



LOUGHBOROUGH SWIMMING INTERNATIONAL SC MEET

IN PARTNERSHIP WITH CHESTERFIELD SC



WORLD-CLASS PERFORMANCE PROGRAMME WITH OLYMPIC, WORLD & EUROPEAN MEDALLISTS

MOORWAYS SPORTS VILLAGE
FRIDAY 20 - SUNDAY 22 OCTOBER 2023



LOUGHBOROUGH
SPORT

PROUDLY SPONSORED BY

arena 

LEVEL 2 LICENSED MEET - LICENCE NUMBER 2EM231601

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Overview

Meet Partner:

- Chesterfield Swimming Club

Meet Sponsors:

- Loughborough Sport
- Arena

Event Contact(s):

- Olivia Harrison (Swimming Programme Co-ordinator)
- Andy Wallace (Lead Performance Development & Para Coach)
- Email address: performanceswimcoach@lboro.ac.uk

Dates:

- Friday 20th October 2023
- Saturday 21st October 2023
- Sunday 22nd October 2023

Venue:

- Moorways Sports Village and Water Park
- Moor Lane, Allenton, Derby, DE24 9HY

Age Groups:

- 9/10
- 11
- 12
- 13
- 14
- 15
- 16
- 17/over

Events:

- 50m, 100m & 200m all strokes
- 200m & 400m individual medley
- 400m, 800m & 1500m freestyle
- 9–10-year-olds cannot enter the 800m & 1500m freestyle
- The fastest heats of each 800m & 1500m freestyle event will be swum in the evening session
- 15 years and under – one set of finals
- 16 years and over – A & B finals

Entry Process:

- The method of submission of entries is through SPORTSYSTEMS Entry Manager
- All entries submitted must include:
 - Meet Entry File
 - Club Summary Form
 - Entry Summary (from SPORTSYSTEMS)

Entry Deadline:

- Monday 2nd October 2023 (17:00)
- No late entries will be accepted.

Session Times:

	FRIDAY 20TH		SATURDAY 21ST		SUNDAY 22ND	
	START	FINISH	START	FINISH	START	FINISH
WARM UP	07:00	07:50	07:00	07:50	07:00	07:50
HEATS (Morning)	08:00	10:34	08:00	10:28	08:00	10:30
WARM UP	TBC	TBC	TBC	TBC	TBC	TBC
HEATS (Afternoon)	TBC	TBC	TBC	TBC	TBC	TBC
WARM UP	16:00	16:50	16:00	16:50	16:00	16:50
FINALS	17:00	19:12	17:00	18:54	17:00	18:42

Session times subject to change

Meet Conditions

General:

- The promoter is 'Loughborough University Swimming'.
- The meet shall be swam short course (25m pool) and will be held under the relevant Swim England Technical Rules of Swimming.
- A secondary strobe will be provided where it is requested by the athlete at the time of entry.
- Age groups for the meet will be 9/10yrs, 11, 12, 13, 14, 15, 16, 17/over.
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- All officials will be licensed to the appropriate level for the role they are undertaking.
- Verbal abuse directed at the promoter, officials, and any volunteers acting under the direction of the promoter, or any behaviour deemed to be against the spirit of the sport will not be tolerated. The promoter reserves the right to ask any person or persons behaving in this manner to leave any areas manager by the promoter for the remainder of the competition.

Qualification Times:

- Age at date of meet - 22nd October 2023.
- Entry times must have been achieved from 1st September 2022.
- Entry times are short course (25m pool), conversions are allowed.
- Entry times must meet the published qualifying standards.
- Will accept a minimum of 10 swimmers in each age group for 50m events.
- Will accept a minimum of 8 swimmers in each age group for 100m and 200m events.
- Will accept a minimum of 6 swimmers in each age group for 400m events.
- Will accept a minimum of 2 swimmers in each age group for 800m and 1500m events.
- All remaining places will be filled with fastest entries received.

Open/Male - Short Course Times								
Event	9/10	11	12	13	14	15	16	17/over
50m Freestyle	39.3	37.2	35.1	33.1	31.3	29.9	29.0	28.4
100m Freestyle	01:30.5	01:20.6	01:15.7	01:11.1	01:07.3	01:04.6	01:02.6	01:01.4
200m Freestyle	03:06.0	02:54.8	02:44.7	02:35.0	02:26.6	02:20.8	02:16.3	02:13.8
400m Freestyle	06:36.0	06:06.0	05:46.0	05:26.8	05:10.4	04:54.2	04:48.7	04:42.5
800m Freestyle		11:43.6	11:29.8	10:59.0	10:10.8	09:57.5	09:59.6	09:31.2
1500m Freestyle		22:42.6	22:15.9	21:29.7	20:05.8	19:26.1	19:11.5	18:45.7
50m Breaststroke	46.5	45.6	44.7	43.8	41.2	39.2	38.9	36.1
100m Breaststroke	01:42.4	01:40.4	01:38.4	01:36.5	01:29.4	01:25.5	01:23.2	01:20.0
200m Breaststroke	03:34.9	03:30.7	03:26.5	03:22.5	03:12.8	03:05.7	03:03.4	02:57.9
50m Butterfly	38.9	38.2	37.4	36.7	34.9	33.3	32.1	30.4
100m Butterfly	01:28.3	01:26.6	01:24.9	01:23.2	01:19.0	01:14.1	01:11.2	01:08.8
200m Butterfly	03:27.1	03:23.1	03:19.1	03:15.2	03:04.1	02:50.2	02:46.8	02:38.4
50m Backstroke	41.0	40.2	39.4	38.6	36.3	35.6	34.0	33.1
100m Backstroke	01:26.9	01:25.2	01:23.5	01:21.9	01:18.2	01:15.6	01:12.3	01:10.3
200m Backstroke	03:07.5	03:03.8	03:00.2	02:56.7	02:46.9	02:40.8	02:36.8	02:33.2
200m Individual Medley	03:32.2	03:17.6	03:06.8	02:55.8	02:45.3	02:38.2	02:33.7	02:30.5
400m Individual Medley	07:25.0	06:59.7	06:34.3	06:12.0	05:50.3	05:30.0	05:25.4	05:18.7

Female - Short Course Times								
Event	9/10	11	12	13	14	15	16	17/over
50m Freestyle	39.9	37.7	35.7	34.3	33.3	32.5	32.0	31.9
100m Freestyle	01:27.6	01:21.3	01:16.6	01:13.5	01:11.3	01:09.9	01:08.7	01:08.4
200m Freestyle	03:06.8	02:55.4	02:44.9	02:38.0	02:33.5	02:30.2	02:28.0	02:26.4
400m Freestyle	06:34.9	06:04.9	05:43.7	05:29.8	05:20.8	05:15.6	05:10.2	05:07.2
800m Freestyle		11:56.8	11:42.7	11:05.9	10:43.0	10:45.1	10:27.9	10:18.9
1500m Freestyle		22:11.9	21:45.8	20:46.5	20:27.3	20:16.5	20:04.3	20:01.4
50m Breaststroke	46.5	45.6	44.7	43.8	42.4	41.5	40.9	39.70
100m Breaststroke	01:40.3	01:38.3	01:36.4	01:34.5	01:32.1	01:30.3	01:29.4	01:26.9
200m Breaststroke	03:33.7	03:29.5	03:25.4	03:21.4	03:18.9	03:14.1	03:12.6	03:09.7
50m Butterfly	38.9	38.2	37.4	36.7	35.5	35.2	34.8	34.0
100m Butterfly	01:28.3	01:26.6	01:24.9	01:23.2	01:18.9	01:18.7	01:18.3	01:17.5
200m Butterfly	03:28.1	03:24.0	03:20.0	03:16.1	03:06.4	03:02.2	02:58.5	02:55.6
50m Backstroke	41.5	40.7	39.9	39.1	37.5	36.8	36.6	36.1
100m Backstroke	01:27.0	01:25.3	01:23.6	01:22.0	01:20.6	01:19.3	01:17.8	01:17.1
200m Backstroke	03:07.3	03:03.6	03:00.0	02:56.5	02:49.1	02:47.5	02:47.1	02:44.5
200m Individual Medley	03:32.7	03:17.9	03:06.3	02:58.8	02:53.1	02:49.5	02:47.2	02:45.7
400m Individual Medley	07:22.3	06:57.3	06:32.0	06:14.4	06:03.1	05:55.5	05:50.5	05:48.2

Entries:

- The preferred method of entry is using SPORTSYSTEMS Entry Manager.
- Where several swimmers are entering from one club, it is requested that one person coordinate the entries and submits one entry file.
- All entries submitted must include:
 - Meet Entry File
 - Club Summary Form
 - Entry Summary (from SPORTSYSTEMS)
- Completed electronic entries should be submitted to performanceswimcoach@lboro.ac.uk
- For individual and/or manual entries, please request a manual entry form from performanceswimcoach@lboro.ac.uk
- Payment for entries to be received by BACS.
- Closing date for entries is Monday 2nd October 2023 (17:00)
- **No additional entries will be accepted after the closing date.**
- An accepted entries list will be posted on the event website after the closing date.

Para-Swimming:

- Entries are welcome from para-swimmers who are of sufficient standard to swim in a 25m pool. Entry times must be submitted for the purposes of seeding, but the times do not need to meet any qualifying standards. Para swimmers swim inclusive within the able-bodied programme and seeded on their entry time. The decision to accept such entries will be at the discretion of the promoter.

Officials:

- Every successful gala requires qualified officials and without your help, these events cannot run.
- If you are interested in officiating at this event, please complete the form below with your role/qualification by close of play on Friday 13th October 2023 (17:00).

<https://forms.office.com/e/jURtLLyEDj>

- If you have any issues completing this form, require any further information, or are interested in volunteering for this event, please contact performanceswimcoach@lboro.ac.uk

Fees & Payments:

Entry Fee

- **£10 per event.**
- Please note, there are no refunds for withdrawals of accepted entries, unless due to injury in which a medical note will be required.

Payments

- Please ensure you make full payment at the time of submitting your entries via BACS.

Account Name – **Loughborough University**

Sort Code – **30-65-85**

Account Number – **52414868**

Reference – **[Club Code] Lboro Swim 23**

Spectator Tickets

- £36 for an all sessions/3-day pass.
- £6 per session (9 sessions available).
- Spectator tickets can be purchased in advance via the event website.
- Spectator tickets can be purchased on the day however this may be limited depending on remaining capacity.
- There will be no charge for spectators under the age of 9.
- It is recommended that spectators purchase tickets in advance where possible.

Withdrawals:

- All swimmers who know they will not be able to swim at the competition are asked to withdraw to avoid the meet being run with empty lanes.
- Withdrawals can be made by email to: performanceswimcoach@lboro.ac.uk
- Competitors may withdraw from events up to 2 hours before the scheduled start of racing.
- Withdrawals on the day of the meet can also be made on a completed form which must be given to the control room prior to 2 hours before the scheduled start of racing.
- There will be no refunds for withdrawals of accepted entries except with medical documentation.
- Receipt of withdrawals may not be acknowledged.
- Finalists and reserves, not wishing to swim, shall notify the Chief Recorder of their intention to withdraw no later than 30 minutes after the conclusion of the last event in the session in which they have qualified for the next round. The withdrawal shall be made on the official withdrawal form.

Refunds:

- There will be no refunds for withdrawals after the closing date unless due to injury where a medical note will be required.
- Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s) after the closing date, will be withdrawn from the event but will not have their entry fee(s) refunded. However, if this is because of error by Loughborough University, the swimmer will be withdrawn from the event and will, at the promoter's discretion and without further obligation or liability by Loughborough University, either be entered in the correct event or receive a full refund of the relevant entry fee.

Poolside Passes:

- £20 per pass (covers all 3 days/9 sessions)
- Poolside passes are issued subject to holding a current and valid safeguarding certificate.
- Poolside passes must be applied for in advance via the event website.
- Poolside passes must be worn at all times during the meet.

Awards & Prizes:

- Awards will be given to the top 3 placed swimmers in each age group.
- Awards for events with finals will be determined after the final results. Finals take priority over heat finishes, should a swimmer withdraw from the final they will not be eligible for an award should the heat swims have to be referred to.
- Prizes will be awarded to top performers in each category (open/male & female)
- Prizes will be awarded to the top performer of each age group.
- Para-swimmers awards will be awarded to 1st, 2nd & 3rd places based on multi-classification using para swimming points in an open age group, for less than 4 swimmers in any one event the -1 rule will be applied i.e., for 3 swimmers 1st & 2nd place are awarded, for 2 swimmers only 1st place is awarded. Should there only be one swimmer then an award will be made if the swimmer has improved on their entry time.

Photography:

- Entrants should be aware that they may be photographed or filmed as part of this event.
- Those taking photographs must ensure that there is no flash and focus on the swimmer(s).
- Only the official event photographer (if appointed) will be allowed on poolside to take photographs.
- This policy will be strictly enforced throughout the entire event.
- Leisure Centre policy, if different to this, will always take priority.
- This event may be livestreamed.

Additional Information:

- Limited parking is available at the venue.
- Continuous warm up and swim down available.
- If training is required prior to the first day of the meet, please contact performanceswimcoach@lboro.ac.uk to see if this can be arranged.
- Athletes are reminded that changing must not be carried out on poolside or within public areas such as the sports hall or café. Athletes are required to follow all guidance given on changing areas prior to the event.
- A café is available at the venue serving a full range of food and drinks.

Anything not covered in these conditions is at the discretion of the meet promoter.

Program of Events

DAY 1

Session 1 - Friday 20th October			
Warm Up - 07:00 - 07:50am			
Session Starts - 08:00am			
101	Open/Boys	200m	Individual Medley
102	Girls	200m	Individual Medley
103	Open/Boys	50m	Backstroke
104	Girls	50m	Backstroke
105	Open/Boys	100m	Freestyle
106	Girls	100m	Freestyle
107	Open/Boys	100m	Breaststroke
108	Girls	100m	Breaststroke
109	Open/Boys	200m	Butterfly
110	Girls	200m	Butterfly
111	Open/Boys	1500m	Freestyle
BREAK			
Session 2 - Friday 20th October			
Warm Up - 11:00 - 11:50am			
Session Starts - 12:00pm			
201	Open/Boys	200m	Individual Medley
202	Girls	200m	Individual Medley
203	Open/Boys	50m	Backstroke
204	Girls	50m	Backstroke
205	Open/Boys	100m	Freestyle
206	Girls	100m	Freestyle
207	Open/Boys	100m	Breaststroke
208	Girls	100m	Breaststroke
209	Open/Boys	200m	Butterfly
210	Girls	200m	Butterfly
211	Girls	1500m	Freestyle
BREAK			
Session 3 (Finals) - Friday 20th October			
Warm Up - 16:00 - 16:50pm			
Session Starts - 17:00pm			
301	Open/Boys	1500m	Freestyle
302	Girls	1500m	Freestyle
303	Open/Boys	200m	Individual Medley
304	Girls	200m	Individual Medley
305	Open/Boys	50m	Backstroke
306	Girls	50m	Backstroke
307	Open/Boys	100m	Freestyle
308	Girls	100m	Freestyle
309	Open/Boys	100m	Breaststroke
310	Girls	100m	Breaststroke
311	Open/Boys	200m	Butterfly
312	Girls	200m	Butterfly

DAY 2

Session 4 - Saturday 21st October			
Warm Up - 07:00 - 07:50am			
Session Starts - 08:00am			
401	Open/Boys	200m	Freestyle
402	Girls	200m	Freestyle
403	Open/Boys	400m	Individual Medley
404	Girls	400m	Individual Medley
405	Open/Boys	50m	Breaststroke
406	Girls	50m	Breaststroke
407	Open/Boys	100m	Backstroke
408	Girls	100m	Backstroke
409	Open/Boys	50m	Butterfly
410	Girls	50m	Butterfly
411	Open/Boys	800m	Freestyle
BREAK			
Session 5 - Saturday 21st October			
Warm Up - 11:00 - 11:50am			
Session Starts - 12:00pm			
501	Open/Boys	200m	Freestyle
502	Girls	200m	Freestyle
503	Open/Boys	400m	Individual Medley
504	Girls	400m	Individual Medley
505	Open/Boys	50m	Breaststroke
506	Girls	50m	Breaststroke
507	Open/Boys	100m	Backstroke
508	Girls	100m	Backstroke
509	Open/Boys	50m	Butterfly
510	Girls	50m	Butterfly
511	Girls	800m	Freestyle
BREAK			
Session 6 (Finals) - Saturday 21st October			
Warm Up - 16:00 - 16:50pm			
Session Starts - 17:00pm			
601	Open/Boys	800m	Freestyle
602	Girls	800m	Freestyle
603	Open/Boys	200m	Freestyle
604	Girls	200m	Freestyle
605	Open/Boys	400m	Individual Medley
606	Girls	400m	Individual Medley
607	Open/Boys	50m	Breaststroke
608	Girls	50m	Breaststroke
609	Open/Boys	100m	Backstroke
610	Girls	100m	Backstroke
611	Open/Boys	50m	Butterfly
612	Girls	50m	Butterfly

DAY 3

Session 7 - Sunday 22nd October			
Warm Up - 07:00 - 07:50am			
Session Starts - 08:00am			
701	Open/Boys	400m	Freestyle
702	Girls	400m	Freestyle
703	Open/Boys	100m	Butterfly
704	Girls	100m	Butterfly
705	Open/Boys	200m	Breaststroke
706	Girls	200m	Breaststroke
707	Open/Boys	200m	Backstroke
708	Girls	200m	Backstroke
709	Open/Boys	50m	Freestyle
710	Girls	50m	Freestyle
BREAK			
Session 8 - Sunday 22nd October			
Warm Up - 11:00 - 11:50am			
Session Starts - 12:00pm			
801	Open/Boys	400m	Freestyle
802	Girls	400m	Freestyle
803	Open/Boys	100m	Butterfly
804	Girls	100m	Butterfly
805	Open/Boys	200m	Breaststroke
806	Girls	200m	Breaststroke
807	Open/Boys	200m	Backstroke
808	Girls	200m	Backstroke
809	Open/Boys	50m	Freestyle
810	Girls	50m	Freestyle
BREAK			
Session 9 (Finals) - Sunday 22nd October			
Warm Up - 16:00 - 16:50pm			
Session Starts - 17:00pm			
901	Open/Boys	400m	Freestyle
902	Girls	400m	Freestyle
903	Open/Boys	100m	Butterfly
904	Girls	100m	Butterfly
905	Open/Boys	200m	Breaststroke
906	Girls	200m	Breaststroke
907	Open/Boys	200m	Backstroke
908	Girls	200m	Backstroke
909	Open/Boys	50m	Freestyle

Club Summary Form

Please remember to include a copy of the Entry Summary from SPORTSYSTEMS.

PLEASE COMPLETE IN BLOCK CAPITALS

Club	
Contact Name	
Contact Phone	
Contact Email	

Number of open/male swimmers:		Number of open/male events entered:	
Number of female swimmers:		Number of female events entered:	
Total number of swimmers:		Total number of events entered:	

Payment Details

Total number of events entered		@ £10.00 each	=	
Total Amount Due:		£		

Please make full payment at the time of submitting your entry via BACS:

Account Name: **Loughborough University**

Sort Code: **30-65-85**

Account Number: **52414868**

Reference: **[Club Code] Lboro Swim 23**

Entries close Monday 2nd October 2023 @ 17:00

I declare that all above details are correct and that the submitted swimmers are eligible to compete in accordance with Swim England Law, and that I accept the meet conditions.

Club Contact

Signature

Please return along with your meet entry file and entry summary from SPORTSYSTEMS to performanceswimcoach@lboro.ac.uk