

## THE TRANSIENT EFFECTS OF CLOTHING ON HEAT EXCHANGES BETWEEN SKIN AND ENVIRONMENT

Xiaojiang Xu and Jiirgen Werner

Institut fiir Physiologie, Ruhr-Universität, MA4/59, D-44780 Bochum, Germany

### INTRODUCTION

The traditional clothing parameters such as heat and vapor resistance are static and therefore not always sufficient to describe the processes of heat and mass transfer from skin through clothing to the environment (1,2,3). With changing environmental conditions, moisture absorption/desorption and condensatiodevaporation in clothing play an important role and affect the transfer processes. In this study a mathematical model which describes thermal responses of the clothing system to the skin and the environment was developed. Furthermore, the clothing model was further incorporated into a six cylinder thermoregulation model to obtain a man-clothing model which can be used to investigate *the* effects of clothing on heat exchanges between skin and environment.

### METHODS

Fig.1 shows heat and mass (moisture) transfer from the skin through the clothing layer to the environment. These two flows interact due to absorptiodesorption and condensatiodevaporation. By considering changes in heat storage and mass in the clothing, together with the heat and mass flow into and out of the clothing, the heat and mass balance equations can be obtained (4). They are not independent but interrelated by the differential heat of sorption and the mass change rate. The differential heat of sorption and the moisture content for a given fabric may be approximately expressed as a function of the vapor pressure and temperature (1,5).

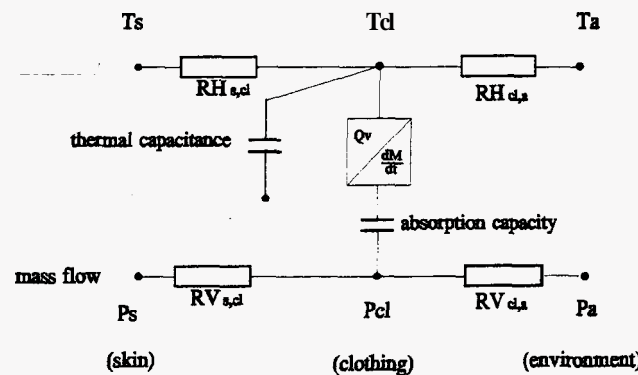
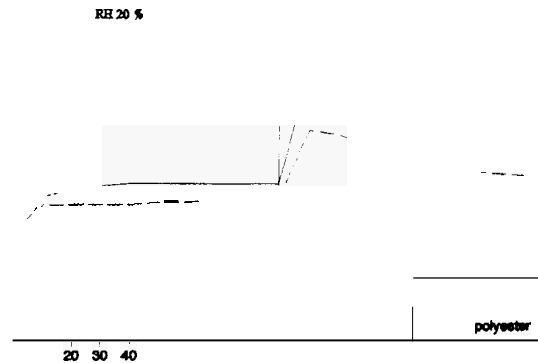


Fig.1 heat and mass transfer from skin through clothing to environment  
 $T$ : temperature,  $P$ : vapor pressure,  $RH$ : heat resistance,  $RV$ : vapor resistance  
 $Q_v$ : differential heat of sorption,  $dM/dt$ : mass change rate  
 s: skin, cl: clothing, a: environment

The thermal and vapor resistances are required to solve the heat and mass equations.  $RH_{s,cl}/RV_{s,cl}$  can be determined by adding the resistance due to the air layer between the skin and the clothing and half of the resistance due to the clothing, both of which may be estimated from their thickness (1,6).  $RH_{cl,a}/RV_{cl,a}$  may be calculated as the sum of half of the resistance due to clothing and the resistance of the outer air layer. The equations can be solved by finite difference methods when the clothing properties thickness, regain, density and heat capacity are given and appropriate initial values are assigned.

The man-clothing model is obtained by incorporating the clothing model into a six cylinder thermoregulation model (7), which simulates human temperature regulation. The six cylinders are head, trunk, arms, hands, legs and feet, each of which may be uniformly clothed or unclothed. It is necessary to use such a model to consider the inhomogeneous coverage over the body surface, as the body is usually not uniformly covered (8). The skin exchanges heat and mass with clothing if the corresponding region is clothed, or directly with the environment if not clothed.



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