Bulk up your bank balance

**THINGS TO DO**

- Draw up a budget and monitor your spending
  - We have budgeting software on our website or use an excel spreadsheet

- Make your money go further
  - Check out our website for money saving tips

- Can you work to increase your income?
  - Follow @workatlboro for the latest vacancies

- Are you getting the best deal with your bank?
  - Check that you have the best student account with an overdraft facility.
  - See our website for more information

- Are you getting all of your student finance?
  - Check you are getting your full loan/grant entitlement – make an appointment to see us if you are not sure

- Can the University’s hardship funds help?
  - Check out our website for details of hardship funds
THINGS NOT TO DO

Don’t pretend it will go away, get help instead
- Make an appointment to talk to us.

Don’t use payday loan companies
- Talk to us about hardship grants or emergency loans instead.

Don’t try to gamble your way out of debt
- Make an appointment to talk to us before things get worse!

Some people are better at budgeting than others – so don’t be embarrassed – come and see us before things get worse. We can help you work out a budget, sort out your student finance and check your entitlement to hardship loans and grants.

Student Advice and Support Service
www.lboro.ac.uk/services/sass
T. 01509 222058  E. advice@lboro.ac.uk