

MIS 2018 REBASE							
Single working age male, no children							
				SWAM		Summary	
A food and non-alcoholic beverages				53.02		Food	53.02
	A1 food			47.67		Alcohol	6.02
	A2 catering			5.36		Tobacco	0.00
B alcohol and tobacco				6.02		Clothing	8.06
	B1 alcohol			6.02		Water rates	6.00
	B1A alcohol at home			4.43		Council tax	16.50
	B1B alcohol away from home			1.60		Household insurances	1.62
	B2 tobacco and narcotics			0.00		Fuel	12.81
C clothing and footwear				8.06		Other housing costs	1.44
D housing costs				129.49		Household goods	9.68
	D1 rent			91.12		Household services	6.84
	D2 mortgage interest			0.00		Childcare	0.00
	D3 water			6.00		Personal goods and services	14.02
	D4 Council tax			16.50		Motoring	0.00
	D5 household insurances			1.62		Other travel costs	37.08
	D6 fuel			12.81		Social and cultural participation	41.83
	D7 other housing costs			1.44		Total	214.92
E household goods and services				16.51		Rent/mortgage interest	91.12
	E1 household goods			9.68			
	E2 household services			6.84			
	E2A communication			6.84			
	E2A1 postage			0.38			
	E2A2 telephone			6.45			
	E2B childcare			0.00			
	E2C other household services			0.00			
F personal goods and services (inc health)				14.02			
G transport				37.08			
	G1 motoring expenditure			0.00			
	G2 Fares and other travel costs			37.08			
H social and cultural participation				41.83			
	H1 leisure goods			12.65			
	H2 pets			0.00			
	H3 entertainment and recreation			20.27			
	H4 TV licence and rental			2.89			
	H5 foreign holidays			0.00			
	H6 UK holidays			6.02			
TOTAL				306.04			

MIS 2018 REBASE													
A: Food and non-alcoholic beverages													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	Pack no.	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments	
		1.1	SWAM	Yoghurt	Activia	Tesco	0.68	1	2	1	1.36	2 x 125g low fat fruit	Activia Low Fat Yoghurt single pot 68p
		1.1	SWAM	Semi and other skimmed milk	Tesco	Tesco	1.09	1	1	1	1.09	2272 4 pints	Tesco British semi skimmed 4pt (2.272L) £1.09
		1.1	SWAM	Sour cream	Tesco	Tesco	0.65	1	1	1	0.65	125ml	Tesco British soured cream 150ml £0.65p
		1.1	SWAM	Cheese, natural, hard, Cheddar and Cheddar type	Tesco	Tesco	1.55	1	1	1.25	1.24	160g	Tesco British mature cheddar cheese 200g £1.55. lasts 2+ wks.
		1.1	SWAM	Egg	Tesco British	Tesco	0.89	6	1	3	0.30	1 x 30g	British Eggs 6pk medium £0.89 lifespan given 3 weeks.
		1.1	SWAM	Steak (less expensive stewing)	Boswell	Tesco	2.89	1	1	2	1.45	200g raw casseroles so no weight loss	Boswell Farms Diced beef 400g 2.89
		1.1	SWAM	Steak pie	Tesco	Tesco	2.00	4	1	4	0.50	142g Tesco frozen pie	Tesco 4 steak pies frozen 568g £2
		1.1	SWAM	Beef Mince (lean)	Tesco	Tesco	4.00	1	1	1.8	2.22	275g raw	Tesco Beef lean steak mince 500g 5%fat £4.00 can freeze
		1.1	SWAM	Bacon and ham, uncooked, rashers, pre-packed	Tesco	Tesco	2.00	1	1	2	1.00	120g raw two rashers	Tesco unsmoked bacon rashers 300g pk. £2 can freeze half for following week. life limited. 2 per portion 60g
		1.1	SWAM	Bacon and ham cooked including canned	Tesco	Tesco	1.00	1	1	1	1.00	68g bought chilled sliced (4 slices)	Tesco counter ham 100g £1
		1.1	SWAM	Sausages, uncooked, pork	Tesco	Tesco	2.00	1	1	4	0.50	110g raw 2 pork sausages	Richmond 8 thick pork sausages 454g £2
		1.1	SWAM	Chicken thighs	Tesco	Tesco	2.75	5	1	3.2	0.86	280g raw on the bone	Tesco British chicken thighs 1kg frozen £2.75. 5 in pack approx
		1.1	SWAM	Chicken breast meat	Willow Farm	Tesco	1.89	1	1	1	1.89	300g breast fillet	Willow Farm chicken breast portions 300g £1.89
		1.1	SWAM	Other canned or bottled fish	Tesco	Tesco	2.25	3	1	1.5	1.50	160g two small tins tuna	Princes tuna chunks in spring water 3 x 80g tins £2.25
		1.1	SWAM	Frozen convenience fish products	Tesco	Tesco	3.00	1	1	1	3.00	300g raw white fish	Tesco 2 lightly dusted salt and pepper cod fillets 285g £3
		1.1	SWAM	Reduced fat spreads	Tesco	Tesco	1.00	1	1	2.3	0.43	210g	Flora light spread 500g £1.80 reduced to £1 keep refrigerated
		1.1	SWAM	Butter	Tesco	Tesco	1.60	1	1	5	0.32	45g	Tesco unsalted British butter 250g £1.60. Can freeze or keep refrigerated
		1.1	SWAM	Previous year's crop potatoes purchased Jan to Aug	Tesco	Tesco	1.35	1	1	2	0.68	1200g	Redmere Farms white potato 2.5kg 1.35
		1.1	SWAM	Frozen Oven Chips	Tesco	Tesco	1.35	1	1	1.9	0.71	500g	Tesco Homestyle Straight Cut Oven Chips 950G
		1.1	SWAM	Frozen Hash Browns	Tesco	Tesco	1.00	1	1	18	0.06	40g	Tesco frozen hash browns 750g £1.00 frozen 40g each
		1.1	SWAM	Crisps	Tesco	Tesco	1.50	6	1	1.5	1.00	4 x 25g packets	Walker baked low fat ready salted 6 x 25g £1.50
		1.1	SWAM	Carrots, fresh	Tesco	Tesco	0.23	1	1	1	0.23	380g raw	Tesco loose carrots 0.60/kg 60/1000x380=23p
		1.1	SWAM	Cabbage fresh white	Flora	Tesco	0.79	1	1	2	0.40	105g	Tesco white cabbage 79p
		1.1	SWAM	Onions, shallots, leeks, fresh	Country life	Tesco	0.21	1	1	1	0.21	280g	Tesco brown onions loose 0.75p/kg = 75/1000x280=21p
		1.1	SWAM	Spring onions	Trade Aid UK	Tesco	0.55	1	1	1.5	0.37	12g	Tesco Bunch spring onions 100g 55p Life adjusted to 1.5 weeks
		1.1	SWAM	Garlic	Tesco	Tesco	0.30	1	1	4	0.08	6g one clove	Tesco garlic 30p each. Keep dry and cool life adjusted to 4 weeks
		1.1	SWAM	Mushrooms	McCain	Tesco	0.68	1	1	1	0.68	205g (248g including waste 205 x 1.21)	Tesco closed button mushroom loose £2.75/kg 2.75/1000x248=68
		1.1	SWAM	Tomatoes, fresh	Walkers	Tesco	0.69	1	1	1	0.69	6 tomatoes 510g	Tesco salad tomato 6 pk £0.69
		1.1	SWAM	Green Salad	Tesco	Tesco	1.50	1	1	1	1.50	100g	Tesco babyleaf salad 140g £1.50
		1.1	SWAM	Cucumber	Tesco	Tesco	0.30	1	1	1	0.30	60g half a cucumber approximately 150g	Tesco cucumber portion 30p
		1.1	SWAM	Pepper	Tesco	Tesco	0.55	1	1	1	0.55	190g one large pepper or two small ones	Peppers 55p each average weight 200g
		1.1	SWAM	Baked Beans, canned	Tesco	Tesco	1.70	3	1	3	0.57	200g small tin	Heinz Baked Beans In Tomato Sauce 3 X200g
		1.1	SWAM	Tomatoes canned	Tesco	Tesco	0.30	1	1	1	0.30	127g small tin	Tesco Italian chopped tomato 227 small can 30p
		1.1	SWAM	Frozen peas	Tesco	Tesco	1.30	1	1	2.4	0.54	410g	Tesco garden peas frozen 1kg £1.30
		1.1	SWAM	Yorkshire Pudding	Tesco	Tesco	1.55	12	1	6	0.26	65g	Aunt Bessie's 12 Bake At Home Yorkshires 370g 1.55

Single working age male, no children												
MIS CODE	COICOP	MIS ID	Item	Brand	Supplier	Unit Price £	Pack no.	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
		1.1 SWAM	Satsumas	Tesco	Tesco	1.67	1	1	1	1.67	4 satsumas 575g	Tesco satsumas pack 600g £1
		1.1 SWAM	Apples, fresh	Tesco	Tesco	1.60	1	1	1	1.60	5 apples 800g	Tesco gala apples 5 pk £1.60
		1.1 SWAM	Bananas, fresh	Tesco	Tesco	0.38	1	1	1	0.38	3 bananas 500g	Tesco loose bananas 76/kg 76/1000x500=38p
		1.1 SWAM	Pear	Tesco	Tesco	0.63	1	1	1	0.63	2 pears 285g	Tesco pears conference 2.20/kg = 63p
		1.1 SWAM	Dried fruit	Tesco	Tesco	0.97	1	1	5.5	0.18	90g sultanas	Growers Harvest Sultanas 500G
		1.1 SWAM	Fruit juices	Tesco	Tesco	1.50	1	1	1.4	1.07	1400ml fresh orange juice	Tesco pure orange juice 2L £1.50
		1.1 SWAM	Jam	Tesco	Tesco	0.75	1	1	6	0.13	20g	Tesco strawberry jam 454g 75p life adjusted
		1.1 SWAM	Honey	Tesco	Tesco	2.20	1	1	6	0.37	20g	Rowse squeezey clear honey £2.20 250g. Life adjusted
		1.1 SWAM	Bread, wholemeal, sliced	Tesco	Tesco	1.10	1	1	1	1.10	20 slices 720g 1 large loaf	Tesco wholemeal medium bread 800g loaf £1.0p. Freeze remainder 20 slices including crusts.
		1.1 SWAM	Baguette	Tesco	Tesco	0.85	1	1	2	0.43	75g	Tesco Homebake Baguettes 2 Pack (use 1 freeze 1) 85p
		1.1 SWAM	Fajitas	Tesco	Tesco	2.50	1	1	1	2.50	125g 4 fajitas	Quorn meat free fajita strips 140g £2.50
		1.1 SWAM	Bread roll	Tesco	Tesco	1.00	4	1	2	0.50	2 brown rolls 55g each	Tesco finest soft wholemeal 4 pk rolls 1.00p. Freeze remainder
		1.1 SWAM	Cakes and pastries	Tesco	Tesco	1.80	8	1	2	0.90	4 x 34g Tesco Flap Jacks	Tesco Ganola flapjack tray bake 275g. 8 pieces @ 34g will save in sealed tin. £1.80
		1.1 SWAM	Cakes and pastries	Tesco	Tesco	1.50	6	1	2	0.75	3 x 50g chocolate cakes	Tesco hot chocolate fudge cake frozen £1.50 450g 6 pieces 75g each.
		1.1 SWAM	Croissants	Tesco	Tesco	1.00	2	1	1	1.00	2 x 62g	Tesco all butter 2 pk croissants 2 pk £1.00 each 72g each
		1.1 SWAM	Biscuits sweet	Tesco	Tesco	1.00	1	1	2	0.50	4 x 8.3g Rich tea	McVities rich tea biscuits 300g £1.00p extra added for visitors
		1.1 SWAM	Oat cakes	Tesco	Tesco	0.89	1	1	2.7	0.33	8 x 11g oat cakes	Tesco Scottish Rough Oatcakes 250g 11g cake .89p
		1.1 SWAM	Muesli	Tesco	Tesco	2.00	1	1	12	0.17	40g	Tesco Swiss Style No Added Sugar Muesli 560g £2 life adjusted
		1.1 SWAM	Porridge	Tesco	Tesco	0.65	1	1	10	0.07	50g	Tesco scottish oats 500g 70p life adjusted
		1.1 SWAM	Other high fibre breakfast cereals	Tesco	Tesco	1.50	1	1	4	0.38	3 x 20g Weetabix	Weetabix cereal 12 pack £1.50
		1.1 SWAM	Pasta	Tesco	Tesco	0.20	1	1	7	0.03	spaghetti 70g dry	Hearty Food Co spaghetti 500g 20p
		1.1 SWAM	Tea	Tesco	Tesco	1.10	80	1	2.5	0.44	32 tea bags	Tesco 80 Teabags 250G
		1.1 SWAM	Coffee, instant	Tesco	Tesco	2.99	1	1	6	0.50	30g 6 teaspoons	Tesco Gold Instant coffee 200g 2.99
		1.1 SWAM	Tinned soup	Tesco	Tesco	0.45	1	1	1	0.45	400g mushroom soup	Tesco mushroom soup 400g tin £0.45
		1.1 SWAM	Tinned soup	Tesco	Tesco	0.45	1	1	1	0.45	400g tomato soup	Tesco tomato soup 400g tin £0.45
		1.1 SWAM	Mayonnaise	Tesco	Tesco	0.60	1	1	1.8	0.33	30g	Tesco mayo 250mls 60p
		1.1 SWAM	Mexican seasoning	Tesco	Tesco	0.60	1	1	3	0.20	10g	Tesco mexican fajita seasoning 30g 60p
		1.1 SWAM	Gravy granules	Tesco	Tesco	1.35	1	1	12	0.11	12g	Bisto reduced salt gravy granules 170g £1.35 life adjusted
		1.1 SWAM	Marmite	Tesco	Tesco	1.70	1	1	12	0.14	10g	Marmite Yeast extract 125g £1.70
		1.1 SWAM	Salt	Tesco	Tesco	0.40	1	1	4	0.10	15g	Saxa table salt mini pot 70g 40p
		1.1 SWAM	Pepper	Tesco	Tesco	0.70	1	1	2.5	0.28	10g	Tesco ground black pepper 25g 70p
		1.1 SWAM	Oil sunflower	Tesco	Tesco	0.80	1	1	16	0.05	30ml	Tesco sunflower oil 500ml 80p
		1.1 SWAM	Soft drinks, concentrated (squash)	Tesco	Tesco	1.69	1	1	12	0.14	80ml	Robinsons concentrate orange no added sugar 1L £1.69
		1.1 SWAM	Chocolate coated filled bars	Tesco	Tesco	1.99	9	1	4.5	0.44	2 x 20.8g two finger Kit-Kat	Kitkat 2 finger milk chocolate 9 pk 186.3g £1.99
		1.1 SWAM	Xmas food and drink			50.00		1	52.1429	0.96	£50 for extra food and drink at Christmas to be able to be hospitable and participate	
		11.1 SWAM	Eating out/take away			10.71		1	2	5.36	£10 a fortnight for eating out/takeaway CB changed to £15 in line with SWAF	£15 eating out budget minus alcohol 3.19 = £ 11.81 less cost meal at home pie and chips: Pie frozen, chips 250g, peas 120g, carrots 127g with waste: £0.50+36p+16p+8p=£1.10 = £11.81-1.10 = 10.71
		TOTAL										
		A1	Food			47.67						
		A2	Catering			5.36		11.1		5.36		
		A	Food and non-alcoholic beverages			53.02						

MIS 2018 REBASE													
C: Clothing and footwear													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.2	SWAM	Male, footwear	Slippers		Tesco	14.00		1	104.29	0.13	1 pair needed. Tesco. 2 years	F&F Faux Suede Moccasin Slippers - Tan
C	3.2	SWAM	Male, footwear	Shoes (smart)		Next	35.00		1	52.14	0.67	1 pair needed. Next. 1 year	Black Plain Lace Up
C	3.2	SWAM	Male, footwear	Shoes (casual)		Next	16.00		1	52.14	0.31	1 pair needed. Next. 1 year	Navy Canvas A-Line Slip-On
C	3.2	SWAM	Male, footwear	Trainers		Sports Direct	44.00		1	52.14	0.84	1 pair. JD Sport/Sports Direct. Approx £45 would last 2 years. CB SWA changed to 1 year.	adidas Cloudfoam Racer Mens Trainers
C	3.2	SWAM	Male, footwear	Walking boots		Sports Direct	25.00		1	260.71	0.10	Go Outdoors (no lifetime given - 5 years in line with other items that are better quality and only worn occasionally e.g. suit?)	Gelert Horizon Waterproof Mid Mens Walking Boots
C	3.2	SWAM	Male, footwear	Wellington boots		Sports Direct	10.99		1	260.71	0.04	Go Outdoors 5 years	Dunlop Men's Wellington Boots
			Footwear				COICOP						
			Total				£2.09				£2.09		

MIS 2018 REBASE											
D: Housing costs											
Single working age male, no children											
MIS CODE	COICOP	MIS ID	Category	Item	Supplier	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
D1		4.1 SWAM	Rent	Rent		90.9558	1	1	91.12		see swaf sheet
D3		4.4 SWAM	Water supply (ND)	Water rates		312.898857	1	52.1428571	6.00		Severn Trent forecast price increase April 2018 is 4%. 2017 price is £5.77 per week. £5.77x 1.04=£6.00 per week
D4	NA	SWAM	Council tax (GB) Rates (NI)	Council tax					16.4964486		Copied from SWAF
D5		12.5 SWAM	Contents insurance	Contents insurance	RIAS	84.41	1	52.1428571	1.61882192		Based on £50 excess, £15,000 cover. Priced online via comparethemarket.com April 2018. RIAS £84.41 (£6.31 deposit and 11 monthly payments of £7.10)
D6		4.5 SWAM	Electricity, gas and other fuels	Fuel		668.00	1	52.1428571	12.8109589		Based on lowest online tariff April 2018. Brilliant Energy Fair Deal 3.5b fixed for one year with a £58 cancellation fee (switched via site Energylinx).
D7		4.3 SWAM	House maintenance	Decorating and other house maintenance		75	1	52.1428571	1.43835616		N/A as in private rental sector. FG1 added budget for maintaining condition of property, repair of minor damage and to be able to freshen up. Important to be able to keep it in original condition in order to get deposit back.
	Total	129.485386		COICOP		4.1 91.12					
						4.3 1.43835616					
						4.4 6.0008					
						4.5 12.8109589					
						12.5 1.61882192					

MIS 2018 REBASE													
E: Household goods and services													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.1	SWAM	Hall	Lampshade for central light		Wilkinsons	10.00	1	1	521.4285714	0.02	Mid-mid quality (between E7 and E12).Wilkos, would last 10 years. CB changed to cheaper item (E5) in line with SWAF. PWACB changed to the E10 version to offer greater choice.	Wilko Vintage Pendant Grey (other colours available)
E1	5.5	SWAM	Hall	Light bulb		Wilkinsons	4.00	1	1	521.4285714	0.01	Energy saving	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (E4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.2	SWAM	Hall	Door mat		Wilkinsons	6	1	1	260.7142857	0.02	For inside front door. Needed to reduce wear and tear on carpets and better for cleanliness in home - acts as threshold. Cheapest would last 10 years.Changed to sturdier coir mat lasting 5 years in line with SWAF.	Wilko rubber coir doormat 70cmx40cm
E2	5.5	SWAM	Hall	Coat hooks		Argos	8.99	1	1	521.4285714	0.02	Needed for tidiness and hanging up coats will make them last longer. Men's group said would be needed but likely to be provided by landlord - higher expectations now of standard of accommodation. CB said wouldn't be universally provided and added in line with SWAF.PWA CB changed to 6 hooks and specified overdoor hooks because might not be able to drill into walls.	HOME 6 Double Ball Over Door Hooks - Chrome
E1	5.1	SWAM	Living area	Lampshade for central light		Wilkinsons	10.00	1	1	521.4285714	0.02	Mid-mid quality (between E7 and E12).Wilkos, would last 10 years. CB changed to cheaper item (E5) in line with SWAF. PWACB changed to the E10 version to offer greater choice.	Wilko Vintage Pendant Grey (other colours available)
E1	5.5	SWAM	Living area	Light bulb		Wilkinsons	4.00	1	3	521.4285714	0.02	Energy saving. One for main light and 2 for floor lamp.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (E4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.2	SWAM	Living area	Curtains		Argos	24.99	1	1	521.4285714	0.05	One up from bottom from Wilkos/Dunelm (whichever is cheaper). Don't have to be lined in living/dining area. Would last 10 years. PWA CB changed to cheapest unlined washable curtains in line with PWA.	HOME Dublin Unlined Eyelet Curtains - 168 X 183cm - Stone (more colours available) machine washable
E1	5.5	SWAM	Living area	Curtain pole		Argos	6.99	1	1	1042.857143	0.01	TG included curtain track. One up from bottom, Wilkos/Dunelm, would last 10 years. CB changed to curtain pole - would be easier to take with them if they moved. 1 or 2 up from bottom but not thinnest from Argos/Wilkos. PWA CB changed to cheapest metal curtain poles last 20 years.	Simple Value Extendable Metal Curtain Pole Set - White
E1	5.2	SWAM	Living area	Voile	Wilkos	Wilkos	5	1	2	104.2857143	0.10	Added to SWAM in line with SWAF. Cheapest voile curtains. Would last 2 years. Over time they yellow and can start looking grubby. Supermarket/Wilkos/Argos	Wilko Voile Plain Slot Top Linen 145 x 183cm
E1	5.5	SWAM	Living area	Wire for net curtains		Dunelm	1.50	1	1	521.4285714	0.00	Cheapest would last 10 years.	Net Curtain Wire 200cm
E1	5.1	SWAM	Living area	Sofa (2 seater)		Warely via Tesco Direct	289.00	2	2	521.43	1.11	Needs seating for 4 so 3 seater sofa (which can be used to sleep on if friend stays over) plus armchair. Mid-mid, fabric from Ikea/Argos, with washable covers would last 10 years. NB If Ikea should include cost of delivery. PWA CB changed to 2x2 seater sofas for singles and couples.	Saville Two Seater Sofa - cream (available in several colours) Reversible, Removable and Washable Cushions. Priced from Warely via Tesco Direct. Free delivery. [Replaced previous item with similar item/spec from same supplier as price increased to £360 from £279, this item £289
E1	5.2	SWAM	Living area	Cushions		Dunelm	5.00	1	4	208.57	0.10	4 needed, 1 for each seat. CB added in line with SWAF. PWACB changed to 4 years.	Essentials Barkweave Cushion (various colours available). Cover machine washable.
E1	5.1	SWAM	Living area	Coffee table		Argos	54.99	1	1	521.43	0.11	One up from bottom, Argos/Ikea. PWA CB changed to mid-mid quality lasting 10 years.	HOME Hamilton Coffee Table - Oak Effect
E1	5.1	SWAM	Living area	Storage unit		Argos	139.99	1	1	521.43	0.27	General storage unit, waist height so TV could go on top of it. Mid-mid quality, would last 10 years. From Ikea/Argos.	HOME Anderson 3 Door 3 Drawer Sideboard - Oak Effect
E1	5.1	SWAM	Living area	Bookcase		Argos	54.99	1	1	521.4285714	0.11	Tall with at least 3 shelves for DVDs etc. Same quality as storage unit, mid-mid would last 15 years. Argos. FG1 added in line with PWA.	HOME Maine 5 Shelf Wide Extra Deep Bookcase - Oak Effect
E1	5.1	SWAF	Living area	Standard lamp		Argos	14.99	1	1	521.43	0.03	Standard lamp. Mid-mid range. Argos/Tesco. 15 years. PWA CB chose standard lamp as more versatile - can be moved around room to make it look different or as needed whereas table lamp has to stand on a piece of a furniture. FG1 changed to 2 up from bottom, lifetime 10 years.	HOME Father and Child Floor Lamp - Silver
E1	5.1	SWAM	Living area	Ornaments			30.00	1	1	260.7142857	0.12	CB added to personalise flat and make it homely.	
E1	5.1	SWAM	Dining area	Lampshade for central light		Wilkinsons	10.00	1	1	521.4285714	0.02	Mid-mid quality (between E7 and E12).Wilkos, would last 10 years. CB changed to cheaper item (E5) in line with SWAF. PWACB changed to the E10 version to offer greater choice.	Wilko Vintage Pendant Grey (other colours available)
E1	5.5	SWAM	Dining area	Light bulb		Wilkinsons	4.00	1	1	521.4285714	0.01	No spec discussed.	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (E4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.2	SWAM	Dining area	Curtains		Argos	24.99	1	1	521.4285714	0.05	One up from bottom from Wilkos/Dunelm (whichever is cheaper). Don't have to be lined in living/dining area. Would last 10 years. PWA CB changed to cheapest unlined washable curtains in line with PWA.FG1 changed to cheapest unlined washable.	HOME Dublin Unlined Eyelet Curtains - 168 X 183cm - Stone (more colours available) machine washable
E1	5.5	SWAM	Dining area	Curtain pole		Argos	6.99	1	1	1042.857143	0.01	TG included curtain track. One up from bottom, Wilkos/Dunelm, would last 10 years. CB changed to curtain pole - would be easier to take with them if they moved. 1 or 2 up from bottom but not thinnest from Argos/Wilkos. PWA CB changed to cheapest metal curtain poles last 20 years.	Simple Value Extendable Metal Curtain Pole Set - White
E1	5.2	SWAM	Dining area	Voile	Wilkos	Wilkos	5	1	2	104.2857143	0.10	Added to SWAM in line with SWAF. Cheapest voile curtains. Would last 2 years. Over time they yellow and can start looking grubby. Supermarket/Wilkos/Argos	Wilko Voile Plain Slot Top Linen 145 x 183cm
E1	5.5	SWAM	Dining area	Wire for net curtains		Dunelm	1.50	1	1	521.4285714	0.00	Cheapest would last 10 years.	Net Curtain Wire 200cm
E1	5.1	SWAM	Dining area	Table and chairs		Argos	179.99	1	1	521.4285714	0.35	Folding set from Argos - folding drop leaf table that includes storage for 4 folding chairs. Would last 10 years. FG1 changed to solid table and chairs - should have choice between that and folding depending on space.	Collection Chicago Solid Wood Table & 4 Chairs - Natural
E1	5.1	SWAM	Dining area	Tablemats	Wilkos	Wilkos	5.00	8	1	156.43	0.03	4 table mats and matching coasters from Wilkos to protect table. Cheapest would last 10 years. CB changed lifetime to 3 years in line with SWAF	Wilko Cork Placemat and Coasters Cream 8 Piece
E1	5.1	SWAM	Dining area	Coasters		Wilkos	0.00	0	1	156.43	0.00	5 table mats and matching coasters from Wilkos to protect table. Cheapest would last 10 years. CB changed lifetime to 3 years in line with SWAF	Inc in placemat pack
E1	5.5	SWAM	Kitchen	Light bulb			4.00	1	1	521.4285714	0.01	Energy saving	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (E4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.1	SWAM	Kitchen	Blind		Dunelm	15.00	1	1	260.7142857	0.06	Moisture resistant roller blind from Wilkos/Dunelm, 1 up from bottom, would last 5 years because of build up of grease, possibility of mildew etc.	Moisture Resistant Roller Blind (various colours) Largest size Drop 162xWidth 122 E16 (smaller sizes available at E12 and E8).
E1	5.4	SWAM	Kitchen, tableware	Crockery		Argos	7.99	16	1	260.71	0.03	Set of 4x dinner plate, side plate, bowl. Mid-mid (cheapest chips too easily) E25-30 would last 10 years. Supermarket/Wilkos. CB changed to cheapest set (E10.50 Dunelm) in line with SWAF. FG1 said 5 years more realistic for cheap crockery.	Simple Value 12 Piece Porcelain Dinner Set - White
E1	5.4	SWAM	Kitchen, tableware	Mugs		Wilkos	1.25	1	6	260.71	0.03	6 mugs needed, would last 10 years. Supermarket/Wilkos. CB agreed mugs included in crockery set (4) would be enough.	Wilko Colour Play Mug Cream (more colours available)

Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	5.4	SWAM	Kitchen, tableware	Cutlery		Wilkos	10.00	16	1	521.4285714	0.02	Set of 4 knives, forks, spoons, teaspoons - cheapest stainless steel, not plastic handles, approx. £20 - would last 20 years. CB changed lifetime to 10 years.	Wilko Lexington Cutlery Set 16 Piece
E1	5.4	SWAM	Kitchen, tableware	Serving spoons		Wilkos	2.00	2	1	521.4285714	0.00	2 needed. Wilkos, cheapest stainless steel. Would last 10 years. CB changed lifetime of cutlery from 20 to 10 years.	Wilko Serving Spoons 2 Piece
E1	5.4	SWAM	Kitchen, tableware	Tumblers		Tesco	5.00	4	1	156.43	0.03	4 tall tumblers from Tesco/Wilkos/Ikea would last 5 years. CB added in line with SWAF. FG1 changed lifetime to 3 years.	Wilko Teardrop Hi-Ball Tumbler 4pk
E1	5.4	SWAM	Kitchen, tableware	Pint glasses		Argos	3.99	4	1	156.43	0.03	Set of 4 pint glasses. 2 up from bottom would last 5 years. FG1 changed to 3 years.	HOME Set of 4 Pint Glasses (could not source from Wilkos and Ikea don't stock standard pint size, sourced from Argos. Also not enough of a range of glasses to do 2 up from the bottom, so went with only available set).
E1	5.4	SWAM	Kitchen, tableware	Wine glasses		Wilkos	6.00	4	1	156.43	0.04	Set of 4 wine glasses 2 up from bottom would last 5 years. FG1 changed to 3 years.	Wilko Wine Glass 45cl 4pk
E1	5.3	SWAM	Kitchen, appliances	Microwave		The Range	44.99	1	1	260.71	0.17	Cheapest 8-900W microwave would last 5 years. PWA CB changed lifetime to 10 years. FG1 said electrical appliances not designed to last as long now and revised to 5 years.	Breville 800W - White
E1	5.3	SWAM	Kitchen, appliances	Fridge freezer								Included in private rental property	
E1	5.3	SWAM	Kitchen, appliances	Cooker								Included in private rental property	
E1	5.3	SWAM	Kitchen, appliances	Washing machine								Included in private rental property	
E1	5.3	SWAM	Kitchen, appliances	Toaster		Argos	9.99	1	1.0	156.43	0.06	Cheapest would last 5 years. Supermarket/Wilkos/The Range/Argos. CB added in line with SWAF. PWA CB changed to item priced approx £10 (not cheapest), lifetime 3 years.	Cookworks 2 Slice Toaster - Black (also available in white)
E1	5.3	SWAM	Kitchen, appliances	Kettle		Argos	9.99	1	1.0	156.43	0.06	One up from bottom, approx £10, would last 2 years. Changed lifetime in line with SWAF to 5 years. PWA CB changed to 3 years.	Cookworks Kettle - Black (also available in white)
E1	5.3	SWAM	Kitchen, appliances	Hand blender		Argos	5.49	1	1.0	260.71	0.02	For making smoothies, hand made soups etc. Cheapest would last 5 years. Supermarket/Wilkos/The Range/Argos. CB added in line with SWAF.	Simple Value Hand Blender - White
E1	5.4	SWAM	Kitchen, cookware	Saucepans		Argos	29.99	5	1.0	260.71	0.12	3 lidded non-stick saucepans (lid handles should be insulated); small, medium and large. 2 up from bottom, would last 15 years. CB changed lifetime to 5 years in line with SWAF.	HOME 5 Piece Aluminium Pan Set - Black 3 saucepans - diameter 16cm, 18cm, 20cm . 2 frying pans - diameter 20cm, 24cm .(they have bakelite handles which can withstand high temperatures)
E1	5.4	SWAM	Kitchen, cookware	Frying pan		Argos				260.71	0.00	Non-stick frying pan. 2 up from bottom, would last 15 years. CB changed lifetime to 5 years in line with SWAF.	Included in pan set
E1	5.4	SWAM	Kitchen, cookware	Knives		Argos	32.99	8	1	782.1428571	0.04	Set of 5 knives in block, with knife sharpener, 2 up from bottom. CB changed to women's spec as £25 set had 15 year manufacturer guarantee.	Richardson Laser Cuisine 12 Piece Knife Block Set - Black 15 year manufacturers guarantee. Comprises 6 steak knives, chef's knife, carving knife, bread knife, paring knife, all purpose knife, scissors.
	5.4	SWAM	Kitchen, accessories	Knife sharpener		Wilkos	4.00	1	1	782	0.01	knife sharpener	Wilko Knife Sharpener Stainless Steel 20.5cm
E1	5.4	SWAM	Kitchen, cookware	Baking sheet		The Range	5.99	1	1	260.7142857	0.02	For oven chips. CB said 2 up from bottom lasts 5 years.	Deep Roasting Tray - Silver/35cm
E1	5.4	SWAM	Kitchen, cookware	Roasting tin		The Range	3.99	1	1	260.7142857	0.02	CB said 2 up from bottom lasts 5 years.	Non-Stick Oven Tray 38cmx30cm
E1	5.4	SWAM	Kitchen, cookware	Bun tin		The Range	2.59	1	1	261	0.01	CB said 2 up from bottom lasts 5 years.	Non-Stick 12 Cup Bun Tin
E1	5.4	SWAM	Kitchen, cookware	Cake tin		The Range	3.59	1	1	260.7142857	0.01	CB said 2 up from bottom lasts 5 years.	Non-Stick Deep Round Loose Bottomed Cake Tin - Grey
E1	5.4	SWAM	Kitchen, cookware	Lasagne dish		The Range	4.99	1	1	521.4285714	0.01	Ceramic rectangular dish e.g. for lasagne. Cheapest would last 3 years. FG1 included in line with couples. FG2 changed to 10 years.	My Kitchen Rectangular Roaster 31cm
E1	5.4	SWAM	Kitchen, cookware	Colander		Wilkos	3.00	1	1	521.4285714	0.01	Cheapest, metal would last 10 years	My Kitchen Rectangular Roaster 31cm
E1	5.4	SWAM	Kitchen, cookware	Sieve		Wilkos	2.00	1	1	521.4285714	0.00	Cheapest, metal would last 10 years	Wilko Strainer Metal 19.5cm
E1	5.4	SWAM	Kitchen, accessories	Cheese grater		Wilkos	2	1	1	260.7142857	0.01	From pound shop. Would last 10 years. CB changed lifetime to 5 years as would rust.	Wilko Box Grater
E1	5.4	SWAM	Kitchen, cookware	Casserole		The Range	14.99	2	1	521.4285714	0.03	2 glass oven proof dishes with lids (e.g. Pyrex), could also be used as serving bowls for salad etc., would last 10 years	Set Of 2 Pyrex Casserole Dishes - 3l + 2.1l
E1	5.4	SWAM	Kitchen, accessories	Utensils		Argos	8.49	9	1	260.7142857	0.03	Set needs to include slotted spoon, ladle, pasta server, spatula, potato masher, whisk. Silicone (plastic melts and metal would scratch non-stick pans). CB changed to plastic set with more items in line with SWAF, 5 years.	Simple Value 9 Piece Suregrip Kitchen Utensil Set made from plastic and inc. Ladle. Serving spoon. Slotted spoon. Slotted turner. Slotted masher. Can opener. Pizza cutter. Peeler. Scissors.
E1	5.4	SWAM	Kitchen, accessories	Measuring jug		The Range	3.99	1	1	782.1428571	0.01	Pyrex measuring jug. Would last 20 years. CB changed to cheap plastic measuring jug. PWA CB changed back to Pyrex, 15 years.	Pyrex Classic Jug - 0.5L
E1	5.4	SWAM	Kitchen, accessories	Mixing bowl		The Range	0.59	1	1	260.7142857	0.00	Cheap plastic mixing bowl from Wilkos, 10 years. Added by CB. FG1 changed lifetime to 5 years.	Whitefurze Plastic Mixing Bowl 2.3L
E1	5.4	SWAM	Kitchen, accessories	Whisk		The Range	1.72	1	1	521.4285714	0.03	FG1 added in line with couples.	My Kitchen Silicone and Wood Whisk
E1	5.4	SWAF	Kitchen, accessories	Tin opener		Argos	0			521	0.00	Cheapest one with turning mechanism would last 10 years.	inc in utensils pack from Argos
E1	5.4	SWAM	Kitchen, accessories	Scales		Argos	8.49	1	1	521.4285714	0.02	Cheapest digital scales. 10 years.	HOME Digital Kitchen Scale
E1	5.4	SWAM	Kitchen, accessories	Chopping board		The Range	2.99	4	1	156.4285714	0.02	2 needed - 1 for meat, 1 for vegetables etc. Cheapest, replace yearly for hygiene reasons. FG1 said colour coded set more hygienic but would last 3 years.	Set of 4 Flexible Chopping Mats
E1	5.4	SWAM	Kitchen, accessories	Bottle opener		The Range	2.49	1	1	260.7142857	0.01	Ballerina type corkscrew would last 5 years. FG1 added in line with couples.	Apollo Chrome Deluxe Corkscrew
E1	5.4	SWAF	Kitchen, accessories	Food storage tubs		Argos	14.99	9	1	261	0.06	Plastic tubs for storing food leftovers. Set of 12 from Poundland for £1. Would last 5 years.	HOME Set of 9 Nestable Food Containers (not found in Poundland)

Single working age male, no children														
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments	
E1	5.5	SWAF	Kitchen, accessories	Batteries (for smoke alarms)		Wilkos		1	1	2	52	0.04	2 batteries each year for 2 smoke alarms.	Wilko Functional Zinc Chloride Batteries PP3 9V Single
E1	5.5	SWAF	Kitchen, accessories	Batteries		Wilkos		1	12	1	52	0.02	1 pack of 12 AA batteries each year.	Wilko Functional Zinc Chloride Batteries AA 1.5V 12pk
E1	5.5	SWAF	Kitchen, accessories	Batteries		Wilkos		2	8	1	52	0.04	1 multi-pack AAA batteries each year.	Wilko Extra Life Alkaline Batteries AAA 1.5V 8pk
E1	5.4	SWAM	Kitchen, accessories	Bin		The Range	3.79	1	1	260.7142857	0.01	Medium sized plastic bin from The Range. 5 years. FG1 changed to 10-15L bin for singles, larger bin for couples, 3 bin liners a week.	Whitefurze 10l Swing Bin (available silver, black or white)	
E1	5.6	SWAM	Kitchen, consumables	Bin bags		Wilkos		1	25	1	8.3	0.12	1 a week (medium sized flip-top bin). Added in line with SWAF. FG1 changed to small bin and 3 bin liners a week.	Wilko Waste Basket Liners Lavender Scented 25 pack, 15L capacity
E1	5.4	SWAM	Kitchen, accessories	Tray		Poundshop	1.00	1	2	260.7142857	0.01	2 trays from Poundshop, so he can eat in front of TV with a friend. Would last 20 years. CB changed lifetime to 5 years.	Breakfast Wooden Tray	
E1	5.4	SWAM	Kitchen, accessories	Washing up bowl		Wilkos		1	1	1	260.7142857	0.00	Would last 10 years. CB changed lifetime to 5 years in line with SWAF.	Wilko Square Bowl White Small
E1	5.4	SWAM	Kitchen, accessories	Drainer		Wilkos/Argos	2.00	1	1	260.7142857	0.01	Plastic. Would last 2 years. Changed lifetime to 5 years in line with SWAF.	Wilko Platinum Dish Drainer	
E1	5.6	SWAM	Kitchen, laundry	Washing liquid		Tesco	2.00	1	1	10.5	0.19	Non bio liquid, generic brand ok but not cheapest. Would do 2 loads one week, 3 the next so 2.5 per week. CB changed to 2 loads per week.	Tesco Super Concentrated Non Bio. Liquid 630MI. 21 washes. Only one generic option so that has been costed.	
E1	5.6	SWAM	Kitchen, laundry	Fabric conditioner		Tesco	0.75	1	1	10.1	0.07	4 loads per week. Generic ok. CB changed to 2 loads per week and added in line with SWAF.	Tesco Fabric Conditioner Pure 630MI 21Washes	
E1	5.4	SWAF	Kitchen, laundry	Iron		Wilkos		17	1	1	261	0.07	Cheap steam iron from Argos. 5 years. FG1 changed to mid-mid quality in line with couples.	Russell Hobbs Supreme Steam Iron 2400W
E1	5.4	SWAF	Kitchen, laundry	Ironing board		Wilkos	20	1	1	1043	0.02	20 years. CB added in line with SWAF.	Wilko Ironing Board Assorted Medium 116 x 35.5cm	
E1	5.4	SWAF	Kitchen, laundry	Ironing board cover		The Range	5.99	1	1	156	0.04	CB added in line with SWAF. FG1 changed lifetime to 3 years.	Minky Easy Fit Cover - Cream / - 43 cm	
E1	5.6	SWAM	Kitchen, laundry	Airer		Argos	14.99	1	1	1042.857143	0.01	Decent quality, approx £20, 20 years.	Addis 9m 2 Tier Indoor Airer	
E1	5.6	SWAM	Kitchen, laundry	Airer (over radiator)		Wilkos	3.5	3	1	1042.857143	0.00	Set of 3. Cheapest ok. 20 years.	Wilko Radiator Airer 3pk. CB added in line with SWAF.	
E1	5.6	SWAM	Kitchen, cleaning	Mop		Wilkos		5.00	1	1	260.7142857	0.02	Vileda squeegee mop would last 5 years, replace head every 6 months. PWA CB changed to Vileda microfibre mop.	Vileda Supermocio Soft Mop
E1	5.6	SWAM	Kitchen, cleaning	Mop head		Wilkos		2.50	1	1	26.07142857	0.10	Replacement head every 6 months	Vileda Supermocio Soft Mop Refill
E1	5.6	SWAM	Kitchen, cleaning	Bucket		Wilkos		3.00	1	1	260.7142857	0.01	Cheapest would last 10 years. PWA CB changed to microfibre mop so wringer bucket needed, and lifetime changed to 5 years in liner with PWA and SWAF.	Wilko Mop Bucket with Wringer
E1	5.3	SWAM	Kitchen, cleaning	Vacuum cleaner		Argos	36.99	1	1	260.7142857	0.14	Bagless, upright 1600W mid-mid (£80-90) from supermarket/Currys/Argos would last 4 years. CB changed to cheaper machine lasting 5 years in line with SWAF.	Bush Bagless Cylinder Vacuum Cleaner	
E1	5.6	SWAM	Kitchen, cleaning	Dustpan & brush		Wilkos		1.00	1	1	260.7142857	0.00	Cheap, would last 10 years. PWA CB changed lifetime to 5 years in line with singles.	Wilko Dustpan and Brush Set White
E1	5.6	SWAM	Kitchen, cleaning	Dusters		Wilkos		1	4	4	52.14285714	0.08	1 pack a year. CB added in line with SWAF.	Wilko Yellow Dusters Large 4pk
E1	5.6	SWAM	Kitchen, cleaning	Scouring/sponge pads		Wilkos		0.90	10	1	20	0.05	1 pack of 8 every 2 months. PWA CB changed to one a fortnight.	Wilko Hand Grip Sponge Scourers 10pk
E1	5.6	SWAM	Kitchen, cleaning	J cloths		Wilkos		0.60	10	1	13.03571429	0.05	PWA CB added 1 pack every 3 months	Wilko All Purpose Cloths 60 x 33cm 10 pk
E1	5.6	SWAM	Kitchen, consumables	Polish		Wilkos		1	1	1	52.14285714	0.02	Replace yearly. CB added in line with SWAF.	Pledge Polish Original 250ml
E1	5.6	SWAM	Kitchen, consumables	Kitchen towel		Wilkos		0.90	4	1	12	0.08	Pack of 4. Replace monthly. FG1 changed to 1 roll every 3 weeks, so 4 rolls would last 12 weeks.	Wilko Functional Kitchen Towel White 4 Rolls
E1	5.6	SWAM	Kitchen, consumables	Oven gloves		Wilkos		4.00	1	1	104.2857143	0.04	Cheapest Wilkos/The Range. 2 years.	Wilko Colourplay Oven Glove Black
E1	5.6	SWAM	Kitchen, consumables	Tea towels		Wilkos		5.00	5	1	52.14285714	0.10	1 pack (of 4 or 5) would last 2 years. PWA CB changed lifetime to one year in line with PWA.	Wilko Tea Towels Natural and White 5pk
E1	5.6	SWAM	Kitchen, consumables	Washing up liquid		Wilkos		1.00	1	1	13.03571429	0.08	Fairy liquid lasts longer so is better value for money. 1 bottle would last 3 months.	Fairy Original 433ml
E1	5.6	SWAM	Kitchen, consumables	Anti bacterial spray		Wilko		0.9	1	1	4.345238095	0.21	FG2 included - one per month per household	Wilko Antibacterial Cleaner Spray 750ml
E1	5.6	SWAM	Kitchen, consumables	Foil		Wilkos		1.65	1	1	8.69047619	0.19	Replace monthly. FG1 said would use 30cm a day, so 20m roll lasts 66.6 days, so approx two months.	Wilko Kitchen Foil 20mx30cm
E1	5.6	SWAM	Kitchen, consumables	Clingfilm		Wilkos		1.20	1	1	13.03571429	0.09	Replace monthly. FG1 said would replace 50m roll every 3 months.	Wilko Multipurpose Cling Film 50mx350mm
E1	5.6	SWAM	Kitchen, consumables	Greaseproof paper		Wilkos		1.00	1	1	52.14285714	0.02	Replace monthly. FG1 changed lifetime to 1 roll a year.	Wilko Greaseproof n Bake Paper 5m x 37.5cm
E1	5.6	SWAM	Kitchen, consumables	Multi-surface cleaning fluid		Wilkos		3.00	1	1	26.07142857	0.12	PWA CB added and said lifetime 6 months.	Flash All Purpose Cleaner Lemon 2.05l
E1	5.6	SWAM	Kitchen, consumables	Oven cleaner		Wilkos		3.00	1	1	26.07142857	0.12	Oven cleaner. 1 pack every 6 months	Oven Pride Complete Oven Cleaner 500ml
E1	5.6	SWAM	Kitchen, consumables	Bleach		Tesco		0.5	1	1	13.03571429	0.04	Tesco own brand bleach ok. Couldn't agree lifetime. USE CWA. CWA say replace every 3 months. CB added in line with SWAF.	Tesco Thick Bleach 24 Hour Fresh 750MI
E1	5.6	SWAM	Kitchen, consumables	Window cleaning spray		Tesco		0.7	1	1	52.14285714	0.01	Replace yearly. CB added in line with SWAF.	Tesco Window Cleaner Spray 500MI
E1	5.6	SWAM	Kitchen, consumables	Rubber gloves		Wilkos		0.8	1	1	4.345238095	0.18	1 pair a month per household	Wilko Wash Up Rubber Gloves
E1	5.5	SWAM	Maintenance	Tool kit		Argos	14.99	1	1	1042.857143	0.01	Basic tool kit, approx £20 from Wilkos, will last 20 years.	Guid 25 Piece Handtool Kit (could not source at Wilkos so priced from Argos)	
E1	5.1	SWAM	Bathroom	Blind		Dunelm	15.00	1	1	260.7142857	0.06	Moisture resistant roller blind from Wilkos/Dunelm, 1 up from bottom, would last 5 years because of build up of grease, possibility of mildew etc. CB agreed on blind for bathroom and kitchen. Added in line with SWAF by CB.	Moisture Resistant Roller Blind (various colours) Largest size Drop 162xWidth 122 £16 (smaller sizes available at £12 and £8)	
E1	5.5	SWAM	Bathroom	Light bulb		Wilkos		4.00	1	1	52.14285714	0.01	Energy saving	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (£4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.
E1	5.1	SWAM	Bathroom	Medicine cabinet		Tesco Direct	18.00	1	1	52.14285714	0.03	Spec from CWA, not discussed by single working age groups. Includes mirror, cheapest would last 10 years. Agreed by CB	Lloyd Pascal Single Mirror Wall Cabinet Catalogue Number:	
E1	5.2	SWAM	Bathroom	Bath sheet		Wilkos		7.00	1	2	260.7142857	0.05	2 needed from Dunelm 'because they specialise in good quality'. Cheapest would last 5 years. FG1 changed to 2 up from bottom, Wilkos as cheapest Dunelm not very good quality	Wilko Bath Sheet range of colours
E1	5.2	SWAM	Bathroom	Bath towels		Wilkos		5.00	1	2	260.7142857	0.04	2 needed from Dunelm 'because they specialise in good quality'. Cheapest would last 5 years. FG1 changed to 2 up from bottom, Wilkos as cheapest Dunelm not very good quality	Wilko Bath Towel range of colours
E1	5.2	SWAM	Bathroom	Hand towels		Wilkos		4.00	1	2	260.7142857	0.03	2 needed from Dunelm 'because they specialise in good quality'. Cheapest would last 5 years. FG1 changed to 2 up from bottom, Wilkos as cheapest Dunelm not very good quality	Wilko Hand Towel range of colours
E1	5.2	SWAM	Bathroom	Flannels		Wilkos		0.50	1	2	260.7142857	0.00	2 needed from Dunelm 'because they specialise in good quality'. Cheapest would last 5 years. FG1 changed to 2 up from bottom, Wilkos as cheapest Dunelm not very good quality	Wilko Face Cloth range of colours, pack of 2 for £1
E1	5.2	SWAM	Bathroom	Bath mat (for floor)		Wilkos		6.00	1	1	260.7142857	0.02	1 up from bottom. 5 years.	Wilko Bath Micro Mat Heather 50 x 80cm (other colours available)
E1	5.2	SWAM	Bathroom	Bath mat (non-slip)		Wilkos		5.00	1	1	52.14285714	0.10	PWA CB added, cheapest 1 year.	Wilko Bath Mat Non Slip Rubber White
E1	5.4	SWAM	Bathroom	Linen basket		Dunelm	5.00	1	1	52.14285714	0.01	Pop up to hold dirty laundry. 1 year. FG1 changed to 10 years.	Essentials Pop Up Laundry Bin	
E1	5.6	SWAM	Bathroom	Bleach		Tesco		0.50	1	1	4.345238095	0.12	Needed. Replacement rate and retailer not discussed. CB said replace monthly.	Tesco Aqua Bleach 750MI

Single working age male, no children														
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments	
E1	5.5	SWAM	Bathroom	Toilet brush		Wilkos	2.00	1	1	26.07142857	0.08	Needed. Replacement rate and retailer not discussed. Lifetime and retailer from CWA used, cheap and replace brush every 6 months.	Wilko Toilet Brush and Holder Opaque Plastic	
E1	5.1	SWAM	Bedroom	Lampshade for central light		Wilkinsons	10.00	1	1	521.4285714	0.02	Mid-mid quality (between E7 and E12).Wilkos, would last 10 years. CB changed to cheaper item (E5) in line with SWAF. PWACB changed to the E10 version to offer greater choice.	Wilko Vintage Pendant Grey (other colours available)	
E1	5.5	SWAM	Bedroom	Light bulb		Wilkos	4.00	1	1	521.4285714	0.01	Energy saving	Wilko LED Bulb GLS 6W BC Dimmable 1pk 437690 'lasts for up to 25 years' NB Halogen cheaper (E4 for 2 bulbs) but much shorter lifetime - approx 2.5-3 years.	
E1	5.2	SWAM	Bedroom	Curtains		Argos	39.99		1	521.4285714	0.08	One up from bottom from Wilkos/Dunelm (whichever is cheaper). Don't have to be lined in living/dining area but should be lined in bedroom. FG1 said should be washable as well.	Colourmatch Blackout Thermal Curtains Dove Grey - 168x183cm (wide range of colours available) machine washable	
E1	5.5	SWAM	Bedroom	Curtain pole		Argos	6.99		1	1042.857143	0.01	TG included curtain track. One up from bottom, Wilkos/Dunelm, would last 10 years. CB changed to curtain pole - would be easier to take with them if they moved, 1 or 2 up from bottom but not thinnest from Argos/Wilkos. PWA CB changed to cheapest metal curtain poles last 20 years.	Simple Value Extendable Metal Curtain Pole Set - White	
E1	5.5	SWAM	Bedroom	Curtain hooks		Dunelm		1	25	1	1042.857143	0.00	Metal, would last 10 years. Supermarket/Wilkos/Argos. FG1 changed to 20 years in line with couples. Added in line with SWAF by CB.	Pack of 25 Metal Curtain Hooks.
E1	5.2	SWAM	Bedroom	Voile	Wilkos	Wilkos		5	1	2	104.2857143	0.10	Added to SWAM in line with SWAF. Not discussed at CB. Cheapest voile curtains. Would last 2 years. Over time they yellow and can start looking grubby. Supermarket/Wilkos/Argos	Wilko Voile Plain Stop Top Linen 145 x 183cm
E1	5.5	SWAM	Bedroom	Wire for net curtains		Dunelm	1.50		1	521.4285714	0.00	Cheapest would last 10 years.	Net Curtain Wire 200cm	
E1	5.1	SWAM	Bedroom	Bed, double		Argos	199.99	1	1	521.4285714	0.38	Bedframe approx £200 would last 10 years.	Collection Grafton Double Bed Frame - Oak Stain	
E1	5.1	SWAM	Bedroom	Mattress, double		Argos	359.99	1	1	417.1428571	0.86	Good quality, would cost approx £100-£150, would last 8 years. FG1 changed lifetime to 10 years, would replace at same time as bed frame. FG2 said needed to be better quality than this to provide a good standard of comfort for the 8 years manufacturers recommend. Increased budget to £350 for both singles and couples.	Silentnight 1000 Pocket Memory Double Mattress	
E1	5.1	SWAM	Bedroom	Wardrobe		Argos	319.97		1	521.4285714	0.61	Double wardrobe. Mid-mid quality, includes mirror. Argos, approx £100 would last 10 years (part of matching set). PWA CB changed to same quality as couples.	Collection New Hallingford 3 Piece Package, Comprises 2 Door 3 Drawer Mirror Wardrobe, 3+2 Chest of Drawers and Bedside Chest (with 3 drawers) for £299.97	
E1	5.1	SWAM	Bedroom	Drawers		Argos				521.4285714	0.00	Mid-mid quality. 4 drawers. Approx £60 from Argos would last 10 years (part of matching set) PWA CB changed to same quality as couples.	Collection New Hallingford 3+2 Drawer Chest (included in set above) (£83.99 each if bought separately)	
E1	5.1	SWAM	Bedroom	Bedside table		Argos				521.4285714	0.00	Mid-mid quality, approx £30 Argos would last 10 years (part of matching set) PWA CB changed to same quality as couples.	Collection New Hallingford 3 Drawer Bedside Chest (Included in sets above). £63.99 each if bought separately.	
E1	5.1	SWAM	Bedroom	Lamp		Wilkos	6.00	1	1	521.4285714	0.01	Cheap from Wilkos approx £5, lasts 10 years	Wilko Ceramic Lamp Parchment (wide range of colours available)	
E1	5.2	SWAM	Bedroom	Duvet - winter		Dunelm	35.00		1	260.7142857	0.13	1 needed. Quality and lifetime not discussed. Mid-mid, 5 years.	Fogarty All Seasons 15 Tog Duvet (includes 4.5 tog and 10.5 tog duvets)	
E1	5.2	SWAM	Bedroom	Duvet - summer		Dunelm						1 needed. Quality and lifetime not discussed. Mid-mid, 5 years. Included in above item (set of heavier and lighter duvets).	Fogarty Perfectly Washable 10.5 Tog Duvet	
E1	5.2	SWAM	Bedroom	Pillows		Dunelm	22.00	2	2	104.2857143	0.42	4 needed. For double bed and could lend 1 or 2 if friend staying over on sofa. Quality and lifetime not discussed. CB said 3 years. FG1 said 2 years.	Dorma Satin Touch Pillow Pair	
E1	5.2	SWAM	Bedroom	Mattress protector		Dunelm	16.00	1	1	104.2857143	0.15	1 needed, 2 years.	Fogarty Soft Touch Mattress Protector.	
E1	5.2	SWAM	Bedroom	Sheets, fitted		Dunelm	9.99	1	2	260.7142857	0.08	2 needed. Quality and lifetime not discussed. Spec from CWA used.	Fogarty Soft Touch Slate Grey 25cm Fitted Sheet	
E1	5.2	SWAM	Bedroom	Duvet covers		Dunelm	21.99	1	2	260.7142857	0.17	2 needed. Quality and lifetime not discussed. Spec from CWA used.	Fogarty Soft Touch Slate Duvet Cover and Pillowcase Set Double other colours available, inc. two pillow cases	
E1	5.2	SWAM	Bedroom	Pillow cases		Dunelm	4.99	2	2	260.7142857	0.04	8 needed. 2 in each duvet cover set so an extra 4 required. Quality and lifetime not discussed. Spec from CWA used.	Fogarty Soft Touch White Housewife Pillowcase Pair other colours available. Only four needed as four provided in the two duvet sets.	
						COICOP								
						HHGoods 5.1	4.20684							
Totals						HHGoods 5.2	1.81779							
E1		Household goods	9.68			HHGoods5.3	0.46323							
						HHGoods5.4	0.79948							
						HHGoods5.5	0.29528							
						HHGoods5.6	2.09555							

MIS 2018 REBASE													
E: Household goods and services													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E2A1	8.1	SWAM	Postage	Stamps		Post Office	20.00		1	52.14285714	0.38	1 book of 12 first class stamps per year for Xmas and birthday cards and sending the occasional present. FG1 changed to £20 a year.	
E2A2	8.2	SWAM	Telephone	Landline telephone		Argos	5.99	1	1.0	521.43	0.01	Cheapest plug in phone for use in emergencies, would last 10 years. Supermarket/Argos/Currys	Simple Value Corded Telephone - Single
E2A2	8.2	SWAM	Telephone	Mobile telephone (handset)		Tesco	0.00		1.0	104.29		Included in contract price.	Alcatel Pixi 4.4
E2A2	8.3	SWAM	Telephone	Mobile telephone (bills)	Tescomobile	Tesco	9.00	1	1.0	4.35	2.07	Cheapest contract smartphone, would include free handset that would be upgraded every 2 years. Package would include internet access, 5GB data, 500 minutes per month, approx £20 including handset. PWA CB said 1GB was enough as free wifi widely available when out and about. Changed to same contract as singles.	Alcatel Pixi 4.4 1GB data, 500 minutes and 5000 texts/month
E2A2	8.3	SWAM	Telephone	Telephone line rental		First Utility via Moneysuper market	18.99	1	1.0	4.35	4.37	Landline required as cheapest way of providing reliable broadband to home. No additional provision for paying for calls as would only be used in emergency, all standard calls would be made using mobile phone.	via Moneysupermarket. First Utility up to 17Mb/sec, unlimited downloads, 18 month contract, no setup cost, £227.88 total cost per year and no set increases after year 1.
	Postage	0.38				COICOP							
	Telephone	6.45				HHServices 8.1	0.38						
	Total	6.84				HHServices 8.2	0.01						
						HHServices 8.3	6.44						

MIS 2018 REBASE													
F: Personal goods and services, including health													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
F	12.1	SWAM	Personal care	Hairdressing			10.00		1	4.345238095	2.30	£10 a month	
F	12.1	SWAM	Personal care	Toilet roll		Tesco	1.75	4	1	2	0.88	2 rolls per week so pack of 4 lasts 2 weeks	Tesco Luxury Soft Toilet Tissue 4 Roll White
F	12.1	SWAM	Personal care	Shower gel		Tesco	1.00		1	2	0.50	Lifetime & retailer not discussed. Use 2016 CWA.	Radox Feel Awake For Men 2 in 1 Shower Gel 250ml
F	12.1	SWAM	Personal care	Shaving foam		Tesco	1.50		1	26.07142857	0.06	Lifetime & retailer not discussed. Use 2016 CWA.	Gillette Classic Sensitive Skin Shaving Foam 200ml
F	12.1	SWAM	Personal care	Razor		Tesco	7.50		1	521.4285714	0.01	Gillette - razor handle with removable heads. Lifetime & retailer not discussed. Use 2014 SWAM.	Gillette Mach 3 Razor
F	12.1	SWAM	Personal care	Razor blades		Tesco	14.00	8	1	16	0.88	Heads for razor. Replace weekly. Lifetime & retailer not discussed. Use 2016 CWA. 1 blade every 2 weeks.	Gillette Mach 3 Razor Blades Refill 8 Pack
F	12.1	SWAM	Personal care	Mouthwash		Tesco	0.50		1	8.69047619	0.06	2 months	Tesco Freshmint Mouthwash 500ml
F	12.1	SWAM	Personal care	Dental floss		Tesco	1.00		1	17.38	0.06	Replace every 4 months	Proformula Floss Single 50m
F	12.1	SWAM	Personal care	Toothpaste		Tesco	0.80		1	8.69047619	0.09	2 months	Aquafresh Freshmint Toothpaste 75ml
F	12.1	SWAM	Personal care	Toothbrush		Wilko	1.00		1	13.03571429	0.08	Three months.	Wisdom Toothbrush Control Grip Firm/Medium
F	12.1	SWAM	Personal care	Deodorant		Tesco	1.50		1	2	0.75	Two weeks.	Sure Men Quantum Antiperspirant Deodorant 150ml
F	12.1	SWAM	Personal care	Shampoo		Tesco	0.80		1	4.345238095	0.18	Monthly	Tesco Tea Tree and Mint Shampoo 500ml
F	12.1	SWAM	Personal care	Liquid soap (bathroom)		Tesco	0.85		1	8.69	0.10	Replace 2 months	Tesco Refreshing/Antibacterial Handwash 500ml
F	5.6	SWAM	Personal care	Liquid soap (kitchen)		Tesco	0.85		1	26.07	0.03	Pump dispenser soap for washing hands in kitchen, lasts 6 months.	Tesco Refreshing/Antibacterial Handwash 500ml
F	12.1	SWAM	Personal care	Sun cream		Tesco	3.50		1	52.14	0.07	One bottle a year, group divided on branded vs generic as supermarket brands have good reputation for being effective.	Tesco Soleil Sun Protect Lotion Spf 50 200ml
F	12.1	SWAM	Personal care	Hair product (man)		Tesco	4.00		1	4.345238095	0.92	Styling product e.g. wax/mousse. Lifetime & retailer not discussed. Not included in previous budgets. 1 month in line with shampoo?	Vo5 Styling Hair Wax 75ml
F	12.1	SWAM	Personal care	Hairbrush		Wilko	1.00		1	52.14285714	0.02	Lifetime & retailer not discussed. Use 2016 CWA.	Wilko Hair Brush
F	12.1	SWAM	Personal care	Comb		Wilko	0.50		1	52.14285714	0.01	Lifetime & retailer not discussed. Use 2016 SMP	Wilko Plastic Comb Large
F	12.1	SWAM	Personal care	Moisturiser		Tesco	2.50		1	13.03571429	0.19	Lifetime & retailer not discussed. Use 2014 SWAF.	Tesco Pro Formula Sensitive Moisturiser 75ml
F	12.1	SWAM	Personal care	Aftershave		Tesco	40.00		1	52.14285714	0.77	£40 a year for aftershave	Calvin Klein Ckin2u 50ml £20, so budget would cover 2 bottles
F	12.3	SWAM	Accessories	Umbrella		Sports Direct	4.00		1	52.14285714	0.08	Retailer not discussed. Folding, 1 year.	Dunlop Folding Umbrella
F	12.3	SWAM	Personal effects	Watch (man)		Argos	49.99		1	260.71	0.19	Approx £50 would last 5 years. FG1 added in line with partnered men.	Accurist Men's Black Dial Bracelet Watch
F	12.3	SWAM	Accessories	Wallet		Burtons	10.00		1	521.4285714	0.02	Leather wallet would last 10 years. Retailer not discussed.	Brown Leather Wallet
F	12.3	SWAM	Accessories	Holdall		Sports Direct	14.99		1	260.7142857	0.06	Would use for taking to the gym, also for taking on holiday. From Sports Direct, would last 5 years.	Sondico Core XT Holdall
						COICOP							
						Personal goods and servs 12.1	7.91438356						
						Personal goods and servs 12.3	0.34512877						
						Hgoods 5.6	0.03260274						
						Total	8.29						

MIS 2018 REBASE														
F: Personal goods and services, including health														
Single working age male, no children														
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments	
F	6.1	SWAM	Health care	Prescriptions		NHS	8.80			2	52.14285714	0.34	2 a year	
F	6.2	SWAM	Health care	Opticians - eyetest		Specsavers	25.00			1	104.2857143	0.24	Test every 2 years	Specsavers website says £20-25.
F	6.1	SWAM	Health care	Opticians - glasses		Specsavers	70.00			1	104.2857143	0.67	£100 for glasses every 4 years. CB changed to £70 every 2 years in line with SWAF.	Specsavers: Varifocals start at £49, single vision 2 pairs for price of 1 start at £69.
F	6.2	SWAM	Health care	Dentists - check up		NHS	21.60			2	52.14285714	0.83	Two check ups per year with NHS dentist. One included in Band 1 treatment (see below) but FG1 said that shouldn't assume that will need both concurrently.	Band 1 £21.60 includes examination, diagnosis, and scale and polish if needed.
F	6.2	SWAM	Health care	Dentists - treatment		NHS	59.10			1	52.14285714	1.13	One band 2 treatment, e.g.filling per year	Band 2 £59.10 includes everything in Band 1 plus fillings, root canal work and extractions.
F	6.1	SWAM	Personal care	Contraception		Wilko	9.00	12		1	4.345238095	2.07	1 pack of 12 condoms per month	Durex (various types) 12 pack
F	6.1	SWAM	Health care	Paracetamol		Tesco	0.30			1	26.07142857	0.01	One pack of 16 every six months cheapest ok	Tesco Paracetamol 500mg 16 Tablets Caplet Shape
F	6.1	SWAM	Health care	Ibuprofen		Tesco	0.35			1	26.07142857	0.01	One pack of 16 every six months cheapest ok	Tesco Ibuprofen 200mg 16 Caplets
F	6.1	SWAM	Health care	Indigestion tablets		Tesco	2.25	48		1	52.14285714	0.04	One pack of tablets a year. Added by CB.	Tesco Antacid Peppermint Flavour 48s.
F	6.1	SWAM	Health care	Antihistamine		Tesco	2.75	30		4	52.14285714	0.21	Four packs of tablets a year	Tesco Hayfever And Allergy 30 Tablets
F	6.1	SWAM	Health care	Cold remedy		Tesco	3.85	10		1	52.14285714	0.07	One box every year	Lemsip Max Strength 10 Sachets
F	6.1	SWAM	Health care	Plasters		Tesco	1	40		1	52.14285714	0.02	1 box per year.	Tesco Plasters Assorted 40s. Added by CB.
F	6.1	SWAM	Health care	First aid kit		Superdrug	7.99			1	104.2857143	0.08	First aid kit, replace every 2 years	Superdrug Family First Aid Kit. Contains 1 printed advice slip 1 microporous tape 2 safety pins 6 wipes 1 crepe bandage 1 pair of gloves 20 plasters 2 adhesive dressing strips 4 non-adherent wound dressings
				COICOP										
				Personal goods and servs 6.1			3.53							
				Personal goods and servs 6.2			2.20							
				Total			5.73							

MIS 2018 REBASE													
G: Transport													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
G2	7.3	SWAM	Passenger transport by road	Bus pass			96	1	1	4	24.00	£50 per month for bus pass, CB agreed this but need to check as 2014 included higher cost of Lboro to Leics 4 weekly ticket. FG1 thought £80 for 4 weeks should be adequate to meet most needs. FG2 said needed to be able to travel to the next city in order to access employment opportunities and that £96 option would enable this.	Lboro to Leicester 4 weekly ticket = £70, or £80 depending on provider. Peterborough 4 weekly £56, Nottingham: 1 month all operator Robin Hood season ticket £77 per month. Mango card capped at £95 for 28 days for unlimited travel. Derby: 28 days Derby area £85. Peterborough only: 4 week megarider £56 Peterborough to Cambridge (40 miles): 4 week megarider £96.
G2	7.3	SWAM	Passenger transport by road	Taxi fares			10		1	1	10.00	£10 per month - public transport not sufficiently flexible. Might get bus to social activity but get taxi back as buses may not run late enough. CB changed to £20 per month for emergencies, e.g. getting back from hospital, having to get somewhere that buses don't run to, or travel outside the times they operate, or just to get home safely after dark sometimes. FG2 changed to £10 a week based on approx cost of 'short-hop' journey being £7-10 each way.	
G2	7.3	SWAM	Passenger transport by rail	Rail/coach fares			120		1	52.1428571	2.30	Rail/coach travel for visiting friends/relatives e.g. Lake District / London / Manchester £100 a year. Would book in advance online. FG2 changed to £120 in line with couples.	e.g. Lake District (£104.70)/ London (£25.50)/ Manchester (£47.10 return). Would book in advance online. CB said should be enough for approx 250 mile round trip e.g. Liverpool (£87.30), London (£28), Brighton (£51.40), Cardiff (£75.60). All fares within budget based on travelling by rail at approx 18.30 Friday 3 Nov, return departure before noon Sunday 5 Nov 2017.
G2	7.3	SWAM	Passenger transport by rail	Rail/coach fares			40.5		1	52.1428571	0.78	Rail fare for Leicester to Chester return for holiday.	
			Total	37.08									
							COICOP	Bus and coach travel (7.3)			24.00		
								Other transport 7.1 (buy bike)			0		
								Other transport 7.2 (maintenance/parts)			0		
								Other transport 7.3 (taxi + train)			13.08		

MIS 2018 REBASE													
H: Social and cultural participation													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H1	9.1	SWAM	Leisure goods	TV		Argos	199.00	1	1	260.714286	0.76	32" TV to be able to take part in cultural life and keep up with current affairs. Approx £200 from Currys/Argos would last 5 years.	Philips 32PHT4032/05 32 Inch HD Ready TV, has 1 SCART socket, 1 USB port and 2 HDMI sockets
H1	9.1	SWAM	Leisure goods	Laptop		Currys	299.99		1	260.714286	1.15	Approx £300 with 1TB hard drive, dual core/intel processor. Would last 5 years.	LENOVO IdeaPad 110 15.6" Laptop - Black includes Intel Celeron Processor, 1TB HDD and DVD drive.
H1	9.1	SWAM	Leisure goods	HDMI lead		Argos	4.67	1	1	156.428571	0.03	Cheapest HDMI lead to connect laptop to TV. Would last 3 years.	Alba HDMI Cable - 0.75m
H1	9.1	SWAM	Gifts - Birthdays	Gifts for others			256		1	52.1428571	4.91	£15 per person for 4 people. CB changed to £15 for 5 people, excluding cards and wrapping. FG1 changed to £10 for 12 people, including wrap and cards in line with couples plus £50 to treat himself. FG2 changed to 12x£18 presents, including cards and wrap plus £40 to treat himself.	
H1	9.1	SWAM	Gifts - Xmas	Gifts for others			266		1	52.1428571	5.10	Birthday presents for 4 people a year at £10 each, would include cards and wrapping. CB changed to £15 for 5 people including cards and wrapping. FG1 changed to £10 for 12 people plus £10 wrapping and cards, plus £50 to treat himself. FG2 changed to £18 x 12 plus £10 wrap and cards plus £40 to treat himself.	
	9.3	SWAM	Other items	Christmas decorations			25	1	1	260.714286	0.10	£25 every 5 years for an artificial tree and some decorations.	
	9.5	SWAM	Stationery	Writing paper		Tesco	1	160	1	104.285714	0.01	1 pad every 2 years	Tesco Basics A4 Refill Pad 160 Pages
	9.5	SWAM	Stationery	Envelopes		Tesco	1.5	50	1	130.357143	0.01	Pack of 20 every 2 years (so 50 would last 2.5 years).	Tesco White DI Envelopes 50 Pack
	9.5	SWAM	Stationery	Pens		Tesco	0.8	10	1	260.714286	0.00	Pack of cheap pens, e.g. biro every 5 years.	Tesco Everyday Value Assorted Pens 10 Pack
	9.3	SWAM	Charities	Donations			20		1	52.1428571	0.38	FG1 added £20 per year per household for charitable donations, buying a poppy for Remembrance Day, sponsorship for Children in Need etc.	
	9.3	SWAM	Other items	Inflatable mattress		Amazon	29.99	1	1	156.428571	0.19	PWA CB added for singles and couples. For guests to sleep on in living room - cheap, self inflating lasts longer than airbed with footpump and easier to store.	Trail Double Self Inflating Camping Mat Inflatable Roll Mattress Bed Extra Thick 5cm
			Total				12.65						
				COICOP	Soc and cul 8.3		0						
					Soc and cul 9.1		11.95						
					Soc and cul 9.3		0.67						
					Soc and cul 9.4		0.00						
					Soc and cul 9.5		0.02						
					Soc and cul 11.2		0						

MIS 2018 REBASE													
H: Social and cultural participation													
Single working age male, no children													
MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E2A3	8.3	SWAM	TV licence	TV licence		BBC	150.50	1	1.0	52.14285714	2.89		costs £150.50/year if paying monthly or weekly you have to pay first year within six months and then can move to either weekly or monthly payments
H3	8.3	SWAM	Telephone and fax services	Internet		First Utility via Moneysupermarket			1	4.35	0.00	Unlimited downloads, monthly subscription paid by direct debit.	via Moneysupermarket. First Utility up to 17Mb/sec, unlimited downloads, 18 month contract, no setup cost, £227.88 total cost per year and no set increases after year 1. Costed in HH services included in line rental.
H1	12.7	SWAM	Leisure goods	Printing			5.00		1	52	0.10	£5 per household per year for printing documents/tickets etc. at post office/shop . PWA CB added for singles.	Printing at Post Office/corner shop/ library etc.
	9.4	SWAM	Leisure	Activities			20	1	1		20.00	Some kind of social activity 'at least once a week' e.g. socialising with friends, visiting family, football (watching or playing), swimming, darts, pool, snooker, going out with colleagues, cinema, date night, theatre, museum, gallery and eating out. £25 a week would cover a range of things, so could do something more expensive less often or cheaper/free things more often. (Food budget also has £10 a fortnight for takeaway.) Would also cover any charitable contributions and any money for items for use outside (e.g. money for plants, a barbecue grill etc.) CB changed to £20 a week in line with SWAM and discussed how the £5 could be put towards holiday.	
H6	11.2	SWAM	UK Holidays	Holiday			179.00	1		52.14285714	3.43	£500 a year including travel (min £375 for accommodation) for 1 week holiday (e.g. B&B in Cornwall/ Torquay/ Blackpool / Skegness / Mablethorpe or 2 long weekends (e.g. all inclusive weekend at Butlins or city breaks - e.g. Edinburgh) off peak travel and off peak season holiday dates. Would go with partner/friend (i.e. no single supplement). CB agreed 1 week holiday. Priced at £178.50 for accommodation (based on 2 people sharing cottage costing £357), plus £42.40 for return rail fare (in transport budget). Included £200 budget for spending money in line with SWAF.	Accommodation £358 for 2 bed cottage - Chester self contained holiday apartment 7-14 September 2018 £179 total each https://www.sykescottages.co.uk/cottage/North-Wales-Snowdonia-Chester/Fountains-Apartment-963897.html would share with a friend so half the cost
H6	9.4	SWAM	UK Holidays	Holiday-spending money			135	1		52.14285714	2.59	£100 spending money for week's holiday. FG2 said budget should be £30 a day for 7 days, but this includes money normally spent on food and drink at home plus leisure - approx £75 (£49.55 food & catering+£5.38 alcohol + £20 activities = £74.93) £210 per week minus £75 = £135 extra spending money.	
	12.7	SWAM	Leisure services	Passport			85	1	1	52.14285714	0.16		Passport needed for identification purposes. Costed as paper application from the post office
	12.7	SWAM	Leisure services	Passport photos			6	1	1	52.14285714	0.01		Photo booth E6 (costed at Photo-Me)
									COICOP				
Entertainment and recreation							20.27		8.3		2.88630137		
TV licence							2.89		9.4		22.5890411		
UK Holidays							6.02		9.6		0		
									11.2		3.43287671		
Total							29.18		12.7		0.27041096		