



Based on a detailed analysis of 131 texts, the review provides evidence on the outcomes and effectiveness of horticulture and gardening in a number of different therapeutic settings and with different groups of people. It presents this evidence and draws it together to create a synthesis and a model that will help to explain the processes and outcomes.

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For further information see the website www.growingtogether.org.uk

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Thrive is the national charity that enables disadvantaged, disabled and older people to fully participate in the social and economic life of the community. Thrive uses gardening and horticulture to enrich people's lives. The charity has gardens in London, Reading and the Midlands and a national resources centre providing advice and training to a network of 1600 gardening and horticultural projects.

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The Centre for Child and Family Research (CCFR) is based in the Department of Social Sciences at Loughborough University and was established by Dr Harriet Ward and Professor Saul Becker in late 2001. The aim of the Centre is to maintain and develop programmes of research that will inform, influence and support policy and practice for children and families.

www.lboro.ac.uk/research/ccfr