

MIS 2014 REBASE						
Retired single male						
						Summary
A food and non-alcoholic beverages			46.55		Food	46.55
	A1 food		39.64		Alcohol	8.20
	A2 catering		6.91		Tobacco	0.00
B alcohol and tobacco			8.20		Clothing	5.11
	B1 alcohol		8.20		Water rates	5.63
		B1A alcohol at home	7.08		Council tax	15.34
		B1B alcohol away from home	1.13		Household insurances	1.16
	B2 tobacco and narcotics		0.00		Fuel	15.04
C clothing and footwear			5.11		Other housing costs	1.92
D housing costs			116.70		Household goods	14.37
	D1 rent		77.62		Household services	7.97
	D2 mortgage interest		0.00		Childcare	0.00
	D3 water		5.63		Personal goods and services	14.46
	D4 Council tax		15.34		Motoring	0.00
	D5 household insurances		1.16		Other travel costs	10.53
	D6 fuel		15.04		Social and cultural participation	37.16
	D7 other housing costs		1.92		Total	183.43
E household goods and services			22.34		Rent/mortgage interest	77.62
	E1 household goods		14.37			
	E2 household services		7.97			
		E2A communication	7.97			
				E2A1 postage	1.10	
				E2A2 telephone	6.87	
		E2B childcare	0.00			
		E2C other household services	0.00			
F personal goods and services (inc health)			14.46			
G transport			10.53			
	G1 motoring expenditure		0.00			
	G2 Fares and other travel costs		10.53			
H social and cultural participation			37.16			
	H1 leisure goods		8.20			
	H2 pets		0.00			
	H3 entertainment and recreation		15.38			
	H4 TV licence and rental		2.79			
	H5 foreign holidays		0.00			
	H6 UK holidays		10.80			
		TOTAL	261.05			

MIS 2014 REBASE												
A: Food and non-alcoholic beverages												
Retired single male												
MIS CODE	MIS ID	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments	Offer details
A1	RSM	Yoghurt			1.00		1	2	0.50	3 x125ml low fat fruit	Tesco Low fat berry medley 6x125g	
A1	RSM	Semi and other skimmed milk			0.89		2	1	1.78	1975ml to allow for visitors buy 2 x2 pt bottle last 1.15 weeks	Semi Skimmed Milk 1.136L/2Pints	
A1	RSM	Cheese, natural, hard, Cheddar and Cheddar type			0.81		1	1	0.81	125g	Tesco Counter Tesco Mild White Cheddar, £6.50 per kg	
A1	RSM	Eggs			1.00		1	2	0.50	2 x 30g	Tesco free range eggs medium box of 6	
A1	RSM	Pork chop			4.00		1	2	2.00	200g	Tesco pork chops 620g (approx. 4 in pack)	
A1	RSM	Beef Mince			4.00		1	2	2.00	250g	Tesco beef lean steak mince 500g (freeze remainder)	
A1	RSM	Chicken thighs			2.70		1	4	0.68	220g	Tesco british chicken thighs 900g (freeze remainder) at £3 per kg	
A1	RSM	Lamb chop			4.80		1	1	4.80	400g	Tesco Lamb 2 Hand Cut Loin Chops at £12.00kg	
A1	RSM	Bacon and ham, uncooked, rashers, pre-packed			0.30		4	1	1.20	240g (4 bacon rashers)	Counter British Unsmoked Back Bacon, £0.30 each	
A1	RSM	Bacon and ham cooked including canned			0.18		2	1	0.36	34g 2 x 17g slices ham bought chilled	Counter Loose Cooked Ham 15% Added Water - 1 thin slice = approx 20g	
A1	RSM	Sausages, uncooked, pork			1.39		1	4	0.35	110g (2 sausages)	Tesco british 8 pork sausages 454g (freeze remainder)	
A1	RSM	Lambs liver			0.66		1	1	0.66	220g	Counter Tesco British Lamb Liver at £3.00 kg	
A1	RSM	Kipper			0.78		1	1	0.78	130g nearest weight available boil in the bag	Counter Scottish Dyed Smoked Kipper Fillet at £6 kg	
A1	RSM	Other canned or bottled fish			1.75		1	3	0.58	Tuna in spring water 45g (small snack tin)	Tesco pole and line tuna chunks in brine 3x80g, drained weight 56g	
A1	RSM	Frozen convenience fish products			2.00		1	4	0.50	130g breaded frozen fish	Tesco 4 breaded cod fillets 500g	
A1	RSM	Poly-unsaturated Reduced fat spreads			1.39		1	3.8	0.37	129g	Tesco olive spread 500g	
A1	RSM	Sugar			0.94		1	200	0.00	5g	Tate and Lyle granulated sugar 1kg	
A1	RSM	Previous year's crop potatoes purchased Jan to Aug			2.00		1	1.6	1.25	1500g	Tesco white potatoes 2.5kg	
A1	RSM	Crisps			0.99		1	6	0.17	1 x25g packet	Tesco Variety Crisps 6X25g	
A1	RSM	Broccoli, frozen			1.20		1	13.3	0.09	75g	Tesco Broccoli Florets 1Kg (frozen)	
A1	RSM	Other fresh green veg cabbage			0.40		1	1	0.40	75g	Tesco Green Cabbage Each	on sale, original price 0£.80, valid until 6/4/2014
A1	RSM	Carrots, fresh			0.23		1	1	0.23	300g	Tesco loose carrots at £0.75 per kilo (3 carrots = 300g)	
A1	RSM	Onions, shallots, leeks, fresh			0.18		1	1	0.18	235g	Tesco loose brown onions (2 onions aprox 200g) at £0.78 kg	
A1	RSM	Mushrooms			0.70		1	1	0.70	260g	Tesco loose closed cup mushrooms at £2.68 kg (approx 4 mushrooms)	
A1	RSM	Tomatoes, fresh			0.81		1	1	0.81	510g (6 tomatoes)	Tesco tomatoes loose at £1.59kg	
A1	RSM	Peas, frozen			1.60		1	3.8	0.42	260g	Tesco garden peas 1kg	
A1	RSM	Baked Beans, canned			0.35		1	1	0.35	200g	Tesco baked beans in tomato sauce 220g	
A1	RSM	Tomatoes pasta sauce in jar			0.80		1	1	0.80	178g	Tesco bolognese pasta sauce 320g	
A1	RSM	Soup tomato canned			0.65		1	1	0.65	400ml (small tin)	Tesco cream of tomato soup 400g	
A1	RSM	All frozen vegetables and frozen vegetables products not specified elsewhere			1.50		1	25	0.06	Sweetcorn frozen 40g	Tesco sweetcorn 1kg	
A1	RSM	Frozen oven chips			1.50		1	6	0.25	250g	Tesco straight cut oven chips 1.5kg	
A1	RSM	Leafy green salad			1.00		1	1	1.00	120g	Tesco sweet and crunchy 370g	
A1	RSM	cucumber			0.40		1	1	0.40	23g	Tesco cucumber portion	
A1	RSM	Beetroot			0.70		1	6	0.12	25g from jar	Tesco pickled sliced beetroot 340g (max lifetime of 6 weeks)	On sale, originally £0.90, valid until 22/4/2014
A1	RSM	Banana			0.21		1	1	0.21	305g (2 bananas)	Tesco loose bananas at £.68 kg	
A1	RSM	Apples, fresh			1.75		1	1.7	1.03	480g (3 apples)	Tesco Gala Apples Min 5 pack at £1.75 bag	
A1	RSM	Satsuma			0.83		1	1	0.83	285g (2 satsumas)	Satsumas loose at £2.90kg	
A1	RSM	Pear			0.31		1	1	0.31	160g(1 pear)	Tesco pears loose at £1.95kg	
A1	RSM	Kiwi fruit			0.25		4	2	0.50	200g (2 kiwi fruits)	Tesco Large Kiwi Fruit Each	buy 4 for £1.00, valid until 18/5/2014
A1	RSM	Fresh Fruit juices			1.00		2	1.4	1.43	1400ml	Tesco pure orange juice 1 litre	

MIS 2014 REBASE												
C: Clothing and footwear												
Retired single male												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List (all clothing from Sports Direct/Asda/Tesco/Primark)	Comments
C	RSM	Male, underwear	Pants		Tesco	5.00	3	4	156	0.13	12	F&F 3 pack Jersey Boxer shorts
C	RSM	Male, underwear	Socks		Tesco	2.50	5	3	156	0.05	12	F&F 5 pair pack of socks
C	RSM	Male, underwear	Vests		Matalan	6.00	2	3	156	0.12	6	2 Pack Classic Vests
C	RSM	Male, underwear	Thermal vests		Matalan	10.00	1	2	156	0.13	2	Heat Holders Thermal Vest
C	RSM	Male, underwear	Thermal longjohns		Matalan	8.00	1	2	156	0.10	2	Thermal Jersey Long John
C	RSM	Male, nightwear	Pyjamas, winter		Tesco	12.00	1	1	156	0.08	1	F&F Plain Pyjama Set
C	RSM	Male, nightwear	Pyjamas, summer		Tesco	8.00	1	1	156	0.05	1	F&F loungewear set
C	RSM	Male, nightwear	Dressing gown, winter		Matalan	12.00	1	1	156	0.08	1	Supersoft Dressing Gown
C	RSM	Male, nightwear	Dressing gown, summer		Tesco	14.00	1	1	156	0.09	1	F&F Checked Woven Dressing Gown
C	RSM	Male, main clothing	T-shirts		Tesco	4.00	1	3	156	0.08	6 needed in total - 3 long and 3 short sleeved?	F&F short sleeved crew/v-neck t-shirt (range of colours)
C	RSM	Male, main clothing	T-shirts		Tesco	5.00	1	3	156	0.10	6 needed in total - 3 long and 3 short sleeved?	F&F long sleeved crew neck t-shirt (range of colours)
C	RSM	Male, main clothing	Polo shirts		Tesco	6.00	1	6	156	0.23	6	F&F polo shirt (range of colours)
C	RSM	Male, main clothing	Shirts		Tesco	10.00	1	3	156	0.19	6 needed in total - 3 long and 3 short sleeved?	F&F Soft Touch Striped Regular Fit Shirt
C	RSM	Male, main clothing	Shirts		Tesco	8.00	1	3	156	0.15	6 needed in total - 3 long and 3 short sleeved?	F&F Easy Care Striped Regular Fit Shirt
C	RSM	Male, main clothing	Jumpers		Tesco	8.00	1	3	156	0.15	3	F&F Soft Touch V-Neck Jumper
C	RSM	Male, main clothing	Cardigans		Matalan	12.00	1	3	156	0.23	3	Easy v-neck soft touch cardigan
C	RSM	Male, main clothing	Trousers		Tesco	14.00	1	2	156	0.18	2	A range at £14 - e.g. F&F Straight Leg Chinos
C	RSM	Male, main clothing	Jeans		Tesco	10.00	1	2	156	0.13	2	A range at £10 e.g. F&F Indigo Straight Leg Jeans
C	RSM	Male, main clothing	Shorts		Tesco	10.00	1	3	156	0.19	3	F&F Cargo Shorts
C	RSM	Male, main clothing	Suit		Tesco	30.00	1	1	1043	0.03	1	F&F Black Tailored fit suit Jacket £20; F&F Black Tailored Fit trousers £10
C	RSM	Male, main clothing	Jacket, smart		Tesco	28.00	1	1	156	0.18	1	F&F Pinstripe Cotton Blazer
C	RSM	Male, main clothing	Overcoat		Tesco	90.00	1	1	156	0.58	1	Harry Brown Wool Blend Herringbone Coat
C	RSM	Male, main clothing	Coat, waterproof		Matalan	28.00	1	1	156	0.18	1	Regatta Mathews Jacket
C	RSM	Male, sportswear	Swimming trunks		Tesco	6.00	1	1	156	0.04	1	F&F swim shorts
C	RSM	Male, footwear	Shoes, smart		M&S	49.50	1	2	156	0.63	2, 1 black, 1 brown	Airflex™ Leather Extra Wide Fit Riptape Shoes
C	RSM	Male, footwear	Shoes, casual		M&S	49.50	1	1	156	0.32	1 suede or similar	Airflex™ Leather Extra Wide Fit Lace Up Shoes
C	RSM	Male, footwear	Trainers		Sports Direct	17.99	1	1	156	0.12	1	Slazenger Idol Lace Mens Trainers
C	RSM	Male, footwear	Walking boots		Sports Direct	22.99	1	1	156	0.15	1	Campri Snowdon Waterproof Mens Walking Boots
C	RSM	Male, footwear	Wellingtons		Tesco	14.00		1	156	0.09		F&F Rubber wellies
C	RSM	Male, footwear	Slippers		Tesco	6.00	1	1	52	0.12	1	F&F Microsuede mule slippers
C	RSM	Male, accessories	Hat, winter		Matalan	4.00	1	1	156	0.03	1 woollen hat	Thinsulate Hat
C	RSM	Male, accessories	Hat, summer		Tesco	5.00	1	1	156	0.03	1 baseball cap	F&F Tri-Colour Baseball Cap
C	RSM	Male, accessories	Gloves		Matalan	5.00	1	2	156	0.06	2	Thinsulate Gloves
C	RSM	Male, accessories	Ties		Tesco	3.00	1	4	156	0.08	1 wedding, 1 funeral and 2 everyday	F&F range at £3
C	RSM	Male, accessories	Braces		Tesco	6.00	1	1	521	0.01	1	F&F elasticated braces
C	RSM	Male, accessories	Handkerchiefs		Tesco	6.00	7	1	156	0.04	6	F&F 7 Pack of Cotton Handkerchiefs
		C clothing and footwear										
		RSM				£5.11						
		Total				£5.11						

MIS 2014 REBASE										
D: Housing costs										
Retired single male										
MIS CODE	MIS ID	Category	Item	Supplier	Unit Price £	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
D1	RSM	Rent	Rent		77.62	1	1	77.62		
D3	RSM	Water supply (ND)	Water rates	Severn Trent	293.36	1	52.14286	5.63		yearly cost in 2008 was £245 (£4.71 monthly) so + 17.91% to get 2013 price for unmetered water is £288.88 per year (5.55 per month). So April 2013-2014 is +1.55% =£293.36
D4	RSM	Council tax (GB) Rates (NI)	Council tax		15.34	1	1	15.34		£14.47 per week in April 2013, uprated by 0.6% to April 2014 = £15.34
D5	RSM	Contents insurance	Contents insurance	More Than	60.48	1	52.14286	1.16		yearly £60.48. £5.04 monthly. Based on £13,000 cover.£50 excess.
D6	RSM	Electricity, gas and other fuels	Fuel		784.00	1	52.14286	15.04		
D7	RSM	House maintenance	Decorating and other house maintenance		100	1	52.14286	1.92		£100 per household per year to do minor retouching, or saved up over longer periods for larger decorating projects.
	D1	Rent			77.62					
	D3	Water supply (ND)			5.63					
	D4	Council tax (GB) Rates (NI)			15.34					
	D5	Contents insurance			1.16					
	D6	Electricity, gas and other fuels			15.04					
	D7	House maintenance			1.92					
		Total			116.70					

MIS 2014 REBASE												
E: Household goods and services												
Retired single male												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	RSM	Hall	Lampshade for central light		Dunelm	2.99		1	156.4286	0.02	Not cheapest, possibly one up from bottom. Approx £2.99, lasts 3 years	Steep Coolie Ceiling Pendant Shade
E1	RSM	Hall	Light bulb		Tesco	2.00	1	1	104.2857	0.02	Energy saving	Philips 42W(55W) Ecoclassic Edison Screw Classic Dimmable. Product info says lifetime = 2 years (2000 hours)
E1	RSM	Hall	Doormat		Wilkos	4.00	1	1	260.7143	0.02	Cheapest rubber-backed mat would last 5 yrs	Wilko Door Mat PVC Backed Coir 40cmx60cm
E1	RSM	Hall	Coat rack		Wilkos	6.99		1	1042.857	0.01	Row of pegs on wall for hanging up coats. Cheap.	Wilko Coat Rack Pine/Brass Effect 4 Hook
E1	RSM	Hall	Shoe rack		Argos	7.99		1	1042.857	0.01	Cheap - approx £10, metal. Lasts 20 years	2 Tier Extendable Shoe Storage Rack - Chrome Plated
E1	RSM	Hall	Table		Argos	12.99	1	1	1042.857	0.01	For telephone.	Verona Telephone Table - Beech Effect
E1	RSM	Hall	Mirror		Argos	9.99	1	1	1042.857	0.01	Medium sized mirror (in between small one and full length) to check she's presentable	Argos Value Range Pine Effect Framed Tall Wall Mirror.
E1	RSM	Hall	Door chain		Wilkos	2.99		1	1042.857	0.00		Wilko Chrome Plated Security Door Chain
E1	RSM	Living area	Lampshade for central light		Dunelm	2.99		1	156.4286	0.02	Not cheapest, possibly one up from bottom. Approx £2.99, lasts 3 years	Steep Coolie Ceiling Pendant Shade
E1	RSM	Living area	Light bulb		Tesco	2.00	1	2	104.2857	0.04	Energy saving	Philips 42W(55W) Ecoclassic Edison Screw Classic Dimmable. Product info says lifetime = 2 years (2000 hours). One included for lamp in living area.
E1	RSM	Living area	Curtains		Dunelm	39.99	2	1	521.4286	0.08	Lined to keep heat in, and last 10 years	Teal Vancouver Thermal Eyelet Curtains, machine washable, thermal lined, (W66"xDrop 54")
E1	RSM	Living area	Curtain pole		Dunelm	9.99	1	1	1042.857	0.01	20 year lifetime	Venice Wooden Curtain Pole - includes rings
E1	RSM	Living area	Net curtains		Dunelm	9.96	1	1	156.4286	0.06	Cheap, lasts 3 years - cheap nets go brittle and discolour	Plain Leaded Net Fabric £2.49 per metre for 150cm drop. 4x£2.49 = £9.96
E1	RSM	Living area	Wire for net curtains		Dunelm	1.49		1	1042.857	0.00	20 year lifetime	Net rod, includes fittings
E1	RSM	Living area	Armchair		Highseat chairs.co.uk online	299.99		2	1042.86	0.58	2 armchairs, last 20 years. Upright chairs at a height that is easier to get out of.	Range available at £299.99
E1	RSM	Living area	Sofabed (2 seater)		Argos	449.99		1	1042.86	0.43	2 seater sofabed for visitors	Olivia Sofabed
E1	RSM	Living area	Footstool		Wilkos	34.00		1	1042.86	0.03	With storage.	Unity Storage Stool Espresso Brown
E1	RSM	Living area	Cushions		Dunelm	2.99		6	521.43	0.03	6 needed. Cushions insides would last 10 years	Simply microfibre cushion pad
E1	RSM	Living area	Cushion covers		Dunelm	3.99		6	156.43	0.15	6 needed. New covers needed every 3 years	Faux Silk Cushion Cover
E1	RSM	Living area	Side tables		Argos	49.99		1	1042.86	0.05	Mid-range nesting side tables	Devon Solid Pine Nest of Tables - Oak Effect (Free Delivery)
E1	RSM	Living area	Storage unit		Argos	139.99		1	1042.857	0.13	Small Welsh dresser-type storage with shelves and cupboards. Provides storage for DVDs etc.	Rio 2 Door Dresser - Solid Pine, H178, W81, D31cm, 1 fixed shelf, 1 adjustable shelf, 2 drawers + cupboard
E1	RSM	Living area	Lamp		Argos	4.99	1	1	1042.857	0.00	Reading lamp	ColourMatch Round Ceramic Table Lamp (various colours)
E1	RSM	Living area	Ornaments			25.00		1	156.4286	0.16	Budget for ornaments, pictures, photo frames etc.	
E1	RSM	Living area	Bin		Wilkos	3.50		1	1042.86	0.00	Cheap bin from Wilkos, approx £2. Lasts 10 years.	Tapered Waste Paper Basket White
E1	RSM	Living area	Fan		Argos	19.96		1	1042.86	0.02		Argos Value Range White Oscillating Pedestal Fan
E1	RSM	Living area	Heater		Argos	9.99		1	782.14	0.01	Cheapest fan heater, lasts 15 years.	Argos Value Range 2kw Upright Fan Heater
E1	RSM	Living area	TV Unit		Argos	24.99		1	1042.86	0.02	Glass or wooden corner storage unit for TV, DVDs etc. Would last 20 years. Cheapest is ok.	Large Corner TV Unit - Oak Effect/Black Ash
E1	RSM	Dining area	Lampshade for central light		Dunelm	2.99		1	156.4286	0.02	Not cheapest, possibly one up from bottom. Approx £2.99, lasts 3 years	Steep Coolie Ceiling Pendant Shade
E1	RSM	Dining area	Light bulb		Tesco	2.00	1	1	104.2857	0.02	Energy saving	Philips 42W(55W) Ecoclassic Edison Screw Classic Dimmable. Product info says lifetime = 2 years (2000 hours)
E1	RSM	Dining area	Curtains		Dunelm	39.99	2	1	521.4286	0.08	Lined to keep heat in, and last 10 years	Teal Vancouver Thermal Eyelet Curtains, machine washable, thermal lined, (W66"xDrop 54")
E1	RSM	Dining area	Curtain pole		Dunelm	9.99	1	1	1042.857	0.01	20 year lifetime	Venice Wooden Curtain Pole - includes rings
E1	RSM	Dining area	Net curtains		Dunelm	9.96	1	1	156.4286	0.06	Cheap, lasts 3 years - cheap nets go brittle and discolour	Plain Leaded Net Fabric £2.49 per metre for 150cm drop. 4x£2.49 = £9.96
E1	RSM	Dining area	Wire for net curtains		Dunelm	1.49		1	1042.857	0.00	20 year lifetime	Net rod, includes fittings
E1	RSM	Dining area	Table and chairs		Argos	219.99		1	1042.857	0.21	Would last 20 years	Hygena Black Square Dining Table and 4 Chairs
E1	RSM	Dining area	Tablemats		B&M Bargains	2.49	2	3	1042.857	0.01	Set of 6 table mats, cheapest is ok, last 20 years	Leatherette Placemats - set of 2, so 3 required
E1	RSM	Dining area	Coasters		B&M Bargains	1.99	4	2	1042.857	0.00	Set of 6 coasters, cheapest is ok, last 20 years	4 pack square leatherette coasters - 6 required, packs of 4 so 8 provided
E1	RSM	Kitchen	Light bulb		Tesco	2.00	1	1	104.2857	0.02	Energy saving	Philips 42W(55W) Ecoclassic Edison Screw Classic Dimmable. Product info says lifetime = 2 years (2000 hours)
E1	RSM	Kitchen	Curtains		Dunelm	39.99	2	1	260.7143	0.15	Lined, good quality, last 5 years as would need more washing.	Teal Vancouver Thermal Eyelet Curtains, machine washable, thermal lined, (W66"xDrop 54")
E1	RSM	Kitchen	Curtain pole		Dunelm	9.99	1	1	1042.857	0.01	20 year lifetime	Venice Wooden Curtain Pole - includes rings
E1	RSM	Kitchen	Net curtains		Dunelm	9.96	1	1	156.4286	0.06	Cheap, lasts 3 years - cheap nets go brittle and discolour	Plain Leaded Net Fabric £2.49 per metre for 150cm drop. 4x£2.49 = £9.96
E1	RSM	Kitchen	Wire for net curtains		Dunelm	1.49		1	1042.857	0.00	20 year lifetime	Net rod, includes fittings
E1	RSM	Kitchen, tableware	Crockery		Wilkos	9.30		1	260.7143	0.04	Cheapest, lasts 5 years. 6xdinner plate, side plate, bowls, cups. Buy plain ones so easy to replace broken items.	All Wilkos dinner sets = 4xplace settings, Wilko Everyday Value Porcelain Dinner Set White 12 Piece = £5 plus 2x£0.75 dinner plates, 2x£0.65 side plate, 2x£0.75 cereal bowl = £9.30.
E1	RSM	Kitchen, tableware	Mugs		Wilkos	0.75		6	260.7143	0.02		No mugs included in crockery set. Mug White Everyday Value
E1	RSM	Kitchen, tableware	Cutlery		Wilkos	20.00	24	1	1042.857	0.02	Set of 6 knives, forks, spoons, teaspoons - one up from bottom. Buy either as set or individually	Wilko Como Cutlery Set 24 Piece, polished stainless steel. 6xknives, forks, spoons and tea spoons.

E: Household goods and services												
Retired single male												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	RSM	Kitchen, tableware	Milk jug		Wilkos	2.50		1	1042.857	0.00		Wilko Creamer Jug White
E1	RSM	Kitchen, tableware	Sugar bowl		Wilkos	2.50		1	1042.857	0.00		Wilko Sugar Pot White Small
E1	RSM	Kitchen, tableware	Teapot		Wilkos	7.00		1	1042.86	0.01	Lifetime not given - assume 5 years, same as glass jug	Wilko Rockingham Teapot Brown 6 Cup
E1	RSM	Kitchen, tableware	Serving dishes		Tesco	8.00		2	260.7143	0.06	2 serving bowls	Tesco Porcelain Serving Bowl
E1	RSM	Kitchen, tableware	Egg cups		Wilkos	4.00	4	1	1042.86	0.00	4 egg cups	Wilko Letter Egg Cup Set x 4
E1	RSM	Kitchen, tableware	Cruet		Wilkos	2.50		1	1042.86	0.00		Salt and Pepper Set Ceramic White
E1	RSM	Kitchen, tableware	Wine glasses		Wilkos	0.98	4	2	260.7143	0.01	2x4 wine glasses	Wilko Everyday Value Wine Glasses x 4
E1	RSM	Kitchen, tableware	Tumblers		Wilkos	1.00	4	2	260.71	0.01	2x4 tumblers	Wilko Everyday Value Hi-ball Glasses x 4
E1	RSM	Kitchen, tableware	Glass jug		Wilkos	1.25		1	260.71	0.00		Wilko Everyday Value Jug Glass 1L
E1	RSM	Kitchen, appliances	Cooker		Currys	199.99		1	1042.86	0.19	Electric cooker, one up from bottom, lasts 20 years plus delivery	Essentials CFSEWH12 Electric Solid Plate Cooker-White Single Oven Cooker with grill. Free delivery.
E1	RSM	Kitchen, appliances	Fridge freezer		Currys	199.99		1	521.43	0.38	50/50 fridge freezer, 5ft, one up from bottom, lasts 10 years plus delivery	Essentials C50BW12 Fridge Freezer-White, Energy Rating A+ Free delivery
E1	RSM	Kitchen, appliances	Washing machine	Beko	Currys	214.00		1	521.43	0.41	One up from bottom, would last 10 years, plus delivery and fitting	INDESIT Eco IWSC61051 Washing Machine - White. 6kg, spin speed 1000 rpm. Free delivery, £20 installation = £194+£20=£214
E1	RSM	Kitchen, appliances	Microwave		Tesco	37.50		1	260.71	0.14	Cheapest, supermarket, lasts 5 years	Tesco MM08 17L 700W Microwave - Black & White
E1	RSM	Kitchen, appliances	Toaster		Tesco	10.00		1	260.71	0.04	Cheapest, would last 5 years	Tesco 2Tb13 Black Toaster 2 Slice
E1	RSM	Kitchen, appliances	Kettle		Tesco	5.00		1	104.29	0.05	Cheapest, would last 2 years	Tesco Basics TbK14 Value Kettle
E1	RSM	Kitchen, cookware	Steamer		Wilkos	10.00		1	1042.86	0.01	Useful for cooking several things at the same time.	Wilko 3 Tier Steamer Stainless Steel 18cm
E1	RSM	Kitchen, cookware	Saucepans		Tesco	38.00	5	1	1042.86	0.04	Set - approx £35 would last 20 years	Tefal Bistro Non-Stick 5 Piece Pan Set - Red, 2 saucepans, milk pan and 2 frying pans, all non-stick.
E1	RSM	Kitchen, cookware	Knives		Argos	39.99	12	1	1042.857	0.04	Set in block with scissors, approx £40 would last 20 years	Richardson Laser Cuisine 12 Piece Knife Block Set. Carbon steel blades, polypropylene handles. 6 steak knives, Chef's knife, carving knife, bread knife, paring knife, all purpose knife, scissors. 15 year guarantee.
E1	RSM	Kitchen, cookware	Baking trays		Wilkos	0.89	1	2	260.7143	0.01	2 cheap, from Wilkos, last 5 years	Wilko Everyday Value Baking Tray Non-Stick 28cm
E1	RSM	Kitchen, cookware	Colander		Wilkos	3.00		1	782.14	0.00	15yrs	Wilko Colander Stainless Steel
E1	RSM	Kitchen, cookware	Sieve		Wilkos	2.00		1	782.1429	0.00		Wilko Strainer Metal 19.5cm
E1	RSM	Kitchen, cookware	Casserole		Wilkos	6.00		1	782.1429	0.01		Pyrex Classic Casserole Dish 0.75l
E1	RSM	Kitchen, accessories	Utensils		Argos	7.99	9	1	782.14	0.01	Utensils set.	Argos Value Range 9 Piece Suregrip Kitchen Utensil Set: ladle, serving spoon, slotted spoon, slotted turner, slotted masher, can opener, pizza cutter, peeler, scissors
E1	RSM	Kitchen, accessories	Whisk		Wilkos	0.55		1	782.1429	0.00		Wilko Kitchen Balloon Whisk 20cm
E1	RSM	Kitchen, accessories	Wooden spoon		Wilkos	0.37		1	782.14	0.00		Wilkos Wooden Spoon Waxed Beech 30cm
E1	RSM	Kitchen, accessories	Measuring jug		Wilkos	0.35		1	782.14	0.00	Cheapest, would last 15 years	Wilko Measuring Jug 1L
E1	RSM	Kitchen, accessories	Mixing bowl		Tesco	1.00	1	3	104.29	0.03	Cheap set of 3 would last 2 years - they discolour and go out of shape.	No cheap sets available. Wilko Polypropylene Mixing Bowl Large
E1	RSM	Kitchen, accessories	Scales		Wilkos	4.50		1	782.1429	0.01		Swan Add & Weigh Scales with Bowl White 2kg
E1	RSM	Kitchen, accessories	Grater		Wilkos	1.80		1	782.1429	0.00		Wilko Box Grater
E1	RSM	Kitchen, accessories	Tin opener		Wilkos			1	782.1429			Included in utensils set above
E1	RSM	Kitchen, accessories	Corkscrew		Wilkos	2.00		1	782.1429	0.00	Includes bottle opener	Wilko Corkscrew Chrome effect (includes crown bottle top opener)
E1	RSM	Kitchen, accessories	Rolling pin		Wilkos	1.00		1	1042.857	0.00	Cheapest, would last 20 years	Wilko Kitchen Rolling Pin Beech 35cm
E1	RSM	Kitchen, accessories	Chopping board		Wilkos	2.00		1	260.7143	0.01	Plastic, lasts 5 years	Wilko Chopping Board Medium
E1	RSM	Kitchen, accessories	Plastic storage tubs		Argos	4.99	7	1	782.1429	0.01		7 Piece Plastic Food Storage Set
E1	RSM	Kitchen, accessories	Storage containers		Argos	8.99	3	1	782.14	0.01	Set of 3 for tea, coffee and sugar. Cheapest	Living Stainless Steel Storage Canisters
E1	RSM	Kitchen, accessories	Vegetable rack		Tesco	8.97		1	782.1429	0.01		3 Tier Plastic Vegetable Rack
E1	RSM	Kitchen, accessories	Oven gloves		Wilkos	4.00		1	104.29	0.04		Wilko Double Oven Glove (assorted colours)
E1	RSM	Kitchen, accessories	Trays		Wilkos	4.00		2	782.1429	0.01		Tray Large
E1	RSM	Kitchen, accessories	Bin		Wilkos	10.00		1	782.14	0.01	Small pedal bin	Wilko Kitchen Bin Pedal Stainless Steel 12L
E1	RSM	Kitchen, accessories	Washing up bowl		Wilkos	1.75		1	1042.86	0.00	Cheapest, would last 20 years	Wilko Washing Up Bowl Round, Platinum 6.3L
E1	RSM	Kitchen, accessories	Drainer		Wilkos	1.50		1	1042.857	0.00	Would last 20 years, in set with washing up bowl.	Wilko Dish Drainer Platinum 48x40x12cm
E1	RSM	Kitchen, accessories	Fire blanket		Argos	16.00		1	260.71	0.06	Easier to use than fire extinguisher.	Kidde Fire Blanket
E1	RSM	Kitchen, accessories	Biscuit barrel		Wilkos	6.00		1	521.4286	0.01	Cheap, would last 10 years.	Wilko retro biscuit canister (Cream, mint, red)
E1	RSM	Kitchen, accessories	Bread bin		Wilkos	10.00		1	521.4286	0.02	Cheap, would last 10 years.	Wilko retro bread bin (Cream, mint, red)
E1	RSM	Kitchen, accessories	Easy open gadget		Tesco Direct	7.54		1	521.4286	0.01	Cheap, would last 10 years.	Good Grips Jar Opener

E: Household goods and services												
Retired single male												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	RSM	Kitchen, accessories	Stool		Argos	4.99		1	521.4286	0.01	Cheap, would last 10 years. To rest on while cooking.	Argos value range black folding single stool
E1	RSM	Kitchen, laundry	Washing liquid		Tesco	3.00		1	6.00	0.50	2 in 1 liquid, 3 washes per week. Groups said liquid was kinder to skin than powder and also better for washing machine.	Tesco Ambience Laundry Gel Lavender 630ml, pack states 18 washes, based on the dosage for normal soiling in medium water hardness and average content.
E1	RSM	Kitchen, laundry	Airer		Wilkos	9.50		1	1042.86	0.01	Cheap, approx £10, lasts 20 years	Wilko Concertina Clothes Airer 3 Tier 8.4m
E1	RSM	Kitchen, laundry	Clothes pegs		Wilkos	1.00	36	1	782.14	0.00		Wilko Pegs Snapper Multicoloured x 36
E1	RSM	Kitchen, laundry	Peg bag		Wilkos	2.25		1	1042.86	0.00		Wilko Striped Peg Bag with Hanger Beige/White
E1	RSM	Kitchen, laundry	Iron		Wilkos	25.00		1	260.71	0.10	Iron, mid-mid, lasts 5 years	Russell Hobbs Steamglide Ceramic Iron 2400W
E1	RSM	Kitchen, laundry	Ironing board		Wilkos	20.00		1	1042.86	0.02	Ironing board, approx £20, lasts 20 years	Minky Ironing Board 122x38cm
E1	RSM	Kitchen, laundry	Ironing board cover		Wilkos	4.00		1	104.2857	0.04		Wilko Ironing Board Cover Drawstring Metallic Effect Large 124x40cm
E1	RSM	Kitchen, laundry	Laundry basket		Wilkos	4.50		1	782.14	0.01	Cheap	Wilko Hipster Laundry Basket (assorted colours)
E1	RSM	Kitchen, cleaning	Plunger		Wilkos	3.00		1	1042.857	0.00		Wilko Traditional Sink Plunger Large
E1	RSM	Kitchen, cleaning	Mop		Wilkos	6.00		1	260.71	0.02		Wilko Twist Mop Black/Grey
E1	RSM	Kitchen, cleaning	Mop head		Wilkos	3.00		1	26.07	0.12	Replacement head for mop every 6 months	Wilko Twist Mop Refill
E1	RSM	Kitchen, cleaning	Bucket		Wilkos	5.50		1	260.71	0.02	Details not specified. Used 5 years from RSM.	Wilko Mop Bucket with Wringer Black 14L
E1	RSM	Kitchen, cleaning	Vacuum cleaner		Tesco	59.00		1	521.43	0.11	Approx £60, would last 10 years	Vax C89-PM2-P Bagless Cylinder Vacuum Cleaner
E1	RSM	Kitchen, cleaning	Broom		Wilkos	3.50		1	782.14	0.00		Wilko Soft Touch Cleaning Broom
E1	RSM	Kitchen, cleaning	Dustpan & brush		Wilkos	2.00		1	782.14	0.00		Wilko Colour Play Dustpan and Brush
E1	RSM	Kitchen, cleaning	Dusters		Wilkos	1.30	8	1	52.14	0.02	Pack of dusters would last 1 year	Wilko Dusters Yellow Standard 35cmx40cm x8
E1	RSM	Kitchen, cleaning	Scouring/sponge pads		Wilkos	1.00	20	1	20	0.05	1 per week	Wilko Sponge Scourers x20
E1	RSM	Kitchen, cleaning	Dishcloths		Wilkos	1.00	8	1	34.76	0.03	1 a month	Wilko Dish Cloths Standard 30cmx25cm x8
E1	RSM	Kitchen, cleaning	Tea towels		Wilkos	3.00	3	2	156.43	0.04	6 required, last 3 years	Wilko Tea Towels (various colours) £3 for pack of 3
E1	RSM	Kitchen, consumables	Freezer bags		Wilkos	2.00	30	1	26.07	0.08	1 roll every 6 months	Wilko Food and Freezer Bags Zip Seal 26cmx26cm Medium x30
E1	RSM	Kitchen, consumables	Window cleaner		Wilkos	2.00		1	13.04	0.15		Windolene Glass and Shiny Surface Cleaner Trigger Spray
E1	RSM	Kitchen, consumables	Washing up liquid		Tesco	0.59		1	4.35	0.14	Replace monthly	Daisy Original Washing Up Liquid 500ml
E1	RSM	Kitchen, consumables	Multi-surface cleaner		Wilkos	3.00		1	4.35	0.69	Anti-bacterial all-purpose spray, replace monthly	Dettol Anti-Bacterial Surface Cleanser 750ml
E1	RSM	Kitchen, consumables	Kitchen towel		Tesco	1.18	2	1	2.00	0.59	1 roll per week	Tesco Everyday Value Kitchen Towel 2 Roll
E1	RSM	Kitchen, consumables	Foil		Wilkos	2.68		1	13.03571	0.21		Wilko Kitchen Foil 20mx30cm
E1	RSM	Kitchen, consumables	Clingfilm		Wilkos	2.00		1	13.03571	0.15		Wilko Cling Film Multi-Purpose 75mx35cm
E1	RSM	Kitchen, consumables	Disinfectant		Wilkos	1.00		1	4.35	0.23	e.g. Dettol	Wilko Disinfectant Pine 1L
E1	RSM	Kitchen, consumables	Bleach		Wilkos	1.00		1	2.00	0.50	Replace fortnightly	Parozone Bleach 750ml
E1	RSM	Kitchen, consumables	Carpet cleaner		Wilkos	4.50		1	52.14	0.09	Replace annually	Vanish Powerfoam Clean and Fresh High Traffic Carpet Cleaner 600ml
E1	RSM	Kitchen, consumables	Bin bags		Wilkos	0.60	50	1	17.00	0.04	3 per week	Wilko Functional Pedal Bin Liners 46cmx46cmx50
E1	RSM	Kitchen, consumables	Napkins		Wilkos	1.43	100	1	26.07143	0.05	To protect against spills - disposable don't need washing.	Wilko Napkins White 2 Ply 33cmx33cm x 100
E1	RSM	Kitchen, consumables	Liquid soap		Wilkos	1.00		1	4.345238	0.23		Palmolive Hand Wash 300ml
E1	RSM	Kitchen, misc	Shoe cleaning kit		Timpson	4.45		1	260.7143	0.02	Kit containing 4 brushes, black and brown polish + duster/cloth	CD wallet contains suede brush, two shoe brushes, cloth, shoe horn and two tins of polish
E1	RSM	Kitchen, misc	Shoe polish		Wilkos	0.60		1	52.14286	0.01	Replace 1 tin a year	Cherry Blossom Shoe Polish 50ml
E1	RSM	Kitchen, miscellaneous	Clock		Argos	1.97		1	521.4286	0.00	No batteries included.	Argos Value Range White Plastic Wall Clock
E1	RSM	Kitchen, miscellaneous	Batteries for clock		Tesco	2.50	4	1	208.5714	0.01	1 battery per year needed	Tesco Hi Tech 4 Pack AA batteries
E1	RSM	Kitchen, miscellaneous	Batteries for bike lights		Tesco	2.50	4	1	52.14286	0.05	2 batteries per light per year	Tesco Hi Tech 4 Pack AAA batteries
E1	RSM	Bathroom	Light bulb		Tesco	2.00	1	1	104.2857	0.02	Energy saving	Philips 42W(55W) Ecoclassic Edison Screw Classic Dimmable. Product info says lifetime = 2 years (2000 hours)
E1	RSM	Bathroom	Curtains		Dunelm	39.99	2	1	521.4286	0.08	Lined to keep heat in, and last 10 years	Teal Vancouver Thermal Eyelet Curtains, machine washable, thermal lined, (W66"xDrop 54")
E1	RSM	Bathroom	Curtain pole		Dunelm	9.99	1	1	1042.857	0.01	20 year lifetime	Venice Wooden Curtain Pole - includes rings
E1	RSM	Bathroom	Medicine cabinet		Argos	26.39		1	1042.86	0.03	Includes mirror, cheap would last 20 years	Modern Mirrored Bathroom Cabinet with 3 Shelves - White
E1	RSM	Bathroom	Magnifying mirror		Wilkos	5.00		1	1042.857	0.00	Approx £5, lasts 20 years, magnifying spin mirror	Wilko Freestanding Mirror Large - for applying make up
E1	RSM	Bathroom	Bath towels		Dunelm	8.99		3	260.71	0.10	3 in total. Mid-mid from Dunelm would last 5 years	So Soft Collection Zero Twist Towels (various colours)
E1	RSM	Bathroom	Hand towels		Dunelm	3.99		6	260.71	0.09	6 required (includes some for use in kitchen)	So Soft Collection Zero Twist Towels (various colours)
E1	RSM	Bathroom	Flannels		Dunelm	0.89		3	260.71	0.01	3 required	So Soft Collection Zero Twist Towels (various colours)
E1	RSM	Bathroom	Bath mat (for floor)		Wilkos	6.50	2	1	260.71	0.02	Comes in set with pedestal mat, lasts 5 years	Wilko Bath Mat Set
E1	RSM	Bathroom	Pedestal mat		Wilkos			1	260.71		Comes in set with bath mat, lasts 5 years	Wilko Bath Mat Set
E1	RSM	Bathroom	Non-slip bathmat		Wilkos	3.00		1	52.14	0.06	Lasts 1 year	Wilko Pebble Bath Mat Transparent
E1	RSM	Bathroom	Shower curtain		Wilkos	6.50		1	104.2857	0.06	Lasts 2 years, washable	Wilko Swirl Shower Curtain Blue (various designs), machine washable
E1	RSM	Bathroom	Soap dish		Wilkos	1.60		1	1042.86	0.00	In set with toothbrush holder, 'would last her out'	Wilko Ceramic Soap Dish White
E1	RSM	Bathroom	Toothbrush holder		Wilkos	1.50		1	1042.86	0.00	In set with soap dish, 'would last her out'	Wilko White Tumbler Ceramic
E1	RSM	Bathroom	Linen basket		Wilkos	12.00		1	521.43	0.02		Wilko Split Wood Laundry Hamper White/Willow
E1	RSM	Bathroom	Bleach		Wilkos	1.00		1	4.35	0.23	Replace every month	Parozone Bleach 750ml

E: Household goods and services												
Retired single male												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E1	RSM	Bathroom	Bathroom cleaner		Wilkos	0.72		1	4.345238	0.17	Cream cleaner for basin and bath/shower	Wilko Cream Cleaner Lemon 500ml
E1	RSM	Bathroom	Multi-purpose spray cleaner		Wilkos	1.00		1	4.35	0.23	Spray, replace monthly	Dettol Bathroom Cleaner Anti-Bacterial 440ml
E1	RSM	Bathroom	Toilet cleaner		Wilkos	0.75		1	4.345238	0.17		Wilko Toilet Cleaner Eucalyptus and Peppermint 750ml
E1	RSM	Bathroom	Toilet brush		Wilkos	2.00		1	26.07	0.08	Mid-mid, replace every 6 months	Wilko Toilet Brush and Holder Clear Plastic
E1	RSM	Bathroom	Air freshener		Wilkos	0.90		1	4.345238	0.21		Wilko Room Fragrance Aerosol Spray Chamomile with Lavandin Essential Oils 240ml
E1	RSM	Bedroom	Lampshade for central light		Dunelm	2.99		1	156.4286	0.02	Not cheapest, possibly one up from bottom. Approx £2.99, lasts 3 years	Steep Coolie Ceiling Pendant Shade
E1	RSM	Bedroom	Light bulb		Tesco	2.00	1	2	104.2857	0.04	Energy saving	Philips 42W(55W) Ecoclassic Edison Screw Classic Dimmable. Product info says lifetime = 2 years (2000 hours). One included for lamp in bedroom.
E1	RSM	Bedroom	Curtains		Dunelm	39.99	2	1	521.4286	0.08	Lined to keep heat in, and last 10 years	Rose Aurelia Thermal Eyelet Curtains, machine washable, thermal lined, (W66"xDrop 54")
E1	RSM	Bedroom	Curtain pole		Dunelm	9.99	1	1	1042.857	0.01	20 year lifetime	Venice Wooden Curtain Pole - includes rings
E1	RSM	Bedroom	Net curtains		Dunelm	9.96		1	156.4286	0.06	Cheap, lasts 3 years - cheap nets go brittle and discolour	Plain Leaded Net Fabric £2.49 per metre for 150cm drop. 4x£2.49 = £9.96
E1	RSM	Bedroom	Wire for net curtains		Dunelm	1.49		1	1042.857	0.00	20 year lifetime	Net rod, includes fittings
E1	RSM	Bedroom	Bed, double		Argos	399.99		1	1042.857	0.38	Divan bed with drawer storage underneath, would cost about £400 including mattress (excluding headboard)	Silentnight Travis Miracoil Double Divan Bed, 22cm deep mattress - 2 Drawer. Free delivery with this item.
E1	RSM	Bedroom	Headboard		Argos	34.99		1	1042.857	0.03	For bed	Pippa Double Headboard - Ivory
E1	RSM	Bedroom	Mattress, double		Argos	379.99		1	1042.857	0.36	Above mid-mid quality, (good), would cost approx. £400, lasts 10 years.	Bed comes with a mattress that would last 10 years, then need to buy another mattress that would last 10 years before replacing bed (and mattress). Silentnight McKenna Ortho Double Mattress
E1	RSM	Bedroom	Wardrobe		Argos	199.99		1	1042.86	0.19	Double wardrobe.	New Winchester 2 Door Wardrobe - Oak Effect
E1	RSM	Bedroom	Drawers		Argos	179.99		1	1042.86	0.17		New Winchester 5 Drawer Chest - Oak Effect
E1	RSM	Bedroom	Bedside table		Argos	69.99		1	1042.86	0.07		New Winchester 2 Drawer Bedside Chest - Oak Effect
E1	RSM	Bedroom	Chair		Dunelm	24.99		1	1042.86	0.02	Chair to sit on - needed to sit down on when putting on socks. Cheap, e.g. wicker	Java Wicker Chair
E1	RSM	Bedroom	Lamp		Argos	4.99		1	521.4286	0.01	Reading lamp	ColourMatch Ceramic Table Lamp (various colours)
E1	RSM	Bedroom	Duvet, double, winter,		Dunelm	15.99		1	782.1429	0.02	One up from bottom, lasts 15 years.	Microfibre 13.5 Tog Duvet
E1	RSM	Bedroom	Duvet, double, summer		Dunelm	14.99		1	782.1429	0.02	One up from bottom, lasts 15 years.	Fogarty 4.5 Tog Duvet
E1	RSM	Bedroom	Pillows		Wilkos	6.50	2	2	52.14	0.25	4 pillows in total, replaced every year	Wilko Supersoft Pillow x 2.
E1	RSM	Bedroom	Mattress cover		Dunelm	13.99		1	521.4286	0.03		Freshnights Anti Allergy Zipped Mattress Protector
E1	RSM	Bedroom	Sheets, fitted		Dunelm	4.99		3	260.7143	0.06	3 needed, cheapest, last 5 years	Value Essentials Plain Dye Collection Fitted Sheet
E1	RSM	Bedroom	Sheets, flat		Dunelm	5.99		3	260.7143	0.07	3 needed, cheapest, last 5 years	Value Essentials Plain Dye Collection Flat Sheet
E1	RSM	Bedroom	Duvet covers		Dunelm	16.99		3	312.8571	0.16	3 duvet covers - sets would include pillow cases	Duvet Cover Set (various colours available), includes 2 pillow cases per set
E1	RSM	Bedroom	Pillow cases								6 required	No additional pillow cases needed as would be included in duvet cover sets.
E1	RSM	Bedroom	Throw		Dunelm	19.99		1	521.43	0.04	Fleecy blanket type throw for the bed (can be used as bedding for guests using sofa bed)	Teddy Bear Throw, Large
E1	RSM	Bedroom	Coat hangers		Wilkos	3.50	5	4	1042.86	0.01	20 non-slip, last 20 years	Wilko Storage Coat Hangers Velvet x5
E1	RSM	Garden	Garden chair		Argos	6.99		1	260.71	0.03	Cheap folding patio chair, approx £5, lasts 5 years	Argos Value Range Folding Camping Chair
E1	RSM	Misc	Batteries		Tesco	2.50	4	1	104.29	0.02	Batteries for alarm clock in bedroom	Tesco Hi Tech 4 Pack AA batteries
E1	RSM	Hall	Carpet		Carpentry	283.15		1	782.14	0.36	£10 per sqm plus underlay plus fitting. Lasts 15 years.	Westmoreland Twist (10yr stain and wear warranty)=£9.99sqm (4m & 5m roll). Monarch Underlay £4.99sqm, £29 Delivery, £3sqm fitting (min £30) 4x2.5m=10m2 = £99.90, £30 fitting, £29 delivery = £148.90 + Underlay 10x£4.99=£49.90 + 7m gripper @£1.49m = £10.43 + 7 door bars @ £7.99 = £63.92 Total: £283.15
E1	RSM	Living area+dining area	Carpet		Carpentry	377.97		1	782.14	0.48	£10 per sqm plus underlay plus fitting. Lasts 15 years.	Westmoreland Twist (10yr stain and wear warranty)=£9.99sqm (4m & 5m roll). Monarch Underlay £4.99sqm, £29 Delivery, £3sqm fitting (min £30) 4x4.5m=18m2 = £179.82, £54 fitting, £29 delivery = £262.82 + Underlay 18x£4.99=£89.82 +17m gripper @£1.49m=£25.33 = £377.97
E1	RSM	Kitchen	Vinyl flooring		Carpentry	174.41		1	521.43	0.33	Mid-mid cushion floor vinyl, lasts 10 years.	Floor Grip Vinyl Flooring = £12.99sqm (3m roll), £29 Delivery, £4sqm fitting (min £30) Vinyl adhesive £9.99 per tin. 3x2.5m=7.5m2=£77.43 + door bar £7.99 + £9.99 adhesive + £29 delivery + £30 fitting = £174.41
E1	RSM	Bathroom	Vinyl flooring		Carpentry	146.93		1	521.43	0.28	Mid-mid cushion floor vinyl, lasts 10 years.	Floor Grip Vinyl Flooring = £12.99 (2m roll), £29 Delivery, £4sqm fitting (min £30) Vinyl adhesive £9.99 per tin. 3x2m=6m2=£77.94 + £9.99 adhesive + £29 delivery + £30 fitting = £146.93
E1	RSM	Bedroom	Carpet		Carpentry	241.11		1	521.43	0.46	Cheaper carpet in bedroom plus underlay plus fitting. Lasts 10 years.	New Dynasty £5.99sqm (4m roll), Monarch Underlay £4.99sqm, £29 Delivery, £3sqm fitting (min £30) 4x3.5m=14m2 = £83.86, £42 fitting, £29 delivery = £154.86 + Underlay 14x£4.99=£69.86 +11m gripper @£1.49m=£16.39 = £241.11
E2A1	RSM	Postage	Stamps			6.36	12	9	52.14	1.10	9x2nd class stamps per month = 108 per year = £54 per year (9 books of 12 stamps per year). Includes postage for small parcels for birthdays and extra cards at Xmas.	12x53p second class = £6.36 x 9 = £57.24

E: Household goods and services												
Retired single male												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost	Shopping list	Comments
E2A2	RSM	Telephone	Landline telephone	Binatone	Argos	12.99		1	260.7143	0.05	Cordless, one handset	Binatone Veva 1700 Cordless Telephone - Single
E2A2	RSM	Telephone	Mobile telephone (handset)	Nokia 100	Tesco	9.00		1	260.71	0.03	Cheapest handset with Pay as You Go	Tesco Mobile Nokia 100 Black
E2A2	RSM	Telephone	Mobile telephone (bills)			10.00		1	4.35	2.30	£10 per month to top up PAYG. Any left over could be used to pay for landline calls excluded from anytime package. Mobile phone for emergency/occasional use only.	
E2A2	RSM	Telephone	Telephone line rental		Plusnet	14.50		1	4.345238	3.34		
E2A2	RSM	Telephone	Telephone call charges		Plusnet	5.00		1	4.345238	1.15	Package including broadband internet and anytime calls	Anytime calls to UK numbers beginning with 01, 02, 03, 0845 and 0870. Plusnet - £10.99 for package - £5 for anytime calls, £5.99 for broadband
Totals												
E1		Household goods	14.37									
E2		Household services	7.97									
E2A1		Postage	1.10									
E2A2		Telephone	6.87									
E		Total	22.34									

MIS 2014 REBASE												
G: Transport												
Retired single male												
MIS CODE	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
G2	RSM	Fares and other travel costs	Taxi fares			10.00		1	1	10.00	£10 per week per household for emergencies and early appointments where public transport would not be possible, also to get them home with shopping or from social activity.	
G2	RSM	Fares and other travel costs	Bike, man			45.00		1	521	0.09	Second hand, would last 10 years.	Refurbished adult bikes for sale from £45. Check quality and lifetime. http://www.gumtree.com/p/for-sale/challenge-mountain-bike/1052742042
G2	RSM	Fares and other travel costs	Bike maintenance			20.00		1	52	0.38	£20 from local bike shop every year	
G2	RSM	Fares and other travel costs	Bike repair kit		Tesco	5.50		1	521	0.01		Via Velo Bike Repair Kit
G2	RSM	Fares and other travel costs	Helmet		Argos	12.99		1	521	0.02		Cyclepro Bike Helmet - Unisex
G2	RSM	Fares and other travel costs	Lock		Tesco	3.50		1	521	0.01		Urban Racers Cable Lock
G2	RSM	Fares and other travel costs	Lights		Halfords	9.99		1	521	0.02		Halfords 3 LED Bike Light set
Totals												
G1		Motoring expenditure				0						
G2		Fares and other travel costs				10.53						
Total												
						10.53						

