LP+1		Sauce, pasta, tomato based		Tesco	0.65	1	1	1.9	0.35	270 g	Tesco Bolognese Pasta Sauce Jar 500G
A1		LP+1		Spinach, frozen or fresh		Tesco	1.88	1	1	1.2	1.53	407 g	Tesco Spinach 500G
A1		LP+1		Spring onions, bulbs and tops, raw		Tesco	0.39	1	1	10.0	0.04	1 spring onions (10 g)	Tesco Bunches Spring Onions 100G
A1		LP+1		Strawberries, raw, fresh or frozen		Tesco	3.25	1	1	1.4	2.30	424 g	Tesco Strawberries 600G
A1		LP+1		Tesco Malted Milk Biscuits 200G		Tesco	0.49	1	1	7.4	0.07	3 biscuits (27 g)	Tesco Malted Milk Biscuits 200G
A1		LP+1		Teabags , black		Tesco	1.25	80	1	5.7	0.22	14 tea bags	Tesco 80 Teabags 250G
A1		LP+1		Tesco Yorkshire Puddings		Tesco	2.10	6	1	6.0	0.35	1 yorkshire pudding (30 g)	Tesco Yorkshire Puddings 6 Pack 180G
A1		LP+1		Tesco 8 Sweet Pancakes		Tesco	3.00	8	1	8.0	0.38	1 pancakes (60 g)	Tesco Sweet Pancakes 8 Pack
A1		LP+1		Tesco Sage And Onion Stuffing 336G		Tesco	0.45	1	1	10.0	0.05	17 g	Tesco Sage & Onion Stuffing Mix 170G
A1		LP+1		Tesco Tuna And Sweetcorn Pasta 300G		Tesco	2.85	1	1	1.0	2.85	300 g	Tesco Tuna & Sweetcorn Pasta 300G
A1		LP+1		Tesco peanut and chocolate nut bar		Tesco	1.10	1	1	1.0	1.10	1 bar (35 g)	Eat Natural Protien Packed Crunchy Nut Bar with Peanuts and Chocolate 45g
A1		LP+1		Tomato puree		Tesco	1.20	1	1	7.5	0.16	18g	Tesco Tomato Puree With Herbs 135G
A1		LP+1		Tomatoes, canned, whole contents		Tesco	0.49	1	1	1.0	0.49	1 can (420 g)	Tesco Italian Chopped Tomatoes 400G
A1		LP+1		Tomatoes, standard, raw		Tesco	1.50	1	1	1.4	1.11	6 small tomatoes (480 g)	Tesco Salad Tomatoes 650G
A1		LP+1		Tomatoes, medium, raw		Tesco	0.89	1	1	1.1	0.83	125 g	Tesco Beef Tomatoes Each
A1		LP+1		Tortilla, wheat flour, soft		Tesco	1.40	8	1	2.1	0.66	3.75 tortilla (150g)	Tesco Plain Tortillas x8 320G
A1		LP+1		Tuna, canned in spring water		Tesco	0.72	1	2	1.3	1.08	1.5 medium can (222 g)	Tesco Tuna Chunks in Spring Water 145G (Drained weight 102g)
A1		LP+1		Vanilla Light Ice Cream Dessert 1800 ml		Tesco	2.70	1	1	12.0	0.23	150 g	Walls Soft Scoop Vanilla Light Ice Cream Tub 1800ml
A1		LP+1		Worcestershire sauce		Tesco	1.2	1	1	25.0	0.05	6 ml	Tesco Worcester Sauce
A1		LP+1		Yogurt, low fat, fruit		Tesco	0.89	6	2	1.7	1.04	7 x 125g pots (1000 g)	Creamfields Berry Medley Low Fat Yogurt 6x125g
A1		LP+1		Yogurt, Greek, plain, low fat		Tesco	2.75	1	1	1.9	1.47	240 g	Fage Total 0% Fat Greek Recipe Yogurt 450G
A1	1.1	LP+1		Celebration food and drink			200.00		1	52.1	3.84	£200 for extra food and drink spending at Christmas and potentially various other special occasions too (e.g. Easter, new year, St. Patrick's Day, Halloween).	
A1	8.1	LP+1		Food deliveries		Tesco	47.88		1	52.1	0.92	Annual off-peak Tesco delivery pass.	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
A2	11.1	LP+1		Takeaway			11.68		1	4.3	2.69	One takeaway per month, £15 per time for the lone parent's portion. To cover a family meal out if preferred.	£15 for lone parent only in place of 1 meal Salmon (150g)=£2.80, New Potatoes (160g)=£0.16, Peas (80g)=£0.12, Carrots (80g)=£0.06, Beans (89g)= £0.12, Tartare Sauce (12g)=£0.06 Total=£3.32 £15-£3.32=£11.68
A2	11.1	LP+1		Family meals out			37.77		1	13.0	2.90	4 times per year. £40 for the parent's meal etc, £5 for infant	£40 for each parent plus £5 for toddler in place of 1 full meal (including wine & dessert) Roast Dinner: Mum-Chicken (150g)-£0.89, olive oil(15ml)=0.20, Potato(160g)-£0.16, Parsnip(80g)-£0.25, Carrots(90g)-£0.06, Green Beans(80g)-£0.12, Peas(80g)-£0.12, Broccoli(60g)-£0.13, Yorkshire Pudding(30g)-£0.35, Gravy(5g)-£0.02, Stuffing(34g)-£0.09, cauliflower cheese-cheese(13g)-£0.10, cauliflower(88g)-£0.25, Butter(3g)-£0.01, Flour(3g)-£0.002, Milk(31ml)-£0.02 =£2.75 Strawberries(104g)-£0.56, Icecream(60g)=£0.18, wine(175ml)x2-£2.80 Total=£ 6.21 £40-£6.21=£33.79 Toddler-Chicken (60g)-£0.36, olive oil(5ml)=0.07, Potato(60g)-£0.06, Parsnip(20g)-£0.06, Carrots(20g)-£0.01, Green Beans(30g)-£0.04, Peas(30g)-£0.04, Broccoli(20g)-£0.04, Gravy(1g)-£0.004, cauliflower cheese-cheese(5g)-£0.04, cauliflower(20g)-£0.06, Butter(2g)-£0.01, Flour(2g)-£0.001, Milk(15ml)-£0.01 =£0.80 Strawberries(40g)-£0.22 Total=£1.02 £5-£1.02=£3.98 £6.21+£1.02=£7.23
A2	11.1	LP+1		Eating out (independently of family)			17.87		1	4.3	4.11	Eating out independently once per month, e.g. lunch with colleagues or other socialising. £20 each time.	£20 for lone parent only minus the price of a lighter meal (e.g. main and a glass of wine) Salmon (150g)=£1.61, New Potatoes (160g)=£0.16, Peas (80g)=£0.12, Carrots (80g)=£0.06, Beans (89g)= £0.12, Tartare Sauce (12g)=£0.06 Total=£2.13 £20-2.13=£17.87

A: Food and Non-Alcoholic Beverages	**£**	**96.50**
A1: Food	£	86.80
A2: Catering	£	9.70

MIS 2024 REBASE
B: Alcohol
Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
B1A	2.1	LP		Wine		Tesco	6.00	1	1	1.0	5.78	One bottle of wine a week. Approx. £6 per bottle. 1 bottle (750 ml), white, medium. Minus 175mlx2 once every 3 months 350/13=27ml 750-27=723 £6.00/750=0.008 0.008*682ml=£5.78	Marques De Los Zancos Rioja 75Cl
B1B	11.1	LP		Wine		Nandos	5.80	1	2	13.0	0.89	2x 175ml to replace 2x175ml in the menu once every 3 months £5.80 x 2= £11.60 £11.60/13=£0.89	Spier Chardonnary (South Africa)

B: Alcohol and Tobacco		**£6.67**
B1: Alcohol	£	6.67
B1A: Alcohol at Home	£	5.78
B1B: Alcohol Away From Home	£	0.89

MIS 2024 REBASE

C: Clothing

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	LP	Mother, underwear	Pants	George	Asda	6.50	5	2	52.1	0.25	10 pairs needed. Basic black. From supermarket. 1 year	Black Basic Midi Briefs 5 Pack
C	3.1	LP	Mother, underwear	Bras	M&S	M&S	32.00	3	1	52.1	0.61	3 T-shirt bras. Neutral/white/black. From M&S. 1 year.	3 Pack Wired Full Cup Bras F-H
C	3.1	LP	Mother, underwear	Sports bras	George	Asda	12.00	1	3	78.2	0.46	3 sports bras, from supermarket. 18 months	Black Racer Back Sports Bra
C	3.1	LP	Mother, underwear	Socks	George	Asda	4.00	7	1	36.5	0.11	5 pairs of socks from supermarket. 6 months.	Black Ankle Socks 7 Pack . Lifespan adjusted for larger pack size.
C	3.1	LP	Mother, underwear	Tights (sheer)	George	Asda	4.00	5	1	52.1	0.08	3 pairs of sheer tights. From supermarket. 1 year (for only occasional wearing).	Black 15 Denier Sheer Tights 5 Pack (also available in Hazelnut) (lifespan adjusted for larger pack size)
C	3.1	LP	Mother, underwear	Tights (opaque)	George	Asda	5.00	3	1	52.1	0.10	3 pairs of opaque tights (e.g. for winter). From supermarket. 1 year For more frequent wearing than the sheer tights, but also sturdier.	Black 60 Denier Opaque Tights 3 Pack
C	3.1	LP	Mother, main clothing	Leggings	George	Asda	14.00	1	3	52.1	0.81	3 pairs needed from supermarket. 1 year	Charcoal Ponte Leggings
C	3.1	LP	Mother, sportswear	Leggings (sports)		Primark	10.00	1	2	104.3	0.19	Leggings needed for sports/acitivities. 2 sets, from Primark, to last 2 years.	Performance high waist shaping Leggings - 3 cols
C	3.1	LP	Mother, main clothing	T-shirts (long sleeved)	George	Asda	8.00	1	3	104.3	0.23	3 long sleeved t-shirts needed from supermarket. 2 years	Burgundy stripe long sleeve top - allows choice or plain / pattern
C	3.1	LP	Mother, main clothing	T-shirts (short sleeved)	George	Asda	8.00	1	6	104.3	0.46	6 short sleeved t-shirts needed from supermarket. 2 years	Light blue dipped hem cotton t shirt
C	3.1	LP	Mother, sportswear	T-shirts (sports)		Primark	5.00	1	2	104.3	0.10	T-shirts needed for sports/acitivities. 2 sets, from Primark, to last 2 years.	Active performance t shirt grey
C	3.1	LP	Mother, main clothing	Blouses	George	Asda	12.00	1	3	104.3	0.35	3 needed from supermarket. 2 years.	Black heart popover Blouse
C	3.1	LP	Mother, main clothing	Vest tops	George	Asda	6.00	1	4	104.3	0.23	4 needed from supermarket. 2 years	Pink scoop neck ribbed Vest
C	3.1	LP	Mother, main clothing	Trousers (smart)	George	Asda	13.50	1	2	52.1	0.52	2 smart trousers needed. From supermarket. 1 year	Black bengaline tapered formal trousers
C	3.1	LP	Mother, main clothing	Trousers (casual)	George	Asda	14.00	1	2	260.7	0.11	2 casual trousers needed. Chino style. From supermarket. 5 years	Khaki Cotton Cropped Trousers

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	LP	Mother, main clothing	Jeans	River Island	River Island	38.00	1	3	260.7	0.44	3 pairs needed from River Island, 5 years	Blue high waist relaxed straight leg jeans
C	3.1	LP	Mother, main clothing	Shorts	George	Asda	10.00	1	2	260.7	0.08	2 pairs from supermarket. 5 years	Linen blend pull on shorts (6 cols)
C	3.1	LP	Mother, main clothing	Dress (summer)	George	Asda	14.00	1	1	104.3	0.13	1 needed from supermarket. 2 years.	Black floral midi sundress (6 cols / patterns)
C	3.1	LP	Mother, main clothing	Dress (winter)	George	Asda	16.00	1	1	104.3	0.15	1 needed from supermarket. 2 years.	Black stripe midid shirt dress
C	3.1	LP	Mother, main clothing	Dress (occasion)	Gini	New Look	45.00	1	1	52.1	0.86	1 needed from Zara/H&M/New Look. 1 year.	AX Paris pink floral midi dress
C	3.1	LP	Mother, main clothing	Skirt	George	Asda	16.00	1	1	104.3	0.15	2 skirts from supermarket. 2 years	Cargo pocket midi skirt
C	3.1	LP	Mother, main clothing	Jumpers (lightweight)	George	Asda	14.00	1	1	104.3	0.13	2 lightweight jumpers. From supermarket, 2 years	Ochre stripe lightweight knitted Jumper
C	3.1	LP	Mother, main clothing	Jumpers (thick)	George	Asda	16.00	1	1	104.3	0.15	2 thick jumpers. From supermarket, 2 years	Green crew nexck slouchy knitted jumper
C	3.1	LP	Mother, main clothing	Hoodies	George	Asda	10.00	1	2	156.4	0.13	2 needed from supermarket. 3 years.	Grey zip through hoodlie
C	3.1	LP	Mother, outerwear	Hat	George	Asda	8.00	1	1	104.3	0.08	2 years.	Black knitted bobble hat
C	3.1	LP	Mother, outerwear	Gloves		Go Outdoors	5.00	1	1	104.3	0.05	2 years.	Peter Storm Thinsulate gloves
C	3.1	LP	Mother, outerwear	Scarf		Primark	7.00	1	1	104.3	0.07	2 years.	Two Tone Scarf
C	3.1	LP	Mother, accessories	Belt	George	Asda	6.00	1	1	156.4	0.04		Tan Buckled Jeans Belt
C	3.1	LP	Mother, outerwear	Coat (smart, woollen)		Zara	79.99	1	1	156.4	0.51	1 smart coat, woollen, Zara or H&M. 3 years.	Wool Blend Double-Breasted Coat
C	3.1	LP	Mother, outerwear	Coat (winter puffa)	Regatta	Sports Direct	30.00	1	1	156.4	0.19	1 warm, waterproof, winter puffa coat. Supermarket or Primark. 3 years.	Regatta Winslow padded waterproof hooded jacket Marl
C	3.1	LP	Mother, outerwear	Coat (mac)		Primark	35.00	1	1	156.4	0.22	1 spring trench coat mac. Supermarket or Primark. 3 years.	Double breasted trench coat (3 colours)
C	3.1	LP	Mother, outerwear	Jacket (denim)		Primark	17.00	1	1	156.4	0.11	1 denim jacket. Supermarket or Primark, 3 years.	Denim Jacket (2 colours)
C	3.1	LP	Mother, sportswear	Swimwear	Slazenger	Sports Direct	13.00	1	1	52.1	0.25	1 needed, Sports Direct, 1 year.	Slazenger Racer Back LYCRA® XTRA LIFE™ Swimsuit Ladies (discounted from £32.99)

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	LP	Mother, nightwear	Pyjamas	George	Asda	12.50	1	4	52.1	0.96	4 sets of pyjamas from supermarket. 1 year	Light blue Zebra Pyjamas (mid price between summer and long sleeve)
C	3.1	LP	Mother, nightwear	Dressing gown		Asda	12.00	1	1	260.7	0.05	1 needed from supermarket. 5 years	Blue waffle fleece dressing gown
C	3.1	LP	Mother, accessories	Cycling helmet		Halfords	30.00	1	1	312.9	0.10	1 needed. 6 year lifespan.	Halfords Road Helmet
C	3.1	LP	Mother, accessories	Hi-vis jacket		Halfords	5.00	1	1	312.9	0.02	1 needed whilst cycling. 6 year lifespan.	Halfords Adults Hi Vis Waistcoat
C1	3.1	EA	Toddler, underwear	Socks		Asda	5.00	5	3	52.1	0.29	15 pairs for the year (because of socks falling off and getting lost), and specified Asda for better quality and durability than Primark. 1 year.	Blue Zebra Socks 5 Pack
C1	3.1	EA	Toddler, underwear	Bodysuits (long sleeved)		Asda	7.00	5	2	26.1	0.54	10 needed from H&M/supermarket./Primark. 6 months.	Mini star Long Sleeve Body Suits 5 Pack
C1	3.1	EA	Toddler, underwear	Bodysuits (short sleeved)		Asda	6.50	5	2	26.1	0.50	10 needed from H&M/supermarket./Primark. 6 months.	Assorted Mini Stars Short Sleeve Bodysuits 5 Pack
C1	3.1	EA	Toddler, main clothing	T-shirts, long sleeved		Asda	16.00	7	1	26.1	0.61	10 needed from H&M/supermarket./Primark.	Bright long sleeve tops 7 pack
C1	3.1	EA	Toddler, main clothing	T-shirts, long sleeved		Asda	1.50	1	3	26.1	0.17	10 needed from H&M/supermarket./Primark.	Printed long sleeve T shirt
C1	3.1	EA	Toddler, main clothing	T-shirts, short sleeved		Primark	7.50	5	2	26.1	0.58	10 needed from H&M/supermarket./Primark.	5 pack Mixed Print T-shirts
C1	3.1	EA	Toddler, main clothing	Shirt		Primark	5.00	1	1	26.1	0.19	1 needed. From H&M/supermarket/Primark.	Stripe Long Sleeve Shirt
C1	3.1	EA	Toddler, main clothing	Trousers		Primark	2.30	1	5	26.1	0.44	5 pairs, Supermarket, primark, 6 months	Drawstring Cuffed Joggers
C1	3.1	EA	Toddler, main clothing	Trousers		Primark	6.00	1	2	26.1	0.46	2 pairs needed. Chino style. From H&M/supermarket./Primark.	Twill Trousers
C1	3.1	EA	Toddler, main clothing	Jeans		Primark	4.50	1	2	26.1	0.35	2 pairs needed. From H&M/supermarket./Primark.	Straight leg denim jeggings
C1	3.1	EA	Toddler, main clothing	Leggings		Asda	3.00	1	2	26.1	0.23	2 pairs needed. From H&M/supermarket./Primark.	Blue ribbed leggings
C1	3.1	EA	Toddler, main clothing	Jumper		Asda	9.00	1	4	26.1	1.38	4 jumpers, H&M/supermarket/primark, 6 months.	Chunky knit jumper (3 colours)
C1	3.1	EA	Toddler, main clothing	Hoody/jogger sets		Primark	6.00	1	2	26.1	0.46	2 tracksuits/ sets of matching hoody/sweatshirt and joggers. From H&M/supermarket./Primark.	Sweatshirt And Joggers Co-Ord Set

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C1	3.1	EA	Toddler, main clothing	Shorts		Asda	6.00	4	1	52.1	0.12	4 pairs of shorts from H&M/supermarket./Primark.	Dinosaur Jersey Shorts 4-pack
C1	3.1	EA	Toddler, outerwear	Rain suit		Sports Direct	10.00	1	1	52.1	0.19	1 needed. From H&M/supermarket/Primark. 1 year.	Gelert baby waterproof rain suit
C1	3.1	EA	Toddler, outerwear	Coat		Primark	9.00	1	1	52.1	0.17	1 winter coat. H&M/supermarket./Primark. 1 year	Dinosaur puffer jacket
C1	3.1	EA	Toddler, outerwear	Jacket		Primark	7.00	1	1	52.1	0.13	1 light/summer jacket from H&M/supermarket./Primark. 1 year	Washed Denim Jacket
C1	3.1	EA	Toddler, outerwear	Hat, winter		Matalan	2.50	1	2	104.3	0.05	2 winter hats from H&M/supermarket/Primark. 2 years	Blue ribbed baby neanie hat
C1	3.1	EA	Toddler, outerwear	Gloves		Matalan	3.50	2	2	52.1	0.13	4 pairs of gloves from H&M/supermarket/Primark. 1 year	Boys 2 Pack Navy & Khaki Stripe Magic Gloves - One Size
C1	3.1	EA	Toddler, outerwear	Sun hat		Asda	6.00	2	1	52.1	0.12	2 summer hats from H&M/supermarket/Primark. 1 year	2 pack Dinosaur bucket hats
C1	3.1	EA	Toddler, outerwear	Swimsuit		Asda	10.00		1	26.1	0.38	Swimsuit. From H&M/Primark/supermarket. 6 months.	Sage green Sunsafe Swimsuit and Kepi Hat
C1	3.1	EA	Toddler, nightwear	Babygrows		Asda	12.00	5	2	26.1	0.92	10 babygrows needed from H&M/supermarket/Primark.	Long Sleeve Sleepsuits 5 Pack
C1	3.1	EA	Toddler, fancy dress	Fancy dress		Asda	14.00	1	2	52.1	0.54	2 fancy dress outfits (Halloweeen and Christmas).	Paw Patrol Chase Blue Fancy Dress Costume

C: Clothing and footwear	**£ 18.40**
Lone Parent	9.46
Toddler	8.66

MIS 2024 REBASE

C: Clothing and footwear

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.2	LP	Mother, footwear	Trainers (casual)		Sports Direct	23.00		1	52.1	0.44	From Sports Direct. 1 pair casual trainers, 1 year.	Reebok Club C 85 Ld99
C	3.2	LP	Mother, footwear	Trainers (sporty)		Sports Direct	22.00		1	52.1	0.42	From Sports Direct. 1 pair sporty trainers, 1 year.	Karrimor Duma 5 Ladies Running Shoe
C	3.2	LP	Mother, footwear	Wellies		Asda	17.00		1	52.1	0.33	1 pair from supermarket, 1 year.	Navy striped wellington boots
C	3.2	LP	Mother, footwear	Boots (ankle)		Zara	49.99		1	104.3	0.48	Fashion ankle boots. Zara, 2 years.	Chelsea boots
C	3.2	LP	Mother, footwear	Boots (knee)		Next	45.00		1	104.3	0.43	Knee-length boots with heel, 1 pair, Primark or Zara, 2 years.	Linzi Black Alma High Leg Riding Boots
C	3.2	LP	Mother, footwear	Shoes (smart heels)		New Look	27.99		1	52.1	0.54	1 pair of smart heels, Primark or Zara, 1 year.	Black leather look block heel court shoes
C	3.2	LP	Mother, footwear	Shoes (smart flats)		New Look	27.99		1	52.1	0.54	1 pair of smart flats, Primark or Zara, 1 year.	Black patent tassel trim loafers
C	3.2	LP	Mother, footwear	Sandals		Primark	10.00		2	52.1	0.38	2 pairs of sandals (flats), Primark or Zara, 1 year.	Stud cross strap sandals (in 3 colours)
C	3.2	LP	Mother, footwear	Flipflops		Primark	2.50		1	52.1	0.05	1 pair of flipflops, Primark or Zara, 1 year.	Printed Flip Flops
C	3.2	LP	Mother, footwear	Slippers		Primark	5.00		1	52.1	0.10	1 pair, 1 year.	Faux suede fur lined slippers
C1	3.2	EA	Toddler, footwear	Trainers		Asda	10.00		1	13.0	0.77	1 pair from supermarket.	Grey mesh trainers
C1	3.2	EA	Toddler, footwear	Shoes		Clarks	28.00		1	13.0	2.15	First walkers, Clarks.	Roamer Craft Toddler shoes, navy leather
C1	3.2	EA	Toddler, footwear	Sandals		Asda	7.00		1	52.1	0.13	1 pair from supermarket.	Blue dinosaur double strap sandals
C1	3.2	EA	Toddler, footwear	Wellingtons		Asda	8.00		1	52.1	0.15	1 pair from supermarket.	Green crocodile wellington boots

C: Clothing and footwear	**£ 6.90**
Lone Parent	3.70
Toddler	3.20

MIS 2024 REBASE

D: Housing costs

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
D1	4.1	LP	Rent	Rent			110.81		1	1.0	110.81	Two bedroom social housing.	Taken from CORE data and uprated using rent inflation values. East Mdlands.
D3	4.3	LP	Water supply	Water rates			712.91		1	52.1	13.67		2023 weekly cost was £11.92. Severn Trent increase in total bill for typical unmetered households was 14.7%
D4	N/A	LP	Council tax	Council tax			1300.65		1	52.1	24.94		
D5	12.1	LP+1	Contents insurance	Contents insurance		RIAS (via MoneySuperMarket.com)	404.64		1	52.1	7.76	Contents insurance including accidental damage cover, with £50 excess.	Contents insurance for lone parent with 1 child. £50,000 cover level. Paid with £45.99 deposit and then 11 months x £32.60 = £404.64 total annual cost.
D6	4.5	LP	Electricity, gas and other fuels	Fuel			1815.09		1	52.1	34.81		
D7	4.3	LP	Home maintenance	Decorating and other home maintenance			200.00		1	52.1	3.84	£150 (decorating) + £50 maintenance every year, including all paints and other materials.	

D: Housing Costs	**£ 195.83**
D1: Rent	110.81
D3: Water	13.67
D4: Council Tax	24.94
D5: Household insurance	7.76
D6: Fuel	34.81
D7: Other housing costs	3.84

MIS 2024 REBASE

E: Household goods and services

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.1	LP	Hall	Lampshades for central lights in hall and landing		B&Q	14.99	1	2	521.4	0.06	£15 per lampshade. From Argos/B+Q/The Range/Wilko. 10 years. 2 needed (1 hall, 1 landing)	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White *(N.B. two lightshades for the 'hall', to also cover this home's landing area.)*
E1	5.5	LP	Hall	Light bulb		Tesco	3.50	2	1	521.4	0.01	LED, 1 needed for main light	Tesco LED Classic 60W Bayonet Cap 2 pack (1 for hall, 1 for landing)
E1	5.2	LP	Hall	Door mat (outside)		The Range	9.99	1	1	260.7	0.04	Mid-range rubber from The Range/Argos/IKEA/Dunelm 5 years	Robusta Heavy Duty Rubber Door Mat
E1	5.2	LP	Hall	Door mat (inside)		The Range	6.49	1	1	104.3	0.06	Mid-range washable fabric with rubber backing. From The Range/Argos/IKEA/Dunelm. 2 years.	Mud Master Barrier Mat
E1	5.1	LP	Hall	Hooks		The Range	11.99	6	1	521.4	0.02	6 hooks, mid-mid range. From The Range/Argos/IKEA/Dunelm. 10 years. Sturdiness more important than elegance.	6 Hook Pine Rail - Natural Wood
E1	5.1	LP	Hall	Shoe storage		IKEA	79.00		1	521.4	0.15	Closable shoe storage. IKEA. 10 years. 3 compartments with plenty of storage space - might also be used for hats, gloves, etc.	BRUSALI Shoe cabinet with 3 compartments, white, 61x30x130 cm
E1	5.1	LP	Living area	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	£15 per lampshade. From Argos/B+Q/The Range/Wilko. 10 years	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White
E1	5.5	LP	Living area	Light bulb		Tesco	2.00	1	3	521.4	0.01	LED, 3 needed for main light, table + standard lamp	Tesco LED Classic Warm White 40W Bayonet Cap Bulb
E1	5.2	LP	Living area	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout and thermal curtains throughout, washable, eyelet. Thicker and for quality. From B&M / supermarket / Dunelm / Argos / IKEA / B&Q / The Range / Wilko. 10 years	Woven Thermal Blackout Pencil Pleat Curtains, Machine Washable 228cm x 228 cm
E1	5.5	LP	Living area	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.5	LP	Living area	Voile (net curtain)		Dunelm	7.00	1	2	521.4	0.03	1 up from bottom from Argos/B+Q/The Range/Wilko. 10 years	Sheer Elegance White Slot Top Single Voile Panel (Priced at Dunelm because mostly patterned in suggested retailers. 1 panel of 150x228cm so priced 2)
E1	5.5	LP	Living area	Net curtain wire		Dunelm	2.50	1	1	521.4	0.00	From Argos/B+Q/The Range/Wilko. 10 years	Net curtain wire (includes 2 hooks and eyes) 3m

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.1	LP	Living area	Sofa - 3 seater		IKEA	650.00	1	1	521.4	1.25	Fabric sofa with washable, removable covers allowing for potential option of leather sofas instead. From IKEA. Matching 2- and 3-seaters. Mid-mid from DFS. 10 years.	IKEA GRÖNLID 10 yr guarantee and washable covers. N.B. no washable covers from DFS or SCS, and Sofaland is second-hand.
E1	5.1	LP	Living area	Sofa - 2 seater		IKEA	550.00	1	1	521.4	1.05	Fabric sofa with washable, removable covers allowing for potential option of leather sofas instead. From IKEA. Matching 2- and 3-seaters. 10 years.	IKEA GRÖNLID 10 yr guarantee and washable covers. N.B. no washable covers from DFS or SCS, and Sofaland is second-hand.
E1	5.1	LP	Living area	Storage unit		The Range	129.99	1	1	521.4	0.25	Sideboard as TV stand. Wood, not MDF. From IKEA/Argos/The Range. 15 years	Corona Grey Wax 3 Door 3 Drawer Sideboard - Distressed Grey Wax
E1	5.1	LP	Living area	Side tables		The Range	64.98	3	1	782.1	0.08	3 nested side tables. From Argos/IKEA/The Range. 15 years.	Corona Grey Nest of Tables - Grey washed wax. (Priced at The Range because Home Bargains don't have large furniture items.)
E1	5.4	LP	Living area	Coasters		Asda	3.00	4	2	782.1	0.08	For drinks on coffee table. 2 packs of 4. From B&M/supermarket/IKEA. 15 years (if sturdy).	George Home Wood Coaster 4 pk
E1	5.1	LP	Living area	Table lamp		The Range	19.99	1	1	521.4	0.04	1 needed. Approx. £20, lasting 10 years.	Alessia Table Lamp
E1	5.1	LP	Living area	Standing lamp		IKEA	55.00	1	1	521.4	0.11	£50-60 standing lamp, to last 10 years.	ANKARSPEL Floor/reading lamp
E1	5.2	LP	Living area	Rug		Dunelm	99.00	1	1	156.4	0.63	Around £100, from IKEA/Dunelm, 3 years. Specified a flat rather than fluffy rug for easier cleaning and better longevity.	Spencer Flatweave Rug 160cmx230cm
E1	5.2	LP	Living area	Cushions		B&M	10.00	1	4	260.7	0.15	4 needed, The Range/B&M. Approx. £10 per cushion. 5 years	Waffle Faux Fur Cushion - Grey
E1	5.2	LP	Living area	Throws		B&M	15.00	1	2	104.3	0.29	2 needed, 1 for each sofa. Big fluffy throw, Approx. £15 each. From IKEA/supermarket/B&M. 2 years.	Simply Everyday Waffle Sherpa Throw
E1	5.2	LP	Living area	Blanket		B&M	5.00	1	1	156.4	0.03	1 needed. Cheapest blanket from supermarket/B+M. 3 years	Simply Everyday Super Soft Throw
E1	5.1	LP	Living area	Personalisation			100.00	1	1	52.1	1.92	£100 per year for pictures, mirrors, ornaments, etc., covering the whole home except for separate children's personalisation budgets.	
E1	5.6	LP	Living area	Sewing kit		Amazon	18.99		1	1042.9	0.02	A 'proper' basket sewing kit. From supermarket. 20 years.	Navaris Sewing Box with Accessories - Sewing Basket with Organiser Tray Compartments 24.5 x 17.5 x 12.5 cm - Includes 76 Piece Kit - Bird Design
E1	5.1	LP	Dining area	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	£15 per lampshade. From Argos/B+Q/The Range/Wilko. 10 years	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White

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E1	5.5	LP	Dining area	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED	Tesco LED Classic Warm White 40W Bayonet Cap Bulb
E1	5.2	LP	Dining area	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout and thermal curtains throughout, washable, eyelet. Thicker and for quality. From B&M / supermarket / Dunelm / Argos / IKEA / B&Q / The Range / Wilko. 10 years	Woven Thermal Blackout Pencil Pleat Curtains, Machine Washable 228cm x 228 cm
E1	5.5	LP	Dining area	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.5	LP	Dining area	Voile (net curtain)		Dunelm	7.00	1	2	521.4	0.03	1 up from bottom from Argos/B+Q/The Range/Wilko. 10 years	Sheer Elegance White Slot Top Single Voile Panel (Priced at Dunelm because mostly patterned in suggested retailers. 1 panel of 150x228cm so priced 2)
E1	5.5	LP	Dining area	Net curtain wire		Dunelm	2.50	1	1	521.4	0.00	From Argos/B+Q/The Range/Wilko. 10 years	Net curtain wire
E1	5.1	LP	Dining area	Dining table		IKEA	349.00	1	1	521.4	0.67	Solid table (4-6 places, extendable) and 6 solid chairs. Solid wood. IKEA. 10 years	NORDEN Extendable table, oak, 155/210x90 cm (extending to seat 4-6 people)
E1	5.1	LP	Dining area	Dining chairs		IKEA	40.00	1	6	521.4	0.46	6 solid chairs. Solid wood. IKEA. 10 years	STEFAN Chair, white
E1	5.4	LP	Dining area	Place mats + coasters		Argos	5.00	4	2	104.3	0.10	2 sets of 4. Two up from bottom. B+M/Argos/IKEA/The Range. 2 years lifespan, same as originally-specified (flimsier) living room coasters.	George Home Castlerock Corkback Placemat and Coaster Set 4 placemats and 4 coasters
E1	5.2	LP	Dining area	Tablecloth		Dunelm	12.00		1	104.3	0.12	Wipe-clean plastic tablecloth. cheapest large enough for the extendable table, 2 years.	Dandelion Natural £4 per metre (3 metres to be large enough for extendable table), width 140cm.
E1	5.5	LP	Kitchen	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED	Tesco LED Classic Warm White 40W Bayonet Cap Bulb
E1	5.5	LP	Kitchen	Blinds		Dunelm	32.00	1	1	260.7	0.12	Moisture resistant blind. Mid-mid quality from /B+M/supermarket/Dunelm/Argos/B+Q/ The Range/Wilko. 5 years.	Natural Blackout Moisture Resistant Roller Blind, 4ft W 183x162cm
E1	5.4	LP	Kitchen, tableware	Crockery		IKEA	12.00	12	2	156.4	0.15	2 sets x 4 large plates, small plates, and cereal bowls. Cheapest from IKEA. 3 years	FAVORISERA12-piece service, white. Pasta bowls to be bought separately.
E1	5.4	LP	Kitchen, tableware	Pasta bowls		IKEA	0.75	1	4	156.4	0.02	1 set x 4 of pasta bowls.	OFTAST deep plate, 20cm
E1	5.4	LP	Kitchen, tableware	Mugs		IKEA	2.00	1	8	260.7	0.06	8 needed. One up from bottom, IKEA. 5 years.	FARGKLAR Mug, 37 cl
E1	5.4	LP	Kitchen, tableware	Cutlery		IKEA	15.00	24	2	1042.9	0.03	12 place settings. 1 up stainless steel from IKEA. 20 years	DRAGON 24-piece cutlery set, stainless steel
E1	5.4	LP	Kitchen, tableware	Teaspoons		Tesco	2.50	4	2	104.3	0.05	6 additional teaspoons. Supermarket. 2 years	Tesco Oxford Stainless Steel Teaspoons 4 Pack
E1	5.4	LP	Kitchen, tableware	Tall tumblers		IKEA	4.50	6	1	156.4	0.03	6 needed. Cheapest from IKEA. 3 years	GODIS Glass, clear glass, 40 cl
E1	5.4	LP	Kitchen, tableware	Short tumblers		IKEA	3.50	6	1	156.4	0.02	6 needed. Cheapest from IKEA. 3 years	GODIS Glass, 23cl

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E1	5.4	LP	Kitchen, tableware	Wine glasses		IKEA	6.00	6	1	156.4	0.04	4 needed. Cheapest from IKEA. 3 years	SVALKA Wine glass, 44cl
E1	5.4	LP	Kitchen, tableware	Salt and pepper set		Argos	9.00	2	1	260.7	0.03	Cheapest grinders from IKEA. 5 years	Cole & Mason Everyday Salt and Pepper Mills
E1	5.4	LP	Kitchen, tableware	Serving bowl		IKEA	9.00	2	1	156.4	0.06	Serving dish. Ceramic from IKEA. 3 years	POETISK Oven/serving dish 30x20 cm
E1	5.4	LP	Kitchen, tableware	Serving spoons		IKEA	7.00	1	2	1042.9	0.01	2 needed. Stainless steel from IKEA. 20 years	FINMAT Spoon, stainless steel, 33 cm
E1	5.3	LP	Kitchen, appliances	Fridge freezer	Logik	Currys	299.00	1	1	417.1	0.72	From AO/Currys, 8 years.	LOGIK LSD55W23 50/50 Fridge Freezer White
E1	5.3	LP	Kitchen, appliances	Fridge freezer disposal		Currys	25.00		1	417.1	0.06	From AO/Currys. Recyling of old fridge freezer.	£25 for recycling old fridge freezer.
E1	5.3	LP	Kitchen, appliances	Cooker	Beko	Currys	259.00	1	1	521.4	0.50	From AO/Currys. Fully electric (not dual fuel), 10 years.	BEKO KS530S 50 cm Electric Solid Plate Cooker - Silver, Energy rating A
E1	5.3	LP	Kitchen, appliances	Cooker installation and disposal		Currys	125.00		1	521.4	0.24	From AO/Currys. Installation of new cooker and disposal of the old one.	£100 installation + £25 recycling old one.
E1	5.3	LP	Kitchen, appliances	Washing machine	Logik	Currys	259.00	1	1	260.7	0.99	From AO/Currys, 5 years. 9kg for all MIS households with up to 4 children.	LOGIK L914WM23 9 kg 1400 Spin Washing Machine - White Energy rating A
E1	5.3	LP	Kitchen, appliances	Washing machine installation and disposal		Currys	55.00		1	260.7	0.21	So that parents could have the choice of these services if unable to move around and install these heavy items by themselves.	£30 for installation + £25 for recycling the old washing machine.
E1	5.3	LP	Kitchen, appliances	Microwave		George, ASDA	49.00	1	1	260.7	0.19	From supermarket/Argos, 5 years.	Manual Microwave - Silver
E1	5.3	LP	Kitchen, appliances	Toaster		George, ASDA	13.00	1.0	1	104.3	0.12	From Asda/Argos, 2 years.	White EPT201W4-20 4 Slice Toaster
E1	5.3	LP	Kitchen, appliances	Kettle		George, ASDA	11.00	1	1	104.3	0.11	From Asda/Argos, 2 years.	White Kettle 1.7L
E1	5.3	LP	Kitchen, appliances	Slow cooker		Asda	23.00	1	1	782.1	0.03	Cheapest slow cooker (c.£20) would be ok, 15 years.	Stainless Steel Manual 5L Slow Cooker (cheapest 5-litre slow cooker, allowing for various family sizes)
E1	5.4	LP	Kitchen, cookware	Saucepans and frying pans	Tefal	Asda	65.00	5	1	521.4	0.12	Saucepans: set of 3, Tefal to last longer than other non-stick pans – but cheapest Tefal. 10 years. Frying pan to match saucepans.	Tefal Titanium Force 5 pc set saucepans 14/16/18 cm, frypans 20/28 cm, durable non-stick coating B514S544
E1	5.4	LP	Kitchen, cookware	Deep saucepan		IKEA	24.00	1	1	521.4	0.05	Stainless steel, two up from bottom (deep saucepans only), 10 years.	Silver Stainless Steel Stock Pot
E1	5.4	LP	Kitchen, cookware	Wok		ASDA	10.00	1	1	1042.9	0.01	One up from bottom, 20 years.	Spun Steel Wok - 35cm

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E1	5.4	LP	Kitchen, cookware	Roasting tin		Argos	24.00	9	1	260.7	0.09	Set of baking and roasting tins (bun tin, roasting tin, flat tray etc.) from supermarket/Argos. 5 years.	Argos Home 9 Piece Steel Bakeware Set 2 sandwich tins diameter 20.5cm. 1 bun tray L31cm. 1 baking tray L38, W30cm. 1 Yorkshire pudding tray L23.5cm. 1 loaf tin L25, D6cm. 2 roasters; Large roaster 38cm x 30cm x 4cm, economy roaster 25cm x 19.5cm x 3.5cm and 1 medium pizza tray diameter 27.5, D1cm.
E1	5.4	LP	Kitchen, cookware	Baking sheet		Argos	0.00		1	521.4	0.00	Included in set above.	See set above.
E1	5.4	LP	Kitchen, cookware	Bun tin		Argos	0.00		1	521.4	0.00	Included in set above.	See set above.
E1	5.4	LP	Kitchen, cookware	Casserole dish		Argos	7.00	1	1	417.1	0.02	From supermarket/Argos. 8 years.	Clear Glass Casserole Dish 3L
E1	5.4	LP	Kitchen, cookware	Knives, knife sharpener and scissors		Argos	23.00	8	1	260.7	0.09	From supermarket/Argos. Knife set with wooden block, including a knife sharpener and scissors. 5 years.	Argos Home 8 Piece Wooden Knife Block Set: Chef's knife, Carving knife, Bread knife, Paring knife, Vegetable knife, All purpose knife, Sharpener, Pair of scissors.
E1	5.4	LP	Kitchen, accessories	Utensil set		Argos	18.00	5	1	260.7	0.07	With whisk and spatula. From supermarket/Argos. 5 years.	Utensil caddy, Ladle, Serving spoon, Slotted spoon, Slotted turner, Slotted masher,Tongs, Whisk.
E1	5.4	LP	Kitchen, accessories	Hand whisk		Argos	0.00	1	1	260.7	0.00	Included in set above.	See set above.
E1	5.4	LP	Kitchen, accessories	Tongs		Argos	0.00	1	1	260.7	0.00	One up from bottom, non-stick appropriate (silicone?), 5 years.	Included in set above
E1	5.4	LP	Kitchen, accessories	Peeler		ASDA	2.75	1	1	521.4	0.01	Two up from bottom, 10 years.	Scoville Peeler
E1	5.4	LP	Kitchen, accessories	Tin opener		Tesco	1.50	1	1	1042.9	0.00	Cheap metal one, 20 years.	Keep It Handy Butterfly Can Opener
E1	5.4	LP	Kitchen, accessories	Corkscrew		Tesco	1.50	1	1	1042.9	0.00	Cheapest 'waiter's friend' type of corkscrew, 20 years.	Keep It Handy Bottle Opener And Corkscrew
E1	5.4	LP	Kitchen, accessories	Rolling pin		Tesco	1.75	1	1	1042.9	0.00	Wood, cheapest ok, 20 years.	Tesco Practic FSC wooden Rolling Pin
E1	5.4	LP	Kitchen, accessories	Chopping boards		Argos	12.50	4	1	260.7	0.05	Colour-coded set, cheapest ok. 5 years.	Argos Home Plastic Chopping Board Set - Pack of 4
E1	5.4	LP	Kitchen, cookware	Colander		Tesco	4.00	1	1	1042.9	0.00	From supermarket/Argos. 20 years.	Tesco Stainless Steel Colander
E1	5.4	LP	Kitchen, cookware	Sieve		Tesco	3.25	1	1	260.7	0.01	From supermarket/Argos. 5 years.	Tesco Stainless Steel Sieve
E1	5.4	LP	Kitchen, cookware	Cheese grater		Tesco	2.50	1	1	104.3	0.02	From supermarket/Argos. 2 years.	Tesco Stainless Steel Box Grater
E1	5.4	LP	Kitchen, accessories	Measuring jug		Tesco	6.00	1	1	260.7	0.02	From supermarket/Argos. 5 years.	Pyrex 1.0L Measuring Jug
E1	5.4	LP	Kitchen, accessories	Mixing bowls (plastic)		Tesco	6.50	4	1	260.7	0.02	From supermarket/Argos. 5 years.	Tesco Colour Mixing Bowl Set 4Pcs
E1	5.3	LP	Kitchen, appliances	Stick blender		Tesco	22.00	1	1	260.7	0.08	Stick blender with whisk. From supermarket/Argos. 5 years.	Tesco Hbs22 White Hand Blender Set, includes chopper, whisk and potato masher

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E1	5.4	LP	Kitchen, accessories	Scales		ASDA	5.00	1	1	260.7	0.02	From supermarket/Argos. 5 years.	George Home White Digital Scale
E1	5.5	LP	Kitchen, accessories	Batteries		Tesco	4.50	8	1	34.8	0.13	E.g. 6-pack of AA batteries for 6 months, so one new battery per month.	Tesco Extra Long Life AA 8 Pack
E1	5.4	LP	Kitchen, accessories	Tea, coffee, sugar canisters		B&M	6.00	3	1	521.4	0.01	From supermarket/Argos. 10 years.	Simply Everyday Set of Storage Jars 3pk
E1	5.4	LP	Kitchen, accessories	Tupperware (plastic storage tubs)		IKEA	4.00	4	1	104.3	0.04	Set, with at least some of lunchbox size. 2 years.	PRUTA Food container, set of 17, transparent/green
E1	5.4	LP	Kitchen, accessories	Oven gloves		Tesco	4.00	1	1	104.3	0.04	From supermarket/Argos. 2 years.	Tesco Black Double Oven Glove
E1	5.4	LP	Kitchen, accessories	Tea towels		Tesco	4.00	5	1	52.1	0.08	From supermarket/Argos. Low quality - so 6 months.	Tesco Linear Check Tea Towels 5 Pack Brights
E1	5.3	LP	Kitchen, cleaning	Vacuum cleaner		Currys	129.00	1	1	521.4	0.25	Henry hoover for a good value longer lifespan and good results. 10 years.	NUMATIC Henry HVR160 Cylinder Bagged Vacuum Cleaner - Red
E1	5.3	LP	Kitchen, cleaning	Replacement dust bags for vacuum		Argos	11.00	10	1	260.7	0.04	Replacement dust bags for the Henry hoover. Recommended to replace the bag every 6 months, so a lifespan of 5 years for the 10-pack.	Henry Genuine Dust Bags - Pack of 10
E1	5.4	LP	Kitchen, cleaning	Iron		Argos	40.00	1	1	365.0	0.11	From supermarket/Argos. £40 price for good quality, efficiency and longevity. 7 years.	Tefal Express Steam FV2869 Steam Iron White & Ruby Red
E1	5.4	LP	Kitchen, cleaning	Ironing board		Argos	18.00	1	1	521.4	0.03	From supermarket/Argos. 20 year lifespan.	Habitat Medium 110 x 34cm Ironing Board - Skandi Spot
E1	5.4	LP	Kitchen, laundry	Ironing board cover		Argos	9.50	1	1	365.0	0.03	With metal, reflective parts. 7 years to match the iron's lifespan.	Minky 125 x 45cm Smart Fit Reflector Ironing Board Cover
E1	5.6	LP	Kitchen, laundry	Airer (freestanding)		Argos	22.00	1	2	156.4	0.28	2 needed, especially for any families without a tumble dryer.From supermarket/Argos. 3 years.	Argos Home 14m 3 Tier Indoor Clothes Airer
E1	5.6	LP	Kitchen, laundry	Airer (radiator)		Tesco	5.00	3	1	156.4	0.03	Three over-radiator airers, as well as the two 3-tier freestanding concertina airers.	Tesco Radiator Clothes Airer Pack of 3
E1	5.6	LP	Kitchen, laundry	Pegs		Tesco	3.00	48	1	156.4	0.02	From supermarket/Argos. 3 years.	Tesco Peg Basket with 48 Pegs
E1	5.6	LP	Kitchen, cleaning	Dustpan + brush		B&M	1.50	1	1	52.1	0.03	From supermarket/Argos. 1 year.	Simply Everyday Dustpan and Brush
E1	5.4	LP	Kitchen, accessories	Bin		Argos	6.00	1	1	260.7	0.02	From supermarket/Argos. Swing-top, 5 years.	Tontarelli 25 Litre Swing Top Bin - Black
E1	5.6	LP	Kitchen, consumables	Bin liners		Tesco	4.35	30	1	10.0	0.11	From supermarket. 3 bin-liners per week.	Tesco 30 Tall Pedal Bin Liners 30L
E1	5.6	LP	Kitchen, cleaning	Mop & bucket		Argos	12.00	1	1	104.3	0.02	From supermarket/Argos. 2 years.	Addis Antibacterial Superdry Mop and Replacement Heads

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E1	5.6	LP	Kitchen, cleaning	Mop head		Dunelm	3.00	1	1	104.3	0.03	Cheap flat mop head, to match the mop, 6 months. Lifespan of 2 years if accounting for the original mop head and the two other replacements that it comes with: 4 heads x 6 months = 2 years, and then it's the end of the mop's own 2-year lifespan.	Addis Superdry Mop Refill
E1	5.6	LP	Kitchen, consumables	Washing liquid		Tesco	2.19		1	10.0	0.22	Minimum of 3 washes per week for the lone parent (on average), to allow for separating darks, lights and coloureds while also still having to wash bedding with a similar frequency to partnered parents.	Tesco Non Biological Liquid Detergent Super Concentrated 900Ml (30 washes). 30/3 = 10 weeks lifespan for the lone parent.
E1	5.6	LP	Kitchen, consumables	Fabric softener		Tesco	1.65		1	16.7	0.10	3 loads of washing per week for the lone parent.	Tesco Pure Fabric Conditioner 50 Washes 1.25L. 50/3 = 16.7 weeks lifespan for the lone parent (assuming all washes using fabric conditioner).
E1	5.6	LP	Kitchen, consumables	Washing up liquid		Tesco	2.00		1	4.3	0.46	From supermarket/Argos. Fairy brand. 1 month lifespan.	Fairy Original Washing Up Liquid 654Ml
E1	5.6	LP	Kitchen, consumables	Bleach		Tesco	0.70		1	4.3	0.16	From supermarket/Argos. 3 week lifespan just for the kitchen	Tesco Thick Bleach 24 Hour Fresh 750ml
E1	5.6	LP	Kitchen, consumables	Multipurpose spray		Tesco	0.85		1	4.3	0.20	Multipurpose spray, replaced monthly. N.B. this is in parallel to the separate 1-month lifespan for the bathroom spray.	Tesco Antibacterial Multi Purpose Cleanser Spray 750Ml
E1	5.6	LP	Kitchen, consumables	Floor cleaner		Tesco	2.00		1	8.7	0.23	Floor cleaner, 1 litre, to last 2 months.	Flash All Purpose Liquid Floor Cleaner Traditional Bicarbonate Of Soda 1l (no Tesco or Asda own-brand floor cleaner available)
E1	5.6	LP	Kitchen, consumables	Window cleaner		Tesco	2.10		1	52.1	0.04	Window cleaning spray, also usable as polish.	Mr Sheen Multisurface Polish Spring Fresh 250Ml
E1	5.6	LP	Kitchen, consumables	Oven cleaner		Tesco	3.50		1	26.1	0.13	Oven cleaner, 6 months.	Oven Pride Cleaning System 500ml
E1	5.6	LP	Kitchen, consumables	Drain unblocker		Tesco	2.00			52.1	0.00	Drain unblocker, supermarket own-brand, 1 year.	Tesco Sink & Drain Unblocker 500Ml
E1	5.6	LP	Kitchen, cleaning	Drainer		The Range	3.99	1	1	521.4	0.01	From supermarket/Argos. 10 years.	Casa Large Dish Drainer
E1	5.6	LP	Kitchen, cleaning	Sponge scourers		Tesco	0.79	6	1	6.0	0.13	From supermarket/Argos. 1 scourer per week.	Tesco Non-Scratch Sponge Pan Cleaners 6 Pack
E1	5.6	LP	Kitchen, cleaning	Microfibre cloths		Tesco	2.00	4	2	52.1	0.08	Microfibre cloths, 2 x 4 packs, washable, supermarket own-brand, 1 year.	Tesco Microfibre Cloth 4 Pack

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E1	5.6	LP	Kitchen, consumables	Kitchen roll		Tesco	2.50	2	1	8.7	0.29	1 month per kitchen roll.	Tesco Kitchen Towel 100% Recycled 2 Rolls
E1	5.6	LP	Kitchen, consumables	Kitchen foil		Tesco	1.40		1	8.7	0.16	10m foil roll, to last 2 months.	Tesco Kitchen Foil 10M X 290Mm
E1	5.5	LP	Tools	Tool kit		B&Q	25.99	53	1	521.4	0.05	Basic tool kit from B&Q/Screwfix/Amazon. One that has received good reviews. 10 years.	VonHaus Household Tool Kit - 53pc Tool Kit for Beginners - Includes Precision Screwdrivers, Hammer, Pliers, Hex Keys, Bits & More
E1	5.5	LP	Tools	Hand saw		B&Q	5.99	1	1	521.4	0.01	Hand saw, separately if not included in tool kit. 10 years.	Magnusson 350mm Fine cut & clean Toolbox saw, 11 TPI
E1	5.5	LP	Tools	Drill		B&Q	29.45	1	1	521.4	0.06	Cordless drill from B&Q/Screwfix/Amazon. Fairly basic again, but reliable and with good reviews. 10 years.	MYLEK 18MYLEK 18V Cordless Li-ion Drill And Screwdriver Set With 13 Piece Accessory Kit
E1	5.5	LP	Tools	Torch		Tesco	3.00	1	1	521.4	0.01	Small battery-powered torch, from supermarket or Screwfix. 10 years. (N.B. household battery supplies included in the kitchen.)	Summit 9 LED Torch
E1	5.5	LP	Tools	Step ladder		B&Q	66.99	1	1	1042.9	0.06	Step ladder, cheapest ok, no need for paint tray. 20 years.	Mac Allister 6 tread Aluminium, plastic & steel Step Ladder (closed height 2.01m, max. open height 1.88m)
E1	5.5	LP	Bathroom	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED	Tesco LED Classic Warm White 60W Bayonet Cap Bulb
E1	5.2	LP	Bathroom	Blinds		Dunelm	32.00	1	1	260.7	0.12	Moisture resistant blind. Mid-mid quality from /B+M/supermarket/Dunelm/Argos/B+Q/ The Range/Wilko. 5 years.	Natural Blackout Moisture Resistant Roller Blind, 4ft W 183x162cm
E1	5.1	LP	Bathroom	Bath mat (for floor)		Tesco	6.50	1	1	104.3	0.06	1 washable fabric mat. Cheapest from supermarket/IKEA. 2 years.	Tesco Microchenille Bath Mat
E1	5.2	LP	Bathroom	Bath towels		George, ASDA	6.00	1	2	260.7	0.05	2 needed. Mid-range from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 5 years.	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Bath Towel (70 x 130cm)
E1	5.2	LP	Bathroom	Bath sheets		George, ASDA	8.00	1	2	260.7	0.06	2 needed, Asda mid-range, 5 years.	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Bath Sheet (100 x 150cm)
E1	5.2	LP	Bathroom	Beach towel		Asda	7.00		1	260.7	0.03	1 beach/swimming towel per person. Supermarket but not 'value' range, 5 years.	Mint Stripe Cotton Beach Towel
E1	5.2	LP	Bathroom	Hand towels		George, ASDA	3.00	1	2	260.7	0.02	2 needed. Mid-range from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 5 years	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Hand Towel (50 x 90cm)
E1	5.2	LP	Bathroom	Flannels		George, ASDA	0.80	1	2	52.1	0.03	2 needed. Mid-range from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 1 year.	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Face Cloth (30 x 30cm)

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E1	5.2	LP	Bathroom	Shower curtain		Argos	9.00	1	1	52.1	0.17	1 washable shower curtain. 1 up from bottom from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 1 year. Cheaper shower curtains would be more likely to rip or get mouldy.	Argos Home Plain Shower Curtain - White. Machine washable, includes curtain rings 180x180cm
E1	5.5	LP	Bathroom	Shower curtain rail		B&M	6.00		1	260.7	0.02	Needed for the shower curtain. 5 years.	Addis Shower Rod - Chrome. Extends up to 2m.
E1	5.5	LP	Bathroom	Shower curtain rings			0.00		1	52.1	0.00	Needed for the shower curtain. 1 year.	Included in shower curtain above.
E1	5.4	LP	Bathroom	Toothbrush holder		B&M	2.50	1	1	260.7	0.01	Cheapest ceramic toothbrush holder from IKEA. 5 years.	Simply Everyday Toothbrush Holder
E1	5.1	LP	Bathroom	Toilet roll holder	Maine	B&M	20.00	1	1	260.7	0.08	To hold multiple rolls. Slim, cupboard-style. Mid-range from B&M. 5 years.	Maine Toilet Roll Holder - White.
E1	5.5	LP	Bathroom	Door hooks		B&M	6.00	5	1	521.4	0.01	Over-door hooks for towels. Cheapest with rubber feet. From Wilko/The Range/Amazon/supermarket/Home Bargains/B+M.10 years	10 Ball Overdoor Hooks - Silver. Could not find the specified over-door hooks with rubber backing.
E1	5.1	LP	Bathroom	Medicine cabinet		Argos	30.00	1	1	1042.9	0.03	Medicine cabinet with mirror. From IKEA/Home Bargains/Argos. Cheapest. 20 years	Argos Home Tongue & Groove Mirrored Cabinet - White
E1	5.4	LP	Bathroom	Clothes basket		ASDA	18.00	1	1	260.7	0.07	Plastic woven style. From supermarket/IKEA. 5 years.	Addis Charcoal 50L Rattan Effect Laundry Hamper
E1	5.4	LP	Bathroom	Bin		George, ASDA	9.00	1	1	260.7	0.03	Small pedal bin. Cheapest from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 5 years	Charcoal matte Rectangular Bin 5L
E1	5.6	LP	Bathroom	Bin liners		Tesco	1.80	25	1	25.0	0.07	Bin liners for pedal bin. 1 per week	Tesco Drawstring Scented Bin Liners 12Lx 25Pk
E1	4.3	LP	Bathroom	Toilet seat		B&Q	15.95	1	1	260.7	0.06	wooden toilet seat with metal fittings, from Homebase or B&Q. 5 years.	18" Wooden Universal Bathroom WC Toilet Seat Easy Fit Antique Pine
E1	5.6	LP	Bathroom	Toilet brush		ASDA	3.00	1	1	52.1	0.06	Cheapest with cover from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 1 year.	Chrome Toilet Brush Holder
E1	5.6	LP	Bathroom	Bathroom cloths		Tesco	2.50	25	1	25.0	0.10	J cloths. 1 cloth per week.	Tesco All Purpose Cloths 25 Pack
E1	5.6	LP	Bathroom	Bleach		Tesco	0.70	1	1	2.0	0.35	Replaced every 2 weeks	Tesco Thick Bleach 24 Hour Fresh 750ml
E1	5.6	LP	Bathroom	Bathroom spray		Tesco	0.85	1	1	4.3	0.20	Multipurpose spray. Replaced monthly.	Tesco Antibacterial Multi Purpose Cleanser Spray 750Ml
E1	5.1	LP	Bedroom	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	£15 per lampshade. From Argos/B+Q/The Range/Wilko. 10 years	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White
E1	5.5	LP	Bedroom	Light bulb		Tesco	2.00	1	2	521.4	0.01	LED. 2 needed, 1 for bedside lamp	Tesco LED Classic Warm White 40W Bayonet Cap Bulb

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E1	5.2	LP	Bedroom	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout and thermal curtains throughout, washable, eyelet. Thicker and for quality. From B&M / supermarket / Dunelm / Argos / IKEA / B&Q / The Range / Wilko. 10 years	Woven Thermal Blackout Pencil Pleat Curtains, Machine Washable 228cm x 228 cm
E1	5.5	LP	Bedroom	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.5	LP	Bedroom	Voile (net curtain)		Dunelm	7.00	1	2	521.4	0.03	1 up from bottom from Argos/B+Q/The Range/Wilko. 10 years	Sheer Elegance White Slot Top Single Voile Panel (Priced at Dunelm because mostly patterned in suggested retailers. 1 panel of 150x228cm so priced 2)
E1	5.5	LP	Bedroom	Net curtain wire		Dunelm	2.50	1	1	521.4	0.00	From Argos/B+Q/The Range/Wilko. 10 years	Net curtain wire (includes 2 hooks and eyes) 3m
E1	5.1	LP	Bedroom	Double bed		Ikea	179.00	1	1	521.4	0.34	Double bed from IKEA. Basic standard frame. 10 years	MALM Bed frame, high, white, Standard Double
E1	5.1	LP	Bedroom	Mattress		Ikea	199.00	1	1	417.1	0.48	Mattress from IKEA, 'level 2' mattress (one above the cheapest group). 8 years.	VESTERÖY Pocket sprung mattress, Standard Double (choice of 2 firmness options)
E1	5.1	LP	Bedroom	Wardrobe		Ikea	229.00	1	1	521.4	0.44	double wardrobe - but not a small double. E.g. Malm from IKEA. Matching bedside table. 10 years.	VIHALS Wardrobe with 2 doors, white, 105x57x200 cm
E1	5.1	LP	Bedroom	Chest of drawers		Ikea	79.00	1	1	521.4	0.15	IKEA, 3 wide drawers, 10 years.	MALM Chest of 3 drawers, white, 80x78 cm
E1	5.1	LP	Bedroom	Bedside table with drawers		Ikea	49.00	1	2	521.4	0.19	E.g. Malm from IKEA. Matching wardrobe. 10 years. One on each side of the bed.	MALM Chest of 2 drawers, 40x55cm
E1	5.2	LP	Bedroom	Duvet		Asda	25.00	1	1	260.7	0.10	Winter and summer duvet. From supermarket. 5 years	All Seasons Combi Duvet, Double size
E1	5.2	LP	Bedroom	Pillows (cheap)		Asda	7.00	2	1	104.3	0.07	4 pillows needed. 2 cheapest from supermarket (Asda) and 2 mid-range (e.g. Slumberland). 2 years	Soft Touch Comfort Pillow Pair
E1	5.2	LP	Bedroom	Pillows (mid-range)	Slumberdown	Asda	13.00	2	1	104.3	0.12	4 pillows needed. 2 cheapest from supermarket (Asda) and 2 mid-range (e.g. Slumberland). 2 years	Slumberdown Super Support Pillow Pair
E1	5.2	LP	Bedroom	Duvet covers		Asda	16.00	1	3	260.7	0.18	3 sets needed from supermarket, £15.99 to £20 price range with choice of patterns. 5 years	Sleepdown Ditsy Floral Duvet Set in Blue, Double size (lots of choice at this price point) includes 2 matching pillow cases in each set
E1	5.2	LP	Bedroom	Pillow cases		Asda	1.50	2	3	260.7	0.02	3 sets needed for each of 4 pillows. 6 pillow cases included in duvet sets above, so another 3 pairs needed from supermarket. 5 years	Plain Pillowcase Pair. Wide choice of colours.
E1	5.2	LP	Bedroom	Sheets (fitted)		Asda	6.00	1	3	260.7	0.07	3 needed from supermarket. 5 years.	Deep fitted sheet
E1	5.2	LP	Bedroom	Mattress protector		Asda	15.00	1	1	260.7	0.06	From supermarket, cheapest fully fitted (i.e. not just elasticated straps at corners). 5 years	Silentnight Waterproof Mattress Protector

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E1	5.2	LP	Bedroom	Pillow protectors		Asda	5.00	2	4	260.7	0.08	8 needed (2 per pillow). Waterproof but not crinkly. From supermarket/Primark/Argos/IKEA. 5 years.	Pillow Protector Pair
E1	5.2	LP	Bedroom	Throw		George, ASDA	12.00	1	1	260.7	0.05	Fluffy throw (same as in living area) from supermarket. 5 years	Natural Check Sherpa Throw
E1	5.1	LP	Bedroom	Mirror			0.00	1		521.4	0.00	Full-length mirror, to be stuck onto wardrobe. From IKEA/supermarket/Home Bargains. 10 years. But no longer needed, with the IKEA Vihals wardrobe which has a full-length mirror stuck onto the front.	
E1	5.1	LP	Bedroom	Lamp		B&M	6.00	1	1	260.7	0.02	Cheap lamp from Home Bargains or B&M. 5 years	Manhattan Mini Lamp
E1	5.1	LP	Garden	Garden furniture		Argos	98.00		1	521.4	0.19	Table and 4 chairs. Sturdy and decent quality, in a range of possible materials. Approx. £100. From B&Q. 10 years.	Argos Home Resin Rattan Effect Stacking Garden Chair - Grey £16 each x4 PLUS Argos Home 4 Seater Round Plastic Garden Table - Grey £50 £50 +£48 = £98 for set.
E1	5.1	LP	Garden	Garden parasol		B&Q	12.95	1	1	521.4	0.02	Parasol to go with the garden table and chairs (possibly included in the set). 10 years.	170cm Diameter Multi Coloured Fabric Cover Beach Garden Parasol Umbrella with Adj Height to 1.8m
E1	5.1	LP	Garden	Garden parasol base		B&Q	12.99	1	1	521.4	0.02	Parasol to go with the garden table and chairs (possibly included in the set). 10 years.	URBNLIVING Height 13cm 10L Round White Colour Plastic Umbrella Parasol Base Stand Garden Sunshade Holder
E1	9.2	LP	Garden	Barbecue		B&Q	22.99	1	1	260.7	0.09	Kettle Charcoal BBQ from B&Q. 5 years.Plus cover	Portable Round Kettle Charcoal Grill BBQ Outdoor Heat Control Party BBQ Grill Red
E1	5.5	LP	Garden	Hosepipe		B&Q	49.00	1	1	521.4	0.09	20m from B&Q. 10 years	Hozelock 2 in 1 Freestanding Hose pipe set (L)25m
E1	5.5	LP	Garden	Lawn mower		B&Q	59.00	1	1	521.4	0.11	From B&Q/Amazon/Ebay. 10 years	M3E1032G Corded Rotary Lawnmower
E1	5.5	LP	Garden	Strimmer		B&Q	37.00	1	1	521.4	0.07	From B&Q. 10 years.	Mac Allister MGT35025 350W Corded Grass trimmer
E1	5.5	LP	Garden	Spade		B&Q	11.00	1	1	521.4	0.02	Basic with decent reviews. 10 years.	Metal Square Digging Spade
E1	5.5	LP	Garden	Trowel		B&Q	4.50	1	1	521.4	0.01	Basic with decent reviews. 10 years.	Magnusson Trowel
E1	5.5	LP	Garden	Garden fork		B&Q	10.99	1	1	521.4	0.02	Basic with decent reviews. 10 years.	New Garden B order Digging Fork Gardening Hand Tool Carbon Steel Planting Home
E1	5.5	LP	Garden	Rake		B&Q	10.00	1	1	521.4	0.02	Basic with decent reviews. 10 years.	Leaf Rake (W)560mm
E1	5.5	LP	Garden	Hoe		B&Q	12.95	1	1	521.4	0.02	Basic with decent reviews. 10 years.	Garden Carbon Steel Dutch Hoe - Green
E1	3.1	LP	Garden	Gardening gloves		B&Q	6.24	1	1	521.4	0.01	From B&Q. 3 years.	Briers All Rounder Multi Grip Gardening Warehouse Utility Gloves Medium Size 8
E1	5.1	LP	Garden	Storage box		B&Q	160.00	1	1	521.4	0.31	Storage box for lawn mower and other garden items. From B&Q. 10 years	Keter Store-it-out ARC Plastic Garden storage box 1200L

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E1	9.3	LP	Garden	Garden maintenance			55.00		1	52.1	1.05	£55 per year for garden maintenance, e.g. plants, compost, etc. This would also include charcoal for the barbecue.	
E1	5.1	LP	Garden	Fencing			200.00		1	521.4	0.38	£200 budget to repair/replace fence panels every 10 years.	
E1	4.3	LP*1	Hall	Laminate flooring		Carpetright	541.67		1	782.1	0.69	Luxury vinyl tile (LVT) for easy cleaning. mid-range; From Carpetright/independent supplier. 15 years. Plus mid-range underlay, door bar, fitting and delivery.	Hall: Tegola Atlas Oiled Oak Nature Laminate (4x 2.69m2 boxes, £19.99/sqm = £215.44), Timbershield Wood and Laminate Underlay 3mm (1 x 10m2 boxes, £9.49/sqm = £94.90), Single Edge Door Bar Aluminium 0.9m (3x £11.99 = £35.97) -> £346.31 plus delivery (£39.99) and fitting (£155.37) = £541.67.
E1	4.3	LP*1	Stairs & landing	Carpet		Carpetright	538.46		1	521.4	1.03	Carpet, from Carpetright. Mid-mid-range; '4/10' quality. Durable but also comfortable – possibly needing a different, more hard-wearing carpet for the stairs. Neutral, but with choice of colours. 10 years, if mid-mid quality (5 years if e.g. a '2.5/10' quality). Plus mid-range underlay, door bar, grippers, fitting and delivery. Groups specified that from the options available, the £12.99/sqm Twilight Saxony carpet product should be used.	Stairs + Landing: Twilight Saxony Carpet (13m2 x £13.99/sqm = £181.87), Glory Carpet Underlay 10mm (13m2 x £10.49/sqm = £136.37), Double Edge Door Bar Aluminium 0.9m (2x £11.99 = £23.98), Dual Purpose Gripper 1.52LM TXT190 (28x £2.50 = £70.00) -> £412.22 plus delivery (£39.99) and fitting (£86.25) = £538.46.
E1	4.3	LP*1	Living and dining area	Laminate flooring		Carpetright	1102.29		1	782.1	1.41	Living and dining area mid-range laminate flooring. From B&Q/Carpetright. Plus mid-range underlay, door bar, fitting and delivery. 15 years.	Living and dining room: Tegola Atlas Oiled Oak Nature Laminate (8x 2.69m2 boxes, £19.99/sqm = £430.88), Timbershield Wood and Laminate Underlay 3mm (3 x 10m2 boxes, £9.49/sqm = £284.70), Single Edge Door Bar Aluminium 0.9m (3x £11.99 = £35.97) -> £751.55 plus delivery (£39.99) and fitting (£310.75) = £1,102.29.

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E1	4.3	LP*1	Bedroom 1	Carpet		Carpetright	481.47		1	521.4	0.92	Carpet, from Carpetright. Mid-mid-range; '4/10' quality. Durable but also comfortable – possibly needing a different, more hard-wearing carpet for the stairs. Neutral, but with choice of colours. 10 years, if mid-mid quality (5 years if e.g. a '2.5/10' quality). Plus mid-range underlay, door bar, grippers, fitting and delivery. Groups specified that from the options available, the £12.99/sqm Twilight Saxony carpet product should be used.	Bedroom 1: Twilight Saxony Carpet (13m2 x £13.99/sqm = £181.87), Glory Carpet Underlay 10mm (13m2 x £10.49/sqm = £136.37), Double Edge Door Bar Aluminium 0.9m (1x £11.99 = £11.99), Dual Purpose Gripper 1.52LM TXT190 (10x £2.50 = £25.00) -> £355.23 plus delivery (£39.99) and fitting (£86.25) = £481.47.
E1	4.3	LP*1	Bedroom 2	Carpet		Carpetright	493.71		1	521.4	0.95	Carpet, from Carpetright. Mid-mid-range; '4/10' quality. Durable but also comfortable – possibly needing a different, more hard-wearing carpet for the stairs. Neutral, but with choice of colours. 10 years, if mid-mid quality (5 years if e.g. a '2.5/10' quality). Plus mid-range underlay, door bar, grippers, fitting and delivery. Groups specified that from the options available, the £12.99/sqm Twilight Saxony carpet product should be used.	Bedroom 2: Twilight Saxony Carpet (13.5m2 x £13.99/sqm = £188.87), Glory Carpet Underlay 10mm (13.5m2 x £10.49/sqm = £141.62), Double Edge Door Bar Aluminium 0.9m (1x £11.99 = £11.99), Dual Purpose Gripper 1.52LM TXT190 (10x £2.50 = £25.00) -> £367.47 plus delivery (£39.99) and fitting (£86.25) = £493.71.
E1	5.1	EA	Safety equipment	Stair gate for bedroom		Argos	25.00		1	521.4	0.05	Baby gate needed for toddler bedroom (but not preschool child). Standard width. From Argos/Amazon. To last 10 years.	Cuggl Pressure Fit Safety Gate
E1	5.1	EA	Living area	Toy storage (living area)		The Range	19.99		1	156.4	0.13	Ottoman style toy box with fabric, cushioned lid. 3ftx2ft and knee-height. £20-25. From Wilko/B+M/The Range. 3 years. One for each child.	Brushed Velvet Trunk - Grey
E1	5.1	EA	Living area	Travel cot		Smyths	36.99		1	521.4	0.07	Foldable travel cot, to come with a mattress and needing a bottom sheet. From Amazon/Tesco/Asda/Smyths (£30?), cheapest ok, 10 years. Versatile, so able to put toddler in instead of playpen, but can also be used if going away.	miniuno SnoozeLite Travel Cot Dark Grey and Black
E1	5.2	EA	Living area	Sheet for travel cot		Asda	6.50	2	1	521.4	0.01	Needed for the travel cot. Same 10-year lifetime.	Grey Fitted Sheets 2 Pack (Travel Cot size)
E1	5.2	EA	Living area	Throw		Primark	12.00		1	260.7	0.05	From B+M/Primark. Mid-mid quality with choice of 4 or 5 colours. 5 years.	Soft-Touch Throw

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E1	5.3	EA	Living area	Baby monitor		Argos	25.00		1	521.4	0.05	Audio monitor. 2 up from bottom. Argos/Amazon/Currys/supermarket. 10 years. One for each child.	Vtech DM1211 Digital Audio Baby Monitor
E1	5.1	EA	Dining area	Highchair		Smyths	24.99		1	521.4	0.05	Highchair with foot rest and 4-point harness for extra prevention of climbing out. Plastic cover on food tray. From IKEA/Smyths. 10 years.	Babylo Eatin Mess High Chair
E1	5.4	EA	Kitchen, tableware	Beaker		Ikea	2.50	1	3	26.1	0.29	3 sippy cups. 1 for nursery and 2 to use at home. From IKEA, lasting 6 months.	BÖRJA Training beaker
E1	5.4	EA	Kitchen, tableware	Suction bowl		Tesco	8.50	3	1	521.4	0.02	1 suction bowl. 1 up from Poundland/Home Bargains/B+M. One-off purchase.	Munchkin Stay Put Suction Bowl 3 Pack (no suction bowls are currently available from the listed retailers)
E1	5.4	EA	Kitchen, tableware	Suction plate		Tesco	7.25	1	1	521.4	0.01	1 suction plate. 1 up from Poundland/Home Bargains/B+M. One-off purchase.	Munchkin Stay Put Suction Plate (no suction plates are currently available from the listed retailers)
E1	5.4	EA	Kitchen, accessories	Baby bottles		Tesco	13.50	2	1	52.1	0.26	2 9oz (260ml) bottles with 2 teats per bottle (fast flow). Branded and BPA-free. 1-year lifespan.	Tommee Tippee Natural Start Baby Bottle 340ml X 2 3m+ (medium flow). No Tommee Tippee bottles are sold with fast flow teats, so those are priced here as a separate item.
E1	5.4	EA	Kitchen, accessories	Bottle teats		Tesco	3.00	2	1	52.1	0.06	2 fast flow baby bottle teats, because the bottles are only sold with slow (0m+) or medium (3m+) flow teats.	Tommee Tippee Natural Start Fast Flow Teats 2 Pack 6M+
E1	5.4	EA	Kitchen, accessories	Bottle brush		Amazon	6.99	1	1	104.3	0.07	Silicone baby bottle brush from supermarket/Amazon/Argos. 2 years	ddLUCK Silicone Bottle Cleaning Brush with Long Handle, 31cm Water Bottle Cleaner for Baby Bottles
E1	5.4	EA	Kitchen, accessories	Baby food feeder dummy		Tesco	5.50	1	3	52.1	0.32	Weaning dummies', with space for sliced-up cucumber or fruit. Pack of 3, to last 1 year.	Munchkin Baby Food Feeder 4+ Months
E1	5.6	EA	Kitchen, laundry	Washing liquid (toddler)		Tesco	3.39		1	30.0	0.11	2 washes per week.	Tesco Non Biological Detergent Super Concentrated 1.8L 60W (60 washes)
E1	5.6	EA	Kitchen, laundry	Fabric conditioner (toddler)		Tesco	1.65		1	25.0	0.07	2 washes per week.	Tesco Pure Fabric Conditioner 50 Washes 1.25L
E1	5.2	EA	Bathroom	Towels, bath (toddler)		Asda	6.00		2	156.4	0.08	2 needed from supermarket. 3-year lifespan.	Natural Ultra Plush Antimicrobial Towel Range - Bath Towel (70cmx130cm)
E1	5.2	EA	Bathroom	Towels, beach (toddler)		Asda	6.00		1	260.7	0.02	1 beach/swimming towel. Supermarket but not 'value' range, 5 years.	Natural Bear Hooded Towel
E1	5.2	EA	Bathroom	Flannels (toddler)		Asda	0.80	1	5	52.1	0.08	5 of the cheapest flannels from supermarket. 1-year lifespan.	Yellow Super-Soft Cotton Towel Range - Face Cloth (30cmx30cm)
E1	5.1	EA	Bedroom	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	Lampshade B&M/Home Bargains/Wilkos/Ikea - choice of colours and size. £15 per lightshade throughout the home, with a 10-year lifespan.	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade Cream (available in a wide range of colours)
E1	5.5	EA	Bedroom	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED, 1 needed for main light.	Tesco LED Classic Warm White 40W Bayonet Cap Bulb

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.2	EA	Bedroom	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout roller blind and blackout washable curtains. From Dunelm. 10 years. All curtains should be blackout, thermal and washable eyelet curtains.	Woven Thermal Blackout Pencil Pleat Curtains (228cm x 228cm, machine washable, and available in a range of colours)
E1	5.2	EA	Bedroom	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.2	EA	Bedroom	Blinds		Dunelm	14.00		1	521.4	0.03	Blackout roller blind and blackout washable curtains. Both curtains and blinds, for extra insulation. Blinds spec (Dunelm, 10 years).	Plain Black Blackout Roller Blind (W 122cm (48") x D 163cm (64"); available in a range of colours)
E1	5.1	EA	Bedroom	Cot bed (toddler)		Argos	180.00		1	521.4	0.35	Cot bed from Smyths/Argos/Amazon. Mid-mid quality. 10 years	Obaby Grace Cot Bed - White
E1	5.1	EA	Bedroom	Mattress, cot bed (toddler)		Argos	100.00		1	521.4	0.19	Hypoallergenic mattress. Good quality, such as Silentnight. 10 years.	Silentnight Safe Night Snuggle 70x140cm Cot Bed Mattress
E1	5.2	EA	Bedroom	Pillow (toddler)			0.00			208.6	0.00	1 cot bed pillow needed. From supermarket. 4 years.	Included in cot bed quilt / duvet set.
E1	5.2	EA	Bedroom	Pillow protectors		Asda	7.00	2	1	260.7	0.03	2 needed. Waterproof (and nosebleed-proof) but not crinkly. From supermarket/Primark/Argos/IKEA. 5 years.	Waterproof Pillow Protector Pair
E1	5.2	EA	Bedroom	Pillowcases (toddler)			0.00			208.6	0.00	Needed if quilt does not come with removable covers and pillowcase included.	Included in cot bed duvet cover set.
E1	5.2	EA	Bedroom	Mattress protector, cot bed		Asda	6.00	1	2	208.6	0.06	2 mattress protectors needed. Supermarket. 4 years.	White Mattress Protector - Cotbed
E1	5.2	EA	Bedroom	Sheets, fitted, cot bed (toddler)		Asda	9.00	2	1	208.6	0.04	2 fitted sheets needed. Supermarket. 4 years.	Blue Cotbed Fitted Sheets - Set of 2
E1	5.2	EA	Bedroom	Quilt		Asda	15.00		1	208.6	0.07	Toddler quilt (not duvet). From supermarket. 4 years	Silentnight Safe Nights Toddler Bedset Anti-allergy Pillow & Duvet (listed on Asda website as 'Toddler Cot bed Quilt & Pillow set', and 4 tog like other 'quilts') (discounted from £17)
E1	5.2	EA	Bedroom	Duvet covers		Asda	13.00	1	2	208.6	0.12	2 needed. From supermarket, 4 years	Natural Dino Brushed Cotton Reversible Duvet Set - Cot Bed, Toddler or Junior Bed size (includes 1 pillowcase)
E1	5.2	EA	Bedroom	Sleeping bag (sack)		Asda	13.50	1	1	208.6	0.06	1 baby sleeping bag / sleep sack from supermarket. 4 years	Animal Train Sleep Bag 1 Tog
E1	5.1	EA	Bedroom	Chest of drawers		Ikea	79.00		1	521.4	0.15	Wardrobe/drawers as preferred. TG agreed on 5 drawers needed. IKEA. 10 years.	KULLEN Chest of 5 drawers, white, 70x112 cm
E1	5.1	EA	Bedroom	Bookshelf		Ikea	15.00	1	1	521.4	0.03	1 shelf. From IKEA/The Range. 10 years.	LACK Wall shelf, white stained oak effect, 110x26 cm

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.1	EA	Bedroom	Toy storage (bedroom)		H&M	22.99		1	260.7	0.09	Fabric, rope effect storage basket. IKEA/The Range. 5 years	Cotton storage basket (40cm x 40cm; equivalents from Ikea and The Range are either much smaller or out of stock)
E1	5.1	EA	Bedroom	Lamp (night light)		Amazon	13.73		1	521.4	0.03	Night light lamp. Approx. £15 Amazon. 10 years	One Fire Bunny Night Light Kids【16 Colors Remote】Cute Baby Night Light Newborn, 5 Brightness Kids Night Light Bedroom, 3 Timer Kids Lamp Nightlight,Rechargeable Night Light Kids Night Lamp Cute Gifts
E1	5.1	HHAB	Safety equipment	Stair gates for stairs (wide)		Argos	25.00		2	521.4	0.10	2 stair gates needed for stairs (top and bottom). Wide-fitting. Approx £15 each from Argos. 10 years.	Cuggi Wall Fix Extending Safety Gate
E1	5.1	HHAB	Safety equipment	Stair gate for kitchen		Argos	25.00		1	521.4	0.05	Safety gate needed for kitchen. Standard width. Approx £15 each from Argos. 10 years, in line with toddler budget.	Cuggl Pressure Fit Safety Gate
E1	5.1	HHAB	Safety equipment	Socket covers		Amazon	4.15	12	1	1042.9	0.00	Electrical socket protector - standard plug-in covers. 20 years.	RUTZ® 12 Pcs Baby Home Safety Socket Covers Child Proof Plug Socket Protectors/Guards Perfect UK Baby Safety Plug Socket Covers for Children at Home and School
E1	5.1	HHAB	Safety equipment	Corner protectors		Ikea	7.50	8	2	521.4	0.03	4 x 4-pack corner protectors. IKEA/Poundland. 10 years.	UNDVIKA Corner bumper (quantity adjusted for 8-pack size)
E1	5.1	HHAB	Safety equipment	Cupboard locks		Amazon	8.48	10	1	521.4	0.02	10-pack of cupboard locks from Amazon/supermarket. 10 years.	Septeamay Child Safety Cupboard Locks, 10 Pack Adjustable Cupboard Locks for Children Baby, Child Locks for Kitchen Cupboards Cabinet Fridge Drawer Refrigerator Toilet, Easy Install, No Tools Needed
E1	5.5	HHABC	Living area	Fire guard		B&Q	27.99		1	521.4	0.05	Cheapest extendable fire guard from Argos. 10 years.	Extendable Fireguard Nursery Fire Guard Safety Child Fireplace Stove Woodburner Screen
E1	5.2	HHAB	Dining area	Shower curtain (play mat)		Poundland	5.00		2	52.1	0.19	2 Plastic mats needed to protect floor (mealtimes, painting, playdough, etc. potentially in different rooms or to allow for rotation while washing one), would use cheapest plastic shower curtain as cheapest option from Poundland/Home Bargains/B+M. 1 year.	Pepco Shower Curtain With Hooks - Navy Blue Stripes
E1	5.4	HHABC	Kitchen, tableware	Plastic plates		Ikea	1.00	6	1	52.1	0.02	4-6 reusable plastic plates. E.g. IKEA set (or B&M / supermarket / Primark). 1 year.	KALAS Plate, mixed colours, 6 pack
E1	5.4	HHABC	Kitchen, tableware	Plastic bowls		Ikea	1.00	6	1	52.1	0.02	4-6 reusable plastic bowls. E.g. IKEA set (or B&M / supermarket / Primark). 1 year.	KALAS Bowl, multicolour, 6 pack

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.4	HHABC	Kitchen, tableware	Plastic cups		Ikea	1.00	6	1	52.1	0.02	4-6 reusable plastic cups. E.g. IKEA set (or B&M / supermarket / Primark). 1 year.	KALAS Mug, multicolour, 6 pack
E1	5.4	HHAB	Kitchen, tableware	Plastic cutlery		Ikea	1.00	18	1	52.1	0.02	6 sets of reusable plastic cutlery from B&M/supermarket/Primark/IKEA. 10 years. 1 year.	KALAS 18-piece cutlery set, mixed colours
E1	5.6	HHAB	Kitchen, consumables	Stain remover (laundry)		Tesco	7.20		1	4.3	1.66	1 tub of Vanish stain remover. Replaced monthly.	Vanish Gold Oxi Action Laundry Stain Remover Powder Colours 850g
E1	5.6	HHAB	Kitchen, consumables	Stain remover (carpet and upholstery)		Tesco	2.15		1	4.3	0.49	Carpet stain remover. Replaced monthly. It should also work for upholstery (sofas etc.).	Tesco Carpet & Upholstery Cleaner 500Ml
E1	5.4	HHABC	Bathroom	Step stool		Tesco	6.00		1	521.4	0.01	Plastic bathroom step for children (could move to kitchen if desired) from supermarket/Argos/Home Bargains. 10 years.	Tiny to Tots Step Stool
E1	5.6	HHABC	Bathroom	Bath mat (inside, anti-slip)		Asda	5.50		1	26.1	0.21	Non-slip mat with suction pads for inside bath. Supermarket/Home Bargains/IKEA/Amazon. 6 month.	George Home Clear Extra Long PVC Bath Mat
E1	5.4	HHABC	Bathroom	Plastic jug		B&M	0.99		1	521.4	0.00	Plastic jug for washing hair. Cheapest plastic, 10 years.	Simply Everyday Measuring Jug 1L
E1	5.4	HHAB	Bathroom	Toy storage		Asda	7.00		1	26.1	0.27	Toy storage net. Replaced every 6 months	Munchkin High'n'Dry Corner Bath Organiser

E: Household Goods and Services	**£**	**34.17**
E1: Household Goods	£	34.17

MIS 2024 REBASE

E: Household goods and services

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E2A1	7.4	LP	Postage	Postage and deliveries			60.00		1	52.1	1.15	Shopping increasingly online, not always possible to get free delivery (or free click-and-collect), and possibility too of needing some paid returns. £60 per year for the household; on average £5 per month.	
E2A1	7.4	LP	Postage	IKEA delivery		Ikea	40.00		1	52.1	0.77	One bulky IKEA delivery cost per year in addition to the more general postage and deliveries budget.	Ikea home delivery: selected day delivery (cheapest option available) = £40, with an example 4 items of furniture. This delivery cost stays the same if adding a fifth item of furniture to the online shopping basket.
E2A2	8.1	LP	Telephone	Mobile telephone (handset)	Motorola	Tesco Mobile	0.00	1	1	104.3	0.00	Tesco Mobile package with a new phone every two years. Fairly basic smartphone, but able to run a variety of apps (including apps from children's school) and withstand fairly heavy usage - not expensive, but not too basic either. Groups selected the £14.50 per month Motorola Moto G13 package (with 3GB data), as the cheapest from Tesco for a phone with 128GB storage and 4GB RAM.	Motorola Moto G14 (128GB storage, 4GB RAM). The G13 phone is no longer available from Tesco, but the G14 has the same storage, RAM and monthly contract cost. £0 upfront cost with 24-month contract.
E2A2	8.3	LP	Telephone and fax services	Mobile telephone (bills)		Tesco Mobile	14.50		1	4.3	3.34	Tesco Mobile package with a new phone every two years, unlimited texts & calls, and a data allowance (at least 2GB of data needed per month).	Tesco Mobile: Motorola Moto G14 phone, 24-month contract, 3GB data per month, unlimited calls and texts, £14.50/month, no up-front cost.
E2C	5.6	LP	Childcare	Babysitting			30.00		1	2.0	15.00	Reciprocity can be more difficult as a single parent with sole responsibility for own child, and likewise no chance to go out with partner staying at home. £30 per time if e.g. through a nursery, for 3 hours, each fortnight. Or if a cheaper informal arrangement, this could be £15 per week.	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E2B	13.3	EA	Childcare	Childcare			5.69		50	1.0	284.28	Nursery 8am-6pm, 5 days per week, 50 weeks of the year. Food may be included in the fees, or the parents could provide packed lunches. Nappies and wipes would not be included in the fees. Adds 4 miles per day to car mileage.	Taken from Coram childcare survey. This is the average cost of nursery for the GB excluding London, based on 50 hours per week.

E: Household Goods and Services	**£**	**304.53**
E1: Household Goods	£	-
E2A: Communication	£	5.25
E2A1: Postage	£	1.92
E2A2: Telephone	£	3.34
E2B: Childcare	£	284.28
E2C: Other Household Services	£	15.00

MIS 2024 REBASE

F: Personal goods and services, including health

Lone parent

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.1	LP	Mother, Personal care	Hairdressing			70.00		1	4.0	17.50	£70 every 4 weeks, to allow for a wider variety of hair types and their associated costs (e.g. braiding - without extensions - of natural African / African Caribbean hair).	
F	13.1	LP	Mother, Personal care	Hair products (additional)			10.00		1	4.3	2.30	£10 a month for extra or more expensive hair products, to account for cultural/ethnic differences.	
F	13.1	LP	Mother, Personal care	Hair colour	Garnier	Tesco	4.40		1	4.3	1.01	Home hair colour every month. Recognisable brand.	Garnier Belle Color 4 Natural Dark Brown Permanent Hair Dye (range of colours available for same price)
F	13.1	LP	Mother, Personal care	Hairdryer	Tresemmé	Tesco	16.00		1	156.4	0.10	From supermarket/B+M/Boots. Recognisable brand (e.g. Tresemmé) replaced every 3 years	Tresemme Fast Dry 2000 9142Tu
F	13.1	LP	Mother, Personal care	Straighteners	Tresemmé	Tesco	27.00		1	156.4	0.17	From supermarket/B+M/Boots. Recognisable brand (e.g. Tresemmé) replaced every 3 years	Tresemme Ceramic Styler 230 2089Tu
F	13.1	LP	Mother, Personal care	Hair styling products			15.00		1	4.3	3.45	Budget of £15 per month for hair styling products (e.g. hair spray, hair serum, hair gel, hair wax)	
F	13.1	LP	Mother, Personal care	Toilet roll	Tesco	Tesco	8.25	12	1	6.0	1.38	2 rolls per week.	Tesco Luxury Soft Toilet Tissue 12 Double Rolls
F	13.1	LP	Mother, Personal care	Shower gel	Dove	Tesco	1.50		1	2.0	0.75	From supermarket/B+M/Boots. Recognisable brand replaced every 2 weeks. A Tresemmé or Pantene price-level product.	Dove Reviving Pomegranate & Hibiscus Body Wash Shower Gel 225ml
F	13.1	LP	Mother, Personal care	Shampoo	Pantene	Tesco	2.75		1	4.3	0.63	From supermarket/B+M/Boots. Recognisable brand replaced every month. A Tresemmé or Pantene price-level product.	Pantene Smooth & Sleek Shampoo 400Ml
F	13.1	LP	Mother, Personal care	Conditioner	Pantene	Tesco	2.75		1	4.3	0.63	From supermarket/B+M/Boots. Recognisable brand replaced every month. A Tresemmé or Pantene price-level product.	Pantene Active Pro-V Smooth & Sleek Hair Conditioner 275ml
F	13.1	LP	Mother, Personal care	Face wash	Simple	Tesco	2.50		1	4.3	0.58	From supermarket/B+M/Boots. Recognisable brand replaced every month	Simple Kind To Skin Refreshing Face Wash Gel 150Ml
F	13.1	LP	Mother, Personal care	Cotton wool pads	Tesco	Tesco	1.50	100	1	4.8	0.32	From supermarket/B+M/Boots. 3 per day.	Tesco Cotton Wool Double Faced Pads 100

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.1	LP	Mother, Personal care	Makeup cleanser	Simple	Tesco	5.30		1	4.3	1.22	From supermarket/B+M/Boots. Recognisable brand replaced every 2 weeks (increased to 1 month because of product size).	Simple Kind To Skin Micellar Cleansing Water 400Ml
F	13.1	LP	Mother, Personal care	Shower cap	H&A	Tesco	1.25		1	52.1	0.02	Cheapest from supermarket/B+M/Boots. Replaced every year	Bath Shower Cap
F	13.1	LP	Mother, Personal care	Bath or shower lily	H&A	Tesco	1.00		1	4.3	0.23	1 per month.	Bath Essentials Body Puff (Coloured)
F	13.1	LP	Mother, Personal care	Bubble bath	Radox	Tesco	1.49		1	4.3	0.34	1 per month.	Radox Feel Pampered Bath Soak Bubble Bath 500ml
F	13.1	LP	Mother, Personal care	Deodorant	Dove	Tesco	1.70		1	2.0	0.85	From supermarket/B+M/Boots. Recognisable brand replaced every 2 weeks	Dove Women Antiperspirant Deodorant Fresh Roll On 50Ml
F	13.1	LP	Mother, Personal care	Toothpaste	Colgate	Tesco	0.99		1	4.0	0.25	Recognisable brand from supermarket/B+M/Boots. Replaced every 4 weeks	Colgate Triple Action Toothpaste 75Ml
F	13.1	LP	Mother, Personal care	Toothbrush	Colgate	Tesco	1.50	3	1	39.1	0.04	Manual toothbrush (recognisable brand) from supermarket/B+M/Boots. 3 months.	Colgate Extra Clean Medium Toothbrush 3 Pack. 1 toothbrush lasts 3 months, so 3-pack lasts 9 months.
F	13.1	LP	Mother, Personal care	Mouthwash	Colgate	Tesco	2.00		1	4.3	0.46	Recognisable brand from supermarket/B+M/Boots. Replaced every month	Colgate Triple action mouthwash 500ml
F	13.1	LP	Mother, Personal care	Dental floss	Oral-B	Tesco	1.50		1	4.3	0.35	1 roll per month, individual (not household) item.	Oral-B Satin Tape Dental Floss 25M
F	13.1	LP	Mother, Personal care	Razors	Gillette	Tesco	1.50	4	1	4.0	0.38	Disposable razors. From supermarket/B+M/Boots. Recognisable brand. 1 razor per week	Gillette Simply Venus 2 Women's Disposable Razors 4 Pack
F	13.1	LP	Mother, Personal care	Shaving gel	Gillette	Tesco	2.85		1	13.0	0.22	From supermarket/B+M/Boots. Recognisable brand. Replaced every 3 months	Gillette Satin Care Sensitive Aloe Vera Glide Shaving Gel 200ml
F	13.1	LP	Mother, Personal care	Moisturiser (face)	Nivea	Tesco	5.20		1	4.3	1.20	Face moisturiser with SPF 30 from supermarket/B+M/Boots. Recognisable brand replaced every month	NIVEA Refreshing 24 Hour Moisture SPF30 Day Cream 50ml
F	13.1	LP	Mother, Personal care	Moisturiser (body)	Dove	Tesco	3.50		1	13.0	0.27	Large body lotion from supermarket/B+M/Boots. Recognisable brand replaced every 3 months	Dove Essential Nourishing Lotion 400Ml
F	13.1	LP	Mother, Personal care	Lip balm	Vaseline	Tesco	1.25		1	26.1	0.05	Small round tin of Vaseline, lifespan 6 months.	Vaseline Lip Therapy Original 20G
F	13.1	LP	Mother, Personal care	Hair brush (flat)	Cantu	Tesco	7.50	1	1	52.1	0.14	1 flat brush for everyday use. From supermarket/B+M/Boots. Approx. £12. Replaced every year	Cantu Smooth Thick Hair Paddle Brush
F	13.1	LP	Mother, Personal care	Hair brush (round)	Denman	Tesco	11.00	1	1	52.1	0.21	1 round brush for blow drying. From supermarket/B+M/Boots. Approx. £8. Replaced every year	Denman Classic Styling Brush 02-8394

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.2	LP	Mother, Personal effects	Hair bobbles	Leo Bancroft	Tesco	1.70	15	1	9.8	0.17	Cheapest 20-pack of hair bobbles. From supermarket/B+M/Boots. Replaced every 3 months	Leo Bancroft Snagfree Bands Brown 15 Pack (lifespan adjusted for 15-pack)
F	13.1	LP	Mother, Personal care	Sanitary products			6.50		1	4.3	1.50	Budget of £6.50 per month for choice of branded sanitary products.	
F	13.1	LP	Mother, Personal care	Suncream	Garnier	Tesco	6.50		1	52.1	0.12	Recognisable brand from supermarket/B+M/Boots. Replaced every year	Garnier Ambre Solaire Invisible Protect Spray Spf 50 200Ml
F	13.2	LP	Mother, Personal care	Cosmetics			150.00		1	52.1	2.88	£150 per year (e.g. £12.50 for one product per month, on average)	
F	13.1	LP	Mother, Personal care	Perfume			60.00		1	52.1	1.15	£60 per year	
F	13.2	LP	Mother, Accessories	Toiletries bag	Primark	Primark	6.00	1	1	260.7	0.02	Plastic toiletries bag from Primark, lifespan 5 years.	Rolldown Wash Bag
F	13.2	LP	Mother, Personal effects	Sunglasses	Primark	Primark	3.50	1	1	52.1	0.07	Primark, 1 year.	Tinted Round Frame Sunglasses (lots of choice at Primark at this price-point)
F	13.2	LP	Mother, Personal effects	Jewellery			100.00		1	312.9	0.32	£100 every 6 years for occasional watches, earrings, necklaces, etc.	
F	13.2	LP	Mother, Accessories	Handbags (everyday)		New Look	29.99	1	2	52.1	1.15	2 larger everyday bags. From supermarket. 1 year lifespan.	Brown Leather-Look Buckle Tote Bag
F	13.2	LP	Mother, Accessories	Handbags (occasion)	George	Asda	18.00	1	2	260.7	0.14	2 small occasion bags. From supermarket. 5 year lifespan.	Cream Leather Look Saddle Bag
F	13.2	LP	Mother, Accessories	Purse	River Island	River Island	12.00	1	1	208.6		River Island, 4 years.	Pink Embossed Weave Purse
F	13.2	LP	Mother, Accessories	Suitcase	Primark	Primark	32.00		1	208.6	0.15	Medium wheely suitcase, Primark, 4 years.	Hard Shell 4-Wheel Suitcase (size: M)
F	13.2	LP	Mother, Accessories	Weekend bag	Primark	Primark	17.00		1	208.6	0.08	Weekend style bag, Primark, 4 years.	Quilted Weekend Bag
F	13.2	LP	Mother, Accessories	Rucksack	Primark	Primark	16.00		1	208.6	0.08	Backpack, Primark, 4 years.	Compact Travel Backpack
F	13.1	LP	Household, Personal care	Liquid soap (bathroom)	Palmolive	Tesco	1.15		1	2.0	0.58	Liquid soap from supermarket/B+M/Boots. Recognisable brand, replaced every two weeks.	Palmolive Sensitive Handwash 300Ml
F	13.1	LP	Household, Personal care	Cotton buds	Tesco	Tesco	0.50	200	1	13.0	0.04	3 months.	Tesco 200 Cotton Buds

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.1	LP	Household, Personal care	Vaseline	Vaseline	Tesco	1.90		1	52.1	0.04	Replaced yearly	Vaseline Petroleum Jelly 100ml
F	13.1	LP	Household, Personal care	Nail scissors	Tesco	Tesco	2.10		1	521.4	0.00	10 years	Tesco Essentails Nail Scissors [sic]
F	13.1	LP	Household, Personal care	Tweezers	Tesco	Tesco	2.20		1	521.4	0.00	Potentially in a set with nail scissors, so same lifespan (10 years).	Tesco Essentials Straight Tweezer
F	13.1	EA	Personal care	Hairdressing, toddler			0.00		1	13.0	0.00	Not needed	
F	13.1	EA	Personal care	Suncream		Tesco	4.00		1	52.1	0.08	Factor 50 suncream. From supermarket.	Tesco Soleil Kids Sensitive 50Spf Sun Spray 200Ml
F	13.1	EA	Personal care	Toothbrush (toddler)		Tesco	0.80		1	13.0	0.06	Age-appropriate baby toothbrush. From supermarket. Replaced every 3 months.	Pro Formula Baby Steps Toothbrush 0-2 years
F	13.1	EA	Personal care	Toothpaste (toddler)		Tesco	0.80		1	52.1	0.02	Baby toothpaste. From supermarket. Replaced yearly.	Pro Formula Baby Steps Gently/Gentle Mint Toothpaste 0-2 75ml
F	13.1	EA	Personal care	Dummies		Tesco	5.00	2	2	13.0	0.77	Toddler only. Pack of 3-4 dummies, to last 3 months.	Fred & Flo Day And Night Soothers 2 Pack
F	13.1	EA	Personal care	Body wash		Tesco	1.50		1	4.3	0.35	Top-to-toe baby body wash. Generic brand for sensitive skin. From supermarket. Replaced monthly.	Tesco Kids Sensitive Bath and Bodywash 500ml
F	13.1	EA	Personal care	Baby shampoo		Tesco	6.50		1	26.1	0.25	Sulfate free, branded shampoo. E.g., Aveeno. From supermarket. 6 months.	Aveeno Kids Shampoo 250ml
F	13.1	EA	Personal care	Bubble bath		Tesco	1.00		1	4.3	0.23	1 large bubble bath. Replaced monthly.	Fred & Flo Baby Bedtime Bath 500ml
F	13.1	EA	Personal care	Moisturiser		Tesco	4.50		1	10.4	0.43	Tub of aqueous cream (500ml), replaced every 6 months. From supermarket. Childs Farm brand, in case of sensitive skin. The Childs Farm product is 200ml so would last 2.4 months (6 months x (200ml/500ml)).	Childs Farm Baby Moisturiser Mildly Fragranced 200ml
F	13.1	EA	Personal care	Sponge		Tesco	1.00	2	1	8.7	0.12	Pack of 2 sponges lasting 2 months. From supermarket.	Tesco Essentials Soft Sponges 2 Pack
F	13.1	EA	Personal care	Hairbrush		Tesco	6.50		1	156.4	0.04	Lasting 3 years. From supermarket	Dash Detangling Panda Animal Hairbrush
F	13.1	EA	Personal care	Nappies		Tesco	4.99	84	1	2.0	2.50	6 per day. Supermarket. 84 in pack so would last 2 weeks.	Fred & Flo 84 Ultra Dry Nappies Size 4 Jumbo Pack
F	13.1	EA	Personal care	Swim nappies		Amazon	5.69		1	156.4	0.04	washable nappy, adjustable for use for ages 0-3. 1 per swim. From supermarket.	Healifty Reusable Swim Nappy, Swimming Diapers Deep sea Blue Fish for Newborn Toddler Baby Boys Girls(0-3 years old)
F	13.1	EA	Personal care	Nappy bags		Tesco	0.95	150	1	10.7	0.09	2 per day. From supermarket.	Fred & Flo 150 Nappy Bags
F	13.1	EA	Personal care	Baby wipes		Tesco	0.80	56	1	1.0	0.80	1 pack of baby wipes per week. From supermarket.	Fred & Flo 56 Biodegradable Extra Sensitive Wipes
F	13.2	EA	Accessories	Backpack		Asda	16.00		1	208.6	0.08	1 backpack needed from H&M/supermarket/Primark. 4 years.	Blue Monster Rucksack

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.2	EA	Accessories	Bibs (plastic)		Tesco	4.20	1	2	521.4	0.02	2 waterproof bibs from supermarket/IKEA (e.g. silicone, pelican style). 10 years.	Nuby Roly Poly Silicone Bib
F	13.2	EA	Accessories	Bibs (fabric)		Tesco	5.00	1	4	260.7	0.08	4 apron bibs with full coverage from supermarket/IKEA. 5 years	Nuby Coverall Bib 12 Months Plus
F	13.2	EA	Accessories	Pushchair		Smyths	79.99		1	260.7	0.31	Lightweight, foldable. With hood and raincover. Not cheapest (approx. £75-100). 5 years	Graco Breaze Air Stroller Couture Graphite (including fully extending hood, rain cover and shopping basket, 5 point safety harness, multi-position recline, lie flat recline for newborns, and compact fold)
F	13.2	EA	Accessories	Baby carrier / sling		Amazon	50.00		1	469.3	0.11	Baby carrier / slingfor any toddler. From Amazon or Argos, approx. £50 to allow for 9-year lifespan (with potential use across multiple children and/or reselling).	Kikka Boo Baby Carrier Hoody Red Baby Carrier
F	13.2	EA	Accessories	Car seat		Smyths	119.99	1	1	208.6	0.58	Car seat 0-4 years, Smyths/Halfords. Isofix or seat belt. 4 years.	Graco FlexiGrow R129 Belt-Fitted Car Seat 76-150cm Onyx (discounted from £139.99)
F	13.2	HHAB	Personal care	Bath thermometer		Amazon	3.64		1	104.3	0.03	To check bath water temperature is safe. Cheapest. 2 years. 2 years.	Baby Safe Floating Bath Thermometer - GIRAFFE, Analog
F	13.1	HHAB	Personal care	Nail clippers		Asda	3.49		1	521.4	0.01	Nail clippers suitable for children. From supermarket. Lasting 10 years.	Tommee Tippee Essentials Baby Nail Clippers 0m+
F	13.2	HHAB	Personal care	Toilet training seat		Tesco	8.00		1	104.3	0.08	From supermarket. 2 years	Baby Shark Training Seat
F	13.2	HHAB	Personal care	Potty		Tesco	6.00		2	104.3	0.12	Two potties, from supermarket/IKEA/Wilko/B&M. 2 years	Tiny to Tots Steady Potty
F	13.2	HHA	Personal care	Changing mat (toddler)		Asda	12.00	2	1	104.3	0.12	Changing mat approx £10 (from Matalan?) 2 years	Red Kite Grey Baby Changing Mat - Set of 2 (Matalan options are min. £13.60 and online-only, plus £10 delivery). Set of 2, so one upstairs and one downstairs?
F	13.2	HHAB	Accessories	Baby changing bag		Argos	40.00		1	104.3	0.38	Baby changing bag, including travel changing mat. Supermarket. 2 years.	Dreambaby Carryall Backpack With Change Mat (same price as cheapest option from Asda)
F	13.2	EA	Accessories	Holdall	Slazenger	Sports Direct	17.00		1	260.7	0.07	Medium size holdall for each primary or secondary school child. Sport Direct/TK Maxx/Argos, cheapest ok. 5 years.	Slazenger Medium Holdall. Added for younger children in place of shared large holdall.

F: Personal Goods and Services	**£ 51.24**
Lone Parent	43.53
Toddler	7.71

MIS REBASE 2024

F: Personal goods and services, including health

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	6.1	LP	Health care	Prescriptions		NHS	9.65		4	52.1	0.74	4 needed per year per parent.	NHS prescription, single charge. 2023-24 prescription charge: £9.65 per medicine or appliance (N.B. from 1st May 2024 this will rise to £9.90)
F	6.2	LP	Health care	Opticians - eye test		Specsavers	35.00		1	104.3	0.34	Check-up every 2 years, plus cost of retinal scan	Specsavers eye test with additional Optical Coherence Tomography (OCT) test. Cost of the eye test "varies, but it's around £20-25… you can also book an additional Optical Coherence Tomography (OCT) test. In most stores, the cost of our hospital-grade OCT appointments is just £10 but in some Scottish stores this may vary."
F	6.1	LP	Health care	Opticians - glasses		Specsavers	90.00		1	104.3	0.86	£90 every 2 years for new glasses, including scope for anti-glare lenses if desired or buy one get one free. To allow for a combination of £50 frames and £40 for the cheapest varifocal lenses (now cheaper than bifocals).	Wide range of frames costing £50, and Specsavers varifocal lenses start at £40. 2-for-1 offer available £70-£150 frames (but then more limited lens options with this budget).
F	6.2	LP	Health care	Dentists - check-up		NHS	26.80		1	26.1	1.03	Check-up every 6 months with NHS dentist.	Band 1 charge (£26.80) includes examination, diagnosis, advice, and scale and polish "if clinically needed".
F	6.2	LP	Health care	Dentists - treatment		NHS	73.50		1	52.1	1.41	One NHS Band 2 treatment per year (£73.50), per parent. Lots of support also for including a private hygienist clean, but ultimately not (yet) included, for consistency with the working age adults without children.	Band 2 (£73.50): "Covers all treatment included in Band 1, plus additional treatment, such as fillings, root canal treatment and removing teeth (extractions)", but not the "more complex procedures" in Band 3.
F	6.2	LP	Health care	Other health treatments			200.00		1	52.1	3.84	£200 per year budget per parent for other health treatments (e.g. 2 sessions per year of sports massage or a chiropractor). To provide top-up physical or mental health care until getting through long NHS waiting lists.	
F	6.1	LP	Health care	Paracetamol	Asda	Asda	0.65	16	1	4.3	0.15	Replaced monthly. This would be a household item, so only 1 pack needed per month.	ASDA Paracetamol 500mg 16 Capsules
F	6.1	LP	Health care	Ibuprofen	Tesco	Tesco	1.80	16	1	4.3	0.41	Replaced monthly. This would be a household item, so only 1 pack needed per month.	Tesco Ibuprofen 200Mg Liquid Caps 16S
F	6.1	LP	Health care	Cough medicine	Tesco	Tesco	2.90		1	26.1	0.11	Replaced every 6 months	Tesco Health+ Chesty Cough Relief 300Ml
F	6.1	LP	Health care	Antihistamines	Tesco	Tesco	2.95	30	1	8.7	0.34	Taking 6 months of the year, when 1 pack per month (so an average 2-month lifespan per pack across the year).	Tesco Hayfever Cetirizine 30S Tablets

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	6.1	LP	Health care	Nasal spray	Calpol	Tesco	4.70		1	52.1	0.09	1 year	Calpol Saline Nasal Spray From Birth 15ml (different age categories of nasal sprays, so 'from birth' for the most universal suitability)
F	6.1	LP	Health care	Imodium	Imodium	Tesco	7.00	12	1	52.1	0.13	1 pack replaced yearly	IMODIUM Instants For On-The-Go Diarrhoea Relief 12 Tablets
F	6.1	LP	Health care	Antiseptic cream	Savlon	Tesco	4.20		1	52.1	0.08	Replaced yearly	Savlon Antiseptic Cream 100g
F	6.1	LP	Health care	First aid kit	Ring	Tesco	12.00		1	156.4	0.08	Replaced every 3 years	Ring First Aid Kit (contains 14 x plasters, 4 x sterile first aid dressings, 2 x sterile compress (burn dressings), 5 x elastic bandages, 6 x sterile wound compress, 1 x First Aid blanket, 2 x wet wipes, 2 x triangular bandages, 1 x pair of scissors, 1 x compact storage case)
F	6.1	LP	Health care	Plasters	Asda	Asda	1.50	50	1	104.3	0.01	Replaced every 2 years	ASDA 50 Fabric Plasters
F	6.1	LP	Health care	Thermometer	Tommee Tippee	Amazon	27.99	1	1	782.1	0.04	Added as a household item by child-focused groups. In-ear thermometer, Tommee Tippee. From Amazon/supermarket/Boots. Parents said would not need additional lens caps. Approx. £15, to last 15 years.	Tommee Tippee InEar Digital Thermometer (doesn't use lens caps)
F	6.1	LP	Health care	Multivitamins	Tesco	Tesco	4.90	90	1	12.9	0.38	1 per day	Tesco A-Z Multivitamins & Minerals 90S
F	6.1	LP	Health care	Contraception	Durex	Tesco	11.00	12	2	52.1	0.42	2 boxes of 12 condoms every year	Durex Originals Extra Safe Condoms Regular Fit 12 Pack
F	6.1	LP	Health care	Hot water bottle	Cassandra	Tesco	7.50	1	1	156.4	0.05	1 needed. From supermarket. 3 years.	Cassandra Plain Fleece Hot Water Bottle Cover Set
F	6.1	EA	Health care	Paracetamol	Tesco	Tesco	2.35		1	13.0	0.18	Baby paracetamol replaced every 3 months. From supermarket.	Tesco Children's Paracetamol 2 Month Plus 100Ml
F	6.1	EA	Health care	Ibuprofen	Nurofen	Tesco	3.30		1	26.1	0.13	Ibuprofen medicine replaced every 6 months. From supermarket	Nurofen For Children Strawberry 100Ml (age 3 months to 9 years; no generic version available online from Tesco or Asda)
F	6.1	EA	Health care	Antihistamine	Piriton	Superdrug	6.19		1	52.1	0.12	Piriton, replaced yearly.	Piriton Allergy Relief Syrup for children 150ml (1+ years; requires pharmacist-checked questionnaire when not the 6+ years version)
F	6.1	EA	Health care	Teething granules	Ashton & Parsons	Tesco	6.00	20	1	52.1	0.12	1 box teething granules per year	Ashton & Parsons Teething Powders 20 Sachets
F	6.1	EA	Health care	Vapour rub	Snufflebabe	Tesco	4.10		1	52.1	0.08	Vapour rub for children. Replaced yearly. Generic ok	Snufflebabe Vapour Rub 35G (no generic version for children under 3 years old available online from Tesco or Asda)
F	6.1	EA	Health care	Nappy cream (small)	Sudocrem	Asda	2.95		1	13.0	0.23	Sudocrem, 1 small pot for changing bag (3 months) and 1 medium one for home (6 months).	Sudocrem Antiseptic Healing Cream 60g
F	6.1	EA	Health care	Nappy cream (medium)	Sudocrem	Asda	7.00		1	26.1	0.27	Sudocrem, 1 small pot for changing bag (3 months) and 1 medium one for home (6 months).	Sudocrem Antiseptic Healing Nappy Cream 175g
F	6.1	EA	Health care	Multivitamin drops	Nature's Aid	Holland & Barrett	8.95		1	7.1	1.25	Multivitamin drops, 1ml per day.	Nature's Aid Multi Vitamin Drops Orange 50ml

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	6.1	HHABC	Health care	Plasters	Heal	Tesco	2.00	30	1	26.1	0.08	Plasters from supermarket. Specified character plasters and a household item. 6-month.	Heal Guffalo Kids Plasters 30 Pack

F: Personal Goods and Services	**£ 12.95**
Lone Parent	10.51
Toddler	2.44

MIS REBASE 2024

G: Transport

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
G2	7.2	LP	Motoring	Parking fees			10.00		1	4.3	2.30	£10 per month for parking.	
G2	7.2	LP	Motoring	Driving licence renewal		UK government	14.00	1	2	521.4	0.05	Driving licence renewal required every 10 years.	£14 (per parent) if applying online.
G2	7.3	LP	Other travel	Other travel			100.00		1	52.1	1.92	£100 per year taxi budget, with nothing extra for buses or trains.	
G2	7.1	LP	Cycling	Bicycle			100.00		1	312.9	0.32	Second-hand bike from eBay or Facebook. Approx. £100. To last 6 years.	
G2	7.2	LP	Cycling	Bike maintenance		Halfords	80.00		1	52.1	1.53	Annual full service	Halfords Gold ("Enhanced") bike service, including servicing + resetting-up of brakes and gears, replacement of 2 wearable parts (e.g. brake pads), chain cleaned + lubricated, and wheels trued.
G2	7.2	LP	Cycling	Bike lights		Halfords	10.00		1	312.9	0.03	6 years.	Halfords Super Bright LED Bike Light Set
G2	7.2	LP	Cycling	Bike lock		Halfords	12.00		1	625.7	0.02	1 needed. 12 years.	Halfords Essentials Mini D-Lock
G1	7.1	LP+1	Motoring	Car (Astra)					1	260.7	78.14	1 reliable second-hand car, 5 years old, to last for another 5 years. Good condition without lots of miles on the clock (e.g. max. 130k or 140k?), and need to be compatible with clean air zones (post-2006 petrol, post-2015 diesel). Vauxhall Astra for smaller families, and Vauxhall Zafira for larger families.	
G1	7.2	LP	Motoring	Roof box		Halfords	204.00		1	260.7	0.78	Roof box for when family goes on holiday. 5-year lifespan to match the expected longevity of the second-hand car.	Halfords 320L Roof Box - Grey
G1	7.2	LP	Motoring	Roof bars (ASTRA)		Halfords	169.60		1	260.7	0.65	Roof bars and other requirements like fitting kit, etc. for the Vauxhall Astra car (for smaller families). 5-year lifespan to match the expected longevity of the second-hand car.	Halfords Advanced Square Bars S127 (Pack of 2) £44.55, plus Halfords Advanced fitting kit C146 (Pack of 4) £36.05, plus Halfords Advanced FP4 Foot Pack (Pack of 4) £69 = £149.60. Plus £20 for fitting by Halfords = £169.60.
G1	7.2.1	HHAB	Motoring	Sun shade (car windows)		Halfords	4.17	1	2	260.7	0.03	Cheap sun shades/visors for 2 side windows of car, 5 years. Household item for any families with toddlers or preschool children.	Halfords Foldable Compact Sunshade

G: Transport	**£**	**85.78**
G1: Motoring Expenditure	£	79.61
G2: Fares and Other Travel Costs	£	6.18

MIS REBASE 2024

H: Social and cultural participation

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H1	81	LP	Leisure goods	TV	JVC	Currys	129.99	1	1	260.7	0.50	One up from the bottom 32" TV from Currys/Amazon/Argos. 5 years.	JVC LT-32C490 32" HD Ready LED TV
H1	8.1	LP	Leisure goods	Laptop	Asus	Currys	199.00		1	260.7	0.76	Fairly basic from Currys/Argos but with full Windows home operating system; should allow for choice of tablet if preferred. 5 years.	ASUS E410MA 14" Laptop - Intel® Celeron®, 128 GB eMMC, Blue
H1	9.2	LP	Gifts - birthdays	Gifts for others			30.00		10	52.1	5.75	10 gifts per year for others outside of the household - equivalent to partnered parents but without one of their sets of parents; may be closer to more other friends, family members, etc. because of relying on them more. £30 each, including cards and wrapping.	
H1	9.2	LP	Gifts - birthdays	Gifts for partners			60.00		1	52.1	1.15	£60 equivalent of the partnered parents' gifts for each other, either for a boyfriend or girlfriend or to treat themselves on their own birthday.	
H1	9.2	LP	Gifts - Xmas	Gifts for others			30.00		10	52.1	5.75	Same as birthday gifts.	
H1	9.2	LP	Gifts - Xmas	Gifts for partners			60.00		1	52.1	1.15	Same as birthday gifts.	
H1	9.2	LP	Gifts - other	Gifts for others			80.00		1	52.1	1.53	£80 per year for miscellaneous gifts. E.g. 4x £20, to cover weddings (might be more expensive than average), new babies, new homes, Easter/other festivals, etc.	
H1	9.7	LP	Newspapers, books and stationery	Christmas cards			10.00		1	52.1	0.19	£10 per year for Christmas cards, especially for older relatives. Postage could come from the existing postage & deliveries budget.	
H1	9.2	LP	Other recreational items	Christmas decorations			100.00		1	782.1	0.13	£100 every 15 years for Christmas tree and decorations.	
H1	9.6	LP	Charities	Donations			10.00		1	52.1	0.19	£10 per year for some charity donations; anything beyond this could come from other leisure budgets.	
H1	9.7	LP	Newspapers, books and stationery	Stationery			10.00		1	52.1	0.19	£10 per year stationery budget, to cover e.g. 1 diary per adult, a family calendar, envelopes, notepaper, and pens.	
H1	9.2	EA	Leisure goods	Toys			20.00		1	4.3	4.60	£20 per month for toys, games, books, crafts.	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H1	9.2	EA	Entertainment and recreation	Birthday presents - for child			80.00		1	52.1	1.53	£30 for presents, plus £50 for cake, candles, birthday tea (total = £80)	
H3	9.2	EA	Entertainment and recreation	Birthday presents - for other children			10.00		1	52.1	0.19	£10 per year for small gift for one other child.	
H1	9.2	EA	Entertainment and recreation	Christmas presents - for child			90.00		1	52.1	1.73	£80 for Christmas presents for child £10 for a Santa visit	

H: Social and Cultural Participation	**£**	**25.36**
H1: Leisure Goods	£	25.17
H3:Entertainment and Recreation		0.19

MIS REBASE 2024

H: Social and cultural participation

Lone parent + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H4	8.3	LP	TV licence	TV licence		UK government	169.50		1	52.1	3.25	TV licence needed.	TV licence costs £169.50 per year from 1 April 2024.
H3	8.3	LP	Telephone and fax services	Broadband		Virgin Media (via Money Saving Expert)	22.34		1	4.3	5.14	Broadband needed. Unlimited downloads, and should be fast enough for all household members to use it separately at the same time. Pricing assumes switching deal immediately on expiry of the initial contract (so no need to price in any months at a higher rate).	£22.34 average monthly cost during initial contract (cheapest available via Moneysavingexpert.com covered by Ofcom automatic compensation scheme). 18-month contract, 132 Mb average speed, unlimited downloads. No setup cost, £75 reward amount (automatically applied as bill credit to account), £26.50/month cost for months 1-18 (then £54/month from month 19 onwards).
H3	8.3	LP	Entertainment and recreation	TV subscription		Netflix	4.99		1	4.3	1.15	Netflix or Disney+. £4.99 Netflix (or Disney Plus) package with adverts + 2 devices.	Netflix, £4.99/month package with adverts + 2 devices ('Standard with ads'). Disney Plus have much the same package at this price too, but it wouldn't allow for Amazon Prime (currently £8.99 with adverts).
H3	9.4	LP	Leisure	Activities			100.00		1	4.3	23.01	£23.01 per week on average (£100/month), for e.g. 2 paid activities. Activities could include gym, running, night out, cinema.	
H6	9.4	LP	UK Holidays	Holiday spending money			20.00	1	7	52.1	2.68	£20 per day extra spending money per parent for holiday, for 7 days (in combination with separate amounts in children's budgets).	
H3	9.6	LP	Entertainment and recreation	Day trips			50.00		1	52.1	0.96	£50 for family day trip (entry and food per parent).	
H3	12.7	LP	Leisure services	Passport		UK government	88.50	1	2	521.4	0.34	Passports needed, for ID purposes as well as potential travel. Would take photo themselves.	Standard adult passport application/renewal fee for online applications is £88.50. 10-year adult validity.
H6	11.2	HH*1/2 if A/B	UK Holidays	Holiday		Haven	755.00		1	52.1	14.48	1 holiday per year in the UK, 1 week during summer (peak time if any school age children, off-peak if all are toddlers or preschool) - Self-catering holiday park near the seaside, e.g. a Haven, Butlins, Hoseasons, somewhere like Skegness, Blackpool, Cornwall, or the Isle of Wight. 'Bronze' type to allow for more limited availability of 'Saver' caravans (especially in peak season) and provide its pull-out sofa bed option for 2-bedroom caravans. 1 child would sleep on the pull-out sofa bed in the lounge, when that prevents the need for a bigger caravan. Children start needing a bed (or sofa bed) from preschool age upwards; the family's travel cot(s) would be used for toddlers.	Haven Skegness, Sat 12th - Sat 19th July 2025 (7 nights), 'Bronze' caravan, 2 bedrooms (smallest available), sleeps up to 6 with pull-out sofa bed in lounge (including only 1 child for the sofa bed, so long as another child is in a travel cot). £755 with entry to swimming pools and "access to activities - some may require an additional charge". Priced in April 2024.
H3	9.4	EA	Entertainment and recreation	Social activities			5.00		1	1.0	5.00	£5 per week for 1 activity weekly. Could include soft play, farm, playgroup, library group, park trip.	
H6	9.4	EA	UK Holidays	Holiday spending money			10.00		7	52.1	1.34	£10 per day for the one-week holiday, for toddler for ice creams, bucket & spade. 7 days' spending money.	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H3	9.6	EA	Entertainment and recreation	Day trips			0.00		1	52.1	0.00	1 day trip per year at a £50 per person cost for each adult or secondary school child, £40 per preschool or primary school child, and toddlers free. Or e.g. 2 cheaper daytrips with the same budget.	

H: Social and Cultural Participation	**£**	**57.36**
H3: Entertainment and Recreation	£	35.60
H4: TV Licence and Rental	£	3.25
H6: UK Holiday	£	18.51