

PREDICTING THE COMFORT OF NONWOVEN BARRIER FABRICS IN EXTREME ENVIRONMENTS

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INTRODUCTION

An important end-use for nonwoven fabrics is in surgical gowns and chemical protective clothing. They are also used as insulation materials in apparel worn for cold weather protection. For these end-uses, nonwovens must provide a diverse and often contradictory set of properties: they must resist penetration by external chemical agents such as bacteria or body fluids, or they must prevent the penetration or permeation of hazardous chemicals or vapors. No single cold weather apparel must insulate against the loss of body heat that can result in hypothermia. The essential protective properties of nonwoven fabrics frequently conflict with the need to provide a comfortable thermal environment. Failure to provide a comfortable thermal environment is a serious deficiency since some materials, such as gowns and chemical protective suits, are worn in hot and humid environments or where the wearer is engaged in strenuous activity that produces excessive amounts of body heat and discomfort. At the other extreme, nonwovens used in cold weather clothing must prevent the loss of body heat while providing good cold insulation performance and discomfort associated with sensations of wetness or chilling. This research demonstrates new and highly useful laboratory procedures for measuring the heat and moisture transfer properties of textiles. An analytical model is described for predicting the thermal comfort of clothing systems from laboratory measurements. These tools were used in a program that analyzed the comfort performance of specially selected groups of nonwoven barrier fabrics exposed in hot and humid or very cold environments. The effects of parameters related to heat and moisture transfer are examined: The effects of fabric type, skin conditions, skin-clothing configuration are reported for single and multi-layer clothing. This research produced a deeper understanding of the role of wicking and other moisture transport phenomena in thermal comfort. This research provides verification of the comfort models developed by this program.

METHOD

The thermal analyzing system consists of three parts: an environmental control chamber, a sweating hot plate component that simulates the skin or body, and an air flow system.

Control of environmental conditions. Tabai ESPEC's Platinous Lucifer Model PL-2G, programmable low humidity and temperature chamber was used to produce artificial environmental conditions. A skin simulating heated hot plate or sweating hot plate, was placed inside the chamber. The chamber controlled temperature in the range 40-100 °C, and humidity in the range 0-98%. Air velocity was controlled from 0.12 to 1.3 m/sec.

Simulated skin model. The thermal analysis was conducted using a specially modified ThermoLabo Kawabata thermal analyzing system [1]. Simultaneous heat and moisture transfer was measured using a sweating hot plate featuring simulated sweating glands supplying water to the heated surface at the rate of 0.002-0.2 ml/h. The water flow was controlled using a peristaltic pump. Three skin models were used under dry, dry/space and wet/space conditions and clothing configurations. A fourth skin model was used to simulate skin partially wet with sweat.

Distribution of heat and moisture in clothing systems. Micro-thermocouples and thin film micro-thermocouples were used to measure temperature and vapor pressure levels on the simulated skin surface, between fabric layers and in the ambient air surrounding the test ensemble.

RESULTS

We analyzed the physical and structural properties, as well as the heat and moisture transfer, of various nonwoven barrier fabrics. We used similar test models to determine transfer properties at different levels of temperature, humidity, and air velocity. The results show that the most influential factors in determining thermal and moisture transfer properties are related to comfort. Laboratory measurements of thermal comfort are consistent with subjective ratings of thermal comfort.

CONCLUSIONS

Several degrees in excess of skin temperature (34 °C) are required to extend the range of the comfort zone, as indicated by previous research. The factor of fabric design most influential in extending the range of the comfort zone, as indicated by previous research, is the ability of the nonwoven to transport vapor. Our research confirms several previous findings [2] that have shown that fabric structure, not the component fiber, are the most important factors in determining thermal comfort.

Our results also indicate that the properties having the greatest impact on combined heat and moisture transfer are fabric thickness, fiber volume fraction, optical porosity, air permeability, and moisture diffusion. Key **structural properties** are controlled by the type of nonwoven, post treatment and the presence of impermeable coatings or films.

ENVIRONMENTAL EFFECTS

Environmental variables including air velocity, ambient temperature, and humidity significant **affect** heat and moisture transfer through nonwoven materials. The rate of heat and moisture transfer through most nonwoven barrier fabrics is proportional to the square root of air velocity. In highly porous materials, heat and moisture transfer is proportional to the square of the wind velocity, due to the effect of wind penetration through low density samples. Thermal resistance increases with **decreasing** ambient temperature. If the skin is dry, environmental humidity has only a slight effect on heat transfer through hygroscopic materials: the higher the relative humidity the greater the heat transfer rate due to the increase in the moisture regain of the fabric. If sweating is involved, heat transfer **decreases** with increasing ambient humidity, due to the lower **potential** for evaporative heat loss to the environment. The **degree** to which humidity **affects** heat transfer **depends** more on the **structural properties** of the fabrics than the hydrophilicity of component fibers.

EFFECTS OF SWEATING

Our experiments show the effect of sweating on the evaporative heat transfer through nonwoven materials. They show that evaporative heat loss **increases** in proportion to the **area** of the **skin** that is wet with liquid moisture. They show that the temperature and vapor pressure **measured** in the air layer **between** the skin and fabric surface are lower over the **dry portion** of the skin than over the wet fraction, when the skin is partially wet with sweat. The **difference** between readings of temperature and vapor pressure made over **dry** and wet **regions of** a simulated skin surface **decreases** as the moisture permeation resistance of the nonwoven fabric increases. The buildup of temperature and vapor pressure in the microclimate **over** the **dry fraction of the skin surface** is **undoubtedly** one explanation of why impermeable materials generate a sensation of wetness in clothing wear. Wicking occurs readily in hydroscopic nonwovens in contact with a wet simulated skin surface. Liquid water **transport** by wicking of moisture condensed in fabric layers is far less likely to **occur**, simply because sufficient water is not accumulated through condensation to initiate **capillary transport**. The wicking of water from the skin surface accelerates heat transfer, **primarily** because it **increases** the effective evaporating area.

EFFECTS OF CONDENSATION IN COLD WEATHER SYSTEMS

We performed experiments to determine the effects of moisture condensation in a multiple fabric system in a cold weather environment. One system examined consisted of a semipermeable outer layer nonwoven fabric, **three** thermal insulating layers, a highly permeable nonwettable nonwoven and a highly absorbent next to the skin layer. Thermal transfer was measured for an extended period before, during and after the simulation of sweating. Data show that the vapor pressure beneath the semipermeable outer fabric reaches a **saturation** level **within** a few minutes after onset of sweating. The **rate** of heat dissipation **reaches** a maximum in about 10 minutes and steady-state conditions exist for several hours after sweating **has stopped**, due to the accumulation of excess sweat. The temperature and energy loss **through** the cold weather system drops sharply after the skin surface dries. This temperature **drop** lowers the saturation vapor pressure and **causes** moisture to condense **with** the insulating layers. In a cold environment, water condensed beneath the outer fabric layer **freezes** to form a thin layer of ice. This phenomenon lowers the effective insulation of cold weather clothing **systems**.

SUBJECTIVE TESTS

The comfort index **predicted** by analytical models from laboratory measurements of fabric heat and moisture transfer properties **correlates** with subjective **comfort** rating given in a **simple test** **devised** by this research. These experiments show that the **sensation** of warmth or coolness is associated with skin temperature and the thermal energy dissipation rate. The importance of the next-to-skin layer in clothing comfort was confirmed. A wet or strongly hydroscopic next-to-skin fabric layer produced sensations of coolness in a **warm/cool** subjective rating. Wet/dry subjective comfort correlates with the water vapor pressure measured on the skin surface. The higher the perspiration, sweating or ambient humidity, the less the feeling of **comfort** associated with wetness.

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